

**TASTY BITES**  
UPMINSTER'S FIRST INDIAN, INDONESIAN  
AND VEGETARIAN TAKE AWAY

**EXPERIENCE THE DIFFERENCE**

Tel: 01708 221166  
Fax or tel: 01708 222277  
50 Corbets Tey Road, Upminster, Essex



**PC & Laptop Repairs**

Virus issues Running slow  
Internet problems WIFI  
Data recovery Power supplies  
Laptop Screens Hard drives  
Pick up and Drop off service

**Cranham Computer Centre 01708-250296**


email: [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

The Voice of the Community

[www.ucra.co.uk](http://www.ucra.co.uk)

## UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION

### Support Us to Support You - Vote Local, Vote RA

Your Residents' Association have worked very hard over many years to ensure that council services are up to scratch, oppose under performance and ensure that you get value for money. There are many challenges going forward, but some of the key areas where we will focus are:

- To provide support to our local police and Street Watch teams in tackling crime and anti-social behaviour and to lobby hard so that we get our fair share of police officers for the £26m we pay each year to the Mayor of London
- While we successfully opposed 22 applications by developers to take land out of the green belt in our area, we remain alert to any development proposals that will encroach upon our green and open spaces
- To provide greater investment in our roads and pavements and to significantly improve quality control of works undertaken
- To oppose the unsustainable, unrealistic and damaging housing target figures imposed on the Council by the Mayor of London and Conservative Government
- To ensure that Havering receives its fair share of funding through the government 'Fair Funding' review

**On May 3rd we ask for your vote so that we can continue to support you and keep Upminster, Cranham, Dury Falls and North Ockendon in the hands of local people.**

#### CRANHAM WARD 2018 CANDIDATES



CLLR CLARENCE BARRETT



CLLR GILLIAN FORD



JOHN TYLER

### Upminster/Cranham Police Update

Sgt Bargus - Upminster and Cranham Safer Neighbourhoods Teams continue to conduct patrols across the wards and update on Twitter. Please feel free to follow them #MPSUpminster and #MPS Cranham. We are very much aware of recent events regarding youths causing antisocial behaviour within the Upminster High Street area as well as the Clayfield Close area, some of these youths are now known to police and we are engaging accordingly to cease this type of continued behaviour. I also have been advised that some residents have been receiving calls from the Police stating that they are from either Croydon or Hammersmith Police fraud squad stating that they have arrested a suspect with the residents credit card or bank details and then requested that they confirm all details to them including PINS and security code on the reverse of bank cards. THIS IS A SCAM I can assure you that NO OFFICER WOULD MAKE SUCH A CALL please do not give out any details or codes. If in doubt put the phone down and contact the ward team who will advise you. Please report all crime, if it's happening right now its 999 if it has already happened then its 101. It is important that I'm made aware of your concerns please email [upminster.snt@met.police.uk](mailto:upminster.snt@met.police.uk) or [cranham.snt@met.police.uk](mailto:cranham.snt@met.police.uk)

Ian Bargus PS 262 EA



We help  
business owners  
**ACHIEVE THEIR  
PERSONAL GOALS**

As a business owner achieving your personal goals as well as your business goals is important. Whether that's providing for your family, reducing your tax bill, protecting your assets, extracting wealth from your business, or knowing your retirement is secure. Our partners will work with you to ensure you have a plan to achieve your goals.

To find out more contact Haines Watts,  
your local award winning accountants

Haines Watts Hornchurch, Coopers House,  
65a Wingletye Lane, Hornchurch, Essex, RM11 3AT  
01708 475 220 - [JMacwilliams@hwca.com](mailto:JMacwilliams@hwca.com)  
[www.hwca.com/accountants-hornchurch](http://www.hwca.com/accountants-hornchurch)

### WINDSOR PROPERTY

Extension Specialists Est. 25 Years  
Family Business



- EXTENSIONS
- LOFT CONVERSIONS
- RENOVATIONS
- LOG CABINS
- GARAGE CONVERSIONS
- ALL BUILDING WORK UNDERTAKEN



FOR YOUR FREE ESTIMATE PLEASE CONTACT

PHONE: 01708 455755

MOBILE: 07958 787 297

E-mail: [wpm321@msn.com](mailto:wpm321@msn.com)



## JANE'S MOBILE HAIRDRESSING

CUTS, COLOURS, HI/LO LIGHTS,  
BLOW-DRIES, PERMS & SETS

FOR INFO & APPOINTMENTS  
CALL 07966 439373



## "CREASES"

(PROFESSIONAL DRY CLEANERS AND IRONING PARLOURS) LTD  
2B MOOR LANE, CRANHAM

*Dry Cleaning • Repairs & Alterations  
Ironing • Curtains • Duvets • Laundry  
Free Collection & Delivery Service*

Please Call 01708 229292

## Planning Applications

As the April Bulletins were being delivered we received news from the Council on the following Planning Applications:

**Reference P 0325.18:** Additional floor to both existing buildings to provide 8, 1 - bedroom flats with bicycle parking and bin storage at Nos.1-8 & 9-16 Grove Court, Little Gaynes Lane/The Grove, Upminster. There is considerable concern locally regarding lack of parking and the visual impact on the area.

