



## We remain independent of all political parties

Cranham Computer Centre 01708-250296

#### PC & Laptop Repairs

Virus issues Running slow Internet problems WIFI Data recovery Power supplies Laptop Screens Hard drives Pick up and Drop off service



email: bulletinra@yahoo.co.uk

The Voice of the Community

## **UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION**

## **Upminster Library**



We have pointed out a number of times the Council has to make huge savings over the coming years. Part of the original plan was to scale down opening hours of a number of libraries, including Upminster, to 25 hours per week.

As Upminster is easily the third busiest library in Havering, with the highest proportion of residents belonging to a library, we believed the library should be open six days a week, as it is now.

During the consultation period, many people sent in their concerns about the proposed reduction in hours. A public meeting was held just before Christmas, and

instead of the 20 - 30 people who attended the other library consultation meetings, we had over 120 people in attendance - all expressing their views, firmly but politely.

We have listened to your concerns and, along with our colleagues, have revised the proposals so that Upminster will remain open for the same 50 hours as before. I am also pleased to say that the revised plans allow for the Local Studies Library in Romford to retain a permanent member of staff and the summer reading group challenge will continue.

As part of the joint Administration, we are pleased that we were able to adjust the hours at Upminster Library and bring in the other changes to reflect the views and concerns of our residents.

It is very sad to see in many areas in the country libraries bring completely closed, thankfully this has been avoided here in Havering!

Cllr LINDA HAWTHORN

## **Upminster Ward Meeting**

Speaker: Bob Wenman, Head of the Council's StreetCare, will be attending the March 4th meeting to give us an update on his range of services. Bob is always a very popular speaker, given his services covering refuse, pavements, roads, parking etc. Come along so you can ask him direct questions about matters of concern. St. Joseph's Hall, St Mary's Lane at 8 pm.

Cllr LINDA VAN DEN HENDE

## **Budget update**

Following months of consultation and listening to the concerns of our residents, we have reviewed the initial budget plans and, by working as a Joint Administration, have amended the budget proposals as follows:

- Upminster Library will remain open 6 days a week
- The local studies and archive service will continue
- The summer reading challenge will continue
- No charges to use library computers
- The Housebound library service will continue with a local organisation
- Youth Service to be developed as an employee led mutual. To explore partnership working with the YMCA
- Parking in parks to be scaled back to 20p for three hours, 50p up to five hours and free at weekends & Bank Holidays
- Proposed reduction to Queen's Theatre grant phased over three years instead of two

Finding £60m of savings is extremely difficult, but by listening, re-evaluating and reconsidering options in light of the comments and concerns made by residents, demonstrates that working in a sensible partnership can bring about some positive change while dealing with very tough financial challenges.

A full report on the budget and Council Tax will follow in next month's edition of *The Bulletin*.

Cllr CLARENCE BARRETT







## Tusker Technology

~ for all your computer & internet needs

Web site design and hosting and Domain registration New computer system built to your specification Upgrades and repairs to PCs – friendly advice given Software written - Network installation & maintenance

Call Free: 0800 026 2515

email:martin@tusker.co.uk

Web: http://www.tusker.co.uk.

## **Evening of Pottery Painting**

Thursday 12th March 7 pm to 9.30pm at The Old Chapel Upminster, St. Mary's Lane, Upminster, RM14 2QR. Why should the children have all the fun? Come and enjoy an evening of Pottery Painting at the Old Chapel. £5 to reserve a place (booking advised) which includes refreshments. Fee must be paid when booking. Email: gsmith@mary.havering.sch.uk Contact: Gemma Smith gs@mary.havering.sch.uk Tel: 01708 222 660.

## **Upminster Police Issues**

**During December and January** there have been a total of 18 residential burglaries. They have been a mixture of front and rear entry through doors and some windows. Small items such as cash, jewellery and laptops are the most common items taken.

Upminster Carpets

205 St Marys Lane, Upminster

01708 224515

Old Carpets and Furniture?

No Problem!!

In addition there have been 6 attempted Burglaries from houses. 7 thefts from vehicles where items have been left on display have occurred together with 5 thefts of vehicles.

The message is to ensure doors are securely locked, even if you are going out for a few minutes, that's all it takes for a criminal to get in. Intruder alarms and security lights are a good investment. If you see anything suspicious or feel its an emergency always call 999.

If it's not an emergency call 101 and report anything you are not happy with.

Cllr LINDA VAN DEN HENDE

## **PC Mark Edwards (Taff)**

Mark is moving on from being Upminster Safer Neighbourhood Teams dedicated Police Constable to a new role as Schools Officer for Upminster Secondary Schools this month. Although we will be losing him

#### We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinyl
- Home Service Available Karndean

#### PLUMBING & HEATING \* Emergency Repair \* Blocked Drains \* · Heating Broakdown \* Servicing \* & . Maintenance . SON \* Ballvalves \* Tanks \* + All Work Gugramood + ENGINEERS · Established Locally For Over 25 Years \* FAST BELLARLE FRIENDLY SERVICE Tel: 01708 229857 Mobile: 07860 801377

### A Touch Of Glass MANUFACTURERS OF SEALED UNITS S LPPLIERS OF WENDOWS , DOORS AND CONSERVATORIES TOP QUALITY PVC-U USED WE CAN ARRANGE FINANCE GLASS CUT TO SEE WHILE YOU WAIT BROKEN OR MISTED UP SEALED UNIT REPLACED OR CHANGE YOUR CLEAR UNIT WITH LEAD LIGHTS PICTURE PRAMES MADE TO SIZE OR MOULDINGS SOLD BY THE LENGTH OVER 100 MIRRORS IN STOCK

97 Front Lane, Upminster RM14 IXN www.atog.co.uk 01708 250070

## Mike Smith Plumbing and Heating



Qualified and experienced engineer working in Havering No call out charge . OAP discount . 24 hour call out

07931 645084

email: mccr87@gmail.com

from the team, he will still be around Upminster in his new role so we will probably bump into him from time to time. As he will be dealing with issues arising from our schools he will still have a link to our SNT team. Mark is being replaced by PC Sarah Morris, who has previously served on the Upminster SNT so no stranger to us. PCSO Julie Wade remains on the Upminster SNT. A reminder that the Police Office in Corbets Tey Road is open Wednesday and Thursday evenings from 7 to 8pm and 2 to 3pm on a Saturday when you can speak directly to a police officer.

Cllr LINDA VAN DEN HENDE

## **School Expansion**

Both Engayne and James Oglethorpe Primary Schools are being considered for expansion and the original timetable has changed.

The government has implemented a process that schools now have to go before planning before decisions on expansion go out to statutory consultation. James

Oglethorpe plans are currently being drawn up. No statutory consultation process will take place until both planning processes have been undertaken.

Engayne's planning application went out to neighbour consultation on 28.1.15: Application No P0072.15, for various Single Storey Extensions to Early Years block, providing 2 Additional Classrooms, increase in Hall area, and Extension to Kitchen, Single storey extension to the 2 Storey block providing new Classroom and entrance lobby, together with extension to existing playground and staff car-park. Comments were due by 18.2.15, which unfortunately fell between Bulletin publication dates. A decision is due on the planning application by 17.3.15. I have called in this application so it will have to be heard by the Planning committee who will accept comments up to the date of the meeting. Please note if you submitted comments to Engaynes' preconsultation process, you will have to provide a new submission

continued on page 3



Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds, Planting, Water Features, Turfing & Decking.

All work solely undertaken by \* Greg Oldham \*

Tel. 01708 251 004 / 01621 860 529 Mobile 07812 131 772



emait: oldhamgreg@yahoo.co.uk

## BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office: 01708 780000



Tel: Home: 01708 733088

Natural Stone Paving



BOILER REPAIRS . SERVICING AND INSTALLATIONS . COMBI BOILERS

TANKS • TOILETS

· ALL GAS WORK

O.A.P'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS

(iphe

01708 475041 079301 49046

www.adv-mpplumbing.co.uk pat@adv-mpplumbing.co.uk



#### FLEET ELECTRICAL & HEATING SERVICES

National Inspection Council for Electrical Installation Contracting

APPROVED CONTRACTOR

Full / Part Rewires - Extra Plugs

TEST CERTIFICATES PROVIDED

Immersions - Security Lighting - Fault Finding Established in Upminster for 20 Years

Phone: 01708 250409 Mobile: 07956 335744 5 Mersey Avenue, Upminster

on planning grounds. When any school goes out to statutory consultation you will be required to submit again; even if you have submitted planning comments or pre-consultation comments.

Cllr GILLIAN FORD

## **Bulletin Co-ordinator**

The success of the *Bulletin* depends on volunteers who kindly give up some of their time to deliver the newsletter each month. We are now seeking someone to undertake the coordinating role in Cranham.

This involves an oversight of the delivery schedules and coordinating the delivery of *Bulletins* with Area Controllers across the Cranham area. If you can help, or would like a noncommittal chat, please call 07863 116029 or 01708 641317.

### **Flowerbeds**

Hopefully you will have noticed some improvements to

flowerbeds in the Cranham area that have been neglected for a number of years.

The bed at the junction of Kings Gardens and Front Lane was the last to be enhanced. The bed at the end of Brookmans Close is the latest bed to be considered, with replacement of the old roses new roses "Rhapsody in Blue" under-planted with Lavender.

Cllr GILLIAN FORD

### **Festive Cheer**

Festive Cheer was provided at the Cranham Social Centre at the Friday Morning group. Engayne Primary school entertained residents with carols, festive songs and humorous word changes to Rudolph the Red-nosed Reindeer. Father Christmas paid a visit and gave each pupil a gift.

This was just one of four community performances the school provided at Christmas. They had performed at Lakeside Shopping Centre with the final concert being at Engayne School.

## . HUNTER € CO.

Chartered Certified Accountants Chartered Tax Advisers

## FOR ALL YOUR ACCOUNTING AND TAXATION NEEDS

195 St.Mary's Lane Upminster Essex RM14 3BU Tel: 01708 255555 Fax: 01708 255556 Email: egh@eghunter.co.uk www.eghunter.co.uk

We would like to thank the Staff and pupils for their uplifting singing and for supporting community spirit.

Cllr GILLIAN FORD

## Front Lane Parking

We have had numerous complaints from residents about the increased incidence of inconsiderate parking on the bend of Front Lane (opposite the Cranham Social Hall) and that it represents a hazard for motorists and pedestrians alike. We have discussed with the head of StreetCare and the existing double yellow lines will be extended down this stretch so that it leaves the bend clear of parked vehicles and clear of obstruction.

Cllr CLARENCE BARRETT

# Upminster Playing Fields Friends Group

I am delighted to say the Upminster Playing Fields Friends Group has now been established. Julia Pridham was elected as Chair and John Purvis elected as the Treasurer; the Group is looking for a Secretary. We are also looking into the history and memories of the park to include on a website being developed. If you have any photographs, memories, know the history of the playing fields or would like to join the group please contact me: Gillian.ford@havering.gov.uk, Facebook: Councillor Gillian Ford, Tel: 01708 641317.

## **Parklands Bridge**

I am delighted to tell readers that at very long last the 1770's bridge at Parklands at the end of Corbets Tev Road is currently being restored - to see the bridge finally returned to it's former glory is the icing on the cake in this wonderful area. Funded by grants from Veolia and from the Council, the work will take about 4 months to complete, so should be finished by the summer. I must thank the chairman of the Friends of Parklands, Andrew Griffiths for his tenacity on this project - - once the bridge is repaired, the path

 $continued\ on\ page\ 4$ 

#### DO YOU NEED A CLEANER OR HOME HELP?

Please call Chris, Julie or Kirsty on

01708 640264 or 07782 495224

www.doctordomestic.info

We are also recruiting part time cleaners. Phone us if you would like to join our team.

## Focalpoint Lofts. 87 1971.

WE SPECIALIZE IN

CONVERTING YOUR LOFT FROM A TIRED DARK JUNK ROOM TO A BRIGHT AND SPACIOUS EXTRA BEDROOM WITH A POSSIBLE EN SUITE

FOCALPOINT LOFTS is a family run business. Local work can be viewed. Most of our conversions are built within 6 weeks and we are fully insured.

