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Upminster Parking Update

Further to previous articles in *The Bulletin* regarding the Council's Parking Consultation for Upminster Ward ie roads south of Upminster Station. To recap: following the Council's informal consultation earlier this year over 1200 letters were received. Amongst these were a number of requests from residents to be included in the current Upminster Controlled Parking Zone which was primarily established to stop commuter parking. Council Officers felt that as further properties were being included in the Parking Zone it was merely pushing the problem out and that a blanket consultation was required to take into account the number of vehicles locally that have risen dramatically. We felt the whole area should be consulted. With this in mind the Council sent out questionnaires. Council Officers also attended our Upminster ward meeting and three sessions at Upminster Library where around 300 residents attended and asked questions. A lot of concern has been raised over the suggestion of Residents/Visitors Parking Permits and in fact several petitions were raised against this and also stated on the returned questionnaires. We wish to make it perfectly clear NO decisions have been made regarding any future parking restrictions. (Kindly note: in Cranham Ward ie roads north of the Station there is currently a review of parking. While parking permits are not part of the plans, other measures to improve parking provision are under consideration and residents will be consulted on any proposals). Once all comments have been analysed for Upminster Ward we will look at these in detail with Council Officers then a report with recommendations will go to the Council's Highways Committee. We will keep you informed on this very important issue.

Cllrs LINDA HAWTHORN, LINDA VAN DEN HENDE, RON OWE

Update on WE ARE FSTVL



The council debrief on the event held over the May bank holiday weekend has taken place and I was able to put comments to council officers and the event organisers. It is clear that over the past four years, since the first event, much learning has taken place which has ensured changes have been made. This year there were new companies involved in stewarding and security which made a difference. The additional toilets at Upminster Station were helpful, but perhaps more are needed due to the large numbers of festival attendees. Traffic arrangements were also improved and changed on the day when local issues arose. It is disappointing that there were a number of drug-related crimes reported and the police are working with the organisers to avoid this in future. A

residents meeting, organised by the Event Company, took place on 5th July which I also

attended. In general, residents who attended felt the event had not caused any overall issues, although a few very local issues were highlighted and dealt with. The input from churches outside Trinity Church on Saturday evening was praised. The organisers are now planning the event for 2017, again to be held during the late May Bank Holiday, 27th and 28th May. They will apply for their licence around September time.

Cllr LINDA VAN DEN HENDE

A Future Without the EU



Whichever way residents voted in the EU referendum, what matters now is not what should have been, or let's have another referendum, whether the 'fear campaign' was less or more credible than the 'exit campaign', but to accept the will of the majority of the people and to make the

absolute best of this fundamental change in direction. From Whitehall to our own Town Hall, there are bound to be financial and environmental implications which will impact on the services we provide our residents and business community. So whether an 'Inner' or an 'Outer', we are all British and the only way forward is to firmly set aside differences, unite as a nation and work for the very best deals for our residents, businesses and for future generations. As an aside, with a turnout of 72% (33.6m) nationally, participation has been generally regarded as high. However, in probably the most important political decision of a lifetime, it is surprising that 12.9m people did not vote at all.

Cllr CLARENCE BARRETT

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7 Highview Gardens



I refer readers to previous articles on the Planning Application for "Demolition of 7 Highview Gardens and erection of 2 semi-

detached houses and a detached house."

My Council colleague Linda Van den Hende called this in so it had to go to committee.

My other colleague Ron Ower and I opposed this and the Planning Committee agreed with us. 7

Highview Gardens is one half of two semi-detached bungalows!

We felt this was a dangerous precedent.

Sadly, following an appeal to the Planning Inspectorate the Planning Inspector has allowed it with conditions. In the Planning Inspectors report they state "that height of the 3 proposed dwellings would be greater than that of the existing bungalow however they would be broadly in line with

heights of surrounding properties". Your Upminster Councillors are far from happy over this. If you would like a copy of the Inspector's report drop me a line at The Town Hall or 34, Cedar Gdns.

Cllr LINDA HAWTHORN

Level Crossings Review

Network Rail are undertaking a review of eight level crossings in the area of which two are located in the vicinity of Upminster/Cranham. Closure may result in public rights of way being altered in a bid to improve safety. The two crossings in this area are located at Puddle Dock and Whipps Farm. For more information, please call 03457 114141 or visit: networkrail.co.uk/anglialevelcrossings/.

Cllr CLARENCE BARRETT

Abigail's Column

Sails away...

