

**TASTY BITES**  
UPMINSTER'S FIRST INDIAN, INDOONESIAN  
AND VEGETARIAN TAKE AWAY

**EXPERIENCE THE DIFFERENCE**

Tel: 01708 221166  
Fax or tel: 01708 222277  
50 Corbets Tey Road, Upminster, Essex




**ALWAYS AVAILABLE -  
NOT JUST AT ELECTION TIMES**

**PC & Laptop Repairs**

Virus issues Running slow  
Internet problems WIFI  
Data recovery Power supplies  
Laptop Screens Hard drives  
Pick up and Drop off service

**Cranham Computer Centre 01708-250296**



email: [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

**The Voice of the Community**

[www.ucra.co.uk](http://www.ucra.co.uk)

## UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION

### Lower Thames Crossing



As featured in the May *Bulletin*, the route of the new Lower Thames Crossing has been announced as Option C which will connect Kent and Essex via a 2-Mile tunnel beneath the Thames, running from Gravesend through Orsett before joining the M25 between junctions 29 and 30 at North Ockendon where a new free-flow junction is planned to be built. In terms of time-lines, there will be a provisional design and source funding phase before formal consultation in 2018. Should the route proceed, the scheme would not be completed until 2027 and is planned to be a toll road. The Residents' Association opposed this Option and are very concerned over the negative effect this will have

on the area, including the loss of green belt and the impact on residents' lives. We shall keep residents updated through the *Bulletin* and have also set up a dedicated section on our website ([ucra.co.uk](http://ucra.co.uk)) to deal with all matters relating to the Lower Thames Crossing where information, advice and updates will be available to residents. We will keep you informed on this very important matter.

Cllrs HAWTHORN, OWER & VAN DEN HENDE

### Congratulations Linda



We are delighted to inform you that, as we go to press, our Upminster Residents' Councillor Linda Van den Henden is due to be elected the next Mayor on Havering Council. Linda was first elected onto Havering Council in 2006. Before being elected, she was active on our organisation front, being our Upminster ward organiser for our Association, a role she continued until recently.

Following election she served on a number of Council Committees and prior to being Deputy Mayor was Chairman of the Council's Licensing Committee.

Many residents will also know Linda from being closely involved in stopping various planning applications to build on our local green belt countryside. Further details next month.

### Which Ward?

A big welcome to new residents. Please note the following boundaries of Upminster and Cranham Wards:

Cranham Ward is north of the Upminster to Fenchurch Street Rail Line including all of the Dury Falls Estate.

Upminster Ward is south of the Rail Line and includes the Cranham Cathedral Estate and North Ockendon.

Your Councillor contact details are on Page 22.

### NatWest Bank

Following on from the news that HSBC has closed, and we lost Lloyds Bank in May.

We also heard, sadly, that NatWest have announced that they are going in September - they state that more people use on-line services, but with us having the eldest population in Havering, the bank is still well used. A number of bank users like to see who they are dealing with.

I have written to the bank, and will let you know of their reply.

Cllr LINDA HAWTHORN

### Council Tax Collection

In 2016/17, Council Tax collection rate was 96.9% (96.7% in 2015/16) while Business Rate collection achieved a 98.6% rate (98.5% in 2015/16). These taxes all pay for important services provided by the Council and residents can be assured that deliberate non-payers are vigorously pursued.

Cllr CLARENCE BARRETT

**Haines Watts**  
Local Market. National Strength.

We help business owners  
**ACHIEVE THEIR PERSONAL GOALS**

As a business owner achieving your personal goals as well as your business goals is important. Whether that's providing for your family, reducing your tax bill, protecting your assets, extracting wealth from your business, or knowing your retirement is secure. Our partners will work with you to ensure you have a plan to achieve your goals.

To find out more contact Haines Watts, your local award winning accountants

Haines Watts Horsham, Coopers House  
65a Winget Lane, Horsham, Essex, BN11 3AT  
01708 475 220 - [J.Macdonald@haineswatts.co.uk](mailto:J.Macdonald@haineswatts.co.uk)  
[www.haineswatts.co.uk/accountants-horsham](http://www.haineswatts.co.uk/accountants-horsham)



**WINDSOR PROPERTY**  
Extension Specialists Est. 25 Years  
Family Business

**WINDSOR**  
APPROVED CONTRACTOR

- EXTENSIONS
- LOFT CONVERSIONS
- RENOVATIONS
- LOG CABINS
- GARAGE CONVERSIONS
- ALL BUILDING WORK UNDERTAKEN

**safe**  
REGISTER  
102981

FOR YOUR FREE ESTIMATE PLEASE CONTACT

PHONE: 01708 455755 MOBILE: 07958 787 297

E-mail: [wpm321@msn.com](mailto:wpm321@msn.com)

## JANE'S MOBILE HAIRDRESSING

CUTS, COLOURS, HI/LO LIGHTS,  
BLOW-DRIES, PERMS & SETS

FOR INFO & APPOINTMENTS  
CALL 07966 439373



## "CREASES"

(PROFESSIONAL DRY CLEANERS AND IRONING PARLOURS) LTD  
2B MOOR LANE, CRANHAM

*Dry Cleaning • Repairs & Alterations  
Ironing • Curtains • Duvets • Laundry  
Free Collection & Delivery Service*

**Please Call 01708 229292**

## 347 Bus Route



Following my article a few months back, a number of people raised the issue of the 347 bus route and how they would like to increase it.

TFL who run the route would too, however the revenue grant they receive from the central government has been phased out, so all routes have to be self sufficient. This is a blow to all rural services, which are so useful to the local residents, but their small numbers mean the service runs at a loss. Hopefully central government might change its mind — but I'm not holding my breath.

CLlr LINDA HAWTHORN

## Abigail's Column

### Parking problems

I have heard a lot of complaints about car parks closing, parking



prices increasing and wardens giving out fines. I haven't heard many complaints on the

other side of the issue though. Parking is a complete mess now and so dangerous for pedestrians. Look at the Shell petrol station, for example, it is an accident waiting to happen. School run cars use the petrol station now to park in and do drop offs, this never happened before. The turnings in and out of Shell are now a danger spot. Also, when the petrol station parking is full, people drive up onto the pavement right outside or even in front of the row of shops there. Once they have dropped off the children, they quickly reverse taking little notice of the people walking around.

I know parking is a problem but pavements are not the answer. It is not impossible to park in Upminster, it might mean paying a bit more or walking a bit further. This must be better than risk hurting someone.

## A Touch Of Glass

35 YEARS OF TRADING - NO HARD SELL  
MANUFACTURERS OF SEALED UNITS  
SUPPLIERS OF WINDOWS, DOORS AND CONSERVATORIES

TOP QUALITY PVC-U USED  
WE CAN ARRANGE FINANCE

GLASS CUT TO SIZE WHILE YOU WAIT  
BROKEN OR MISTED UP SEALED UNIT REPLACED OR CHANGE YOUR CLEAR UNIT WITH LEAD LIGHTS  
PICTURE FRAMES MADE TO SIZE OR MOUNTINGS SOLD BY THE LENGTH OVER 100 MIRRORS IN STOCK

97 Front Lane, Upminster RM14 1XN www.atog.co.uk 01708 250070

## Local electrician

- Based in Upminster
- Domestic/commercial work
- Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

**Paul Gilham 01708 229835**  
07905 185872 or info@gilhamelectrical.co.uk



City & Guilds  
Qualified



## Friends of Upminster Park

The Friends of Upminster Park urgently need your help. The committee would like you to join us in keeping the park in its present condition. What we want from you is ideas and thoughts on what can be done in the park to keep it to the standard that it is at present. There may be the odd occasion when we would ask for help with some planting or tidying of the park. If you see any vandalism please report it to Havering parks Constabulary on 07904 805872. At the moment we meet on the last Wednesday of the month at 7:30pm at the United Reform Church, Gaynes Road. Please come along on the 28th June, we look forward to seeing you.

Brian Flavell - Vice Chairman

## Care Home application St. Mary's Lane

I am pleased to report that Havering officers have refused the application for the 65 bedded care

home with the addition Brain Injury unit in St. Mary's Lane adjacent to Coopers school. I had called this in on the grounds of it being Green Belt land, over development, not in keeping with the Streetscene and the impact on the Conservation area of The Chase and All Saints Church. The officers refusal reasons include those as well as it being visually intrusive and being detrimental to the character and appearance of the Green Belt. Thanks to all who registered their views on this and clearly it is pleasing that the precious Green Belt is being recognised and protected. At this stage there is no indication whether the decision will be appealed.

CLlr LINDA VAN DEN HENDE

## Bird Lane

Proposals to close off entry into Bird Lane from the A127 edge closer to reality with funding secured from Transport for London to undertake the works this year. Formal plans will shortly be available for consultation before commencing work. It is also proposed to reduce the official speed limit in Bird Lane from 60mph (unbelievable, I know!) to 30mph.

CLlr CLARENCE BARRETT

## Upminster Carpets

205 St Marys Lane, Upminster

**01708 224515**

Old Carpets and Furniture?

**No Problem!!**

**Home Service Available**

We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinyl
- Karndean

## GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds,  
Planting, Water Features, Turfing & Decking.

All work solely undertaken by

**\* Greg Oldham \***

Tel. 01708 251 004 / 01621 860 529

Mobile 07812 131 772

email: oldhamgreg@yahoo.co.uk



**PLUMBING & HEATING**

**PJ Rugg & SON ENGINEERS**

FAST, RELIABLE, FRIENDLY SERVICE

Tel: 01708 229857 Mobile: 07415 096551 / 07860 801377

Emergency Repair • Blocked Drains • Heating Breakdowns • Servicing • Maintenance • Ballvalves • Tanks • All Work Guaranteed • Established Locally For Over 25 Years •

iphe REGISTERED PLUMBER

safe

## BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office:  
01708 780000

Tel: Home:  
01708 733088



**SLABS CRAZY**  
Natural Stone Paving

**ADVANCED MP**  
PLUMBING & HEATING

BOILER REPAIRS • SERVICING AND INSTALLATIONS • COMBI BOILERS  
• TANKS • TOILETS • ALL GAS WORK

**O.A.P.'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT**  
WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS

**iphe** 01708 475041 079301 49046  
www.adv-mpplumbing.co.uk  
pat@adv-mpplumbing.co.uk

**safe**

**FLEET ELECTRICAL & HEATING SERVICES**

National Inspection Council for  
Electrical Installation Contracting

**Full / Part Rewires - Extra Plugs**  
**TEST CERTIFICATES PROVIDED**

**APPROVED CONTRACTOR**

**Immersion - Security Lighting - Fault Finding**  
Established in Upminster for 20 Years

Phone: 01708 250409 Mobile: 07956 335744  
5 Mersey Avenue, Upminster

## Parliamentary Elections



In the next few days, on June 8, we will all experience another parliamentary election only two years after the last and locally we will experience

the sight of a new MP for the Upminster and Hornchurch constituency. For years we have had MPs from the National Parties supposedly representing their constituents' concerns, though they are more often controlled by central office to vote in line with what the Government of the day wants. We hope the new MP will be of an independent mind and will put the interests of residents ahead of party membership. Whilst many are seeing this as a Brexit vote on exiting the EU, there are still many day-to-day issues that affect us all. Whoever is elected, if they don't represent the people then we may as well vote next time for an independent who,

unencumbered by a party political whip, will be a truly local voice!

Cllr DARREN WISE

## Thank You

Thank you to Richard Brasier and all involved in Stainer's 'Crucifixion' at St Laurence church, Palm Sunday Evening with the choirs of the churches in All Saints, Cranham, St Andrew Hornchurch, St Mary Magdalene North Ockendon and St Laurence Upminster - well done to all involved, it was an amazing evening service. Thank you to Shaun and the staff at Cranham Tandoori for helping All Saints Church, Cranham raise an amazing £500 for the Bishop's Lent appeal.

Revd Marion Williams

## Cranham Social Hall

Front Lane Community Association provides a range of social activities at Cranham Social Hall including:

**HUNTER AND CO.**  
Chartered Certified Accountants  
Chartered Tax Advisers

**FOR ALL YOUR ACCOUNTING AND TAXATION NEEDS**

195 St.Mary's Lane Upminster Essex RM14 3BU  
Tel: 01708 255555 Fax: 01708 255556  
Email: egh@eghunter.co.uk  
www.eghunter.co.uk

Parent's/Grandparents Club, Children's dance Clubs, Bridge Club, Tai Chi, Over 50s Club, Tea Dances and much more. We are looking to recruit younger able members who are capable of laying out tables and chairs at the various activities during the week. If you can help us please contact me on 01708 224166. Valerie Morris, Chair Front Lane Community Association, Cranham Social Hall.

## Dearest Ray

Celia Pyke has published a new book entitled 'Dearest Ray'. The book is about a young airman from North Ockendon whose Lancaster bomber was shot down during the Second World War over France. The book contains letters written by Ray and those received from his family, who farmed in North Ockendon, and are evocative of the era. It's available from Swan Books in Upminster, and Amazon.

## The Station Pantry

The Station Pantry on Station Road in Upminster is now open.

It is a small, family run bistro, that strives to make people feel 'welcome and at home.' Open from 7:30am, weekdays they have trained Baristas to serve coffee and pastries. For lunch they provide a menu including jacket potatoes, salads, baguettes, sandwiches and 'hot food specials,' whereas in the evening they serve a full evening menu cooked on the premises and are fully licensed. They source vegetables from a local farm shop in Upminster and meat from a local butchers. Their motto 'Eat, Drink, Social' really speaks for itself, as one customer said 'it felt like they were walking into our family home, for a home cooked meal.'

## Lost Keys

I would like to say a BIG thank you to the person who found my keys in The Chase area over the weekend of 7/10th April and handed them in to Romford police station. Unfortunately a digit was missing from your mobile number: but I believe you might live in Argyle Gardens. Your kindness is very much appreciated.

