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## UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION

### Lower Thames Crossing



Highways England have opened a further period of consultation on their proposals to have a further Thames crossing. Proposals are now focusing on what was previously Option C, this seeks to connect a new tunnel and road with a proposed junction on the M25 between junctions 29 and 30 (A127 and A13). The proposed route would join the M25 between North and South Ockendon close to the Ockendon Road in Havering. I would encourage you to view the details on [www.lower-thames-crossing.co.uk](http://www.lower-thames-crossing.co.uk) The consultation period is until 24 March 2016. It is important that your views are registered.

Cllr LINDA VAN DEN HENDE



### Mayor's Variety Show

Please note the Mayor Councillor Brian Eagling and Mayoress Bunny Eagling are holding

a variety show on Sunday 3rd April, 7pm at The Queens Theatre, Hornchurch, to raise funds for their charities. Tickets £15 each from Brian on 01708 373 027

email: [eaglibri@talktalk.net](mailto:eaglibri@talktalk.net).

This promises to be a fantastic evening. Get your tickets now.

### New Editor Please - the Community Needs You!



I am now in my 26th year as editor of the *Bulletin*. Looking back to when I first took over, we were delivering around 6,000 copies of a 4-page newsletter. Now we are delivering some 20,000 copies of a 24-page monthly publication. The success of the *Bulletin* has been down to hard work, commitment and the fantastic help of so many volunteers in ensuring you get your copy. Over this time many local organisations have benefited from the *Bulletin*, in fact a number were founded following publicity in the *Bulletin*. Each month we bring local news, events and articles from across the community and updates from your Residents' Association councillors. We are very proud of the label that says the *Bulletin* is the 'Voice of the Community'. As my Council commitments have grown enormously, and there are only seven days in a week, I now need to step down. We are therefore seeking a new editor who has the interest of the community at heart and the time to commit to this fantastic and worthwhile opportunity. For further information, please contact me on 07721 780372 or email me at [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk). The future of the *Bulletin* is very important to the community and I will give my full support to the new editor.

Cllr RON OWER

### Cranham Parking Schemes

Cranham residents will have received a letter from the Council asking for views on parking issues in the area. The responses will be collated and a plan put in place to evaluate what can or can't be done, subject to budget constraints, to improve the situation. If you haven't received a letter and would like to comment, please let any of your Cranham councillors know. We shall keep you updated on this important matter.

Cllr CLARENCE BARRETT

### Speeding update

Police are continuing with speed checks in Upminster and Cranham. Since December there have been three sessions which together have checked 440 vehicles. The roads were Corbets Tey Road near the junction of Tawny Avenue, Front Lane and Hall Lane. 20 drivers have been stopped and given verbal warnings. In Hall Lane the average speed was 36 mph. Street Watch continue to participate in these speed checks and there are an average of two/three each month. I have been in touch with the Borough Commander in order to get training for our officers so they can use speed checks for prosecution purposes. There is no doubt that seeing officers in High Viz jackets does have the effect of reducing driver speed. It is disappointing that those stopped are in the main local residents.

Cllr LINDA VAN DEN HENDE

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## Thank You Residents

The Rotary Club of Hornchurch and Upminster members would like to express their appreciation to local residents for their generosity in supporting their Christmas collections for local charities.

## No Right Turn Please!

Since the Council was given the powers to enforce Moving Traffic Contraventions (eg no right/left turns, no-entry, etc) in September last year, 128 Penalty Charge Notices have been issued for vehicles turning right out of Howard Road into Station Road. The new powers were preceded by a three-month period of warnings being issued to contravening vehicles stating that Penalty Charges would be issued in the future.

Cllr LINDA HAWTHORN

## Cycling on the Pavement

Over the past few months police have received several complaints from members of the public, including parents of school children, concerning adults riding cycles on the pavements along Corbets Tey Rd and St Mary's Lane. In the main this is during the 'school run'. There have apparently been a few 'near misses' with bikes nearly colliding with pedestrians. As a result of such complaints officers have personally spoken to several adult cyclists and politely asked them to 'dismount' giving an explanation why. In the main this advice has been taken in the spirit it was meant. Unfortunately some cyclists are still riding on the pavement. The last thing we want is for an accident to take place and/or to report people for summons. Riding on the pavement is an offence and more importantly someone might get hurt, probably a child. Of course we are not expecting young children who ride bikes to school to ride on the road. They can be

supervised in a common sense way. In light of the above may we please respectfully ask all 'grown ups' not to ride on the pavement!