On 27th May the cap of Upminster windmill was taken off for the first time since it has been built in 1803 by James Nokes. As I

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write this the top is in Holland being restored. The restoration on the windmill will take up to 2 years

and after that will include a visitors' centre. The windmill is much more important than most people think. It is one of the only remaining smock windmills remaining in London and at the time of building was one of the first to use steam. It is an important part of local and national history. Although it is one of the most photographed places in Havering most of the local people have never visited this four storey building. Hopefully, once it reopens more schools, groups and local people will come and visit this interesting landmark. We are lucky to have it on our doorstep so let's support the works being done to conserve this piece of local history. For more information or to help as a volunteer go to upminsterwindmill.org

French Conversation

Starting again from the 19th of September we are offering three different levels of French Conversation classes at the Upminster Methodist Church, Hall Lane. On Mondays our Intermediate class is between 9:30 to 10:30, Advanced is between 18:45 to 19:45. On Tuesdays we offer an Improvers class between 9:30 to 10:30. Please contact Chantal on 01708 22 87 32 or email: chantalkirk@live.co.uk for further details. A Bientot!

Don Poole

I am very sorry to inform you that an old friend of Upminster and Cranham and former Rainham Residents' Councillor passed away in June.

Don was first elected on the old Hornchurch Council in 1962 he then served on Havering Council until 1982.

He actually also served in three Council Administrations on a number of committees.

I remember primarily Don's input on the Council's Planning

continued on page 3

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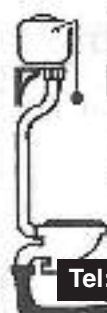
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committee. Don was also a member of a number of voluntary organisations and of course Havering's Twinning Group, he helped our local Residents' Association on many occasions. As Don was also very active with the Rainham Carnival when our Cranham Carnival was set up to raise funds for a Community Centre in Cranham (Now well established in Marlborough Gardens).

I was lucky to serve with him when I was first elected in 1978 and his advice and help was invaluable. Havering is a much better place due to the work that Don put in on and off the Council. Our condolences go out to his family.

Cllr RON OWER

Brunswick Court

As part of a Council wide review of Older Persons' Housing Needs, Brunswick Court, along with a number of other sheltered accommodation sites, has been identified as in need of either substantial improvement, replacing or possible re-provision. While there is a large vacancy rate

in bedsit provision, the rest of the area is well used. Council officers have visited the site and are currently undertaking a consultation with each individual tenant to ascertain needs and provision of care. At the time of writing, that consultation is ongoing and no decision has been made as to the outcome. However, an important factor is the lack of other sheltered accommodation in the Cranham/Upminster area which will be a key consideration. We shall keep you updated on this important matter through the *Bulletin*.

Welcome Boos!

In the heart of Cranham Village we welcome Boos Boutique selling children's and ladies clothes at 95 Front Lane, close to the Social Centre. Go and see them.

It's just what Cranham needed...Good Luck.

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Old Chapel Recital

On 5th August 1916 George Butterworth was killed by a sniper during the battle of the Somme. He is best known for his orchestral rhapsody A Shropshire Lad, and for his settings of poems by A.E. Housman with the same title.

Ian Pirie (Baritone) will perform the complete cycle of Shropshire Lad settings, together with one of the greatest song cycles ever composed: Dichterliebe (a poet's love) by Robert Schumann, and Gerald Finzi's settings of poems by Shakespeare: Let Us Garlands Bring.

Friday 5th August 8.0 pm - 9.0 followed by refreshments.
At The Old Chapel, Upminster, RM14 2QR.

Admission Free, donations invited for Medecins Sans Frontieres (Doctors Without Borders).

More information from Ian or Jill (01708 641718)

StreetCare at Cranham Meeting

The Cranham Residents' Association monthly meeting for September will feature a presentation from the Council's StreetCare Manager on all things to do with the street environment. If you have any burning issues, there will also be time for a Question and Answer session. The meeting is open to all and takes place on Thursday 8th September at 7.15pm at the Cranham Community Centre, Marlborough Gardens.

Front Lane Rail Fence

After numerous requests from a local resident and myself National Rail finally cut down the protruding shrubs branches coming through their fence on the eastern side of Front Lane just before the rail bridge.