Carol

**FOCALPOINT LOFTS**  
est 1977

- Family run Upminster business.
- Established in Upminster for 40 years
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted

For more information, please call  
Gary or Christopher James:  
Home: 01708 250772 / 01708 250747  
Mobiles: 0777 311 8268 / 0795 002 5841

**FPL**

**CRANHAM ROOFING**

The Roofing Specialists

- Free no obligation quotations
- New roofs - strip and retile
- Flat roofs
- Chimney stacks - repoint/removed
- Guttering, fascia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed

TEL / FAX 01708 704260 (office)  
MOBILE 07860 752798 ( 24 hr call out )  
EMAIL: t.gagen@sky.com



## GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice  
by Ijazat, Shamim & Fizza Govani, Tommy Hai

64 Station Road, Upminster  
01708 220044

87 Front Lane, Cranham  
01708 224083

Free local collection and delivery of prescription service available upon request from  
housebound patients

[www.govanichemist.co.uk](http://www.govanichemist.co.uk)

## PLASTERING



- Professional • High Quality
- Reskim over Artex • New ceilings
- Clean and Reliable
- Cove & Cornice • Painting
- Cheapest Rates
- OAP Discounts
- Free Estimates
- 27 Years Experience
- Hornchurch and Surrounding Areas

**CONTACT: CLAY DAWKINS**

**TEL: 07961 379277 / 01708 470841**

**EMAIL: CLAY.DAWKINS@LIVE.CO.UK**

**The Right Cover at the Right Price with the Right Advice**

Insurance is more than just a piece of paper, it is peace of mind

Motor, Home and Commercial Insurance  
No extensions, No pressing buttons, No waiting  
Just real people with great quotes for all your insurance needs and real help when you really need it when it comes to a claim

**LG INSURANCE**

Providing competitive premiums for over 25 years



C6 The Seedbed Centre, Davidson Way  
Romford, RM7 0AZ (Opp Queens Hospital)  
Tele: 01708 730830 / 756000  
Email: [info@LGInsurance.co.uk](mailto:info@LGInsurance.co.uk)  
Web: [www.LGInsurance.co.uk](http://www.LGInsurance.co.uk)

Bromwich | Brentwood | Upminster | Romford | Thurrock | Chelmsford | Billerica | Barking | Epping | Harlow | Basildon | Southend



**30 YEARS EXPERTISE**

**Windows • Doors • Conservatories  
Fascia & Guttering • Flat Roofs**

FENSA



**'Your Local Home Improvements Specialists'**

**We are Trading Standards Approved**



**EVERYTHING ON DISPLAY  
AT YOUR LOCAL SHOWROOM**

Concept House,  
Billat Lane (opposite Salisbury's),  
Hornchurch, Essex, RM11 1JQ

For your FREE QUOTE CALL  
**01708 463 526**  
[www.conceptwindows.co.uk](http://www.conceptwindows.co.uk)

FREE/CUSTOMER PARKING

**RICKY ARCHER**

**Roofing Contractor**

Established 1987

Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs  
Three Layer and High Performance Felting - Leadwork - Pointing  
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden  
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on:  
Upminster 01708 226512 Mobile 07710327651  
Email: [ricky-archer@ntlworld.com](mailto:ricky-archer@ntlworld.com)

**M Bray**

**painting and decorating**

all aspects of decorating covered  
small jobs to complete re-decorations  
over 20 years experience  
polite service - clean and tidy work with a high quality finish  
local references available

**Tel: 01708 223608 / 07983 486655**  
**e-mail: [mathew.bray@sky.com](mailto:mathew.bray@sky.com)**

**TAYLOR ELECTRICAL  
INSTALLATIONS LTD**

- FREE ESTIMATES
- FAST RELIABLE SERVICE
- REWIRES - REPAIRS - MAINTENANCE
- ADDITIONAL LIGHTING & POWER
- DISTRIBUTION BOARD UPGRADES
- HOME BUYER'S REPORTS
- FAULT FINDING
- 30 YEARS EXPERIENCE
- JIB REGISTERED
- FULLY INSURED
- FULLY QUALIFIED
- PART P REGISTERED



**01708 227720 MOB: 07890 519109**



**SMASH CAMPS**  
**WHITSUN HOLIDAYS**  
28TH MAY TO 2ND JUNE

**HOLIDAY PROGRAMME**

NEW - SMASH ALL INCLUSIVE RESIDENTIAL  
NEW - WATER SPORTS WEEK  
MULTI- ACTIVITY DAYS AND WEEKS  
BANK HOLIDAY PARENTS GO FREE EVENT

CHILD CARE  
VOUCHERS  
ACCEPTED  
SCHOOL  
YEARS  
2 - 11

Book online NOW or call 01708 224 753  
Upminster, Essex - [www.smashcamps.co.uk](http://www.smashcamps.co.uk)



**CLUBBERCISE**  
Monday 9.30am - 10.30am  
@ Trinity Church with Crèche  
Wednesday 7.30am - 8.30pm  
@ Coopers School

**H.I.I.T.**  
Wednesday 9.30 - 10.30am  
@ Trinity Church with Crèche

**SEATED WORKOUT**  
Thursday 12.30 - 1.15pm  
@ Cranham Community Centre  
Friday 10.30 - 11.30am  
@ West Hamdon Village Hall

**PIYO**  
Monday 7.30 - 8.30pm  
@ Trinity Church

**ZUMBA FITNESS**  
Monday 7.15 - 8.00pm  
@ Coopers School

**FITNESS PILATES**  
Tuesday 7.30 - 8.00pm  
@ Coopers School  
Wednesday 7.00 - 8.00pm @ Coopers School  
Thursday 9.30 - 10.30am @ Trinity Church

**LEGS BUMS & TUNS**  
50+ Tuesday 9.30 - 10.30am @ Trinity Church  
Thursday 7.00 - 8.00pm @ Trinity Church

**ZUMBA GOLD**  
Monday 10.45 - 11.45am @ Trinity Church  
Wednesday 10.45 - 11.45am @ Trinity Church

Call Sally for more info **01708 915455 / 07855 534631**  
[www.exercisewithsallyguise.co.uk](http://www.exercisewithsallyguise.co.uk)  
exercise with sally guise

## BRICK PAVING BY PETER JONES

[www.brickpavingbypeterjones.co.uk](http://www.brickpavingbypeterjones.co.uk)

### SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

### DESIGNED TO YOUR NEEDS

- WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS
- CATALOGUE AND PREVIOUS WORK AVAILABLE
- WEBSITE AND FACEBOOK SHOWING EXAMPLES
- HELP AND ADVICE WITH DESIGN AND LAYOUT
- ALL YOUR CONSUMER RIGHTS WILL APPLY
- ALL WORK GUARANTEED

Tel: Office:  
01708 780000

Tel: Home:  
01708 733088

All work carried out by responsible tradesmen



Established over 30 yrs

## Submission Deadlines

We often get asked for the submission deadline dates for sending in articles or adverts to the *Bulletin* for publication. On page 22 you will now find the deadlines for submissions.

## Bottle of Whisky Ceremony



Members of the local Upminster ward panel together with Police officers, members from the Canadian Embassy and two officers dressed in World War 1 clothing attended an unusual but poignant ceremony with a historical link. Sergeant Brad Swan from the Canadian police force came to Upminster to return a bottle of Johnny Walker whisky to replace the one his

grandfather Private Alfred Stephen Swan from the Canadian 4th Battalion, 1st Division C.E.F acquired after return from the Vimy frontline in France 1917. Private Swan was visiting Upminster and popped into Victoria Wines off-licence, nobody was around to serve him and as he needed to get on the approaching steam train he took a bottle of whisky. In his diary he wrote that if he ever returned he would return the bottle he took and his grandchildren Brad, Sylvia and Angie decided to honour his word and hand back a bottle.

## Litter Strategy Falls Short



As details of the government's long awaited 'litter strategy' emerge, it seems that sanctions suggested against fly tippers will

be no more than being pressed into litter picking duties, while

litterers face the prospect of fines of up to just £150! Fly-tipping costs local authorities across the country some £100m per year. It is an extreme example of anti-social behaviour and needs much tougher sanctions than being required to pick up litter for a few hours on a Saturday afternoon. It is tremendously frustrating for councils (and council tax payers) to constantly bear the cost of cleaning up after fly-tippers, only for the proposed sanctions to be so weak. The most sustainable answer to the problem is long term behavioural change. Much like drink-driving, we need to make littering and fly-tipping absolutely socially unacceptable. A more robust response from the criminal justice system with tougher sentences, confiscation of vehicles and full cost recovery, along with increased capacity for agencies to enforce, would send the right message to those who think our roads and countryside are civic dumps.

Clr CLARENCE BARRETT

## U.C.R.A Coach Outing News

EASTBOURNE Saturday 15th July

The annual seaside trip to the ever popular Eastbourne. Everything is within easy reach with the seafront promenade virtually leading straight on to the foot of the beautiful Eastbourne Downs and Beachy Head, and the town centre just a few yards walk from the centrally located Victorian Pier. There's a huge range of restaurants & cafes or just relax on the beach with a cold beer. Tickets are £15.00 each and booking details can be found on page 22.

## Exercise Classes

Exercise with Sally Guise has been running classes in the Upminster area for the last 18 years. Sally runs a variety of different classes in the local community for all ages and different fitness levels; Clubbercise this class has a creche for new born babies through to pre school, H.I.I.T class High intensity interval training also run with a creche, Legs Bums and Tums, Fitness Pilates, Zumba and Zumba Gold for the older adult 50+ in age a low impact class for those

continued on page 7

FED UP WITH YOUR DIRTY DRIVEWAY?

**ADVANCED POWER WASH**

SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory.  
All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan ■ 01708 445112 ■ 07889 139916  
[www.advancedpowerwash.co.uk](http://www.advancedpowerwash.co.uk)

**ESSEX TREE SURGEONS**

Est. 25 years

Trees felled – lopped – pruned – shaped  
Hedges and conifers trimmed

Free estimates

Bill Venton 01708 375052 and 07831 511666  
[info@essextreesurgeons.com](mailto:info@essextreesurgeons.com)

All work carried out by qualified tree surgeons • £2m Public Liability Insurance

**MR PLUMBER**

D T Moore Plumbing Services

- Trading Standards recommended Plumber.
- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David

07931 553631 mobile 01708 223561 home



**Ap JOINERY**  
EST 20 YEARS  
HARDWOOD SPECIALISTS

- Supply only or supply and install
- High quality windows, doors and conservatories
- Leaded lights and coloured glass
- Unique old-fashioned front doors

FREE FRIENDLY ADVICE • FREE ESTIMATES

**01708 757675**





**Tudor Construction Company**  
SERVING UPMINSTER SINCE 1955

EXTENSIONS, CONVERSIONS, LANDSCAPING,  
MAINTENANCE FREE UPVC BARGE BOARDS,  
FASCIAS, SOFFITS, GUTTERING, WINDOWS AND DOORS

PHONE 01708 222330/223241  
WHERE QUALITY AND SERVICE COME FIRST





**ATOM**  
ELECTRICAL SERVICES

TELEPHONE: 01708 223669  
MOBILE: 07967 603606

- REPAIRS & INSTALLATION • REWIRING
- FAULT FINDING • SHOWERS • COOKERS
- SOCKETS • LIGHTS • EXTERNAL ELECTRICS

**Progressive OPTICAL**

DISPENSING OPTICIAN Est. 1948

POLO  
production & denmark

VOGUE

Ray-Ban

MICHAEL KORS

PRADA

Silhouette

WILLIAM MORRIS

Large Frame Selection Always Available  
Most Prescriptions Ready Within 24 Hours  
Budget Range From £35 All Inclusive  
All Types Of Lenses Available  
NHS & Eyecare Vouchers Accepted  
Free Customer Parking

165 North Street, Barking, Essex, IG11 8LA  
Or visit us online [www.progressiveoptical.co.uk](http://www.progressiveoptical.co.uk)

info@progressiveoptical.co.uk  
0208 594 1647 / 0160

We accept all major debit and credit cards  
VISA

**SOUTH EAST HEATING**

DOMESTIC AND COMMERCIAL  
GAS, CENTRAL HEATING AND PLUMBING  
INSTALLATION SERVICING AND REPAIRS

**BOILER REPLACEMENTS  
GAS SAFETY CHECKS  
LANDLORD CERTIFICATES**

New for 2014 - Service Contracts (please ask for details)

**FULL BATHROOM INSTALLATIONS**

TEL/FAX: 01708 221 500  
MOBILE: 07956 481 819  
MOBILE: 07961 151 551  
E-mail: [southeastheating@btconnect.com](mailto:southeastheating@btconnect.com)

safe  
iphe  
CORGI



**Church View Dental Clinic**

We provide NHS & Private care  
Dental Implants, Invisalign, Six Month Smile, Dermal Fillers,  
Flexible Dentures, Whitening, Crowns & Bridges

Call now to speak to one of our friendly staff to  
book an appointment on tel: 01708 220563

Or you can visit us at [www.cvdent.co.uk](http://www.cvdent.co.uk)  
34a Station Road, Upminster, Essex RM14 2TR

**EVERYTHING GLASS LTD**

proud partner of  
saint francis hospice  
living with dignity

10-YEAR GUARANTEE  
MASTERS CRAFTSMAN  
TRADING STANDARDS  
APPROVED  
BUILT WITH  
CONFIDENCE

- ALL GLASSWORK UNDERTAKEN
- LEADED LIGHT REPAIRS
- MISTED OR BROKEN DOUBLE GLAZED UNITS
- HINGES, LOCKS, HANDLES REPLACED
- PATIO DOORS / FRENCH DOORS
- SINGLE GLAZE REPAIRS / TRADITIONAL PUTTY WORK
- TOUGHENED / LAMINATED GLASS FITTED

- No call out charge
- No job too small
- 30 years experience
- All work guaranteed
- Insurance work undertaken
- O.A.P discount

hcci  
haringey chamber of commerce and industry

Paul

Mobile: 07958 550796 Office: 01708 551314

**Gidley Building Contractors**

Twitter Facebook

- Home refurbishment specialist
- Extensions and loft conversions
- Alterations and knock through's
- Kitchens and bathrooms supplied & installed
- All general building
- Plumbing and heating, gas and electrical works
- All work fully guaranteed and carried out by qualified tradesmen
- Fully Insured

Your local specialist building & refurbishment contractor  
Call us on 01708 229031 or 07917 002628 for a quote  
E-mail: [richard@gidleybuilders.co.uk](mailto:richard@gidleybuilders.co.uk)  
Portfolio of work available to view online at -  
**[www.gidleybuilders.com](http://www.gidleybuilders.com)**

**LOVE CLEANING 4U**

**Need a cleaner for your home?**  
No contracts . Pay by the hour  
Friendly, honest cleaners

Check us out at: [LOVECLEANING4U.CO.UK](http://LOVECLEANING4U.CO.UK)  
and let us make your life easier!

