

TASTY BITES
UPMINSTER'S FIRST INDIAN, INDOONESIAN
AND VEGETARIAN TAKE AWAY

EXPERIENCE THE DIFFERENCE

Tel: 01708 221166
Fax or tel: 01708 222277
50 Corbets Tey Road, Upminster, Essex




PC & Laptop Repairs

Virus issues Running slow
Internet problems WIFI
Data recovery Power supplies
Laptop Screens Hard drives
Pick up and Drop off service

Cranham Computer Centre 01708-250296



email: bulletinra@yahoo.co.uk

The Voice of the Community

www.ucra.co.uk

UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION

Havering Local Plan – Consultation



Following on from last month's article, the Council approved a draft Local Plan (a strategic guidance document that covers all aspects of planning, housing, design, infrastructure and Green Belt over the next 15 years) which will now go out for a 6-week public consultation before being submitted to the Secretary of State for examination later this year. Of particular interest in the Plan are 78 applications from developers to remove land from the Green Belt for development, which we shall be steadfastly opposing, and the housing growth target which is 17,550 over the 15 years and not the 30,000 which has been quoted elsewhere. We shall keep residents updated on this important matter through the *Bulletin* and our

website (ucra.co.uk) – please take time to have a look, your feedback to the consultation is important and very welcome.

Cllr CLARENCE BARRETT

Ardleigh Green Bridge – Response from Mayor

Following on from our article last month, the reply from the **Mayor of London** in response to our specific points lacked the substance we expected. In particular,

- It was confirmed that local residents and businesses will have to suffer another two years of disruption, pollution and huge inconvenience without a scrap of compensation.
- The initial cost of the scheme was estimated at £32m, the response provides no update as to the eventual cost or from where the overspend, which is likely to be several millions of pounds, will be met.
- It was suggested that the proposed Gallows Corner Improvement Scheme could be done at the same time as the Ardleigh Green Bridge works in a way that minimises disruption, a claim that may seem a bridge too far for many!

I don't underestimate the complexity of the project, but overspends are generally a result of unexpected events or poor planning, and even with built-in contingency funds it is probable that tax payers will have to stump up the colossal cost of this scheme. The full response can be seen on our website at www.ucra.co.uk

Cllr CLARENCE BARRETT

Waitrose Store

Waitrose have been in touch inviting any locals who have not got a Waitrose Card to pop into the store in St. Mary's Lane and apply for one. Apart from getting a free tea or coffee with a purchase when having the card the store offers a number of discounts when using the card.

Speed Limit Changes Update

Further to the article in the July *Bulletin*. The Council's Highways Committee has agreed to reduce the speed limit on our local rural road network to predominantly 40 mph with a selected number to 30 miles per hour. These are in Upminster Ward -Aveley Road, Berwick Pond Road, Bramble Lane, Denises Lane, Fen Lane (part to 30 mph), Folkes Lane (to 30 mph), Gerpins Lane, Park Farm Road, Pea Lane (to 30 mph), St. Mary's Lane (part to 30/40 mph), Stubbers Lane and Sunnings Lane (to 30 mph), Bird Lane in Cranham to 30 mph. This followed consultation in the above roads and requests for reduced speed limits.

Your Help Please

If you can help deliver the *Bulletin* each month please contact us.

It would really be appreciated.

For Cranham phone Clarence on 07863 116 029. For Upminster please phone Chris on 07960 059 195 or email us at the *Bulletin* on bulletinra@yahoo.co.uk

Grand Opening

Upminster's first Indian Restaurant, the Kusoom Bugh in St. Mary's Lane established in 1978, held a grand reopening following major refurbishment which will enable them to accommodate more customers. During the evening £1600 was raised to assist victims of flooding in Bangladesh. The restaurant regularly gives cash to the flood appeal in Bangladesh. Booking details for the Kusoom Bugh are on page 13. Staff are very happy to give advice on their menu.

Haines Watts
Local Market, National Strength

We help business owners
ACHIEVE THEIR PERSONAL GOALS

As a business owner achieving your personal goals as well as your business goals is important. Whether that's providing for your family, reducing your tax bill, protecting your assets, extracting wealth from your business, or knowing your retirement is secure. Our partners will work with you to ensure you have a plan to achieve your goals.

To find out more contact Haines Watts, your local award winning accountants

Haines Watts Horsham, Coopers House
65a Winget Lane, Horsham, Sussex, BN11 3AT
01708 475 220 – J.Macdonald@haineswatts.co.uk
www.haineswatts.co.uk/accountants-horsham



WINDSOR PROPERTY
Extension Specialists Est. 25 Years
Family Business

NEC
APPROVED CONTRACTOR

- EXTENSIONS
- LOFT CONVERSIONS
- RENOVATIONS
- LOG CABINS
- GARAGE CONVERSIONS
- ALL BUILDING WORK UNDERTAKEN

safe
REGISTER
102981

FOR YOUR FREE ESTIMATE PLEASE CONTACT

PHONE: 01708 455755 MOBILE: 07958 787 297

E-mail: wpm321@msn.com

JANE'S MOBILE HAIRDRESSING

CUTS, COLOURS, HI/LO LIGHTS,
BLOW-DRIES, PERMS & SETS

FOR INFO & APPOINTMENTS
CALL 07966 439373



"CREASES"

(PROFESSIONAL DRY CLEANERS AND IRONING PARLOURS) LTD
2B MOOR LANE, CRANHAM

*Dry Cleaning • Repairs & Alterations
Ironing • Curtains • Duvets • Laundry
Free Collection & Delivery Service*

Please Call 01708 229292

Street Lights

Havering has over 20,000 street lights to maintain across the borough, and on average 99 per cent are working - in fact there's a special officer who travels down all our roads after the hours of darkness, just checking that they are working. This service does not cover lights which do not go out during the day, as we rely on the public informing us on them. All repairs are aimed to be done within 10 days, but obviously this cannot be guaranteed if parts etc need replacing. We are in the hands of the "Power Company". Strangely, we are under no statutory obligation to light our streets. When Chigwell turned their's off during the early hours of the morning, accidents increased so much, they soon turned them back on again.

CLlr LINDA HAWTHORN

Discounted Adventure Island Tickets

Engayne Primary School are selling Adventure Island,

Southend, tickets at half the normal entry price. Blue Adventure Bands (over 1.2m) £15.50 and Green Adventure Bands (1m to 1.2m) £12.50. All tickets valid until 31 December 2017. Please contact Lisa on 07895 024179 or Penny on 07703 676989 (both Upminster based).

Upminster Library Events

IT help

Learn how to use the full potential of your laptop, mobile phone or tablet.

Just bring along your device and an active Havering Libraries card and one of our team will show you how. Booking is required as spaces are limited. Every Thursday 10.30-12.30. Free Jewellery Making for Beginners Starting Friday 8th Sep. Join us every Friday for a beginners' jewellery making workshop with Dizzy Di (as seen on Hochanda TV the home of arts and crafts). Advance booking is essential as spaces are limited. 9.30-11.30. £12 per session

Pirate Craft

Tuesday 19th Sep. Join Captain Ginny on the good ship

Upminster for pirate fun. Booking is essential as spaces are limited. 1.30. Suitable for Preschool children.

£3.00 library members / £4.50 non-members.

Reading Buddies Drop in session Starting Monday 18th Sep. Come along to our informal after school group where our team of volunteers are available to listen to your child read. No need to book just come along. Every Monday (term time only) 3.30-4.30.

For more information or to book a place contact Upminster Library 01708 434933
Upminster.library@havering.gov.uk

Gunshot Noise

A lot of gunshot noise has recently been heard from Farmland near Parklands, this was due to a local farmer shooting vermin (culling pigeons we are told) from 9am to 8pm on several weekends. Following several complaints police have spoken to the farmer and there is nothing they can do as it is happening on private land. It's annoying that this happens of a weekend when people are trying to relax and enjoy their garden. I am left thinking that we have

some pretty stubborn pigeons that apparently fly back to the farmer every few minutes to be shot over an eleven-hour period! It's a wonder any pigeons are left in the area. The police have asked people to phone them when this occurs again on the neighbourhood watch number 07766 247222 and they will visit the farmer again.

Allotment Open Day

Stewart Avenue Allotments, Upminster are holding their Open Day & Allotment Show on Saturday 16th September 2017 from 11am - 3pm. Bring the family for a fun afternoon. Freshly harvested fruit and veg with Homemade Jams, Marmalades, Chutneys and cakes. Beekeeper Display, Al Fresco Café and Face Painting. Beer and Pimms tent, gardening info and Tours of the Site. Small entrance fee. There is also a Scarecrow Competition open to all. Entrance fee £1 per Scarecrow and Scarecrows will be voted on by visitors to the Open Day. To enter contact Jackie Whitehead
stewardsallotments@outlook.com
01708 641624.

A Touch Of Glass

35 YEARS OF TRADING - NO HARD SELL
MANUFACTURERS OF SEALED UNITS
SUPPLIERS OF WINDOWS, DOORS AND CONSERVATORIES

TOP QUALITY PVC-U USED
WE CAN ARRANGE FINANCE

GLASS CUT TO SIZE WHILE YOU WAIT
BROKEN OR MISTED UP SEALED UNIT REPLACED OR CHANGE YOUR CLEAR UNIT WITH LEAD LIGHTS
PICTURE FRAMES MADE TO SIZE OR MOUNTINGS SOLD BY THE LENGTH
OVER 100 MIRRORS IN STOCK

97 Front Lane, Upminster RM14 1XN www.atog.co.uk 01708 250070

Local electrician

- Based in Upminster
- Domestic/commercial work
- Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

Paul Gilham 01708 229835
07905 185872 or info@gilhamelectrical.co.uk



City & Guilds
Qualified



Upminster Carpets

205 St Marys Lane, Upminster

01708 224515

Old Carpets and Furniture?
No Problem!!

Home Service Available

We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinyl
- Karndean

GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds,
Planting, Water Features, Turfing & Decking.

All work solely undertaken by

* Greg Oldham *

Tel. 01708 251 004 / 01621 860 529

Mobile 07812 131 772

email: oldhamgreg@yahoo.co.uk



PLUMBING & HEATING

Rugg & Son ENGINEERS

FAST, RELIABLE, FRIENDLY SERVICE

Tel: 01708 229857 Mobile: 07415 096551 / 07860 801377

- Emergency Repair •
- Blocked Drains •
- Heating Breakdowns •
- Servicing •
- Maintenance •
- Ballvalves • Tanks •
- All Work Guaranteed •
- Established Locally For Over 25 Years •

BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office:
01708 780000

Tel: Home:
01708 733088



Natural Stone Paving

**ADVANCED
M P**
PLUMBING & HEATING

BOILER REPAIRS • SERVICING AND INSTALLATIONS • COMBI BOILERS
• TANKS • TOILETS • ALL GAS WORK
O.A.P.'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT
WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS

iphe **01708 475041 079301 49046**
www.adv-mpplumbing.co.uk
pat@adv-mpplumbing.co.uk

safe

FLEET ELECTRICAL & HEATING SERVICES

National Inspection Council for
Electrical Installation Contracting

Full / Part Rewires - Extra Plugs
TEST CERTIFICATES PROVIDED

APPROVED CONTRACTOR

Immersion - Security Lighting - Fault Finding
Established in Upminster for 20 Years

Phone: 01708 250409 Mobile: 07956 335744
5 Mersey Avenue, Upminster

Christmas Lights

Delighted to inform you that Upminster's Christmas Lights switch on at 5.15pm on Thursday 23rd November. The Christmas Event will be from 4pm to 6pm in the Town Centre as usual. Father Christmas will be in attendance, stalls etc. Please keep a note in your diary. Further details next month.

Firework Display

The Upminster Junior School PA and Upminster Infant School PTA Annual Firework Display will be taking place on their school field on Saturday 5 November. The display starts at 6.30pm with the gates opening at 5pm. Entry to the event can be gained via the school entrance at the side of the Crumpled Horn pub. There will be refreshments and a barbecue. Tickets will be on sale during the week starting 30th October from 3pm to 3.30pm in the school playground (outside both the infant and junior school offices). Tickets are priced at £6 for adults, £4 for children (4 and

over) and free for children under 4 (though a ticket will need to be issued). Tickets are also on sale on Saturday 4 November outside the school entrance next to Superdrug or on the gate (subject to availability) from 5pm. The ticket price on the day is £7 for adults and £5 for children and free for children under 4 (though a ticket will need to be issued). Please do try and get your tickets early to avoid disappointment.

Job Vacancy

Cherry Cards at 62 Station Lane, Upminster are looking for a part time person to work 20 hours per week. If you are interested please hand in a handwritten CV as they offer a product personalisation service.

