



ALWAYS AVAILABLE -NOT JUST AT ELECTION TIMES

Cranham Computer Centre 01708-250296

PC & Laptop Repairs

Virus issues Running slow Internet problems WIFI Data recovery Power supplies Laptop Screens, Hard drives Pick up and Drop off service



email: bulletinra@yahoo.co.uk

The Voice of the Community

www.ucra.co.uk

UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION

Meeting the Challenge



Despite a change in Prime Minister and a vote to leave the EU, funding for our Council has got no better and the financial challenges ahead will mean making tough decisions. For example;

- Havering grant reduces from £31m this year to £1.4m in 2019/20 (96% cut)
- Public Health budgets reduced
- New Homes Bonus cut from £7m to £4.3m
- Levy to dispose of waste set to increase from £13m
- Increasing pressures to deliver social care services to Children

• Escalating Housing Costs As readers may recall, the government introduced a 2% levy on council tax to support Adult Social Care, but additional funding to meet the above mentioned pressures will have to be made through even further savings or an increase in rates. Our objective is, as ever, to put the interests of residents first and foremost and we shall do all we possibly can to maintain vital frontline services while pegging back Council Tax increases to an absolute minimum.

Cllr CLARENCE BARRETT



Trains at Upminster Station

I have for quite some time now been chasing Network Rail and C2C about the trains on platform 2 stopping half way down the platform - people who were not aware of this used to stand near the stairs, and then had to hurry down for the train - not easy for the elderly or those with young children. I am pleased to say that mirrors have at last been installed, so that the driver can see the whole of the train, and they are now all stopping by the stairs.

Cllr LINDA HAWTHORN

The Bulletin - Can You Help?

We are very fortunate and grateful to have an army of volunteers who deliver the Bulletin to thousands of households right across our area. However, we desperately need volunteers in the Cranham area to help by delivering to 5 or 6 of deliverers each month and for deliverers in general. If you can help, please call 01708 225472 or 07863 116029 for an informal chat.

Cllr CLARENCE BARRETT

Brunswick Court



Havering Council have been undertaking a review on the housing it provides for older people and the demand that will be needed over the next 30 years. The borough currently has 800 units of sheltered housing across 19 sites in the borough. **Brunswick Court in**

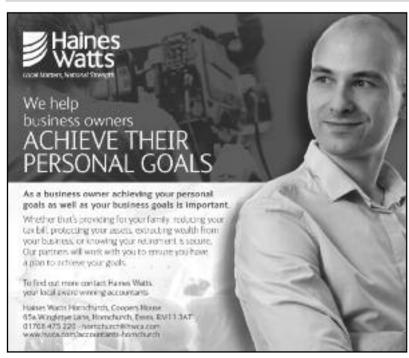
Cranham, was one scheme that was being considered for closure due to the unpopular small bedsits and lack of lifts. Cranham councillors met with Officers and the Cabinet Member, to highlight the need for provision in the East of the borough and for a needs assessment to be carried out in the area. Residents were also active in delivering a petition against closure. I can now confirm that extra care provision, including dementia will be retained and developed at Brunswick Court. The proposal is for the site to be re-developed in approximately 5-7 years' time. The council is supporting residents and families through this process and Councillors will continue to monitor the scheme as things progress.

Cllr GILLIAN FORD

Beware Council Tax Fraudsters

Fraudsters are targeting people in the local area with a cruel council tax scam that could cost residents their life savings. The people behind the scam are ringing residents and telling them that they have paid too much council tax. The good news, they say, is that they can reclaim the cash for a small fee.

continued on page 2





INK STOP

PLANS, LEAFLETS, COPYING PHOTOS ONTO CANVAS INK CARTRIDGE REFILLS AND NEW, PERSONALISED CARDS

93 Corbets Tey Road, Upminster, Essex RM14 2AH Tel: 01708 220185

www.print-trek.co.uk www.inkstopsales.co.uk

OPEN: MONDAY - SATURDAY 9.00AM - 5.00PM

"CREASES"

(PROFESSIONAL DRY CLEANERS AND IRONING PARLOURS) LTD 2B MOOR LANE, CRANHAM

> Dry Cleaning . Repairs & Alterations Ironing . Curtains . Duvets . Laundry Free Collection & Delivery Service

Please Call 01708 229292

But then the tricksters ask unwitting householders for their bank details so they can have the tax repaid into their accounts. Once armed with the details, the criminals can raid bank accounts for savings. I would urge anyone receiving such a call not to disclose personal or financial information - and never accept cold callers' claims about your council tax band.

Cllr CLARENCE BARRETT

Christmas Lights

We are delighted to inform you that the switching on of the Christmas Lights will take place on Thursday 24th November. In the past these have been great nights especially for the children. Further details next month.

Abigail's Column

Painting our Town

Did you even know there was a tunnel between Howard Road and Devncourt Gardens? I didn't until local schools were given the chance to paint it. The



tunnel looks amazing and I can only imagine what it was like before as well as

how it would have felt walking through it. Many local primary and secondary schools have worked really hard to design and paint the tunnel; they have done a great job of cheering this little bit of Upminster up. It is certainly worth going to have a look. I am sure that there must be other places in the area that could use such a project and it is nice to see schools working with local communities to make our streets nicer places to be. Let me know if you can think of any other good ideas. Just a note though please respect the hard work that has gone into the tunnel look but don't touch. Also it is illegal to paint without permission so please don't start your own street art project.

A Touch Of Glass S LPPLIERS OF WENDOWS , DOORS AND CONSERVATORIES TOP QUALITY PVC-U USED

WE CAN ARRANGE FINANCE

GLASS CUT TO SEE WHILE YOU WAIT BROKEN OR MISTED UP SEALED UNIT REPLACED OR CHANGE YOUR CLEAR UNIT WITH LEAD LIGHTS PICTURE PRAMES MADE TO SIZE OR MOULDINGS SOLD BY THE LENGTH OVER 100 MIRRORS IN STOCK

97 Front Lane, Upminster RM14 1XN www.atog.co.uk 01708 250070

Local electrician

- · Based in Upminster
- · Domestic/commercial work
- · Electrical testing and reports
- · Fault finding and rectification
- · Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

Paul Gilham 01708 229835

07985 185872 or info@githamelectrical.co.uk







Speeding Update



I joined the police recently on a speed gun exercise in Upminster. Corbets Tey, South View Drive and St. Mary's Lane close to

Coopers School were checked. Over a total period of 2 hours, some 45 cars were observed with 9 vehicles being stopped by police and verbal warnings given. Those receiving warnings will be followed up with a letter and this will be kept on record and be added to any further warnings given. The average speed for those stopped was 37 MPH in a 30 MPH zone. It was again disappointing that drivers stopped were in the main local, one stopped in Corbets Tey Road lived in that road. Speed checks will continue.

Cllr LINDA VAN DEN HENDE

Public Space Protection Orders

Following concern for the safety of primary school pupils from inconsiderate and dangerous parking close to a number of schools in Havering, the Council has been consulting on the introduction of PSPOs. This will mean that between the hours of 8am and 9.30am and from 2.30pm to 4.00pm dropping off and picking up pupils will be prohibited in signed areas around both Engayne and James Oglethorpe Schools. Enforcement is undertaken by CCTV and will only focus on drop-offs/pick-ups in the specified areas. All other activity (eg residents, visitors, deliveries, emergency services, etc) would not be subject to enforcement action. The current date for implementation of this scheme in our two schools is 28th November, with warning notices being issue from 14th November. Anyone ignoring these restrictions will be issued with a Fixed Penalty Notice. Any queries on the scheme should be addressed to School-pspo@havering.gov.uk

Cllr LINDA VAN DEN HENDE

Upminster Carpets

205 St Marys Lane, Upminster

01708 224515

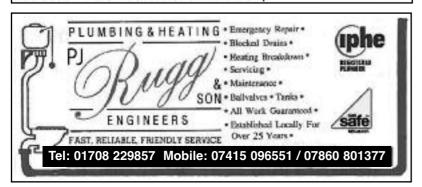
Old Carpets and Furniture? No Problem!!

Home Service Available

We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinyl
- Karndean





BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office: 01708 780000



Tel: Home: 01708 733088

Natural Stone Paving



BOILER REPAIRS ● SERVICING AND INSTALLATIONS ● COMBI BOILERS

 TANKS · TOILETS · ALL GAS WORK

O.A.P'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT

WORKING IN YOUR AREA. QUALIFIED AND EXPERIENCED ENGINEERS

01708 475041 079301 49046

www.adv-mpplumbing.co.uk pat@adv-mpplembing.co.uk



FLEET ELECTRICAL & HEATING SERVICES

National Inspection Council for Sectrical Installation Contracting NAME OF PERSONS

APPROVED CONTRACTOR

Full / Part Rewires - Extra Plugs

TEST CERTIFICATES PROVIDED

Immersions - Security Lighting - Fault Finding Established in Upminster for 20 Years

Phone: 01708 250409 Mobile: 07956 335744 5 Mersey Avenue, Upminster

Fireworks Display

The Upminster Junior School PA and Upminster Infant School PTA Annual Firework Display will be taking place on the school field on Saturday 5th November. Display starts at 6:30pm with the gates opening at 5:30pm. Entry is at the entrance accessed via the road by the Crumpled Horn pub. There will be refreshments and a barbecue. Tickets will be on sale during the week starting 31st October from the Junior School office or after school in the playground, priced at £6 for adults and £4 for children. Tickets are also on sale on Saturday 5th outside the school entrance next to Superdrug or on the gate from 5:30pm and the price on the day is £7 for adults and £5 for children. Please do try and get your tickets early to avoid any upset. Any questions or for ticket information please contact Sarah Horne on info@ujspa.org.uk

Upminster Art Society

Members of the Upminster Art Society will be exhibiting

members' work at two exhibitions. The first is at the RSPB visitor centre New Tank Hill Road, Purfleet, RM19 1SZ. The exhibition runs from Sunday 2nd to Saturday 8th October. The Second is an exhibition and sale of paintings by Janet and Terry Doyle at Upminster Library from Monday 24th October to Saturday 5th November. Contact 01708 532967

Well Done



Our congratulations go out to all local students another year with fantastic examination results.

Well done, amongst them were some superb results. Anyone stating work or going to University good luck. If you are away from the area and wish to stay in touch our web site is ucra.co.uk

Chris Wilkins

HUNTER & CO.

Chartered Certified Accountants Chartered Tax Advisers

FOR ALL YOUR ACCOUNTING AND TAXATION NEEDS

195 St. Mary's Lane Upminster Essex RM14 3BU Tel: 01708 255555 Fax: 01708 255556 Email: egh@eghunter.co.uk www.eghunter.co.uk

Lunchtime Recitals

Thursday Lunchtime Recitals at St Laurence Church, Corbets Tev Road, Upminster 1.05pm-1.50pm. Free admission - retiring collection.

- Oct 6th Richard Brasier, organ
- Oct 13th Tiago Gomes de Matos, guitar
- Oct 20th Laurence Lyndon Jones, organ
- Oct 27th Philip Simpson, tenor
- Nov 3rd Andrew Cantrill, organ
- Nov 10th Icaria duo, flute and

346 Bus Route

The operator of the 346 Bus route changes from Arriva London to Blue Triangle as from 1st October. There are no route changes planned.

Cllr CLARENCE BARRETT

Art Class

Art Classes on Tuesdays between 1p.m. to 3p.m are being of offered in Corbets Tey. The class is on

watercolour painting and is a small group of 15 members, meeting each week to paint. As of September there are a few new spaces and we would welcome some new members, beginners welcome. Please contact Hazel on 01708 222051.

Bah Humbug!

Cranham's own award winning, **Oglethorpe Players**, are rehearsing Charles Dicken's epic - 'A Christmas Carol'. The production is to be presented at the All Saints Vestry Hall in Cranham. A fantastic venue for this yuletide tale, as the beautiful, hilltop church and grounds are very evocative of the Dickensian period.