Cllr RON OWER

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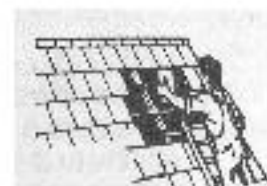
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Towers Cinema, Hornchurch



Readers might recall the plight of the Towers Cinema building in Hornchurch which having been bought by Lidl is

under threat from demolition. A huge number of local residents are concerned and do not wish to see a historic part of Hornchurch lost.

The Council's Planning Committee at the end of June deferred a planning application from Lidl the Supermarket chain to demolish the former Mecca Bingo Hall in an effort to find a solution to keep this impressive facade that is part of our local area.

The building, formerly known as Towers Cinema, was constructed in 1935 and operated as a cinema until 1973 when it was converted

to a bingo hall. The Planning Committee felt that the impressive frontage could be saved and requested that the applicant came back with further information/plans.

The building has been vacant since late 2015. The site comprises the large former cinema building with a characteristic 1930s Art Deco frontage facing the High Street of the building.

The Cinema Theatre Association and the Twentieth Century Society also objected to the proposed demolition pointing out the architectural significance of the building.

Sadly in November 2015 Historic England confirmed that the Secretary of State for Culture, Media and Sport had decided "not to list the building based upon the findings of a Historic England advice report, which assessed the building's historic interest and found that the criteria for listing were not fulfilled"

As soon as we have further news we will let you know.

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Thank You Ron!

As featured in last month's issue, Bruce Nicholls has kindly taken over the role of *Bulletin* editor from Cllr Ron Ower. Over the years as editor, 26 to be precise, it's fair to say that Ron has given his heart and soul to the *Bulletin*, and indeed the community. Back in 1990, the *Bulletin* was a 4-page newsletter which went out to 6,000 households. Thanks to the hard work of Ron, and with the support of a fantastic network of volunteers, colleagues and deliverers, the *Bulletin* is now a 24-page publication going out to some 20,000 households every month. Over time, the *Bulletin* has helped local community groups, businesses and residents along with providing news, views, events and updates on the work of your Residents' Association councillors on Havering Council. Ron will continue in his role on the Council and as a councillor for the Upminster ward as well as assisting Bruce in his new role. I

am sure I speak for many in saying a big 'Thank You' to Ron for all his hard work and for making the *Bulletin* the great success it is today - and long may it continue!

Cllr CLARENCE BARRETT

U.C.R.A Coach Outing News

Saturday 17th September coach trip to ELY.

Ely has a treasure trove of heritage and is home to one of England's most beautiful and largest cathedrals.

The picturesque riverside boasts a variety of eateries including an award winning tea room, and the High Street is a mix of individual shops mixed with brand names selling everything from handmade chocolates to fine art. Ely was also home to Oliver Cromwell and his house is open to the public throughout the year. Don't forget to check the "Diary" on page 22 for booking details.

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Discovering Thames Chase

Getting out and about in the countryside in August is simple in the Community Forest. With many green spaces now available to explore, you and the family can wander, run, cycle or play near to home. Our volunteers have produced a range of walks leaflets for those who would like guidance and information and cycles are available for hire at the Forest Centre and at Thorndon Country Park. Stubbers offers activity days for all ages. Our guided walk on 26th August will explore part of the Mardyke Valley. Visit the website www.thameschase.org.uk for information in the whole Community Forest.

At the Forest Centre:

Friday 19th August - musical cream tea 2.30-4.30pm £8 per person (Booking essential)

Friday 19th August - Jazz in the Barn with Dave Browning's Jazz Band 8-11pm. Tickets £12

Sunday 21st August - Sunday Market and art exhibition 10am-3pm. Admission free

During the children's summer holidays we will be joining with the Forestry Commission in emphasising the importance of not leaving litter in the countryside by following the Countryside Code whilst you are out and about. This will also form part of our children's activity programme on Tuesday, Wednesday and Thursday each week through drama, art, craft, stories and exploration. The full holiday programme is available on the website or at the Forest Centre, Pike Lane.

Stubbers Summer Smash

SMASH Camps by Stubbers Adventure Centre have developed a range of themed activity days to keep your children entertained and active.

This isn't your ordinary holiday camp, SMASH Camps is set in 130 acres of outdoor adventure space and offers unrivalled purpose built activities such as tower climbing, high ropes, tunneling, and motor sports.

SMASH Camps Multi Activity Days designed for school years 2 to 11 offers a variety of activities ideal for

each age group, ranging from climbing, rifle shooting, high ropes, tunneling and much more. You can either purchase a day pass or if you pay for a week you get the last day for only £1.