Upminster Ceilidh

Ceilidh with live band on Saturday 14th October at St Laurence Church, Main Hall, Upminster. Doors open at 7 for 7.30 pm. Carriages at 10.30 pm. Drinks and nibbles from a licensed bar. £10

HUNTER AND CO.
Chartered Certified Accountants
Chartered Tax Advisers

**FOR ALL YOUR ACCOUNTING
AND TAXATION NEEDS**

195 St.Mary's Lane Upminster Essex RM14 3BU
Tel: 01708 255555 Fax: 01708 255556
Email: egh@eghunter.co.uk
www.eghunter.co.uk

per person. Contact the Parish Office on 01708 220696 or parish.office@upminsterparish.co.uk

21st - Milene Dziuk (Mezzo Soprano)
28th - James Orford (Organ)

Ashvale Gardens Allotments

There are a few spare plots available if anyone is interested in grow their own fruit and veg whilst keeping fit, gardening is a really good exercise and you get the additional benefit, satisfaction and value of doing it yourself. Advice is always available if required. Contact Mike Willcocks 01708 501505 or mike@willcocks.me.uk

Lunchtime Recitals

September Thursday Lunchtime Recitals at St Laurence Church, Corbets Tey Road, Upminster 1.05pm- 1.50pm(approx). Free admission (retiring collection for the ongoing music programme at St Laurence).
14th - Mark Brafield (Organ)

Pilates Beginner Courses

Pilates short courses in Upminster & Cranham. Mon-Weds mornings & Mon, Weds, Thurs evenings. Starting mid September 2017. Build core strength and stability whilst improving the mobility of your spine. With a maximum of just six participants to a class, individual corrections are given in order to learn the technique with accuracy and precision for optimal results. This course is suitable for those with back or neck pain, and equally suitable for those who just want to improve their fitness and wellbeing. At the end of this course you will have the option to join one of our regular Pilates classes Monday to Friday mornings or Monday to Thursday evenings. Also available: Post Natal Pilates, Men Only classes, Gentle Pilates for Seniors, 1:1 Private Sessions.
www.upminstersportsmassage.co.uk or call Charlene on 07411 826721, or email upminstersportsmassage@gmail.com

FOCALPOINT LOFTS
est 1977

- Family run Upminster business.
- Established in Upminster for 40 years
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted

For more information, please call
Gary or Christopher James:
Home: 01708 250772 / 01708 250747
Mobiles: 0777 311 8268 / 0795 002 5841

FPL

CRANHAM ROOFING

The Roofing Specialists

- Free no obligation quotations
- New roofs - strip and retile
- Flat roofs
- Chimney stacks - repoint/removed
- Guttering, fascia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed



TEL / FAX 01708 704260 (office)
MOBILE 07860 752798 (24 hr call out)
EMAIL: t.gagen@sky.com

GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice
by Ijazat, Shamim & Fizza Govani, Tommy Hai

64 Station Road, Upminster
01708 220044

87 Front Lane, Cranham
01708 224083

Free local collection and delivery of prescription service available upon request from
housebound patients
www.govanichemist.co.uk

PLASTERING



- Professional • High Quality
- Reskim over Artex • New ceilings
- Clean and Reliable
- Cove & Cornice • Painting
- Cheapest Rates
- OAP Discounts
- Free Estimates
- 27 Years Experience
- Hornchurch and Surrounding Areas

CONTACT: CLAY DAWKINS

TEL: 07961 379277 / 01708 470841

EMAIL: CLAY.DAWKINS@LIVE.CO.UK

The Right Cover at the Right Price with the Right Advice

Insurance is more than just a piece of paper, it is peace of mind

Motor, Home and Commercial Insurance
No extensions, No pressing buttons, No waiting
Just real people with great quotes for all your insurance needs and real help when you really need it when it comes to a claim

LG INSURANCE

Providing competitive premiums for over 25 years



C6 The Seedbed Centre, Davidson Way
Romford, RM7 0AZ (Opp Queens Hospital)
Tele: 01708 730830 / 756000
Email: info@LGInsurance.co.uk
Web: www.LGInsurance.co.uk

Bromley | Brentwood | Upminster | Romford | Thurrock | Chelmsford | Billerica | Barking | Epsom | Merton | Brixton | Southend



30 YEARS EXPERTISE

**Windows • Doors • Conservatories
Fascia & Guttering • Flat Roofs**



'Your Local Home Improvements Specialists'

We are Trading Standards Approved

**EVERYTHING ON DISPLAY
AT YOUR LOCAL SHOWROOM**
Concept House,
Bill Lane (opposite Salisbury's),
Hornchurch, Essex, RM11 1JQ

For your FREE QUOTE CALL
01708 463 526
www.conceptwindows.co.uk

FREE/CUSTOMER PARKING

RICKY ARCHER

Roofing Contractor

Established 1987

Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs
Three Layer and High Performance Felting - Leadwork - Pointing
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on:
Upminster 01708 226512 Mobile 07710327651
Email: ricky-archer@ntlworld.com

M Bray

painting and decorating

all aspects of decorating covered
small jobs to complete re-decorations
over 20 years experience
polite service - clean and tidy work with a high quality finish
local references available

Tel: 01708 223608 / 07983 486655
e-mail: mathew.bray@sky.com

**TAYLOR ELECTRICAL
INSTALLATIONS LTD**

- FREE ESTIMATES
- FAST RELIABLE SERVICE
- REWIRES - REPAIRS - MAINTENANCE
- ADDITIONAL LIGHTING & POWER
- DISTRIBUTION BOARD UPGRADES
- HOME BUYER'S REPORTS
- FAULT FINDING
- 30 YEARS EXPERIENCE
- JIB REGISTERED
- FULLY INSURED
- FULLY QUALIFIED
- PART P REGISTERED



01708 227720 MOB: 07890 519109

SMASH CAMPS

NO 1. FOR BIRTHDAY PARTIES

- COMMANDO CAMP
- ACTION PARTY
- WATERSPORTS PARTY
- QUAD BIKING
- 4X4 DRIVING
- JET SKIING
- BANANA BOATING
- LASER TAG
- NEW - SMASH CAMPS PARTY

CALL NOW - 01708 224 753
UPMINSTER, ESSEX - WWW.SMASHCAMPS.CO.UK



CLUBBERCISE
Monday 9.30am - 10.30am
@ Trinity Church with Crèche
Wednesday 7.30am - 8.30pm
@ Coopers School

H.I.I.T.
Wednesday 9.30 - 10.30am
@ Trinity Church with Crèche

SEATED WORKOUT
Thursday 12.30 - 1.15pm
@ Cranham Community Centre
Friday 10.30 - 11.30am
@ West Hamdon Village Hall

PIYO
Monday 7.30 - 8.30pm
@ Trinity Church

ZUMBA FITNESS
Monday 7.15 - 8.00pm
@ Coopers School

FITNESS PILATES
Tuesday 7.30 - 8.00pm
@ Coopers School
Wednesday 7.00 - 8.00pm @ Coopers School
Thursday 9.30 - 10.30am @ Trinity Church

LEGS BUMS & TUNS
50+ Tuesday 9.30 - 10.30am @ Trinity Church
Thursday 7.00 - 8.00pm @ Trinity Church

ZUMBA GOLD
Monday 10.45 - 11.45am @ Trinity Church
Wednesday 10.45 - 11.45am @ Trinity Church

Call Sally for more info **01708 915455 / 07855 534631**
www.exercisewithsallyguise.co.uk
exercise with sally guise

BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

DESIGNED TO YOUR NEEDS

- WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS
- CATALOGUE AND PREVIOUS WORK AVAILABLE
- WEBSITE AND FACEBOOK SHOWING EXAMPLES
- HELP AND ADVICE WITH DESIGN AND LAYOUT
- ALL YOUR CONSUMER RIGHTS WILL APPLY
- ALL WORK GUARANTEED

Tel: Office:
01708 780000

All work carried out by responsible tradesmen



Tel: Home:
01708 733088

Established over 30 yrs

Natural Stone Paving

Property Fraud

Property fraud can happen in many ways. For example, fraudsters may steal someone's identity and attempt to acquire ownership of a property by using forged documents. The fraudsters may then raise money by mortgaging the property without the owner's knowledge before disappearing with the money, leaving the owner to deal with the consequences. The Land Registry has stopped 136 fraud cases on property between March 2014 and September 2015, worth £60 million and has prevented over £92 million of fraud since 2009. How? Their free to register Property Alert System, allowing you to sign up and receive property alerts for up to 10 properties that you own in order to prevent fraudulent activity. You're more at risk if your property:


- is rented out
- is empty
- is mortgage-free
- isn't registered with Land Registry

You can sign up for this free service at <https://propertyalert.landregistry.gov.uk/> or call 0300 006 0478.

Dartford Crossing Taking its Toll

News that the Severn Bridge Toll is to be scrapped by the end of 2018 evokes an instant comparison with the continued charge to use the Dartford Crossing. The original toll was used to pay for the construction of the Crossing and was fully met in 2002, thereafter the toll became a congestion charge. The irony of charging vehicles a congestion charge to cause congestion has not been lost on millions of motorists over the years. Since the cashless system was introduced, the passage into Kent from Essex has improved, but the passage into Essex through the tunnels is worse than ever. Vehicle Excise Duty, about £6.5bn a year, is more than enough to pay for the road network without the need to impose a supplementary levy through a so-called congestion charge. If the Severn Bridge Toll can be scrapped then why not the Dartford Toll?

CLlr CLARENCE BARRETT



TCC ROOFING CO.

Established 1955 in this area

High performance flat roofing system. Replacement tiled and slated roofs. Leadwork, valleys and chimneys. UPVC fascias, guttering and general building work carried out



01708 222330

Free advice & Estimates

01708 223241



HYPNOTHERAPY

Keith Jefford DHC, DHP (GHR & CNHC Registered)

- Fully qualified, experienced local hypnotherapist.
 - Caring and confidential service specialising in emotional and behavioural problems including stress, anxiety, anger, fears, phobias, fear of flying, drinking issues, smoking cessation, tinnitus stress etc.
 - Daytime, evening and weekend appointments available.
 - Call 01708 224698 or 07970 111657 for a free telephone consultation.
- www.keithjeffordhypnotherapy.co.uk

Coach Outing News

Sat 14th October 2017 Windsor

You can't say the word Windsor without conjuring up images of the world's oldest and largest inhabited castle, add to this Eton College, the River Thames, quaint one-of-a-kind shops and an abundance of pubs, restaurants & cafes and you'll have a reasonable idea of the treats in-store in Windsor.

Don't forget to check page 22 each month for booking details, whom to contact and cost.

Thames Chase

Sat 2nd and Sun 3rd September

- **Harvest Home** celebrating the history of our 17th century threshing barn through drama, music and country crafts and traditions. Free admission. Enjoy a harvest supper in the barn on Saturday. Price to be arranged.

Fri 15th September - Cream Teas enjoy the traditional Cream Tea at the Forest Centre with the sounds of live classical music to enhance the enjoyment of scones

with cream and jam, cakes and a pot of tea. 2:30-4:30pm, £9 per person (booking essential).

Sat 16th September - Songs from the American Songbook if you enjoy the jazz standards made famous by singers such as Frank Sinatra, Ella Fitzgerald, Peggy Lee and Michael Bublé then this is an opportunity to join our group of friendly jazz musicians and perform the song you have always wanted to do with the Thames Chase Players. Booking is essential as places are limited. To Book (Ask for Jill's contact details to discuss songs etc.). 1-5:30pm, £18 per participant, £6 for audience.

Sun 17th September - Sunday Market these are held on the third Sunday each month and focus on local produce and local crafts. (All crafts are handmade). We aim to help the local economy by offering the freshest local produce at affordable prices. Held in the Barn, our markets stage a fine selection of local produce, with crafts stalls on view, giving you the opportunity to buy exquisite pieces of art and craft and help local craftsmen.

Sat 24th September - Guitar Workshop Thames Chase Players

continued on page 7

FED UP WITH YOUR DIRTY DRIVEWAY?

ADVANCED POWER WASH

SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory. All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan ■ 01708 445112 ■ 07889 139916

www.advancedpowerwash.co.uk

ESSEX TREE SURGEONS

Est. 25 years

Trees felled - lopped - pruned - shaped
Hedges and conifers trimmed

Free estimates

Bill Venton 01708 375052 and 07831 511666

info@essextreesurgeons.com

All work carried out by qualified tree surgeons • £2m Public Liability Insurance

MR PLUMBER

D T Moore Plumbing Services

- Trading Standards recommended Plumber.
- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David

07931 553631 mobile 01708 223561 home




Ap JOINERY

EST 20 YEARS
HARDWOOD SPECIALISTS

- Supply only or supply and install
- High quality windows, doors and conservatories
- Leaded lights and coloured glass
- Unique old-fashioned front doors

FREE FRIENDLY ADVICE • FREE ESTIMATES

01708 757675





Tudor Construction Company
SERVING UPMINSTER SINCE 1955

EXTENSIONS, CONVERSIONS, LANDSCAPING,
MAINTENANCE FREE UPVC BARGE BOARDS,
FASCIAS, SOFFITS, GUTTERING, WINDOWS AND DOORS

PHONE 01708 222330/223241
WHERE QUALITY AND SERVICE COME FIRST





ATOM
ELECTRICAL SERVICES

TELEPHONE: 01708 223669
MOBILE: 07967 603606

- REPAIRS & INSTALLATION • REWIRING
- FAULT FINDING • SHOWERS • COOKERS
- SOCKETS • LIGHTS • EXTERNAL ELECTRICS

Progressive OPTICAL

DISPENSING OPTICIAN Est. 1948

POLO
production & denmark

VOGUE

Ray-Ban

MICHAEL KORS

PRADA

Silhouette

WILLIAM MORRIS

Large Frame Selection Always Available
Most Prescriptions Ready Within 24 Hours
Budget Range From £35 All Inclusive
All Types Of Lenses Available
NHS & Eyecare Vouchers Accepted
Free Customer Parking

165 North Street, Barking, Essex, IG11 8LA
Or visit us online www.progressiveoptical.co.uk

info@progressiveoptical.co.uk
0208 594 1647 / 0160

We accept all major debit and credit cards
VISA

SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL
GAS, CENTRAL HEATING AND PLUMBING
INSTALLATION SERVICING AND REPAIRS

**BOILER REPLACEMENTS
GAS SAFETY CHECKS
LANDLORD CERTIFICATES**

New for 2014 - Service Contracts (please ask for details)

FULL BATHROOM INSTALLATIONS

TEL/FAX: 01708 221 500
MOBILE: 07956 481 819
MOBILE: 07961 151 551
E-mail: southeastheating@btconnect.com

safe
iphe
CORGI



Church View Dental Clinic

We provide NHS & Private care
Dental Implants, Invisalign, Six Month Smile, Dermal Fillers,
Flexible Dentures, Whitening, Crowns & Bridges

Call now to speak to one of our friendly staff to
book an appointment on tel: 01708 220563

Or you can visit us at www.cvdent.co.uk
34a Station Road, Upminster, Essex RM14 2TR

Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted
Misted or broken double glazed units replaced
Hinges Locks Handles replaced
Toughened / laminated safety glass fitted
All types of glass supplied and fitted
No Job Too Small. 40 Years' Experience
No Call Out Charge

Call Paul on
07958 550796 or 01708 551314
www.everythingglassltd.co.uk

THE GLASS COMPANY
SAINT FRANCIS HOSPICE
Windows & Doors

Gidley Building Contractors

- Home refurbishment specialist
- Extensions and loft conversions
- Alterations and knock through's
- Kitchens and bathrooms supplied & installed
- All general building
- Plumbing and heating, gas and electrical works
- Fully insured - all work fully guaranteed and carried out by qualified tradesmen

Your local specialist building & refurbishment contractor
Call us on 01268 566065 for a quote
e-mail: richard@boutiquedesignandbuild.co.uk

Get ready for the change! **Gidley Builders** has expanded, Visit
www.boutiquedesignandbuild.com

LOVE CLEANING 4U

Need a cleaner for your home?