The Players excel in these period pieces with the aim being to leave everyone with a warm festive glow. Performances - Friday 9h December at 8pm, Saturday 10th at 2:30pm and 7:30pm. Box Office 01708 221923. More details to follow, or then again, HUMBUG!!!

Do you need a cleaner, home help or garden services?

Doctor Domestic can help Friendly local company with a big heart .

> Please call Kirsty on 01708 640 264 or 07782 495 224

Or E mail doctordomestic@hotmail.com

Focalpoint Lofts. 1571977.

LISTS IN CONVERTING YOUR LOFT/ATTIC INTO A BEDROOM WITH A POSSIBLE EN-SUITE **SPECIALISTS**

CALL GARY OR CHRIS JAMES TO DISCUSS YOUR REQUIREMENTS GARY: 0777 311 8268 DAY. 01708 250772 EVENING CHRIS: 0795 002 5841 DAY. 01708 250747 EVENING E-MAIL: GARYCHRISJAMES@FOCALPOINTLOFTS.CO.UK

CRANHAM ROOFING

The Roofing Specialists

- Free no obligation quotations
- New roofs strip and retile
- Flat roofs
- Chimney stacks repoint/removed
- Guttering, facia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed



TEL / FAX 01708 704260 (office) MOBILE 07860 752798 (24 hr call out) EMAIL: t.gagen@sky.com

GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice by Liagrant, Shamim & Flesa Govani, Tommy Hail

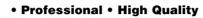
01708 220044

01708 224083

Free local collection and delivery of prescription service available upon request from housebound patients

www.govanichemist.co.uk

PLASTERING



- **Reskim over Artex New ceilings**
 - Clean and Reliable
 - Cove & Cornice Painting
 - Cheapest Rates
 - OAP Discounts
 - Free Estimates
 - 27 Years Experience
- **Hornchurch and Surrounding Areas**

CONTACT: CLAY DAWKINS

TEL: 07961 379277 / 01708 470841 **EMAIL: CLAY.DAWKINS@LIVE.CO.UK**

The Right Cover at the Right Price with the Right Advice Insurance is more than just a piece of paper, it is peace of mind

Motor, Home and Commercial Insurance No extensions, No pressing buttons, No waiting

Just real people with great quotes for all your insurance needs and real help when you really need it when it comes to a claim

NSURANCE







C6 The Seedbed Centre, Davidson Way Romford, RM7 0AZ (Opp Queens Hospital) Tele: 01708 730830 / 756000 Email: info@LGInsurance.co.uk Web: www.LGInsurance.co.uk





RICKY ARCHER Roofing Contractor

Established 1987



Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs Three Layer and High Performance Felting - Leadwork - Pointing Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on: Upminster 01708 226512 Mobile 07710327651 Email: ricky-archer@ntlworld.com

M Bray

painting and decorating

all aspects of decorating covered small jobs to complete re-decorations over 20 years experience polite service - clean and tidy work with a high quality finish local references available

Tel: 01708 223608 / 07983 486655

TAYLOR ELECTRICAL INSTALLATIONS LTD

e-mail: mathew.bray@sky.com

- TREE ESTIMATES
- FAST RELIABLE SERVICE.
- REWIRES REPAIRS MAINTENANCE
- ADDITIONAL LIGHTING & POWER
- DISTRIBUTION BOARD LINGRADES
- HOME BUYER'S REPORTS
- FAULT FINDING

- JIB REGISTERED FULLY INSURED
 - PULLY QUALIFIED
 - PART PREGISTERED

30 YEARS EXPERIENCE

MOB: 07890 519109



- - Free early drop off from 8,30cm
 - Free late pick up 4.30pm to 6pm
 Ofsted registered
 High Staff : Child ratio

 - All staff DBS checked

Book online NOW or call 01708 224 753 Upminster, Essex - www.smashcamps.co.uk

S C R Roofing

- · All flat roofing
- Asphalt and felt systems
 - Facias and gutters

All staff fully trained Fully insured

All work guaranteed

Contact Steve Rawles

Tel: 07971 171363

BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

Tel: Office: 01708 780000

All work carried out by responsible tradesmen



Tel: Home: 01708 733088

DESIGNED TO YOUR NEEDS

DESIGNS, PATTERNS AND COLOURS

CATALOGUE AND PREVIOUS WORK AVAILABLE

WEBSITE AND FACEBOOK SHOWING

HELP AND ADVICE WITH DESIGN

ALL YOUR CONSUMER RIGHTS

ALL WORK GUARANTEED

WIDE VARIETY OF MATERIALS.

EXAMPLES

AND LAYOUT

Established over 30 yrs

City Airport Update

The Government has given approval for the expansion of London City Airport which will increase terminal capacity and mean larger planes can use the airport. Havering objected to this but our objections were ignored. There is no increase in the number of flights expected to use the airport, however the changes to flight paths introduced recently has had the effect of concentrating flights over parts of Havering. This means more noise for some residents. City Airport's refusal to engage with residents on these changes has been disappointing although the Council continues to seek discussions with the airport operators. The Airport operators are required to submit its review of flight path changes to the Civil Aviation Authority (CAA) by February 2017. I would encourage those affected by these changes to send objections to the CAA aree@caa.co.uk or direct to City Airport, James Shearman at environment@londoncityairport.com

Cllr LINDA VAN DEN HENDE

A Huge Thank You



for the article in the August Bulletin and the many messages thanking me for the work put in as The Rulletin

Many thanks

Editor. I said I would do it for a year, but went on for 26 years! During that time we have gone from four pages to the current 24 pages, from 6,000 copies to over 19,500 copies. A recent survey showed we have over 40,000 readers - I am delighted and very proud that the *Bulletin* is widely regarded as The Voice of the Community. I am also very proud of the assistance *The Bulletin* has given to our community, highlighting many local problems and, of course, featuring many local organisations - a number of whom started up through The Bulletin.

to advertise please get in touch. to Clarence With Bruce in the editor's chair, this has freed up time for me to work on a number of projects as one of your Residents' Association Councillors. Havering Council is facing a number of challenges over the next few years, especially regarding its finance. My Cabinet colleague Clarence Barrett has written extensively on this. It has been a pleasure to have been the editor of *The Bulletin* and to serve the community.

Cllr RON OWER

Thames Chase

Having secured a long term lease on the majority of the Forest Centre, the Thames Chase Trust is now seeking caterers to provide catering for the on-site cafe and the many activities and events held at the Centre throughout the year. For more information,

please visit our website www.thameschase.org.uk The autumn is a very busy time for the Forest Centre with our events throughout October including our annual Apple Weekend and Spooky Walks.

Friday 7th October -

Discovering Thames Chase coffee morning from 10.30am. Learn about the regeneration of the Beam Valley and then enjoy a guided walk on Friday 28th October.

Sunday 9th October - apple gathering at Broadfields from 11am. Bring your own basket. Friday 14th October - cream tea with an apple theme 2.30-4.30pm (Booking essential)

Saturday 15th /Sunday 16th October - Apple Weekend with locally grown English apples to taste and buy, country craft stalls and demonstrations and children's activities from 10am-4pm each day.

Saturday 22nd October - Spooky make-up workshop 12noon -2pm Cost £3.50

Monday 24th October - Grand opening of the new Tree Nursery.

continued on page 7

FED UP WITH YOUR DIRTY DRIVEWAY? ADVANCED POWER WASH

SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory. All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan = 01708 445112 = 07889 139916 www.advancedpowerwash.co.uk

ESSEX TREE SURGEONS

Trees felled - lopped - pruned - shaped Hedges and conifers trimmed

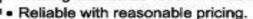
Est. 25 years

Bill Venton 01708 375052 and 07831 511666 info@essextreesurgeons.com

All work carried out by qualified tree surgeons . £2m Public Liability Insurance

MR PLUMBER

D T Moore Plumbing Services
 Trading Standards recommended Plumber.



- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- · For friendly advice please call David
- 07931 553631 mobile 01708 223561 home



HARDWOOD SPECIALISTS

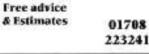
- Supply only or supply and install High quality windows, doors
- and conservatories Leaded lights and coloured glass
- Unique old-fashioned front doors

FREE FRIENDLY ADVICE • FREE ESTIMATES 01708 757675









TCC ROOFING CO.

High performance flat roofing system. Replacement tiled and slated roofs.

Leadwork, valleys and chimneys.

UPVC fascias, guttering and general building work carried out

Call 01708 224698 or 07970 111657 for a free telephone consultation.

01708

222330

I am delighted that Bruce Nicholls

has come on board to edit The

assisting with advertising, so if

you or someone you know wishes

Bulletin. I am still involved

Fully qualified, experienced local hypnotherapist.

www. keithjeffordhypnotherapy.co.uk





















Uudor



SERVING UPMINSTER SINCE 1955

EXTENSIONS, CONVERSIONS, LANDSCAPING, MAINTENANCE FREE UPVC BARGE BOARDS,

FASCIAS, SOFFITS, GUTTERING, WINDOWS AND DOORS

PHONE 01708 222330/223241 WHERE QUALITY AND SERVICE COME FIRST





165 North St, Barking, Essex **IG11 8LA**

Tel: 0208 594 1647/0160 Fax: 0208 594 0139 www.progressiveoptical.co.uk

Dispensing Optician





PRADA

Most prescriptions ready within 24 hours -up to date prescription is required

- 600+ competitively priced frames always in stock
- All types of lenses available
- NHS & Eyecare vouchers accepted
- Customer car park & most Credit Cards accepted
- Mon to Fri: 8.00am to 12.25pm. 1pm to 4.30pm
- Sat 8.30am to 12.30pm. Closed Sunday



Church View Dental Clinic

We provide NHS & Private care Dental Implants, Invisalign, Six Month Smile, Dermal Fillers, Flexible Dentures, Whitening, Crowns & Bridges

Call now to speak to one of our friendly staff to book an appointment on tel: 01708 220563

Or you can visit us at www.cvdent.co.uk 34a Station Road, Upminster, Essex RM14 2TR







- Home refurbishment specialist
- Extensions and loft conversions
- Alterations and knock through's
- Kitchens and bathrooms supplied & installed
- All general building
- Plumbing and heating, gas and electrical works
- All work fully guaranteed and carried out by qualified tradesmen
- **Fully Insured**

Your local specialist building & refurbishment contractor Call us on 01708 229031 or 07917 002628 for a quote E-mail: richard@gidleybuilders.co.uk

Portfolio of work available to view online at -

www.gidleybuilders.com



TELEPHONE: 01708 223669 MOBILE: 07967 603606

REPAIRS & INSTALLATION → REWIRING

- FAULT FINDING SHOWERS COOKERS
- SOCKETS LIGHTS EXTERNAL ELECTRICS

SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL GAS, CENTRAL HEATING AND PLUMBING INSTALLATION SERVICING AND REPAIRS

BOILER REPLACEMENTS GAS SAFETY CHECKS LANDLORD CERTIFICATES

New for 2014 - Service Contracts (please ask for details)

FULL BATHROOM INSTALLATIONS

TEL/FAX: 01708 221 500 MOBILE: 07956 481 819

MOBILE: 07961 151 551 Safe southeastheating@btconnect.com









proud partner of saint francis hospice living with dignity





- ALL GLASSWORK UNDERTAKEN
- LEADED LIGHT REPAIRS
- MISTED OR BROKEN DOUBLE GLAZED UNITS
- HINGES, LOCKS, HANDLES REPLACED
- PATIO DOORS / FRENCH DOORS
- SINGLE GLAZE REPAIRS / TRADITIONAL PUTTY WORK
- TOUGHENED / LAMINATED GLASS
- No call out charge
- No job too small
- 30 years experience
- All work guaranteed
- Insurance work undertaken
- O.A.P discount



Paul Mobile: 07958 550796 Office: 01708 551314

LOVE CLEANING

Need a cleaner for your home?