PC Mark Edwards

## Abigail's Column

**Young people often get bad press so I want to shout out about the young local talent!**



Meet George a boy in year 7 who has a great talent. He is go kart racer and has been racing ever since he was 6. He has been taking part in championships for four years now. He has recently been signed up to a major team (Lica motorsport) and feels excited and nervous for the new challenge ahead. George's future plans are to win the Subaru championship and to make it to the F1. Twice a month he takes part in a race and last year he just

missed out on winning the championship by three points and he is hoping to be one place better this year. His favourite part of racing is driving up to 60 mph and going wheel to wheel with the other competitors. His family and friends are very supportive as are his sponsors local firm Refub and Renovate, he informs me he is always in the market for further local sponsorship. Well done to everyone who has an amazing talent and keep practicing perhaps you will make it as far as you want to. If you have a talent to shout about contact me at the bulletin via The Editor at [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

## Upminster Police Update

There is some good news for Upminster as residential burglaries have reduced by over 50% in the months of November and December compared to the previous year. In addition there has been a similar reduction in theft from and of motor vehicles in the same period. Hopefully,

*continued on page 3*

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this will continue but we need to continue to be vigilant in ensuring we properly lock our doors and close windows when we go out. During the dark evenings having lights on a timer switch so the house looks occupied is simple but effective precaution. Our Sgt Sandy Adams has been moved back to Romford Police Station to take on a new role and we wish her well in her new post. We have been promised a replacement in the very near future.

Cllr LINDA VAN DEN HENDE

## Can we Help?

From St Francis Hospice to our local guides group, the Upminster & Cranham Residents' Association has helped support, through donations, many local organisations, charities and fund raising activities over the years. We are very keen to continue this practice and would be pleased to hear from any community group, organisation or individual whose work in the community could be enhanced through some additional support. Please contact any of your councillors to make enquiries.

Cllr CLARENCE BARRETT

## What is Easter to you?

For me, it's the most poignant event of the year - but why? I recently lost a Christian friend who died much younger than expected. As we stood by his bedside, I had the certain hope that he was safe with God, and that I would see him again in heaven.

It must have been like that for Jesus' followers - one day enjoying His friendship, miracles, and incredible teaching, the next, nailed to a Roman cross. Disaster, disappointment, but 3 days later, brought back to life.

Jesus' resurrection gives me hope for my friend, and my own future too. What about you? If you would like to know certainty for the future, please come to Upminster Park, 11.00 on Good Friday, or to one of our churches on Easter Sunday. Details available at www.ctucno.org. Hope to see you soon.

Paul Thompson, Leader of King's Church, Upminster, 01708 251 265.

## Tea Room

The tea-room at the Crematorium Ockendon Road

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closed late last year. Many visitors travel long distances to get to the Crem and appreciate a tea and a snack. I pushed for this to be reopened urgently, and am pleased to say that a new contractor has been found and the tea rooms will be open again very shortly.

Cllr LINDA HAWTHORN

## St Mary's Lane Accident Measures

A series of road safety measures along St Mary's Lane, including a speed table outside the Sacred Heart of Mary Girls School, was last month approved by the Highways Advisory Committee.

Cllr LINDA HAWTHORN

## Bill The Milkman

William Spriggins has been delivering milk since 1977 and we heard he was retiring at the end of January. Residents in The Grove area

pointed out that they felt privileged to be served by such a character for such a long time! He has earned their respect and gratitude.

Bill you will be sorely missed. We join the residents and wish Bill a long, happy retirement.

## Decontamination Sheds

I have, through the *Bulletin*, local press etc requested your thoughts on the future use of these two brick- built buildings at the edge of the New Windmill Hall Car Park adjacent to Upminster park. Several of you came back many thanks. I am pleased to say that a use has been found, and they will be used by our Friends of Upminster Windmill for storage on a temporary basis whilst the Mill is being repaired. The matter will be reviewed in 2018 when the Windmill is reopened. If you have any knowledge on the history of these two buildings please let me know.

Cllr LINDA HAWTHORN

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## EU – It's up to YOU!



Readers may be aware of the recent 'declaration' that Havering Council supports the EU Exit campaign. Whether it

is 'in' or 'out', our view is that it is for individuals to decide for themselves and not be railroaded into one camp or the other.

Within our own Association, there are supporters of 'In', 'Out' and many who are undecided, and all those views are to be respected. However, it isn't for locally elected councillors to make such declarations on behalf of 'The Council'.

At the Council meeting, we also tabled a motion which read as follows: 'As has been widely communicated, the opportunity to decide on the continued UK membership of the European

Union will be subject to a Public Referendum. As representatives of the whole borough, this Council therefore notes that it is for individuals to decide for themselves, rather than as a Council, as to whether or not Britain would be better off outside the European Union and to express that choice, should they choose to do so, at the aforementioned Referendum.' Unfortunately, this motion lost by 27 votes to 21.

We also thought that we should be debating local issues like social care, housing, council tax, funding, etc, rather than something the Council, as an entity, has no vote or say over.

Cllr CLARENCE BARRETT

## U.C.R.A Coach Outing News

**Saturday 16th April 2016  
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architecture, elegant Georgian squares and glorious Cathedral and Abbey gardens provide a variety of attractions. There is also prestigious shopping and an award-winning market. Please see "Association Diary" for booking details.