No contracts . Pay by the hour
Friendly, honest cleaners

Check us out at: LOVECLEANING4U.CO.UK
and let us make your life easier!

We also provide an Ironing,
Laundry and Dry Cleaning service
with Free Collection and Delivery

Call us on 01708 445921
Or go to lovecleaning4u@hotmail.com

L. J. NICHOLLS

INTERIOR & EXTERIOR
PAINTING, DECORATING &
PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

AC PLASTERING



All Plastering
Plaster Over Artex
Specialists in Re-Skimming
Coving
Tiling



QUALITY WORK AT AFFORDABLE PRICES

Allan Carey

TELEPHONE: 01708-474-624 MOBILE: 07711-675-086

present a workshop for all guitar enthusiasts for mixed abilities. If you enjoy playing or are just learning how to play this versatile instrument, this workshop will offer an opportunity to improve your technique. Bring your guitar, some music and any questions you have for our Dominic Ashworth, renowned classical and jazz guitarist. 11-4pm, £18 per participant, £10 for under 16s and music students and £6 for Audience Members.

Fri 29th September - Thames Chase Guided Walks - Pages & Harold Court Woods. Circular walk exploring two woodlands regenerated in partnership with the Forestry Commission. The walk is around 5 miles, including a detour to view the commemorative stone to honour the victory of the local campaigners over Essex County Council who wanted to fence Tylers Common. The walk is on good surfaced footpaths and will take approximately 2 hours finishing near the Wyevale Garden Centre for refreshments. Meet in Tylers Common car park in Nags Head Lane at 10am. £3 per person. For more details visit the website www.thameschase.org.uk

Thanks for Your Support



May I thank all those who sponsored me for the recent London 10k run, I am pleased to say that I managed to finish

the course unaided(!), but more importantly, raised £635 for St Francis Hospice.

CLlr CLARENCE BARRETT

Shirley Ward Tours

Jan 2018; Wed 31st: Sunset Boulevard, Cliffs Pavilion Matinee; No coach, (but good group rate) £35 front stalls.

Feb 2018; Sat 24th: Brick Lane Music Hall: Aladdin Panto (Adults only version) Three course lunch pre Matinee Show. £62. By Coach, Licensed bar, disabled friendly venue.

The Specialist Carpet, Rug, Upholstery, Leather & Hard Floor Cleaning Co.



Mobile:
07768 667824

www.djkcleaning.co.uk

DJK offering a quality service at a reasonable price.

CALL DAVID KENDALL FOR A FREE QUOTE

DJK Cleaning Services Ltd
The Carpet & Upholstery Cleaning Specialists

Apr 2018: Fri 27th/Mon 30th: Isle of Wight Short Break; Ocean View Hotel Shanklin, H/B with two trips out/entertainment. £179.00. Cliff Path setting, overlooks sea. Pickups from: Jobbers Rest, Plough Pub and Front Lane on all trips by coach. Drop offs on way home at Bell Corner, Avon Rd, Cranham Village and Jobbers Rest: Please note, you cannot leave cars at Jobbers and Plough P.H. Please contact Shirley Ward 01708 227884 to book all trips or e mail shirley@shirleytours.co.uk

Ardleigh House Trips

Sat 30 Sep 2017 "A Royal Thames Cruise". Price £40.00 (Price includes boat ticket) A Royal cruise along the Thames because our boat is the "Queen Elizabeth" and we will cruise the stretch of the Thames often taken by Henry VIII! We arrive at Hampton Court Palace at 2.00pm where you will have free time to enjoy the river or the area. As an option, we are offering discounted entry tickets for Hampton Court Palace. Ask the Office for these prices, when booking.

Wed 1 Nov 2017 "A Grand Day at

the Races" Price £67.50. Spend a day at Kempton Park in the magnificent Pavilion Restaurant with its "Glass wall" giving panoramic views across the whole racecourse. Starting with a behind the scenes tour. Tables seat 4 or 6 so why not bring friends and have your own table. We keep the tables for the whole day so no trouble with finding a seat and the bar remains open until racing finishes. Racing will finish under floodlights and we will leave Kempton Park at 6.30pm for the journey home.

Sat 25 Nov 2017 "Christmas at Van Hage" Price £17.50. At Van Hage Garden Centre, Christmas is very special. It is one of the largest garden centres in the South East a Large Christmas department, small garden zoo, small gauge ride-on steam railway, large café serving both hot & cold meals, various alternative departments and a large indoor Ice Skating rink. Word has it that Father Christmas will be visiting as well.

Wed 6 Dec 2017 "The Ardleigh House Cruise into Christmas" Price £55.00. We now have our own, exclusive, boat due to the phenomenal popularity of this

continued on page 9

All your favourite brands are in store

We have the best choice of upholstery, dining, beds, bedrooms, carpets, rugs, flooring & curtains all under one roof.

DURESTA

Old Charm



ercol

Parker Knoll



Relyon



nathan
The Master Craftsman

VI-SPRING
Life Changing



TEMPUR
MATTRESSES AND PILLOWS

HYPNOS
THE ART OF COMFORTABLE SLEEP

VENJAKOB
Respring deck Design and Craft

dunlopillo
NATURAL COMFORT SINCE 1929

Harrison



Vale Bridgecraft
THE ART OF THE CRAFT



BRAND PRICE MATCH

We believe our prices reflect genuine value for money. Coupled with a superior level of service, free local delivery and after sales care, we are confident our brand prices cannot be beaten. If you find, from a reputable store (including online), the identical product and service package at a lower price, we would welcome the opportunity to price match.

www.roomes.co.uk

22-24 Station Road,
Upminster, Essex RM14 2UB.

Telephone: 01708 255300

ROOMES

Furniture & Interiors • Est 1888

PGM Heating & Plumbing

NO CALL OUT CHARGES - NO JOB TOO SMALL
FREE ESTIMATES - QUICK RESPONSE
ALL WORK GUARANTEED

- All aspects of Heating and Plumbing work undertaken
- Complete Central Heating/Boiler Installations/Service
- Bathroom Installation
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates



Tel: 01708 227797
Mob: 07734 228417
www.pgmheatingandplumbing.co.uk

UPMINSTER REFURBISHMENTS

THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE
SHOWROOM WITH EXTENSIVE RANGES TO VIEW
GRANITE WORKTOPS SUPPLIED AND FITTED
FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)
TOTAL REFURBISHMENT FROM START TO FINISH
PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY
GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED
ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION..

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION



Combi Boiler Repairs

Saunier Duval

Vaillant



IAN LEWIS

POTTERTON

ELIASI

Installation, Service, Repairs,
Power flushing, Insurance

01708 440581



Crusaider First Aid

Relaxed expertise you can trust



For All First Aid Training Courses
First Aid at Work, Paediatric, Sports, Emergency, A&D Courses
All certificates are accredited and last 3 years
Over 30 years experience training emergency services
For more information contact David:
www.crusaiderfirstaid.com info@crusaiderfirstaid.com
Tel: 01708 202277 Mobile: 07946 628416

M.P. Williams

Professional Bathroom & Kitchen
Installations

Plan & design, plumbing, plastering, tiling,
electrics, carpentry, painting & decorating.

For a free estimate call Matt

Tel: 01708 259696 Mobile: 07790 753850

Email: m.p.williams.bathrooms@gmail.com



GARY COE JEWELLERS
ESTABLISHED 1981



Fully equipped workshop
Diamond & Engagement ring
specialists / Bespoke Wedding rings
Engraving / Full repair service
Watch batteries / Watch repairs / Valuations
Best prices paid for your old gold

35 Cedar Avenue Upminster Essex RM14 2LN

Tel 01708 222696 Mobile 07771 802624

www.garycoejewellers.co.uk

Cranham
Dental
Centre

15
YEARS

Quality Dental Care
& Service in a Modern Family
Friendly Environment



a
healthier
smile for
life

***** New Website & Live Online Bookings *****

Inviting all New NHS & Private Patients to Join our Practice.

call 01708 228 291 now

***** www.cranhamdentalcentre.co.uk *****

reception@cranhamdentalcentre.co.uk

141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ



All building works undertaken.

All roof repairs - Flat Roofs - High Performance
Felting - UPVC Fascias & Soffits - Guttering
Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



07929 334990
01708 534411

CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371

07946 216 150

Website: www.cedar-treecare.co.uk

Email: cedartreecare@qualityservice.com

Cedar Avenue, Upminster, Essex

trip. The day starts with our coach taking us to London to board our private boat. A free glass of Prosecco awaits on our Christmas decorated boat for a 3 hour Thames cruise during which we will be served a three course HOT Christmas lunch with live entertainment. There will be free time to enjoy the Christmas market on the South Bank before re-joining the coaches for a guided tour of the Christmas Lights in London. Our tour will finish at Somerset House, where we will have a break for refreshments, before starting our journey back home. See the website: www.ardleighhouse.org or telephone 01708 440660.

No 'Hexit' for Havering!

Residents may be aware of the national interest generated by a UKIP motion to Havering Council that the borough leave the Greater London Authority (GLA) and form a Unitary Authority (ie a standalone council). The motion contained no research, no evidence that residents would be better off nor any suggestion of any consultation. A

cursory look at the consequences undertaken by the Residents' Association revealed that such a proposition would require an Act of Parliament as well as a loss of 49,000 Freedom Passes, London Weighting, Met Police, London Fire Brigade and numerous other services. While not all is perfect with the GLA, it was pointed out that the £280 precept we pay in our Council Tax only forms a small part of the Mayor of London's £12 billion budget (7%), with the rest coming from fares, fees and charges (53%) along with government grant and business rates (40%). Some readers may be reminded of the 1949 comedy film 'Passport to Pimlico', what we don't want is a sequel entitled 'Passport to Havering'. The motion was rejected by 27 votes to 10.

CLlr CLARENCE BARRETT

Queen's Theatre

The **Queen's Theatre Hornchurch's** thrilling autumn season opens with a British premiere of **Ken Ludwig's** furiously paced farce, **A Fox On The Fairway (25 Aug - 16 Sep)**. This hilarious romp combines headlong humour, exuberant

continued on page 11

ICOL SECURITY SYSTEMS

ESTABLISHED 1984

**Can you afford un-invited guests?
Before they arrive: fit a burglar alarm
FOR A FREE SURVEY-RISK ASSESSMENT
OF YOUR PREMISES**

Contact us on:

Freephone 0800 043 0835

(LOCAL 01708 226385)

Repair and maintenance of all existing alarm systems



Service is our first concern

www.icolsecuritysystems.com



HILLIS

SECURITY SYSTEMS

Established 1996

Which?
Trusted trader



DON'T WAIT TO BE BURGLER!
Protect your home with a professionally installed
WIRELESS BURGLAR ALARM

Excellent service from the very first call.

Approved by Which? & Trading Standards



Free survey & no obligation quotation

01708 250600

www.hillissecurity.co.uk



St. Laurence House, 2 Gridiron Place, Upminster, RM14 2BE

A & P HOUSE CLEARANCE

**OVER 20 YEARS EXPERIENCE
FRIENDLY & PROFESSIONAL
WORKING IN YOUR AREA**



TEL: 01277 201508 or 07974 085985

HOME GROWN HARDY OUTDOOR PLANTS

at

LONG HOUSE PLANTS

Shrubs • Perennials • Grasses • Ferns • Climbers • Bamboos

- An independent nursery with a friendly atmosphere
- Resident expert for free advice
- Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill,
Romford RM4 1LD

01708 371719 www.longhouse-plants.co.uk

Open from first weekend in March to last weekend in
September on Fridays & Saturdays 10-5, Sundays 10-4
& Bank Holidays 10-5

ESTABLISHED 1821



GATES, PARISH & CO.

