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UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION

Upminster Park Update



A number of things are happening in our park – as readers will have noticed.

I am really pleased to report that several trees in the Park have now received Tree Preservation Orders. This is very good news as they are now protected and cannot be removed without very exceptional reasons. The order relates to two Oak trees, three Lime trees, one Red Oak tree, one Beech tree and one Cedar tree.

The play area has been refurbished with new swings, slides, etc, and the roundabout repaired. The remaining equipment has been repainted and the railings also spruced up – this

was done in time for the summer holidays and hopefully meets with the children's approval.

Another matter concerns the area around the contamination sheds. The Leylandi trees behind the New Windmill Hall will be removed, and this will open up the stage area for open air productions, also film nights.

The huts themselves are the cause for controversy – they were built as contamination huts during WW2, in case they were needed, as during WW1 there were a number of gas attacks – as it proved, they were never needed in WW2. Now idle, and perhaps not the prettiest of sites, they are still part of our history, but do people want to keep them, or think of a new use, or turn into another car-park area?

A consultation/exhibition exercise will take place in the next few months, and we will tell readers when. In the meanwhile, get your thinking caps on, and any ideas, please let me know.

Cllr LINDA HAWTHORN

Helping Hands in Cranham

Residents of Cranham owe a huge thank you to the 1st Cranham Girls' Brigade and Boys' Brigade who showed their community spirit by helping plant up the bollard planters in Avon Road and the grey tub planters in Cranham Village. Supported by the group leaders, they worked in groups of two or three to learn the benefit of flowers for bees and other insects, that people enjoy looking at flowers and how to plant. They each went home with a poster showing bee friendly plants and information on bees provided by Val Goldstein and John Robinson. Thanks also go to David Henry a local resident and Chris Wilbourne. Chris Wilbourne stores a watering system on behalf of the Cranham Friends' Association, providing water to David



photo by John Robinson

Henry who very kindly waters the planters in the village on a regular basis.

Cllr GILLIAN FORD

Speeding



Thank you to all those who have contacted me with suggestions for roads where speed checks could take place, in all 18 roads. These have all been passed to the Police. The Police will be conducting speed checks on one road in each of Upminster and Cranham wards per

month as a minimum. They will do more if resources allow. Bridge Avenue was checked in early June. Of 56 vehicles checked, 10 were pulled over and warned about their speed. The average speed was 27 MPH in a 20 MPH area. In terms of where the residents lived, 4 were from Upminster, 1 from Cranham, 3 from Hornchurch, 1 from Gidea Park, 1 from Rainham, all quite local. Avon Road and Gaynes Park Road have had short periods of observation. I will keep residents updated as more checks are done.

Cllr LINDA VAN DEN HENDE

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67 Corbets Tey Road

Havering Council has received a planning application for a further five dwellings rear of number 67. One set of flats already being built, which we opposed, another planning application for dwellings here was also refused.

Old Police Station

Finally plans to build properties on the former Police Station site in St. Mary's Lane, Upminster were unanimously agreed at the Council's Planning Committee at the end of June.

A previous application for a 40 bed residential care home in 2012 was refused by the Council and a subsequent appeal was dismissed.

The latest application for eight, three and four bed dwellings plus 17 car parking spaces was agreed. Seven of the properties will front St. Mary's Lane and one on St. Lawrence Road. Landscaping is

proposed along the site boundaries. Access to the new dwellings will be from St. Lawrence Road. In the report to committee Council Officers pointed out "to meet housing need efficient use of brownfield land is required." This site has been vacant for some time.

Cllr LINDA HAWTHORN

Illegal Traffic Manoeuvres to be Enforced

Up until recently, enforcing road signs such as No Right Turns, No Left Turns, U Turns and going the wrong way down a one way street was carried out by the police. However, as police resources have reduced over the years this level of enforcement has become a low priority, with many councils across London now taking on the responsibility. Currently, 29 of the 32 London boroughs have adopted the necessary powers to enforce against these traffic

contraventions (known as moving traffic offences) and Havering will now become the 30th London Council to adopt the powers. As from last month, there is a two month grace period where 'advisory' notices will be issued to errant motorists, but full penalty notices will be issued as from 18th September. The level of fine is determined externally by London Councils at £135, reduced by 50% if paid within 14 days. While the number of locations and contraventions is limited, existing CCTV and enforcement officers will be used to undertake the scheme. The list of traffic contraventions include: Champion Road junction with St Mary's Lane, No right turn (eg from Howard Road into Station Road or Champion Road into St Mary's Lane), No left turn, One Way Traffic, School zig-zag lines, Bus Lanes, No U turns, Priority over vehicles in opposite direction (eg Harwood Hall Lane). It should be noted that these powers cannot be used for standard parking contraventions, only moving traffic offences.

Cllr CLARENCE BARRETT

Pike Lane and Thames Chase

The speed restrictions down Pike Lane have made it safer for cars, as most drivers are adhering to them, but sadly we will always get the mindless few. However the road is still narrow and has no pavement. With this in mind, to make it easier for pedestrian and cyclists using the road, Thames Chase applied for, and received, funding for a cycle/walking path, which will run behind the hedge to Thames Chase. A fantastic facility this will help even more people access and enjoy what's on offer.