## Compulsory Microchipping of Dogs

From 6th April 2016 it will be compulsory for all dogs over 8 weeks of age to be microchipped and registered on an authorised database. Failure to do so, or to update your database-listed details, could result in a notice served by the police and a £500 fine. Lawton and Stoakes Veterinary Surgeons are therefore offering a free-health check with every dog microchipped before 6th April 2016 (by appointment only). Pop-in and see us or give us a call on 01708 384444 to find out more and hear about our other microchipping special offers.

## Library Opening Hours



Readers will remember we were successful in ensuring that Upminster Library did not have the reduction

in hours that other Libraries will have from the 21st March. Please see below a note from the Council on the opening hours. While these will not start until 21 March, following the implementation of the new staffing structure in Libraries, we need to communicate the changed opening hours at this point in time, as many organisations that run activities or events in our libraries book their time slots in December for the year ahead. Upminster : Monday 10-8, Tuesday 9-5, Wednesday 10-8, Thursday & Friday 9-5, Saturday 10-4.

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## Long House Plants

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It will be open for the National Garden Scheme between 11am and 4.00pm on Wednesdays 15th

June, 13th July, 17th August and 14th September. Also on Sunday 26th June, and Saturdays 23rd July, 27th August and 24th September. Tea and cake will be available.

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## ANPR at Gerpins Lane Waste Facility

In an effort to tackle commercial waste being dumped with residential waste, Automatic Number Plate Recognition (ANPR) is now in place at Gerpins Lane Reuse and Recycling Centre. While this is a facility paid for through your council tax (some £13m per year) and open to all residents, there is an increasing trend of traders using the site to dispose of commercial waste without declaring it and thereby avoiding making payment. With disposal costs of £130 per tonne, and increasing, this is a costly burden

for council tax payers to bear. Frequent visits by residents can be arranged, but the ANPR cameras will be used to identify and challenge vehicles carrying trade waste, including those using cars and small vans. Please continue to bring either a current council tax bill or driving licence with you as proof of residence when you visit.

Cllr CLARENCE BARRETT

## Upminster Floral Art Society

Please note the following in your diaries for this month and in April:

Wednesday March 16th: Robin White with his demonstration called "Floral Formations."

Wednesday April 20th: Sandy Price with her demonstration called "Potty About Flowers." Both demonstrations at the New Windmill Hall, St. Mary's Lane, Upminster. 7.30pm for 8pm start. Please telephone Margaret on 01708 471 099 for further details.

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## Shirley's Tours

Shirley has organised the following:

**May 6th**, Friday Matinee Brick Lane Musical with afternoon tea- Celebrating the Queen's 90th birthday and St George's Day; £50 including coach. Coach pick up time approx. midday. Now booking.

**June 25th**, Saturday: Legoland, Windsor. 55 rides, live shows/attractions. Adult £42; child 3-15 years £35. Includes coach. Now booking.

**July 30th**, Saturday: Mill at Sonning Theatre, Reading: "The Hollow", Murder Mystery (matinee) play by Agatha Christie, directed by Brian Blessed; includes two course lunch/tea coffee/programme/coach. River Thames setting: £70 Inclusive.

**Sept 3rd**, Saturday: Regents Park Open Air Theatre; "Pride and Prejudice": by coach: £46 in tiered seats, or access seats at £52.50. Matinee.

Please contact Shirley Ward -

01708 227 884; or e mail

[shirley@shirleytours.co.uk]shirley@shirleytours.co.uk - for full list

continued on page 9

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## Havering Triathlon Club

Havering Triathlon Club is THE multi-discipline club - our training is mostly based in Upminster and we host coached core sessions for running on Monday nights which start at 7pm, we offer spinning classes at a local gym and have organised group rides for all levels most weekends (and weekdays during the summer).

Havering Tri members also receive a discount on swimming lessons from KAS. Whatever your goals are - whether it's to complete a short course tri, or full Ironman - Havering Tri will be there to support you through every step. For more details, contact - Kay Hamilton on 07957 567 915 or [www.haveringtri.co.uk](http://www.haveringtri.co.uk)

## Deputy Manager Required

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## Coffee Mornings

All Saints Church, Cranham, are holding Coffee Mornings every Saturday from 10am to 12.30 in the Vestry hall during Lent. They will be serving full English breakfast as well as all the usual snacks and stalls.

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## Charity Golf Day

Golf day at Maylands Golf Club, Romford in aid of Alzheimer's Research UK. Friday 4th March, registration 9am to 9.30am, tee off 10.30am. Cost £30 which includes breakfast and lunch and a donation to Alzheimer's Research UK. Teams of four preferred (best two score) but individuals welcome, nearest the pin and take on the professional, prizes and raffle. Contact Sandra Long 07955 747 300 to book a place.

hosts in Havering. We would be delighted to receive new members. It presents an ideal opportunity to experience a new culture and new language in a friendly setting. Being able to speak German is not a pre-requisite. Our AGM will take place on 29th March 2016 at 7.30 p.m. in Cranham Community Centre and we would be delighted to meet you then. Alternately you could join us for our tea dance or at one of our other social events. For further details please contact Kath O'Connor (Secretary) on 01708 440084.