**Reference P 0263.18:** Construction of 7 new dwellings rear of 28B Station Rd, Upminster.

Kindly note that you may be receiving this Bulletin after the date the Council has given to receive comments etc. Please note you should still write etc. as the Council accepts items up to the day of the Planning Committee meeting. If you wish to comment on these please send your comments to Neighbourhoods Planning Control, London Borough of Havering, Mercury House, Mercury Gardens, Romford, RM1 3SL or via the council website.

We will advise you on any news on these.

## Dury Falls 20mph Petition Delivered to Council

A petition to introduce a 20mph zone on the Dury Falls Estate was handed into the Council last month by your Upminster and Cranham Residents' Association. The petition, with over 100 signatories, expressed concerns about the excessive speed of vehicles travelling through the estate. Furthermore, the introduction of a 20mph zone, as seen in other parts of the borough, would offer the following advantages:

- A reduction in speed levels will make for a safer environment for residents and road users alike
- A 20mph zone will improve the character of the area and quality of life of all residents
- It will also contribute towards a cleaner environment by reducing levels of noise and air pollution

We shall keep you advised as the matter progresses.

Cllr CLARENCE BARRETT

## A Touch Of Glass

35 YEARS OF TRADING - NO HARD SELL  
MANUFACTURERS OF SEALED UNITS  
SUPPLIERS OF WINDOWS, DOORS AND CONSERVATORIES



TOP QUALITY PVC-U USED  
WE CAN ARRANGE FINANCE



GLASS CUT TO SIZE WHILE YOU WAIT  
BROKEN OR MISTED UP SEALED UNIT REPLACED OR CHANGE YOUR CLEAR UNIT  
WITH LEAD LIGHTS  
PICTURE FRAMES MADE TO SIZE OR MOULDINGS SOLD BY THE LENGTH  
OVER 100 MIRRORS IN STOCK

97 Front Lane, Upminster RM14 1XN www.atog.co.uk 01708 250070

## Local electrician

- Based in Upminster
- Domestic/commercial work
- Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling



City & Guilds  
Qualified

Paul Gilham 01708 229835

07985 185872 or info@gilhamelectrical.co.uk



Gilham  
electrical services

Part P approved

24yrs experience

No job too small

## Thank You

Having served the community of Cranham as a councillor for 16 years, I shall be stepping down at this election. I have regarded my time in office as an absolute privilege and may I take this opportunity to say a big thank you to all those residents who have supported me over the years. While there have been many changes in the borough over the past 16 years, Cranham remains a lovely place to live and I am very pleased to be part of our community. Once more, thanks for all your kind words of encouragement and appreciation.

Cllr JUNE ALEXANDER

## After School Club

A new childcare provision has opened in Upminster. Essex After School Clubs have opened an after-school club based within Upminster Primary School and a Holiday Club based in Upminster Baptist Church for children aged 4 to 11 years. Essex After School Clubs pride themselves on supporting children's development through a full range

of multi - sports, art, crafts, games and cooking skills. All children receive the highest levels of care and support through promoting healthy lifestyles, providing hot meals and nutritious snacks. For more information telephone Kellie Rust / Deborah Smith on 07912200255 / 07572062557.

## Stewart Avenue Allotments

Stewart Avenue Allotments are starting their popular Gate Sales on May 19th 10am - 12 noon. Fresh produce grown on site and plant and flowers which plot holders grow extra for these sales, including Stewart Avenue allotment honey from our bee hives, will be available. Home-made jams, chutneys, marmalades and cakes made from the allotment produce will also be available. Tea/Coffee and Bacon Rolls will be served from the al fresco Patio Café. There is a small waiting list for people wanting their own plots over the allotment anyone interested contact Jackie on: StewartsAllotments@outlook.com or 01708 641624 .

## Upminster Carpets

205 St Marys Lane, Upminster

01708 224515

Old Carpets and Furniture?

No Problem!!

Home Service Available

We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinyl
- Karndean

## GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds,  
Planting, Water Features, Turfing & Decking.

All work solely undertaken by

\* Greg Oldham \*

Tel. 01708 251 004 / 01621 860 529

Mobile 07812 131 772

email: oldhamgreg@yahoo.co.uk



**PLUMBING & HEATING**  
**Rugg & Son**  
**ENGINEERS**  
FAST, RELIABLE, FRIENDLY SERVICE  
Tel: 01708 229857 Mobile: 07415 096551 / 07860 801377

- Emergency Repair •
- Blocked Drains •
- Heating Breakdown •
- Servicing •
- Maintenance •
- Ballvalves • Tanks •
- All Work Guaranteed •
- Established Locally For Over 25 Years •