Chartered Surveyors, Estate Agents, Valuers
D. J. Parish, F.R.I.C.S

**THE ESTABLISHED UPMINSTER ESTATE
AGENTS FOR OVER 90 YEARS**

- | | |
|---------------------------------|-----------------------------|
| • SALES OF RESIDENTIAL PROPERTY | • RENT REVIEWS |
| • VALUATIONS FOR ALL PURPOSES | • LANDLORD & TENANT MATTERS |
| • SURVEY REPORTS | • EXPERT WITNESS REPORTS |
| • RESIDENTIAL LETTINGS | • PROPERTY MANAGEMENT |

32, STATION ROAD, UPMINSTER Tel: 01708 250033

Fax: (01708) 220844

Website: www.gates-parish.co.uk

Chauffeur Me (Travel)

For all enquires call Darren

07947 576642

www.chauffeur-me-travel.com

Chauffeur driven in comfort
Eight Seater - Fully Air Conditioned - Privacy Glass - Satellite Navigation

Special functions
Shopping days
Night clubs
Weddings
Race days
Restaurants
Airports
Theatres
Spoil yourself days

CRANHAM ELECTRICAL LTD

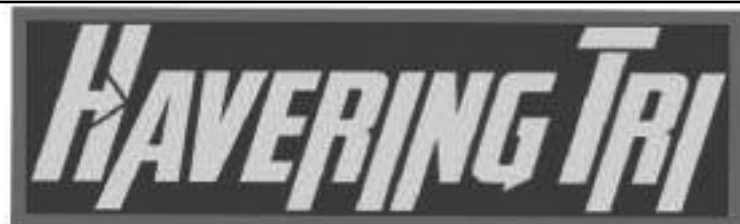
ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

- Domestic & Commercial
- Re-wires
- NICEIC Test Reports
- Fuse Board Up-grades



TEL: 01708 223046
MOB: 07710 282110
66 Moor Lane Upminster



Interested in Triathlon or Multi-sport disciplines?

www.havingtri.co.uk



@havingtri



Having Tri

Contact Kay Hamilton 07957 567915



K.A.S.

Adults Learn To Swim and Improver Lessons

www.kasuk.co.uk

Qualified ASA Teacher



Kays Adult swim



We are a friendly, modern private practice, with state of the art facilities, located in Hornchurch.

As a patient, you will receive care solely from Dr. Malcolm Stander, a talented, gentle and very experienced dentist, who has been creating beautiful smiles for over 30 years.

His special interests are in general and cosmetic dentistry and the treatment of nervous patients.

Stander Dental Care, 57a High St, Hornchurch, Essex, RM11 1TP
Tel: 01708 442888

VISIT OUR WEBSITE: WWW.STANDERDENTALCARE.CO.UK

It's like an Aladdin's cave.
S&A

WEDDING & PARTY SHOP

DECORATIONS • WRAPPING • LIGHTS • BALLOONS • FANCY GOODS •
PARTYWARE • WEDDING BOUQUETS • SILK FLOWERS • POSIES ETC

OPENING TIMES

TUESDAY, WEDNESDAY & SUNDAY 10.00 am - 4.00 pm

THURSDAY, FRIDAY & SATURDAY 10.00 am - 5.00 pm

CLOSED ON MONDAYS

Rear of High House Garden Centre,
Corbets Tey Road, Upminster Essex, RM14 2DN

01708 220802

www.partyflair.co.uk

Lawton & Stoakes



Advanced Medical
Investigations Available

- Caring for all types of pets
- Ophthalmic department
- Personalised service
- Open until 7pm weekdays
- Excellent surgical facilities
- Committed nursing team
- Interest free payment plans*



Martin P.C. Lawton
(Veterinarian) Cert. M. Sp. (UK) Cert. Adv.
Ophth. (VetB) (Ophthet), FRCVS.
D. V. N. (Registered Specialist)

Lynne C. Stoakes
(Diploma in V.C.V.)

*Terms & Conditions Apply

to make an appointment please call

01708 384444

8-12 Fitzwilliam Avenue, Harold Wood,
Romford, Essex, RM3 0QS

www.vets.gb.com



LOOK BETTER...
FEEL BETTER...
MOVE BETTER...

Pilates in Upminster & Cranham & Bulphan (Mon-Fri)

High level of supervision and correction in a small group with highly qualified teachers



Beginner Courses • Improver & Intermediate Classes • Men Only Pilates • Post Natal
Pilates for Osteoporosis • Pilates for Seniors • Pilates for Breast Cancer • Pilates Retreats



Appointments

in Upminster (Mon-Sat)

Sports/Remedial Massage

Deep Tissue/Relaxation Massage

Pilates 1:1 or 2:1

Personal Training 1:1 or 2:1

Call 07411 826721 or Book Online

www.upminstersportsmassage.co.uk



HOME CARE SERVICES

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

MEDICATION SUPPORT

COMPANIONSHIP

DEMENTIA & ALZHEIMERS

NUTRITION & DIET SUPPORT

REABLEMENT SUPPORT

SOCIAL & LEISURE ACTIVITIES

PERSONAL CARE

RESPIRE

LIGHT DOMESTIC

24 HOUR SUPPORT

HOSPITAL DISCHARGE

END OF LIFE

CONTACT US ON:

01708 301 111

or 07538 709 012

WEB: www.kareplus.co.uk/romford

EMAIL: kpromfordrm@kareplus.co.uk

**KARE
PLUS
ROMFORD**

Pinney Talfourd
SOLICITORS

A bespoke legal service tailored to your needs

Pinney Talfourd is one of the UK's leading law firms providing specialist services for individuals and businesses

www.pinneytalfourd.co.uk
E mail@pinneytalfourd.co.uk

Upminster T 01708 229444
Brentwood T 01277 211755
Hornchurch T 01708 511000
Leigh-on-Sea T 01702 418433

LEGAL 500
Lexcel

personalities and romantic entanglements. TV writer **Graham Linehan's** (*Father Ted*, *The IT Crowd*) adaptation of the much-loved Ealing classic, *The Ladykillers* follows from **3 - 21 Oct**. This side-splitting production mixes madcap comedy and criminal capers to hilarious effect. Finally, don't miss the breath-taking world premiere of **H.G.Wells'** iconic sci-fi novella, *The Invisible Man* (**27 Oct - 28 Nov**). Adapted by **Clem Garritty**, it's filled with live music, illusion and adventure. Tickets can be purchased by calling the Box Office on 01708 443333, in person at the theatre or online at queens-theatre.co.uk.

Sponsored Walk

The Rotary Club of Hornchurch & Upminster and holding their Annual Sponsored Walk on Sunday 3 September to raise funds for The Saint Francis Hospices. Starting and finishing at The Thames Chase Forest Centre, Pike Lane, Upminster, RM14 3NS between 9.00 and 10.00 A.M with parking available (Cost £2). The 6 mile walk will take place from

Thames Chase over public footpaths and bridleways through North Ockendon and Cranham Marshes with drinks at the halfway point. Adults and children are invited to take part, children under 12 to be accompanied by an adult. It is not a race - just a pleasant walk through open countryside. For details and sponsorship forms please phone Rtn. BRIAN TAFFS on 01708 250855 www.hornchurchrotary.org

Upminster Tithe Barn

The Tithe Barn, adjacent to Upminster Hall Playing Fields, Hall Lane, has a rich history going back some 500 years and is now the home of the 'Museum of Nostalgia'. There is a huge range of domestic items from the 1800s along with an array of agricultural machinery. Visitors will also be serenaded with a newly-donated record player from the 1960s. The multi-play machine came with a selection of contemporary hits and has already proved a great hit. The Barn is open on the following days (10.30am to 4pm) and entrance is free - September 2nd & 3rd, September 16th & 17th, September 30th and October 1st.

continued on page 13

R.R. CONSTRUCTION LTD

**EXTENSIONS
GENERAL BUILDING
OVER 30 YEARS EXPERIENCE
FULLY INSURED**

PLANS DRAWN & SUBMITTED TO COUNCIL
ELECTRICAL, PLUMBING, PLASTERING
GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282
www.buildingservicesupminster.co.uk

PARKDRIVE PAVING & LANDSCAPES

25 Years Experience

- DRIVEWAYS
- PATIOS
- BRICK WALLS
- FENCING
- INDIAN STONE
- TURFING

FREE ESTIMATES / PORTFOLIO

ALL WORK GUARANTEED!

01708 750209 / 07826 207310
www.haverlingpavinglandscaping.co.uk

U Upminster Osteopath & Sports Injury Clinic

41 FLEET AVENUE
UPMINSTER
RM14 1PZ

Tel: 01708 222932
www.upminsterosteopath.co.uk
email: upminsterosteopath@gmail.com

HELPING YOU WITH:

- BACK, NECK & SHOULDER/ARM PAIN
- HIP, KNEE & ANKLE/FOOT PAIN
- 'TRAPPED' NERVES
- POST SURGICAL REHABILITATION
- SPORTS INJURIES (INCLUDING KINESIO-TAPING)
- ARTHRITIS

NO CONTRACTS/OBLIGATION
NO GP REFERRAL NECESSARY
PRIVATE REFERRAL FOR MRI, ULTRASOUND WHERE APPROPRIATE RECOGNISED BY ALL MAJOR INSURERS (BUPA, AXA-PPP, etc.)

f upminsterosteopath.co.uk

Mobile Locksmiths


Specialising in all UPVC & Composite Door Multipoint Locking Systems / Handles & Cylinders

We also supply and install, all Locks, Key Safes, Mul-T-Lock Cylinders & Keys, Insurance Approved Safes, Window Locks, Security Grilles, Gates, New PAS 23/24 Insurance Approved Doors.

Office: 01708 453 168
Jamie: 07968 940 678
Ollie: 07515 519 971

ATCL LOCKSMITHS

We are approved by & have the following accreditations



Around The Clock Locks Ltd, 45 Elms Farm road, Hornchurch Essex RM12 5RH

ESSEX SUPREME CARPET CLEAN

Upminster based

Fully Insured

Carpets, Rugs, Upholstery & Mattresses
Competitive prices & Multi-room discounts

CALL DAVID FOR A QUOTE
Tel: 01708 702194 Mob: 07818 408217
email: essexscc@gmail.com
www.essexsupremecarpetclean.co.uk

- Structural & House Purchase surveys & reports
- Fire & Subsidence Damage surveys & reports
- Party Wall Awards and Schedules of Condition
- Design and planning service – domestic and commercial
- Project/Contract Management

THE EVERETT PARTNERSHIP



Chartered Building Surveyors
Building Engineers & Consultants
Planning Supervisors

The Lodge, Little Gaynes Lane, Upminster, RM14 2JB
Tel: 01708 227108 Fax: 01708 220867
E-mail: es@upminter.com



Speak the World Language School



If you want to learn a language, this is definitely the way. You can learn: French, German, Italian, Russian, Spanish, Portuguese, Dutch, Mandarin or English as a second language with our innovative teaching method based on a communicative approach. Start now or book your place for September. Please contact us on: 07801 927564

We prepare students for GCSE and A-Level exams

website: www.speaktheworld.co.uk

email: info@speaktheworld.co.uk

UPMINSTER KITCHENS & BEDROOMS

SIMPLY FINE KITCHENS & BEDROOMS

Showroom open 9.30am - 5pm Monday to Saturday
Full design and installation service

SIEMENS & NEFF APPLIANCES
BLANCO SINK & TAPS
GRANITE & QUARTZ WORK SURFACES
FREE ESTIMATES • WHICH TRUSTED TRADER

161 St Mary's Lane, Upminster, RM14 3BL
T: 01708 222250

E: info@upminsterkitchensandbedrooms.co.uk
www.upminsterkitchensandbedrooms.co.uk

ALEX ELECTRICAL CONTRACTS



- RE-WIRES
- PAT TESTING
- PART RE-WIRE
- INSPECTING AND TESTING
- FUSE BOARD UPGRADES
- FAULT FINDING

Telephone: 01708 744 226 • alexelectrical.co.uk • e: info@alexelectrical.co.uk

FAMILY
BUSINESS
SINCE 1976



NO JOB
TOO BIG
OR SMALL

A.C.E ROOFING CO. LTD

CALL US FOR A FREE NO OBLIGATION ESTIMATE

01708 227 701

THE GROVE, UPMINSTER ESSEX, RM14 2ER
WWW.ACEROOFING.CO.UK



AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials
supplied and fitted.
Satellites installed.
Aerial & dish realignment
TV extra points

www.aerialsdirect.co.uk

www.aerialsupminster.co.uk

01708 347257



Longfellers tree surgery and garden care

qualified arborists and gardeners
city & guilds, nptc

INSURED

Free estimates

Phone: 01708 641289

Mobile: 07984 524392



MBM Electrical Services Ltd



Based in Upminster/over 30 years experience

- *Full/part Rewires
- *Fuseboard Upgrades
- *Extra light/ sockets
- *Outside supplies
- *Testing/ Fault finding
- *Certificates/ Safety Report
- *Fully Qualified
- *Fully Insured

Your Satisfaction Is Our Guarantee

Tel: 01708 704142 Mobile: 07971 293569

Email: info@mbm-electrical.co.uk

Web: www.mbm-electrical.co.uk

Ransom Health & Fitness Your local Personal Trainer

Whether you are super fit or wanting to start leading a healthier, happier lifestyle, personal training would be ideal for you.

Training with me ranges from £20-40 ph

One to one training - house visits - gym workouts -
group training - workshops - pre and post natal

I have 15 years of experience and an enthusiasm for fitness, health and enjoying a fun filled life!

Call me or text on 07834 228 047

I'm based at In Fitness In Health Gym, Upminster
Book your free session specific to what you need

KUSOOM BUGH



RESTAURANT

Family run business- est 1978
Fully licensed & Air Conditioned

Opening Hours

7 days a week, incl Bank Holidays
Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm
Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT

Tel: (01708) 220038 or 222606

Multiple Birth Group

Home-Start Havering are re-launching their Multiple Birth Group. The group is for parents/ carers of multiples under the age of 5 years and is to be held once a week in Rainham starting on Thursday 7th September between 10am & 12pm. For more details and to register please call the office on 01708 455551.