45<sup>th</sup> Anniversary 1971 - 2016

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## Delia Pusey

A memorial exhibition of Delia's work will be held at the 'Old Chapel', next to Sacred Heart School from Tuesday 5th April to Saturday 9th April between 10am and 4.30pm each day. Entry is free and parking available next to the Chapel. Delia was a gifted textile artist who lived in Upminster for fifty years. Her work has been exhibited in locations around the country and includes items demonstrating

*continued on page 11*

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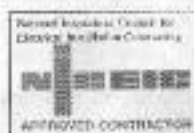
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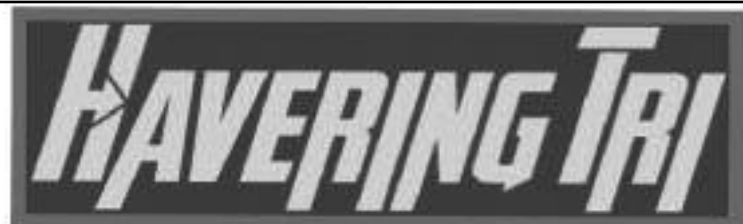
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many techniques and skills. The Exhibition will not only include finished pieces on loan but work books and a range of sketch books which were the source of Delia's ideas.

Cllr LINDA VAN DEN HENDE



### Upcoming events at the Old Chapel

#### Creative Craft Sessions

**Weds 2 March, 3.00pm - 5.30pm** - Spring is on the way!

**Weds 30 March, 3.00pm - 5.30pm** - Textiles. £3 per child, suitable for ages 4+, no need to book.

**Monday 14 March, 7.00pm - 9.30pm, Adult Pottery Painting**

Come to the Old Chapel to have a cuppa and get creative! It is £5 in advance, and you pay per item you paint. Please book a place by calling Gemma Smith on 01708 222660 or email

[gsmith@mary.havering.sch.uk](mailto:gsmith@mary.havering.sch.uk)

**Sunday 3 April, 2.00pm - 5.00pm** - General Open Day

**Sunday 17 April, 2.00pm - 5.00pm** - Local Art Display

A range of work by local artists will

be on display at the Old Chapel  
**Weds 13 April, 10.30am - Tea and Talk, Working at the Docks.** Join Len Taphouse as he shares his experiences of working on the Docks. £2 for non-members. Please book a place by calling Gemma Smith on 01708 222660 or [gsmith@mary.havering.sch.uk](mailto:gsmith@mary.havering.sch.uk)

### Rotary Quiz Night

The Rotary Club of Hornchurch and Upminster will be holding their annual quiz on Saturday 19th March at St. Laurence Church Hall, Corbets Tey Road, Upminster. Doors open at 7pm for a prompt start at 7.30pm. Tickets are £12.50, which in includes a fish/chicken/veggie option and chips supper. Please bring your own drinks and nibbles. For tickets please phone John Kent on 01708 449 118.

### Saturday Talks Club

Van Gogh & Tchaikovsky: Parallel Lives- Speaker Andrew Rothwell; on Saturday March 12th at 2.15pm

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At Roope Hall, United Reform Church, Station Road, Upminster. Cost: £4 including tea and biscuits. Contact: Mrs Blake 01708 227 512 or Mrs Bland 01689 858 701 for further information. All welcome.

### Harold Court School Field

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### Quiz Night

**Stewart Avenue Allotments** aim to run a friendly, well serviced site which promotes the benefits of 'growing your own' to local residents and schools.

We are holding a Quiz Evening on Saturday 21st May at Cranham Community Centre, Marlborough Gardens, 7pm for 7.30pm start. £6 per person, bring your own drinks and nibbles. Tables of up to 10 can be booked with Jackie on 01708 641624 or [Jackiewhitehead@sky.com](mailto:Jackiewhitehead@sky.com).

All proceeds go towards the upkeep of the allotments.

### Coffee & Conversation

#### A Party to Celebrate our Queen's 90th

Come and join our Party on 22 April 2016 from 10.30 am. We will be entertained by Dean Ferris - Vocalist. Lunchtime Ploughmans and Dessert. Tickets £7.50. Tickets from Coffee and Conversation Friday mornings (10.30 am - 12.30 pm) or phone 01708 221429.