Cllr LINDA HAWTHORN

Street Watch

This initiative was launched on the 13th June and will operate as a pilot in Upminster and Cranham. Volunteers have been issued with their High Viz jackets and personal alarms. We were hoping to start the patrols in July. If anyone is interested in joining

continued on page 3

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this group please contact me or your local Safer Neighbourhood Officer. This is being supported by the Mayor of London and if successful is likely to be rolled out across Havering and other Boroughs.

Cllr LINDA VAN DEN HENDE

Yes, I remember it well

Hall Lane Playing Fields Friends Group is developing a website and are interested in hearing your memories of Hall Lane Playing Fields, for example:

Did you attend any of the school summer programmes? Were you a previous member of the Upminster Hockey Club that used to meet there? How about the donkey derby? If you have any stories to tell or have any photographs of the field, including the old flowerbeds, or events, the old clubhouse and playground, we would like to hear from you. You can send these through to:

Gillian.ford@haverling.gov.uk or call 01708 641317 to discuss further.

Cllr GILLIAN FORD

Cranham Over 50s Club

The club meets at the Cranham Social Hall, Front Lane, Cranham, RM14 1XL on Thursday afternoons. They have various artists each week who entertain and refreshments are free. For more details please telephone Ron or Glad on 01708 640 283 or Sadie on 0208 593 5625. You will be welcome.

The Famous Three

We have been featuring these pupils from their first day at James Oglethorpe School- where does time go? Their comments are below:

Oliver Loveday: I really enjoyed our year six leavers day out at Stubbers which was great fun and our leavers disco. it's going to be very sad leaving James

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From the left to right: Oliver Loveday, William Brown and Lily Parkinson.

Oglethorpe School and all my friends especially on the last day when we do the leavers play and say goodbye to everyone. But although I am feeling nervous about starting a new school I am looking forward to making some new friends too and really enjoyed my induction day.

William Brown: I've had a really great time in year 6, we've done some fantastic things like our week long residential trip and made some great memories. I'm sad to be leaving some of my best friends as they are going to different senior schools and I will really miss them but I am really excited to be starting secondary school.

Lily Parkinson: I'm sad to be leaving some of my friends as

they are going to different schools but I'm also excited to be going to a new school and on a new adventure.

They now leave for pastures new. We wish them well and will be reporting to you from their new schools.

Cllr RON OWER

Allotment Available

If you have been looking for a small allotment plot then you will be happy to know that there is one currently available at the allotment site where I am steward. The allotment site is just off Brunswick Avenue, Cranham and is a small site. However, all of us allotment plot holders are a friendly and helpful bunch of people. The allotment site itself is a part of the Hornchurch and District Allotment and Garden Society who have allotment sites right across the borough. In addition to growing your own fruit and vegetables you can get discounted supplies at the

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Summer wild flower walk in August

Mary Smith, local botanist, will
be leading more interactive wild
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Woods Country Park, which lies
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We start at 1:30 pm outside the
Visitor Centre and stroll around
until 4:30 pm, looking at the
flowers. The date remaining is

Well done Shirley Ward, BEM

We are delighted to announce
that local Cranham resident
Shirley Ward has been awarded
the British Empire Medal for
voluntary services to the
community. Shirley has been
organising trips and outings for
32 years in order to raise funds
for local schools, groups and
clubs. Shirley's trips are a long
standing item in the monthly
Bulletin, the Upminster &
Cranham Residents' Association
newsletter. She has arranged
trips from a day out at London
Zoo to a week-long cruise in
Turkey, with hundreds of people,
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We are Festival

I attended the Council's Safety Advisory Group debrief on the Festival on 6 July, which included the organisers, the police, licensing, environmental health, health and safety and other agencies. There was general agreement that the problems of noise experienced in previous years had not been repeated this year and the measures the organisers had put in place i.e repositioning of stages and fewer in number coupled with a reduced decibel levels had made a big difference. There had been a significant in reduction in crime numbers, although a number of drug related incidents were reported. Calls to the Festival helpline mainly focused on litter and this was dealt with quickly by a mobile team. The traffic diversions put in place had to be amended in fast time in light of heavy traffic and congestion. Transport arrangements did cause significant concern, mainly on Saturday evening when there were no black cabs and buses

were unable to cope with the numbers and in addition with people walking along the roads to get to Upminster, clearly very dangerous. The organisers acknowledged this was a problem. No licensing application has yet been submitted for 2016, although this is expected. The organisers plan to hold a residents feed back meeting in the near future but no date has yet been fixed.

Cllr LINDA VAN DEN HENDE

Blocked Driveways

Inconsiderate motorists who block driveways are a persistent cause of complaint; however the circumstances in which any kind of enforcement can be applied has often been hazy. In order to give a definitive guide of what can and can't be done, the following should be of assistance. Recent changes in legislation (Section 14 - London Local Authorities and Transport for London 2003) mean that a Penalty Charge Notice



(PCN) can be issued by the council to vehicles which are obstructing a dropped kerb (drive way) whether there is a car in the drive or not. A PCN can therefore be issued where the kerb has been lowered for the purpose of:

- assisting vehicles entering or leaving the road
- assisting pedestrians crossing the road
- assisting cyclists entering or leaving the road

An important factor is that a PCN can only be issued if an occupier contacts the council with registration details and requests a PCN to be issued. This avoids the scenario where a PCN might be issued to a resident parking across their own driveway or where legitimate visitors are parked with the occupiers consent.