Home-Start Havering is also looking for new volunteers to join our organisation and help us support families. If you (or anyone you know) have a spare 2-3 hours a week and are interested in using their life skills to help others please call the office for more information (full training provided) 01708 455551.

Check Waste Carriers

Part of the strategy in tackling fly-tippers is to beware of anyone who offers a rock bottom price to dispose of your bulky waste or rubbish. Given the high cost of landfill and disposal charges, if it seems very cheap, then don't be surprised to see the items

reappearing in a country lane or field. Moreover, if fly-tipped material is traced back to its owner they will be held responsible and subject to a hefty fine, even if they had no idea it was going to be fly-tipped. It is important that anyone offering to dispose of your waste is a licensed waste carrier. This can easily be checked on-line at <https://environment.data.gov.uk/public-register/view/search-waste-carriers-brokers>, if you haven't access to a computer, I will happily check for you!

CLlr CLARENCE BARRETT

Quiz Nights

A Quiz organised by the Upminster & Hornchurch Fundraising Group in aid of the **Little Havens Children's Hospice** in Thundersley will be held at the Crumpled Horn in Corbets Tey Road on **Monday the 11th Sep.** 19:30 for 20:00 start with tables up to a maximum of eight people. £6 each person which includes a ploughman's at the interval break. The members of the winning table receive a prize of a bottle of wine each. Bookings and any further info can be made by calling 01708 226154. A Quiz night is being held at St

The Foot Surgery

Established 2002

11A Billet Lane, Hornchurch, Essex, RM11 1TS
For appointments tel 01708 621194

Ms Meena Matharu

SRCh MChS BSc FCPodS State Registered Chiropodist/
Podiatrist & Specialist in Foot Surgery

Ms Matharu has 18 years clinical experience in Private Practice
Previously consulted for Harrods and Harley Street
In 2002 attained Fellowship in Foot Surgery

Treatments available

Nail surgery, electro-surgery and cryotherapy
Cortisone injections for pain management
Sports medicine: bespoke prescription orthotics
Comprehensive foot care for Diabetic and Arthritic patients
Routine foot care i.e. nail cutting, corn and callous treatment
Verrucae treatment



Laurence Church Main Hall on **Saturday 30th September.** 7 pm for a 7.30 pm start. Tables of 8; bring your own food and drink. Raising funds for **The Children's Society.** Tickets cost £6 and are available from Katie Bowman tel: 01708 640133.

The Friends of Upminster Mini Golf are hosting a Quiz Night to raise funds, so why not come along and have a fun evening! **Monday 16 October 2017** - 7pm for a 7.30pm start at The Crumpled Horn, 33-37 Corbets Tey Road, Upminster, RM14 2AJ. Tickets £5 per person with tables of between 4 - 8 people, bring your own nibbles. A bottle of wine for each member of the winning team. Raffle prize draw and bar. Contact: Bernice Scott Phone: 01708 640167 Email: upminigolf@virginmedia.com

Harold Wood Charity Run

A 5 mile Charity run through the beautiful parks in Harold Wood is being organised by the Harold Wood Running Club. The race will take place on 1st October. The course is on gravel paths beginning and ending in Harold Wood Park. Last year's race was a big success and this year we are aiming to raise money for two

local charities: Rainbow Trust & Romford Drum & Trumpet Corps. <http://haroldwoodrunning.club/charity-run-2017/>

Havering Antique Collectors Club

This popular and friendly monthly club starts the new season on Friday 15th September. Among the guest speakers we have Chris White - WW1 & WW2 Art, Charlie Haylock - History of Surnames, along with BBC Road Show guest speakers - Paul Atterbury in November - The Great Exhibition and Judith Miller in March - Treasure or Trash. Annual Membership is £25. Guests £4 and £7 for BBC Road Show speakers. Meeting are held 3rd Friday in the month 7.30 for 8.00 at The Neighbourhood Centre, Gubbins Lane, Harold Wood. Buses 256 & 294 stop outside. For further details contact Chairman Mrs Chris Lovett on 0794 7367 258.

Upminster CC v Essex CCC

The annual Benefit Match will take place at the Recreation

continued on page 15

HAVERING FIREPLACES & STOVES



01708
444954

Complete Supply & Installation Service
Fitting Only Service also available
Fireplace Packages / Stoves
Clearview Stove Range
Cast Iron Inserts and Fireplaces
Large selection of Marble & Limestone
Gas & Electric Fires
Qualified and Experienced Staff
Free Home Installation Survey
Never Beaten on Price

1-5 Butts Green Road, Hornchurch, Essex, RM11 2JR

E Mail - info@haveringfireplaces.co.uk

www.haveringfireplaces.co.uk

Open 10am - 5pm - Monday - Saturday



Meadowbanks Residential Care Home



Meadowbanks is a 40 bedded residential care home which specialises in dementia care.

The home is located in four acres of meadowland in Upminster, Essex.

Offers large single, fully furnished bedrooms with en-suite shower.

Proprietors: T.L. Care (Havering) Ltd
Hall Lane, Upminster, Essex, RM14 1TT
Telephone: 01708 330140
info@meadowbanks.co.uk

www.meadowbanks.co.uk



Upminster Plastering & Building Services

01708 221297 or 07765 013623

**Kitchen & Bathroom Refurbishment
Exterior/Interior Paintwork
Extensions & Alterations
Plastering & Rendering
Guttering & Fascias
Pebbledashing**

*LOCAL TRADESMAN WITH OVER
40 YEARS EXPERIENCE (references given)*

01708 221297 or 07765 013623

E-mail: upminsterplastering@gmail.com

Wall & Floor Tiling by Keith Dennis

Over 30 years experience in wall and floor tiling.
No job is too big or too small. All quotes are free.

- * Wall & Floor Tiling Contractor
- * Specialist in Ceramic, Porcelain and Stone
- * Kitchens, Bathrooms and Wet Rooms
- * Painting & Decorating Service Available

Contact me on:
Mobile: 07976 299415
Home: 01708 227371
E-mail: ck_dennis@yahoo.co.uk

The Secret to a Beautiful Lawn

GreenThumb
LAWN TREATMENT SERVICE



Contact us for your free lawn analysis and advice

01277 227988

Email: essexsouth@greenthumb.co.uk www.greenthumb.co.uk

B.K.C. ROOFING LTD

FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE
Railway Infrastructure, Commercial, Domestic

Tel/Fax: 01708 340052 Mobile: 07976 278026
Email: Barrycassbkc@aol.com

Member of the Construction Health and Safety Group
Approved contractor by Kingspan Alumasc, Bauder,
Rubber Bond, Widopan
Green roof specialists

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs
New tile roofs, slate roofs, Metal roof, lead roof
UPVC Fascia, soffit and guttering
All work guaranteed, fully insured.

Free estimate

LKB

Carpentry



**Lee's Kitchens, Bedrooms &
Carpentry LTD**

Visit my website to view my work
www.LKBcarpentry.co.uk
Upminster 07909630862



Sabrina Mercury Swimming Academy

We offer high quality swimming lessons to
children and adults of all abilities.



Oakfields
Montessori
School

UPMINSTER
RM14 2YG

Adult & Child (age 24-36 months)
Pre-School (age 3-4)
Group Lessons (age 4+)
Adult (Beginner to Intermediate)
Adult (Ladies Only)

Small class sizes - friendly and passionate approach to
teaching - ASA Qualified Teachers

07951520471
smswimacad@gmail.com
www.smswimmingacademy.com



PHIL THE DRILL **Handyman services**

Smaller home and garden DIY jobs undertaken
Harold Wood area
I am a retired engineer
CRB/DBS certificated and liability insured
07724 105715 (before 9pm)

Multiclean

House Clearance, Rubbish Removal, Cleaning, Maintenance

Why use us?

- We are a local family business, trading for over 30 years providing a friendly personal service, we can clear rooms/garages/gardens, thoroughly clean the property and then carryout any required maintenance such as decorating and repairs
- Donna, the owner has a full clean criminal record check, we feel important good practice for businesses to show customers they are honest and trustworthy
- We have a waste carriers licence (CB/GM344SHM/V002) All rubbish removal businesses must have this.
- Full or part service available including domestic cleaning, free quotes given
- We are fully insured



Contact us on 01708 701848/07954173664
Donna Sidgwick
T/A Multiclean 166 Warren Drive, Hornchurch, Essex RM12 4QU

St. Mary's DENTAL CARE

Dr Mia Rafiee & Associates
BDS (Sweden)

New NHS and Private Patients Welcome
Dental Implants now available
Modern Friendly Environment
Emergency Treatment
Cosmetic Dentistry
Flexible Dentures
Zoom Laser Whitening
Hygienist Available
Air Polish



Surgery Hours

Monday, Tuesday, Wednesday and Thursday
9.00am - 5.30pm
Friday
9.00am - 7.00pm
Every Saturday
9.00am - 1.00pm
(Hygiene only)

TEL/FAX
01708 229 330
167
St. Mary's Lane,
Upminster,
Essex RM14 3BL

We emphasise the need to preserve your natural teeth by the prevention of tooth decay and gum disease

Ground, Upminster Park on Sunday, 10 September commencing at 1.30 pm. The game is being played in aid of the Essex Cricket Foundation.

Old Chapel Open Day

As part of London Open House the Old Chapel, Upminster will be open on Sunday 17 September 2pm-5pm with regular tours of the building. Free Entrance.
<http://www.theoldchapelupminst.co.uk>

Happy 100th Birthday Vera

A Musical Celebration featuring the songs of Dame Vera Lynn, the Andrews Sisters and other war-time favourites, plus classics from musical theatre and popular music over the last century. Upminster soprano Joanna-Marie Skillett and friends from the London Guildhall Opera School will present this tribute to an inspiration and a glorious era of music at the Methodist Church, Hall Lane, Upminster on Saturday 14th October, commencing at

7.30pm. Tickets at £15 each may be obtained from Ray Hare (01708 223218).

Vanilla Bake Club

Vanilla Bake Club returns from its summer break on 18th September 2017 with a Mediterranean themed event! As usual we meet at the Old Chapel, Upminster at 6.30pm, bring your bake and join our friendly group for sharing and chat. For more information check our Facebook page, email vanillabakeclubupm@gmail.com or call Jennifer on 07940828154.

Upminster Riding for the Disabled

We are looking for volunteers who would be interested in becoming fully trained Riding for the Disabled coaches. We ride on a Wednesday during school term times. The pleasure given and received by all involved is so rewarding. Why not come and see just what we do? Please contact Stella on 01708 226930.

BOILER CHANGE

Raymond Coomer
Sarah Cordell

BOILER REPAIRS & REPLACEMENTS
PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 576292

14 Birch Crescent, Ardleigh Green, Hornchurch

01708 477146
07761 049852

PERSONAL ATTENTION FROM THE COYTE FAMILY

HAROLD WOOD FUNERAL SERVICES

0844 453 3671
24 HOUR EMERGENCY CALLS

Golden Charter Funeral Plan Specialist
£125 off with this voucher
Fees rising in April 2015

"We decided to use you because of the warm and caring reception we received"

Since 1967 in
43 Station Road, Harold Wood, RM3 8HX
Other offices in Hilldene, Collier Row and Hainault
Office hours Mondays-Fridays 9am-5pm,
Sats 10am-Midday and 10am-3pm in Hilldene

INFO@HWFUNERALS.CO.UK - WWW.HWFUNERALS.CO.UK

abacus wealth planning ltd. established 1986

for advice on mortgages
from across the market, and
all other aspects of financial planning,
speak to one of our advisers.

12 King Edward Road, Brentwood, Essex CM14 4HL
tel: 01277 219594 or 01708 229999
web: www.awpifa.com email: pmoisey@awpifa.com

authorised and regulated by the financial conduct authority, registered in England no: 2061670
your home may be repossessed if you do not keep up repayments
on a mortgage or other debt secured on it

S C R Roofing

• All flat roofing • Asphalt and felt systems • Facias and gutters

All staff fully trained, Fully insured, All work guaranteed

Contact Steve Rawles

Tel: 07971 171373

TIME TEES CARS

Upminster MOT & Service Centre
Free Local Collection & Delivery
Covering Cranham Upminster Hornchurch

**** Air Con Regas Only £49.95 ****

MOT's Only £39.95
Or
Included with Any Service

Time Tees Cars, 11 Station Road Upminster.
01708 250011. www.timeteescars.co.uk
Next to Costa Coffee!

Uppercut

multi award winning salon group

17-19 Market Place
ROMFORD
01708 765111

5 North Street
HORNCHURCH
01708 441393

2 High Street
BRENTWOOD
01277 848586

193 Manford Way
CHIGWELL
020 8500 0022

599-601 Cranbrook Rd
GANTS HILL
020 8551 2228

phone or book online for an amazing
hairdressing experience

www.uppercuthairgroup.co.uk



Make it a De Rougemont Manor Christmas this year

December Christmas Lunchtimes

Enjoy the run up to Christmas with a fantastic traditional 3 course Christmas lunch created by our talented chefs.
Served Mon - Fri 12pm - 2.30pm.

2 Courses - £15.95 3 Courses - £19.95

Festive Afternoon Tea

Enjoy a Scrumptious Festive Afternoon Tea

Spoil yourself and those you care about with an array of tasty freshly cut sandwiches, light and fruity scones and delicious Christmas Treats.