We also have All Inclusive Residential weeks in August, which creates the perfect fun packed holiday for your little ones with an aqua park, night laser tag and lots of activities and entertainment!

If you want to join in with this fun, we are hosting our first ever Family Camping Weekend on 29th August which includes a beach party, banana boating, den building and much more!

Find out more and book at www.smashcamps.co.uk or call 01708 224753

New Role on Council

I am pleased to report that my cabinet responsibilities on Havering Council have been expanded to include financial management, transformation and client side IT (Channel Shift). One of my objectives will be to update the council website, but at the same time making sure there are measures in place for those

residents who do not use computers to access council services - and to be able to talk to someone if needed!

Cllr CLARENCE BARRETT

Green Waste Bins

The period for renewing your green bin fees has now closed, but almost 1,450 people have not renewed - this is a high number, and it is thought that it is partially due to the difficulties which people had in renewing their subscription.

The Council are now e-mailing these people with a telephone number that can be used, in case this was the reason - bins will begin to be reclaimed from August, so if you have problems, please contact me.

Cllr LINDA HAWTHORN

French Classes for Adults

Starting from Monday 3rd October at Fairkytes Arts Centre, Hornchurch.

continued on page 9

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Intermediate Year 3: Wednesday 7.30-9.00pm. This is a step up from the intermediate Course above. The emphasis is on speaking and listening for a more fluent conversation and understanding of spoken French.

Improvers Year 1: Mondays 1-2.30pm and Thursdays 1-2.30pm. This course helps students become more creative when speaking.

Advanced conversation: Thursdays 11am-12.30pm: This course is for students with a good knowledge of grammar and vocabulary. The emphasis is on speaking, listening and reading but fluency is not required to attend the course.

Please note that there isn't a class for complete beginners this year.

For all information and to arrange a free first class, call Valerie Nicholls on 01708 221487 or email valerie@amstramgram.co.uk.

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Adventure Island Wristbands

Hornchurch District Scouts (charity no.303699) are selling Adventure Island wristbands at discounted prices. Big Adventure bands (over 1.2m tall) are £15 each and Junior/Mini Adventure bands (under 1.2m tall) are £12 each. Also available, Southend Sea-life Adventure Tickets Adult/Child £3 each and new for 2016, Adventure Island Golf tickets just £3 each, for 18 holes. Wristbands expire November 2016 and are available to purchase now, for any day the park is open. To purchase, just call/ text Debbie on 07805612706 or Louisa on 07498575296. Please allow up to 24 hours from ordering to collection.

Volunteer Befrienders

The Havering Association for People with Disabilities (H.A.D.) are currently looking for volunteers for our Befriending Service, who can spare a few hours a week to have a chat or share a pastime with a disabled

person so that they can spend quality time independently from their carer. Call **Clare Kelly** on **01708 476554**.

H.A.D. are seeking to appoint a Chairperson to join our small team and be part of a local charity providing services to people with disabilities and carers. The Charity is based in Woodhall Crescent, Hornchurch but covers the whole of Havering. The Chairperson will provide leadership to the Trustees and staff to carry out the Charity's mission and vision. Meetings are held 4 times yearly with an AGM in November.

If you are interested, please telephone 01708 476554 or admin@hadhavering.co.uk <http://www.hadhavering.co.uk>

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Cllr CLARENCE BARRETT

Ardleigh House Trains

Romford Model Engineering Club run model locomotive trains during the summer months. You are invited to go along and enjoy a ride on a miniature steam or electric powered train for a small fee which helps to boost the club funds. This month, weather permitting, the date is Saturday the 13th from 2pm to 4pm at Ardleigh House in Ardleigh Green Road. Next month they will be running trains on Saturday the 10th. Go along and enjoy a ride...

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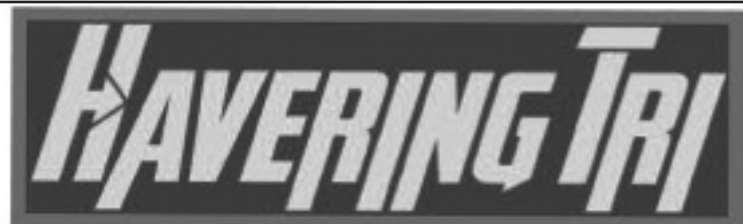
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Shirley's Tours

Shirley has organised the following trips:

August 11th: Thursday: BROADSTAIRS, Seaside/Folk Week: Adults £25; OAP £24: Child £17; Family Prices/request.