We also provide an Ironing,  
Laundry and Dry Cleaning service  
with Free Collection and Delivery

Call us on 01708 445921  
Or go to [lovecleaning4u@hotmail.com](mailto:lovecleaning4u@hotmail.com)



# L. J. NICHOLLS

INTERIOR & EXTERIOR  
PAINTING, DECORATING &  
PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

## AC PLASTERING



All Plastering  
Plaster Over Artex  
Specialists in Re-Skimming  
Coving  
Tiling



QUALITY WORK AT AFFORDABLE PRICES

Allan Carey

TELEPHONE: 01708-474-624 MOBILE: 07711-675-086

wanting to get active have fun and dance to great music a less intense pace. See new ad on page 4. <http://www.exercisewithsallyguise.co.uk> or call Sally on 07855 534631.

## Community Health Champions Wanted

If you are interested in promoting good health and wellbeing and you live or work in Havering, you can apply to become a Community Health Champion. Tapestry have again been commissioned by Havering Council to provide free, accredited training leading to an RSPH Level 2 qualification which contains guidance on how to help people we meet in everyday life to make informed choices about their own wellbeing. Once qualified, Health Champions will be offered free optional modules of training in areas such as nutrition and mental health to assist with signposting people to any information and support they may need. In return you will be invited to take part in

short Focus Groups to discuss feedback of your community role to assist with the project evaluation. For more information, or to apply to book onto the course, please call our team on 01708 797705 or email us on: [myhealthmatters@tapestry-uk.org](mailto:myhealthmatters@tapestry-uk.org)

## Mayor's Civic Award

Delighted to inform you that the Mayor presented Paul Wood with this award at Romford Town Hall. Paul was born in Romford and travels throughout the UK and Europe performing in clubs and theatres as a professional singer. As Chairman of the charity Veterans of War, you will find Paul serving customers in their charity shop in The Quadrant, Romford. The charity helps people who have served in the British Armed Forces.

Denise Speight

## Spring and Summer Challenge

Each year Councillors receive calls and letters from residents with

The Specialist Carpet, Rug, Upholstery, Leather & Hard Floor Cleaning Co.

Mobile: 07768 667824  
[www.djkcleaning.co.uk](http://www.djkcleaning.co.uk)  
DJK offering a quality service at a reasonable price.

CALL DAVID KENDALL FOR A FREE QUOTE

**DJK Cleaning Services Ltd**  
The Carpet & Upholstery Cleaning Specialists



concerns over blocked pathways. We all enjoy the spring bulbs, blossom, greenness of the grass and the pending summer months. One down side is the growth of shrubs and bushes that may require maintenance. I, like others, have plants and shrubs on my front boundary wall that may start to block the pavement outside of my property; I can already see that we need to do some pruning! Please ensure you consider any foliage that has overgrown and restricting pedestrians, motorised vehicles and mothers with pushchairs and prams. Also be mindful of shrubs and plants that are sharp at children's eyelevel that could cause harm.

Cllr GILLIAN FORD

## Trees

I am often asked about trees, and if a TPO( tree preservation order) can be considered for them. Generally speaking, an

order can be placed on an individual tree, a clump of trees or even an entire woodland, they are not intended for highway trees, or those in our parks, as they are Council owned, and under the care of the Council. The tree must be considered as an asset - be clearly seen by the public and of a rare type or age. The tree must be healthy. Basically, if you think a tree would be missed if it was felled, then an order can be considered, Please let me know of any that you consider could have a TPO.

Cllr LINDA HAWTHORN

## Hope Bereavement Course

Are you struggling with everyday life after your loss? Grief is an ordinary and natural part of life - sadly, an unavoidable experience for all of us. Joining a group of like-minded people, such as a HOPE Bereavement Support Course developed by West and Coe may help you.

Each course runs weekly for six

*continued on page 9*

# All your favourite brands are in store

We have the best choice of upholstery, dining, beds, bedrooms, carpets, rugs, flooring & curtains all under one roof.

DURESTA

Old Charm



ercol

Parker Knoll



Relyon



nathan  
The Master Craftsman

VI-SPRING  
Life Changing



TEMPUR  
MATTRESSES AND PILLOWS

HYPNOS  
The Most Comfortable Bed in the World

VENJAKOB  
Respring deck Design and Quality

dunlopillo  
NATURAL COMFORT SINCE 1929

Harrison



Vale Bridgecraft  
THE ART OF THE CRAFT



## BRAND PRICE MATCH

We believe our prices reflect genuine value for money. Coupled with a superior level of service, free local delivery and after sales care, we are confident our brand prices cannot be beaten. If you find, from a reputable store (including online), the identical product and service package at a lower price, we would welcome the opportunity to price match.

[www.roomes.co.uk](http://www.roomes.co.uk)

22-24 Station Road,

Upminster, Essex RM14 2UB.

Telephone: 01708 255300

# ROOMES

Furniture & Interiors • Est 1888

## PGM Heating & Plumbing

NO CALL OUT CHARGES - NO JOB TOO SMALL  
FREE ESTIMATES - QUICK RESPONSE  
ALL WORK GUARANTEED

- All aspects of Heating and Plumbing work undertaken
- Complete Central Heating/Boiler Installations/Service
- Bathroom Installation
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates



Tel: 01708 227797  
Mob: 07734 228417  
[www.pgmheatingandplumbing.co.uk](http://www.pgmheatingandplumbing.co.uk)

## UPMINSTER REFURBISHMENTS

### THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE  
SHOWROOM WITH EXTENSIVE RANGES TO VIEW  
GRANITE WORKTOPS SUPPLIED AND FITTED  
FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)  
TOTAL REFURBISHMENT FROM START TO FINISH  
PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY  
GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED  
ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION..

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION



## Combi Boiler Repairs

Saunier Duval

Vaillant



IAN LEWIS

POTTERTON

ELIASI

Installation, Service, Repairs,  
Power flushing, Insurance

01708 440581



## Crusaider First Aid

Relaxed expertise you can trust



For All First Aid Training Courses  
First Aid at Work, Paediatric, Sports, Emergency, A&D Courses  
All certificates are accredited and last 3 years  
Over 30 years experience training emergency services  
For more information contact David:  
[www.crusaiderfirstaid.com](http://www.crusaiderfirstaid.com) info@crusaiderfirstaid.com  
Tel: 01708 202277 Mobile: 07946 628416

M.P. Williams

Professional Bathroom & Kitchen  
Installations

Plan & design, plumbing, plastering, tiling,  
electrics, carpentry, painting & decorating.

For a free estimate call Matt

Tel: 01708 259696 Mobile: 07790 753850

Email: [m.p.williams.bathrooms@gmail.com](mailto:m.p.williams.bathrooms@gmail.com)



GARY COE JEWELLERS  
ESTABLISHED 1981



Fully equipped workshop  
Diamond & Engagement ring  
specialists / Bespoke Wedding rings  
Engraving / Full repair service  
Watch batteries / Watch repairs / Valuations  
Best prices paid for your old gold

35 Cedar Avenue Upminster Essex RM14 2LN

Tel 01708 222696 Mobile 07771 802624

[www.garycoejewellers.co.uk](http://www.garycoejewellers.co.uk)

Cranham  
Dental  
Centre

15  
YEARS

Quality Dental Care  
& Service in a Modern Family  
Friendly Environment



a  
healthier  
smile for  
life

\*\*\*\*\* New Website & Live Online Bookings \*\*\*\*\*

Inviting all New NHS & Private Patients to Join our Practice.

call 01708 228 291 now

\*\*\*\*\* [www.cranhamdentalcentre.co.uk](http://www.cranhamdentalcentre.co.uk) \*\*\*\*\*

[reception@cranhamdentalcentre.co.uk](mailto:reception@cranhamdentalcentre.co.uk)

141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ



All building works undertaken.

All roof repairs - Flat Roofs - High Performance  
Felting - UPVC Fascias & Soffits - Guttering  
Leadwork - Re point and Remove Chimney Stack

[LRroofingltd@hotmail.com](mailto:LRroofingltd@hotmail.com)



07929 334990  
01708 534411



# CEDAR TREE CARE

Pruning - Felling - Stump Removal



**01708 301 371**

**07946 216 150**

Website: [www.cedar-treecare.co.uk](http://www.cedar-treecare.co.uk)  
Email: [cedartreecare@qualityservice.com](mailto:cedartreecare@qualityservice.com)

Cedar Avenue, Upminster, Essex

weeks. The sessions last about an hour and a half and are led by trained facilitators. They are free of charge and open to people of all faiths and none. You are very welcome to join our next HOPE bereavement course starting on Friday morning starting on the 9th June in Upminster. To find out more contact Linda on 07500 724169 or Email [heathandhaveringhope@gmail.com](mailto:heathandhaveringhope@gmail.com)

## KINDAS

By the time you read this article Kindas the Schoolwear shop that has been a feature of Upminster life for well over 65 years will have closed. Readers may recall that it was owned and operated by my late sister Claire Poulten from the mid 1980's until her sudden death in October 2015. My thanks once again to Cllr Linda Hawthorn for her kind remarks about my sister and to those who made generous donations to the British Heart Foundation. It proved impossible to run the shop beyond the short term and therefore it was with great sadness that the family decided to sell up. Fortunately Haverling Schoolwear headed by Mubashir Tufail have taken over the business and although the name of Kindas will no longer be used and the shop

put to another use, we are very sure that Haverling Schoolwear will be excellent successors. Finally a big thank you to the Schools, Parents and Pupils who shopped at Kindas and who my late sister thoroughly enjoyed serving

John Poulten

## John Penrose

John Penrose was well known locally where he owned a Tailors shop in St Mary's Lane for many years. At that time he supported St Francis Hospice but in retirement he joined with Pauline Obee and they opened the Rainbow Trust Charity Shop in Harold Wood. Every Monday and Thursday for 24yrs you would find him in that same charity shop and always with a tape measure at the ready! Alas no longer, illness hit John on April 18th the very day he was to have received a Community Award from the Mayor of Havering. He died at his home in Brentwood on Monday, April 24th. Reliable and friendly a gentleman of a by-gone era he was very popular with the customers and can never be replaced. Outside the shop his skills as a Magician led him to

*continued on page 11*

# ICOL SECURITY SYSTEMS

ESTABLISHED 1984

**Can you afford un-invited guests?**  
**Before they arrive: fit a burglar alarm**  
**FOR A FREE SURVEY-RISK ASSESSMENT**

OF YOUR PREMISES

**Contact us on:**

**Freephone 0800 043 0835**

**(LOCAL 01708 226385)**

Repair and maintenance of all existing alarm systems



**Service is our first concern**

[www.icolsecuritysystems.com](http://www.icolsecuritysystems.com)



# HILLIS

**SECURITY SYSTEMS**

Established 1996

**Which?**  
Trusted trader



**DON'T WAIT TO BE BURGLER!**

Protect your home with a professionally installed  
**WIRELESS BURGLAR ALARM**

**Excellent service from the very first call.**

**Approved by Which? & Trading Standards**



Free survey & no obligation quotation

**01708 250600**

[www.hillissecurity.co.uk](http://www.hillissecurity.co.uk)



St Laurence House, 2 Gridiron Place, Upminster, RM14 2BE

## A&Z Accountancy Ltd

A personalised accounting service for individuals, contractors and limited companies from an ACCA qualified accountant. Our prices are as follows:

**Sole Traders/ Partnerships - £30/month**

**Limited Companies - from £60/month only!**

Email: [Enquiries@AZAccountancyLtd.co.uk](mailto:Enquiries@AZAccountancyLtd.co.uk)

Website: [www.AZAccountancyLtd.co.uk](http://www.AZAccountancyLtd.co.uk)

Call: 078 0915 3557

**Self Assessments**  
**only £100**

## HOME GROWN HARDY OUTDOOR PLANTS

at

## LONG HOUSE PLANTS

Shrubs•Perennials•Grasses•Ferns•Climbers•Bamboos

- An independent nursery with a friendly atmosphere
- Resident expert for free advice
- Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill,  
Romford RM4 1LD

**01708 371719** [www.longhouse-plants.co.uk](http://www.longhouse-plants.co.uk)

Open from first weekend in March to last weekend in  
September on Fridays & Saturdays 10-5, Sundays 10-4  
& Bank Holidays 10-5

ESTABLISHED 1821



## GATES, PARISH & CO.

Chartered Surveyors, Estate Agents, Valuers  
D. J. Parish, F.R.I.C.S

**THE ESTABLISHED UPMINSTER ESTATE AGENTS FOR OVER 90 YEARS**

- SALES OF RESIDENTIAL PROPERTY
- VALUATIONS FOR ALL PURPOSES
- SURVEY REPORTS
- RESIDENTIAL LETTINGS
- RENT REVIEWS
- LANDLORD & TENANT MATTERS
- EXPERT WITNESS REPORTS
- PROPERTY MANAGEMENT

**32, STATION ROAD, UPMINSTER Tel: 01708 250033**

Fax: (01708) 220844

Website: [www.gates-parish.co.uk](http://www.gates-parish.co.uk)



## Chauffeur Me (Travel)

For all enquires call Darren

07947 576642

www.chauffeur-me-travel.com

Chauffeur driven in comfort  
Eight Seater - Fully Air Conditioned - Privacy Glass - Satellite Navigation

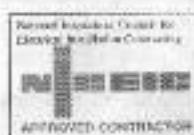
Special functions  
Shopping days  
Night clubs  
Weddings  
Race days  
Restaurants  
Airports  
Theatres  
Spoil yourself days

## CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

- Domestic & Commercial
- Re-wires
- NICEIC Test Reports
- Fuse Board Up-grades



TEL: 01708 223046  
MOB: 07710 282110  
66 Moor Lane Upminster



Interested in Triathlon or Multi-sport disciplines?

www.havingtri.co.uk



@havingtri



Having Tri

Contact Kay Hamilton 07957 567915



K.A.S.