### Cappella Singers' Spring Concert

The Cappella Singers of Upminster are presenting their Spring Concert on a theme of Shakespeare, on Friday 18th March 2016 at 8.00 p.m. at The Old Chapel, St. Mary's Lane, Upminster (next to the Sacred

*continued on page 13*

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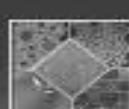
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## Wednesday Music Evenings

**Wednesday 2nd March - Music By Royal Appointment** - Stephen Raindle presents a programme of music composed for royal occasions, about royalty and even by royalty. As well as popular pieces such as Zadok the Priest, Crown Imperial and Greensleeves, the programme will also include a diverse selection of 'royal' music.  
**Wednesday 16th March - Jazz Britannia** - an appreciation of British Jazz bands and singers - presented by Alan Morris who also organises jazz appreciation classes for Havering U3A. Expect to hear recordings ranging from the trad jazz era, bop and some contemporary British jazz.  
**Wednesday 30th March - Just The Job** - Harry Newman takes the theme of work, jobs and occupations and in a not too serious way shows what one does for a living can be portrayed in music. Harry's programme will

include classical, jazz and light music recordings.  
All programmes are held in the 1st Floor Meeting Room at Hornchurch Library and start at 7.30 ending at 9.30. Admission is free of charge but we do request a nominal donation for interval refreshments. No need to book - just turn up. If you need any more details call Stephen Raindle 01708 470 670 or email [sraindle@aol.com](mailto:sraindle@aol.com)

## Race Night

Havering East Rotary are holding a Fund Raising Race Night at the Albany School on Saturday 19th this month.  
Tickets £12.00 which includes either Fish or Chicken & Chips. As well as winning on the tote you can also become an owner at a cost of £7.50 per horse. For further details please phone 01708 780 158.

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650,000 people. So now spring is here and we are all getting over the winter blues, why not get out and use it for your exercise and enjoyment. Since its early days the annual 'Thames Chase', a 10k run, encouraged the use of the Forest for routine exercise and competition. This year the accredited 10k run will take place on 12th June followed by a family fun run. If you would like to take part or get involved with either run visit the website [www.thameschase.org.uk](http://www.thameschase.org.uk) or pick up a leaflet from the Visitor Centre, Pike Lane.

#### At the Forest Centre in March - Sunday 6th March 10am-3pm.

Join our conservation volunteers for a day in the fresh air and help to maintain the Forest Centre.

**Friday 11th March 10.30am-12noon** - Coffee morning. Bring your pictures and memories to help 'Discover Thames Chase'.

**Sunday 13th March 3pm** An audience with...? Cost £6 per person.

**Friday 18th March 2.30-4.30pm.** Spring Cream Tea with live music. Cost £8 per person (Booking essential)

**Sunday 20th March 10am-3pm.** Sunday market including textile demonstrations.

**Friday 25th March from 10am.**

Guided walk from Broadfields to Parklands and learn about the regeneration and history of this hidden treasure in south Upminster.

#### Friday 25th - Monday 28th March

**10am-4pm** (Easter weekend) Art Exhibition by Sid Cardew, a local acclaimed marine watercolour artist.

More information on our website [www.thameschase.org.uk](http://www.thameschase.org.uk)

## Our Libraries Want Volunteers

Libraries in Havering have launched a campaign to recruit 100 volunteers to work alongside staff in the borough's libraries. The Council is looking for a huge variety of volunteers to help with everything from creating exciting book displays to shelf stacking, to help with baby-bounce events or teaching people how to use computers and iPads right through to fundraising or helping libraries reach more people. There are many ways residents can get involved from just a few hours a month:

- Event assistants
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*continued on page 15*

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Sunday 6th March 2016

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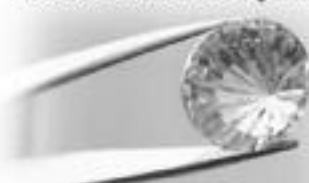
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## Girls you are invited

Upminster Cricket Club would like to invite any girls interested in playing cricket to join them this summer. We are keen to grow our girls section and are in need of new players up to the age of 15 years to join our friendly and growing team, no experience necessary. For more information please contact Linda Carter 01708 223 244 or carterking@ntlworld.com

## Guides' Quiz

Cranham Park Friends of Guiding are holding a Quiz Evening on

Saturday 5th March, 7.15 pm for 7.30 pm start.

At The Cranham Community Centre, Marlborough Gardens. Tickets £7.50, includes a Ploughmans Supper.

Tables of not more than 10. Bring your own drinks and glasses. Contact Barbara Levis on 01708 250941 or Doris Harding on 01708 226725.

## Swing Band Concert

On St. Georges Day, Saturday 23rd April, the Rotary Club of Hornchurch and Upminster will be organising a big band concert which will take place from 8pm in the New Windmill Hall in St. Mary's Lane, Upminster, to celebrate England's national day! Music is by the seventeen piece Ken Turner Big Band and include numbers written by Glenn Miller, Count Basie and other jazz musicians of the 1940s. Tickets at £20 which include a fish and chips or chicken and chips supper are available from Jim Haines phone 01708 226 717 or Brian Taffs on 01708 250 855. Please bring your own drinks and nibbles.

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## Quiz Night

Quiz Night, Saturday 23rd April. 7 pm for 7.30 pm start in the Main Hall, St Laurence Church, Upminster. Tables of 8. Bring your own food and drink. Tickets £6 available from Katie Bowman 01708 640 133. Raising funds for the Children's Society.