No contracts . Pay by the hour Friendly, honest cleaners

Check us out at: LOVELAUNDRY.CO.UK and let us make your life easier!

Also provide an Ironing, Laundry and Dry Cleaning service with Free Collection and Delivery

Call us on 01708 445921 Or go to LOVELAUNDRY.CO.UK

L.J NICHOLLS

Interior & Exterior Painting and decorating

TEL: Upminster 07958 492177

AC PLASTERING



Plaster Over Artex Specialists in Re-Skimming Coving Tiling

QUALITY WORK AT AFFORDABLE PRICES Allan Carev

TELEPHONE:01708-474-624 MOBILE: 07711-675-086

More information on the website. 24th-28th October - children's half term activities see the website

Saturday 29th October - Spooky walks around Broadfields 5-8.15pm. Entrance by ticket only available from the Visitor Centre. Tickets £6 each or £20 for a family of 4. The evening will also include children's activities and a magician. BBO and refreshments available.

To sustain all these activities and continue our work in the Forest we need volunteers. If you would like to know more, please contact enquiries@thameschase.org.uk or ring 01708 642970.

UCRA Coach Outing News

Saturday 12th November KINGSTON UPON THAMES First recorded in a document in 838, the medieval market town of Kingston is easy to navigate as much of it is pedestrianised. It has a main high street, a picturesque ancient market square, and a 'shopping mall' all connected by small streets packed with cafes and small independents. The Thames Path provides stunning views of the river and is perfect for a leisurely stroll before sampling some real ale in one of Kingston's homely

Please see "Coach Outings"on page 22 for booking details.

Towers Cinema Hornchurch

Laurance Garrard from our **Emerson Park Residents Team** reported in the August Bulletin, that the former Mecca Bingo Hall in Hornchurch which had been purchased by Lidl's supermarket chain, had submitted a planning application to demolish it, and build a new store there. We were concerned as the Hall, originally the Towers Cinema, is an iconic building in Hornchurch, and although not rare nationally, it is in this area, with its art deco design, and is held with affection by many people locally Lidl's were asked to come back to the planning committee, with actual plans for their new store, and to see if the façade of the building



could be saved by incorporating it in with the plans.

Unfortunately, when they returned the plans were the same - just to demolish the old building, and it did not appear that much consideration had been put into our request despite this, the committee agreed to let the building be demolished, I was the only member who thought that Lidl's should be asked to consider our original request.

I am grateful to Hornchurch Residents Councillor John Mylod who also came along and spoke up for the saving of the old building.

And so we lose another iconic building in Havering, nothing against supermarkets, but we must also consider our heritage

Cllr LINDA HAWTHORN

Tackling the Scourge of Fly-**Tipping**

Fly-tipping continues to blight our environment with industrial scale

fly-tippers whose criminal motives are driven by quick profit while despoiling our countryside. Things could be greatly enhanced if penalties were more meaningful and a joined up approach adopted. For example, newly established fixed penalties of up to £400 are not nearly enough. For the industrial type of fly-tips, it is chicken feed to how much the criminals can make. A minimum £1,500 fixed penalty and confiscation of vehicle would be a more meaningful deterrent. If anyone offers to clear your waste at knock down prices, make sure you see an authentic Waste Carrier's Licence, otherwise it is likely to end up in a country lane or field rather than being disposed of legitimately. Fly-tipping, small or large, can be reported at www.havering.gov.uk/reportit.

Cllr CLARENCE BARRETT

Wantz Bridge

Despite warning signs in feet inches and in metric along St. Mary's Lane and Front Lane warning that there is a height limit at the Wantz Railway Bridge where St. Mary's Lane meets Front Lane. Lorries that are

continued on page 9

All your favourite brands are in store

We have the best choice of upholstery, dining, beds, bedrooms, carpets, rugs, flooring & curtains all under one roof.

DURESTA

Old Charm



ercol

Parker Knoll







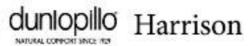


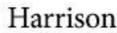
















www.roomes.co.uk

22-24 Station Road, Upminster, Essex RM14 2UB.

Telephone: 01708 255300



Furniture & Interiors • Est 1888

PGM Heating & Plumbing

NO CALL OUT CHARGES - NO JOB TOO SMALL FREE ESTIMATES - QUICK RESPONSE ALL WORK GUARANTEED

- All aspects of Heating and Plumbing work undertaken
- Complete Central Heating/Boiler Installations/Service
- Bathroom Installation
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates

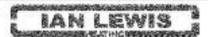
Tel: 01708 227797 Mob: 07734 228417

www.pgmheatingandplumbing.co.uk





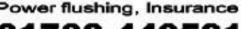






®Vaillant

Installation, Service, Repairs, Power flushing, Insurance





708 *44*0581

M.P. Williams Professional Bathroom & Kitchen Installations

Plan & design, plumbing, plastering, tiling, electrics, carpentry, painting & decorating.

For a free estimate call Matt

Tel: 01708259696 Mobile: 07790 753850

Email: m.p.williams.bathrooms@gmail.com





healthier

New Website & Live Online Bookings ****

Inviting all New NHS & Private Patients to Join our Practice.

call **01708 228 291**

***** www.cranhamdentalcentre.co.uk

reception@cranhamdentalcentre.co.uk 141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ

THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE SHOWROOM WITH EXTENSIVE RANGES TO VIEW GRANITE WORKTOPS SUPPLIED AND FITTED

FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)

TOTAL REFURBISHMENT FROM START TO FINISH

PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY **ELECTRICAL CERTIFICATION WHERE REQUIRED** GAS SAFE CERTIFIED ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION..

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION





Crusaider First Aid

Relaxed expertise you can trust



For All First Aid Training Courses First Aid at Work, Paediatric, Sports, Emergency, AED Courses All certificates are accredited and last 3 years Over 30 years experience training emergency services For more information contact David:

www. crusaiderfirstaid.com info@ crusaiderfirstaid.com Mobile: 07946 628416 Tel: 01708 202277



GARY COE JEWELLERS ESTABLISHED 1981



Fully equipped workshop Diamond & Engagement ring specialists / Bespoke Wedding rings Engraving / Full repair service Watch batteries / Watch repairs / Valuations Best prices paid for your old gold

35 Cedar Avenue Upminster Essex RM14 2LN Tel 01708 222696 Mobile 07771 802624

www. garycoejewellers.co.uk



All building works undertaken.

All roof repairs - Flat Roofs - High Performance Felting - UPVC Fascias & Soffits - Guttering Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371 07946 216 150

Website: www.cedar-treecare.co.uk Email: cedartreecare@qualityservice.com

Cedar Avenue, Upminster, Essex

clearly very high attempt to get under the bridge.

Back in early August one such vehicle got stuck and lost its load, luckily no one was injured and the bridge was examined. The lorry blocked St. Mary's Lane and therefore it was impossible for traffic from Cranham to go through to Upminster and vice versa under the bridge, causing traffic chaos. The warning sign on the bridge has been renewed.

Plastic Bag Bonus

An 85 per cent reduction in the use of plastic bags since the introduction of the 5p charge six months ago is great news for the environment. An added bonus is that good causes are set to benefit from the £29 million so far raised through the charge. However, this could be further improved by making the 5p charge non-vatable, thereby releasing an additional £11 million annually to worthy charitable causes, and ending the exemption for outlets (eg card shops) who issue bags with no handles.

Cllr CLARENCE BARRETT

Ashvale Gardens Allotments

Ashvale Gardens Allotments, at the side of Oglethorpe school, have a few spare plots if anyone is interested in growing their own fruit & veg and at the same time keeping fit. We are a small friendly bunch and new members are very welcome. Contact Mike Willcocks on 01708 501505.

Friends of **Upminster Mini Golf Quiz Night**

The 'Friends of Upminster Mini Golf' will be holding a Quiz Night on Monday 10th October (7pm for 7.30pm start) at the Crumpled Horn, Upminster. The Group are raising funds to refurbish the hut and crazy golf, so why not come along and have a fun evening! There will be a raffle and bar, just bring your own snacks. Tables of 4, 6 or 8. £5 per person. Contact: Bernice Scott Phone: 01708 640167 or Email:

upminigolf@virginmedia.com.



SECURITY SYSTEMS

Which?

Established 1998

DON'T WAIT TO BE BURGLED! Protect your home with a professionally installed WIRELESS BURGLAR ALARM

Repairs to old alarm systems. Maintenance of any type of existing alarm system.

Approved by Which? & Trading Standards





Free survey & no obligation quotation

01708 250600

www.hillissecurity.co.uk



St.Laurence House, 2 Gridiron Place, Upminster. RM14 2BE

Adventure Island Wristbands

Hornchurch District Scouts (charity no.303699) are selling Adventure Island wristbands at discounted prices. Big Adventure bands (over 1.2m tall) are £15 each and Junior/Mini Adventure bands (under 1.2m tall) are £12 each. Also available, Southend Sea-life Adventure tickets Adult/Child £3 each and new for 2016, Adventure Island Golf tickets just £3 each, for 18 holes. Wristbands expire November 2016 and are available to purchase now, for any day the park is open. To purchase, just call/ text Debbie on 07805612706 or Louisa on 07498575296. Please allow up to 24 hours from ordering to collection.

Speak the World

Whether it is for holidays, school

language school based in Upminster. With a teaching method based on the communicative approach, students will be able to speak the language they learn from the very first lesson. Based in a friendly and familiar environment it welcomes students from all ages; from pre-school to adults and pensioners. There are several teaching slots available to accommodate students' needs; mornings, afternoons, evenings and Saturdays. Prices vary starting from £8 per hour. (Special rates apply for pre-school children).

www.speaktheworld.weebly.com

Fete Lounge

The Fete Lounge, Upminster is a rustic tea room by day and bar by night.

The first Bar or "Rum shop" as they are known as in the Caribbean started almost 50 years ago on the island of Trinidad. Still running today, we are proud to bring the "Trini- culture" to Essex. The word FETE (pronounced FET) means to Party, so why not join us continued on page 11

exams or just for pleasure, learning a language can be fun, rewarding and build confidence. Speak The World is a new

ESTABLISHED 1984

Can you afford un-invited guests? Before they arrive: fit a burglar alarm

FOR A FREE SURVEY-RISK ASSESSMENT OF YOUR PREMISES

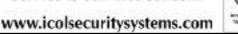
> Contact us on: Freephone 0800 043 0835 (LOCAL 01708 226385)

Repair and maintenance of all existing alarm systems





Service is our first concern





PARISH & CO.

Chartered Surveyors, Estate Agents, Valuers D. J. Parish, F.R.I.C.S

THE ESTABLISHED UPMINSTER ESTATE AGENTS FOR OVER 90 YEARS

- SALES OF RESIDENTIAL PROPERTY
- VALUATIONS FOR ALL
- SURVEY REPORTS
- RESIDENTIAL LETTINGS
- RENT REVIEWS
- LANDLORD & TENANT MATTERS
- EXPERT WITNESS REPORTS
- PROPERTY MANAGEMENT

32, STATION ROAD, UPMINSTER Tel: 01708 250033

Fax: (01708) 220844

Website: www.gates-parish.co.uk

Chauffeur Me (Travel)

For all enquires call Darren 07947 576642

www.chauffeur-me-travel.com

Special functions Shopping days Night clubs Weddings Race days Restaurants Airports Theatres Spoil yourself days

Chauffeur driven in comfort Eight Seater - Fully Air Conditioned - Privacy Glass - Satellite Navigation



Interested in Triathlon or Multi-sport disciplines?

www.haveringtri.co.uk





@haveringtri Havering Tri

Contact Kay Hamilton 07957 567915



Adults Learn To Swim and Improver Lessons

www.kasuk.co.uk Qualified ASA Teacher 🚮 Kays Adult swim



It's like an Aladdin's care

WEDDING & PARTY SHOP

DECORATIONS • WRAPPING • LIGHTS • BALLOONS • FANCY GOODS • PARTYWARE . WEDDING BOUQUETS . SILK FLOWERS . POSIES ETC.