Any resident requiring this course

of action should call the Traffic & Parking Control Team on 01708 432787 or 01708 434698 (after 5pm) and provide the registration details whereupon a Civil Enforcement Officer will attend as soon as is practically possible. It is also important to remember that the call must be done at the time the vehicle is obstructing the drive way as a PCN cannot be issued retrospectively.

Cllr CLARENCE BARRETT

Independent Custody Visitors

Volunteers are needed as Custody Visitors in Havering. The role involves making unannounced visits to local police stations to check on the treatment of people detained in custody. Full training is given and expenses paid. You must be over 18 and living or working in London. If you are interested go to ivrecruitment@mopac.London.gov.uk for further information.

Cllr LINDA VAN DEN HENDE

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If you are registered with a Havering GP and have difficulties in seeing your GP during the working week, you can now visit a local GP of

an evening or weekend at one of two new Hubs: North Street Medical Care, 274 North Street Romford, RM1 4QJ or Rosewood Medical Practice, 30 Astra Close, Hornchurch RM12 5NJ.

The services are available Monday to Friday from 6.30pm-10pm and on a Saturday and Sunday from 12.00pm-4.00pm. You can book an appointment directly from the central switchboard on 020-3770 188 from 2.00pm-9.00pm Monday to Friday, 9.00am-3.00pm Saturday and Sunday. Alternatively you can book through NHS 111.

Cllr GILLIAN FORD

Friends of Upminster Mini-Golf

The next meeting of the Friends group is 4th August (7pm) at the Cranham Community Centre, Marlborough Gardens. All welcome. Meanwhile, why not pay a visit to this splendid mini-golf facility, the only one in Havering, set amid a splendid array of fine trees and mature parkland. It is open all through the summer and well worth a visit.

Cllr CLARENCE BARRETT

New Late Parking Enforcement

Following complaints from residents the Council have started the following for your information. Please note the Council's comments and feel free to give me yours.

"We are patrolling late into the evening across seven days and to



do so we specifically deploy officers between 8pm and 10pm. Those officers have specific 'hot spots' to visit but they will take calls

from the public on 07946 738 495. However, I should note that there may be times when officers are working or driving and may not be able to instantly answer a call, however, the number has a voice mail facility for customers to leave their name and telephone number. If a call is missed and a message left then a duty officer will call the customer back as soon as possible. Alternatively, if the customer doesn't wish to leave their details on the voice mail then they should give it a short time and call back.

We are also in a learning phase and so it may be that officer patrolling hours and days may at some point change, perhaps to patrol longer on a Friday or Saturday and less so on other days. We need to ensure we deliver something of worth to customers and so good or bad

we'd welcome feedback. Also, we are focussing on the negative impacts of the night time economy as we are very aware from complaints received that some customers have been very seriously inconvenienced by irresponsible parking in some areas adjacent to restaurants and the like."

As I mentioned above if you have any views get in touch please. Tel: 07721 780 372

Cllr RON OWER

Bonjourno Upminster

The Italian Market returns to Corbets Tey Road on Sunday 6th September.

Beware of Scams

We have reported previously about the range of scams which are doing the rounds. Whilst we hope residents awareness is being raised, I have had reported to me a very distressing scam that took

continued on page 9

ROOMES COLLECTION

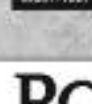
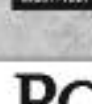
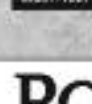
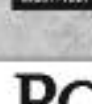
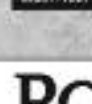
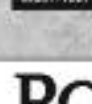
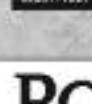
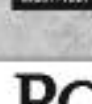
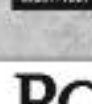
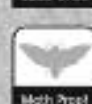
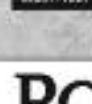
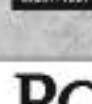
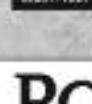
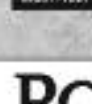
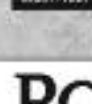
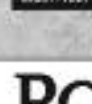
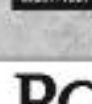
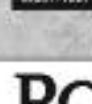
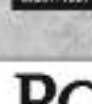
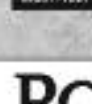
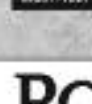
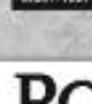
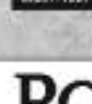
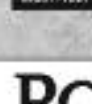
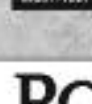
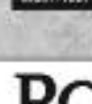
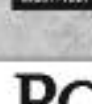
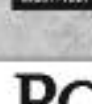
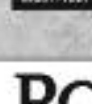
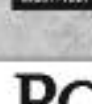
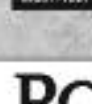
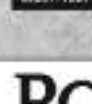
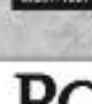
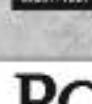
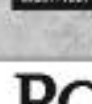
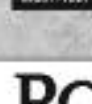
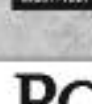
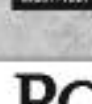
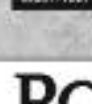
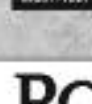
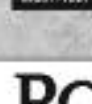
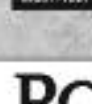
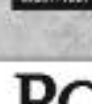
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place recently on a local resident. It was the age old one of 'needing some roof works done'. The person is often charming and presentable and wins a resident's confidence. Once they have that they ask for money up front, do a bit of work, although unnecessary, and then ask for more money as 'it's more serious and you need more work done'. More money is demanded and the resident, who by now feels an obligation, gives them more money. Some is in cash where the scammer gets them to go to the bank or gets the resident to take out a loan and have it transferred electronically into their bank account. The resident is sometimes left with damage that does cost to have repaired as well as a large loss of savings. Regrettably many of the victims are older residents and also feel to embarrassed to tell anyone. The message is NEVER respond to builders or other trades people who just knock on the door. Be polite but if possible take a note of their description and if there is a vehicle, the registration number and report it to the police and the Council's