August 17th: Wednesday: NEW TRIP: PARADISE WILDLIFE PARK, BROXBORNE.

Animals/Stage Shows/Jungle Theatre animal shows/Flying Displays/Indoor + Outdoor Play/Lagoon Splash pool, Meet the Keeper every 15 mins: £25 Per Head, Under 2's free. **August 23rd: Tuesday:** SOUTHWOLD DAY TRIP: Adult £25; OAP £24: CHILD £20. August 27th: Saturday: BUCKINGHAM PALACE: Exhibition "90 years of style from Queen's wardrobe" to celebrate her 90th Birthday. By coach; Adult £42; OAP £40; Child (5 - 17 years) £30. **September 3rd, Saturday:** REGENTS PARK OPEN AIR THEATRE: PRIDE AND PREJUDICE by coach. £46 in tiered seating or £52.50 Step free seats (4 available). Take picnic or Restaurants at Theatre.

November: Thursday 24th:

THURSFORD SPECTACULAR Matinee Show, raised seating + Lunch at Pensthorpe Bird Sanctuary: By Coach, Depart 715.Am. £76 to include Coach, Show and two course meal. All enquiries to Shirley Ward 01708 227 884 or email shirley@shirleytours.co.uk

Old Chapel Events

Wednesday 10 August, 10.30am - Tea and Talk, The Royal Liberty of Havering During the English Civil War, Geoff Hartnell.

Join Geoff to learn more about this fascinating time in history. Sunday 21 August, 2.00pm-5.00pm - Windmill Open Afternoon at the Old Chapel Come to the Old Chapel to see images of the restoration so far as well as learning about the history of the site.

To book a place on any of the above talks or events please call Gemma Smith on 01708 642919 or email gsmith@mary.havering.sch.uk
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September preview:

Weds 14 September, 10.30am - A History of Boyd Hall and Old Cranham, John Phillips
Sunday 18 September, 2pm-5pm - London Open House & History of Upminster Display.

Veterans of War

A fundraising social evening for the Veterans of War charity is organised on Friday 12th August at the Russ Club. The event is from 8:30 - 12:00 with the bar open until 1am. Our Chairman Paul, who is a professional singer, will also be performing with a Quartet. Tickets are £7.50 each and there will be a raffle. The RUSS Club is on the corner or Mawney Road and there is a car park at the rear, entrance to this is in Linden Street but there is plenty

of space in the surrounding streets. For further details please contact **Denise 'Gunner' Speight**
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Tougher Sanctions for Mobile Offenders

The Government recently concluded a consultation which proposes 'tougher' sanctions and stronger deterrents for motorists who use a mobile phone while driving. However, upping the fine from £100 to £150 and increasing penalty points from three to four falls a long way short of what is needed. In addition, the proposal that first time offenders will be offered an 'educational course' instead of a penalty simply diminishes the seriousness of the offence. Perhaps an immediate six-month driving ban accompanied by a minimum £500 fine would represent a much tougher sanction and stronger deterrent?

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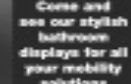
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Community Fun Day

Join the team at Belhus Woods Country Park (Romford Road, Aveley, South Ockendon, RM15 4XJ) for our fantastic Community Fun day on Saturday 13th August 11am-3pm. Ideal for all, this event is sure to have something of interest as it showcases what the local community has to offer. Browse local craft stalls and charity tables, plus play outdoor games, take part in activities and explore local history. Ride on our miniature steam trains, try your hand at 'have a go archery' and relax with some tasty hot food or a cold ice cream.

A small pay and display car parking charge will apply, which goes straight back into maintaining the park. Once you have parked, simply follow the signs from the car park. Feel free to bring a picnic, buy lunch from the Café or try out the food vendors on the event field - just no BBQs please. Well behaved dogs on leads are more than welcome.

If you would be interested in having a stall or table please contact Helen at helen.bruce@essex.gov.uk. We

would love to hear from local crafters!