CHRISTMAS STORE NOW OPEN

OPENING TIMES

TUESDAY, WEDNESDAY & SUNDAY THURSDAY, FRIDAY & SATURDAY

10.00 am - 4.00 pm

10.00 am - 5.00 cm

CLOSED ON MONDAYS

Rear of High House Garden Centre, Corbets Tey Road, Upminster Essex, RM14 2DN

01708 220802

www.partyflair.co.uk





BUSINESS AND DETER CRIMINALS

Professional, user friendly security systems installed by our qualified engineers at affordable prices.

- Wireless Burglar Alarms
- CCTV Systems
- Gate Automation
- Monitoring & Police Response
- Wired Burglar Alarms
- Access Control
- · Intercom Systems
- · Maintenance & Repair of Existing Systems

CALL NOW FOR A FREE SITE SURVEY & NO OBLIGATION QUOTATION

0203 637 3555





www.cartersecurityltd.com

CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

- Domestie & Commercial
- Re-wires
- NICEIC Test Reports
- · Fuse Board Up-grades



TEL: 01708 223046 MOB:07710 282110 66 Moor Lane Upminster



We are a friendly, modern private practice, with state of the art facilities, located in Hornchurch.



As a patient, you will receive care solely from Dr. Malcolm Stander, a talented, gentle and very experienced dentist, who has been creating beautiful smiles for over 30 years.

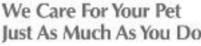
His special interests are in general and cosmetic dentistry and the treatment of nervous patients.

Stander Dental Care, 57a High St, Hornchurch, Essex, RM11 1TP Tel: 01708 442888

VISIT OUR WEBSITE: WWW.STANDERDENTALCARE.CO.UK

Lawton & Stoakes





- · Cabring for all types of pets
- · Ophthelmic department
- Personal lead service. . Open until 7om weekding
- · Excellent suncical facilities
- In house advanced treatment · Interest free payment plans*



Martin P.C. Lawren Wester Cook Spiritub Cost At Click HSR Giberholt RENS. Lyene C Stoakes

*Ferres & Conditions Apply

01708 384444

8-12 Fitzilian Avenue, Harold Wood, Romond, Essox, RM3 0C/S www.vets.gb.com

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

MEDICATION SUPPORT

PERSONAL CARE

COMPANIONSHIP

RESPITE

DEMENTIA & ALZHEIMERS

LIGHT DOMESTIC

NUTRITION & DIET SUPPORT

REABLEMENT SUPPORT

24 HOUR SUPPORT

HOSPITAL DISCHARGE

SOCIAL & LEISURE ACTIVITIES

END OF LIFE

CONTACT US ON: 01708 301 111 or 07538 709 012

WEB: www.kareplus.co.uk/romford EMAIL: kpromfordrm@kareplus.co.uk





at the Fete Lounge where you will discover a new twist to high TEAS, homemade cakes and TARTS and our signature cockTAILS.

Lounge during the day and enjoy our 6 level high TEA service from Tuesdays to Sundays served from 10.30am – 5pm perfect for celebrating birthdays through to baby showers. Then Fete the nights away in our rustic surroundings throughout the week and with our resident DJ on a Saturday till closing. http://www.fetelounge.com

Old Chapel

Creative Craft Sessions Wed 5 Oct, 3.30pm-5.30pm - The

Changing Seasons

£3 per child, suitable for ages 4+, no

need to book.

Events

Sun 2 Oct, 1.00pm - 5.00pm - **Tea and Dance**. Hornchurch Jive Bombers will be here to help get us on our feet for an afternoon of tea and dancing. Entrance is £2 or free for Friends.

Wed 12 Oct, 10.30am - **Weather and Its Sayings**. Join Alan Paul to find out more about our favourite

weather related sayings.

To book a place on any of the above talks or events please call Gemma Smith on 01708 642919 or email gsmith@mary.havering.sch.uk

Jazz Evening

The Rotary club of Hornchurch and Upminster will be holding its annual jazz evening on Saturday October the 22nd from 8pm at the Cranham Community Centre, Marlborough Gardens, Upminster, RM14 1SR, An evening of traditional jazz will be provided by the six-piece group the Downhome Jazz Band. Tickets are £15, which include a fish/chicken and chips supper, can be obtained from Jim Haines telephone 226717 or Brian Taffs telephone 250855. Please bring vour own drinks.

Green Waste Bags

The old plastic sack service provided residents with a way of getting rid of garden waste, but was not sustainable. The use of plastic sacks meant that the Parkdrive Paving & Landscapes

25 Nears Experience

- DRIVEWAYS
- FENCING
- PATIOS
- INDIAN STONE
- BRICK WALLS
- TURFING

FREE ESTIMATES / PORTFOLIO

ALL WORK GUARANTEED!

@ 01708 750209 / 07826 207310

www.haveringpavinglandscaping.co.uk

garden waste collected couldn't be composted without being taken out of the sacks. This, coupled with the fact that properties weren't recorded, meant that collections couldn't be scheduled because we didn't know where the sacks would be presented from. The new scheme uses compostable sacks that break down into compost at the composting site and residents have to subscribe so we can schedule properties on to a collection round. Residents can subscribe to the

Residents can subscribe to the service by completing the Green waste online forms on the council website

https://www.havering.gov.uk/Pag es/Services/Garden-waste-collection-services.aspx. If you choose a bin, the contract will expire on 31 March the following year. If you choose the sack (a roll of 50), it is a rolling contract and the service will run for a year from the date that you subscribe to the service (regardless of the time of year). The charge is £35 per year for either service. The charge is not so much for the bags but the cost of the overall service (i.e. picking up, disposal, bags and

administration). Renewal arrangements for 2017 will be much improved over last year

Cllr CLARENCE BARRETT

Shirley Ward Tours

November: Thursday 24th: THURSFORD SPECTACULAR Matinee Show, Raised seating + Xmas Lunch at Pensthorpe Bird Sanctuary: By Coach, Depart 715.am. £76 to include Coach, Show and two course meal.

December Thurs 15th: ALADDIN New Disney

Spectacular Musical straight from Broadway, with special effects, Prince Edward Theatre London 2.30.pm Matinee, Mid D/Circle Seats/Coach £65. JANUARY 2017: Thursday 12 January: ENGLISH NATONAL BALLET, LONDON COLISEUM: GISELLE; Matinee Show £58- Best Dress Circle Seats by

Coach. **SHORT BREAK:** WARNERS HISTORIC

WARNERS HISTORIC LITTLECOTE HOUSE HOTEL, BERKSHIRE: MONDAY 30TH

 $continued\ on\ page\ 13$

R.R. CONSTRUCTION LTD

EXTENSIONS
GENERAL BUILDING
OVER 30 YEARS EXPERIENCE
FULLY INSURED

PLANS DRAWN & SUBMITTED TO COUNCIL ELECTRICAL, PLUMBING, PLASTERING GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282

www.buildingservicesupminster.co.uk



- Structural & House Purchase surveys & reports
- Fire & Subsidence Damage surveys & reports
- Party Wall Awards and Schedules of Condition
- Design and planning service domestic and commercial
- Project/Contract Management



Chartered Building Surveyors **Building Engineers & Consultants** Planning Supervisors

The Lodge, Little Gaynes Lane, Upminster, RM14 2JB Tet: 01708 227108 Fax: 01708 220857 E-mail: epolity (4)



Upminster Osteopath & Sports Injury Clinic

- ELPING YOU WITH:

 BACK, NECK & SHOULDER/ARM PAIN
 HIP, KNEE & ANKLE/FOOT PAIN
 'TRAPPED' NERVES

- POST SURGICAL REHABILITATION

 POST SURGICAL REHABILITATION
 SPORTS INJURIES (INCLUDING KINESIO-TAPING)
 ARTHRITIS
 NO CONTRACTS/OBLIGATION
 NO GP REFERRAL NECESSARY
 PRIVATE REFERRAL FOR MRI, ULTRASOUND WHERE APPROPRIATE RECOGNISED BY ALL MAJOR INSURERS (BUPA, AXA-PPP, etc.)

RM14 1P7

Tel: 01708 222932

www.upminsterosteo.com

email: upminsterosteopath@gmail.com



UpminsteR

KITCHENS & BEDROOMS

SIMPLY FINE KITCHENS & BEDROOMS

Showroom open 9.30am - 5pm Monday to Saturday Full design and installation service

SIEMENS & NEFF APPLIANCES BLANCO SINK & TAPS GRANITE & QUARTZ WORK SURFACES FREE ESTIMATES • WHICH TRUSTED TRADER

> 161 St Mary's Lane, Upminster, RM14 3BL T: 01708 222250

E: info@upminsterkitchensandbedrooms.co.uk www.upminsterkitchensandbedrooms.co.uk

Suzanne's Dog Grooming

Home environment

No cages



Telephone: 07842 155 604

FAMILY BUSINESS **SINCE 1976**



NO JOB TOO BIG OR SMALL

A.C.E ROOFING CO. LTD

THE GROVE, UPMINSTER ESSEX,

WWW.ACEROOFING.CO.UK











AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted. Satellites installed. Aerial & dish realignment TV extra points

www.aerialsdirect.co.uk www.aerialsupminster.co.uk

01708 347257



Longfellers

tree surgery and garden care

qualified arborists and gardeners city & guilds, nptc

INSURED

Free estimates

Phone: 01708 641289 Mobile: 07984 524392







- RE-WIRES
- PART RE-WIRE
- FUSE BOARD UPGRADES
- PAT TESTING
- INSPECTING AND TESTING
- FAULT FINDING

Telephone: 01708 744 226 • alexelectrical.co.uk • e: info@alexelectrical.co.uk

24 Hour Emergency Repair Service

All Domestic Plumbing Work | New Installations & Maintenance

- Burst Pipe Repair
- Blockage Removal
- Bathroom Installations
- Boiler Repair & Installations
- Central Heating
- Taps

DT Plumbing & Heating

www.DTPlumbandHeat.com

Email:Dave@dtplumbandheat.com

Telephone:07552486476



Email: suprema@hotmail.co.uk • www.supremabathrooms.com

KUSOOM BUGH



RESTAURANT

Family run business- est 1978 Fully licensed & Air Conditioned

Opening Hours

7 days a week, incl Bank Holidays Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT Tel: (01708) 220038 or 222606

JANUARY/FRIDAY 3RD FEBRUARY 2017; with drinks package: Prices/Leaflet on request. Enquiries to Shirley Ward (British Empire Medal); 01708 227884: Mobile: 07966 146956 Leaflets available on all holidays or E Mail shirley@shirleytours.co.uk; Web Site: www.shirleytours.co.uk

Exercise with Sally

Sally Guise runs many different styles of fitness classes, catering for many different age groups and fitness levels, some with a crèche for young mums wanting to return to exercise during the day. Clubbercise is now running on a Monday morning, Tuesday, Wednesday and Thursday evenings. Pilates and Piyo a combination of yoga and Pilates on a Monday, Tuesday and Wednesday evenings. 50 plus exercise Monday, Tuesday and Wednesday mornings. A seated workout and Legs Bums and Tums on a Thursday High intensity interval training on a Wednesday morning. Please see Sally's advert on page 16 of the *Bulletin* for times and locations or call her on 07855 534 631

LGBT Social Group

I am arranging a local monthly fun and friendly social group for anyone over 50 who identifies as lesbian, gay, bisexual or trans (LGBT), and the first will be this month. If you are looking to make new friends in a fun and welcoming environment, please contact me with your name and a contact number for me to get back to you on 01708 341106. Food, drink and movie provided.