Please call <u>GARY\_JAMES</u> for an informal visit and a quotation. 01708 250772 (eve) 0777 311 8268 (mobile)

## **CRANHAM ROOFING**

The Roofing Specialists

- · Free no obligation quotations
- · New roofs strip and retile
- · Flat roofs
- · Chimney stacks repoint/removed
- · Guttering, facia and soffit works
- · Valleys and leadwork
- · All repair and insurance work
- All new roofing works guaranteed

TEL / FAX 01708 704260 (office) MOBILE 07860 752798 ( 24 hr call out ) EMAIL: t.gagen@sky.com



#### **GOVANI CHEMIST**

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice by Liaquat, Shamim & Fiesa Govani, Tommy Hai

64 Station Road, Upminster 01708 220044 87 Front Lane, Cranban 01708 224083

Free local collection and delivery of prescription service available upon request from housebound patients

www.govanichemist.co.uk

## K.C.RENOVATIONS

#### PAINTING & DECORATING SERVICES

Phone: 01708 223608 Mobile: 07983 486655 Email:

mathew.bray@sky.com

## L.J. NICHOLLS

Interior & Exterior
Painting and decorating
Patios and driveways cleaned

TEL: Upminster 01708 220448



#### Upminster Golf & Bowling Club



Welcomes applications for all golf, bowling & social memberships

- \* Age 18-25 years joining fee only £50-£100
- 5 day golfing memberships available
   With NO joining fee
- \* Golf professional shop and tuition available
- Discounted bar open all year round
- \* A la carte & table d'hôte restaurant
- \* Social / themed evenings / Quiz / Card evenings
- Snooker room

Please contact the Secretary / Manager on 01708 222788





### RICKY ARCHER Roofing Contractor





Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs
Three Layer and High Performance Felting - Leadwork - Pointing
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on: Upminster 01708 226512 Mobile 07710327651 Email: ricky-archer@ntlworld.com

## PLASTARTEX

PLASTER - ARTEX - COVING
CEILING REPLACEMENT
& REPAIR SPECIALIST
PLASTER OVER EXISTING ARTEX
LOCAL WORK FOR 25 YEARS

Michael Dickson
Tel: 01708 250554 Mobile: 07771 712691

from Corbets Tey Road to the bridge, which can become very muddy in the wet months, will also be restored.

The Friends of Parklands have also been involved in a lot of work in this wonderful open space further news can be seen on their website

Cllr LINDA HAWTHORN

## Clarence's 10k Run for First Step

Cllr Clarence Barrett will be running the Bupa London 10k race on May 25th in aid of First Step.

Having raised funds for the children's charity in the past through abseiling down the YMCA building, jumping out of a plane at 12,500ft and running the London Marathon, Clarence hopes to raise well deserved funds for the charity again this year.

First Step provide an essential service to the community by providing support to pre-school age children with special needs and support for the whole family.

Should anyone wish to support this excellent cause through sponsorship, Clarence's fundraising page can be found at www.justgiving.com/Clarence-Barrett4/ or call 07863 116029.

## Tony Derrick RIP

Many local residents would have met long- term local resident Tony of Claremont Gardens when he was delivering Bulletins to households and to other deliverers. He did this for over 30 years.

Sadly, Tony passed away just before Christmas.

His career included training at Kew Gardens, working in public parks and journalism on Home Gardener and Popular Gardening. He would often give out advice locally.

He was also a member of the Full Gospel Businessmen's Fellowship in London and in Havering.

Our condolences go out to his wife Margaret.

## S C R Roofing

- · All flat roofing
- · Asphalt and felt systems
  - Facias and gutters

All staff fully trained

Fully insured

All work guaranteed

Contact Steve Rawles

Tel: 07971 171363





LRM FLATPACK BUILDING SERVICE & STORE TO HOME DELIVERY SERVICE.

We come to your home or work and offer a professional assemble service to build your flatpack furniture.

- We specialise in flat pack assembly of:
- Bedroom furniture
- · Children's furniture
- Office furniture
- Garden and patio furniture
   Kitchen and dining furniture
- · Childrens outdoor toys and furniture
- Garden shed:

Call today on: 01708 229911 or 07809 888203 www.irmflatpack.co.uk

## HYPNOTHERAPY

Keith Jefford DHC, DHP. GHR & CNHC registered

- Fully qualified, experienced local hypnotherapist & psychotherapist.
- Caring and confidential service specialising in emotional and behavioural problems including anxiety, anger, fears, phobias, weight loss, binge drinking, smoking cessation, IBS, pain management etc.
- Daytime, evening and weekend appointments available.
- Call 01708 224698 or 07970 111657 for a free telephone consultation.

www. keithjeffordhypnotherapy.co.uk

## Havering Museum Talks

Thursday, 12 March, 7pm - 8pm, £3.50

Making Money in the Middle Ages Professor Jim Bolton talks about how our medieval ancestors made, used and misused their money.

## Saturday, 14 March, 2pm-3pm - £5.00

**Vicars and Vices** - Andrew Curtin talks about some fascinating people from the history of Havering.

## Thursday, 19 March, 6.30pm - 8pm

Tony Luscombe, shares his stories of working in Romford Market for nearly 57 years and presenting the Queen with a quilt cover.

## Saturday, 28 March, 2pm - 3pm - £3.50

Danni Almond, famous stunt man shares his stories of working with the Beatles, Bob Hope and many more celebrities. To reserve tickets for any of the Museum events ring 01708 766571, email

hmmarketing@btconnect.com or pop into the museum at 19 High Street, Romford, Essex, RM1 1JU. Opening times: Wednesday -Saturday 11 am - 5pm.

#### **WW1 Free Community Talks**

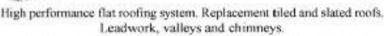
As part of Havering Museum's WW1 exhibition Heritage Lottery Fund have provided funds to allow us to offer a limited number of free WW1 talks to community groups and schools. If you are interested in these free sessions contact the Museum, 01708 766571 or email hmmarketing@btconnect.com.

Friends of Havering Musuem

The Friends have just launched their new annual programme of events which includes coach trips to Rye, Bury St Edmunds, and Portsmouth in addition to many local talks and walks and a trip to Brick Lane Music Hall. Become a Friends for £10 and receive 4 free talks/walks. For further information contact Ellen Owen

## TCC ROOFING CO.

Established 1955 in this area



UPVC fascias, guttering and general building work carried out



01708 222330 Free advice & Estimates

01708 223241



## "CREASES"

(PROFESSIONAL DRY CLEANERS AND IRONING PARLOURS) LTD 2B MOOR LANE, CRANHAM

Dry Cleaning • Repairs & Alterations
Ironing • Curtains • Duvets • Laundry
Free Collection & Delivery Service

Please Call 01708 229292

at Havering Museum, 01708 766571 or email fohmmembers@googlemail.com

## &HAVERING CONCERT ORCHESTRA



#### **Spring Fantasy Concert**

Sunday 22 March at 3pm. New Windmill Hall, St Mary's Lane, Upminster, RM14 2QH

Programme:

Wagner: Ride of the Valkyries Vaughan Williams: Dives and Lazarus

Teleman: Oboe d'amore Concerto in A

1937 - 2012

Sibelius: Karelia Suite

Dukas: The Sorceror's Apprentice Bizet: Carmen Suites Nos 1 & 2. Tickets £8 in advance; £10 on the door.

www.hcoweb.co.uk 01277 812197. The Havering Concert Orchestra always looksforward to welcoming new players. You are most welcome. For full details, visit our website: www.hcoweb.co.uk or e-mail haveringconcertorchestra@gmail.com

# Havering East Rotary Club

Invites you to our Spring fundraiser **Race Night** on **Sat 14th March** at The Albany School, Broadstone Rd, Hornchurch.

6.30 for 7.00pm start - Tote with 9 races on the card - many raffle prizes to be won and Name the Bear comp.

Tickets at £12 inc. Fish or Chicken supper - available from Sue Wilson on 01708 470 897 or 07971 539 487

When you spend £9.99

or more with this youther

Swan Books

Upminster's Bookshop since 1937

## FED UP WITH YOUR DIRTY DRIVEWAY? ADVANCED POWER WASH



SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING

We can restore your patio & drive back to their former glory.

All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan = 01708 445112 = 07889 139916 www.advancedpowerwash.co.uk

## **ESSEX TREE SURGEONS**

Est. 25 years

Trees felled – lopped – pruned – shaped Hedges and conifers trimmed



Bill Venton 01708 375052 and 07831 511666 info@essextreesurgeons.com

All work carried out by qualified tree surgeons . £2m Public Liability Insurance



SAVE £1

(Valid in shop-only, Cannot be used for the purchase of National Book Tokens or postage stamps. Cannot be used with

any other voucher/offer)

www.swanbooks.co.uk 27 Corbets Tey Rd. 01708 222930

- HARDWOOD SPECIALIS
   Supply only or supply and install
- High quality windows, doors and conservatories
- Leaded lights and coloured glass
- Unique old-fashioned front doors FREE FRIENDLY ADVICE • FREE ESTIMATES

01708 757675







## **Tudor**



SERVING UPMINSTER SINCE 1955

EXTENSIONS, CONVERSIONS, LANDSCAPING, MAINTENANCE FREE UPVC BARGE BOARDS,

FASCIAS, SOFFITS, GUTTERING, WINDOWS AND DOORS

PHONE 01708 222330/223241 WHERE QUALITY AND SERVICE COME FIRST





## 165 North St, Barking, Essex

Tel: 0208 594 1647/0160 Fax: 0208 594 0139 www.progressiveoptical.co.uk

### Dispensing Optician





#### PRADA

Most prescriptions ready within 24 hours -up to date prescription is required

- 600+ competitively priced frames always in stock
- All types of lenses available
- NHS & Eyecare vouchers accepted
- Customer car park & most Credit Cards accepted
- Mon to Fri: 8.00am to 12.25pm. 1pm to 4.30pm
- Sat 8.30am to 12.30pm. Closed Sunday





City&s Guilds

- Home refurbishment specialist
- **Extensions and loft conversions**
- Alterations and knock through's
- Kitchens and bathrooms supplied & installed
- All general building
- Plumbing and heating, gas and electrical works
- All work fully guaranteed and carried out by qualified tradesmen
- **Fully Insured**

(City and guilds qualified - friendly, reliable and experienced - free estimates) Call Richard on 01708 229031 or 07917 002628

E-mail: richard@gidleybuilders.co.uk

Check out our website!

www.gidleybuilders.co.uk



TELEPHONE: 01708 223669 MOBILE: 07967 603606

REPAIRS & INSTALLATION → REWIRING

- FAULT FINDING SHOWERS COOKERS
- SOCKETS LIGHTS EXTERNAL ELECTRICS

## SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL GAS, CENTRAL HEATING AND PLUMBING INSTALLATION SERVICING AND REPAIRS

### BOILER REPLACEMENTS GAS SAFETY CHECKS LANDLORD CERTIFICATES

New for 2014 - Service Contracts (please ask for details)

#### FULL BATHROOM INSTALLATIONS

TEL/FAX: 01708 221 500

MOBILE: 07956 481 819 MOBILE: 07961 151 551 Safe





## **EVERYTHING** GLASS LTD

proud partner of saint francis hospice living with dignity





- ALL GLASSWORK UNDERTAKEN
- LEADED LIGHT REPAIRS
- MISTED OR BROKEN DOUBLE GLAZED UNITS
- HINGES, LOCKS, HANDLES REPLACED
- PATIO DOORS / FRENCH DOORS
- SINGLE GLAZE REPAIRS / TRADITIONAL PUTTY WORK
- TOUGHENED / LAMINATED GLASS
- No call out charge
- No job too small
- 30 years experience
- All work guaranteed
- Insurance work undertaken
- O.A.P discount



Paul Mobile: 07958 550796 Office: 01708 551314

## ELLIS DECORATIONS

#### Established 1961

Professional Painters - Decorators & Refurbishment Specialist Domestic & Commercial - Interior & Exterior U.P.V.C. Windows, doors & conservatories professionally cleaned

Own work force: Prompt & Reliable: Free advice: Fully Insured: Free written Estimates:

We Design plan construct & finish. Fitted Kitchens: Bathrooms: Loft rooms: Extensions: Landscaping Central heating installed. Re-wires undertaken.