Throughout December Mon - Thurs, 2.30pm - 5pm
£15.95 Per Adult or £19.95 with a
Glass of Mulled Wine or Prosecco.

For all bookings call
01277 226 418

De Rougemont Manor
Hotel & Suites

Great Warley Street,
Brentwood, Essex CM13 3JP www.derougemontmanor.co.uk

Visit our
website to
view all xmas
menus

Locally based company in Upminster
with over 20 years' experience

THE
BOILER
REPLACEMENT CO.

Free estimates with no obligation
Associate of the Chartered Institute of Plumbing & Heating
PROFESSIONAL. RESPONSIBLE. COMPETENT.

Proud to be an ATAG Selected Partner

Call 01708 225 602 • Email: info@boilerreplacement.net • Web: www.boilerreplacement.net

ATAG
QUALITY ASSURED

REGISTERED OSTEOPATH

L GUTTERIDGE D.O (Est. 1988)

MEMBER OF THE
GENERAL OSTEOPATHIC COUNCIL (G.O.C)

- LOW BACK & NECK PAIN, SCIATICA
 - ARTHRITIS
 - WHIPLASH
 - HEADACHES & SPORTS INJURIES
- 10 HOLLAND WAY
UPMINSTER
Phone: 01708 227788
For an Appointment



Finest Indian Cuisine

Recently Refurbished

Open 7 days a week 6pm - Midnight
Including Bank Holidays
and 12 noon - 2.30pm for lunch

Take away menu available
Free Home Delivery

32 Corbets Tey Road, Upminster, RM14 2AD
Tel: 01708 222263 / 228516 / 07903 800003



Cine-Slides-Video 2 DVD

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810 www.slides2disk.co.uk

the sycamores swim school

161A Hacton Lane, Upminster, Essex RM14 2YE

We offer Parent & Baby,
Pre School & Junior Lessons
from 4 weeks-11 years
in a warm, clean pool.

Lessons are fun and structured
with experienced teachers.

Please call for more information on 07961750173
or visit our Facebook page.

FEN BUILDING AND ROOFING CONTRACTORS

All aspects of domestic building works undertaken

- Garage / loft / room / conversions
- Extensions structural opening or repairs
- Kitchen / bathroom renewal
- Property maintenance
- Flat roofs
- Chimney stack relead / repoint / remove / rebuild
- Upvc fascia soffit window works
- Valley replacements
- Any roofing repairs
- New roofs - strip and retile



Office : 01708 225295 Mob 07939 152828 or 07929 334990
E-mail: fenbuilding@ntworld.com

FREE ESTIMATES - ALL WORKS GUARANTEED

ITman in association with **Essex Age UK**

Does your computer keep saying "No"?

PC, Laptop and Network Maintenance & Troubleshooting

Home & Business Visits

Diagnosis fee £20

No Fix/No Fee

Targeting Computer Care in Havering & Essex

Web: www.itman.biz
 Answerphone: 020 8144 6937
 Mobile: 07940 138170
 Email: help@itman.biz



I'm planning now, so they don't have to later

Plan ahead now and pass on peace of mind with a Funeral Plan.

To find out more contact:
Austin Chapel Independent Financial Advisers LLP
 Suite 4 St Laurence House
 Gridiron Place, Upminster,
 Essex RM14 2BE
Call 01708 220816

in association with
Golden Charter
 Funeral Plans



Brass Band Concert



On **Saturday September 30th** Pavilion Brass are holding a concert in **aid of St Francis Hospice**. The programme consists of light popular music, including some tunes to sing along to and even wave flags. Tea, coffee and cakes are provided, for a donation, plus a raffle and lucky programme prize. It is being held at Collier Row Community Centre where there is a bar for those who enjoy a drink. The concert is from 7.30 - 9.30 but come from 7.00 to buy raffle tickets, find your seat and perhaps buy a drink from the bar to take in with you. See poster for details. Last year the concert was really well received and many people asked the band to make it an

annual event. Over 160 people attended raising in excess of £1000. This year the band hope to increase this figure while the Hospice are organising a corporate sponsor who will double the amount the band raises. Photos of the band and the audience from last year are attached. Tickets are only £4 each and are available from Glinette on 01708 345 887 glinettewoods@btinternet.com

Christmas at De Rougemont Manor

We know it sounds crazy to start thinking of Christmas (although the way time is flying it is)!! De Rougemont Manor in Brentwood is filling up fast for all their spectacular Christmas events. They offer a whole range of events such as Christmas & Boxing Day Lunch, New Year's Eve Gala, December weekday Lunches & Afternoon teas, and ultimate party nights. They really do have something to suit everyone! Give them a call on 01277 226418 and see what they can offer you! After all we need something to look forward to!!

The Wesley Players

"Trap for a Lonely Man" by Robert Thomas. Set in an isolated chalet in the French Alps this is a gripping psychological thriller about a man who has apparently lost his wife and is rapidly losing his mind. Daniel Corban is visited by a priest who claims to have found Mrs Corban, who is repentant, and wants to return to her husband. When she arrives he is outraged to discover she is a stranger although she insists she is his wife. But when the police and other witnesses seem to confirm her identity, Daniel believes he is facing some sort of conspiracy. There is a large inheritance at stake, but who is telling the truth and to what length will a person go to distort the facts? Tension and mystery are sustained to the final moments. Performances on Thursday, Friday and Saturday - 28, 29 and 30 September 2017. Curtain up at 8.00 pm. Tickets in advance from the Box Office 07708 214742 (phone or text) or email tickets@wesley-players.co.uk. Senior citizens admitted free on Thursday and Friday evenings. Wesley Hall, Upminster Methodist Church, 10 Hall Lane, Upminster RM14 1AE.

LOCAL FUTURE EVENTS SEPTEMBER

- 8 Friday - **RSPB Havering Local Group 8** Indoor Meeting - EWT Hanningfield Reservoir Tonight we welcome Bill Godsife, Essex Wildlife Trust Warden at Hanningfield Reservoir. His illustrated talk shows us the work and wildlife around the reserve. Doors open at 7:30pm, meeting commences at 7:45pm and ends at 9:45pm Admission; £3.00 per person. All meetings take place upstairs in the Meeting Room at Hornchurch Library, Hornchurch.
- 10 Sunday - **OASIS - A 'disability-friendly'** meeting for adults at Cranham Baptist Church, Severn Drive. A traditional Sunday Service is not for everyone! Oasis meetings are accessible, friendly and informal. We will be having a Meal followed by a Harvest Service to thank God for all His blessings. If you are interested in coming please contact the Oasis Team on: 01708 223551 or 07714 853545.
- 11 Monday - **Havering Branch Essex Wildlife Trust** Meetings are held in the 1st floor meeting room in Hornchurch Library from 8.00 pm to 9.45 pm. Joan Pinch - an illustrated talk about the History and Wildlife of Tiptree Heath which is the largest heathland in Essex, it is common land first recorded in 1401. Donation of £2.50 to help cover hall hire, this includes tea, coffee and biscuits. Contact the Secretary Joy Emerson on 01708 440297.
- 12 Tuesday - **NADFAS (Havering)** welcomes Ms Deborah Lambert with a talk on 'The Remarkable Collection of Isaac and Moise de Camondo'. Lecture 10.45am Coffee from 10.00am. Visitors welcome at £8. Meetings are held at The New Windmill Hall, St Mary's Lane, Upminster RM14 2QH. Further details of forthcoming lectures and events can be found at www.haveringdfas.org.uk
- 12 Tuesday - **Upminster Camera Club** - Member's Evening "Tribute to Peter Crane & Golden Oldies Prints from Members". Cranham Community Association, 115a Marlborough Gardens, Upminster, RM14 1SR. 7.45pm. www.upminstercameraclub.org.uk
- 13 Wednesday - **Nelmes Women's Institute** meet on the 2nd Wednesday of every month and welcome new members of all ages. Meetings are held at Nelmes United Reformed Church Hall (corner of Nelmes Road and Burntwood Avenue, Hornchurch, RM11 3JA). Meetings start at 2 pm promptly. Please contact Ruth

continued on page 19

REMEMBER HOW YOUR CONSERVATORY LOOKED WHEN NEW?

Restore your conservatory to that 'just new' look with specialist cleaning

We also clean all aspects of UPVC windows, doors, frames, fascias and eaves.

with prices starting from as low as **£175.00**

The UK CONSERVATORY CLEANING Company



- Complete roof wash and hand polish
- All framework and glass cleaned inside & out
- Decorative mouldings cleaned
- Full Public Liability Insurance

01277 790173
for a genuine FREE "NO OBLIGATION" QUOTE

Email: enquiries@ukccc.co.uk
www.ukccc.co.uk

CRANHAM GARAGE

M.O.T & SERVICE CENTRE

www.cranhamgarage.co.uk

****M.O.T TESTING****
****VEHICLE SERVICING****
****VEHICLE REPAIRS****
****VEHICLE DIAGNOSTICS****
Up to 40% Cheaper than main dealers

38-40, FRONT LANE, CRANHAM, ESSEX, RM14 1XW

TELEPHONE: 01708 221704
E-MAIL: bookings@cranhamgarage.co.uk

TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS

Call : Gary or Liam

DOUBLE GLAZING



REPAIRS
Broken, Misted,
Sealed Units
Handles, Rollers
Hinges, Locks etc.



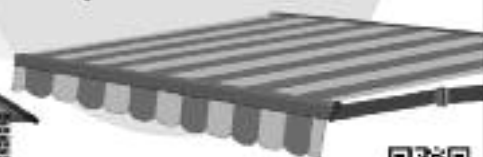
weatherbesthornchurch.co.uk

Fully Guaranteed
Telephone 01708 437174

New Window & Door Installations
OAP Discount
EST 1989



Interior blinds
Roller shutter garage doors
Sun awnings
Sun awning recoveries and repairs
Security shutters



Based in Navestock. Visit the website www.drathmore.co.uk
Tel: 01708 755667 Email: sales@drathmore.co.uk

MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING
IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD
PART EXCHANGE AVAILABLE OAP DISCOUNT
ALL WORK GUARANTEED. 38 YEARS EXPERIENCE



PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695
www.mobilesewingmachinesrepairs.co.uk

A C DECORATORS • Upminster & Essex

All types of interior & exterior decorating
at competitive rates

Free estimates and advice

Tel: 07868 300376 Email: alanlcalder@gmail.com
See what my customers say - www.checkatrade.com/ACDecorators

IN DOORS LTD

Local Manufacturers

KITCHEN & BEDROOM SHOWROOM

Supply only, or Supplied and Expertly Fitted, Design & Planning

REPLACEMENT

Kitchen & Wardrobe Doors

Vinyl-Gloss Slab, Handleless Matt Finish
Painted Solid Wood-BS/RAL- Farrow & Ball colours

WORKTOPS - Laminate/Granite & Quartz

Most Appliances available - Blanco, Neff,
Siemens, Bosch, Belling etc.

HANDLES - Large range Inc. SWAROVSKI
Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory

Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm
Tel: 01708 671199

Units 5-7 ARCAN ROAD, S.OCKENDON RM15 5SX
Email: info@indoorsessex.co.uk

No appointment necessary

NEW ENTERPRISE

PEST CONTROL

01708 224419

RATS MICE COCKROACHES

WASPS BIRDS FLEAS ANTS

MEMBERS OF THE N.P.T.A.

OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED

FREE SURVEYS

LOCAL COMPANY

111 AVON ROAD

UPMINSTER



My Home Maintenance Services

Garden Landscaping & re-shape
Hedge-cutting & pruning
Grass cutting & lawn maintenance
Driveway & patio cleaning
Gutter cleaning
Painting interior & exterior
Re-stain fencing & decking areas

Fully insured - competitive rates - Local
For further information call us on
Home 01708-229946 Mobile 07904204417

AquaTech

HEATING & PLUMBING TECHNICIANS

PLUMBING, HEATING & BATHROOMS,
GAS BOILER INSTALLATION, REPAIRS & SERVICING,
TAPS, TOILETS, TANKS, CYLINDERS ETC.

24 HOUR EMERGENCY SERVICE
NO JOB TOO SMALL - NO CALL OUT CHARGE

A PROFESSIONAL, RELIABLE AND FRIENDLY SERVICE

Tel: 01268 963290 Mob: 0750 315 3480



Email: info@aquatech.org.uk

Web: www.aquatech.org.uk

CITY & GUILDS QUALIFIED TRADESMAN



GAS SAFE REGISTERED

Gardening and Domestic Handyman

In need of an honest local handyman?

Contact David anytime 07790 927926 or 01708 227535

d.gardenandhome@btinternet.com

All quotes free, OAP discount on all jobs

Not qualified, just a good handyman.

All tools supplied.

20 years experience

Fully insured,

References available on request.



Garden maintenance includes:

Mowing, Turfing, Pruning, Paving, Gutters cleared,
Garden clearance, Hedge trimming, Planting
Tree and shrub removal Fence and shed re-sprays
Patio/conservatory power-washing.

Anything else, just ask.....no job too small

Domestic services:

Painting, Tiling
Furniture assembly.

Laminate flooring.

Wall hung cabinets fitted

Anything else, just ask!

Probably the best kept secret in Upminster

MDF Doors Ltd has been supplying kitchens & bedrooms for over 25 years. Under new management and with state of the art woodworking machinery we can bring your design ideas to life. Carcases, doors, worktops, handles, helpful advice, **probably everything that you need.** It's where the trade goes but we are open to the public as well. Open Mon-Friday 8am to 5pm and 9am to 4pm on Saturday: Westbury Farm, 439 St Mary's Lane, Upminster. RM14 3NU. About 300mtrs from the junction with Pike Lane. Phone 01708 227273

McDougall on 01708 448431 or Ruth.wellwisher@gmail.com for further details.