REGISTERED PLUMBER

SAFE REGISTER

## BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office:  
01708 780000

Tel: Home:  
01708 733088



Natural Stone Paving



**ADVANCED  
MP**  
PLUMBING & HEATING

BOILER REPAIRS • SERVICING AND INSTALLATIONS • COMBI BOILERS  
• TANKS • TOILETS • ALL GAS WORK  
**O.A.P'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT**  
WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS

**iphe** 01708 475041 079301 49046  
www.adv-mpplumbing.co.uk  
pat@adv-mpplumbing.co.uk



**FLEET ELECTRICAL & HEATING SERVICES**

National Inspection Council for  
Electrical Installation Contracting

 **Full / Part Rewires - Extra Plugs**  
**TEST CERTIFICATES PROVIDED**

APPROVED CONTRACTOR

**Immersion - Security Lighting - Fault Finding**  
**Established in Upminster for 20 Years**  
Phone: 01708 250409 Mobile: 07956 335744  
5 Mersey Avenue, Upminster

## New Police Page Springfield Playgroup

We are always looking to improve our website (ucra.co.uk) and have now introduced a dedicated 'Local Police' page where we will be posting news, advice and contributions in all matters relating to our local police and community safety. If you have any suggestions on improving our website, please let me know.

Cllr CLARENCE BARRETT

## Wantz Bridge

Over the years we have received requests for the narrow pavement on the southern side to be expanded. This foot path is often used by children attending James Oglethorpe School. With this in mind, and to take the opportunity to slow traffic down travelling east from St Mary's Lane, the Council have been working here to expand the footpath to make it easier and safer. The work has now been completed.

Cllr LINDA HAWTHORN

Did you or your child attend Springfield Playgroup? Springfield Playgroup, based at Upminster Baptist Church in Springfield Gardens is celebrating its 50th birthday this year. To celebrate we will be holding an Open Day on Saturday 14 July from 11am-4pm and a celebration service on Sunday 15 July at 10.30am. Further details will follow. We would like to have a display of photographs and people's memories or any other playgroup memorabilia for this special weekend. So we are asking that you firstly spread the word about our planned celebrations and secondly dig around in your lofts, cupboards etc for any photographs you may have, particularly of the first 30 or so years, or take a few minutes to send us your memories of time at playgroup - we already know of someone claiming to be the only child to escape and run home during a playgroup session! The Church have already found

**HUNTER AND CO.**  
Chartered Certified Accountants  
Chartered Tax Advisers

**FOR ALL YOUR ACCOUNTING  
AND TAXATION NEEDS**

195 St.Mary's Lane Upminster Essex RM14 3BU  
Tel: 01708 255555 Fax: 01708 255556  
Email: egh@eghunter.co.uk  
www.eghunter.co.uk

the request for the playgroup to open in their Church Meeting Minutes from 1968, what can you find? Does anyone know of a Mrs Green who got the playgroup up and running in 1968? If you could scan or take copies of any material you would like to share and email it to springfieldpg13@gmail.com or alternatively drop it into playgroup one weekday morning we would be very grateful. We look forward to hearing from you.

Caroline Kinder

Conservation Partnership, of whom I am the secretary, gave a donation towards the lights and we were pleased to advertise in the Bulletin details of local businesses that donated. We in the Upminster and Cranham Residents Association were pleased to sponsor the Children's rides at The Bell School and are happy to do so again this year. If you would like a stall at the lights evening please contact me.

Cllr LINDA HAWTHORN

## Christmas Lights

By way of advance notice, kindly note that this year's switch on of the Christmas Lights will be Thursday 22nd November. We were blessed with a nice evening last year with a record crowd of over a thousand local residents. With my colleague Cllr Ron Ower we were able to welcome our colleague the Mayor Cllr Linda Van den Hende who turned the lights on. Further news on this will follow in future Bulletins. The Upminster

## Charity Sale

Lawn Sale to raise money for Childhood Eye Cancer Trust. Books, toys, crafts, bric-a-brac etc. Saturday 12th May, 10 am - 12 pm, Trinity Church, Upminster.


## Painting Exhibition

Janet and Terry Doyle have an exhibition of their paintings at Upminster Library from Monday 7th to Saturday 19th May. All paintings will be for sale. Enquiries 01708 532967.

**FOCALPOINT LOFTS**  
est 1977

- Family run **Upminster** business.
- Established in Upminster for **40 years**
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted

For more information, please call  
**Gary or Christopher James:**  
Home: 01708 250772 / 01708 250747  
Mobiles: 0777 311 8268 / 0795 002 5841



**CRANHAM ROOFING**

The Roofing Specialists

- Free no obligation quotations
- New roofs - strip and retile
- Flat roofs
- Chimney stacks - repoint/removed
- Guttering, fascia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed



TEL / FAX 01708 704260 (office)  
MOBILE 07860 752798 ( 24 hr call out )  
EMAIL: t.gagen@sky.com



## GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice  
by Liaquat, Shamim & Fiesha Govani, Tommy Hai

64 Station Road, Upminster  
01708 220044

87 Front Lane, Cranham  
01708 224083

Free local collection and delivery of prescription service available upon request from  
housebound patients  
[www.govanichemist.co.uk](http://www.govanichemist.co.uk)