Cllr ALEX DONALD

AFC Hornchurch

AFC Hornchurch are regulars at Hornchurch Stadium. Details of the club can be found on their website:

http://www.afchornchurch.com/
The team are playing at home on
Saturday 8th October, 3pm
against Ashford Town (Cup
Match) and on Tuesday 11th
October, 3pm against VCD
Athletic. You can keep up to date
by checking the website or the
supporters group on Facebook
'Bridge Avenue Needs You'.

The Foot Surgery

Established 2002

11A Billet Lane, Hornchurch, Essex, RM11 1TS For appointments tel 01708 621194

Ms Meena Matharu

SRCh MChS BSc FCPodS State Registered Chiropodist/ Podiatrist& Specialist in Foot Surgery

Ms Matharu has 18 years clinical experience in Private Practice Previously consulted for Harrods and Harley Street In 2002 attained Fellowship in Foot Surgery

Treatments available

Nail surgery, electro-surgery and cryotherapy
Cortisone injections for pain management
Sports medicine: bespoke prescription orthotics
Comprehensive foot care for Diabetic and Arthritic patients
Routine foot care i.e. nail cutting, corn and callous treatment
Verrucae treatment



Outer Limits

The Queen's Theatre Hornchurch is thrilled to launch Outer Limits, a vibrant new rolling festival of original performances made by local artists. The next performances are:

performances are:
The Garden, 14 October -

Catering especially for people with dementia and their carers, this wonderfully immersive performance takes audiences on an imaginative multisensory journey through the four seasons. This production will also be performed at local care homes and hospices.

Carry On Jaywick, 26 October – Dan Murphy is back with an incisive, life-affirming play about the infamous Jaywick: formerly Essex seaside gem, now Britain's most deprived town.

Singing in the Corner, 30 November - In a night of 'posh karaoke', the Queen's provides an MC and piano-player, and anyone and everyone can take to the stage with a song! For more information or to book, call the Box Office on 01708 443333 or visit queenstheatre.co.uk

Quiz Evening

Stewart Avenue Allotments are holding a Quiz Evening on Saturday 15th October at Cranham Community Centre, Marlborough Gardens, 7pm for 7.30pm start. £6 per person, bring your own drinks and nibbles. Tables of up to 10 can be booked with Jackie on 01708 641624 or

continued on page 15

Essex Carpet & Furniture Cleaning

- Established 1992
 Friendly Professional Service
 - Very competitive rates
- End of tenancy, domestic and commercial work undertaken
 - Range of treatments available

Tel: 01277 811792 Mobile: 07572 339423

HAVERING FIREPLACES & STOVES Complete Supply & Installation Service Fitting Only Service also available Fireplace Packages / Stoves Clearview Stove Range Cast Iron Inserts and Fireplaces Large selection of Marble & Limestone Gas & Electric Fires Qualified and Experienced Staff **2**801708 Free Home Installation Survey Never Beaten on Price 1-5 Butts Green Road, Hornchurch, Essex, RM11 2JR E Mail - info@haveringfireplaces.co.uk www.haveringfireplaces.co.uk Open 10am - 5pm - Monday - Saturday



<u>Upminster Plastering & Building Services</u>

01708 221297 or 07765 013623

Kitchen & Bathroom Refurbishment
Exterior/Interior Paintwork
Extensions & Alterations
Plastering & Rendering
Guttering & Fascias
Pebbledashing

LOCAL TRADESMAN WITH OVER 40 YEARS EXPERIENCE (references given)

01708 221297 or 07765 013623 E-mail: upminsterplastering@gmail.com

Wall & Floor Tiling by Keith Dennis

Over 30 years experience in wall and floor tiling. No job is too big or too small. All quotes are free

* Wall & Floor Tiling Contractor
*Specialist in Ceramic, Porcelain and Stone
* Kitchens, Bathrooms and Wet Rooms
* Painting & Decorating Service Available

Contact me on: Mobile: 07976 299415 Home: 01708 227371 E-mail: ck_dennis@yahoo.co.uk

The Secret to a Beautiful Lawn



Contact us for your free lawn analysis and advice

01277 227988

Email: essexsouth@greenthumb.co.uk www.greenthumb.co.uk

Can's Restaurant & Meze Bar

Finest Turkish Cuisine

Our chefs have years of experience and take pride in providing the best variety of tastes. Can is the anatolian term for an open charcoal fire used for cooking when family and friends gather to eat, drink and socialise. Can uses the freshest ingredients and chargrills them to perfection to make the finest kebabs in Essex. We also have a special lunch offer from Monday to Friday from 12 till 4. Two courses for £6.99- walk-in and booking welcome.

Open 7 Days a week, 12 to 11pm
Full delicious menu - Lunch time specials
A warm welcome awaits you

127 Avon Road, Cranham, Upminster Tel: 01708 224 997 www.canmeze.com

The little BIG Ironing Company

part of the Little BIG Group®

www.thelittlebigironingcompany.co.uk

Ironers . Launderers . Wet/Dry Cleaners

- *FREE pick up+home delivery
- *Professionally steam pressed
- *Over 40 years experience

Please call: 07973 662050 - EE



Customer comments - "I've always done my own ironing, but after using L BIC, theres no going back!" Mrs Law, Shenfield.

Independent Jewellery Valuations

W.R Huddy offers a personal valuation service in the comfort of your own home, for,



- Insurance purposes
- Probate
- Sale between parties
- Divorce settlement

Please feel free to contact me at any time to discuss your requirements -

07527 450782 | william.huddy@wrhuddy.co.uk

Or find out more about the services I offer at:

www.wrhuddy.co.uk



BSc (Hons); Member of the Institute of Registered Valuers MIRV No 78696; PGA; PJ Dip; FNAG; DGA; CRB checked





McQueen Massage Paul McQueen

Sports Massage Therapist • Kundalini Yoga Teacher

Mobile: 07725 444881

Web: www.mcqueenmassage.co.uk Fully Qualified and Insured

Maths Tutor

Alex Oliver, BSc (Hons)

Experienced in KS3, GCSE and A Level

Mobile: 07501 859103 Email: alexoliver3@aol.com

Printing & Stationery for Home, School & Office

Black & Colour Copying • Order of Service Sheets General Printing • Personal Stationery • Fax Facilities Postal Supplies • Rubber Stamps • Laminating • Binding Home, School and Office Supplies



Rear of 30 Station Road, Upminster, Essex RM14 2UB Entrance in St. Lawrence Road

> Tel: 01708 222832 Fax: 01708 641437

Email: upminsterprint@btconnect.com

Hours of Business: Monday-Friday 9.00am - 5.00pm Saturday 9.00 am - 1.00 pm

Bring us your used cartridges and help us to reise tunds for Little Havens Children's Hospice

Jackiewhitehead@sky.com. All proceeds go towards the upkeep of the allotments.

Murder Mystery Evening

The Friends of Upminster Windmill will be holding a "Murder Mystery Evening" on the 22nd October 2016 at the North Street Halls, North Street, Hornchurch starting at 7.30pm. Tickets are £10 each and will also include a 'ploughmans type' supper.

The 'murder' is being performed by the Ad Hoc players, who have produced evenings for among others the 'Hornchurch Passion Play'. Tickets are available from Peter Scott on 01708 227259.

Ziatika Essex

We raised recently £420 for St. Francis Hospice in one night by playing 50s,60 s and 70s music. If you are a retired Bass Guitarist and can rehearse every Friday afternoon, we would like to hear from you. Telephone Barry on 01708 501 910 or 07879 697 597.

Aladdin at Queen's

Car Park

A fabulous production of Aladdin by The Lightin Darma Group takes place this month at The Queens Theatre, Hornchurch on Friday 21st October at 7.30pm and on Saturday the 22nd at 1pm and at 6 pm.

Friendly, helpful staff

Upminster Station

Station App. --

Howard Road

Tickets are for Adults £15, Concessions are £12. A great local cast will be in this show. Please book now on 07398 676 604. This promises to be a fantastic show.

Solar Farm

Just as last month's Bulletins went to press, work started in St Mary's Lane on a Solar Farm, situated between Cranham Golf Club and the M25 Motorway comprising of 11,700 solar panels mounted on steel frames. When it went to the Planning Committee, Council Officers reported that the development would have a life of 25 years.

Readers may remember that Havering Council refused Planning Permission as the site is in the Green Belt, however, the applicants appealed to the Government's Planning

PERSONAL ATTENTION FROM THE COYTE FAMILY

HAROLD WOOD FUNERAL SERVICES 0844 453 3671

24 HOUR EMERGENCY CALLS

Golden Charter Funeral Plan Specialist £125 off with this voucher Fees rising in April 2015

We decided to use you because of the warm and caring reception we received Since 1967 in

43 Station Road, Harold Wood, RM3 8HX

Other offices in Hilldene, Collier Row and Hainault Office hours Mondays-Fridays 9am-5pm, Sats 10am-Midday and 10am-3pm in Hilldene

INFO@HWFUNERALS.CO.UK - WWW.HWFUNERALS.CO.UK

Inspectorate and following written public inquiry, planning permission was given by The Planning Inspector. Ironically, a similar application in Clay Tye Road was refused at a similar inquiry.

Romford Model Railway

Please note weather permitting the Romford Model Railway will be open again on 8th October from 2pm to 4 pm.

At Ardleigh House Community Centre, Ardleigh Green Road, Hornchurch RM11 2LL. Go and enjoy rides on their Steam and Electric Trains.

The Railway is in a really nice setting.

Upminster Wine & Social Club

Upminster Wine and Social Club are holding their Christmas Dance on Saturday 26th November at The New Windmill Hall, Upminster. A Special Christmas Buffet will be served at 8.00 o'clock followed by dancing to the music of RD. Tickets are £15 available from Vic Bramwell on 01708 470465.

Exhibition of Paintings

There will be an exhibition of portfolio paintings and drawings by June Preston at Upminster Library on 26th September until 8th October. Come and see.

continued on page 17



Speak the World Language School



If you want to learn a language, this is definitely the way. You can learn: French, German, Italian, Russian, Spanish or English as a second language with our innovative teaching method based on communicative approach.

For more information please contact us at:

telephone number: 07801 927564

website: www.speaktheworld.weebly.com email: yulia.gudkova@yahoo.co.uk

address: 4 Bridge Avenue – Upminster – RM142LX

BOILER CHANGE

Raymond Coomer Sarah Cordell

BOILER REPAIRS & REPLACEMENTS PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 47924 / 576292

14 Birch Crescent, Ardleigh Green, Hornchurch

01708 477146 07761 049852 07973 220270







Upminster MOT & Service Centre

Free Local Collection & Delivery Covering Cranham Upminster Hornchurch ** Air Con Regas Only £49.95**

> MOT's Only £39.95 Included with Any Service

Time Tees Cars, 11 Station Road Upminster. 01708 250011. www.timeteescars.co.uk Next to Costa Coffee!



CLUBBERCISE

Monday 9,30am - 10,30am 8 Thirty Church with Creche Tuesday 8,00pm - 9,00pm

6 All Saints Church, Archeigh Green Wednesday 7,30am - 8,30pm 6 Coopers School

Thursday 7.00pm -8.00pm © Communuity Centre, Goodbyes Drive, Harold Hill

HILL

Wednesday 9.30 - 10.30am © Trinity Church with Creche

SEATED WORKOUT

Thursday 12.30 - 1.15pm © Cranham Community Centre Priday 10.30 - 11.30am © West Horndon Village Hall

PIYO

Monday 7.30 - 8.30pm ⊕ Trinity Church

ZUMBA FITNESS

Monday 7.15 - 8.00pm & Goopers School

FITNESS PILATES

Tuesday 7.00 - 8.00pm & Coopers School

Wednesday 7.00 - 8.00pm © Coopers School Thursday 9.30 -10.30em © Trinity Church

LEGS BUMS & TUMS

50+ Tuesday 9.30 -10.30am © Trinity Church Thursday 7.00 - 8.00pm © Trinity Church

ZUMBA COLD

Monday 10.45 -11.45am & Trinity Church Wednesday 10.45 -11.45am & Trinity Church

Call Sally for more info 01708 915455 / 07855 534631

www.exercisewithsallyguise.co.uk

exercise with sally guise



Cine-Slides-Video



- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810

www.slides2disk.co.uk



We specialise in private swims and swimming lessons for babies and toddlers

Our pool is heated to at least a toasty 32°C so is suitable for babies from birth and children with special and additional needs

Please phone us for more information on 07961 750173

161a Hacton Lane, Upminster, RM14 2YE

Please like us on



Fete Lounge

Fete Lounge is open six days a week for High Tea with a twist

Our 6 level High Tea service is served with a choice of blended teas, then a choice of Champagne or Cocktails.