- 14 Thursday - **Upminster and Cranham W.I.** are looking for new members. We meet in the St. Laurence Hall (next to the Library) in Upminster on the second Thursday in the month. Doors open at 1.30 pm for a 2 pm start till 4 pm. We have talks on a wide range of subjects. We have lunches, afternoon teas, Outings and more. Why not come along and give us a try and meet new friends. For more information please contact President Margaret Reynolds on 01708 471977.
- 15 Friday - **Havering Antique and Collectors Club** meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood, Ann Wilmore - Antiques Quiz with items to identify. Starting at 7.30 pm for 8 pm start. Guests £4. For further details please call our Chairman Mrs Chris Lovett 07947 367258.
- 19 Tuesday - **Upminster U3A** Isla Johns, Senior Innovation Manager, Save the Children. "The Work of Save the Children in the U.K." University of the Third Age - meets at 1pm on the third Tuesday monthly in the New Windmill Hall, St Mary's Lane, Upminster. Doors open at 12.30pm. For further information about membership and current interest groups, come along to a meeting for free or check out our website www.u3asites.org.uk/upminster.
- 19 Tuesday - **Cranham Engayne W.I.** welcomes new members and visitors. Meetings held on the 3rd Tuesday of each month at 2 pm to 4 pm at the Cranham Community Centre, Marlborough Gardens.
- 20 Wednesday - **Hornchurch Harmonies W.I.** meets on the 3rd Wednesday of every month (except August) between 7.30pm - 9.45pm at Havering Indoor Bowls Club RM11 1JU. Visitors fee £3.50 includes tea and cake.
- 21 Thursday - **Upminster Wine and Social Club** meet on the third Thursday of the month at 8 pm in the Cranham Social Hall, Front Lane, Cranham. We hold meetings every month with a variety of speakers and wine tasting. For more information contact Maureen Jasper on 01708 223956, or simply come along on the night. You will be most welcome.
- 25 Monday - **Breathe Easy - Havering** meet at St Andrews Church, Hornchurch, in aid of the British Lung Foundation on the last Monday of the month. The meetings run from 1.30 - 3pm, £3 donation is appreciated. We are a support group for people with COPD, Asthma or other Breathing Difficulties. For details please ring Joyce on 01708 226696 or Elaine on 01708 509127.
- 27 Wednesday - **Upminster Park Towns Womens Guild** meet on the fourth Wednesday of every month at 2 pm to 4 pm in Derham Hall (behind Upminster Library), Upminster.

Afternoon tea, talks and outings amongst a friendly group of ladies, all most welcome. For more information contact Deborah Pryor on 01708 226127 or Ann Monk on 01708 226305 or simply come along.

27 Wednesday - **Upminster and District Probus Club** meet at The Cranleigh, 84 Station Road, Hornchurch, RM12 6LX. Leonard Taphouse "Oh What Fun it is to be a Lecturer". Contact Barry on 01708 703783 and leave a message or send an email secretary@upminsterprobus.com.

30 Saturday - **RSPB Havering Local Group Coach Outing** - SWT Rye Harbour NR, An interesting area with varied habitats; sea, sand, shingle, pits and grasslands. Possible sightings at this time of year are autumn migrants and an array of wildfowl, water-rail, bitterns, etc. To book contact Mike Hughes 01708 250585 E-mail: mikeboy15@gmail.com. Seats £18.00 each. Please book before: 22 September

OCTOBER

- 3 Tuesday - **Upminster Camera Club** - Malcolm Imhoff FRPS FACI(M) "An Audio Visual Journey". Cranham Community Association, 115a Marlborough Gardens, Upminster, RM14 1SR. 7.45pm. www.upminstercameraclub.org.uk
- 3 Tuesday - **Ogthorpe Women's Institute** The subject this evening will be "How to use Essential Oils in everyday Life" and the guest speaker will be Joanne Hunt. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL on the first Tuesday of every month at 7.45 pm. Visitors are always welcome.
- 4 Wednesday - **Harold Wood Evening W.I.** meet on the 1st Wednesday on the month at the War Memorial Hall in Gubbins Lane 7.30 pm for 7.45 pm start. Our September speaker is Author Ruth Duggall. Visitors welcome entrance is £2.50, which includes refreshments. For more details please ring Joanne on 0787 5670419.
- 7 Saturday - **The Havering Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. This month the talk is 'Essex a Diocese, Chelmsford a Cathedral. How on Earth!' (A fascinating story of how it did happen), with Tony Tuckwell. The Internet & Technology Group meet at the same venue 11am - 1pm. Teas and coffees can be purchased. Members and visitors welcome to either or both.

ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New lawns, Garden Lights, Brickwork, Garden Design, Steps, Block Paving

Phone: 01702 258445 Mobile: 07814 940335
Punchbowl, Chureland, Pogoesham, Essex, SS4 2DP

www.anglepaving.co.uk

email: angle.paving@o2.co.uk

Fleet of Foot Podiatry and Chiropody

Thickened nails, fungal nails, in-growing nails, corns, callus, dry cracked heels, claw, hammer or mallet toe lesions, verrucae and warts, dermatological conditions, fungal infections, achilles tendonitis, bunions, plantar fasciitis, heel pain, metatarsalgia, morton's neuroma, leg length discrepancy, foot pain, ankle pain, knee pain, hip pain, lower back pain, shin pain, sports injuries, walking, running and gait disorders, gait analysis, insoles, orthotic therapy, custom orthosis, paediatric conditions, systemic conditions, annual diabetic foot checks.

By appointment only, please book online through our website, alternatively leave a message by answerphone, text or email, and we will call you back to arrange an appointment as soon as we are out of clinic.

Fleet of Foot
53 Bridge Avenue,
Upminster,
RM14 2LP

01708 535475
07954 655588

www.fleetoffoot.co.uk
contact@fleetoffoot.co.uk

Greg Kilner
Podiatrist / Chiropodist
BSc Pod Med
HCPC: CH34225



Construction and Landscaping specialists

13 Juliet Way, Purfleet Industrial Park,
Aveley, South Ockendon RM15 4YD

t: 01708 545 110

e: info@milbarnconstruction.co.uk
w: www.milbarnconstruction.co.uk



Specialists in Home Extensions
• Refurbishment • Renovation
• Improvement • Maintenance
• Alterations • Decoration
All aspects of Landscaping & Groundwork
Chimney Breast Removal
£5,000,000 public liability insurance
Residential and Commercial work
Fully Qualified Tradesmen

"experts in the construction industry..."



Right Equity Release

Ensuring you choose the Right Equity Release

Are You a Home Owner aged over 55?
Have you ever considered releasing the money in your home to...

- Pay for Home Improvements
- Debt Consolidation
- Luxury Holidays

For more information

Call: 0800 6127362

Mob: 07964 282678

Kevin.hull@therightequityrelease.co.uk

The Right Equity Release Ltd which is authorised and regulated by the Financial Conduct Authority Registered in England and Wales No. 07166676

BF Mulley & Son

Incorporating Horwath Fry



Chapel of Rest | Home Arrangements | Distance No Object
World Wide Repatriation | Ample Client Parking | Memorials

Family Owned Funeral Home
24 Hour Funeral Service



25-4 St. Mary's Lane Upminster RM14 3DH Tel: 01708 220330
28 High Street, Hornchurch RM12 4UN Tel: 01708 442145

www.bfmulleyson.com email: funerals@bfmulleyson.com

UA

Upminster
Accountants

Chartered Accountants
for individuals
small businesses
and charities
in Havering, Essex and the City

accounts, tax returns, VAT, payroll, fixed fees, secretarial,
start-ups, incorporation, independent examinations, personal
and business tax

FREE COMPANY FORMATIONS FOR NEW AND EXISTING CLIENTS

a member of the
ICAEW Business Advice Service



contact Daniel Gricks for a free consultation
and/or quotation on **01708 225768**
daniel@upminsteraccountants.co.uk
www.upminsteraccountants.co.uk



ITS FIRE & SECURITY
Trading name of
Day2Day Fire & Security Ltd

- Intruder Alarms
- CCTV Systems
- Fire Alarm & Emergency Light Systems
- Fire Extinguishers
- Door Access
- Home Automation
- Smoke Fogging Systems
- Safes

MONITORED AND MAINTAINED ALARM OPTIONS AVAILABLE INCLUDING
POLICE REGISTERED SYSTEMS.

REPAIRS AND MAINTENANCE TO EXISTING ALARM SYSTEMS.

BT REDCARE, DUALCOM & SAVANT APPROVED INSTALLERS

PHONE FOR NO OBLIGATION QUOTATION

0300 303 2536 or 01708 221 001

www.its-home-security.co.uk or rob@itsfire.co.uk



**Garden Services, Estate Management
& Tree Surgery**

Honest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus
Jet Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

Over 25 years
experience, NPIC
qualified & fully
insured

Visit our website for more info!

www.ajbgardens.co.uk

Or call us on **01708 228886 / 07875 557378**



D.G. PLUMBING SERVICES

All Aspects of plumbing undertaken
Specialist in condensation problems
Bathroom Installations radiators pumps
Breakdowns in heating
Free Estimates



00033393

01708 220994 07977 214541
52 The Grove Upminster RM14 2ET

Upminster Fencing Limited

Family Run
Business

Established
Since 1994

SUPPLY & FIT - ALL REPAIRS CARRIED OUT

PRESSURE TREATED PANELS - FREE ADVICE & QUOTATIONS

MONDAY-FRIDAY: 7AM-4PM

SATURDAY: 8AM-12PM

01708 225599 - 07831 281590

UPMINSTERFENCING.CO.UK

ADMIN@UPMINSTERFENCING.CO.UK



Upminster Fencing,
Mardkye Works,
St Mary's Lane,
Upminster,
Essex,
RM14 3PA



V Martin Legal Services & Notary Public

Arundel Business Centre, 49 Station Road, Harold Wood, Essex,
RM3 0BS

Free 30 Minute Consultation

either in person or over the telephone.

Do you have an issue that requires our assistance in
any of the following areas of law?

- Wills
- Asset Protection
- Tax Planning
- Trust and Estates Administration
- Court of Protection
- Powers of Attorney
- Probate

We offer a **free 30 minute consultation**, where we will
provide you with any relevant information and
advise you on any aspects of our specialisation.

Call us on 01708 375051 to make an appointment!

We offer home visits by appointment only.



**Welcoming our new
Headteacher,
Mrs Katrina Carroll**
(former Deputy Headteacher
at Ardleigh Green
Junior School, Hornchurch)
to Oakfields.



**Oakfields
Montessori School**

A co-educational pre-school for
boys and girls aged 2-11 years

www.oakfieldsschool.co.uk

**LIMITED PLACES
YEAR 3**

(secondary pathways
to top tiered schools)

Harwood Hall, Harwood Hall Lane, Upminster RM14 2YQ
01708 220722
www.oakfieldsschool.co.uk

WELLS SOLICITORS

FAMILY LAW

Quality Advice and Caring Service

**Fixed Fee Divorce and
Advice Appointments available**

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection



01708 251 560

Suite 1, Essex House, Station Road, Upminster RM14 2SJ

info@wells-solicitors.co.uk

SEE THE NEW LOOK MENSWEAR AND LADIES FASHIONS

Favourite Brands Including



plus many more

f RoomesFashionAndHome @RoomesFashion

41-49 Station Road, Upminster RM14 2SX

Telephone (01708) 250080

www.roomesfashionandhome.co.uk

ROOMES
fashion & home

Friends of Upminster Mini Golf

The next meeting of the Friends Group will be on Thursday 21st September (7.15pm) at the Cranham Community Centre, Marlborough Gardens - all welcome. For further information, please contact Clarence on 07863 116029.

Lower Thames Crossing- Stop Press

Upminster Councillors Linda Hawthorn and Ron Ower have met up with Highways England (Councillor Linda Van den Hende was unable to attend due to Mayoral duties) several times. On the 31st July, a number of residents from North Ockendon also joined them to discuss Highways England proposals and look at alternatives, in particular from local residents. Sadly, accommodation was limited and we could only have around eight local residents. With this in mind as we go to press, Highways England are looking to have a drop-in session in North Ockendon. We will advise residents of this and also on our web site. We have also asked Highways England to have a drop-in session in Upminster.

Abigail's Column



School holidays
The national news has been reporting about a school that has

shortened the summer break and added the week to the October half term instead. This has been done to help book cheaper holidays. It is with good intent but it is not a great idea.

Holiday companies will soon catch on and increase prices then too, if schools stagger the break it makes for more expensive holidays at more times during the year not just the summer. Half terms are already more expensive so it will make little difference. It will also not help if other children are at school that stick to the original 6 week break and 1 week half terms.

My main thought though is why is a school arranging holiday time around cost of holidays rather than the best educational interests of the children. What is wrong with our world that money comes first. Leave the school holidays alone unless it helps education to have them moved.