## PLASTERING



- Professional • High Quality
- Reskim over Artex • New ceilings
- Clean and Reliable
- Cove & Cornice • Painting
- Cheapest Rates
- OAP Discounts
- Free Estimates
- 27 Years Experience
- Hornchurch and Surrounding Areas

**CONTACT: CLAY DAWKINS**

**TEL: 07961 379277 / 01708 470841**

**EMAIL: CLAY.DAWKINS@LIVE.CO.UK**

## Prestige Home Insurance

Because your property  
deserves the best



Bespoke High Value Buildings and Contents Insurance

Art, Antiques and Jewellery with world wide cover

Dedicated Personal File Handler with full claims support

Business equipment extension available



Call now to be surprised at how competitive  
your local Broker can be: 01708 756000

Or call into our local office in Romford

Hornchurch | Brentwood | Upminster | Romford | Thurrock | Chelmsford | Billericay | Barking | Dagenham | Rainham | Basildon | Southend



**30 YEARS EXPERTISE**

**Windows • Doors • Conservatories  
Fascia & Guttering • Flat Roofs**

FENSA



**'Your Local  
Home  
Improvements  
Specialists'**

**We are Trading  
Standards Approved**



**EVERYTHING ON DISPLAY  
AT YOUR LOCAL SHOWROOM**  
Concept House,  
Billet Lane (opposite Sainsbury's),  
Hornchurch, Essex, RM11 1XP

For your FREE QUOTE CALL

**01708 463 526**

[www.conceptwindows.co.uk](http://www.conceptwindows.co.uk)

FREE CUSTOMER PARKING



## RICKY ARCHER Roofing Contractor

Established 1987



Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs  
Three Layer and High Performance Felting - Leadwork - Pointing  
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden  
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on:  
Upminster 01708 226512 Mobile 07710327651  
Email: [ricky-archer@ntlworld.com](mailto:ricky-archer@ntlworld.com)

## M Bray

**painting and decorating**

all aspects of decorating covered  
small jobs to complete re-decorations  
over 20 years experience  
polite service - clean and tidy work with a high quality finish  
local references available

**Tel: 01708 223608 / 07983 486655**

**e-mail: [mathew.bray@sky.com](mailto:mathew.bray@sky.com)**

## TAYLOR ELECTRICAL INSTALLATIONS LTD

- FREE ESTIMATES
- FAST RELIABLE SERVICE
- REWIRES - REPAIRS - MAINTENANCE
- ADDITIONAL LIGHTING & POWER
- DISTRIBUTION BOARD UPGRADES
- HOME BUYER'S REPORTS
- FAULT FINDING

- 30 YEARS EXPERIENCE
- JIB REGISTERED
- FULLY INSURED
- FULLY QUALIFIED
- PART P REGISTERED



**01708 227720 MOB: 07890 519109**



**SMASH HOLIDAY CAMPS  
BIRTHDAY PARTIES  
FAMILY FUN DAYS  
ADVENTURE WEEKENDS  
SPECIAL EVENTS**



**FOR MORE INFORMATION - [WWW.STUBBERS.CO.UK](http://WWW.STUBBERS.CO.UK)**

**OR CALL 01708 224 753**

STUBBERS ADVENTURE CENTRE, OCKENDON ROAD, UPMINSTER ESSEX, RM14 2TV



### CLUBBERCISE

Monday 9.30am - 10.30am  
@ Trinity Church **with Crèche**  
Wednesday 7.30am - 8.30pm  
@ Coopers School

### H.I.I.T.

Thursday 9.30 - 10.30am  
@ Trinity Church **with Crèche**

### SEATED WORKOUT

Thursday 12.30 - 1.15pm  
@ Cranham Community Centre  
Friday 10.30 - 11.30am  
@ West Horndon Village Hall

### ZUMBA FITNESS

Monday 7.15 - 8.00pm  
@ Coopers School - Dance Studio

### FITNESS PILATES

Monday 7.15 - 8.15pm  
@ Frances Bardsley School, Romford  
Tuesday 7.00 - 8.00pm @ Coopers School  
Wednesday 7.00 - 8.00pm @ Coopers School  
Wednesday 9.30 - 10.30am  
@ Trinity Church **with Crèche**

### LEGS BUMS & TUMS

50+ Tuesday 9.30 - 10.30am @ Trinity Church  
Thursday 7.00 - 8.00pm @ Trinity Church

### ZUMBA GOLD

Monday 10.45 - 11.45am @ Trinity Church  
Wednesday 10.45 - 11.45am @ Trinity Church

Call Sally for more info **01708 915455 / 07855 534631**

**[www.exercisewithsallyguise.co.uk](http://www.exercisewithsallyguise.co.uk)**

**f exercise with sally guise**



## BRICK PAVING BY PETER JONES

[www.brickpavingbypeterjones.co.uk](http://www.brickpavingbypeterjones.co.uk)

### SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

### DESIGNED TO YOUR NEEDS

- WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS
- CATALOGUE AND PREVIOUS WORK AVAILABLE
- WEBSITE AND FACEBOOK SHOWING EXAMPLES
- HELP AND ADVICE WITH DESIGN AND LAYOUT
- ALL YOUR CONSUMER RIGHTS WILL APPLY
- ALL WORK GUARANTEED

Tel: Office:  
01708 780000

All work carried out by responsible tradesmen



Natural Stone Paving

Tel: Home:  
01708 733088

Established over 30 yrs

## Upminster Mini Golf Open & AGM

The Upminster Mini Golf Course in Hall Lane is now open for the 2018 season. The Friends of Upminster Mini Golf have been very active over the close season and are really pleased to announce several improvements, in particular the renovation of the crazy golf and the refurbishment of the hut. The course is open from 10am to 5pm at weekends and every day during the school holidays, subject to the weather. Adults £5, Students & over 65's £3 (Proof may be requested), crazy golf just £1. Clubs, golf balls and scorecards and pencils provided. Snacks and cold drinks are also available and there is a picnic table and chairs provided. The Friends of Upminster Mini Golf will be holding their AGM on Thursday 10th May (6.30pm) at the Cranham Community Centre, Marlborough Gardens. All welcome.

CLlr CLARENCE BARRETT

## The Good Intent

The smash-hit production, The Good Intent hits the wonderful Brookside Theatre stage in Romford this July. The play tells the story of American Spitfire pilot Raimund Sanders Draper who, battling to control his stricken plane sacrificed his life to save the children of the then Suttons School by steering away from the buildings during Battle of Britain Hornchurch. Original songs underscore this piece of powerful theatre that involves the local war-

time population of Hornchurch, Romford and Upminster. Tickets for the production, sponsored by the Brookside Theatre and Allen Ford cars, are now on sale and can be booked by contacting the Brookside Box Office Website or 0108 755775.

## North Ockendon Handbell Ringers

Did you know that handbells originated as an alternative to tower bells? North Ockendon village was no exception, and had a set cast for the tower bell ringers. Unfortunately, we don't know exactly when this was, but the current team of handbell ringers was formed in 1981. As far as we're aware, we are the only team in Havering and have visited many groups where we play a selection of music and give a talk about handbell ringing. Our weekly practices are held in the hall attached to the Church of St Mary Magdalene, Church Lane, North Ockendon, RM14 3QH on Tuesdays, 7.30 - 9.30pm. If you would like to find out more, either to make a booking or to come along to our weekly practices to learn the art, please contact our Secretary, Ann Hails. (01708 459339)

## Verge Damage

A pleasant feature of our area is the extent of grass verges alongside our roads and pavements. However, all too often these are being churned up by unauthorised vehicles, often causing extensive damage to our pavements at the same



## TCC ROOFING CO.

Established 1955 in this area



High performance flat roofing system. Replacement tiled and slated roofs. Leadwork, valleys and chimneys.

UPVC fascias, guttering and general building work carried out



**Free advice & Estimates**

**01708 222330**

**01708 223241**



## HYPNOTHERAPY

**Keith Jefford** DHC, DHP (GHR & CNHC Registered)

- Fully qualified, experienced local hypnotherapist.
  - Caring and confidential service specialising in emotional and behavioural problems including stress, anxiety, anger, fears, phobias, fear of flying, drinking issues, smoking cessation, tinnitus stress etc.
  - Daytime, evening and weekend appointments available.
  - Call 01708 224698 or 07970 111657 for a free telephone consultation.
- [www.keithjeffordhypnotherapy.co.uk](http://www.keithjeffordhypnotherapy.co.uk)

time. Repair and reinstatement is an expensive business and we shouldn't just expect council tax payers to pay up. We suggest a much more vigorous regime of accountability is applied, for example as a condition of planning permission or of utility works, so that any damage is repaired and paid for by those who cause it and not by everyone else.

CLlr CLARENCE BARRETT

## Wednesday Music Evenings

**Wednesday 9th May - Going for Baroque** presented by Alan Tomlin. An evening Baroque brilliance featuring the music of Pachelbel, Albinoni, Vivaldi, Bach, Handel and others.

**Wednesday 23rd May - Cinema, Theatre & Fairground Organ Music** presented by Brian Luck. An aficionado of cinema and theatre organs, Brian has travelled the world in pursuit of his interest and brings us some of the many recordings he has collected. Main meeting room, 1st floor of Hornchurch Library. Programmes commence at 7.30pm and end at

9.30pm. Entrance is free but we do ask for a nominal contribution for interval refreshments. No need to book seats, just come along. For more information call Stephen Raindle on 01708 470670 or email [sraindle@aol.com](mailto:sraindle@aol.com)

## Essex Tree Surgeons

We would like it to be known that after 30 successful years we have now ceased trading due to retirement. We would like to thank all of our customers for their loyal support and make it known that we have not sold or passed the business on. Best wishes