Adults Learn To Swim and Improver Lessons

www.kasuk.co.uk

Qualified ASA Teacher



Kays Adult swim



We are a friendly, modern private practice, with state of the art facilities, located in Hornchurch.

As a patient, you will receive care solely from Dr. Malcolm Stander, a talented, gentle and very experienced dentist, who has been creating beautiful smiles for over 30 years.

His special interests are in general and cosmetic dentistry and the treatment of nervous patients.

Stander Dental Care, 57a High St, Hornchurch, Essex, RM11 1TP  
Tel: 01708 442888

VISIT OUR WEBSITE: WWW.STANDERDENTALCARE.CO.UK

It's like an Aladdin's cave.

S&A

WEDDING & PARTY SHOP

DECORATIONS • WRAPPING • LIGHTS • BALLOONS • FANCY GOODS •  
PARTYWARE • WEDDING BOUQUETS • SILK FLOWERS • POSIES ETC

### OPENING TIMES

TUESDAY, WEDNESDAY & SUNDAY 10.00 am - 4.00 pm

THURSDAY, FRIDAY & SATURDAY 10.00 am - 5.00 pm

CLOSED ON MONDAYS

Rear of High House Garden Centre,  
Corbets Tey Road, Upminster Essex, RM14 2DN

01708 220802

www.partyflair.co.uk

## Lawton & Stoakes



Your Local Vet For  
Pets - Big Or Small

- Caring for all types of pets
- Ophthalmic department
- Personalised service
- Open until 7pm weekdays
- Excellent surgical facilities
- In house advanced treatments
- Interest free payment plans\*



Martin P.C. Lawton  
BSc (Hons) VetMB, Cert (Gen Pract), Cert (Vet) (Hons)  
RCVS Registered Specialist

Lynne C Stoakes  
BSc (Hons) VetMB

\*Terms & Conditions Apply

to make an appointment please call

01708 384444

8-12 Fitzalan Avenue, Harold Wood,  
Romford, Essex, RM1 0QS

www.vets.gb.com



LOOK BETTER...  
FEEL BETTER...  
MOVE BETTER...

Pilates in Upminster & Cranham & Bulphan (Mon-Fri)

High level of supervision and correction in a small group with highly qualified teachers



Beginner Courses • Improver & Intermediate Classes • Men Only Pilates • Post Natal Pilates for Osteoporosis • Pilates for Seniors • Pilates for Breast Cancer • Pilates Retreats



### Appointments

in Upminster (Mon-Sat)

Sports/Remedial Massage

Deep Tissue/Relaxation Massage

Pilates 1:1 or 2:1

Personal Training 1:1 or 2:1

Call 07411 826721 or Book Online

www.upminstersportsmassage.co.uk



## HOME CARE SERVICES

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

MEDICATION SUPPORT

PERSONAL CARE

COMPANIONSHIP

RESPIRE

DEMENTIA & ALZHEIMERS

LIGHT DOMESTIC

NUTRITION & DIET SUPPORT

24 HOUR SUPPORT

REABLEMENT SUPPORT

HOSPITAL DISCHARGE

SOCIAL & LEISURE ACTIVITIES

END OF LIFE

CONTACT US ON:

01708 301 111

or 07538 709 012

WEB: www.kareplus.co.uk/romford

EMAIL: kpromfordrm@kareplus.co.uk

KARE  
PLUS  
ROMFORD

**Pinney Talfourd**  
SOLICITORS

*A bespoke legal service tailored to your needs*

Pinney Talfourd is one of the UK's leading law firms providing specialist services for individuals and businesses

[www.pinneytalfourd.co.uk](http://www.pinneytalfourd.co.uk)  
E mail@pinneytalfourd.co.uk

Upminster T 01708 229444  
Brentwood T 01277 211755  
Hornchurch T 01708 511000  
Leigh-on-Sea T 01702 418433

**LEGAL 500**  
Lexcel

entertain at many fundraising functions. He held key position of President of the London Magic Circle for many years and the Ilford Magic Circle were to benefit from his lifetime loyalty. A modest man of many talents never to be forgotten.

Pauline Obee

## Old Chapel Events

**Sun 4th June, 2.00pm-5.00pm - General Open Day**

**Wed 14th June, 10.30am - Tea and Talk, Larger than Life Victorian and Edwardian Upminster Characters**

Our resident local historian, Tony Benton returns for another talk about Upminster's past. Free for friends of Old Chapel or £2 for non-members.

**Sun 18th June, 2.00pm - 5.00pm - Victorian Tea Room**

The Victorian Era began 180 years ago and to celebrate the Victorian Tea Room is back! Come and enjoy a traditional afternoon tea whilst listening to harpist Hilary Barkwith play. There will also be Victorian themed crafts for children to enjoy. Free Entry. For booking on the above talk contact Charlotte Coombes on 01708 642919

## Little Havens Summer Fayre

Little Havens Summer Fayre will be held on Sat. 3rd June at the St Laurence Church Hall, RM14 2BB from 1000-1600. There will be a raffle, tombola, face painter, white elephant, plant stall, refreshments, kids games and father's day gifts and many more. A special guest appearance will be made by the Star Wars Garrison 501 Storm Troopers throughout the event, who will be available for photos and memorabilia. Entry is free but donations will be gratefully appreciated.

## Cappella Singers Concert

The Cappella Singers of Upminster are presenting their Summer Concert on Friday 30th June 2017 at 8.00 p.m. at The Old Chapel, St. Mary's Lane, Upminster (next to the Sacred Heart of Mary School). Tickets £10 inclusive of light refreshments may be purchased on the door or in advance from Mr. Ian Pirie (01708 641718).

## PARKDRIVE PAVING & LANDSCAPES

*25 Years Experience*

- DRIVEWAYS
- PATIOS
- BRICK WALLS
- FENCING
- INDIAN STONE
- TURFING

FREE ESTIMATES / PORTFOLIO

ALL WORK GUARANTEED!

01708 750209 / 07826 207310

[www.haverlingpavinglandscaping.co.uk](http://www.haverlingpavinglandscaping.co.uk)

## Midsummer Magic!

Romford Summer Theatre has been performing Shakespeare in the park for over 60 years and this year the show is A Midsummer Night's Dream - opening on midsummer's day. A confection

of love and dreams, magic, mayhem and merriment, this wonderful play never fails to please. If you fancy some midsummer fun, the performances are on The Rockery, Raphael Park, Romford on 22, 23, 24, 29, 30 June & 1 July at 8pm. Tickets £10 available at the gate.

## Mobile Locksmiths

*Specialising in all UPVC & Composite Door Multipoint Locking Systems / Handles & Cylinders*

We also supply and install, all Locks, Key Safes, Mul-T-Lock Cylinders & Keys, Insurance Approved Safes, Window Locks, Security Grilles, Gates, New PAS 23/24 Insurance Approved Doors.

Office: 01708 453 168

Jamie: 07968 940 678

Ollie: 07515 519 971

**ATCL LOCKSMITHS**

*We are approved by & have the following accreditations*



Around The Clock Locks Ltd, 45 Elms Farm road, Hornchurch Essex RM12 5RH

## R.R. CONSTRUCTION LTD

**EXTENSIONS  
GENERAL BUILDING  
OVER 30 YEARS EXPERIENCE  
FULLY INSURED**

PLANS DRAWN & SUBMITTED TO COUNCIL  
ELECTRICAL, PLUMBING, PLASTERING  
GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

**Tel: 01708 251282**

[www.buildingservicesupminster.co.uk](http://www.buildingservicesupminster.co.uk)

## ESSEX SUPREME CARPET CLEAN



**Upminster based**



**Fully Insured**

**Carpets, Rugs, Upholstery & Mattresses  
Competitive prices & Multi-room discounts**

**CALL DAVID FOR A QUOTE**

**Tel: 01708 702194 Mob: 07818 408217**

**email: [essexscc@gmail.com](mailto:essexscc@gmail.com)**

**[www.essexsupremecarpetclean.co.uk](http://www.essexsupremecarpetclean.co.uk)**



- Structural & House Purchase surveys & reports
- Fire & Subsidence Damage surveys & reports
- Party Wall Awards and Schedules of Condition
- Design and planning service – domestic and commercial
- Project/Contract Management

## THE EVERETT PARTNERSHIP



Chartered Building Surveyors  
Building Engineers & Consultants  
Planning Supervisors

The Lodge, Little Gaynes Lane, Upminster, RM14 2JB  
Tel: 01708 227108 Fax: 01708 220867  
E-mail: [esp@upminter.com](mailto:esp@upminter.com)



## Speak the World

Language School



If you want to learn a language, this is definitely the way. You can learn: French, German, Italian, Russian, Spanish, Portuguese, Dutch, Mandarin or English as a second language with our innovative teaching method based on communicative approach. For more information please contact us on: 07801 927564

We prepare students for GCSE and A-Level exams

website: [www.speaktheworld.co.uk](http://www.speaktheworld.co.uk)

email: [info@speakttheworld.co.uk](mailto:info@speakttheworld.co.uk)

## UPMINSTER KITCHENS & BEDROOMS

SIMPLY FINE KITCHENS & BEDROOMS

Showroom open 9.30am - 5pm Monday to Saturday  
Full design and installation service

SIEMENS & NEFF APPLIANCES

BLANCO SINK & TAPS

GRANITE & QUARTZ WORK SURFACES

FREE ESTIMATES • WHICH TRUSTED TRADER

161 St Mary's Lane, Upminster, RM14 3BL  
T: 01708 222250

E: [info@upminsterkitchensandbedrooms.co.uk](mailto:info@upminsterkitchensandbedrooms.co.uk)  
[www.upminsterkitchensandbedrooms.co.uk](http://www.upminsterkitchensandbedrooms.co.uk)

# ALEX

ELECTRICAL CONTRACTS



- RE-WIRES
- PAT TESTING
- PART RE-WIRE
- INSPECTING AND TESTING
- FUSE BOARD UPGRADES
- FAULT FINDING

Telephone: 01708 744 226 • [alexelectrical.co.uk](http://alexelectrical.co.uk) • e: [info@alexelectrical.co.uk](mailto:info@alexelectrical.co.uk)

FAMILY  
BUSINESS  
SINCE 1976



NO JOB  
TOO BIG  
OR SMALL

## A.C.E ROOFING CO. LTD

CALL US FOR A FREE NO OBLIGATION ESTIMATE

# 01708 227 701

THE GROVE, UPMINSTER ESSEX, RM14 2ER  
[WWW.ACEROOFING.CO.UK](http://WWW.ACEROOFING.CO.UK)



## AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials  
supplied and fitted.  
Satellites installed.  
Aerial & dish realignment  
TV extra points

[www.aerialsdirect.co.uk](http://www.aerialsdirect.co.uk)

[www.aerialsupminster.co.uk](http://www.aerialsupminster.co.uk)

01708 347257



## Longfellers tree surgery and garden care

qualified arborists and gardeners  
city & guilds, nptc

INSURED

Free estimates

Phone: 01708 641289

Mobile: 07984 524392



## MBM Electrical Services Ltd



Based in Upminster/over 30 years experience

- \*Full/part Rewires
- \*Fuseboard Upgrades
- \*Extra light/ sockets
- \*Outside supplies
- \*Testing/ Fault finding
- \*Certificates/ Safety Report
- \*Fully Qualified
- \*Fully Insured

**Your Satisfaction Is Our Guarantee**

Tel: 01708 704142 Mobile: 07971 293569

Email: [info@mbm-electrical.co.uk](mailto:info@mbm-electrical.co.uk)

Web: [www.mbm-electrical.co.uk](http://www.mbm-electrical.co.uk)

## Ransom Health & Fitness

Your local Personal Trainer

Whether you are super fit or wanting to start leading a healthier, happier lifestyle, personal training would be ideal for you.

Training with me ranges from £20-40 ph

One to one training - house visits - gym workouts -  
group training - workshops - pre and post natal

I have 15 years of experience and an enthusiasm for fitness, health and enjoying a fun filled life!

Call me or text on 07834 228 047

I'm based at In Fitness In Health Gym, Upminster  
Book your free session specific to what you need

## KUSOOM BUGH



### RESTAURANT

Family run business- est 1978  
Fully licensed & Air Conditioned

#### Opening Hours

7 days a week, incl Bank Holidays  
Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm  
Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

**174 St Mary's Lane, Upminster, RM14 3BT**

**Tel: (01708) 220038 or 222606**

## Girls Brigade New Members

The 3rd Hornchurch Girls Brigade are looking for new members aged 4-14 years. Sports, Crafts, Badge Work and Games and outings are just a few of the fun activities we do at Girls Brigade. Our values are Having Fun, Keeping Safe and Sound! Friendship, Living Life and Giving encouragement for every girl to celebrate who they are. St Andrews Church Hall, High Street, Hornchurch on Fridays (term time) 6-7:30pm. For more information contact Karen Speller 07951 744788 or Emma Wilkin 07931 229823.

## Drama Summer Workshop

Occasional Dance Theatre School Upminster are running a 'BEAUTY & THE BEAST' Drama Summer workshop. Two fun filled magical days for children aged 5-16 to sing, dance and act their way through Beauty & The Beast the musical. Students will learn songs and script work from the movie, taking them on a journey of excitement, fun, creativity and

team work. On day 2 there will be a performance for family and friends to enjoy. Tuesday 25th & Wednesday 26th July 2017 - 10 till 4 pm at Upminster Methodist Church, Hall Lane, RM14 1AE. please contact: [info@occasionaldance.co.uk](mailto:info@occasionaldance.co.uk) or [www.occasionaldance.co.uk](http://www.occasionaldance.co.uk) Tel: 07985 555966

## Students raise £600

A fantastic sum of £600 was presented to EducAid Director Miriam Sesay who visited Havering Sixth Form College in Wingleye Lane, Hornchurch, to give an insight into the lives of young people living in Sierra Leone. She was thrilled with the money raised by generous students who took part in RAG (Raise and Give) Week activities, Black History Month and gave donations from their book deposits. EducAid - which is the College's nominated international charity - has built and developed a network of successful schools and Miriam said the £600 would pay to educate three children for a full year.