Queen's Theatre Summer Fun

The colourful much-loved children's book *Aliens Love Underpants* is brought to life on stage for the very first time from 19 - 20 August in the world premiere of a zany and hilarious show! Tickets are just £12.50. There will be two summer workshops, starting with **Play in a Week** from 8 - 12 August from 9.30am - 1.30pm. Ages 7 - 10 will enjoy drama, games and crafts and create their very own play. Places are £60. Musical in a Week from 15 - 19 August from 10am - 4pm is aimed at ages 9 - 16. They'll work with directors to produce a well-known musical in an acting, singing and dancing feast! Places are £90. Both the play and musical will be performed to family and friends. Ages 4 - 6 will love the Queen's three **Create & Play Mornings** sessions, where they'll enjoy two fun hours jam-packed with storytelling, drama games and

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Windmill Ladies' Probus Luncheon Club

We have just celebrated our 30th Anniversary as a friendly group of ladies, aged 50+, who meet for lunch in the Cranleigh Restaurant Hornchurch, on the last Thursday of each month.

Throughout the year we enjoy a varied programme of Speakers following our meals. In addition, each year several coach outings visiting popular locations are arranged between our Luncheon meetings for Members and their Guests.

If you are interested in finding out more about joining this Club, or would like to come along to one of our meetings to see for yourself, please contact either:

SECRETARY Sue Tel: 01708 446969 or PRESIDENT Jean Tel: 01708 228894

Pussycat Lodge Quizzes

Several Pub Quizzes in aid of Pussycat Lodge Trust are being held at the Crumpled Horn Pub in Upminster. The cost is £6 with the quiz starting at 7.00pm. Included in your entry fee is sausages, chips and bread and butter. Over 18 only. You can have as many on a table as you like. There will also be a raffle and Prizes for the winning and losing table.

To book a place contact Jacqui on: Jacquineduly@outlook.com
Dates: 1st Aug, 5 Sept, 3 Oct, 7 Nov & 5 Dec.

Cooper's Indoor Table Top Sale

The next Indoor Table Top Sale at the Coopers' Company & Coborn School, St Marys Lane, Upminster, RM14 3HS will be held on Sunday 11th September 2016. School supplied tables are

continued on page 15

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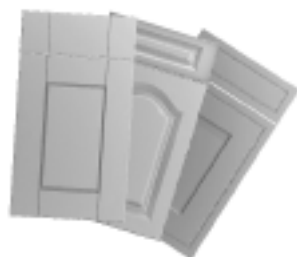


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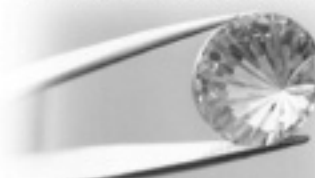
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The Spitfire Club

The Spitfire Club, a new club for the over 60's, has opened its doors on the July 7th. From 12.30 - 2.45pm every Monday and Thursday, it'll be a great place to meet with old and new friends. Entry is £3 per person, and your first tea or coffee is free! There'll be loads to interest you, including regular quizzes, competitions, raffles, music, scrabble, chess, papers and magazines, and for the more energetic, table tennis and pool tables (plus lots more). There's going to be lovely freshly prepared lunches, as well as delicious cakes, cream teas and speciality coffees. Of course if

you'd rather sit and have a chat Gill, Dave & Sean will make sure you're warmly welcomed and have a great time.

Robert Beard Youth Centre, 233 High Street, Hornchurch, Essex, RM11 3XU. For more information, phone 07544 233720.

Wesley's Frankenstein

The Wesley Players present their next production - Frankenstein by Mary Shelley and adapted by Tim Kelly. Frankenstein - we all know that name, the mad scientist who created life from body parts and electricity. What you may not know is that he abandoned his hideous creature to fend for itself in a cruel and prejudiced world. Now the creature seeks revenge on his creator and Victor Frankenstein must fight, to avert disaster and to protect the lives of those he holds dearest. This is a true Victorian Melodrama infused with black humour, suitable for the whole family including those of a nervous disposition! £7 for Adults, £5.50 for

continued on page 17

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Upminster CC v Essex CCC

Upminster Cricket Club is pleased to announce that another Benefit Match has been arranged this year. As Essex do not have an individual beneficiary this year, the match will be played in aid of the Essex Cricket Foundation. The match will take place on the Recreation Ground, (Upminster Park), Corbets Tey Road on the afternoon of Sunday 4th September. Refreshments will be available from 11:30 with the match starting at 1:30. 30 overs per side.

Cricket Charity Day



3rd July saw the inaugural Ardleigh Green Cricket Club Charity Day in support of Saint Francis Hospice. There was an U9 game in the morning and an adult game in the afternoon, with the home team sporting Saint Francis Hospice t-shirts for the occasion. A number of different fundraising initiatives meant just over £1000 was raised. The Club would like to say a big thank you to those that donated prizes, and to everybody that came along and supported a fantastic day for a very worthy local charity. The Club is based in Central Park, Harold Hill and welcomes new playing and social members.