Bill and Keith

## Guided Wildflower Walks

Belhus Woods Country Park near Aveley is full of different plants. Mary leads walks through the spring and summer, helping people to recognise plant families and hence to plant names. We meet on a Wednesday by the Visitor Centre at 1:30pm

*continued on page 7*

**MR PLUMBER**  
*D T Moore Plumbing Services*

- Trading Standards recommended Plumber.
- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David

07931 553631 mobile 01708 223561 home




## FED UP WITH YOUR DIRTY DRIVEWAY?

### ADVANCED POWER WASH

SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory. All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan ■ 01708 445112 ■ 07889 139916

[www.advancedpowerwash.co.uk](http://www.advancedpowerwash.co.uk)

## A & JOINERY

EST 20 YEARS  
HARDWOOD SPECIALISTS

- Supply only or supply and install
  - High quality windows, doors and conservatories
  - Leaded lights and coloured glass
  - Unique old-fashioned front doors
- FREE FRIENDLY ADVICE • FREE ESTIMATES

**01708 757675**







## Tudor Construction Company

SERVING UPMINSTER SINCE 1955

EXTENSIONS, CONVERSIONS, LANDSCAPING,  
MAINTENANCE FREE UPVC BARGE BOARDS,

FASCIAS, SOFFITS, GUTTERING, WINDOWS AND DOORS

PHONE 01708 222330/223241

WHERE QUALITY AND SERVICE COME FIRST



## ATOM ELECTRICAL SERVICES

TELEPHONE:  
01708 223669  
MOBILE:  
07967 603606

- REPAIRS & INSTALLATION • REWIRING
- FAULT FINDING • SHOWERS • COOKERS
- SOCKETS • LIGHTS • EXTERNAL ELECTRICS



Capitalelectricaltd.com  
info@capitalelectricaltd.com  
01708 700 758 | 07725 501 504

Based in Upminster • Over 20 years in the industry  
All aspects of electrical installation undertaken

- Full/part rewires
- Fuse board upgrades
- Additional sockets & lights
- Repairs
- External electrics
- Smoke, heat & CO alarms
- Data & telephone installation
- Inspection & testing
- Fault finding
- Security & emergency lighting
- Boiler control wiring
- Fire alarm systems
- Maintenance
- Call-outs

• Free estimates • No call-out charge • Quick response •

## SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL  
GAS, CENTRAL HEATING AND PLUMBING  
INSTALLATION SERVICING AND REPAIRS

**BOILER REPLACEMENTS  
GAS SAFETY CHECKS  
LANDLORD CERTIFICATES**

New for 2014 - Service Contracts (please ask for details)

**FULL BATHROOM INSTALLATIONS**

TEL/FAX: **01708 221 500**

MOBILE: **07956 481 819**

MOBILE: **07961 151 551**

E-mail: [southeastheating@btconnect.com](mailto:southeastheating@btconnect.com)



## Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted  
Misted or broken double glazed units replaced  
Hinges Locks Handles replaced

Toughened / laminated safety glass fitted  
All types of glass supplied and fitted

No Job Too Small. 40 Years' Experience

**No Call Out Charge**

Call Paul on

**07958 550796 or 01708 551314**

[www.everythingglassltd.co.uk](http://www.everythingglassltd.co.uk)



## Church View Dental Clinic

*We provide NHS & Private care*

Dental Implants, Invisalign, Six Month Smile, Dermal Fillers,  
Flexible Dentures, Whitening, Crowns & Bridges

**Call now to speak to one of our friendly staff to  
book an appointment on tel: 01708 220563**

Or you can visit us at [www.cvdent.co.uk](http://www.cvdent.co.uk)

34a Station Road, Upminster, Essex RM14 2TR



- Home refurbishment specialist
- Extensions and loft conversions
- Alterations and knock through's
- Kitchens and bathrooms supplied & Installed
- All general building
- Plumbing and heating, gas and electrical works
- Fully insured - all work fully guaranteed and carried out by qualified tradesmen

Your local specialist building & refurbishment contractor

**Call us now on - 01708 229031 to arrange a quote**

Or email - [richard@gidleybuilders.co.uk](mailto:richard@gidleybuilders.co.uk)

Visit our website to view examples of past & current projects

[www.gidleybuilders.com](http://www.gidleybuilders.com)

## LOVE CLEANING 4U

**Need a cleaner for your home?**

No contracts . Pay by the hour

Friendly, honest cleaners

Check us out at: [LOVECLEANING4U.CO.UK](http://LOVECLEANING4U.CO.UK)  
and let us make your life easier!