## The Foot Surgery

Established 2002

11A Billet Lane, Hornchurch, Essex, RM11 1TS  
For appointments tel 01708 621194

### Ms Meena Matharu

SRCh MChS BSc FCPodS State Registered Chiropodist/  
Podiatrist & Specialist in Foot Surgery

Ms Matharu has 18 years clinical experience in Private Practice  
Previously consulted for Harrods and Harley Street  
In 2002 attained Fellowship in Foot Surgery

#### Treatments available

Nail surgery, electro-surgery and cryotherapy  
Cortisone injections for pain management  
Sports medicine: bespoke prescription orthotics  
Comprehensive foot care for Diabetic and Arthritic patients  
Routine foot care i.e. nail cutting, corn and callous treatment  
Verrucae treatment



## Upminster Wine and Social Club

Upminster Wine and Social Club will be holding their Summer Dance on Saturday 24th June at the New Windmill Hall, St Mary's Lane, Upminster. Dancing will be to the popular group "Reflection". Tickets are £15 including supper and are available from Vic Bramwell on 01708 470465. Non members welcome.

## Havering Diabetes Group

On Monday 19 June Mr Bhupinder Battu BSc (Hons) MCOptom Ophthalmic Optician will be giving a talk about Diabetes and Eyes. The talk will be in the Large Hall, 24 North Street, Hornchurch RM11 1QX (corner of Westland Avenue, opposite Iceland) at 8pm. Everyone is most welcome to come to the meeting. <http://havering.diabetesukgroup.org/>

## Kids Activity Expo

Get ready for some full-on family fun, as KIDS ACTIVITY EXPO returns to Upminster next month! The award-winning Expo aims to encourage children to be active and healthy and brings together local groups, clubs and organisations to offer a range of exciting activities all under one roof.

In its fourth year, the event is being held at The Coopers Company and Coborn School on St Mary's Lane on Sunday June 25th, 10.30am to 4pm. We have a timetable packed full of free taster sessions including Archery, Lyrical Dancing, Magic, Tag Rugby, Martial Arts, Cheerleading, Ballet, Balloon Modelling and more! Have a dance and photo with our Power Ranger and Disney Princesses or tackle the inflatable course. For family fun, there's a roller disco and swagway sessions for kids and parents to enjoy together. Claim your free entry ticket online today at [www.KidsActivityExpo.com](http://www.KidsActivityExpo.com)

## HAVERING FIREPLACES & STOVES



☎ 01708  
444954

**Complete Supply & Installation Service**  
**Fitting Only Service also available**  
**Fireplace Packages / Stoves**  
**Clearview Stove Range**  
**Cast Iron Inserts and Fireplaces**  
**Large selection of Marble & Limestone**  
**Gas & Electric Fires**  
**Qualified and Experienced Staff**  
**Free Home Installation Survey**  
**Never Beaten on Price**

**1-5 Butts Green Road, Hornchurch, Essex, RM11 2JR**

E Mail - [info@haveringfireplaces.co.uk](mailto:info@haveringfireplaces.co.uk)

[www.haveringfireplaces.co.uk](http://www.haveringfireplaces.co.uk)

Open 10am - 5pm - Monday - Saturday



## Meadowbanks Residential Care Home



Meadowbanks is a 40 bedded residential care home  
which specialises in dementia care.

The home is located in four acres of meadowland in Upminster, Essex.

Offers large single, fully furnished bedrooms with en-suite shower.

Proprietors: T.L. Care (Havering) Ltd  
Hall Lane, Upminster, Essex, RM14 1TT  
Telephone: 01708 330140  
[info@meadowbanks.co.uk](mailto:info@meadowbanks.co.uk)

[www.meadowbanks.co.uk](http://www.meadowbanks.co.uk)



## **Upminster Plastering & Building Services**

**01708 221297 or 07765 013623**

**Kitchen & Bathroom Refurbishment  
Exterior/Interior Paintwork  
Extensions & Alterations  
Plastering & Rendering  
Guttering & Fascias  
Pebbledashing**

*LOCAL TRADESMAN WITH OVER  
40 YEARS EXPERIENCE (references given)*

**01708 221297 or 07765 013623**

**E-mail: upminsterplastering@gmail.com**

## **Wall & Floor Tiling by Keith Dennis**

Over 30 years experience in wall and floor tiling.  
No job is too big or too small. All quotes are free.

- \* Wall & Floor Tiling Contractor
- \* Specialist in Ceramic, Porcelain and Stone
- \* Kitchens, Bathrooms and Wet Rooms
- \* Painting & Decorating Service Available

Contact me on:  
Mobile: 07976 299415  
Home: 01708 227371  
E-mail: ck\_dennis@yahoo.co.uk

## **The Secret to a Beautiful Lawn**



Contact us for your free lawn analysis and advice

**01277 227988**

Email: essexsouth@greenthumb.co.uk www.greenthumb.co.uk

## **The Mortgage Club Ltd**



**Call us today for your FEE FREE initial mortgage review**

Mortgages

Buy to Let

Life & Critical illness

Building & Contents Insurance

Accident & Sickness Insurance

01708 507641, 07792-888315

Kelly@themortgageclubltd.co.uk

www.themortgageclubltd.co.uk

Your home may be repossessed if you do not keep up repayments on your mortgage.

*Has your block paving got weeds...*

## **SEALING TECHNIQUE NO MORE WEEDS**



BEFORE

AFTER

**WWW.SEALINGTECHNIQUE.COM**

**for only £9 per sq metre**

**Call Luke for a quote on  
07817 726 966 - 01268 449 771**



Simply Superior  
Public Liability £1,000,000  
View our policy details

Checkatrade.com  
Where reputation matters



## **Sabrina Mercury Swimming Academy**

We offer high quality swimming lessons to  
children and adults of all abilities.



Oakfields  
Montessori  
School

UPMINSTER  
RM14 2YG

- Adult & Child (age 24-36 months)
- Pre-School (age 3-4)
- Group Lessons (age 4+)
- Adult (Beginner to Intermediate)
- Adult (Ladies Only)

Small class sizes - friendly and passionate approach to  
teaching - ASA Qualified Teachers

07951520471

smswimacad@gmail.com

www.smswimmingacademy.com



## **S C R Roofing**

- All flat roofing • Asphalt and felt systems • Facias and gutters

**All staff fully trained, Fully insured, All work guaranteed**

**Contact Steve Rawles**

**Tel: 07971 171373**

## **LOCKSMITHS**

Emergency call out

All locks opened, supplied & fitted

MLA approved locksmiths

UPVC door lock specialist

New doors supplied & fitted, safes opened

New safes supplied & fitted

Free quotes - no call out charge

**Tel: 01708 640699, mobile: 07890 920 258**



**EMERSON COURT**  
RESIDENTIAL CARE FOR THE ELDERLY

*We provide loving dementia care  
in a truly homely atmosphere*

129 Wingletye Lane, Hornchurch, RM11 3AR

Tel.: 01708 442351

www.emersoncourt.co.uk



## St. Mary's DENTAL CARE

Dr Mia Rafiee & Associates

BDS (Sweden)

New NHS and Private Patients Welcome

Dental Implants now available

Modern Friendly Environment

Emergency Treatment

Cosmetic Dentistry

Flexible Dentures

Zoom Laser Whitening

Hygienist Available

Air Polish



### Surgery Hours

Monday, Tuesday, Wednesday and Thursday  
9.00am - 5.30pm

Friday  
9.00am - 7.00pm

Every Saturday  
9.00am - 4.00pm  
(Hygiene only)

### TELEFAX

01708 229 330  
167  
St. Mary's Lane,  
Epsom, Surrey  
Epsom RM14 3RL

We emphasise the need to preserve your natural teeth by the prevention of tooth decay and gum disease

## Jazz Evening

The Andrew Linham Jazz Orchestra returns to St. Lukes for an evening of jazz. Performed in aid of Dalit Freedom Network. St Lukes Church, 201 Front Lane, Cranham, Saturday 10th June, 7.00pm, £10/£7. Light refreshments will be provided - please bring your own drinks.

## St Mary Magdalene Church

Come and see the grade 1 listed church, with monuments and windows from the 14th century on Saturday 1st July. In the churchyard is St.Cedd's Well, used for early Christian baptisms. Talks and tours will be given throughout the afternoon. Refreshments will be available and parking is free. All are welcome from 2pm-4.30pm. Church Lane, North Ockendon, RM14 3QH.

## Barn Dance

The Not Forgotten Association (a unique national tri-service charity which provides entertainment and recreation for the benefit of the

serving wounded, injured or sick and for ex-service men and women with disabilities) is holding a Barn Dance on the 17th June 7pm - 11pm at Bulphan Village Hall, Church Road. RM14 3RU. Music is by the Hillbillies Band with caller and supper included. Bring own drinks and glasses, £20.00 per head. Tickets from Shirley McLean Tel. 01708220096 or mobile 07947045344.

## Community Library

Could you spare to hours a week working in our Community Library at Cranham Community Centre, Marlborough Gardens, Cranham. The hours are Monday 1-30 to 3-30 and Tuesday to Saturday 10-12. Full training given. For more information call Janet on 222665 or Margaret on 443250.

## Thames Chase

The fourth 'Thames Chase' 10k run will take place on Sunday 11th June starting at 10am followed by a family fun run at 11.30am, both at the Forest Centre in Pike Lane. Off-road and completely traffic free on a network of flat surfaced paths, with a small section of

*continued on page 17*

PERSONAL ATTENTION FROM THE COYTE FAMILY



**HAROLD WOOD**  
FUNERAL SERVICES



0844 453 3671

24 HOUR EMERGENCY CALLS

*Golden Charter Funeral Plan Specialist*

*£125 off with this voucher*

*Fees rising in April 2015*

*"We decided to use you because of the warm and caring reception we received"*

*Since 1967 in*

43 Station Road, Harold Wood, RM3 8HX

Other offices in Hilldene, Collier Row and Hainault

Office hours Mondays-Fridays 9am-5pm,

Sats 10am-Midday and 10am-3pm in Hilldene

INFO@HWFUNERALS.CO.UK - WWW.HWFUNERALS.CO.UK



**abacus**  
wealth planning ltd.

established  
1986

for advice on mortgages  
from across the market, and  
all other aspects of financial planning,  
speak to one of our advisers.

12 King Edward Road, Brentwood, Essex CM14 4HL

tel: 01277 219594 or 01708 229999

web: www.awpifa.com email: pmoisey@awpifa.com

authorised and regulated by the financial conduct authority, registered in England no: 2061670  
your home may be repossessed if you do not keep up repayments  
on a mortgage or other debt secured on it

## ADVERTISE YOUR BUSINESS HERE



**Delivered to over 19,000 homes**

**Contact RON OWER**

**Telephone: 07721 780372**

**E-mail: bulletinra@yahoo.co.uk**

## BOILER CHANGE

**Raymond Coomer**  
**Sarah Cordell**

**BOILER REPAIRS & REPLACEMENTS**  
**PLUMBING ■ SERVICING ■ RADIATORS**

**GAS SAFE Reg No. 576292**

**14 Birch Crescent, Ardleigh Green, Hornchurch**

**01708 477146**

**07761 049852**



**TIME TEES CARS**



**Upminster MOT & Service Centre**

*Free Local Collection & Delivery*

**Covering Cranham Upminster Hornchurch**

**\*\* Air Con Regas Only £49.95\*\***

**MOT's Only £39.95**

**Or**

**Included with Any Service**

Time Tees Cars, 11 Station Road Upminster.

01708 250011. www.timeteescars.co.uk

Next to Costa Coffee!

# Uppercut

multi award winning salon group

17-19 Market Place  
ROMFORD  
01708 765111

5 North Street  
HORNCHURCH  
01708 441393

21 High Street  
BRENTWOOD  
01277 848586

599-601 Cranbrook Rd  
GANTS HILL  
020 8551 2228

41 Corbets Tey Rd  
UPMINSTER  
01708 228167

193 Manford Way  
CHIGWELL  
020 8500 0022

phone or book online for an amazing hairdressing experience

[www.uppercuthairgroup.co.uk](http://www.uppercuthairgroup.co.uk)

## Sunday Lunch at the



De Rougemont Manor  
Hotel & Suites

2 Courses - £19.95 3 Courses - £23.95

Reserve your table today  
01277 226418

Great Warley Street,  
Brentwood, Essex CM13 3JP

[www.derougemontmanor.co.uk](http://www.derougemontmanor.co.uk)



Cine-Slides-Video 2 DVD

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810 [www.slides2disk.co.uk](http://www.slides2disk.co.uk)

## the sycamores swim school

161A Hacton Lane, Upminster, Essex RM14 2YE

We offer Parent & Baby,  
Pre School & Junior Lessons  
from 4 weeks-11 years  
in a warm, clean pool.

Lessons are fun and structured  
with experienced teachers.

Please call for more information on 07961750173  
or visit our Facebook page.

Locally based company in Upminster  
with over 20 years' experience

THE  
**BOILER**  
REPLACEMENT CO.

Which? Trusted trader

Free estimates with no obligation  
Associate of the Chartered Institute of Plumbing & Heating

PROFESSIONAL. RESPONSIBLE. COMPETENT.