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LOCAL FUTURE EVENTS AUGUST

- 2 Tuesday - **Oglethorpe Women's Institute** are holding a Celebration of the 90th Birthday of Queen Elizabeth II. If you would like a fish & chip supper, please order at the July meeting. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome.
- 3 Wednesday - **Harold Wood Evening W.I** meet on the 1st Wednesday of the month at the War Memorial Hall in Gubbins Lane, 7.30 pm for 7.45 pm. Visitors are welcome for £2.50, which includes refreshments. For more details please ring Marion on 01708 349038.
- 6 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. The talk is "Valance House archives" with Linda Rhodes. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by a workshop. Teas and coffees can be purchased. Members and visitors welcome to either or both.
- 6 Saturday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm. Free Admission.
- 7 Sunday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm. Free Admission.
- 8 Monday - **Havering Essex Wildlife Trust** are meeting at the end of Park Drive, Upminster at 7.00 pm for Plants at Cranham Marsh. How many flowering plants can be found? Contact Secretary Joy Emmerson for more details on 01708 440297.
- 9 Tuesday - **NADFAS (Havering)** meet at The New Windmill Hall, St Mary's Lane, Upminster, RM14 2QH. Coffee from 10.00 am. They have monthly Guest Speakers. Lectures 10.45 am. Visitors welcome at £8. For further information on the Society, future lectures and visits can be found at www.haveringdfas.org.uk.
- 17 Wednesday - **Long House Plants** will be open for the National Garden Scheme between 11 am and 5.00 pm. Long House Plants, Church Road (opp church) Noak Hill, Romford, RM4 1LD: 01708 371719 or www.longhouse-plants.co.uk.
- 18 Thursday - **Upminster Wine & Social Club**. We are a fun group with an interest in wine appreciation and enjoying many social events. We hold meetings every third Thursday of the month with a variety of speakers and a wine tasting. Meetings are held in the Cranham Social Hall, Front Lane, Cranham; start 8 pm. For more information contact Maureen Jasper on 01708 223956, or simply come along on the night.
- 20 Saturday - **Stewart Avenue Gate Sale** - on site 10 am - 12.00 pm.
- 20 Saturday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm. Free Admission.
- 21 Sunday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm. Free Admission.
- 22 Monday - **Breathe Easy** - Havering is a

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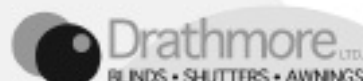
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24 Wednesday - **Upminster Townswomen's Guild** Come along and join us at 1.45 pm in St Laurence Church, Derham Hall, Upminster. For more details phone Shirley on 01708 224219 or Bertha on 01708 222410.

27 Saturday - **Long House Plants** will be open for the National Garden Scheme between 11 am and 5.00 pm. Long House Plants, Church Road (opp church) Noak Hill, Romford, RM4 1LD: 01708 371719 or www.longhouse-plants.co.uk. Tea and cake available.

SEPTEMBER

3 Saturday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm. Free Admission.

3 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by a workshop. Teas and coffees can be purchased. Members and visitors welcome to either or both.

3 Saturday - **Hornchurch and Upminster Sugar Craft** now meet at Fairkytes Art Centre, Billet Lane Hornchurch.

There will be a demonstration on Stenciling by Estelle Mann. Entry £6 includes Tea and Cake. 1.30 pm - 3.30 pm.

4 Sunday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm. Free Admission

6 Tuesday - **Oglethorpe Women's Institute** John Whitehead will give a talk entitled "The Golden Age of Radio". Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome.

7 Wednesday - **Harold Wood Evening W.I** meet on the 1st Wednesday of the month at the War Memorial Hall in Gubbins Lane, 7.30 pm for 7.45 pm. Visitors are welcome for £2.50, which includes refreshments. For more details please ring Marion on 01708 349038.

12 Monday - **Little Havens Quiz Night** held at The Crumpled Horn, Corbets Tey Road, Upminster, 7.30 for 8 pm start. Raising cash for Little Havens Hospice. Tables to a max of 8 persons at a cost of £6 each and includes a superior ploughmans supper. Please contact Bob Blunden on 01708 226154 for any queries and bookings.