Trading Standards Officer. The council keeps a list of reputable builders and other trades people who have been vetted and are trustworthy. Never be afraid to report this as it may save someone else being scammed. Its a despicable crime.

Cllr LINDA VAN DEN HENDE

U.C.R.A Coach Outing News

SATURDAY 19TH SEPTEMBER
AYLESFORD PRIORY &
WHITSTABLE

A morning stop at Aylesford Priory founded in 1242 and still an important pilgrimage center with lovely grounds, tea room and shop.

Then on to Whitstable famous for its oysters and traditional charm you will find a good selection of craft shops and galleries and a wonderful choice of cafe's, restaurant's and pubs. Please see Association Diary for booking details.

Havering Health Champions are here to help

Havering is on course to have over 200 Community Health Champions by the end of the year. They have all undertaken training accredited by the Royal Society of Public Health (RSPH), to help them gain a better awareness of their own health, as well as be able to signpost other people to local services which can improve their health, such as smoking cessation, alcohol abuse, cancer awareness, and encourage people to adopt a healthier lifestyle including exercise and eating more healthily. Since April 2015, over 100 people have booked onto the training and courses are fully booked until October. Health Champions are trained as part of the My Health Matters initiative from Havering Council which is being delivered by Tapestry, formerly Age Concern Havering.

Linda's walk

I am putting on the walking boots again to raise money for First Step. I am walking the last 100km of the Camino in Northern Spain in August from Sarria to Santiago de Compostela. I am doing this in 5 days so quite a lot of walking per day. Having trekked in China, Peru, Nepal and Morocco this should be easy, but a combination of the heat and my age will certainly be a challenge! If you would like to make a donation to me for First Step you can do so at www.justgiving.com/lindascamino Thank you.

Cllr LINDA VAN DEN HENDE

Shirley's Tours

Tuesday 4th August, Coach trip to Howletts Zoo, Kent owned by Aspinall Foundation. Large herd of African elephants, gorilla feeding, large and small cast, play areas, pathways suitable for disabled. £33 adults/seniors; Child 2/15 years £30.

Wednesday 19th August: Coach
continued on page 11

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trip to Margate. 9am departure time. Adults £24, Seniors £23, family prices on request.

Monday 19th to Thursday 22nd September 2016:

Liverpool, staying at Atlantic Tower (Thistle Hotel), near waterfront.

Trips out to Rugby School/Museum, Manchester Ship Canal whole day trip, World of Wedgwood/Museum and Grand Union Canal boat trip with Buffet lunch. One free day in Liverpool or take optional Anfield Stadium tour, also dinner at Hard Days Night Hotel one night. Prices from £485 based on 20 people, (single supplement applies.)

Contact Shirley Ward: 01708 227 884 or 07966 146 956 or email shirley@shirleytours.co.uk, or send a stamped addressed envelope to 15 Worcester Avenue, Cranham Essex RM14 3LB

£750,000 per year to deal with.

Last month we put down a motion to Council expressing our concerns to Government that there is currently no specific fixed penalty for the offence of fly tipping, instead it involves a lengthy and expensive process of prosecution which is far from an efficient or good use of resources. Our motion requested that a Fixed Penalty Notice of up to £1,000 be created, that full costs of successful prosecutions are awarded to councils and that a national strategy of sharing best practice be considered. We shall see how the government respond, but in the meantime, if you see fly tipping do report it to Havering Council.

Cllr CLARENCE BARRETT

Tackling Fly Tipping

Fly tipping is not only a blight on our landscape but costs Havering council tax payers around

Essex Outdoor Cinema

Essex Outdoor Cinema are back again this summer in our home town of Upminster!