ATAG 10 Year Warranty

LIFETIME 10 Year Guarantee

Proud to be an ATAG Selected Partner

Call 01708 225602 • Email: [info@boilerreplacement.net](mailto:info@boilerreplacement.net) • Web: [www.boilerreplacement.net](http://www.boilerreplacement.net)

ATAG  
SELECTED PARTNER

## REGISTERED OSTEOPATH

L GUTTERIDGE D.O (Est. 1988)

MEMBER OF THE  
GENERAL OSTEOPATHIC COUNCIL (G.O.C)

- LOW BACK & NECK PAIN, SCIATICA
  - ARTHRITIS
  - WHIPLASH
  - HEADACHES & SPORTS INJURIES
- 10 HOLLDEN WAY  
UPMINSTER  
Phone: 01708 227788  
For an Appointment



## Finest Indian Cuisine

Recently Refurbished

Open 7 days a week 6pm - Midnight  
Including Bank Holidays  
and 12 noon - 2.30pm for lunch

Take away menu available  
Free Home Delivery

32 Corbets Tey Road, Upminster, RM14 2AD  
Tel: 01708 222263 / 228516 / 07903 800003

## FEN BUILDING AND ROOFING CONTRACTORS

All aspects of domestic building works undertaken

- Garage / loft / room / conversions
- Extensions structural opening or repairs
- Kitchen / bathroom renewal
- Property maintenance
- Flat roofs
- Chimney stack relead / repoint / remove / rebuild
- Upvc fascia soffit window works
- Valley replacements
- Any roofing repairs
- New roofs - strip and retile



Office : 01708 225295 Mob 07939 152828 or 07929 334990  
E-mail: [fenbuilding@ntworld.com](mailto:fenbuilding@ntworld.com)

FREE ESTIMATES - ALL WORKS GUARANTEED

**ITman** in association with **Essex Age UK**

Does your computer keep saying "No"?

**PC, Laptop and Network Maintenance & Troubleshooting**

**Home & Business Visits**

**Diagnosis fee £20**

**No Fix/No Fee**

**Targeting Computer Care in Havering & Essex**

Web: [www.itman.biz](http://www.itman.biz)  
 Answerphone: 020 8144 6937  
 Mobile: 07940 138170  
 Email: [help@itman.biz](mailto:help@itman.biz)



grass/meadow. Enter online:  
<https://endurancecui.active.com/event-reg/select-race?e=41895154>

## Women's Club

The Carousel Women's Club are looking for new members to join them on a Monday evening. We are a friendly group of all ages and would love to have some new ladies join us. We enjoy a variety of events including Speakers, Demonstrations, Fun Evenings and Outings.

We hold our meetings in the Small Hall of Cranham Community Centre, Marlborough Gardens, Cranham, with meetings starting at 7.30pm finishing at 10pm.

For anyone interested in coming along please telephone our Secretary Val for details on 01268 757796, or come along to see how we enjoy ourselves - you would be very welcome.

## Afternoon Tea

All Saints Church Cranham are holding an afternoon tea/teddy bears picnic in the grounds of the Church and Vestry Hall on the 1st July commencing at 2.30pm. Family tickets £7.50 individual tickets £3. All proceeds will be going to this years chosen charities, both of which are local charities.

They are J.A.C.K and Mitchell Huth who both help families affected by Neuroblastoma, which is a rare childhood cancer. All are welcome but please email

[Jeanette@Willcocks.me.uk](mailto:Jeanette@Willcocks.me.uk) or phone 01708 501505 to book a place. A variety of sandwiches and cakes will be provided to suit all tastes. In addition there will be a Pimms/beer tent and various children's games and entertainment.

## Song Recital

'Lost in the Stars' - a Song Recital for World Refugee Day. Baritone Ian Pirie of the Cappella Singers, accompanied by pianist Paul McDowell will perform songs on the theme of travel, absence, and loss of home. The recital includes a selection of songs, sung in English, from Winterreise (Winter Journey) - Schubert's powerful song cycle about leaving home. Other songs are by Roger Quilter, Peter Warlock, Ivor Gurney, Samuel Barber, and Kurt Weill. Kurt Weill was himself a refugee from Nazi Germany, and it his song Lost in the Stars that provides the title for this concert. Tuesday 20th June at Trinity United Reformed Church, Station Road, Upminster RM14 2UD. 8.0 - 9.15 pm followed by refreshments. Admission Free - donations invited to Help Refugees

**Lee's** For a FREE no obligation quote call: **07909 630862**  
[www.leeskitchensandbedrooms.co.uk](http://www.leeskitchensandbedrooms.co.uk)  
 lbrewis01@gmail.com

**Kitchens & Bedrooms Ltd**

Beautiful kitchens & bedrooms created at prices to suit your budget!

**Free design & planning service**

From replacing doors and worktops to full refurbishment  
 New worktops supplied and fitted  
 Other carpentry services  
 Internal & external doors supplied & fitted  
 Garage side doors / windows and frames replaced  
 Wood flooring fitted

Also available: minor building work, carpentry, electrics, plumbing, plastering and tiling

**FITTING ONLY SERVICE ALSO AVAILABLE**

## LOCAL FUTURE EVENTS JUNE

- 7 Wednesday - **Wednesday Music Evening** - Second Thoughts - Our last evening before the summer break. We invite all our presenters to reflect on their programmes over the year. Main meeting room (1st floor) at Hornchurch Library, North Street at 7.30pm. Admission is free of charge but we do ask for a contribution for interval refreshments. For any further details call Stephen Raindle 01708 470670 or email [sraindle@aol.com](mailto:sraindle@aol.com)
- 7 Wednesday - **Harold Wood Evening W.I.** meet on the 1st Wednesday on the month at the War Memorial Hall in Gubbins Lane 7.30 pm for 7.45 pm start. Lawrence Lustig giving a talk on his photography. Visitors welcome entrance is £2.50, which includes refreshments. For more details please ring Joanne on 0787 5670419.
- 8 Thursday - **Upminster and Cranham W.I.** are looking for new members. We meet in the St. Laurence Hall (next to the Library) in Upminster on the second Thursday in the month. Doors open at 1.30 pm for a 2 pm start till 4 pm. We have talks on a wide range of subjects. We have lunches, afternoon teas, Outings and more. Why not come along and give us a try and meet new friends. For more information please contact President Margaret Reynolds on 01708 471977.
- 12 Monday - **Havering Branch Essex Wildlife Trust** Meetings are held in the 1st floor meeting room in Hornchurch Library from 8.00 pm to 9.45 pm. Donation of £2.50 to help cover hall hire, this includes tea, coffee and biscuits. For more information contact the Secretary Joy Emerson on 01708 440297.
- 13 Tuesday - **NADFAS (Havering)** welcomes Dr Emma Bulleywith with a talk entitled 'Peeled - The Art of the Still Life'. Coffee from 10 am, Lecture at 10.45 am. Visitors welcome at £8. Meetings held at The New Windmill Hall, St Mary's Lane, Upminster, RM14 2QH. Further details of forthcoming lectures, speakers and visits can be found at

[www.haveringdfas.org.uk](http://www.haveringdfas.org.uk)

- 13 Tuesday - **Upminster & District Horticultural Society** meet at the New Windmill Hall, St Mary's Lane, Upminster from 7.45 pm to 9.45 pm, doors open at 7.15 pm. Entrance is free to members, non-members very welcome for a fee of £2.00. For further information on Upminster Horticultural Society see our website [www.upminsterhorticulturalsociety.co.uk](http://www.upminsterhorticulturalsociety.co.uk) or [info@upminsterhorticulturalsociety.co.uk](mailto:info@upminsterhorticulturalsociety.co.uk)
- 13 Tuesday - **Upminster Camera Club** - Chrissie Hart LRPS DPAGB "My Journey to Find My Creative Side". Cranham Community Association, 115a Marlborough Gardens, Upminster, RM14 1SR. 7.45pm. [www.upminstercameraclub.org.uk](http://www.upminstercameraclub.org.uk)
- 14 Wednesday - **Nelmes Women's Institute** meet on the 2nd Wednesday of every month and welcome new members of all ages. Meetings are held at Nelves United Reformed Church Hall (corner of Nelves Road and Burntwood Avenue, Hornchurch, RM11 3JA). Meetings start at 2 pm promptly. Please contact Ruth McDougall on 01708 448431 or [Ruth.wellwisher@gmail.com](mailto:Ruth.wellwisher@gmail.com) for further details.
- 16 Friday - **Havering Antique and Collectors Club** meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood. Guest Speaker Pauline Short on 'Josephine Baker - An American in Paris'. The talk will start at 7.30 pm for 8 pm start. Guests £4. For further details please call our Chairman Mrs Chris Lovett 07947 367258.
- 17 Saturday - **Stewart Allotments Gate Sale** 10 am - 12 noon selling Fresh seasonal produce, home made jams, chutneys, marmalades and cakes.
- 17 Saturday - **Upminster Tithe Barn Museum of Nostalgia**, Hall Lane, Upminster 10.30 am to 4 pm.
- 18 Sunday - **Upminster Tithe Barn Museum of Nostalgia**, Hall Lane, Upminster 10.30 am to 4 pm.
- 20 Tuesday - **Cranham Engayne W.I.**

continued on page 19

**REMEMBER HOW YOUR CONSERVATORY LOOKED WHEN NEW?**

Restore your conservatory to that 'just new' look with specialist cleaning

We also clean all aspects of UPVC windows, doors, frames, and cladding.

with prices starting from as low as **£175.00**

**The UK CONSERVATORY CLEANING Company**

- Complete roof wash and hand polish
- All framework and glass cleaned inside & out
- Decorative mouldings cleaned
- Full Public Liability Insurance

**01277 790173**  
for a genuine FREE "NO OBLIGATION" QUOTE

Email: [enquiries@ukccc.co.uk](mailto:enquiries@ukccc.co.uk)  
[www.ukccc.co.uk](http://www.ukccc.co.uk)

**CRANHAM GARAGE**

**M.O.T & SERVICE CENTRE**

[www.cranhamgarage.co.uk](http://www.cranhamgarage.co.uk)

**\*\*M.O.T TESTING\*\***  
**\*\*VEHICLE SERVICING\*\***  
**\*\*VEHICLE REPAIRS\*\***  
**\*\*VEHICLE DIAGNOSTICS\*\***  
**\*Up to 40% Cheaper than main dealers\***

**\*38-40, FRONT LANE, CRANHAM, ESSEX, RM14 1XW\***

**TELEPHONE: 01708 221704**  
**E-MAIL: [bookings@cranhamgarage.co.uk](mailto:bookings@cranhamgarage.co.uk)**

**\*TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS\***



Call : Gary or Liam

## DOUBLE GLAZING



**REPAIRS**  
Broken, Misted,  
Sealed Units  
Handles, Rollers  
Hinges, Locks etc.



[weatherbesthornchurch.co.uk](http://weatherbesthornchurch.co.uk)

Fully Guaranteed  
Telephone 01708 437174

New Window & Door Installations

OAP Discount

EST 1989



## MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING  
IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD  
PART EXCHANGE AVAILABLE OAP DISCOUNT  
ALL WORK GUARANTEED. 38 YEARS EXPERIENCE



PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695  
[www.mobilesewingmachinesrepairs.co.uk](http://www.mobilesewingmachinesrepairs.co.uk)

## IN DOORS LTD

Local Manufacturers

**KITCHEN & BEDROOM SHOWROOM**

Supply only, or Supplied and Expertly Fitted, Design & Planning

**REPLACEMENT**

**Kitchen & Wardrobe Doors**

Vinyl-Gloss Slab, Handleless Matt Finish  
Painted Solid Wood-BS/RAL- Farrow & Ball colours

**WORKTOPS** - Laminate/Granite & Quartz

Most Appliances available – Blanco, Neff,  
Siemens, Bosch, Belling etc.

**HANDLES** - Large range Inc. SWAROVSKI  
Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory

Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm

Tel: 01708 671199

Units 5-7 ARCAN ROAD, S.OCKENDON RM15 5SX

Email: [info@indoorsessex.co.uk](mailto:info@indoorsessex.co.uk)

No appointment necessary

## NEW ENTERPRISE

**PEST CONTROL**

**01708 224419**

RATS MICE COCKROACHES

WASPS BIRDS FLEAS ANTS

MEMBERS OF THE N.P.T.A.

OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED

FREE SURVEYS

LOCAL COMPANY

111 AVON ROAD

UPMINSTER



## My Home Maintenance Services

Garden Landscaping & re-shape

Hedge-cutting & pruning

Grass cutting & lawn maintenance

Driveway & patio cleaning

Gutter cleaning

Painting interior & exterior

Re-stain fencing & decking areas

**Fully insured – competitive rates – Local**

**For further information call us on**

**Home 01708-229946 Mobile 07904204417**

## AquaTech

HEATING & PLUMBING TECHNICIANS

PLUMBING, HEATING,  
BOILER INSTALLATION & REPAIRS

**24 HOUR EMERGENCY SERVICE**

NO JOB TOO SMALL - NO CALL OUT CHARGE

CONTACT US FOR A FREE QUOTATION AND  
A PROFESSIONAL, RELIABLE AND FRIENDLY SERVICE

Tel: 01268 963290 Mob: 0750 315 3480



Email: [info@aquatech.org.uk](mailto:info@aquatech.org.uk)

Web: [www.aquatech.org.uk](http://www.aquatech.org.uk)

CITY & GUILDS QUALIFIED TRADESMAN



GAS SAFE REGISTERED

## Gardening and Domestic Handyman

*In need of an honest local handyman?*

Contact David anytime 07790 927926 or 01708 227535

d.gardenandhome@btinternet.com

All quotes free, OAP discount on all jobs

Not qualified, just a good handyman.

All tools supplied.

Fully insured,

20 years experience

References available on request.



Garden maintenance includes:

Mowing, Turfing,

Garden clearance,

Tree and shrub removal

Patio/conservatory power-washing.

Pruning, Paving, Gutters cleared,

Hedge trimming, Planting

Fence and shed re-sprays

Anything else, just ask.....no job too small

Domestic services:

Painting, Tiling

Furniture assembly.

Laminate flooring,

Wall hung cabinets fitted

Anything else, just ask!

## Probably the best kept secret in Upminster

MDF Doors Ltd has been supplying kitchens & bedrooms for over 25 years. Under new management and with state of the art woodworking machinery we can bring your design ideas to life. Carcases, doors, worktops, handles, helpful advice, **probably everything that you need.** It's where the trade goes but we are open to the public as well. Open Mon-Friday 8am to 5pm and 9am to 4pm on Saturday: Westbury Farm, 439 St Mary's Lane, Upminster. RM14 3NU. About 300mtrs from the junction with Pike Lane. Phone 01708 227273

welcomes new members and visitors. Meetings held on the 3rd Tuesday of each month at 2 pm to 4 pm at the Cranham Community Centre, Marlborough Gardens.