> Credit & Debit cards accepted TEL: 0800 389 1093 OR 0870 0614 437

Mobile 07904 388 429 Fax: 01708 47807 email: vandermolenuk@aol.com Ellis Decorations is a Division of Van der molen refurbishment Group

Van der molen ( UK ) limited

R/o High House Farm, Ockendon Road Upminster, Essex. RM14 2DN

## **Cakes by Maria**

- Celebration and novelty cakes
- Cupcakes
- Bespoke wedding cakes



TEL: 01708 220448



VEHICLE KEY & SECURITY LOCK SPECIALISTS

Vehicle keys out & programmed on site \* Vehicle opening services.

Spare Vehicle keys out & programmed \* Broken keys repaired & replaced. Vehicle security locks fitted • Lost vehicle key replaced Vehicle locks changed or repaired

7 THE RODINGS, UPMINSTER, RM14 1RL Email: info@leeslocks.com Mobile: 07951 774 740. Website: www.leeslocks.co

## **Thames Chase Forest Centre**

Friday 13th March 2-4pm. - our afternoon Musical Cream Tea. £8 each (Gift vouchers available to treat someone special)

Sunday 15th March 10am-2pm our monthly Community Market with produce and craft stalls. Admission free. If you have a craft skill and want to exhibit and sell your goods, contact the Visitor Centre on 01708 642970

Sunday 22nd March 2.30-4.30pm - the second of our Sunday afternoon concerts 'In a Mellow Tone'. Jazz for a Sunday Afternoon with Andrew Linham (saxophone) and Richard Perks (guitar). Tickets £10 including tea and cake from the Visitor Centre.

Saturday 28th March 10.30am and 1.30pm -Theatre in the Barn. Start the Easter school holiday by enjoying a production of Little Red Riding Hood by the Queens Theatre Company for youngsters 5-10years. Tickets

from the Visitor Centre. Price to be advised.

**Sunday 29th March from 12** noon - enjoy a guided walk around the new tree trail at Broadfields and learn more about the trees and their use and folklore. Cafe open for refreshments and lunch. Something for all the family. £3 per adult

The Thames Chase Wildlife **Group** has joined the Bumblebee Conservation Trust in surveying the bumblebee population throughout the Community Forest. Two members of the Trust will be explaining the project and how we can help with protecting the bees' habitats at a meeting at the beginning of March. Visit the website www.thameschase.org.uk for the date and more information, particularly if you wish to get involved

## **Shirley's Tours**

Wednesday 15 April: Old Time Music Hall Maidstone with 3

course lunch at hotel, with sherry, coffee + biscuits £48 Day trip by coach.

www.djkcleaning.co.uk

24 May - 28 May: Liverpool: View 3 Cunard Ships on River Mersey, with trips out + free time, Detailed leaflet on request.

Saturday 30 May: Trooping The Colour; Major General's Review: Tier Seats with numbered seating £4 donation requested for adults.

Saturday 20 June: River Deben River Cruise + Two Course Lunch at Gold Course, free time in Woodbridge: Pre Fathers Day treat!

Saturday 4 July: Princess Pocohontas: Gravesend/ Westminster Cruise; view Famous Barge Rowing Race; including Ploughmans lunch + Afternoon

Sunday 2 August: Highclere Castle, (Downton Abbey) Trip; Call for any cancellations.

**Tuesday 4 August: Howletts Zoo**, Kent. Managed by John Aspinall Foundation, African Elephants, Gorillas, Large + Small Cats, pathways are disabled

friendly; Childrens Playground and much more.

Cleaning

Services Ltd The Carpet & Upholstery Cleaning Specialists

Owned and operated under the Code of Precise Guidelines toward by the Policy Ind. Covers, Designation Uni.

Tuesday, 11 August:

Carpet, Rug, Upholstery

Read all popul

Our Satisfied

Customers

& Hard Floor Cleaning

"Service was excellent, thank you"

"Fast clean service - would use again"

\*David made a great job of the carpets and was very pleasant to char to

Keeping it local

Mr Hole, Upminster

Mrs Walls, Hornohurch

Tel: 01277 824546

Mob: 07768 667824

Mr & Mrs Clopion, Upminuter

**Broadstairs**: Lovely beach, Folk Week with entertainment: Prices on request, family tickets available

Wednesday, 19 August: Margate: Lovely beach, Dreamland reopens 2015: Famous Art Gallery (free entry) on Seafront. Family tickets available

22 August: Seven Brides For Seven Brothers: Regents Park Open Air Theatre by Coach; Matinee Show.

17 - 20 September: Honfleur: Detailed Leaflet on Request, staying in Centre of Honfleur with some meals inc + trips out, by Coach/ferry.

2 - 6 November: Llandudno: Tinsel + Turkey, Half Board with Xmas Afternoon Tea + Xmas Dinner, entertainment, + trips

Telephone Shirley on 01708 227 884 for further details.



A beautiful range of carpets **EXCLUSIVE** to Roomes in the local area. All carpets are British made using British wool and are manufactured to the highest standards. Place an order with Roomes and we will give you



#### FREE CLEAN SHIELD STAIN PROTECTION

- British Made . Free Measuring & Estimating · 0% Credit Available · Free Fitting







EXCLUSIVE ROOMES LOCALLY



















22-24 Station Road, Upminster, Essex RM14 2UB Telephone: 01708 255300

Open 7 days a week 600an - 600yr , Saudy 936 m - 400grs, lank (blider 1000 FREE PARKING AT REAR OF STORE

## **PGM Heating & Plumbing**

NO CALL OUT CHARGES – NO JOB TOO SMALL FREE ESTIMATES - QUICK RESPONSE ALL WORK GUARANTEED

- All aspects of Heating and Plumbing work undertaken
- Complete Central Heating/Boiler Installations/Service
- Bathroom Installation
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates

Tel: 01708 227797 Mob: 07734 228417

www.pgmheatingandplumbing.co.uk





## Combi Boiler Repairs



**®Vaillant** 





Installation, Service, Repairs, Power flushing, Insurance



01708 440581



M.P. Williams Professional Bathroom & Kitchen Installations

Plan A design, plumbing, plastering, tiling, electrics, carpentry, painting A decorating.

For a free estimate call Matt

Tel: 01708259696 Mobile: 07790 753850

Email: m.p.williams.bathrooms@gmail.com

#### Crannam Dental Centre Quality Dental Care & Service in a Modern Family Friendly Environment



healthier smile for life

\*\*\*\*\* New Website & Live Online Bookings \*\*\*\*\*

Inviting all New NHS & Private Patients to Join our Practice.

call **01708 228 291** now

\*\*\*\*\*\* www.cranhamdentalcentre.co.uk \*\*\*\*\*\*

reception@cranhamdentalcentre.co.uk 141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ

## UPMINSTER REFURBISHMENTS

#### THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE SHOWROOM WITH EXTENSIVE RANGES TO VIEW GRANITE WORKTOPS SUPPLIED AND FITTED FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)

TOTAL REFURBISHMENT FROM START TO FINISH

PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY
GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION





## **IRONING SERVICE**

ALL TRADES CITY & GUILDS QUALIFIED

Dry Cleaning Laundry Collection Service



FOR A FREE QUOTATION..

TEL: 07956 950711



### GARY COE JEWELLERS ESTABLISHED 1981



Fully equipped workshop
Diamond & Engagement ring
specialists / Bespoke Wedding rings
Engraving / Full repair service
Watch batteries / Watch repairs / Valuations
Best prices paid for your old gold

35 Cedar Avenue Upminster Essex RM14 2LN Tel 01708 222696 Mobile 07771 802624

www. garycoejewellers.co.uk

## R & R



## **Home Improvement Services**

Local, Professional & Reliable with 25 Years experience

#### Home services include

Kitchens & Bathrooms Painting & Decorating Ceramic Tiling Walls & Floors Wooden & Laminate Floors Fitted

#### Garden services include

Patios, Decking & Garden Lighting Custom Built Bespoke Garden Sheds Landscaping, Fencing & Brick Walls

General Home Maintenance & Repairs

For Free Estimates & Advice Please call Rob 01708 250095 or 07834 093167

# CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371 07946 216 150

Website: www.cedar-treecare.co.uk Email: cedartreecare@qualityservice.com

Cedar Avenue, Upminster, Essex

## Wednesday **Music Evenings**

Wednesday 11th March Sibelius, Nielsen & Glazunov: A Birthday Tribute - presented by Stephen Raindle Music to celebrate the 150th anniversaries of the birth of the great Finnish composer Jean Sibelius, the Danish composer Carl Nielsen and the Russian Alexander Glazunov. There will be some wonderful music by this trio of composers and Stephen Raindle will be revealing aspects of their musical lives.

Wednesday 25th March - Well-Known and Not So - presented by Harry Newman

Music from old favourites plus a few perhaps less familiar. Harry's choices will include music from Jimmy Durante, Gordon McCrea, Flanagan & Allen, Bing Crosby, Louis Armstrong and Elvis plus some modern adaptations of works by Bizet, Saint-Saens and Khachaturian.

Both events will be held at Hornchurch Library, Main Meeting Room, First Floor from 7.30 pm to 9.30 pm. Please contact Stephen Raindle on 01708 470 670 for further details.

## **Havering's Twins**

Our Borough of Havering is not only twinned with Ludwigshafen in Germany but also with the town of Hesdin in Northern France.

Once the official twinning of Havering and Hesdin took place in 2000 some of the residents of both places formed a twinning association: Channel 2H.

The aim of Channel 2H is to forge links and to promote friendship and understanding between English and French people living on opposite sides of the Channel. To this end, for one weekend in May on alternate years, the Havering members of Channel 2H travel at their own expense to Hesdin where they stay with the



## SECURITY SYSTEMS

Established 1998



DON'T WAIT TO BE BURGLED! Protect your home with a professionally installed WIRELESS BURGLAR ALARM

Repairs to old alarm systems. Maintenance of any type of existing alarm system.

#### Approved by Which? & Trading Standards





Free survey & no obligation quotation

01708 250600

www.hillissecurity.co.uk





St.Laurence House, 2 Gridiron Place, Upminster. RM14 2BE

French members of Channel 2H. In intervening years the French members come to stay for the weekend in Havering with their English hosts. This year it is Havering's turn to welcome the French members of Channel 2H.

A Quiz Night is being held on 18th April 2015 at Cranham Community Centre in Marlborough Gardens, Upminster in order to raise money to subsidize the cost of events which are being arranged for our French visitors.

Please note that this will be a general knowledge quiz so no detailed knowledge of France or the French language is needed!

For further details of the Quiz Night and how to obtain tickets see the notice later in The Bulletin listed under Local Events

For more information about Channel 2H and membership contact the Chairperson, Joyce Winn by email: hugh\_joyce@hotmail.co.uk

## **Cranham Social** Hall

60s Nite Sell Out; We could have filled the hall twice. It seems that Cranham folk are missing the Dances etc arranged by the RA Social Committee. The Front Lane Community Association will try to fill the gap, with some social events at the Cranham Social Hall. We hope to bring the 60s group back some time. Please let me know if you have any ideas for the future. (224166). At our "Coffee and Conversation" group Christmas Party we had a great time with a sing along and dancing to "Kevin James", and we hope to invite him to sing again for us some time in the summer. Watch this space!

We are very pleased to have received a donation from the Residents' Association Social Committee, many thanks. We plan to use this money to maintain the flower beds in the driveway to the car park.



**Bornford Office** Tel - 01708 745183 romford@fbarnes.co.uk

Gidea Park Office Tel - 01708 S33711 gidea park@fbarnes.co.uk Collier Row Office Tel - 01708 743727 collier.row@fbames.co.uk

Leading firm of Solicitors, providing expert legal advice and representation to individuals and businesses for 60 years.

F Barnes Solicitors offer a friendly welcoming service We have a highly experienced team who are happy to take your call. Offering free 30 minute consultation in relation to tamily matters and fixed fees for wills.

Family Law, Litigation Dispute & Resolution, Commercial Property

Residential Conveyancing, Company Law and Wills & Probate.