Special Occasions catered for

Or why not pop in we have a wide range of teas, coffees, alcoholic and non alcoholic drinks in pleasant surroundings

Telephone: 01708 225959 6 Station Road Upminster

REGISTERED OSTEOPATH

L GUTTERIDGE D.O (Est. 1988)

MEMBER OF THE GENERAL OSTEOPATHIC COUNCIL (G.O.C)

- LOW BACK & NECK PAIN, SCIATICA
- ARTHRITIS
- WHIPLASH
- HEADACHES & SPORTS INJURIES

TU HOLDEN WAY UPMINSTER

Phone: (01708) 227788

For an Appointment



Finest Indian Cuisine

Recently Refurbished

Open 7 days a week 6pm - Midnight Including Bank Holidays and 12 noon - 2.30pm for lunch

> Take away menu available Free Home Delivery

32 Corbets Tey Road, Upminster, RM14 2AD Tel: 01708 222263 / 228516 / 07903 800003

FEN BUILDING AND ROOFING CONTRACTORS

All aspects of domestic building works undertaken

- · Garage / loft/ room /conversions
- · Extensions structural opening or repairs
- · Kitchen / bathroom renewal
- · Property maintenance
- · Flat roofs
- · Chimney stack relead / repoint /remove /rebuild
- · Upvc fascia soffit window works
- · Valley replacements
- · Any roofing repairs
- · New roofs strip and retile



Office: 01708 225295 Mob 07939 152828 or 07929 334990 E-mail: fenbuilding@ntworld.com

FREE ESTIMATES - ALL WORKS GUARANTEED



Pussycat Lodge

Several **Pub Quizzes** in aid of Pussycat Lodge Trust are being held at the Crumpled Horn Pub in Upminster. The cost is £6 with the quiz starting at 7.00pm. Included in your entry fee is sausages, chips and bread and butter. Over 18 only. You can have as many on a table as you like. There will also be a raffle and prizes for the winning and losing table.

To book a place contact Jacqui on: Jacquelineduly@outlook.com Dates: 3 Oct, 7 Nov, 5 Dec.

Saturday Talks

Saturday October 8th - King Harold and Hereward the Wake. The speaker is Toni Mount.
Saturday November 12th - Manet and Degas. The speaker is Katy
Brown. Venue Roope Hall, United Reform Church, Station Road, Upminster at 2.15 pm (Doors open 1.45). Cost £ 4 including tea and biscuits. Contact Mrs Blake 01708 227512 or Mrs Bland 01689 858701 for further information.

Exhibition of Paintings

Janet and Terry Doyle will be holding an exhibition and sale of

their paintings at Upminster Library from Monday 24th October to Saturday 5th November. Contact 01708 532967.

Charity Run

A 5 mile Charity run through the beautiful parks in Harold Wood is being organised by the Harold Wood Running Club. The race will take place on 16th October at 11:00. The course is on gravel paths beginning and ending in Harold Wood Park. Facilities include a baggage deposit, changing rooms, showers, food and bar facilities. Medals for all finishers. Please support our local, special charities, Add+Up and Joni's Army. http://www.haroldwoodrc.co.uk/









Free design & planning service

Beautiful kitchens & bedrooms created at prices to suit your budget

From replacing doors and worktops to full refurbishment New worktops supplied and fitted Other carpentry services Internal & external doors supplied & fitted Garage side doors / windows and frames replaced Wood flooring fitted

Also available: minor building work, carpentry, electrics, plumbing, plastering and tiling

FITTING ONLY SERVICE ALSO AVAILABLE

LOCAL FUTURE EVENTS OCTOBER

Tuesday – **Oglethorpe Women's Institute** have Guest Speaker Bob Begley who will give a talk on "**The Great Storm**". Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome.

Crannani socian rian, 1993
RM14 1XL at 7.45 pm. Visitors are welcome.
Wednesday - Harold Wood Evening W.I meet on the 1st Wednesday of each month. Visitors are always welcome. We request a suggested donation of £2.50 towards running costs and refreshments. This month there will be a talk by specialist nurses on breast awareness. The evening will have a pink theme. For further details please call Jeanne on 0787 5670419. We meet at the War Memorial Hall in Gubbins Lane, 7.30 pm for 7.45 pm. Wednesday - Music Evening at Hornchurch Library. Musical Portraits and Biographies presented by George Saddington. A potpourri of entertaining music that will please a wide variety of musical tastes.

musical tastes.
Meetings held in the 1st Floor Main
Meeting Room and admission is FREE
but we do ask for a nominal Donation to
cover interval refreshments. No need to

but we do ask for a nominal Donation to cover interval refreshments. No need to book in advance – just turn up in good time on the night. Start 7.30 pm and end at 9.30 pm. For more details call Stephen on 01708 470670 or email sraindle@aol.com
Saturday – Quiz Night in aid of the Motor Neurone Disease Association at 7 pm for 7.30 pm start, in the Main Hall at St. Laurence Church, Corbets Tey Road, Upminster, RM14 2BB. £6 per person – tables of 8. Bring your own nibbles and drinks. Tickets available from 01708 250786.

Monday – Havering Essex Wildlife Trust have a talk by Charlotte Bradley on Abberton Reservoir: a Reserve near Colchester, it is a wetland site of International importance for wildfowl, up to 40,000 ducks, swans and geese visit each year. Meetings are held on the 1st floor meeting room in Hornchurch Library 8 pm to 9.45 pm. Donation of £2.50 to help cover hall hire, includes tea,

coffee and biscuits. Contact
Secretary Joy Emerson on 01708 440297.
Tuesday - NADFAS (Havering)
welcomes Mr Tim Schroder with a talk on
'English Church Silver - 500 years of
change'. Meetings are held at The New
Windmill Hall, St Mary's Lane,
Upminster, RM14 2QH. Coffee from 10.00
am. Lectures 10.45 am. Visitors welcome
at £8. For further information on the
Society, future lectures and visits can be
found at www.haveringdfas.org.uk.
Tuesday - Upminster & District
Horticultural Society have Essex
Wildlife Trust - Ingrebourne Valley
Visitor Centre - One Year On by Becky
Gibson. The talk will take place in the
Ingrebourne Valley Visitor Centre from
7.45 pm to 9.45 pm. Doors open at 7.15
pm. Entrance is £3.00 for members and
non-members as it is our Charity Evening.
Friday - Coffee & Conversation meet at
Cranham Social Hall, Front Lane at 10.30
am, welcome back Singer Kevin James
followed by Fish & Chips Lunch.
Members £8 (visitors £9.50). Tickets from
Gina on 01708 221429.
Saturday - Coffee Morning, Children's
craft activity, home made cakes, hand
made cards, mystery tombola, raffle,
bargain corner, refreshments and more!
Please join us from 10.30 am, until 12.30
pm in the Main Hall at St. Laurence
Church, Corbets Tey Road, Upminster,
RM14 2BB. Raising funds in aid of
Healthcare in Tanzania.
Tuesday - Cranham Engayne W.I.
welcomes new members and visitors.
Meetings are held on the 3rd Tuesday of
each month at 2 pm until 4 pm at the
Cranham Community Centre,
Marlborough Gardens, Cranham, RM14
1SR. Why not come along and join in
the fun.
Wednesday - Music Evening at
Hornchurch Library. Shakespeare on
Record presented by Stephen Raindle. As
part of the celebration of the 400th
anniversary of the Bard's death, the
programme will show how Shakespeare's
writings have been represented in music.
Expect a wide variety of music ranging

writings have been represented in music. Expect a wide variety of music ranging

continued on page 19



** VEHICLE SERVICING** ** VEHICLE REPAIRS** ** VEHICLE DIAGNOSTICS**

Up to 40% Cheaper than main dealers

38-40,FRONT LANE,CRANHAM, ESSEX,RM141XW

TELEPHONE: 01708 221704

E-MAIL: bookings@cranhamgarage.co.uk

"TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS"

Call: Gary or Liam

DOUBLE GLAZING



REPAIRS

Broken, Misted, Sealed Units Handles, Rollers Hinges, Locks etc.



weatherbesthornchurch.co.uk

Fully Guaranteed Telephone 01708 437174

New Window & Door Installations

OAP Discount

EST 1989



MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD. PART EXCHANGE AVAILABLE, OAP DISCOUNT. ALL WORK GUARANTEED, 36 YEARS EXPERIENCE



PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695 www.mobilesewingmachinesrepairs.co.uk

IN DOORS

Direct from the local manufacturers

Replacement

Kitchen & Wardrobe Doors

Made to Measure odd sizes, Many colours & Styles In Vinyl Wrap & Solid Woods also avallable

Carcases made to measure, Hinges, Handles, Hanging Rails, Draw Runners, Worktops etc

Friendly & Helpful Trade & Public Welcome Visit our Factory
Mon to Fri: 9am to 5pm
Sat: 9am to 1pm
TEL: 01708 671199
FAX: 01708 857653
Units 5,6 & 7
Aveley House,
Arcany Rd,
South Ockendon,

Essex RM15 5SX (near South Ockendon station) E/MAIL: info@indoorsessex.co.uk

Orders taken and supplied in 7-10 days



Garden Services:

Maintaining weekly- fortnightly -monthly Grass Cutting - Hedge Cutting - Trimming & Pruning -Garden Clearance - Re-stain Decking/Fence Panels -Pressure Washing

Domestic Cleaning Services: Weekly, fortnightly or monthly Builders Cleans - End of Tenancy - Spring Cleans

Fully Insured – Competitive Rates – O.A.P Discounts For further information please call us on Home: 01708 229946 Mobile: 07904 204417

WWW.SPOTLESS-CLEANINGSERVICES.CO.UK



A C DECORATORS . Upminster & Essex

All types of interior & exterior decorating at competitive rates

Free estimates and advice

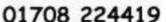
Tel: 07868 300376 Email: alanlcalder@gmail.com

See what my customers say - www.checkatrade.com/ACDecorators



NEW ENTERPRISE

PEST CONTROL



RATS MICE COCKROACHES
WASPS BIRDS FLEAS ANTS
MEMBERS OF THE N.P.T.A.
OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED

Met.

FREE SURVEYS LOCAL COMPANY 111 AVON ROAD

UPMINSTER





PLUMBING, HEATING, BOILER INSTALLATION & REPAIRS

24 HOUR EMERGENCY SERVICE

NO JOB TOO SMALL - NO CALL OUT CHARGE

CONTACT US FOR A FREE QUOTATION AND A PROFESSIONAL, RELIABLE AND FRIENDLY SERVICE

Tel: 01268 963290 Mob: 0750 315 3480



Email: info@aquatech.org.uk Web: www.aquatech.org.uk



CITY & GUILDS QUALIFIED TRADESMAN

GAS SAFE REGISTERED

Gardening and Domestic Handyman

In need of an honest local handymon?

Contact David anytime 07790 927926 or 01708 227535 d.gardenandhome@btinternet.com

All quotes free, OAP discount on all jobs

Not qualified, just a good handyman.

All tools supplied. Fully insured,

20 years experience References available on request.