### 22 Thursday - Upminster Wine and Social Club

meet on the third Thursday of the month at 8 pm in the Cranham Social Hall, Front Lane, Cranham. We hold meetings every month with a variety of speakers and wine tasting. For more information contact Maureen Jasper on 01708 223956, or simply come along on the night. You will be most welcome.

### 26 Monday - Breathe Easy - Havering

meet at St Andrews Church, Hornchurch, in aid of the British Lung Foundation on the last Monday of the month. The meetings run from 1.30 - 3pm, a £3 donation is appreciated. We are a support group for people with COPD, Asthma or other Breathing Difficulties. For details please ring Joyce on 01708 226696 or Elaine on 01708 509127

### 26 Monday - Romford and District Historical Society

meetings are held at myplace, 343 Dagnam Park Drive, Harold Hill, Romford, RM3 9EN. Access is from 7.30 pm and the meeting commences at 8 pm. Admission is free to members and £2.50 for visitors.

### 27 Tuesday - Upminster Camera Club -

ROGER HANCE FRPS AFAP BPE5\* "Nature in Macro". Cranham Community Association, 115a Marlborough Gardens, Upminster, RM14 1SR. 7.45pm.

www.upminstercameraclub.org.uk

### 28 Wednesday - Upminster and District Probosc Club

meet at The Cranleigh, 84 Station Road, Hornchurch, RM12 6LX, generally on the last Wednesday of each month. We also have outings, which are run jointly with Deyncourt (Upminster) Ladies' Probosc. If you think you would be interested in joining our club please contact our Secretary, Barry on 01708 703783 and leave a message or send an email to: secretary@upminsterprobosc.com.

### 28 Wednesday - Upminster Park Towns Womens Guild

meet on the fourth Wednesday of every month at 2 pm to 4 pm in Derham Hall (behind Upminster Library), Upminster. Afternoon tea, talks and outings amongst a friendly group of ladies, all most welcome. For more information contact Deborah Pryor on 01708 226127 or Ann Monk on 01708 226305 or simply come along.

## JULY

### 1 Saturday - Upminster Tithe Barn

Museum of Nostalgia, Hall Lane, Upminster 10.30 am to 4 pm.

### 1 Saturday - British Sugar Craft

have a demonstration on at 1.30 pm - 3.30 pm at Fairkytes Art Centre, Billet Lane, Hornchurch, Entry Price is £6 includes Tea and Cake.

### 1 Saturday - The Havering Branch of the East of London Family History Society

hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is held. Teas and coffees can be purchased. Members and visitors welcome to either or both.

### 2 Sunday - Upminster Tithe Barn

Museum of Nostalgia, Hall Lane, Upminster 10.30 am to 4 pm.

### 4 Tuesday - Oglethorpe Women's Institute

have Guest Speaker Eve Regelous on "The History of Harrods". Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL on the first Tuesday of every month at 7.45 pm. Visitors are always welcome.

### 5 Wednesday - Harold Wood Evening W.I.

meet on the 1st Wednesday on the month at the War Memorial Hall in Gubbins Lane 7.30 pm for 7.45 pm start. Cheese and wine evening. Visitors welcome entrance is £2.50, which includes refreshments. For more details please ring Joanne on 0787 5670419.

## ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New lawns, Garden Lights, Brickwork, Garden Design, Steps, Block Paving

Phone: 01702 258445 Mobile: 07814 940335

Punchbowl, Churchoke, Pogoesham, Essex, SS4 2DP

www.anglepaving.co.uk

email: angle.paving@o2.co.uk

Do it Right, the First time!

## LEARN TO SWIM with

# PADDLERS Swim School

Aged 4+

Lessons for all abilities

01708 720388

www.paddlers.co.uk



Construction and Landscaping specialists

13 Juliet Way, Purfleet Industrial Park, Aveley, South Ockendon RM15 4YD

t: 01708 545 110

e: info@milbarnconstruction.co.uk

w: www.milbarnconstruction.co.uk

Specialists in Home Extensions

• Refurbishment • Renovation

• Improvement • Maintenance

• Alterations • Decoration

All aspects of Landscaping & Groundwork

Chimney Breast Removal

£5,000,000 public liability insurance

Residential and Commercial work

Fully Qualified Tradesmen

"experts in the construction industry..."



## Right Equity Release

Ensuring you choose the Right Equity Release

**Are You a Home Owner aged over 55?**  
Have you ever considered releasing the money in your home to...

- Pay for Home Improvements
- Debt Consolidation
- Luxury Holidays

**For more information**

Call: 0800 6127362

Mob: 07964 282678

Kevin.hull@therightequityrelease.co.uk

The Right Equity Release Ltd which is authorised and regulated by the Financial Conduct Authority Registered in England and Wales No. 07166676

# BF Mulley & Son

Incorporating Horwath Fry



Chapel of Rest | Home Arrangements | Distance No Object  
World Wide Repatriation | Ample Client Parking | Memorials

Family Owned Funeral Home  
24 Hour Funeral Service



25-4 St. Mary's Lane Upminster RM14 3DH Tel: 01708 220330  
28 High Street, Hornchurch RM12 4UN Tel: 01708 442145

[www.bfmulleyson.com](http://www.bfmulleyson.com) email: [funerals@bfmulleyson.com](mailto:funerals@bfmulleyson.com)

# UA

Upminster  
Accountants

**Chartered Accountants**  
for individuals  
small businesses  
and charities  
in Havering, Essex and the City

accounts, tax returns, VAT, payroll, fixed fees, secretarial,  
start-ups, incorporation, independent examinations, personal  
and business tax

**FREE COMPANY FORMATIONS FOR NEW AND EXISTING CLIENTS**

a member of the  
ICAEW Business Advice Service



contact Daniel Gricks for a free consultation  
and/or quotation on **01708 225768**  
[daniel@upminsteraccountants.co.uk](mailto:daniel@upminsteraccountants.co.uk)  
[www.upminsteraccountants.co.uk](http://www.upminsteraccountants.co.uk)



**ITS FIRE & SECURITY**  
Trading name of  
Day2Day Fire & Security Ltd

- Intruder Alarms
- CCTV Systems
- Fire Alarm & Emergency Light Systems
- Fire Extinguishers
- Door Access
- Home Automation
- Smoke Fogging Systems
- Safes

MONITORED AND MAINTAINED ALARM OPTIONS AVAILABLE INCLUDING  
POLICE REGISTERED SYSTEMS.

REPAIRS AND MAINTENANCE TO EXISTING ALARM SYSTEMS.

BT REDCARE, DUALCOM & SAVANT APPROVED INSTALLERS

PHONE FOR NO OBLIGATION QUOTATION

0300 303 2536 or 01708 221 001

[www.its-home-security.co.uk](http://www.its-home-security.co.uk) or [rob@itsfire.co.uk](mailto:rob@itsfire.co.uk)



**Garden Services, Estate Management  
& Tree Surgery**

Honest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus  
Jet Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

Over 12 years  
experience, NPTC  
qualified & fully  
insured

Visit our website for more info!

[www.ajbgardens.co.uk](http://www.ajbgardens.co.uk)

Or call us on **01708 228886 / 07875 557378**



## D.G. PLUMBING SERVICES

All Aspects of plumbing undertaken  
Specialist in condensation problems  
Bathroom Installations radiators pumps  
Breakdowns in heating  
Free Estimates



01708 220994 07977 214541  
52 The Grove Upminster RM14 2ET

## Upminster Fencing Limited

Family Run  
Business

Established  
Since 1994

SUPPLY & FIT - ALL REPAIRS CARRIED OUT

PRESSURE TREATED PANELS - FREE ADVICE & QUOTATIONS

MONDAY-FRIDAY: 7AM-4PM

SATURDAY: 8AM-12PM

01708 225599 - 07831 281590

[UPMINSTERFENCING.CO.UK](http://UPMINSTERFENCING.CO.UK)

[ADMIN@UPMINSTERFENCING.CO.UK](mailto:ADMIN@UPMINSTERFENCING.CO.UK)



Upminster Fencing,  
Mardkye Works,  
St Mary's Lane,  
Upminster,  
Essex,  
RM14 3PA



## V Martin Legal Services & Notary Public

Arundel Business Centre, 49 Station Road, Harold Wood, Essex,  
RM3 0BS

## Free 30 Minute Consultation

either in person or over the telephone.

Do you have an issue that requires our assistance in  
any of the following areas of law?

- Wills
- Asset Protection
- Tax Planning
- Trust and Estates Administration
- Court of Protection
- Powers of Attorney
- Probate

We offer a **free 30 minute consultation**, where we will  
provide you with any relevant information and  
advise you on any aspects of our specialisation.

**Call us on 01708 375051 to make an appointment!**

**We offer home visits by appointment only.**

## Sowing the seeds for a love of learning

With our passion for teaching  
and holistic approach we  
ensure every child has a  
well-rounded education to  
be able to fulfil their potential.



**Oakfields  
Montessori School**

A coordinated and progressive learning  
experience for children aged 2 - 11 years

CCENITA  
Montessori is part of the  
English Montessori Society  
[www.englishmontessori.org](http://www.englishmontessori.org)

**Limited places Years  
2 and 3 only.**

**Now taking registrations for  
2017 onwards**

Harwood Hall, Harwood Hall Lane, Upminster RM14 2YB  
01708 254020  
[www.oakfieldsschool.co.uk](http://www.oakfieldsschool.co.uk)



# WELLS SOLICITORS

## FAMILY LAW

*Quality Advice and Caring Service*

**Fixed Fee Divorce and  
Advice Appointments available**

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection



# 01708 251 560

Suite 1, Essex House, Station Road, Upminster RM14 2SJ

info@wells-solicitors.co.uk

## Waldegrave Gdns

The parking in Waldegrave Gardens has long been a cause for concern, particularly on West Ham match days, where inconsiderate parking has led to blockages and obstructions for residents – as well as hindering any emergency access. Having discussed the situation with the Council over a lengthy period, we are pleased to report that a scheme of staggered parking restrictions along the road is now proposed and will be sent out to residents for consultation shortly.

Cllr CLARENCE BARRETT

## South Essex Crematorium Open Day

On Sat 17 June they are inviting residents to meet those who care for and advise families as they seek to honour and celebrate the lives of loved ones for its 60th anniversary. Organisations and charities attending including Cruse Bereavement Care; Compassionate Friends; Havering and Brentwood Bereavement Services; Orangeline and St Francis Hospice. There will be floral displays, a mason at work and vintage/alternative funeral vehicles. Crematory tours will be

available throughout the day and places may be booked by visiting [www.havering.gov.uk/CrematoriumTour2017](http://www.havering.gov.uk/CrematoriumTour2017). At 3.30pm the Mayor of Havering will unveil a new tree seat. Fresh strawberries and cream teas will be available from the tearoom.

## Reading Room

A meeting has been organised on Saturday 3rd June at 3pm on the future of The Reading Room, Church Lane, North Ockendon. This was built in 1885 for the public by the lord of the manor for locals and farm workers to provide somewhere for them to read newspapers and other material. The meeting will take place at The Church Hall, St. Mary Magdalene Church, Church Lane in North Ockendon.

## Welcome Rubys

Newly opened Rubys Cupcakes in Corbets Tey Road belongs to a local family who's daughter turned her passion and childhood dream into a small local business. Specialising in creative pieces for birthdays, weddings, holy communions and other celebrations, the bakery offers eggless sponge as well normal mixtures. Striving to use the best ingredients possible from high quality French butter through to organic milk and natural flavours and colours. Alongside the main cakes, Ruby's bakes delicious cupcakes available

in various flavours on a daily basis. They also offer Italian roasted coffee. The motto at Ruby's is "to create gems so if you can dream it and see it we're sure we can make it".

## James Oglethorpe Pre-School

We are excited to announce that the James Oglethorpe Pre-School will be offering the Governments' new initiative of 30 hours' free childcare for working parents of 3

and 4 year olds from September 2017. We will also be providing the new facility for early morning drop off for those who need it. We will continue to offer the current 15 hours free funding for 3 and 4 year olds and for those who qualify for the 2 year old offer. There is also the opportunity for parents to pay for 2 year olds who don't qualify for the offer and to request additional hours. Please call Mandy on 07985 763702 if you are interested in a place for your child. We look forward to hearing from you.

**DYE THIEF**

**SUPPLIED AND FITTED BY  
RETIRED POLICE OFFICER**

**FROM ONLY £149.00**

**CALL  
07460 739 742**

**Yale Alarm Kit  
Supplied & Fitted  
From £149**

*Secure your home,  
Protect your family.*

**facebook**

[WWW.DYETHIEF.COM](http://WWW.DYETHIEF.COM)



**THE KEN RHODES GROUP LTD**  
"BESPOKE DESIGNS TAILORED TO YOUR BUDGET"

**FOR CURRENT SALE DEALS PLEASE CALL 01708 227777**  
PART OF THE WHICH? TRUSTED TRADER SCHEME



SHOWROOM: 193 ST MARYS LANE, RM14 3BU  
VISIT US  
[WWW.KENRHODES.CO.UK](http://WWW.KENRHODES.CO.UK)



THE CONSERVATORY CENTRE GALLOWES CORNER  
(BY APPOINTMENT ONLY)  
01708 227777



# Upminster Fascias, Soffits & Guttering



- Fully Insured
- Free Estimates
- 15 year Guarantee
- Free advice and quotations
- 27 years' experience
- Will beat any written quotation
- EPDM Rubber roofing



Office: 01708 225910 Mobile: 07747386321  
Email: [upminsterfasciasandsoffits@aol.co.uk](mailto:upminsterfasciasandsoffits@aol.co.uk)

## ASSOCIATION COUNCILLORS:

### Upminster Ward:

Linda Hawthorn 225451  
[lindahawthorn@hotmail.co.uk](mailto:lindahawthorn@hotmail.co.uk)

Ron Ower 07721 780372

[cllrrownower@yahoo.com](mailto:cllrrownower@yahoo.com)

Linda Van den Hende 223761

### Cranham Ward:

Clarence Barrett 07863 116029

[cllrclarencebarrett@yahoo.co.uk](mailto:cllrclarencebarrett@yahoo.co.uk)

Gillian Ford 641317

[councillorgillian.ford@havering.gov.uk](mailto:councillorgillian.ford@havering.gov.uk)

June Alexander 227092

[councillorjune.alexander@havering.gov.uk](mailto:councillorjune.alexander@havering.gov.uk)

## ASSOCIATION CONTACTS:

### Editor:

Bruce Nicholls 07505 289568  
[bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

### Commercial Advertising:

Ron Ower 07721 780 372  
[bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

### Upminster Organizer:

Chris Wilkins  
(07960 059 195)

[wilkins@e-account.fsnet.co.uk](mailto:wilkins@e-account.fsnet.co.uk)

### Residents' Association Website:

Cllr Clarence Barrett  
(07863 116029)  
[www.ucra.co.uk](http://www.ucra.co.uk)

## DIARY

### June

7 Wednesday **Upminster Ward Meeting** at Joseph's Social Centre at 7.30 pm

15 Thursday **Cranham Ward Meeting** at Cranham Community Centre, Marlborough Gardens at 7.15 pm

### July

5 Wednesday **Upminster Ward Meeting** at Joseph's Social Centre at 7.30 pm

12 Thursday **Cranham Ward Meeting** at Cranham Community Centre, Marlborough Gardens at 7.15 pm. All welcome

## Coach Outing

### Saturday 15th July

Cranham Social Committee's trip to Eastbourne.