Chartered Surveyors, Estate Agents, Valuers D. J. Parish, F.R.I.C.S

#### THE ESTABLISHED UPMINSTER ESTATE AGENTS FOR OVER 90 YEARS

- SALES OF RESIDENTIAL PROPERTY
- RENT REVIEWS
- VALUATIONS FOR ALL PURPOSES
- LANDLORD & TENANT MATTERS
- SURVEY REPORTS
- EXPERT WITNESS REPORTS
- RESIDENTIAL LETTINGS
- PROPERTY MANAGEMENT

32, STATION ROAD, UPMINSTER Tel: 01708 250033

Fex: (01708) 220844

Website: www.gates-parish.co.uk

## Chauffeur Me (Travel)

For all enquires call Darren 07947 576642

www.chauffeur-me-travel.com

Special functions Shopping days Night clubs Weddings Race days Restaurants Airports Theatres Spoil yourself days

Chauffeur driven in comfort

Eight Seater - Fully Air Conditioned - Privacy Glass - Satellite Navigation

## **BRICK PAVING BY PETER JONES**

www.brickpavingbypeterjones.co.uk

#### SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT.
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

Tel: Office: 01708 780000

All work carried out by responsible tradesmen

01708 220802



Tel: Home: 01708 733088

**DESIGNED TO YOUR NEEDS** 

WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS

CATALOGUE AND PREVIOUS WORK

WEBSITE AND FACEBOOK SHOWING

HELP AND ADVICE WITH DESIGN

10.00 am - 4.00 nm

10.00 am - 5.00 pm

www.partyflair.co.uk

AND LAYOUT

Established over 30 yrs

ike an Aladdin's care

**WEDDING & PARTY SHOP** DECORATIONS • WRAPPING • LIGHTS • BALLOOMS • FANCY GOODS •

PARTYWARE . WEDDING BOUQUETS . SILK FLOWERS . POSIES ETC.

**OPENING TIMES** 

**CLOSED ON MONDAYS** 

Rear of High House Garden Centre. Corbets Tey Road, Upminster Essex, RM14 2DN

TUESDAY, WEDNESDAY & SUNDAY

THURSDAY, FRIDAY & SATURDAY

**Natural Stone Paving** 

## CRANHAM ELECTRICAL LTD

### ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

- Domestie & Commercial
- · Re-wires
- · NICEIC Test Reports
- · Fuse Board Up-grades



TEL: 01708 223046 MOB:07710 282110 66 Moor Lane Upminster



#### DOG WALKING, BOARDING & PET SITTING

from an hours walk, by the day or for the duration of your break Your pet is Our pet

Linzi + Colin 01708 505197 07745 538199

#### Local electrician

- Based in Upminster
- Domestic/commercial work
- · Electrical testing and reports
- · Fault finding and rectification
- · Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

Paul Gilham 01708 641231 07995 185872 or althemelectrical co.uk





### Lawton & Stoakes

## Established Ophthalmic Department



- . BVA/KDISDS eye examination
- · Clautoma treatments including bear
- · All types of ophthal mic microsurgeries
- · Cataract surgery with lens implant
- Laser surgery for eye surrours Interest free payment plans\*



lynne C Stoakes

Serve & Conditions Apply

01708 384444

8-12 Fizilian Avenue, Harold Wood, Romford, Essex, RMJ DQS

www.vets.gb.com

# Security Limited

#### Design Installation Maintenance

Intruder Alarms / Wireless Alarms / CCTV Systems / Access Control / Intercom Systems / Gate Automation / Maintenance

Free site survey & no obligation quotation

01708 476750











www.cartersecurityltd.com

## CAPITAL LANDSCAPES



LANDSCAPE DESIGN & CONSTRUCTION EST.1969

ALL ASPECTS OF LANDSCAPING & GROUNDWORK

- · Lawns & Planting
- Patios & drives designed & Laid
- Ponds & Water Features
- Micro Digger & Driver Hire
- Fencing & Walling
- Decking

For Free Quotation Call 01277 202664 / 372250 / 07974 578673 / 07507 444290 All Seasons Nursery, Folkes Lane, Cranham, Essex





### Upminster

54 Station Road 01708 229444

#### Hornchurch

40 North Street 01708 511000

#### Brentwood

1 Shenfield Road 01277 211755



#### Your local legal specialists:

Wills, probate & estate administration Lasting powers of attorney Divorce, separation & children Buying & selling property Commercial services Dispute resolution Employment Personal injury



Unminister open early, late & Saturday FREE Initial Family Consultation FREE Personal Injury Consultation Quote CP/Bulletin for offers

#### www.pinneytalfourd.co.uk

## **NCT's Next Nearly New Sale**

The NCT will be holding their next Nearly New Sale at Frances Bardsley School, Brentwood Road, Romford RM1 2RR on Saturday 21st March. Doors open to members at 10am and for nonmembers at 10.15am until 12 noon. Why not come along and get yourself some fantastic bargains! Good quality clothes for babies and children, maternity wear, cots, strollers, high chairs, books, toys, bikes and more...

Please remember we only take cash (no £50 notes). There is plenty of free parking or the 294 bus stops outside.

For further details or to be a seller please visit our website:

http://www.nct.org.uk/havering/ nearly-new-sale/nearly-new-sale or email

nctinhavering@yahoo.co.uk.

Why not like our facebook page: www.facebook.com/haveringnct.

### **Blood tests**

only been done at Queens Hospital. There are no blood tests done in the community clinics during the afternoon. years of age can only be done at Queens Hospital.

These tests cannot be done in the community clinics.

## **Upminster Social** Committee

For many years, the Association's **Upminster Social Committee** has organised numerous dances. Due to attendances dropping off and with no new committee members coming forward, the committee comprising of Pat and John Mylod, Shirley and Ron Edwards have decided to call it a

Over the years they regularly donated cash to local organisations.

Blood tests in the afternoon can Blood tests on children under 16

## C.C.C. Whist **Drives**

The Wednesday and Friday Whist Clubs - held in Room 10 at the Marlborough Gardens Community Centre - held their Christmas Party Drives at the beginning of December.

They have donated the balance of

Alzeimers Society, Remus Animal

Sanctuary, Wanderers Dog Haven

and the Cranham Social Centre at

£250 each and the balance of £600

Pat, John, Shirley and Ron wish to

to First Step Children's Charity.

thank every one for their past

This is an end to a great era.

support.

their funds as follows: Havering

Apart from enjoying a great night playing cards, all the members were presented with a choice of gifts to choose from at the end of the evenings. Cash Prizes during the Whist Drives ranged from a top prize of £15 ranging to lower

prizes of £3 and a very social evening was had by all.

PARKDRIVE PAVING & LANDSCAPE

25 Nears Experience

FREE ESTIMATES / PORTFOLIO

ALL WORK GUARANTEED!

www.haveringpavinglandscaping.co.uk

01708 750209 / 07826 207310

DRIVEWAYS

BRICK WALLS

PATIOS

FENCING

TURFING

INDIAN STONE

December 2014 was also the culmination of our first year of playing Military Whist. This game is only held once a month (usually the third Thursday each month) and consists of tables of four players competing against each other, once again for cash prizes. This Session starts at 8pm sharp and finishes at 10pm.

Information on any of these activities can be obtained from either myself, Harry (01708 227 457) or Linda (01708 458 328). Whist Drives are held on Wednesdays and Fridays from 7.30pm to 9.45pm both evenings.

Beginners are welcome and oneto-one tuition is available.

## **Upminster Probus**

The Upminster and District Probus Club is always looking for new members

continued on page 12

## Greentech **Plumbing & Heating**

Boiler breakdowns and installs Ball valves, taps and general plumbing 25 years experience Age Concern approved Gas Safe Registered

TEL: 01708 560002

Family run Business







## Domestic and commercial carpet and upholstery cleaners

End of tenancy professional cleaning

Contact Dan Tyler

2 Hare Hall Lane, Gidea Park, RM2 6BD

Tel: 01708 531104/ 07825 637829

**Upminster and District Probus** Club has over 70 members and meets on the last Wednesday of the month, except December, at The Cranleigh Restaurant, Station Lane, Hornchurch, RM12 6LX. We gather at around 11.30 a.m. to socialise before sitting down at 12.00 noon for business, followed by an excellent three course lunch with tea or coffee. After the meal, members are entertained by a variety of speakers. Talks so far have included '40 years in aviation', 'British Airways', the 1942 'St Nazaire raid', 'prison chaplaincy' and the 'Whitechapel

Throughout the year the club, in conjunction with the Ladies Probus Club, organises a number of coach outings to various places of interest, to which family and friends are welcome. Last year the club enjoyed a tour of the Lords Cricket ground, the Bank of England Museum and the London Fire Brigade Museum to mention just a few.

This club provides an opportunity

for retired or semi-retired gentlemen to meet in friendship and make new acquaintances. Further information can be obtained from our website www.upminsterprobus.com or by leaving a message for Barry Walsh on 01708 703783.

## Rotary Quiz for Charities

The Rotary Club of Hornchurch & Upminster will be holding its annual quiz evening in aid of international charities at the St Laurence Church Main Hall in Corbets Tey Road, Upminster [next door to Upminster Library] on Saturday March the 28th, at 7pm for a 7.30pm start.

Tables are for teams of eight, but please also join us if you are unable to field eight players because you can be coupled with others in the same position as yourselves.

Tickets, which include either a fish and chips, chicken and chips

## **AERIALS DIRECT**

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted. Satellites installed. Aerial & dish realignment TV extra points

www.aerialsdirect.co.uk www.aerialsupminster.co.uk

01708 347257



or vegetarian supper, cost £12.50 and are available from John Kent telephone 01708 449 118 or e-mail johnbkent@ntlworld.com Please bring your own drinks and nibbles.

### W.O.W.

W.O.W. – Wonders of Women is the theme for the Havering 2015 International Women's Day Event, taking place on **Saturday 7th March, 11.30 – 4pm** at Havering College F&HE, Ardleigh Green Rd, Hornchurch, RM11 2LL.

Celebrating the valuable, positive and diverse contribution and achievements women make to our community in Havering, the event aims to inspire women to challenge themselves by taking up new opportunities.

Throughout the day there will be inspirational speakers telling their stories on the challenges and successes they have faced, achieved and overcome, as well

as stalls and interactive workshops to assist women striving to gain different goals.

Tapestry (formerly known as Age Concern Havering) will also be in attendance and staff and volunteers will be available to give advice and information on cancer and dementia related issues.

There really will be something for everyone, refreshments and lunch will be available and admission is free!

Contact: Angela Tilley. Email: angela.tilley@tapestry-uk.org Tel No: 01708 345138

## **Emerson Park Badminton Club**

Emerson Park Social Badminton Club are looking for new players, no membership just turn up and play cost £4 on a Thursday night from 7.30 to 9.30 at Emerson Park school (term time only) any questions call Kevin on 01708 250 803.





Learn to dance the right way.

#### UPMINSTER SCHOOL OF DANCE

www.upminaterdance.co.uk

- \* Pre School Ballet Classes from 2 years
- · Royal Academy of Dance Ballet Lessons
- · ISTD Tap Classes
- Street Jazz Classes

For a FREE TRIAL contact Sarah Sales BA (Hons) LRAD on 01708479966

Classes held at the Trinkly Church Halls and the New Windmill Hall, Opminster



\* Professional \* High Quality \* Clean & Reliable \* Cheapest Rates

\* OAP Discounts \* Full plastering service \* Re-skim \* Re-skim over artex

\* New ceilings, cove, cornice, painting and decorating etc

\* New skirting and architraves

\* 27 years' experience \* Free estimates

**Contact: Clay Dawkins** 

Hornchurch: Tel: 07961 379277 / 01708 470841 Email: clay.dawkins@live.co.uk

## Greenfingers Gardening Club

We are a small friendly group who meet on the 1st Monday of the month – unless a Bank Holiday in which case we meet on the following month (no meeting in January or August). We begin at 7.30pm in the Cranham Community Centre, Marlborough Gardens. Do come and join us and for more info telephone Sheila on 01708 228 752.

## NADFAS Havering

On Tuesday 10th March, NADFAS (Havering) welcomes Mr Clive Barham Carter, giving a talk entitled 'Up the Nile with Amelia: A Victorian Journey' Lecture 10.45am. Coffee from 10.00am. Visitors welcome at £6. Meetings held at the Willow Hall, Romford Baptist Church, Main Road, Romford RM1 3BL. Further details to be found at

www.haveringdfas.org.uk.

#### **RSPB**

The RSPB Havering Group present an illustrated talk "Achieved Ambition - My Visit to the Falkland Islands" by Robin Jeffrey. To be held on Friday March12 in Hornchurch Library at 7-45pm. Meeting fee £3. More information from Janet Silver 01708 452 171.