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Essex Outdoor Cinema and Friends of the Windmill are excited to be showing The Theory of Everything on Saturday 8 August 2015 on The Windmill Field. Tickets are £10 and sold in advance via www.essexoutdoorcinema.com

New Nurses Needed

Haven House Children's Hospice, based in Woodford Green, is looking for new nurses as part of its growth and aim to support more children and families across North East London, including Havering. Nurses may be RNChild, RSCN or RN, though ideally will have experience of working with children and young people with complex needs, and positions are available at Bands 5 and 6, full or part time. For more information on these and other exciting opportunities to join a growing charity, visit www.havenhouse.org.uk or call Lisa on 0208 506 5516

Forest Centre Events

August activities include:

Friday 14th 3-5pm – monthly cream tea with live music. £8 per person.

Booking essential

Friday 14th 8-11pm – continuing our summer music programme, 'Jazz in the Barn' with Dave Browning's Jazz Band. Tickets £10 per person. Bring your own food and drink. Booking essential.

Sunday 16th 10am-3pm – Sunday Market with Essex Farmers' Markets. A feast of cheese, fish, pies, Giggly Pig sausages, fresh vegetables and lots more including a wide range of crafts. The children's school holiday programme includes:

Tuesday 4th – design and make a miniature garden

Wednesday 5th – explore the forest to gather natural materials to create your own sculpture

Tuesday 11th August – fun fitness challenges

Wednesday 19th – owl craft morning

continued on page 13

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Tuesday 25th – learn all about pollinating insects and bees through stories, games and craft
Wednesday 26th August – help build an insect hotel at the Forest Centre.

All from 10.30am-12.30pm. Cost £3. Booking essential

Wednesday 12th – 10.30am-2.30pm – cycling day for all the family. Bring your own bike or hire one from the barn. Have your bike checked or repaired by TrailNet's Doctor Bike or security marked free. The day will include different rides, activities and games.

Tuesday 18th 10.30am-12.30pm – Meet the Owls for all the family. £5 per person, families £15 We hope you have a fun filled summer!

Quiz Night

Please note date for your diary: Coopers Company & Coborn School, St Mary's Lane, Upminster, RM14 3HS.
Saturday 17th October, 7pm for 7.30pm start. Tables max 10 people. £5 per person. Bring your own nibbles & refreshments.

Contact: Debbie Heath,
07969 013 570.

Polar Explorers Holiday Club

The club meet at Cranham Baptist Church, Severn Drive, Cranham. From the 17th to - 21st August. We meet each morning from 10am - 12:45pm. Come and join in the fun...invite your friends too! Anyone aged 5-11 years old is welcome. The cost for the week is £28 per child.

If you want to know more and to receive a registration form, please call: 01708 224 851. Places are limited so book early!

The Old Chapel

August

General Open Days: 1, 2 and 15, 16 – 2pm-5pm. Free entry.

Events:

Wednesday 12 August 10.30am Tea and Talk – Thames Chase: The Next 10 Years. Mary Wright from Thames Chase Trust will be here to talk about the vision for the next phase of development at Thames

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Chase.

Talks are free for Friends of the Old Chapel, otherwise £2. Refreshments are included, please book: call 01708 222660 or email gsmith@mary.havering.sch.uk

Sunday 16 August – Puppet Theatre Barge, 2.00pm - 5.00pm From 2.30 onwards The Old Chapel will host the Puppet Theatre Barge – come along and see their show for free, starting at 2.30. Free entry, booking required for show. Call 01708 222660 or email gsmith@mary.havering.sch.uk

Pottery Painting Café – Every Thursday of the Summer Holidays, 10am-2pm. Come along to get creative and have a cuppa. Entrance is free, on a first come, first served basis and you pay per item you paint.

Wednesday 5 August

Storytelling morning – From 10.30am – 11.30am join us for storytelling. Booking is required – £3 per child.

Creative Craft Session – August's theme will be puppet making. From 3.00pm – 5.30pm. No need to book, just drop in, £3 per child

Volunteer Befrienders needed

Tapestry, formerly Age Concern Havering, are currently looking for friendly, empathetic people to provide companionship to older people in the local area. If you can spare 1-2 hours a week, to have a friendly chat with someone, please get in touch. Training, support and expenses are provided. To find out more about the role, and about other volunteering opportunities at Tapestry, please contact our Volunteering Services Team on 01708 796609 or volunteering@tapestry-uk.org

British Sugarcraft Guild

The next local meeting at Hornchurch Library is on Saturday 5th September from 1.30pm to 3.30pm. There will be a demonstration on "Fantasy Toadstool House" by Petra Skinner. Entrance is £6 includes tea and cake. Further information from Brenda on 01277 810 498.

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Ad Hoc Players' Quiz Night

On Friday 21st August, 8- 11pm (Doors Open 7.45pm). Cost: £5 per person, or £35 for groups of 8 people. Venue: The New Windmill Hall, St Mary's Lane, Upminster, RM14 3NX. Tickets: www.ticketsource.co.uk/event/94458

Indoor Table Top Sale

Please note the following dates at Coopers' Company & Coborn School, St Mary's Lane,

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Sunday 4th October.
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Please call 07508 135 449 to book.
E.mail: pa@cooperscoborn.org.uk

Upminster Cricket Club

The club are pleased to confirm that the Annual Benefit Match against Essex Cricket Club will be held at the Recreation Ground, Upminster Park on Sunday August 16th, commencing at 1.30pm. This year's beneficiary is Ravi Bopara, the Essex and England batsman. Admission is by programme, price £2.50 available from Gates Parish and Co, Pinney Talfourd Solicitors, Govani Chemists and Batemans Newsagents or from the club on match days.
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Greyhounds Quiz Night

Romford Retired Greyhounds Quiz at Romford Dog Track Restaurant on Sunday August 9th.
7 for 7:30 start. £3 per person bring your own food and drink.
Contact Dave on 01708 250 957 to book places.