Leaving the Bell School at 9am after usual pick-ups.

Our annual seaside trip to this ever-popular south coast resort. Tickets £15.00 from Gina Savill-Turner 01708 228270 from Monday 5th June from 6pm please.

**Article & Advertising Submission Deadlines**  
Articles - 1<sup>st</sup> Month/Advertising - 3<sup>rd</sup> Month  
Copy to be received on or before the above dates one Month prior to the publish date. Please note that submitting an article does not guarantee publication. Email: [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

## EXPERIENCE THE EXCITEMENT OF FLYING!

Book now for an exciting Air Experience Flight with North Weald Flight Training Ltd, flying from historic North Weald Airfield

You'll get a full safety and cockpit briefing from your CAA licenced instructor after which you'll buckle up and take to the skies. With your instructor close at hand you'll have the chance to take the controls and make the aircraft climb, turn and descend over the Essex countryside.

Whether for yourself, a gift for someone, or even the first flight on your journey to becoming a pilot, this experience is a must!



Prices are just £149.00 for one hour or £79.00 for 30 minutes.

Contact: Paul Bazire  
Mob 07555 323111  
Office 01992 522090

Further details and booking:  
[northwealdflyinggroup.co.uk/experience](http://northwealdflyinggroup.co.uk/experience)

## TERRY LOWRY PAINTER AND DECORATOR CITY & GUILDS QUALIFIED

ALL INTERIOR & EXTERIOR WORK UNDERTAKEN  
VERY COMPETITIVE PRICES

INCLUDING 10% OFF FINAL QUOTE FOR PENSIONERS  
10% OFF FINAL QUOTE FOR 2 ROOMS OR MORE

PHONE: 01708 227365  
MOBILE: 07526 785946  
EMAIL: [t.lowry1@sky.com](mailto:t.lowry1@sky.com)

## Fleet of Foot Podiatry and Chiropody

Thickened nails, fungal nails, in-growing nails, corns, callus, dry cracked heels, claw, hammer or mallet toe lesions, verrucae and warts, dermatological conditions, fungal infections, achilles tendonitis, bunions, plantar fasciitis, heel pain, metatarsalgia, morton's neuroma, leg length discrepancy, foot pain, ankle pain, knee pain, hip pain, lower back pain, shin pain, sports injuries, walking, running and gait disorders, gait analysis, insoles, orthotic therapy, custom orthosis, paediatric conditions, systemic conditions, annual diabetic foot checks.

*By appointment only, please book online through our website, alternatively leave a message by answerphone, text or email, and we will call you back to arrange an appointment as soon as we are out of clinic.*

Fleet of Foot  
53 Bridge Avenue,  
Upminster,  
RM14 2LP

01708 535475  
07954 655588

[www.fleetoffoot.co.uk](http://www.fleetoffoot.co.uk)  
[contact@fleetoffoot.co.uk](mailto:contact@fleetoffoot.co.uk)

Greg Kilner  
Podiatrist / Chiropodist  
BSc Pod Med  
HPCPC: CH34225

# Atlantic

## Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman

Our windows are fantastic value for money

Great choice of high security composite doors

Beautiful conservatories with self cleaning glass roofs

All our work is fully guaranteed

Call us now for a **FREE** no obligation quotation

Tel: 01708 480004

or email [bulletin@atlanticglazing.co.uk](mailto:bulletin@atlanticglazing.co.uk)  
visit our website [www.atlanticglazing.co.uk](http://www.atlanticglazing.co.uk)

## Orchid Montessori Nursery School



Montessori Nursery in Gidea Park

2 Sessions 9.00 - 12.00. 12.00 - 3.00 for 2-5 year olds.

Fully Qualified Staff.

**St Michael's Church, Hedley Rooms,  
Main Road, Gidea Park, RM2 SEL**

Government funded Free Places

available now for 3 & 4 year olds.

Secure outdoor play area. Affordable Fees.


**Come and See for yourself**

01708 722964 [www.orchid-montessori.com](http://www.orchid-montessori.com)





**OLDHAM LANDSCAPES**  
SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION  
DRIVES, PATIOS, BRICKWORK, PLANTING, TURFING, FENCING, DECKING, PERGOLAS,  
PORTFOLIO ON FACEBOOK UNDER OLDHAM LANDSCAPES  
01708 225279, 07973 911893



**Richard Bull Upholstery**  
RE-UPHOLSTERY SPECIALIST  
SPECIALISTS IN BRIDGE-CRAFT, CINTIQUE, COOPER, ETC. OF  
ESSEX FURNITURE, GUY RUGGERS, MINTY, PARKER KNOLL  
AND OTHER QUALITY MANUFACTURERS  
EXTENSIVE RANGE OF QUALITY FABRICS  
FULL REPAIR SERVICE, CUSHIONS REFILLED & REFURBISHED  
FREE ESTIMATES WITHIN THE COUNTRY - PROFESSIONAL SERVICE  
WE COVER ALL AREAS OF THIS DIRECTORY INCLUDING  
ROMFORD, HORNCHURCH, ILFORD, UPMINSTER, LOUGHTON ETC.  
**HORNCHURCH 01708 455 424**  
[www.richardbullupholstery.co.uk](http://www.richardbullupholstery.co.uk)



**the Upminster Sanctuary**  
COMPLEMENTARY HEALING & TEACHING  
**Open Day 10th June 2017**  
ENJOY...  
MINI TASTER TREATMENTS:  
• BOWEN  
• ACUPUNCTURE  
• REFLEXOLOGY  
• MASSAGE  
• KINESIOLOGY  
• YOGA  
REFRESHMENTS  
VARIETY OF STALLS/INFORMATION STANDS  
**FREE ENTRY FOR ALL THE FAMILY**  
11am-4pm  
GIFT VOUCHERS AVAILABLE  
Pea Lane, Upminster, Essex, RM14 2XH  
**01708 251124 / [www.healingandteaching.co.uk](http://www.healingandteaching.co.uk)**



**PATCHETT'S LTD**  
REMOVALS, STORAGE & DELIVERIES  
Domestic & commercial  
Local & long distance  
Free estimates & Insurance  
Container storage  
Family business since 1962  
01708 224968  
Movers House, Front Lane, Crunham, Essex RM14 1XL  
[www.patchettsremovals.co.uk](http://www.patchettsremovals.co.uk)

**PROFESSIONAL GARDEN LANDSCAPING**  
Decking • Fencing • Patios  
Quality TURF Supplied: No Minimum Purchase  
20 Years Experience • Free Written Estimates  
Call in at Rear Yard, 15 Suttons Lane, Hornchurch  
Call us on: 07891 480807  
Visit us online: [www.dggardenworld.co.uk](http://www.dggardenworld.co.uk)  
Fencing | Turf | Artificial Grass | Topsoil | Patios & Decking | Calor Gas



**DIANE MATTHEWS**  
CLINIC  
**01708 727239**  
Janice and Diane specialise in **permanent hair removal**  
for white hairs, grey, blond and dark hairs,  
for fair skin, Asian skin and darker skin colours  
Other treatments eliminate:  
Facial Thread Veins and Spider Naevi  
Skin Tags, Common Warts and Veruccas  
See website for video of treatments  
Having worked over 25 years both privately and in the dermatology dept of  
Oldchurch and Queens Hospital our expertise is second to none!  
186 Brentwood Road, Romford, RM1 2RT  
[www.dianematthews.co.uk](http://www.dianematthews.co.uk)  
Book free consultation  
now - worth £35



**Pinney Talfourd**  
SOLICITORS  
**Services for families**  
Divorce and Separation  
Financial Issues  
Children Disputes  
Cohabitation  
Civil Partnerships  
Collaborative Law  
Pre and Postnuptial Agreements  
**[www.pinneytalfourd.co.uk](http://www.pinneytalfourd.co.uk)**  
E mail: [pinneytalfourd.co.uk](mailto:pinneytalfourd.co.uk)  
Upminster T 01708 229444  
Brentwood T 01277 211755  
Hornchurch T 01708 511000  
Leigh-on-Sea T 01702 418433  
LEGAL 500  
LEADING FIRM 2015  
Resolution  
The family team are all members of Resolution. Law Society panel membership available to individuals. Please see our website for details.

**Multiclean**  
House Clearance, Rubbish Removal, Cleaning, Maintenance  
Why use us?  
• We are a local family business, trading for over 30 years providing a friendly personal service, we can clear rooms/garages/gardens, thoroughly clean the property and then carryout any required maintenance such as decorating and repairs  
• Donna, the owner has a full clean criminal record check, we feel important good practice for businesses to show customers they are honest and trustworthy  
• We have a waste carriers licence (CB/CM3445HM/V002) All rubbish removal businesses must have this.  
• Full or part service available including domestic cleaning, free quotes given  
• We are fully insured  
Contact us on 01708 701848/07954173664  
Donna Sidgwick  
T/A Multiclean 168 Warren Drive, Hornchurch, Essex RM12 4QU





## THE CURTAIN TRACK FITTING COMPANY

Bay Window Experts

We make and fit Tracks, Poles, Blinds, Curtains, Awnings and Shutters.

So call us today on 07956 874 674

[www.curtaintrackfitting.co.uk](http://www.curtaintrackfitting.co.uk) - [david@davidandson.co.uk](mailto:david@davidandson.co.uk)



## Gary Foss Building & Landscaping

City & Guilds approved with 20 years of experience

Home extensions and alterations

Kitchen fitting and worktop replacement

Driveways and patio's designed and laid

Structural wall removal and modification

Porches and garages etc

Free estimates and advice

Upminster 01708 500018

Mobile 07831 469041

Email [gary.foss@virginmedia.com](mailto:gary.foss@virginmedia.com)



STUART IKEMAN

Contemporary hairdressing for all the family at affordable prices

127 Corbets Tey Road, Upminster, Essex RM14 2AA

01708 228192

[www.stuartikeman.co.uk](http://www.stuartikeman.co.uk)



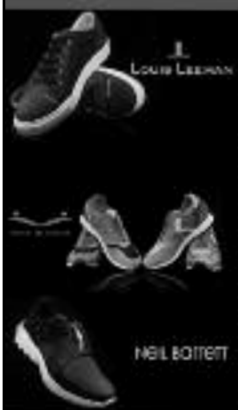
## T. Jefferyes Decorating Services

All aspects of painting & decorating undertaken

Free Estimates  
Call 01708 347190

WWW.FILATI.COM

FILATI



BOGLIOLI

LANVIN

PARAJUMPERS

HARDY JONES VERSACE JOHN GALLERIE J. GALLERIE LANVIN JACOB COHEN  
DIEZEL BROWN J. GALLERIE J. GALLERIE J. GALLERIE J. GALLERIE J. GALLERIE

FILATI

10 Station Road  
Upminster  
Essex  
RM14 2UB  
01708 226 369

13 - 17 June

## BRING ON THE BOLLYWOOD

QUEEN'S  
THEATRE  
HORNCHURCH



01708 443333

[queens-theatre.co.uk](http://queens-theatre.co.uk)

QueensTheatreH

Limitless Entertainment



ARTS COUNCIL  
ENGLAND



Havering

## DAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND  
NURSERY MAN

- † COMPLETE GARDEN LAYOUT
- † PAVING A SPECIALITY
- † PONDS, WALLING, ROCK GARDENS
- † TREE FELLING, FENCING
- † SHRUBS, TREES, ALPINES
- † CONIFERS

FEEL WELCOME TO CALL IN FOR ANY  
ADVICE ON LANDSCAPING AND  
PLANTING FOR YOUR GARDEN

OAK ROYAL NURSERIES, 355a FRONT LANE,  
CRANHAM, UPMINSTER, RM14 1LW  
TEL: DAY 01708 224733 EVENINGS & WEEKENDS 01708  
700557  
MOBILE: 07788 725853



## FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)

Do you have problems  
With your feet?

Trouble cutting your nails?  
Thickened nail management  
Ingrown toenails  
Verruca treatments  
Athlete's Foot  
Hard skin removal  
Fungal nail treatments  
Diabetic nail care  
Corn and callous treatment



## FOOT HEALTH TREATMENTS

£25.00 Home Visits

A friendly, efficient and professional service

Mobile: 07920 855 044

## HOME MAINTENANCE

Est. 1966

Exterior & Interior Painting & Decorating  
Paperhanging - Guttering A Speciality

All Estimates Free  
UPMINSTER (01708) 226327

## J. WRIGHT - ELECTRICIAN

REWIRES  
EXTRA SOCKETS  
COOKER POINTS  
SECURITY LIGHTS



CITY & GUILDS QUALIFIED  
FOR ALL ELECTRICAL  
INSTALLATION

FREE ESTIMATES  
CALL 01708 448402

## DAN THE MAN WITH A VAN HOUSE CLEARANCE OF ALL SIZES I'LL GIVE YOU A TIP - DON'T USE A SKIP



CALL DAN TODAY TEL: 07842 628 560