RSPB Havering will have a coach trip to RSPB Strumpshaw Fen, Norfolk on Saturday March 28 for a day of birding. Seats on coach cost £17 each. Coach picks up in Ilford, Romford and Harold Wood.

For more details and to book, telephone Ed Neller on 01708 558 399.

## **Russell Savoury**

Essex Wildlife Trust, Havering Group will hold an illustrated talk "Wildlife of Stow Maries Aerodrome" by Russell Savoury on Monday 9 March, in Hornchurch Library at 8pm. Requested donation £2, light



Longfellers tree surgery and garden care

qualified arborists and gardeners city & guilds, nptc

INSURED

Free estimates

Phone: 01708 641289 Mobile: 07984 524392

refreshments.

More information from Joy Emerson on 01708 440 297.

# Free Training for Voluntary Groups

Are you ever approached by people who are looking for information or support on issues such as debt, benefits, housing etc? Have you ever wished you could help without having to send them elsewhere?

The Havering Access to Advice project, which is part of the Citizens Advice Bureau, is offering free foundation information and advice training to voluntary and community groups in Havering. The courses run for one day a week over a six week period. Your group would then have the option of signing up with the A2A project to receive additional telephone support and access to specialist advice services.

For more information ring Tony on 01708 763531, access our website access2advicehavering.org.uk or follow us on twitter @A2Ahavering.

## A Quiz Night for Kenya

(Raising money to help with school fees) on Saturday 14th March starting at 7.30pm at North Street Hall, North Street, Hornchurch. £6 each. Tables of 8-10. B.Y.O. drink and nibbles. Contact Mrs Terry Keens 01708 473408 or Parish of Hornchurch Office 01708 441571. (If you'd like to come but can't make up a table, call me, I can

## **Boot Sale**

seat you with others!)

Coopers Company & Coborn School Outdoor boot sale on Saturday 28th March at 10am. £8 car; £10 van/trailers. Tel: 07508 135 449.







#### **Opening times:**

Mon/Tues/Thurs 9 - 6
Weds/Fri 9 - 7.30
Sat 9 - 5

110 North Street, Hornchurch
TEL: 07973 785 107
FREE PARKING OUTSIDE

RICH AND CHRIS
THE SAME BARBERS SINCE 1996
Join us on Facebook

#### **Essex Supreme Carpet Clean**

Upminster based · Fully Insured

- . Carpets, Rugs, Upholstery & Mattresses
- Stain Guard & Anti-Allergy treatments available
- Competitive Prices & Multi-room discounts

CALL DAVID FOR A QUOTE
Tel: 01708 702194 Mob: 07818 408217
www.essexsupremecarpetclean.co.uk

## The Secret to a Beautiful Lawn



Contact us for your free lawn analysis and advice

01277 227988

Email: essexsouth@greenthumb.co.uk www.greenthumb.co.uk



We are a friendly, modern private practice, with state of the art facilities, located in Hornchurch.



As a patient, you will receive care solely from Dr. Malcolm Stander, a talented, gentle and very experienced dentist, who has been creating beautiful smiles for over 30 years.

His special interests are in general and cosmetic dentistry and the treatment of nervous patients.

Stander Dental Care, 57a High St, Hornchurch, Essex, RM11 1TP Tel: 01708 442888

VISIT OUR WEBSITE: WWW.STANDERDENTALCARE.CO.UK



#### Advanced Building & Maintenance

Local business offering a reliable and professional service at competitive rates. Specialist installer of wet rooms, ramps and home adaptations.

All building works undertaken and guaranteed.

Call for advice or for a free survey. 01375 390198 – ask for Zoe

#### CHURCH VIEW DENTAL CLINIC

Dr Peter Algra & Associates Tel: 01708 220563



www.evdent.co.uk

#### Quality Service to everyone

NHS & PRIVATE NEW PATIENTS WELCOME
 IMPLANTS, ALL COSMETICS & HYGIENISTS AVAILABLE
 34A STATION ROAD, UPMINSTER, ESSEX, RMI4 2TR

reception.cvdent@btconnect.com

## Independent Jewellery Valuations

W.R Huddy offers a personal valuation service in the comfort of your own home, for,



- Insurance purposes
- Probate
- Sale between parties
- Divorce settlement

Please feel free to contact me at any time to discuss your requirements -

07527 450782 | william huddy@wrhuddy.co.uk Or find out more about the services I offer at: www.wrhuddy.co.uk



BS: (Hons); Member of the Institute of Registered Valuers MIRV No 78696; PGA; PJ Dip; FNAG; DGA; CRB checked



#### Absolute Bedrooms&Kitchens

Bespoke Fitted Bedrooms and Kitchens High Quality Workmanship

Family Business for over 20 years Call Phil on 07966 246312 / 01708 736929

or

Email: absolutebedrooms@hotmail.com

# Upminster FLOORING

- Carpet
- · Wood
- Laminate
- Safety Floors
- Karndean
- Amtico
- Vinyl
- Shower Rooms

#### 20% DISCOUNT FOR BULLETIN READERS

T: 01708 629783

E: upminsterflooring@gmail.com

REFERENCES AVAILABLE

## **Printing & Stationery for** Home, School & Office

Black & Colour Copying • Order of Service Sheets General Printing • Personal Stationery • Fax Facilities Postal Supplies • Rubber Stamps • Laminating • Binding Home, School and Office Supplies



Rear of 30 Station Road, Upminster, Essex RM14 2UB Entrance in St. Lawrence Road

> Tel: 01708 222832 Fax: 01708 641437

Email: upminsterprint@btconnect.com

Hours of Business: Monday-Friday 9.00am - 5.00pm Saturday 9.00 am - 1.00 pm

Bring us your used cartridges and help us to reise funds for Little Havens Children's Hospice



## **Saturday Talks** Club

Beethoven and Turner: Parallel Lives.

Speaker: Andrew Rothwell. Saturday March 14th at 2.15

(doors open at 1.45).

Roope Hall, Upminster United Reform Church.

Cost: £4 including tea and

biscuits.

### **Fairkytes** Accordion Band

Val from the Band informs us that they raised £208.30 for St Francis Hospice outside Fishy Business, Corbets Tey Road, just before Christmas. Well done again.

## Cappella Singers' Spring Concert

The Cappella Singers of Upminster are presenting their Spring Concert, including music by J.S. Bach, on Friday 27th March at 8pm at The Old Chapel, St. Mary's Lane, Upminster (next to the Sacred Heart of Mary School).

Tickets at £10 inclusive of light refreshments may be purchased on the door or in advance from Mr. Ian Pirie (01708 641718).

### Thurrock Male Voice Choir

Cranham Baptist Church, Severn Drive, Upminster, presents Thurrock Male Voice Choir in Concert, in aid of St. Francis Hopsice and Medicines sans Frontieres Ebola Centre, Sierra Leone. Saturday 28th March 2015 at 7:30pm. Tickets at £5 per person (including refreshments) from **01708 223 551.** 

## **Springtime in** Song

Local Soprano Joanna Marie Skillett is returning to Upminster Methodist Church for a Concert of Celebration on Saturday 11th April 7.30pm . A night of Song featuring a cast of opera's leading performers and music from many loved shows of Opera and Musical Theatre, this concert marks the launch of JMS Music in the Community; raising money to launch local Music projects across Upminster.

Tickets are £15, including interval refreshments. For more information and bookings, tel: 01708 510 031 / 07932 416 102 or contact through:

www.joannamariesoprano.com

## **British** Sugarcraft

This month's demonstration takes place on Saturday the 7th March at Hornchurch Library, from 1.30pm to 3.30pm. There will be a demonstration on Mothers Day Spray by Doreen Wood.

Entrance £6 includes tea and cake, pay at the door. Further details from Brenda on 01277 810 498

## **Charity Match**

There is a charity football match at AFC Hornchurch ground in Bridge Avenue, on Sunday 29th

March, for cystic fibrosis sufferer Channon Petrides. Sadly Channon, aged 22, has only 12-18months to live, and has bravely decided to raise as much money as she can to raise awareness of the disease - celebrities pledging to play in the game include Ricky Rayment and Frank Major from The Only Way is Essex Jack Tweed, model Sam Reece Eckhardt, Big Brother star Winston Showan, Ross Worswick from Ex on the Beach, and Kenny Brown, the former West Ham United player.

PERSONAL ATTENTION FROM THE COYTE FAMILY

Harold Wood

FUNERAL SERVICES

0844 453 3671 24 HOUR EMERGENCY CALLS

Golden Charter Funeral Plan Specialist

£125 off with this voucher

Fees rising in April 2015

'We decided to use you because of the warm and caring reception we received

Since 1967 in

43 Station Road, Harold Wood, RM3 8HX

Other offices in Hilldene, Collier Row and Hainault

Office hours Mondays-Fridays 9am-5pm,

Sats 10am-Midday and 10am-3pm in Hilldene

INFO@HWFUNERALS.CO.UK - WWW.HWFUNERALS.CO.UK

Cllr LINDA HAWTHORN

### **Havering Arts Festival**

**Havering Arts Council** is celebrating its 50th birthday, and also that of Havering as a London Borough, by holding an Arts Festival which will run from April to July.

There will be over 40 events taking place throughout the borough, including drama, music, visual arts, and much more. Several events will be taking

continued on page 17

## **BOILER CHANGE**

Raymond Coomer Sarah Cordell

BOILER REPAIRS & REPLACEMENTS PLUMBING ■ SERVICING ■ RADIATORS

CORGI / GAS SAFE Reg No. 49724

14 Birch Crescent, Ardleigh Green, Hornchurch

01708 477146 07973 220270



## Upminster MOT & Service Centre

Free Local Collection & Delivery Covering Cranham Upminster Hornchurch \*\* Air Con Regas Only £49.95\*\*

> MOT's Only £39.95 Included with Any Service

Time Tees Cars, 11 Station Road Upminster. 01708 250011. www.timeteescars.co.uk Next to Costa Coffee!

### Upminster Plastering & Building Services

Extensions & Alterations Plastering & Rendering Cornice & Coving Pebbledashing Paintwork **Guttering & Fascias** Kitchen & Bathroom refurbishment

#### No Job Too Small !

LOCAL TRADESMAN WITH OVER 35 YEARS EXPERIENCE ( REFERENCES GIVEN )

Free Estimates 01708 221297 or 07765 013623 E-mail: upminsterplastering@gmail.com



#### MEGA MONDAY WORKOUT

Monday 9.30am - 10.30am @ Trinty Church with Creche

Manday 7.30 - 8.15pm @ Trinity Church Wednesday 9.30 - 10.30am @ Trinity Church with Crèche

#### **ZUMBA FITNESS**

Monday 7.00 - 7.45pm @ Coopers School

#### ZUMBA GOLD

Vonday 10,45-11,46am @ Trinity Church Wednesday 10.45-11.45am @ Trinity Church

#### **LEGS BUMS & TUMS**

50+ Tuesday 9,30-10,30am & Trinity Church Thursday 7-8pm @ Trinity Church.

#### **FITNESS PILATES**

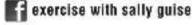
Tuesday 7-8pm @ Methodist Church Wednesday 7-8pm @ Coopers School Thursday 9.30-10.30am & Trinity Church

#### SEATED WORKOUT

Thursday 12:30-1,15pm & Cranham Community Centre

Call Sally for more info 01708 915455 / 07855 534631

www.exercisewithsallyquise.co.uk



#### TOTAL BOOKKEEPING

Are you self employed, a sole trader, in a partnership or Limited Company? Call us today for all your bookkeeping needs.