Garden maintenance includes:

Mowing, Turfing. Garden clearance. Tree and shouls removal

Pruning, Paving, Gutters cleared. Hedge trimming, Planting Fence and shed re-sprays

Patia/conservatory power-washing.

Anything else, just ask.....no job too small

Domestic services: Painting, Tiling Furniture assembly.

Luminate flooring. Wall hung cobinets fitted Anything else, just ask!

MBM Electrical Services Ltd







Based in Upminster - Over 30 Years Experience

Full / Part Rewires, New Fuseboard / Extra Sockets LED Lighting / Outside Lighting, Electrical Testing and Fault Finding Electrical Certificates and Safety Reports

Tel: 01708 704142 Mob: 07971 293569 Email: info@mbm-electrical.co.uk www.mbm-electrical.co.uk

LEARN TO SWIM

PADDLE Swim School

Aged 4+ Lessons for all abilities 01708 720388

www.paddlers.co.uk

Probably the best kept secret in Upminster

MDF Doors Ltd has been supplying kitchens & bedrooms for over 25 years. Under new management and with state of the art woodworking machinery we can bring your design ideas to life. Carcases, doors, worktops, handles, helpful advice, probably everything that wou need, it's where the trade goes but we are open to the public as well. Open Mon-Friday 8am to 5pm and 9am to 4pm on Saturday: Westbury Farm, 439 St Mary's Lane, Upminster. RM14 3NU. About 300mtrs from the junction with Pike Lane. Phone 01708 227273

from long standing classical works to the 20th century music for stage and film adaptations of Shakespeare's Plays. Meetings held in the 1st Floor Main Meeting Room and admission is FREE but we do ask for a Nominal donation to cover interval refreshments. No need to book in advance – just turn up in good time on the night. Start 7.30 pm and end at 9.30 pm. For more details call Stephen on 01708 470670 or email

on 01708 470670 or email sraindle@aol.com

19 Wednesday - Upminster Floral Art
Society. Iris Shaw with a demonstration called "Facets of My Life Raffle, Tea and Coffee and Sales Table.Doors open at 7pm at the New Windmill Hall,Upminster. All enquiries to Margaret on 1708 481977.

20 Thursday - Upminster Wine & Social Club. We are a fun group with an interest in wine appreciation and enjoying many social events. We hold meetings every third Thursday of the month with a

social events. We hold meetings every third Thursday of the month with a variety of speakers and a wine tasting. Meetings are held in the Cranham Social Hall, Front Lane, Cranham; start 8 pm. For more information contact Maureen Jasper on 01708 223956, or simply come along on the night.

Friday - Havering Antique Collectors Club meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood. Speaker Judith Miller (Road Show) on 'Costume Jewellery'. 7.30 pm for 8 pm start. £7 guests. Contact Chairman Mrs Chris Lovett on 01708 221851 for further information.

Lovett on 01708 221851 for further information.

26 Wednesday – Upminster Townswomen's Guild Come along and join us at 1.45 pm in St Laurence Church, Derham Hall, Upminster. For more details phone Shirley on 01708 224219 or Bertha on 01708 222410.

29 Saturday – Hornchurch and Upminster Sugar Craft now meet at Fairkytes Art Centre, Billet Lane, Hornchurch. There will be a demonstration on 'Christmas Theme' by Sarah Murrel. Entry £6 includes Tea and Cake. 1.30 pm – 3.30 pm.

31 Monday – Breathe Easy – Havering is a

support group for people suffering from breathing difficulties, COPD, Asthma. Etc. We meet on the last Monday of the month at St. Andrews Church Hall, Hornchurch at 1.30 – 3.00 pm. Light refreshments are served and we have guest speakers talking on a wide range of subjects such as – coping with COPD, gentle exercising, home safety, etc. New members, family and carers are always welcome; a voluntary donation of £3 is appreciated. Please contact Joyce 01708 226696 or Elaine 01708 509127 for more details. details.

Monday - Romford & District Historical Society have Guest Speaker Dr Ian Browne on 'Tales from the Scaffold'. Venue is at myplace, 343 Dagnam Park Drive, Harold Hill, Romford, RM3 9EN. Access from 7.30 pm Meeting 8 pm to 9.30 pm.

NOVEMBER

Tuesday - **Oglethorpe Women's Institute** have a Members Evening where you tell us your stories! Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are

held at Cranham Social Hall, 103 Front Lane, RM14 1XL at 7.45 pm. Visitors are welcome.

Wednesday – Harold Wood Evening W.I meet on the 1st Wednesday of each month. Visitors are always welcome. We request a suggested donation of £2.50 towards running costs and refreshments. For further details please call Jeanne on 0787 5670419. We meet at the War Memorial Hall in Gubbins Lane, 7.30 pm for 7.45 pm.

Saturday - The Havering Branch of the East of London Family History Society hold meetings at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. This month the Election of Branch Officers is followed by 'Brickmakers' with David Cufley. The Internet & Technology Group meet at the same venue 11am – 1pm where Election of Officers is followed by a talk to be arranged by Robert Parker. Teas and coffees can be purchased. Members and visitors welcome to either or both.

BAR ALL ASPECTS OF CONSTRUCTION AND LANDSCAPING

Greenacres, Aveley road, Upminster, Essex

CONSTRUCTION

NEW BUILDS / EXTENSIONS / LOFT CONVERSIONS CHIMNEY BREAST REMOVAL / STRUCTURAL ALTERATIONS REFURBISHMENTS / RENOVATION / IMPROVEMENT CARPENTRY AND JOINERY GROUNDWORK AND DRAINAGE

£5,000,000.00 PUBLIC LIABILITY INSURANCE PACKAGE

RESIDENTIAL AND COMMERCIAL SERVICES / ALL WORK GUARANTEED

t: 01708 545110

RM142TN

e: info@milbarnconstruction.co.uk

w: www.milbarnconstruction.co.uk

Established in 2004

BF Mulley & Son



Chapel of Rest | Home Arrangements | Distance No Object World Wide Repatriation | Ample Client Parking | Memorials

Family Owned Funeral Home 24 Hour Funeral Service





254 St. Mary's Lane Upminster RM14 3DH Tel. 01708 220330 28 High Street, Hornchurch RM12 4UN Tel 01708 442145

www.bfmulleyson.com email -funerals@bfmulleyson.com



Chartered Accountants for individuals small businesses and charities

in Havering, Essex and the City

accounts, tax returns, VAT, payroll, fixed fees, secretarial, start-ups, incorporation, independent examinations, personal and business tax

FREE COMPANY FORMATIONS FOR NEW AND EXISTING CLIENTS

a member of the ICAEW Business Advice Service BAS



contact Daniel Gricks for a free consultation and/or quotation on 01708 225768 daniel@upminsteraccountants.co.uk www.upminsteraccountants.co.uk





ITS Fire & Security

Day2Day Fire & Security Ltd / Day2Day Security Services Ltd

- INTRUDER ALARMS
- · CCTV SYSTEMS
- · FIRE ALARM SYSTEMS & EMERGENCY LIGHTS
- · DOOR ACCESS SYSTEMS
- · FIRE EXTINGUISHERS

MONITORED AND MAINTAINED ALARM OPTIONS AVAILABLE INCLUDING POLICE REGISTERED SYSTEMS

REPAIRS AND MAINTENANCE TO EXISTING ALARM SYSTEMS

BT REDCARE and DUAL COM APPROVED INSTALLERS

PHONE FOR NO OBLIGATION QUOTATION 0300 3032536 OR 01708 221001

www.its-home-security.co.uk email: rob.itsfire@gmail.com









51551

KM607736

FS517417



Garden Services, Estate Management

& Tree Surgery

onest, reliable and friendly service at competitive prices All Garden Services & Regular Maintenance plus

let Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-abligation estimates/advice

Over 12 years

Wait our website for more infoi www.ajbgardens.co.uk Or call us on 01708 228886 / 07875 557378



D.G. PLUMBING SERVICES

All Aspects of plumbing undertaken Specialist in condensation problems Bathroom Installations radiators pumps Breakdowns in heating Free Estimates



01708 220994 07977 214541 52 The Grove Upminster RM14 2ET

Upminster Fenci

SUPPLY & FIT - ALL REPAIRS CARRIED OUT

PRESSURE TREATED PANELS - FREE ADVICE & QUOTATIONS

MONDAY-FRIDAY: 7AM-4PM SATURDAY: 8AM-12PM

01708 225599 - 07831 281590 UPMINSTERFENCING.CO.UK ADMIN@UPMINSTERFENCING.CO.UK



Upminster Fencing, Mardkye Works, St Mary's Lane, Upminster, RM14 3PA



V Martin Legal Services & Notary Public

Arundel Business Centre, 49 Station Road, Harold Wood, Essex,

Free 30 Minute Consultation

either in person or over the telephone.

Do you have an issue that requires our assistance in any of the following areas of law?

Wills

- Court of Protection

- **Asset Protection**
- Powers of Attorney
- Tax Plannina
- Probate
- Trust and Estates Administration

We offer a free 30 minute consultation, where we will provide you with any relevant information and advise you on any aspects of our specialisation.

Call us on 01708 375051 to make an appointment! We offer home visits by appointment only.

Sowing the seeds for a love of learning

With our passion for teaching and holistic approach we ensure every child has a





CCHNITA TOTAL

Open Mornings

Saturdays 5 March and 21 May 2016 Call now to reserve your place

Harwood Hall Harwood Hall Lane, Upminster RMss 27G eare8 andres www.aakfieldsschool.co.ux

WELLS SOLICITORS

FAMILY LAW

Quality Advice and Caring Service

Fixed Fee Divorce and Advice Appointments available

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection



01708 251 560

Suite 1, Essex House, Station Road, Upminster RM14 2SJ info@wells-solicitors.co.uk

Upminster U3A

The inaugural meeting of Upminster's newest organisation, Upminster University of The Third Age, will be held at the Wesley Hall, Upminster Methodist Church, Hall Lane, Upminster on Tuesday, 18 October, starting at 12.30 pm. This meeting will mainly deal with membership and collecting subscriptions, as well as discussing the various interest groups we hope to set up. So please remember your cheque book. Upminster Ú3A's regular monthly meetings will be held on the third Tuesday of each month (except December). For further information please email info@upminsteru3a.org.uk or check our Facebook page https://www.facebook.com/upmi nsteru3a/.

Upminster Library

Elmer and the Snake Stories, songs and Craft

Tuesday 11th October. 10.30am Suitable for children 5 years and

£4.00 library members / £5.50 non members

Advance booking is essential.
Adult Craft Workshop Make
Your own Christmas Cards

Tuesday 18th October. 1.30-3.00 ± 6.00 library members / ± 7.50 non members. Advance booking is

essential.

All materials supplied **Storytime at Upminster Library** Mondays 11am & Saturdays 11.30am (during term time only) Suitable for ages 3-5 years. FREE.

No booking required. **Baby Bounce at Upminster Library**

Mondays 1.30pm (during term time only). Songs and rhymes for babies under 2 years and their parent/carer. FREE. No booking required **Help and advice on searching**

your Family Tree
Thursdays 2.00- 4.00pm
New to family history or just
stuck? Our volunteer will show
you where to start or help you
with any problems. FREE: you just
need a valid library card and PIN

Contact the Library on 01708

Coopers Indoor Table Top

The next Indoor Table Top Sale at the Coopers' Company & Coborn School, St Mary's Lane, Upminster, RM14 3HS will be held on Sunday 9th October 2016. Sellers from 7am and must book and pay in advance. Call 07508135449. Buyers doors open at 9am.Entrance fee is 50p for adults, children are free. bootsales@cooperscoborn.co.uk or Facebook – Boot Sales Coopers Coborn.