13 Tuesday - **NADFAS (Havering)** meet at The New Windmill Hall, St Mary's Lane, Upminster, RM14 2QH. Coffee from 10.00 am. Dr Anne Anderson with a talk on 'Lord Leighton's Palace of Art - Artists' Studio Houses in London'. Lecture 10.45 am. Visitors welcome at £8. For further information on the Society, future lectures and visits can be found at www.haveringdfas.org.uk.

14 Wednesday - **Long House Plants** will be open for the National Garden Scheme between 11 am and 5.00 pm. Long House Plants, Church Road (opp church) Noak Hill, Romford, RM4 1LD: 01708 371719 or www.longhouse-plants.co.uk.

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Group Leaders Needed

The 1st Upminster Scout Group require male and female leaders to become Warranted Leaders for Beavers (6-8 Years) and Scouts (10-14 Years).

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HOPE Bereavement

Are you struggling with everyday life after your loss?

Grief is an ordinary and natural part of life – sadly, an unavoidable experience for all of us.

Joining a group of like-minded people, such as a HOPE Bereavement Support Course developed by West and Coe may help you. The course allows you to talk things over in a friendly, confidential environment where you have the opportunity to express feelings and fears. You will learn about the grieving experience, share feelings, and questions with other people who have suffered a loss, and so have a chance of understanding what you are going through.

Each course runs weekly for six weeks. The sessions last about an hour and a half and are led by trained facilitators. They are free of charge and open to people of all faiths and none. You are very welcome to join our next HOPE bereavement course starting on the evening of Monday 12th September in Upminster.



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Cranston Park Tennis Club

The Men's 2nd team consisting of George Gray, Adam Gray, Marlon Billings (captain) and Rob Jenkins won the Men's Essex Jnr Division 1 Cup. We played 3 matches before getting to the final. Beating along the wayHarlow, Hutton and Shenfield and Rochford.

The Final was against Raphael Park at Westcliff Lawn tennis club. Cranston Park battled hard and we won 3-1 overall.

Marlon Billings

Meditation and Yoga Courses

Meditation can help to improve sleep, reduce stress, aid your immune system through lowering blood pressure and help with depression and anxiety by encouraging positive thinking and emotional well-being.

Meditation course for beginners. Four-week course starts in September on Monday evenings 8pm (1 hour) held in my tranquil garden studio. The course costs £40. Only being taught in small groups so spaces are very limited so booking early is essential

Yoga is great to help physical fitness developing flexibility, strength, posture, co-ordination as well help you to relax and be calmer.

Adult yoga course for beginners. A new 8 week course start September on Tuesday evenings 6.30pm (1 hour), the Old Chapel. The course will cost £48. Spaces are limited so booking is essential. For further information about all classes please call Vikki on 07976 589133 or email heartfeltyoga@outlook.com.

Community Art Project

For those of you who use the long alleyway between Howard Road and Deyncourt Gardens you may have noticed recent activity to improve the environment. Firstly, the shrubs have been cut back and the tunnel closest to Deyncourt has been painted white by Community Payback operatives which Havering Council have organised. PCSO Julie Wade from the Upminster police team has worked with local schools to encourage pupils to design and paint colourful murals on these plain walls. The project has brought together the council, schools and police in partnership to create a very bright and interesting backdrop to the long walk through the alley. Julie has

continued on page 22



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Linda Van den Hende 223761

Cranham Ward:

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lindavandenhende@btinternet.com

Residents' Association Website:

Cllr Clarence Barrett

(07863 116029)

cllrclarencebarrett@yahoo.co.uk

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worked very hard on this and she deserves our thanks for creating a much more pleasant environment. I would encourage you to take a look.

Cllr LINDA VAN DEN HENDE

DIARY

There are no Ward Meetings in August

SEPTEMBER

7 Wednesday **Upminster Ward**

Meeting at St Joseph's Social Centre at 8 pm

8 Thursday **Cranham Ward**

Meeting at Cranham Community Centre, Marlborough Gardens at 7.15 pm

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September 17th Saturday

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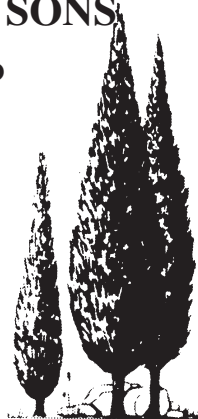
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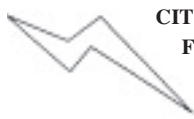
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