Matthew Edwards

Pinney Talfourd Solicitors are delighted to announce that Matthew Edwards, Head of our Private Client Team, has been appointed to the Court of Protection Panel of Professional Deputies. A Panel Deputy is a specialist person appointed by the Court of Protection to assist those who lack mental capacity to independently manage their financial affairs as a result of a mental illness or brain injury. There are only 68 Panel Deputies throughout the UK. Matthew can be reached on 01708 229 444.

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Location: Wesley Hall, Upminster
continued on page 17

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Methodist Church, Hall Lane, Upminster, Essex RM14 1AE. Prices: £7 adults, £5.50 concessions and £3.50 children (under 16). As usual, senior citizens admitted free to the Thursday evening show **Tickets:** on the door or booked in advance via the Box Office (text or phone) 07708 214742 or at tickets@wesley-players.co.uk

NADFAS

Tuesday 8th September NADFAS (Havering) welcomes Mrs Caroline Rayman who will be giving a talk on The Two Elizabeths: Bookends of the Empire. Lecture 10.45am. Coffee from 10am. Visitors welcome at £6. Please note that Meetings will once again be held at The New Windmill Hall, St. Mary's Lane, Upminster RM14 2QH. Details of the Society and forthcoming lectures and visits to be found at www.haveringdfas.org.uk

Rotary Walk

Hornchurch & Upminster Rotary Club's **Annual Sponsored Walk**

will take place on Sunday 6 September, 9-10am. To raise funds for the Saint Francis Hospice. Start and finish at The Forest Centre, Broadfields Pike Lane, Upminster RM14 3NS. For details and sponsorship form: Please phone Rtn Brian Taffs. 01708 250855 *More details will be published in September Bulletin.*

Crusaider First Aid

Much is being heard about AED's: defibrillators, as many more are to be found in public places. But more businesses and schools locally are buying defibs too. The current method of CPR is the most successful ever but if a defib is also used the survival rate soars to around 75%. A defib can be used by anyone of us and it is for this reason the success rate is so high. At Crusaider First Aid we include a demonstration on the use of Defib's on all our courses. We do not sell these AED'S, we simply promote the benefits of having them available at times of emergency.

Fleur's Teddy Bears Picnic

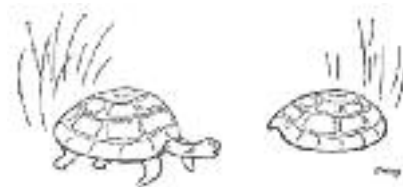
To welcome our new range of Charlie Bears to Upminster, Fleur Gifts & Homeware at Bell Corner will be holding a Teddy Bears Picnic in late August. Bring your Bear along to meet ours, enjoy a cup cake and get 10% off purchases on the day. We will confirm the date and details on our website www.fleurgifts.com and facebook page www.facebook.com/fleurgifts. Don't forget to come in and take a look at our great new furniture and lighting ranges. Chris & Kim Nicholls, Fleur Gifts & Homeware, 1 Station Road, Upminster, RM14 2SJ. Tel: 01708 228054.

Team Havering Aquathlon!

This event is being hosted by Havering Triathlon Club and Havering '90 Joggers, taking place at The Coopers Company and Coborn School, St Mary's Lane, Upminster. The event starts in the 25m pool, with everyone completing a 400m

swim (16 lengths). You then exit the pool out the double doors (marshals will be there all the way through to guide you) to the grass transition area. Here you can quickly dry your feet off, put your socks and trainers on (& any additional layers, sunglasses or hats as you wish) and head off out of the school for the marshalled 5k run. This event is open to adults aged 18 and above. If you have a membership with the British Triathlon Federation (BTF) you can enter for £14, or £19 if not. Entries are being accepted on the day however there will be an additional £5 charge. The link to enter or get further information is: www.runnersworld.co.uk/teamhaveraingaquathlon

continued on page 19



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Adventure Island 2015

Hornchurch District Scouts (charity no.303699) are selling Adventure Island wristbands at discounted prices. Big Adventure bands (over 1.2m tall) are £14.50 each and Junior/Mini Adventure bands (under 1.2m tall) are £12 each. Also available, Southend Sea-life Adventure tickets Adult/Child £3 each.

Wristbands expire November 2015 and are available to purchase, just call Debbie on 07805 612 706.

Cats Protection Quiz

Cats Protection Quiz at the Crumpled Horn Pub, Corbets tey Road, Upminster on Monday August 10th, 7pm for 7.30pm start. Tables of up to 8 (or join with others). £5 per person includes sausage and chips.

Contact Gill on 01708 441 971 to book places.