Upminster Jewellery Workshop

201 St Mary's Lane Upminster RM14 3BU

01708 224 055 info@ujworkshop.com

Bespoke Jewellery hand made by craftsmen in store

Exclusive designs

Expert repairs

Bridal specialist with a dedicated wedding ring lounge

Honest and reliable advice



Volunteering for Scouting

Volunteering for Scouting is easier than you think. Whether you can spare an hour a month, or a day a year, we have hundreds of opportunities both behind the scenes and working with young people. With full support and training, you can experience the fun, friendship and adventure of Scouting for yourself, all on a flexible basis.

2nd Upminster Scout Group are looking for a new team of volunteers to help open a second Cub Pack (for ages 8-10.5yrs)! They meet in St Laurence Church, Corbets Tey Road, Upminster, RM14 2BB and we are looking to open Cubs on a Monday evening. If you could spare one evening a week to help them, please get in touch to find out how you can get involved... Jack Higgins Jack.higgins@scouts.org.uk 07961 476 602.

Ride London

Hornchurch cycle club has 121 members which is amazing for a club which is only 2 years old. In 2015 the club cycled from Hornchurch to Paris for a local charity Look Essex and made over £5000 for the charity. At end of 2015 the club voted for a new charity partner and decided to raise funds for another local

charity Saint Francis Hospice. Ride London is a legacy from the 2012 Olympics. This is on closed roads starting at the Straford Olympic Park through to the Surrey Hills then finishing on the Mall in London at 100 miles. Finishing on the mall in front 1000's of people watching is an amazing experience. memberships@hornchurchcc.com Spencer Littlechild - Chairman and Co-Founder

Can we Help Your Organisation?

Each year, thanks to your generous support, we are able to make donations to local organisations, charities and individuals who are doing good work within the community. So far this year, we have supported the Upminster South District Brownie Group, St Francis Hospice, The Oasis Disability Group, Upminster Methodist Youth Group, various Friends Groups and local schools among many others. We shall bring back to you details of the events and projects that have been supported. We are very keen to continue this practice and would be pleased to hear from any community group, organisation or individual whose work in the community could be enhanced through some additional support. Please contact any of your councillors to make enquiries.

Cllr CLARENCE BARRETT



THE WINDOW & CONSERVATORY CO.

PART OF THE KEN RHODES GROUP

FOR CURRENT SALE DEALS PLEASE CALL 01708 2277777

PART OF THE WHICH? TRUSTED TRADER SCHEME



SHOWROOMS: 193 ST MARYS LANS, RM14 3BU

SITUS WW.KENRHODES.CO.UK



THE CONSERVATORY CENTRE GALLOWS CORNE

01708 227777 🎬 🖺



Your Local Radio

Listen live on

www.radioharoldhill.co.uk

Download the App

COMMUNITY RADIO FROM THE HEART OF HAVERING

ASSOCIATION COUNCILLORS:

Upminster Ward: Linda Hawthorn 225451 lindahawthorn@hotmail.co.uk Ron Ower 07721 780372 cllrronower@yahoo.com Linda Van den Hende 223761

Cranham Ward: Clarence Barrett 07863 116029 Gillian Ford 641317 councillorgillian.ford@havering.gov.uk

June Alexander 227092

councillor june. alexander@havering.gov.uk

ASSOCIATION CONTACTS:

Editor:

Bruce Nicholls 07505 289568 bulletinra@yahoo.co.uk

Commercial Advertising: Ron Ower 07721 780 372

bulletinra@yahoo.co.uk

Upminster Organizer:
Cllr Linda van den Hende

(223761) lindavandenhende@btinternet.com

Residents' Association Website:

Cllr Clarence Barrett (07863 116029) cllrclarencebarrett@yahoo.co.uk www.ucra.co.uk

DIARY

OCTOBER

- 5 Wednesday Upminster Ward Meeting at St Joseph's Social Centre at 8 pm
- 13 Thursday **Cranham Ward Meeting** at Cranham
 Community Centre,
 Marlborough Gardens at 7.15 pm
 All welcome.

NOVEMBER

- 2 Wednesday **Upminster Ward Meeting** at St Joseph's Social Centre at 8 pm
- 10 Thursday **Cranham Ward Meeting** at Cranham
 Community Centre,
 Marlborough Gardens at 7.15 pm
 All welcome.

COACH OUTING

Saturday 12th November
Cranham Social Committee Coach
trip to Kingston Upon Thames.
The Royal Borough of Kingston
Upon Thames is a historic market
town with many attractions old
and new. Leaving Bell School
Upminster at 9am after usual pickups. Tickets £12.00. Bookable with
Mrs Joan Carroll Tel. 01708
220236, from Monday 17th
October between 7pm and 9pm
please.

<u> Atlantic</u>

Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman Our windows are fantastic value for money Great choice of high security composite doors Beautiful conservatories with self cleaning glass roofs All our work is fully guaranteed

Call us now for a FREE no obligation quotation

Tel: 01708 480004

or email bulletin@atlanticglazing.co.uk visit our website www.atlanticglazing.co.uk

EXPERIENCE THE EXCITEMENT OF FLYING!

Book now for an exciting Air Experience Flight with North Weald Flight Training Ltd, flying from historic North Weald Airfield!

You'll get a full safety and cockpit briefing from your CAA licenced Instructor after which you'll buckle up and take to the skies. With your instructor close at hand you'll have the chance to take the controls and make the aircraft climb, turn and descend over the Essex countryside.

Whether for yourself, a gift for someone, or even the first fight on

Whether for yourself, a gift for someone, or even the first flight on your journey to becoming a pilot, this experience is a must!



Prices are just £149.00 for one hour or £79.00 for 30 minutes.

Contact Paul Bazire Mab 07555 323111 Office 01992 522090

Further details and booking: northwealdflyinggroup.co.uk/ experience

Hair by Jane

Local Mobile Hairdresser

Tull colour Tinting, foil highlights/lowlights, Perms,

Cut and blow dry and Styling.

Call Jane on: 01708 533223 or 07837 817 592





CLEAN BEE DOMESTIC SERVICES

Do you need a Friendly Helping Hand around the house?

Reliable, Professional and Caring

Weekly, Fortnightly, Monthly House Cleaning to suit your requirements

Fully Insured and CRB Checked, Local Mature Lady

Household Organising, Local Errands and Chaperone Service also available.

Please call Julie to discuss all your Domestic needs 07850 522510 or 01708 221946 cleanbeedomestics@yahoo.com



Right Equity Release

Ensuring you choose the Right Equity Release

Are You a Home Owner aged over 55?
Have you ever considered releasing the money in your home to...

- · Pay for Home Improvements
 - · Debt Consolidation
 - · Luxury Holidays

For more information

Call: 0800 6127362 Mob: 07964 282678

Kevin.hull@therightequityrelease.co.uk

The Right Equity Release Ltd which is authorised and regulated by the Financial Conduct Authority Registered in England and Wales No. 07166676

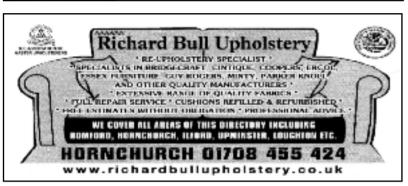


OLDHAM LANDSCAPES

SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION

DRIVES, PATIOS, BRICKWORK, PLANTING, TURFING, FENCING, DECKING, PERGOLAS,

PORTFOLIO ON FACEBOOK UNDER OLDBAM LANDSCAPES 01708 225279, 07973 911893





PATCHETT'S LTD

Domestie & commercial Local & long distance Free estimates & Insurance Container storage Family business since 1962



01708 224968

Movers House, Front Lane, Cranham, Essex RM14 1XL www.patchettsremovals.co.uk

PROFESSIONAL GARDEN LANDSCAPING

Decking · Fencing · Patios

Quality TURF Supplied: No Minimum Purchase 20 Years Experience + Free Written Estimates Call in at Rear Yard, 15 Suttons Lane, Hornchurch



Call us on: 07891 480807 Visit us online: www.dggardenworld.co.uk

Fencing | Turf | Artificial Grass | Topsoil | Patios & Decking | Calor Gas



DIANEMATTHEWS

01708 727239

Janice and Diane specialise in **permanent hair removal** for white hairs, grey, blond and dark hairs, for fair skin, Asian skin and darker skin colours

Other treatments eliminate:

Facial Thread Veins and Spider Naevi Skin Tags, Common Warts and Veruccas

See website for video of treatments

Having worked over 25 years both privately and in the dermatology dept of Oldchurch and Queens Hospital our expertise is second to none!

186 Brentwood Road, Romford, RM1 2RT www.dianematthews.co.uk

Book free consultation now — worth £35





Do it Right, the First time!

ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New lawns, Garden Lights, Brickwork, Garden Design, Steps, Block Paving Phone 01708 441044 Mobile: 07814 940335 Upminster Road, Hornchurch www.anglepaving.co.uk email: angle.paving@o2.co.uk

TERRY LOWRY PAINTER AND DECORATOR CITY & GUILDS QUALIFIED

ALL INTERIOR & EXTERIOR WORK UNDERTAKEN VERY COMPETITIVE PRICES

INCLUDING 10% OFF FINAL QUOTE FOR PENSIONERS
10% OFF FINAL QUOTE FOR 2 ROOMS OR MORE

PHONE: 01708 227365 MOBILE: 07526 785946 EMAIL: t.lowry1@sky.com



G.B.Roofing

(Busypledge Ltd)
We do all roofing work:- Strip & Retile, Tiles replaced & Roofs repaired, Flat Roofs Stack Re-Point-Re-Build & Lead Flashing, Valleys PVC-U Fascia, Soffit & Guttering No Job Too Small or Too Large

We are a Family Firm with three decades of Roofing Experience At Your Service All Personal Estimates & Advice Are Free - All Work Guaranteed



Visit our website: www.gbroofing.co.uk Email: info@gbroofing.co.uk Telephone 01708 220610 Fax 01708 859366





AVID **\X**/ILLIAMS & SONS

LANDSCAPE GARDENER AND **NURSERY MAN**

- * COMPLETE GARDEN LAYOUT
- * PAVING A SPECIALITY
- † PONDS, WALLING, ROCK GARDENS
- **†** TREE FELLING, FENCING
- **†** SHRUBS, TREES, ALPINES
- * CONIFERS

FEEL WELCOME TO CALL IN FOR ANY ADVICE ON LANDSCAPING AND PLANTING FOR YOUR GARDEN

OAK ROYAL NURSERIES, 355a FRONT LANE, CRANHAM, UPMINSTER, RM14 1LW TEL: DAY 01708 224733 EVENINGS & WEEKENDS 01708

> 700557 MOBILE: 07788 725853

J. WRIGHT - ELECTRICIAN

- REWIRES
- EXTRA SOCKETS

COOKER POINTS SECURITY LIGHTS CITY & GUILDS QUALIFIED FOR ALL ELECTRICAL INSTALLATION

FREE ESTIMATES CALL 01708 448402

Gary Foss Building & Landscaping

Home extensions and alterations Kitchen fitting and worktop replacement Driveways and patio's designed and layed Structural wall removal and modification

Free estimates and advice Upminster 01708 500018 Mobile 07831 469041

Email gary.foss@virginmedia.com



Porches and garages etc.

T.Jefferyes **Decorating Services**

All aspects of painting & decorating undertaken

Free Estimates Call 01708 347190



FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)

Do you have problems With your feet ?

Trouble cutting your neits? Thickened nail management Ingrown toensils Vertuca treatments Athlete's Foot Hard skin removal

Fungal nail treatments Dispetic nail care Com and callous treatment

FOOT HEALTH TREATMENTS £25,00 Home Visits A friendly, efficient and professional service

Mobile: 07920 855 044

HOME Est. 1966

Exterior & Interior Painting & Decorating Paperhanging - Guttering A Speciality

> All Estimates Free UPMINSTER (01708) 226327

DAN THE MAN WITH A VAN HOUSE CLEARANCE OF ALL SIZES

I'LL GIVE YOU A TIP - DONT USE A SKIP





CALL DAN TODAY TEL: 07842 628 560