We also provide an Ironing,  
Laundry and Dry Cleaning service  
with Free Collection and Delivery

**Call us on 01708 445921**  
**Or go to [lovecleaning4u@hotmail.com](mailto:lovecleaning4u@hotmail.com)**



## L. J. NICHOLLS

INTERIOR & EXTERIOR  
PAINTING, DECORATING &  
PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

## AC PLASTERING



All Plastering  
Plaster Over Artex  
Specialists in Re-Skimming  
Coving  
Tiling



QUALITY WORK AT AFFORDABLE PRICES

Allan Carey

TELEPHONE: 01708-474-624 MOBILE: 07711-675-086

and return at 4:30pm. The Country Park charges for one session for one person (£5 last year). Car parking costs are £3.50 per car, so come in twos or threes if you can. Please leave your dog at home or with a friend for the afternoon. Dates for 2018 are: 2nd May; 6th June; 4th July; 8th August. **Call Mary on 01708 228921 or m.smith33gpr@gmail.com**

## Titanic Talks

All talks are £5 each or you can buy six for the price of 5 (£25). Thursday talks start at 7pm and Saturdays, 1pm. Wednesday times shown separately.

**The Titanic Disaster** - This fascinating talk starts with the building of the ship, the people, to the disaster and the public enquiry. Wednesday 16 May (7pm), and Saturday, 23 June.

**Hunt for the Titanic** - This amazing talk focuses on the search for the wreck and conspiracy theories behind its discovery. Thursday, 14 June and Wednesday, 22 August (1pm).

**Titanic: Honour & Glory Exhibition & Titanic Films** - An inspiring exploration of the exhibition, the local connections to the ship and Titanic films.

Thursday, 26 April and Saturday, 19 May

**The Titanic: Survivors, Rescuers**

**and Artefacts** - Stories from the survivors and rescuers and how Titanic artefacts have become today's valuable treasures Thursday, 31 May and Saturday, 21 July.

**David Lawrence: My Titanic Collection** -

David Lawrence, a Titanic artefacts Collector for over 25 years, shares his knowledge and discusses his Collection. Thursday, 10 May and Saturday, 30 June.

**Titanic: The Aftermath** -

Dr Ian Browne explores the immediate and long term implications of the Titanic disaster, individual stories, the political fall out and developments in marine archaeology. Saturday, 28 July **Marconi, Maritime Wireless and the Titanic Disaster** - This talk explores Marconi's success in getting wireless accepted in shipping and major maritime incidents of the period focusing on the sinking of the Titanic. Saturday, 9 June and Wednesday, 20 June (7pm)

Havering Museum, 19-21 High Street, Romford, RM1 1JU. Tel 01708 766571. [www.haveringmuseum.org.uk](http://www.haveringmuseum.org.uk) [marketing@haveringmuseum.org.uk](mailto:marketing@haveringmuseum.org.uk)

## Dementia Carers Support Group

Feeling isolated or confused?

Need someone to talk to who understands? Need advice on benefits or other issues? Wondering how others cope in similar situations? Havering Dementia Carers Support Group meeting every Monday (except bank holidays) 10.30 - 12.30. Meetings are held at Havering Christian Fellowship, 2A Newmarket Way, Hornchurch, RM12 6DS. The group is run by careers for carers and you can talk freely as your cared for will be looked after in another room with experienced volunteers.

Contact Pam Shippen on 07811 344523 [pam.shippen@gmail.com](mailto:pam.shippen@gmail.com) or Pam Rossi on 07803 170560 [pam.rossi@ntlworld.com](mailto:pam.rossi@ntlworld.com).

## The Old Chapel Events

**Weds 9 May, 10.30am - A Brief History of the Huguenots and their distinguished service in The Great War**, Keith Finch. Join Keith for part three of his series of talks on the French Refugees, the Huguenots. Talks are £2 per person and include refreshments otherwise free for Friends of the Old Chapel. Booking is required.

**Sunday 20 May, 2pm-5pm - Afternoon Quiz**

Thinking caps at the ready for our afternoon quiz. We will be testing your knowledge on a variety of topics. £3 per person with teams of 6 or 8. Includes Nibbles.

Booking is required. To book places please contact the Heritage Officer on 01708 642919 or email [ccoombes@mary.havering.sch.uk](mailto:ccoombes@mary.havering.sch.uk)

## Litter Fines up to £150

As from April 1st the Council will be able to impose on-the-spot fines for littering of up to £150, nearly double the £80 previously allowed. Litter is a blight on our environment and uses up valuable taxpayers' money to clean up. With funding at such a premium, this money would be better spent supporting community services. The increased fine will need to be enforced in a fair but firm way and will send a clear message to litter louts that such anti-social behaviour is unacceptable.

Cllr CLARENCE BARRETT

# All your favourite brands are in store

We have the best choice of upholstery, dining, beds, bedrooms, carpets, rugs, flooring & curtains all under one roof.

DURESTA

Old Charm



ercol

Parker Knoll



Relyon



nathan  
The Master Craftsmen

VI-SPRING  
Life Changing



TEMPUR  
MATTRESSES AND PILLOWS

HYPNOS  
THE MOST COMFORTABLE BEDS IN THE WORLD

VENJAKOB  
Vorsprung durch Design und Qualität

dunlopillo  
NATURAL COMFORT SINCE 1929

Harrison



Vale Bridgecraft  
THE ART OF THE CRAFT



## BRAND PRICE MATCH

We believe our prices reflect genuine value for money. Coupled with a superior level of service, free local delivery and after sales care, we are confident our brand prices cannot be beaten. If you find, from a reputable store (including online), the identical product and service package at a lower price, we would welcome the opportunity to price match.