Essex Wildlife Trust

The Haverling group invite you to a Bat and Moth evening on Friday 14th August. Meet at Parklands, Corbets Tey Road, Upminster, at 8.30pm, then walk to Cranham Marsh. For moths only meet at Park Drive at 9.30pm. Please bring a torch. Finish around 10.30pm. Requested donation £2.

Yoga Courses

Vikki Kavanagh is offering an adult yoga course for beginners or those returning to yoga/exercise on Tuesdays at 6.15pm at the Old Chapel, St. Mary's Lane, Upminster. This 10 week course commences September. The style of yoga being taught is Hatha yoga. A very gentle and traditional form of yoga that incorporates the breath as well as guided relaxation at the end of the one hour class. The course will cost £50. Spaces are limited so booking is essential. Please call Vikki on 07976 589 133 or email

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heartfeltlyoga@outlook.com for more information or to book. Children's yoga classes will restart on September 15th at the Old Chapel at 5pm (1 hour class). For children aged 4 to 12 years. Yoga is great to help children's physical fitness developing flexibility, strength, posture, co-ordination as well help children learn to relax and be calmer. Turn up and pay is £6 per session or £25 per 5 week course. Please call for further details. Booking recommended.

Household Budgeting and Money Management Help

In these days of austerity and tight budgets many people would like to know the secrets of how to budget, save and spend well. We are delighted to offer the third CAP Money Course to help with just that. This is a government approved course and will be held in St. Luke's Centre, 201 Front Lane, Cranham at 8 p.m. on Thursdays,

10th, 17th and 24th September. The course is free including refreshments and course handbook. There is a limit of 8 places per course. To sign up, visit www.capmoney.org or contact John & Heather Baker via capmoneystlukescranham@gmail.com

The Matter Factory

Ever wondered why your school laboratory had fume cupboards and benches? Why the lab always seemed to smell of rotten eggs? Or even why laboratory chemists wear white coats? Local resident (and Upminster native) Peter Morris, a curator at the Science Museum for 24 years, has just published *The Matter Factory: A History of the Chemical Laboratory* which looks at the development of the chemistry laboratory from the alchemical workshop to the latest laboratories at Oxford University. It is richly illustrated and written in an engaging style. The book is currently available at Swan Books, signed by the author, at £30.

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Sullens Farm, Sunnings Lane

Havering Council have refused further planning permission for a development of 8 dwellings at Sullens Farm, Sunnings Lane, Upminster.

The Planning Applications had been called in by Upminster Residents Councillor Ron Ower on the grounds of the history of the site and Green Belt issues. The application site lies in the Green Belt and includes a Grade 2 listed building.

The applications follow refusal in 2014 of similar proposals on the grounds of the adverse impacts on the Green Belt, on the amenities of adjoining residential occupiers and on the setting of the listed building.

Councillor Ron Ower addressed the committee where he pointed out that "he felt there was little difference with these applications and those refused last year. The site is in the Green Belt and if Planning Permission was granted it would be a dangerous precedent that could lead to a flood of similar applications. Thus our Green Belt Countryside would disappear.

The site is also very close the Corbets Tey Conservation Area. Sunnings Lane residents enjoy being surrounded by countryside and they want to keep it that way."

Ron's Upminster Ward colleague, Linda Hawthorn, added that there was concern if the development was granted there would be extra traffic in the area.

The Council's Planning Committee unanimously rejected the application.

Right way up!

Just a reminder to double check that your car parking ticket is the right way up and clearly visible when you leave your car. There have been examples of penalty charge notices being issued for not displaying a ticket when, in fact, a ticket had been obtained but a draught from shutting the car door had swept the ticket away! Please be sure to double check before leaving your vehicle.

Cllr CLARENCE BARRETT

Well Done Sue

Well done to local Cranham resident, Sue Gilmour, who put her newly found first aid skills to effective use when she performed CPR on a woman in Station Road, Upminster. Sue, of Moor Lane, who was working in nearby Roomes Store at the time, launched into action as a crowd gathered around the woman who had stopped breathing. Sue performed CPR three times before vital signs returned and the lady was taken to hospital by

an ambulance. Well done Sue, and it just goes to show how important it is to have First Aid training and is a skill that should be widely learnt.

Cllr CLARENCE BARRETT

Gaynes Park Road

Please note that Gaynes Park Road has a number of shops, including the Nisa local Supermarket which is open seven days a week. A great convenience store. Opening times 6.30am to 8.30pm Monday to Saturday. 7 am to 6 pm Sunday. Ample parking outside.

Bus-stops

People with mobility problems, mothers with buggies and those with shopping trolleys etc. will know how difficult it is to get on and off buses. With this in mind, Transport for London are funding a scheme to make all bus-stops disabled friendly, making the space for buses wider, so that they can park closer to the kerb, and flush with the entrance. I am pleased to say that the scheme to upgrade the 8 stops in St Mary's Lane, from the Bell Corner to Coopers Coborn School has been passed by the Council's Highways Committee.