Day to day processing of your financial records Trading & Profit and Loss Accounts and Balance Sheets VAT Returns and Tax Returns Customer invoicing and collection Payroll

Website: www.total-bookkeeping.co.uk Email: info@total-bookkeeping.co.uk Contact Numbers - 07716 023506 or 07716 023505



Est. 1999

#### Your local Estate Agent

Competitive Rates, Dedicated Experienced Team, Advertising on all leading websites, Network of Offices Call us today to book your free valuation

> Sales & Lettings 01708 377 541

We guarantee to beat any proven Estate Agents fee

www.unique-property-services.co.uk 4 Station Road, Harold Wood, RM3 0DA

#### TAYLOR ELECTRICAL INSTALLATIONS LTD

- TREFESTIMATES
- FAST RELIABLE SERVICE
- REWIRES REPAIRS MAINTENANCE
- ADDITIONAL LIGHTING & POWER
- DISTRIBUTION BOARD UPGRADES
- HOME BUYER'S REPORTS
- FAULT FINDING
- 30 VEARS EXPERIENCE
- TIB REGISTERED.
- FULLY INSURED
- FULLY OUALIFIED
- PART PREGISTERED

01708 227720 MOB: 07890 519109

## REGISTERED OSTEOPA

L GUTTERIDGE D.O (Est. 1988)

MEMBER OF THE GENERAL OSTEOPATHIC COUNCIL (0.0.0)

- LOW BACK & NECK PAIN, SCIATICA
- ARTHRITIS
- WHIPLASH
- HEADACHES & SPORTS INJURIES
- TU HOLDEN WAY DEMINSTER
- Phone: (01708) 227788
- Fur an Appointment
- Structural & House Purchase surveys & reports
- Fire & Subsidence Damage surveys & reports

Party Wall Awards and Schedules

- Design and planning service domestic and commercial
- Project/Contract Management

#### THE **EVERETT** PARTNERSHIP



**Chartered Building Surveyors Building Engineers & Consultants** Planning Supervisors

The Lodge, Little Gaynes Lane, Upminster, RM14 2JB Tel: 01708 227108 Fax: 01708 220867 E-mail: sot.

Can you afford un-invited guests? Before they arrive: fit a burglar alarm

ESTABLISHED 1984

FOR A FREE SURVEY-RISK ASSESSMENT OF YOUR PREMISES

Contact us on:

Freephone 0800 043 0835

(LOCAL 01708 226385)

Repair and maintenance of all existing alarm systems



Service is our first concern

www.icolsecuritysystems.com







FEN BUILDING AND

## ROOFING CONTRACTORS

All aspects of domestic building works undertaken

- Garage / loft/ room /conversions
- · Extensions structural opening or repairs
- Kitchen / bathroom renewal
- · Property maintenance
- Flat roofs
- Chimney stack relead / repoint /remove /rebuild
- Upve fascia soffit window works
- · Valley replacements
- Any roofing repairs
- New roofs strip and retile



Office: 01708 225295 Mob 07939 152828 or 07929 334990 E-mail: fenbuilding@ntworld.com

FREE ESTIMATES - ALL WORKS GUARANTEED



place at Upminster Old Chapel, Cappella Singers will be performing at Trinity United Reformed Church, Upminster, and Guildonian Players and Wesley Players at the Methodist Churches in Harold Wood and Upminster respectively.

Watch out for the Havering Arts Festival brochure, go to www.haveringartscouncil.org.uk. Details of each month's events will also be covered in the next few Bulletins.

## Keep Fit 50 Plus

Are you newly retired? Just new to the area? want to meet some new people? If so why not try a KFA Moves Class. The best kept secret in the dance fitness world.

The Keep Fit Association has been running safe and effective Exercise, Movement and Dance classes for over 56 years.

All of our KFA teachers are qualified on the Register of Exercise Professions at advanced Level 3 and keep up to date with regular Continued Professional Development.

Why not come along and try one of our 50+Body Moves classes on

Wednesday 2-3.30pm at St Laurence Church Hall. Upminster. RM142AJ

Friendly group/tea, social break/ work to your own ability

Class resumes after Christmas break on 7th January 2015

For classes at Cranham Social Centre, Carries Hall, Elm Park please email or ring for details

1st Class FREE phone Chris 01277 211050. email

chrisbannister104@btinternet.com For more details or other classes in the area www.keepfit.org.uk

## **Coach Outing News**

Please note the first trip this year is on Saturday 18th April to Windsor

You can't say the word Windsor without conjuring up images of the worlds oldest and largest inhabited

### Lee's Kitchens and Carpentry

Local carpenter available to supply and fit kitchens at trade prices.

The complete service from start to finish using skilled local tradesmen.

From kitchen removal through to tiling your new kitchen you will only have to deal with me.

Made to measure fitted wardrobes in many different designs and colours.

All internal and external doors supplied and fitted with many choices of handles.

General carpentry work undertaken.

Wooden garage doors, side doors and frames replaced, front / back doors replaced, door trimming service.

New worktops supplied and fitted Insurance work.

Contact Lee Brewis, Upminster 07909 630862

Or visit: www.leeskitchensandbedrooms.co.uk

castle, add to this Eaton College, the River Thames, quaint one-of-akind shops and an abundance of pubs, restaurants or cafes and you'll have a reasonable idea of the treats in-store in Windsor.

Don't forget to check the "Association Diary" each month for booking details, whom to contact and cost.

Kindly note trips cannot be booked until booking details have been published in the Association Diary on the back page of your *Bulletin*.

## Twinning Quiz Night

Saturday 18th April. Quiz Night in support of the Channel 2H Twinning Association of Havering at the Cranham Community Centre, Marlborough Gardens, Upminster RM14 1SR.

Doors open at 7.15pm for a 7.30pm start. Tables of up to 8. Bring your own drinks, glasses and snacks. Tickets £6.

To book a table contact Anne Sambidge: 01708 224703.

## St Francis Hospice

Hornchurch & Upminster Rotary Club's annual sponsored walk in September 2014 raised over £7,000, all of which will be given to assist the Hospice in its work of providing support for adults with life limiting illnesses.

## Wanderers Haven Animal Sanctuary

Open Day Saturday 25th April, at the sanctuary 10.30am - 4.30pm Brookmans Park Drive, Front Lane, Cranham, RM14 1LW. Various stalls, charities, tombola, raffle, hot and cold refreshments available all day. Come and visit all of our animals; permanent

all of our animals; permanent residents and those looking for new homes. Donations of bedding and animal feed gratefully received.

Monday 23rd March fun quiz at the Crumpled Horn Pub, Corbets Tey Road, Upminster. 7.30pm start. Raffle will also be held with

continued on page 19





## Call: Gary or Liam

## DOUBLE GLAZING



REPAIRS

Broken, Misted, Sealed Units Handles, Rollers Hinges, Locks etc.



weatherbesthornchurch.co.uk

Fully Guaranteed Telephone 01708 437174

New Window & Door Installations

OAP Discount

FENSA Registered Company

EST 1989

#### MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD. PART EXCHANGE AVAILABLE, OAP DISCOUNT. ALL WORK GUARANTEED, 36 YEARS EXPERIENCE.



PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695 www.mobilesewingmachinesrepairs.co.uk

## IN DOORS

Direct from the local manufacturers

Replacement

#### Kitchen & Wardrobe Doors

Made to Measure odd sizes, Many colours & Styles In Vinyl Wrap & Solid Woods also avallable

Carcases made to measure, Hinges, Handles, Hanging Rails, Draw Runners, Worktops etc

Friendly & Helpful Trade & Public Welcome Visit our Factory
Mon to Fri: 9am to 5pm
Sat: 9am to 1pm
TEL: 01708 671199
FAX: 01708 857653
Units 5,6 & 7
Aveley House,
Arcany Rd,
South Ockendon,

Essex RM15 5SX (near South Ockendon station) E/MAIL: info@indoorsessex.co.uk

Orders taken and supplied in 7-10 days

# CLEANING & HOME MAINTENANCE SERVICES

#### Garden Services:

Maintaining weekly- fortnightly -monthly Grass Cutting - Hedge Cutting - Trimming & Pruning -Garden Clearance - Re-stain Decking/Fence Panels -Pressure Washing

Domestic Cleaning Services: Weekly, fortnightly or monthly Builders Cleans - End of Tenancy - Spring Cleans

Fully Insured – Competitive Rates – O.A.P Discounts For further information please call us on Home: 01708 229946 Mobile: 07904 204417

WWW.SPOTLESS-CLEANINGSERVICES.CO.UK



### R.R. CONSTRUCTION LTD.

EXTENSIONS & GENERAL BUILDING OVER 30 YEARS EXPERIENCE, FULLY INSURED

> PLANS DRAWN & SUBMITTED TO COUNCIL ELECTRICAL, PLUMBING, PLASTERING

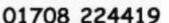
GRANT WORKS (disabled persons)
MEMBERS (FMB) (GMC)

01708 251 282



#### NEW ENTERPRISE

## PEST CONTROL



RATS MICE COCKROACHES
WASPS BIRDS FLEAS ANTS
MEMBERS OF THE N.P.T.A.

OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED



FREE SURVEYS LOCAL COMPANY 111 AVON ROAD

UPMINSTER





PLUMBING, HEATING, BOILER INSTALLATION & REPAIRS

24 HOUR EMERGENCY SERVICE

NO JOB TOO SMALL - NO CALL OUT CHARGE

CONTACT US FOR A FREE QUOTATION AND A PROFESSIONAL, RELIABLE AND FRIENDLY SERVICE

Tel: 01708 443349 Mob: 0750 315 3480



Email: info@aquatech.org.uk Web: www.aquatech.org.uk



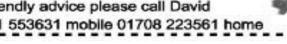
CITY & GUILDS QUALIFIED TRADESMAN

GAS SAFE REGISTERED

#### MR PLUMBER

D T Moore Plumbing Services
 Trading Standards recommended Plumber.

- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- . No call out fee
- For friendly advice please call David
- c 07931 553631 mobile 01708 223561 home



### Crusaider First Aid

Relaxed expertise you can trust



For All First Aid Training Courses First Aid at Work, Paediatric, Sports, Emergency, AED Courses All certificates are accredited and last 3 years Over 30 years experience training emergency services For more information contact David: www.crusaiderfirstaid.com/info@crusaiderfirstaid.com Tel: 01708-202277 Mobile: 07946 628416

great prizes. Tickets £3 to be purchased before the night.

Thank you to all our volunteers and supporters.

### London Marathon

I work in Monarch Hairdressers Cranham. I am running the marathon on April 26th for Great Ormond Street Hospital. I have a justgiving page on www.virginmoneygiving.com/ MariaMegan

Maria Moccasitano

### Cranham **Social Hall**

Join us for Coffee and Conversations special Easter Event on 27th March. Tea/Coffee will be served from 10.30 am. We will then be having a musical interlude with Jeff **Short** plus **Karl** on the keyboard.

This will be followed by a fish and chip lunch. Tickets £9 available from the hall in Front Lane on Friday mornings or call Val on 224 166

### We Need You!

The Haverettes All Girls marching band are looking for new recruits, so if your daughter is interested please contact us on 07814 145 312 or find us on facebook or You Tube under Haverettes All Girls Marching Band or on Twitter under Haverettes All Girls. The age limit is 8 years and over. You can learn to play a musical insrument with free tuition. We meet Tuesdays and Thursdays 7.30pm to 9.30 at Redden Court School, Harold Wood.

### **Dunton Garden** Suburb

As we went to press we were advised of the following:

"Proposed development by Basildon and Brentwood councils to build approx. 6,000 houses along with traveller pitches between West Horndon and Laindon."

A Bulphan resident living near the site gave us the following comments:

Regardless of the devastating impact on local residents and

## Probably the best kept secret in Upminster

MDF Doors Ltd has been supplying kitchens & bedrooms for over 25 years. Under new management and with state of the art woodworking machinery we can bring your design ideas to life. Carcases, doors, worktops, handles, helpful advice, probably everything that you need, It's where the trade goes but we are open to the public as well. Open Mon-Friday 8am to 5pm and 9am to 4pm on Saturday: Westbury Farm, 439 St Mary's Lane, Upminster. RM14 3NU. About 300mtrs from the junction with Pike Lane. Phone 01708 227273

infrastructure, the impact felt by surrounding towns and all users of the A127 will also be huge. The fact that the Green Belt is being suggested for use, I believe is a very slippery slope that Upminster residents should be very concerned about.

Please see the site for more info: http://duntongardensuburb.uk w hich also gives details on how to object.

Havering Council will be making representations on this and we will keep you informed.