Greenwood ARBORICULTURE

Professional Independent Tree Consultancy

Tree Condition Surveys & Risk Assessment Reports / Decay Detection & Aerial Tree Inspections
Development Surveys & Reports to British Standard 5837:2012 / Tree Preservation Orders
Reports for Homebuyers / Reports on Tree Related Structural Damage & Tree Law
Oliver Tong NID Arb Tech ArborA Lastra Professional Tree Inspector

Tel: 07795 480270 / 01708 507454
Email: info@greenwoodarboriculture.co.uk
Web: www.greenwoodarboriculture.co.uk

DYE THIEF

**SUPPLIED AND FITTED BY
RETIRED POLICE OFFICER**

FROM ONLY £149.00

CALL

07460 739 742

Yale Alarm Kit
Supplied & Fitted
from £149

Secure your home,
Protect your family.



facebook



WWW.DYETHIEF.COM



THE KEN RHODES GROUP LIMITED

THE LOCAL DOUBLE GLAZING & CONSERVATORY SPECIALISTS

**WE PRIDE OURSELVES ON HONEST PRICES, FRIENDLY EXPERT ADVICE AND
UNRIVALED CUSTOMER SERVICE**



CALL NOW FOR YOUR FREE NO
OBLIGATION QUOTATION
01708 227777
WWW.KENRHODES.CO.UK

193 ST MARYS LANE, UPMINSTER, RM14 3BU





Upminster Fascias, Soffits & Guttering



- Fully Insured
- Free Estimates
- 15 year Guarantee
- Free advice and quotations
- 27 years' experience
- Will beat any written quotation
- EPDM Rubber roofing



Office: 01708 225910 Mobile: 07747386321
Email: upminsterfasciasandsoffits@aol.co.uk

ASSOCIATION COUNCILLORS:

Upminster Ward:

Linda Hawthorn 225451
lindahawthorn@hotmail.co.uk

Ron Ower 07721 780372

clrronower@yahoo.com

Linda Van den Hende 223761

Cranham Ward:

Clarence Barrett 07863 116029

cllrclearancebarrett@yahoo.co.uk

Gillian Ford 641317

councillorgillian.ford@havering.gov.uk

June Alexander 227092

councillorjune.alexander@havering.gov.uk

ASSOCIATION CONTACTS:

Editor:

Bruce Nicholls 07505 289568
bulletinra@yahoo.co.uk

Commercial Advertising:

Ron Ower 07721 780 372
bulletinra@yahoo.co.uk

Upminster Organizer:

Chris Wilkins
(07960 059 195)

wilkins@e-account.fsnet.co.uk

Residents' Association Website:

Cllr Clarence Barrett
(07863 116029)
www.ucra.co.uk

Well Done Ken Hay

Well done to Upminster resident Ken Hay who scooped £6,000 in the St Francis Hospice summer raffle just a few days before his 92nd birthday. Even more impressive is that Ken is a Normandy veteran and served in the Dorset Regiment. A long-time supporter of the Hospice, we wish Ken a happy 92nd birthday!

Cllr CLARENCE BARRETT

Murder Mystery Evening

The Friends of Upminster Windmill are pleased to advise that they will be holding a "Murder Mystery Evening" performed by the Ad Hoc players entitled "Death on Delivery". Sat. 21st October 2017, North Street Halls, Hornchurch starting at 7.30pm. Tickets £10-00 each from

Article & Advertising Submission Deadlines
Articles - 1st Month/Advertising - 3rd Month
Copy to be received on or before the above dates one month prior to the publish date. Please note that submitting an article does not guarantee publication. Email bulletinra@yahoo.co.uk

EXPERIENCE THE EXCITEMENT OF FLYING!

Book now for an exciting Air Experience Flight with North Weald Flight Training Ltd, flying from historic North Weald Airfield!

You'll get a full safety and cockpit briefing from your CAA licenced instructor after which you'll buckle up and take to the skies. With your instructor close at hand you'll have the chance to take the controls and make the aircraft climb, turn and descend over the Essex countryside.

Whether for yourself, a gift for someone, or even the first flight on your journey to becoming a pilot, this experience is a must!



Prices are just £149.00 for one hour or £79.00 for 30 minutes.

Contact: Paul Bazire
Mob 07555 323111
Office 01992 522090

Further details and booking:
northwealdflyinggroup.co.uk/experience

Peter Scott on 01708 227259 including a supper. Bring your own drinks.

Talk on Local Plan

The Cranham Residents' Association meeting for September will feature an update on the Local Plan, the consultation process, how it impacts on the Green Belt, the number of houses to be built and all planning considerations for the next 15 years. The meeting will be held at the Cranham Community Centre, Marlborough Gardens on Thursday 14th September (7.15pm). All welcome.

Cllr CLARENCE BARRETT

Here to Help Your Organisation?

With your generous support, we are pleased to be able to help numerous local organisations and voluntary groups this year with some financial support. We are still very keen to continue this practice and would be pleased to hear from any community group, organisation or individual whose

work in the community could be enhanced through some additional funding. At our AGM next year, we will be dedicating the meeting to the many volunteers and organisations who do such great work in the community of Upminster and Cranham. Should you wish to enquire about a funding application, please contact any of your councillors.

Cllr CLARENCE BARRETT

DIARY September

6 Wednesday **Upminster Ward Meeting** at Joseph's Social Centre at 7.30 pm

14 Thursday **Cranham Ward Meeting** at Cranham Community Centre, Marlborough Gardens at 7.15 pm

Coach Outing

Windsor on Saturday 14th October
Leaving Bell School Upminster at 9am after usual pick-ups. Something for everyone in this historic town. Tickets £15.00 From Mrs Joan Carroll (tel: 01708 937579) from Monday 4th September between 7pm and 9pm please.

Atlantic

Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman

Our windows are fantastic value for money

Great choice of high security composite doors

Beautiful conservatories with self cleaning glass roofs

All our work is fully guaranteed

Call us now for a **FREE** no obligation quotation

Tel: 01708 480004

or email bulletin@atlanticglazing.co.uk
visit our website www.atlanticglazing.co.uk

Orchid Montessori Nursery School



Montessori Nursery in Gidea Park

2 Sessions 9.00 - 12.00. 12.00 - 3.00 for 2-5 year olds.

Fully Qualified Staff.

**St Michael's Church, Hedley Rooms,
Main Road, Gidea Park, RM2 SEL**

Government funded Free Places

available now for 3 & 4 year olds.


Secure outdoor play area. Affordable Fees.

Come and See for yourself

01708 722964 www.orchid-montessori.com



OLDHAM LANDSCAPES
SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION
DRIVES, PATIOS, BRICKWORK, PLANTING, TURFING, FENCING, DECKING, PERGOLAS,
PORTFOLIO ON FACEBOOK UNDER OLDHAM LANDSCAPES
01708 225279, 07973 911893



Richard Bull Upholstery
RE-UPHOLSTERY SPECIALIST
SPECIALISTS IN BRIDGE-CRAFT, CANTIQUE, COOPER, ETC. OF
ESSEX FURNITURE, GUY RUGGERS, MINTY, PARKER KNOLL
AND OTHER QUALITY MANUFACTURERS
EXTENSIVE RANGE OF QUALITY FABRICS
FULL REPAIR SERVICE, CUSHIONS REFILLED & REFURBISHED
FREE ESTIMATES WITHIN THE COUNTRY - PROFESSIONAL SERVICE
WE COVER ALL AREAS OF THIS DIRECTORY INCLUDING
ROMFORD, HORNCHURCH, ILFORD, UPMINSTER, LOUGHTON ETC.
HORNCHURCH 01708 455 424
www.richardbullupholstery.co.uk



the Upminster Sanctuary
COMPLEMENTARY HEALING & TEACHING
**Pregnancy and Early Years
Open Day - 7th October**
PLEASE JOIN US FOR:
Help and advice on how
complementary therapies can help
you from conception, throughout
pregnancy, labour and into your
child's early years. Our team of
professional therapists will be on
hand to discuss any questions you
may have.
Please call for further information.
Here To Help You Feel Amazing During and After Pregnancy
Pea Lane, Upminster, Essex, RM14 2XH
01708 251124 / www.healingandteaching.co.uk



PATCHETT'S LTD
REMOVALS, STORAGE & DELIVERIES
Domestic & commercial
Local & long distance
Free estimates & Insurance
Container storage
Family business since 1962 01708 224968
Movers House, Front Lane, Crunham, Essex RM14 1XL
www.patchettsremovals.co.uk

ADVERTISE YOUR BUSINESS HERE
Delivered to over 19,000 homes
Contact **RON OWER**
Telephone: 07721 780372
E-mail: bulletinra@yahoo.co.uk




DIANE MATTHEWS
CLINIC
01708 727239
Janice and Diane specialise in **permanent hair removal**
for white hairs, grey, blond and dark hairs,
for fair skin, Asian skin and darker skin colours
Other treatments eliminate:
Facial Thread Veins and Spider Naevi
Skin Tags, Common Warts and Veruccas
See website for video of treatments
Having worked over 25 years both privately and in the dermatology dept of
Oldchurch and Queens Hospital our expertise is second to none!
186 Brentwood Road, Romford, RM1 2RT Book free consultation
www.dianematthews.co.uk now - worth £35



Pinney Talfourd
SOLICITORS
Services for families
Divorce and Separation
Financial Issues
Children Disputes
Cohabitation
Civil Partnerships
Collaborative Law
Pre and Postnuptial Agreements
www.pinneytalfourd.co.uk
E mail pinneytalfourd.co.uk
Upminster T 01708 229444
Brentwood T 01277 211755
Hornchurch T 01708 511000
Leigh-on-Sea T 01702 418433
LEGAL 500
LEADING FIRM 2015
resolution
The family team are all members of Resolution. Legal Society panel membership available to individuals. Please see our website for details.

LOCKSMITHS
Emergency call out
All locks opened, supplied & fitted
MLA approved locksmiths
UPVC door lock specialist
New doors supplied & fitted, safes opened
New safes supplied & fitted
Free quotes - no call out charge
Tel: 01708 640699, mobile: 07890 920 258

TERRY LOWRY
PAINTER AND DECORATOR
CITY & GUILDS QUALIFIED
ALL INTERIOR & EXTERIOR WORK UNDERTAKEN
VERY COMPETITIVE PRICES
INCLUDING 10% OFF FINAL QUOTE FOR PENSIONERS
10% OFF FINAL QUOTE FOR 2 ROOMS OR MORE
PHONE: 01708 227365
MOBILE: 07526 785946
EMAIL: t.lowry1@sky.com



THE CURTAIN TRACK FITTING COMPANY

Bay Window Experts

We make and fit Tracks, Poles, Blinds, Curtains, Awnings and Shutters.

So call us today on 07956 874 674

www.curtaintrackfitting.co.uk - david@davidandson.co.uk



Gary Foss Building & Landscaping

City & Guilds approved with 20 years of experience

Home extensions and alterations

Kitchen fitting and worktop replacement

Driveways and patio's designed and laid

Structural wall removal and modification

Porches and garages etc

Free estimates and advice

Upminster 01708 500018

Mobile 07831 469041

Email gary.foss@virginmedia.com



Contemporary hairdressing for all the family at affordable prices

127 Corbets Tey Road, Upminster, Essex RM14 2AA

01708 228192

www.stuartikeman.co.uk



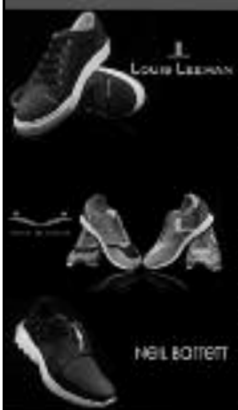
T. Jefferyes Decorating Services

All aspects of painting & decorating undertaken

Free Estimates
Call 01708 347190

WWW.FILATI.COM

FILATI



BOGLIOLI

LANVIN

PARAJUMPERS

HARDY JONES VERSACE JOHN GALLERIE QUINN GALLERIE LANVIN JACOB COHEN
DIEZEL BROWN BOGGIOLI ETON

FILATI

10 Station Road
Upminster
Essex
RM14 2UB
01708 226 369

3 - 21 Oct

QUEEN'S
THEATRE
BORNCHURCH

The Ladykillers by Graham Linehan

01708 443333

queens-theatre.co.uk

[QueensTheatreH](https://www.facebook.com/QueensTheatreH)

Limitless Entertainment

ARTS COUNCIL
ENGLAND

DAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND
NURSERY MAN

- † COMPLETE GARDEN LAYOUT
- † PAVING A SPECIALITY
- † PONDS, WALLING, ROCK GARDENS
- † TREE FELLING, FENCING
- † SHRUBS, TREES, ALPINES
- † CONIFERS

FEEL WELCOME TO CALL IN FOR ANY
ADVICE ON LANDSCAPING AND
PLANTING FOR YOUR GARDEN

OAK ROYAL NURSERIES, 355a FRONT LANE,
CRANHAM, UPMINSTER, RM14 1LW
TEL: DAY 01708 224733 EVENINGS & WEEKENDS 01708
700557
MOBILE: 07788 725853



FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)

Do you have problems
With your feet?

Trouble cutting your nails?
Thickened nail management
Ingrown toenails
Verruca treatments
Athlete's Foot
Hard skin removal
Fungal nail treatments
Diabetic nail care
Corn and callous treatment



FOOT HEALTH TREATMENTS

£25.00 Home Visits

A friendly, efficient and professional service

Mobile: 07920 855 044

HOME MAINTENANCE

Est. 1966

Exterior & Interior Painting & Decorating
Paperhanging - Guttering A Speciality

All Estimates Free
UPMINSTER (01708) 226327

J. WRIGHT - ELECTRICIAN

REWIRES
EXTRA SOCKETS
COOKER POINTS
SECURITY LIGHTS



CITY & GUILDS QUALIFIED
FOR ALL ELECTRICAL
INSTALLATION

FREE ESTIMATES
CALL 01708 448402

DAN THE MAN WITH A VAN HOUSE CLEARANCE OF ALL SIZES I'LL GIVE YOU A TIP - DON'T USE A SKIP



CALL DAN TODAY TEL: 07842 628 560