## Race Night

There will be a Race Night at All Saints Church, Cranham in the Vestry Hall on Saturday 16th April at 7.30pm. Tickets £6 coffee and biscuits provided. For further details please contact Helene on 01708 225 629.

## Havering Concert Orchestra

The Havering Concert Orchestra invites you to their Spring Concert on Saturday 19 March, 7.30pm, Frances Bardsley Academy. The repertoire comprises:

- Rossini - Overture The Silken Ladder (La Scala di Seta)
  - Mendelssohn - Violin Concerto - Madeleine Mitchell
  - Tchaikovsky - Symphony No 5
- The HCO is delighted to welcome Madeleine Mitchell as soloist for the Mendelssohn Violin Concerto. Madeleine has a distinguished career as violin soloist, chamber musician,

*continued on page 17*

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dedicated teacher and artistic director. She has performed in some 50 countries and made many recordings and broadcasts, whilst making a regular commitment to her Royal College of Music teaching. We look forward to seeing you on the 19th March to enjoy this music programme.

## Jissokan

We mentioned last month that Jissokan local martial arts were holding, in Upminster, the traditional Chinese new year lion dance.



Chinese New Year Lion Dance  
Photo: Courtesy of Brian Hill

The Jissokan runs various classes locally in traditional Goju Ryu Karate and Okinawan Kobudo, the rare weapons based system

which includes various weapons such as Sai (metal truncheon), Nunchaku (flails), Tunfa (side-handled baton), and many more. In addition there are various holistic classes available in Qigong, Japanese Yoga, and strength and conditioning training. The lead instructor Garry Lever has 25+ years experience, receiving his training direct in Okinawa, Japan, and is known worldwide as a leading authority on the arts, having trained with some of the most senior teachers in the world. Classes are tailored to suit all abilities and beginners are welcome. New beginners classes in Okinawan Kobudo are now available at Cranham Social Hall, Front Lane on Weds 7.30 - 9pm. Please see [www.jissokan.com](http://www.jissokan.com) for further details.



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## Wesley Guild

The Wesley Guild's March meetings are not as listed in our printed programme but will consist of the following events:  
**Thursday 10 March** "The Antarctic, South Georgia and the Falkland Islands", an illustrated talk by Peter Harper.  
**Thursday 31 March** "Mugs and Tea-towels" (audience participation).  
Meetings to be held in the Minor Hall, Upminster Methodist Church, Hall Lane at 1.30pm for 2pm.

## Breathe Easy - Havering

We are support group for people with COPD, Asthma or any lung condition and are affiliated to the British Lung Foundation. We meet at St Andrew's Church on the last Monday in the month at 1.30pm. We have guest speakers on a variety of subjects such as medication, breathing exercises plus other non-medical subjects. Tea, coffee and biscuits are provided and at Christmas we have a celebration lunch in a local pub. New members, some of whom have just been diagnosed with COPD tell us that meeting other people with the same condition

and seeing how they cope is helpful. So, new members, carers and family are always welcome. To find out more ring Elaine 01708 509127 or Joyce 01708 226696.

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Also we hold a seated exercise class for those in a wheelchair or who use a frame or walking sticks again this class is fun friendly and very beneficial.  
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## LOCAL FUTURE EVENTS

### MARCH

- 4 Friday - **Women's World Day of Prayer**, Upminster Methodist Church, Hall Lane, Upminster. 2 - 3 pm, with refreshments afterwards. The theme of this service is: Receive Children, receive me, prepared by Christian women of Cuba. All welcome.
- 5 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ, doors open at 1pm meeting starts at 2pm. This month 'Tracing Huguenot Ancestry' is the talk by Kathy Chater. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by, 'London Labyrinth' by Kathy Chater. Teas and coffees can be purchased. Members and visitors welcome to either or both.
- 5 Saturday - **Hornchurch and Upminster Sugarcraft** have a demonstration on "Pressure Pipes Animals" by Tessa Whitehouse held at Hornchurch Library, North Street, Hornchurch. Entrance fee Pay at Door £6 includes Tea and Cake. 1.30pm - 3.30 pm.
- 8 Tuesday - **NADFAS Havering** Following the Annual General Meeting we welcome Mr Martin Heard with a talk entitled "Tulipmania: Bloom and Bust". AGM 10.15 am, Lecture 10.45 am. Coffee from 10.00 am. Visitors welcome at £8. The meetings are held at The New Windmill Hall, St. Mary's Lane, Upminster, RM14 2QH. Further information on the Society, future lectures and visits can be found at [www.haveringdfas.org.uk](http://www.haveringdfas.org.uk)
- 8 Tuesday - **Upminster Horticultural Society** have Guest Speaker Caroline Holmes on **Garden History and Follies**. Caroline is a garden historian, international lecturer, broadcaster and author. Her presentation is a look at garden history from the 17th to 20th centuries. The talk will take place in the New Windmill Hall, St Mary's Lane, Upminster from 7.45 pm to 9.45 pm, doors open at 7.15 pm. Entrance is Free to members, non-members very welcome for a fee of £2.00. For further information on Upminster Horticultural Society see our website [www.upminsterhorticulturalsociety.co.uk](http://www.upminsterhorticulturalsociety.co.uk) or [info@upminsterhorticulturalsociety.co.uk](mailto:info@upminsterhorticulturalsociety.co.uk).
- 9 Wednesday - **Cranham Social Hall**, 103 Front Lane are holding a **Tea Dance**. Tickets £3.50 Pay at th Door. 2.00 pm to 4.00 pm.
- 14 Monday - **Essex Wildlife Trust** meet at Hornchurch Library from 8.00 pm - 9.45 pm. A donation of £2.50 is required which includes refreshments and biscuits. This month there will be an illustrated talk: **Blue House Farm** by Nick Robson (warden of EWT Blue House Farm).
- 17 Thursday - **Upminster Wine & Social Club**. We are a fun group with an interest in wine appreciation and enjoying many social events. We hold meetings every third Thursday of the month with a variety of speakers and a wine tasting. Meetings are held in the Cranham Social Hall, Front Lane, Cranham; start 8 pm. For more information contact Maureen