#### **FUTURE EVENTS MARCH 2015**

- 6 Friday a warm invitation to all women and men to come to the Trinity URC Church, Upminster (next door to Roomes, to pray for the women of The Bahamas at the 2015 Women's World Day of Prayer. 2-3pm followed by
- Saturday The Havering Branch of the **East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Gaynes Road, Upminster RM14 2YS doors open at 1pm meeting starts at 2pm. The Computer Group meets at the same venue 11am - 1pm a Q&A session is followed by Teas and coffees which can

- be purchased. Members and visitors welcome to either or both. Admission
- 11 Wednesday Harold Wood Library have Young at Heart. Life in the 60's. **'Talking Book'.** Eileen Williams will entertain us with stories about her life in the 1960s. 11.00 am - 12 Noon. Adult age group Entrance £1.00 including refreshments.
- 12 Friday Havering Antique and Collectors Club meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood have Guest Speaker Steve Lester on "Insights of a Provincial Auctioneer".
  - 7.30 pm for 8 pm start. For further details please call our Chairman Mrs Jan Halsey on 01708 373574.
- 25 Wednesday Upminster Park Townswomen's Guild have their Annual General Meeting / Charity Unwanted Gift Auction. Meetings are held in Derham Hall (behind the Library in Upminster) from 1.45 pm - 4 pm once a month.
- 30 Monday Breathe Easy Havering In aid of British Lung Foundation, have guest speakers every month held at St Andrews Church, Hornchurch, 1.30 pm -3.30 pm. Cost is £2 including light refreshments. For further information please ring Joyce 01708 226696 or Elaine 01708 509127.
- 30 Monday Romford Historical Society, meet at Myplace, 343 Dagnam Park Drive, Harold Hill, RM3 9EN, Doors open 7.30 pm Meeting starts 8 pm, have

continued on page 24

## UPMINSTER

## KITCHENS & BEDROOMS

Simply fine kitchens and bedrooms

Showroom Open Monday to Saturday 9.30am - 5.00pm





161 St Mary's Lane, Upminster RM14 3BL T: 01708 222250 www.upminsterkitchensandbedrooms.co.uk

Construction and Landscaping specialists

Greenacres, Aveley Road, Upminster, Essex **RM142TN** 

t: 01277 800110 ~ 01708 545110

e: info@milbarnconstruction.co.uk w: www.milbarnconstruction.co.uk



Specialists in Home Extensions. Decoration Chimney Breast Removal (5,000,000 public liability insurance Residential and Commercial work

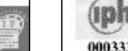
experts in the construction industry..."

## BF Mulley & Son



Chapel of Rest | Home Arrangements | Distance No Object World Wide Repatriation | Ample Client Parking | Memorials

### Family Owned Funeral Home 24 Hour Funeral Service





254 St. Mary's Lane Upminster RM14 3DH Tel. 01708 220330 28 High Street, Hornchurch RM12 4UN Tel 01708 442145

www.bfmulleyson.com email -funerals@bfmulleyson.com



## Chartered Accountants for individuals small businesses and charities in Havering, Essex and the City

accounts, tax returns, VAT, payroll, fixed fees, secretarial, start-ups, incorporation, independent examinations, personal and business tax

#### FREE COMPANY FORMATIONS FOR NEW AND EXISTING CLIENTS

a member of the ICAEW Business Advice Service BAS



contact Daniel Gricks for a free consultation and/or quotation on 01708 225768 daniel@upminsteraccountants.co.uk www.upminsteraccountants.co.uk





## Fit4FiftyFit4Life



Personal Trainer and Lifestyle Strategist

Private Consultation • Fitness Testing • Nutritional Guidance • Reduce Risk of Heart Disease • Improve Weight Management • Increase Strength and Stamina • More Energy - Less Stress Personalised Progressive 12 Week Programme

07966 693133 / 01708 377949

www.linwinter.com

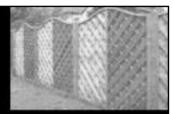
### D.G. PLUMBING SERVICES

All Aspects of plumbing undertaken Specialist in condensation problems Bathroom Installations radiators pumps Breakdowns in heating Free Estimates



01708 220994 07977 214541 52 The Grove Upminster RM14 2ET

## UPMINSTER **FENCING LTD**



SUPPLY & FIT PRESSURE TREATED PANELS ALL REPAIRS INC. EMERGENCY PANELS MADE TO MEASURE

01708 225599 07831 281590 MON - FRI 7-4 SAT 8-1

> Mardyke Works St. Marys Lane Upminster **RM14 3PA**



#### Reach & Wash Cleaning

Our cleaning services include windows, upvc, conservatories, cladding, soffits, fascias and more.

#### Gutter Vac Cleaning

Our gutter cleaning service is carried out by using a industrial gutter vacuum that specializes in removing all gutter debris whilst eliminating the need for ladders or scaffolding.

#### Pressure Wash Cleaning

With a high powered industrial Honda pressure washer we are able to clean Driveways, patio's, decking and more!

Call now for a free quote on 07957 425 555

## Oakfields Montessori School

#### Co-Educational Independent Day School

Harwood Hall, Harwood Hall Lane, UPMINSTER, RM14 2YG Tel: 01708 220117 Fax: 01708 227911

#### www.oakfieldsmontessorischool.org.uk

Pre - Prep School for children 3 - 7 Prep School for Children 7 - 11

LIMITED AVAILABILITY KINDERGARTEN, EARLY YEARS and SECONDARY PATHWAYS (Years 4-6)

Small class Traditional values Modern teaching methods Dedicated ICT suite Swimming pool

Experienced & inspirational staff Extensive and varied extra-curricular activities Breakfast club and after

school care

COGNITA

#### **Energy Performance Certificates** for home sellers and landlords



- Fully qualified and Stroma accredited Domestic Energy Assessor
- Covering Havering, Essex and other East London Boroughs
- Appointments available 7 days a week
- Prices from £40 + VAT (credit cards accepted)

Tel: 01708 875055

Email: contact@essex-estuary.co.uk

#### COMPETITIVE & COMPREHENSIVE INSURANCE HOME

BUSINESS

.

LANDLORDS

Call 01708 289525 or visit www.evansinsurancebrokers.co.uk/quote for a no-obligation quote:

Evans Insurance Brokers 8 Holgste Court, 4-10 Western Road, Romford RM1 3JS

Ages, excess ferrors, of a conference disposed in the terrors. Proceeds to the control deposition for the control debute is of procedure products. The first effects or sade is 20010. This observate may be absended as the POAs Paginter by mail is the restrict or consulting feet as 2001000 1000.

## **Upminster** Library Events

#### Saturday 14th March **Essex and the Great War**

Ioin us for a fascinating talk about the roll that Essex played in the First World War. 11.00-1.00. £3.00 members / £4.50 non members. Upminster.library@havering.gov.uk or ring 01708 434 933 to book.

#### **Tuesday 17th March** Adult Craft Workshop - Easter **Boxes and Baskets**

Try different craft techniques in a friendly Environment. All abilities welcome. All materials supplied. Booking Essential 1.30-3.00. £6.00. Members / £7.50 Non members.

Upminster.library@havering.gov.uk or ring 01708 4349 33 to book.

#### **Thursday 19th March Sew and Swish Workshop**

Find out how to prolong the life of your clothes whilst also learning a new skill so that you can mend, alter, customise or reconstruct your garments. Booking Essential -

www.havering.gov.uk/sewandswish 2.00-4.30. Free.

#### **Tuesday 23rd March Baby Sensory Taster Session**

A fun and stimulating activity session for parent and baby.

10.30am-11.15am. Ages up to 13 months. £2 Members / £3.50 Non members. Booking essential. Upminster.library@havering.gov.uk or ring 01708 434933 to book.

#### **Tuesday 31st March** JOYZ (Just for You Zone)

Sewing Workshop Learn how to transform a garment. Contact:patriciajm001@gmail.com 07804 298 352.

For more information or to book your place. 12.00pm-2.00pm. Over 18. £10.00.

### **Springfield Contact Centre**

The Springfield Contact Centre, which is attached to the Baptist Church in Springfield Gardens, Upminster, RM14 3EH, will be celebrating its 20th Anniversary on the 14th March. 2015.

The Centre provides facilities whereby children whose parents do not live together can spend time with their non-resident parent from l0am. to 12 noon on alternate Saturdays in a welcoming, friendly and safe environment. At the Centre, children and parents are able to play together and maintain a



**Upminster Jewellery Workshop** 

Bespoke jewellery hand made by craftsmen in store

**Exclusive designs** 

Expert repairs

Bridal specialist with a dedicated wedding ring lounge

Honest and reliable advice



relationship which may otherwise not be possible.

Applications for places at the Centre are made by Solicitors and Family courts usually when there is no parental agreement over contact or if there are other problems. Self-referrals are also received. Demand for places is generally high and it is often necessary to maintain a waiting list

The Centre's Co-ordinator, Mrs Tricia Griffiths and her team of helpers are all volunteers and they are supported by a Management Committee under the Chairmanship of Mr. John Fortune.

The Centre is affiliated to the National Association of Child Contact Centres which carried out an appraisal of the Centre in 2014 and has reaccredited the centre for a further three years.

As part of the 20th anniversary celebrations, a reception and thanksgiving service are being held at the Baptist Church on Saturday 14th March, beginning at 4pm. The Minister, Rev. Mark Davison will conduct the service and anyone who is interested and able to come will be made most welcome.

## Friends of **Upminster** Mini-Golf Course

The next meeting of the 'Friends of Upminster Mini-Golf Course' will be held on 5th March (7:30pm) at the St Joseph's Social Centre, St Mary's Lane. The aim of the group is to secure the future of the mini-golf course as a community asset while protecting it as a green and open space. We have had two excellent meetings so far and anyone interested is very welcome to come along on the 5th. For further details please contact me at cllrclarencebarrett@yahoo.co.uk or call 07863 116029.

Cllr CLARENCE BARRETT

## **Murder Mystery** Night

The Wesley Players have kindly agreed to do another Murder Mystery on Friday 13th March at Upminster Methodist Church in Hall Lane, to help fund the work done by the Church with youngsters.

continued on page 22



## Paula Wilson Counselling

- I am an experienced counsellor offering help to couples and individuals with issues including relationship difficulties, anxiety, self esteem and bereavement
- A sensitive, professional and confidential approach
- Based at the Willow Herbal Centre, Harold Wood For more information please call 07855 404977 or visit www.paulawilsoncounselling.co.uk

## A C DECORATORS . Upminster & Essex

All types of interior & exterior decorating at competitive rates

Free estimates and advice

Tel: 07868 300376 Email: alanlcalder@gmail.com

See what my customers say - www.checkatrade.com/ACDecorators

#### **ASSOCIATION COUNCILLORS:**

Cranham Ward:

Cllr June Alexander 1 Lexington Way RM14 1NT (227092)june.alexander@havering.gov.uk

Cllr Clarence Barrett 7 Ashvale Gardens RM14 3NA (07863 116029) clarence.barrett@havering.gov.uk

> Cllr Gillian Ford 10 Dorkins Way RM14 1XX

(641317)

gillian.ford@havering.gov.uk

#### **Upminster Ward:**

Cllr Linda Hawthorn 34 Cedar Gardens RMl4 3DL (225451)

linda.hawthorn@havering.gov.uk

Cllr Ron Ower 28 Derham Gardens **RM143HA** 

(07721 780 372)

bulletinra@yahoo.co.uk

Cllr Linda Van Den Hende 93 Sunnyside Gardens Upminster RM14 3DP (223761)

linda.vandenhende@havering.gov.uk

#### **ASSOCIATION CONTACTS:**

#### **Editor:**

Cllr Ron Ower 28 Derham Gardens RMI43HA

(07721 780372) email: bulletinra@yahoo.co.uk

#### Commercial Advertising

Please contact the editor

**Upminster Organizer:** Cllr Linda van den Hende (223761)

Cllr Clarence Barrett (07863 116029) www.haveringra.org.uk

## Cine-Slides-Video 2

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810

www.slides2disk.co.uk

Even if you aren't a super sleuth these plays are still great fun, and you never know it could be you who spots the important clue that solves the murder.

Tickets are £10 and includes a meal and are available to buy from Peter Hobbs on 01708 224891.

## **Wesley Guild**

On Saturday 7 March in the Wesley Hall, Upminster Methodist Church, Hall Lane (10am to 12 noon) the Wesley Guild's annual charity coffee morning and sale in aid of the Whitechapel Mission. Stalls to include home-made cakes, bric-a-brac and books (to include vintage paperbacks from a private collection). The Mission, which was founded in 1876 and which receives no public funding, cares for the poor and homeless of London regardless of race or religion in their struggle against hunger, poverty and exclusion. Thursday 19 March in the Minor Hall, Upminster Methodist Church (8pm). Guild meeting with guest speaker, local author Peter Caton on his "Suffolk Coast Walk". All are welcome. Meeting fee: £1.50.