Cllr LINDA HAWTHORN

Cranham Library

Following a kind bequest from a borrower, our library at the Cranham Community Centre, Marlborough Gardens, has been able to expand its stock and effect some changes. We have bought more large-print novels, jigsaw puzzles, DVDs of popular films and, as always, added current releases to our popular fiction paperbacks. We are now updating from audio tapes to CD audio books as requested by some borrowers.

The library is free - do call in- we would be delighted to welcome new members.

For more information please phone Pat on 01708 221 435.

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continued on page 22

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Linda Hawthorn 225451

Ron Ower 07721 780372

Linda Van den Hende 223761

Cranham Ward:

Clarence Barrett 07863 116029

Gillian Ford 641317

June Alexander 227092

ASSOCIATION CONTACTS:

Editor / Commercial Advertising:

Ron Ower 07721 780 372

bulletinra@yahoo.co.uk

Upminster Organizer:

Cllr Linda van den Hende (223761)

Residents' Association Website:

Cllr Clarence Barrett

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movement classes. We are also on the Register of the Exercise Profession at advanced level 3 and are required to keep up to date with regular professional development.

For more information please contact Rosemary on 01268 530484 or email rose2910@btinternet.com

Christmas preparations

Cranham is beginning to prepare for Christmas and wondered if any local residents would like to join Glenn from the Plough Pub local retailers, and myself for a meeting to discuss further. Glenn Egan from the Plough is hosting the event at 6pm on Thursday 6th August. If interested, just come along.

Cllr GILLIAN FORD

Storybook Day Nursery

The new nursery Storybook Day Nursery are holding a Preview Weekend from Friday 7th - Mon 10th August between 10am and 3pm each day at 107, Front Lane, Cranham (Next to the Social Centre). They will be open for potential customers and the public to look around the nursery and meet the staff.

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Our support group is here to help. Sharing with people in the same situation can be comforting and supportive. Our team of helpers will be a great asset to this group with their wealth of knowledge, friendly faces and time to just sit, listen and help you on your healing journey.

Being told that someone you care about has cancer is often a big shock. You may want to help but don't know how. Our group offers ideas on how to talk about cancer, be a good listener and practical ways to help your relative or friend.

Our group meets every Friday 2pm-4pm at the Upminster Sanctuary. Refreshments will be available.

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FUTURE EVENTS

AUGUST

- 4 Tuesday - **Oglethorpe Women's Institute** will be making banners and decorations to celebrate 100 years of the W.I. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome.
- 4 Tuesday - **Hornchurch FC v A West Ham XI**. 7.45pm at Bridge Stadium, Bridge Avenue, Upminster.

- 9 Sunday - **Cream Tea** at St Laurence Church Main Hall, Corbets Tey Road, Upminster, RM14 2BB; 4.30 pm, £3.50. To book please contact the Parish Office on 01708 220696.
- 15 Saturday - **Tithe Barn Open Day** 10.30 am - 4.00 pm. Free Entry.
- 15 Saturday - **Upminster Windmill** Open from 2.00 pm to 5 pm.
- 16 Sunday - **Upminster Windmill** Open from 2.00 pm to 5 pm.
- 16 Sunday - **Tithe Barn Open Day** 10.30 am - 4.00 pm. Free Entry.
- 24 Monday - **Breathe Easy - Havering** In aid of British Lung Foundation, have guest speakers every month held at St. Andrews Church, Hornchurch, 1.30 pm - 3.30 pm. Cost £2 including light refreshments. For further information please ring Joyce 01708 226696 or Elaine 01708 509127.

SEPTEMBER

- 1 Tuesday - **Oglethorpe Women's Institute** have guest speaker Brian Billins with Antiques and Collectables. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome.
- 5 Saturday - **Tithe Barn Open Day** 10.30

- am - 4.00 pm. Free Entry.
- 5 Saturday - **Upminster Windmill Open Day** from 2.00 pm to 5 pm.
- 5 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. This month the talk is 'Ernest Shackleton' 'the Endurance Expedition' with Carol Harris. The Computer Group meets at the same venue 11am - 1pm where a Q&A session is followed by 'Military Genealogy on the Internet' by Simon Fowler. Teas and coffees can be purchased. Members and visitors welcome to either or both. Admission free.
- 6 Sunday - **Upminster Windmill Open Day & Craft Fair**, from midday to 5.00 pm.
- 6 Sunday - **Tithe Barn Open Day** 10.30 am - 4.00 pm. Free Entry.

SEPTEMBER

- 2 Wednesday Upminster Ward Meeting at St. Joseph's Social Centre at 8.00 pm.
- 10 Thursday Cranham Ward Meeting at Cranham Community Centre, Marlborough Gardens at 7.45 pm.

Association Coach Outing

Saturday 19th September
 Cranham Social Committee's trip to **Aylesford Priory & Whitstable**. Leaving the Bell School at 9am after usual pick-ups. A morning stop in the tranquil grounds of Aylesford Priory then on to Whitstable. Tickets £12.00 from Mrs Gina Savill-Turner 01708 228270 from Monday 10th August from 6pm please.

ASSOCIATION DIARY

AUGUST - PLEASE NOTE THERE WILL BE NO UPMINSTER OR CRANHAM WARD MEETINGS

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