*continued on page 24*

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## Upminster Library Events

### Techy Teas

Thursday 3rd March  
10.30-12.30 Free. Learn how to use the full potential of your laptop, mobile phone or tablet. Just bring along your device and an active Havering Libraries card and one of our volunteers will show you how. Just come along.

### Holistic Massage

Friday 11th March 12.00 - 4.30  
Wednesday 16th March 1.00- 7.00  
£10 for 15 minutes. A relaxing back, neck and shoulder massage using essential oils. Advance Booking is essential.

### Reflexology

Saturday 12th March 9.30-3.00  
For a full list of treatments and prices please contact Upminster Library

Advance booking is essential.

### Adult Craft Workshop: A Card for Spring

Tuesday 15th March 1.30-3.00.  
£6.00 library members / £7.50 non members. Try different craft techniques in a friendly environment.

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### Tapestry Dementia Advice

Thursday 24th March 3.30-4.30  
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Do you have worries about your memory?

Do you know or care for someone who has concerns about Dementia?

Come along for a free and confidential chat.

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### Ancestry Help and Advice

Every Thursday 2.00-4.00 Free  
Help and advice on tracing your family tree. Active Library card required.

Just come along.

### Contact Upminster Library

**01708 434 933**

Upminster.library@haverling.gov.uk

### Upminster Library New Opening Hours

From the 21st March Havering Libraries will be changing their opening hours.

Upminster Library will be open:

**Monday 10am - 8pm Tuesday 9am - 5pm Wednesday 9am - 5pm Thursday 10am - 8pm Friday 9am - 5pm Saturday 10am - 4pm Sunday Closed.**

## Cranham Scouts

1st Cranham Scout Troop are running a recruitment campaign to encourage more young people into scouting.

Do you have a child (son or daughter) between the age of 10 ½ to 14 that would like to join

scouting? 1st Cranham scouts are recruiting new members and would welcome new individuals to their group. Meeting weekly we boast an exciting and packed agenda of activities such as cooking, survival skills, water sports, personal challenges, night and day activities, hiking events and competitions to name a few. We meet at 7.45 to 9.15 every Wednesday night during school terms at the All Saints Church hall, The Chase, Cranham. Some nights we meet elsewhere should the activity require so. Why not give it a go! If you are interested please contact Jessica at jessie2607@yahoo.co.uk

## Friends of Upminster Mini Golf

The next meeting of the Friends Group will be on 17th March (7.15pm) at the Cranham Community Centre, Marlborough Gardens - all welcome. We are very keen to hear from anyone who would be interested in an events and/or publicity role for the group. For further information, please contact Clarence on 07863 116029.

## Byron Mansions, Upminster

I am pleased to report that the two planning applications to build a third storey on each of the two Art Deco Buildings in Corbets Tey Road was considered at Regulatory Services Committee on the 28th January. Whilst approval was recommended by officers, two residents and myself as ward councillor, spoke against the applications and following debate, all members of the committee voted to refuse the applications. This is a huge relief, however it is anticipated that there will be an appeal but that will be to the Planning Inspector who is independent of the Council.