## **Horticultural Society**

We are delighted to have James Havering Residents' Association: Crebbin- Bailey to start our new season of lectures. He is recognised as a specialist in Sculptural Topiary and he has won many awards at RHS shows and elsewhere since 2002. He was a Gold medallist at RHS Chelsea

Flower Shows 2011 and 2012 and a Silver Gilt medallist in 2013. He has appeared on TV and his "topiary and tuition" are featured in several books. Maybe he will be showing us how to create new and innovative shapes or classical designs, re-shape our existing Topiary or our gardens. Come along and see for yourself. The talk will take place in the New Windmill Hall, St Mary's Lane, Upminster On Tuesday 10th March from 7.45 p.m. to 9.45 p.m., doors open at 7.15 p.m. Entrance is free to members, non-members very welcome for a fee of £2.00. For further information on **Upminster Horticultural Society** see our website: www.upminsterhorticulturalsociety.co.uk,

info@upminsterhrticulturalsociety.co.uk

### **All Saints** Church

21st March at 7.30pm in the Vestry Hall, All Saints' Church, The Chase, Cranham. Our speaker is Simon Dinsdale an ex-detective telling us about "Cold Case" crimes in the Essex area. "The Real New Tricks"! Cost £6, includes sandwich supper and coffee

#### **OUIZ NIGHT**

25th April at 7.30pm in the Vestry Hall, All Saints' Church, The Chase, Cranham. A Quiz. Tables of 8-10. Cost £6 including coffee. Bring your own snacks/nibbles.

Please contact Helene on 01708 225 629 for both of the events

# atlantic

## Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman Our windows are fantastic value for money Great choice of high security composite doors Beautiful conservatories with self cleaning glass roofs All our work is fully guaranteed

Call us now for a FREE no obligation quotation

Tel: 01708 480004

or email bulletin@atlanticglazing.co.uk visit our website www.atlanticglazing.co.uk



## Right Equity Release

Ensuring you choose the Right Equity Release

Are You a Home Owner aged over 55? Have you ever considered releasing the money in your home to...

- · Pay for Home Improvements
  - · Debt Consolidation
  - · Luxury Holidays

#### For more information

Call: 0800 6127362 Mob: 07964 282678

Kevin.hull@therightequityrelease.co.uk

The Right Equity Release Ltd which is authorised and regulated by the Financial Conduct Authority Registered in England and Wales No. 07166676

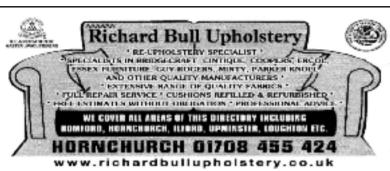


#### OLDHAM LANDSCAPES

SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION

DRIVES, PATIOS, BRICKWORK, PLANTING, TURFING, FENCING, DECKING, PERGOLAS,

PORTFOLIO ON FACEBOOK UNDER OLDRAM LANDSCAPES 01708 225279, 07973 911893



#### The Upminster Complementary Healing & Teaching Sanctuary

Pea Lane, Upminster, Essex, RM14 2XH

01708 251124

www.healingandteaching.co.uk

Want to treat someone you love?

The Upminster Sanctuary GIFT VOUCHER

Wide variety of holistic & traditional therapies, courses and workshops

Your local complementary therapy centre is here to help

Acupuncture Aromatherany Massage Astrology Ayurvedic KV Foot Massage Baby Massage Bach Flower Remedies Bowen Technique Chinese Herbal Medicine Chiropractic Crystal Healing Deep Tissue Massage

Fong Shui Herhelist Hopi Ear Candling Hot & Cold Stone Mussage Hypnotherapy

**Emotional Freedom Technique** 

Indian Head Massage Kinesiology

Law of Attraction Life/Success Coaching & NLP Manual Lymphatic Drainage Natural Lift Facial Massage

Stress Management Swedish Massage

Yoga Classes

Osteopathy Pregnancy Massage Pregnancy Reflexibility Reflexology Spiritual Healing Spiritual Development



Garden Services, Estate Management & Tree Surgery

Honest, reliable and friendly service at competitive prices

All Gorden Services & Regular Maintenance plus let Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

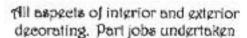
Over 12 years qualified & July insured

Weit our website for more infoi www.ajbgardens.co.uk Or call us on 01708 228886 / 07875 557378



### PREMIER

#### PAINTING AND DECORATING



Dulux Recommended

For a free estimate and advice telephone:

01277 633150 or 0775 383 9852



#### Upminster

54 Station Road 01708 229444

#### Hornchurch

40 North Street 01708 511000

#### Brentwood

1 Shenfield Road 01277 211755



### Your local family law specialists

Our experienced team of solicitors can help with any family query

including:

Divorce

Separation

Children

Cohabitation Prenuptial agreements

Civil partnerships





Upminster open early, late & Saturday FREE Initial Family Consultation Quote CP/Bulletin for offers

www.pinneytalfourd.co.uk

## REMOVALS, STORAGE & DELIVERIES

Domestie & commercial Local & long distance Free estimates & Insurance Container storage Family business since 1962



01708 224968

Movers House, Front Lane, Cranham, Essex RM14 1XL www.patchettsremovals.co.uk

#### PROFESSIONAL GARDEN LANDSCAPING

Decking · Fencing · Patios

Quality TURF Supplied: No Minimum Purchase 20 Years Experience + Free Written Estimates Call in at Rear Yard, 15 Suttons Lane, Hornchurch



Call us on: 07852 666858 or 07891 480807 Visit us online: www.dggardenworld.co.uk

Fencing | Turf | Artificial Grass | Topsoil | Patios & Decking | Calor Gas

Do it Right, the First time!

#### ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New lawns, Garden Lights, Brickwork, Garden Design, Steps, Block Paving Phone 01708 441044 Mobile: 07814 940335 Upminster Road, Hornchurch www.anglepaving.co.uk email: angle.paving@o2.co.uk

## **Direct Car Services**

Catering for up to eight passengers

Airports, Rail Transfers, Sporting Events & Theatre For all your luxury travel needs

- Competitive rates on request 24/7 service- fully insured
  - · General and account work undertaken

Tel: 07531 088777 or 07889 273756 www.directcarserviceshavering.co.uk



## G.B.Roofing

(Busypledge Ltd)
We do all roofing work:- Strip & Retile, Tiles replaced & Roofs repaired, Flat Roofs Stack Re-Point-Re-Build & Lead Flashing, Valleys PVC-U Fascia, Soffit & Guttering No Job Too Small or Too Large

We are a Family Firm with three decades of Roofing Experience At Your Service All Personal Estimates & Advice Are Free - All Work Guaranteed



Visit our website: www.gbroofing.co.uk Email: info@gbroofing.co.uk Telephone 01708 220610 Fax 01708 859366



speaker Brian Curtois speaking on "More Memorable Moments Reporting for the BBC". Visitor fee £2.50.

31 Tuesday - Harold Wood Library are holding Easter Fairy Cakes. Come and join us in some Easter fun and decorate some vummy cakes to take home with you. 4.30 pm - 5.30 pm Ages 4 - 10 years. £3.00 members / £3.50 non nembers

#### **APRIL 2015**

Saturday - The Havering Branch of the East of London Family History Society hold meetings on the first Saturday of every month at Trinity Church, Station Rd, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. This month the talk is 'Men of Bad Character' wage decline in farming 19c with Jeffery Page. The Computer Group meets at the same venue 11am - 1pm where a Q&A session is followed by 'Family History @ Your Fingertips' by Meryl Catty. Teas and coffees can be purchased. Members and visitors welcome to either or both. Admission free.

- Saturday Upminster Windmill Open Day, 2.00 pm to 5.00 pm at Mill Field, St Mary's Lane, Upminster, RM14 2QL
- Sunday Upminster Windmill Open Day, 2.00 pm to 5.00 pm at Mill Field, St  $Mary's\ Lane,\ Upminster,\ RM14\ 2QL.$
- Tuesday Oglethorpe Women's Institute will not be meeting at the Cranham Social Hall this month.
- 17 Friday Havering Antique Collectors Club meet at The Neighbourhood Centre, Gubbins Lane, Harold Wood have Guest Speaker Judith Miller (Antiques Roadshow) on Candle-sticks. 7.30 pm for 8 pm start. Chairman Mrs Jan Halsey on 01708 373574. (Please note due to Easter falling on our usual date of 3rd Friday, the April meeting will be on
- 18 Saturday Upminster Windmill Open Day, 2.00 pm to 5.00 pm at Mill Field, St Mary's Lane, Upminster, RM14 2QL
- 18 Saturday Quiz Night in support of the Channel 2H Twinning Association of Havering at The Cranham Community Centre, Marlborough Gardens,

# Gary Foss Building & Landscaping

Home extensions and alterations Kitchen fitting and worktop replacement Driveways and patio's designed and layed Structural wall removal and modification

Free estimates and advice Upminster 01708 500018 Mobile 07831 469041 Email gary.foss@ntlworld.com



Porches and garages etc

### T.Jefferves **Decorating Services**

All aspects of painting & decorating undertaken

Free Estimates Call 01708 347190

- Upminster, RM14 1SR. Doors open at 7.15 pm for a 7.30 pm start. Tables of up to 8. Bring your own drinks, glasses and snacks. Tickets £6. To book a table contact Anne Sambidge: 01708 224703.
- 19 Sunday Upminster Windmill Open Day, 2.00 pm to 5.00 pm at Mill Field, St Mary's Lane, Upminster, RM14 2OL.
- $25\,$  Wednesday The Upminster and District Probus Club holds meetings on the last Wednesday of each month, except December, at The Cranleigh Restaurant, Hornchurch, at 11.30am for 12.00pm start. For more information, go to www.upminsterprobus.com or telephone Barry Walsh 01708 703783 and leave a message.

#### **ASSOCIATION** DIARY

#### **MARCH**

4 Wednesday. Upminster Ward Meeting at St. Joseph's Social Centre at 8.00 pm.

12 Thursday. Cranham Ward meeting, Cranham Community Centre. 7.45pm.

#### **APRIL**

- 1 Wednesday Upminster Ward Meeting at St. Joseph's Social Centre at 8.00 pm.
- 9 Thursday. Cranham Ward Meeting at Cranham Community Centre. 7.45pm.

### **Association Coach Outing**

Windsor on Saturday 18th April Leaving Bell School Upminster at 9am after usual pick-ups. Something for everyone in this historic town. Tickets £12.00. Bookings with Mrs Fiona Cook 01708 229 318 from Monday 9th March between 7pm and 9pm please.

## NAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND **NURSERY MAN** 

- \* COMPLETE GARDEN LAYOUT
- \* PAVING A SPECIALITY
- \* PONDS, WALLING, ROCK GARDENS
- \* TREE FELLING, FENCING
- **† SHRUBS, TREES, ALPINES**
- \* CONIFERS

FEEL WELCOME TO CALL IN FOR ANY ADVICE ON LANDSCAPING AND PLANTING FOR YOUR GARDEN



TEL: DAY 01708 224733 EVENINGS & WEEKENDS 01708 700557 MOBILE: 07788 725853



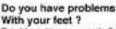
#### J. WRIGHT - ELECTRICIAN

- REWIRES

EXTRA SOCKETS COOKER POINTS SECURITY LIGHTS CITY & GUILDS QUALIFIED FOR ALL ELECTRICAL INSTALLATION

FREE ESTIMATES CALL 01708 448402 **FOOT HEALTH PRACTITIONER** 

Amanda King (MCFHP) (MAFHP)



Trouble cutting your neits? Thickened nail management Ingrown toensils Vertuca treatments Athlete's Foot Hard skin removal Fungal nail treatments

Dispetic nail care Com and callous treatment FOOT HEALTH TREATMENTS £25,00 Home Visits

A friendly, efficient and professional service Mobile: 07920 855 044

## HOME Est. 1966

Exterior & Interior Painting & Decorating Paperhanging - Guttering A Speciality

> All Estimates Free UPMINSTER (01708) 226327

### DAN THE MAN WITH A VAN HOUSE CLEARANCE OF ALL SIZES

I'LL GIVE YOU A TIP - DONT USE A SKIP





CALL DAN TODAY TEL: 07842 628 560