Cllr LINDA VAN DEN HENDE

## Upminster Tithe Barn

Late January saw a film crew at the Barn - students from RADA (Royal Academy of Dramatic Arts) were making a short film called 'One Last Frolick' as part of their degree courses. The period film is set in 1939 and follows three young men who are about to go to war - and one of them has a

*continued on page 22*



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## ASSOCIATION CONTACTS:

### Editor / Commercial Advertising:

Ron Ower 07721 780 372  
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### Upminster Organizer:

Cllr Linda van den Hende  
(223761)

[lindavandenhende@btinternet.com](mailto:lindavandenhende@btinternet.com)

### Residents' Association Website:

Cllr Clarence Barrett  
(07863 116029)

[cllrclarencebarrett@yahoo.co.uk](mailto:cllrclarencebarrett@yahoo.co.uk)  
[www.ucra.co.uk](http://www.ucra.co.uk)

## ASSOCIATION COUNCILLORS:

### Upminster Ward:

Linda Hawthorn 225451  
[lindahawthorn@hotmail.co.uk](mailto:lindahawthorn@hotmail.co.uk)

Ron Ower 07721 780372  
Linda Van den Hende 223761

### Cranham Ward:

Clarence Barrett 07863 116029  
Gillian Ford 641317  
[councillorgillian.ford@havering.gov.uk](mailto:councillorgillian.ford@havering.gov.uk)

June Alexander 227092  
[councillorjune.alexander@havering.gov.uk](mailto:councillorjune.alexander@havering.gov.uk)

'romp in the hay' with his girlfriend before he is called up. And it was Upminster Tithe Barn Museum of Nostalgia that provided the backdrop - namely a Victorian hay wagon and a few bales of hay.

It took two days of filming to create just four minutes of film.

## Upminster Trefoil Guild

The group has attracted a number of members since it was started locally fifteen years ago. Having only eight members now they welcome you to join. Although most of the local guild has a connection with the Guild and Scout Movement it is not condition of membership. An interest in the movements work with young people and their activities is the main factor. They meet on the fourth Thursday of the month at The Cranham Community Centre, Marlborough Gardens for further details please contact Ivy Edwards Chairman on 01708 221 226 or Jean Blow Secretary on 01708 226 731.

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- Jasper on 01708 223956, or simply come along on the night.  
 You will be most welcome.
- 18 Friday - **Havering Antique and Collectors Club** meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood have Guest Speaker Yasha Beresiner on "Bank of England Paper Money". 7.30 pm for 8 pm start. For further details please call our Chairman Mrs Chris Lovett 01708 221851.
- 21 Monday - **Romford & District Historical Society** are holding their AGM followed by a Talk from Chris White on 'London in Art'. Meetings held at myplace, 343 Dagnam Park Drive, Harold Hill, Romford, RM3 9EN. Access from 7.30 pm - Meeting 8.00 pm to 9.30 pm.
- 21 Monday - **Breathe Easy - Havering** is a support group for people suffering from breathing difficulties, COPD, Asthma. etc. We meet on the last Monday of the month at St. Andrews Church Hall, Hornchurch at 1.30 - 3.00 pm. Please contact Joyce 01708 226696 or Elaine 01708 509127 for more details.
- 23 Wednesday - **Upminster Townswomen's Guild** are holding their AGM and have a Charity Gift Auction. Come along and join us at 1.45 pm in St Laurence Church, Derham Hall,

Upminster. For more details phone Shirley on 01708 224219 or Bertha on 01708 222410.

#### APRIL

- 2 Saturday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm.
- 2 Saturday - **Hornchurch and Upminster Sugarcraft** have a Workshop "Disney Princess" demonstrated by Jaquie Kelly held at Hornchurch Library, North Street, Hornchurch. Entrance fee Pay at Door £6 includes Tea and Cake. 1.30pm - 3.30 pm.
- 2 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. The Internet & Technology Group meets at the same venue 11am - 1pm where a Q&A session is held. Teas and coffees can be purchased. Members and visitors welcome to either or both.
- 3 Sunday - **Upminster Tithe Barn Museum of Nostalgia Open Days**, Hall Lane. Open 10.30 am to 4.00 pm.
- 5 Tuesday - **Ogthorpe Women's Institute** have Carol James talking about "Confessions of a Jewellery Junkie".

- Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome.
- 6 Wednesday - **Upminster Crime Prevention in Upminster** at St. Joseph's Hall, St. Mary's Lane, will have speakers on the important topic of Crime Prevention. It will have information on how best to keep your house and possessions safe. Our local police will also be in attendance. All welcome.

#### ASSOCIATION DIARY

##### MARCH

- 2 Wednesday **Upminster Ward Meeting** at St Joseph's Social Centre at 8 pm
- 10 Thursday **Cranham Ward Meeting** at Cranham Community Centre, Marlborough Gardens at 7.15 pm

##### APRIL

- 6 Wednesday **Upminster Ward Meeting** at St Joseph's Social Centre at 8 pm

14 Thursday **Cranham Ward Meeting** at Cranham Community Centre, Marlborough Gardens at 7.15 pm

#### ASSOCIATION COACH OUTING

Saturday 16th April  
 Upminster & Cranham Social Committee  
**Coach trip to Bury St Edmunds**  
 Leaving Bell School Upminster at 9am after usual pick ups. The Cathedral & Abbey Gardens are well worth a visit in this popular market town. Tickets £12.00 to be booked with Mrs Thelma Bezant 01708 226815, from Monday 7th March.  
 Between 7pm and 9pm please.

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