[www.roomes.co.uk](http://www.roomes.co.uk)

22-24 Station Road,  
Upminster, Essex RM14 2UB.

Telephone: 01708 255300

# ROOMES

Furniture & Interiors • Est 1888



## PGM Heating & Plumbing

NO CALL OUT CHARGES – NO JOB TOO SMALL  
FREE ESTIMATES - QUICK RESPONSE  
ALL WORK GUARANTEED

- All aspects of Heating and Plumbing work undertaken
- Complete Central Heating/Boiler Installations/Service
- Bathroom Installation
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates



Tel: 01708 227797  
Mob: 07734 228417

[www.pgmheatingandplumbing.co.uk](http://www.pgmheatingandplumbing.co.uk)

## UPMINSTER REFURBISHMENTS

### THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE

SHOWROOM WITH EXTENSIVE RANGES TO VIEW

GRANITE WORKTOPS SUPPLIED AND FITTED

FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)

TOTAL REFURBISHMENT FROM START TO FINISH

PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY

GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED

ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION..

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION



## Combi Boiler Repairs

Saunier Duval

Vaillant

**IAN LEWIS**

HEATING

POTTERTON

BIASI

Installation, Service, Repairs,  
Power flushing, Insurance



**01708 440581**



## Crusaider First Aid

Relaxed expertise you can trust



For All First Aid Training Courses

First Aid at Work, Paediatric, Sports, Emergency, AED Courses

All certificates are accredited and last 3 years

Over 30 years experience training emergency services

For more information contact David:

[www.crusaiderfirstaid.com](http://www.crusaiderfirstaid.com) info@crusaiderfirstaid.com

Tel: 01708 202277

Mobile: 07946 628416

*M.P. Williams*

*Professional Bathroom & Kitchen  
Installations*

*Plan & design, plumbing, plastering, tiling,  
electrics, carpentry, painting & decorating.*

*For a free estimate call Matt*

*Tel: 01708 259696 Mobile: 07790 753850*

*Email: [m.p.williams.bathrooms@gmail.com](mailto:m.p.williams.bathrooms@gmail.com)*



**GARY COE JEWELLERS  
ESTABLISHED 1981**



*Fully equipped workshop  
Diamond & Engagement ring  
specialists / Bespoke Wedding rings  
Engraving / Full repair service  
Watch batteries / Watch repairs / Valuations  
Best prices paid for your old gold*

35 Cedar Avenue Upminster Essex RM14 2LN

Tel 01708 222696 Mobile 07771 802624

[www.garycoejewellers.co.uk](http://www.garycoejewellers.co.uk)

**Cranham  
Dental  
Centre**



**Quality Dental Care  
& Service in a Modern Family  
Friendly Environment**



*a  
healthier  
smile for  
life*

\*\*\*\*\* New Website & Live Online Bookings \*\*\*\*\*

Inviting all New NHS & Private Patients to Join our Practice.

**call 01708 228 291 now**

\*\*\*\*\* [www.cranhamdentalcentre.co.uk](http://www.cranhamdentalcentre.co.uk) \*\*\*\*\*

[reception@cranhamdentalcentre.co.uk](mailto:reception@cranhamdentalcentre.co.uk)

141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ



**All building works undertaken.**

All roof repairs - Flat Roofs - High Performance

Felting - UPVC Fascias & Soffits - Guttering

Leadwork - Re point and Remove Chimney Stack

[LRroofingltd@hotmail.com](mailto:LRroofingltd@hotmail.com)



**07929 334990  
01708 534411**



# CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371

07946 216 150

Website: [www.cedar-treecare.co.uk](http://www.cedar-treecare.co.uk)  
Email: [cedartreecare@qualityservice.com](mailto:cedartreecare@qualityservice.com)

Cedar Avenue, Upminster, Essex

## Over 50s Pub Lunch

We are a small team of volunteer ladies running several pub lunch sessions every month in the borough for the over 50s. We currently have 3 venues involved, The Village restaurant Hornchurch which is held on the second and fourth Tuesday of the month between 12-2, The Bull Romford which is on the first Tuesday of the month and The Railway Hotel Hornchurch which is on the third Tuesday of the month. They provide a two course meal with tea or coffee for just under £7.00. Our customer attendance is normally between 25-35 people each session. There is no profit as you pay for your meal in the normal manner. We are keen to encourage anyone who would like to come along and try one to do so, no booking is necessary and you will be most welcome.

## Island Wristbands

Hornchurch District Scouts (charity no. 303699) are selling Adventure Island wristbands at discounted

prices. Blue Adventure bands (over 1.2m tall) are £16 each and Green/Red bands (under 1.2m tall) are £12.50 each. Also available, Southend Sea-life Adventure tickets Adult/Child just £5 each and Adventure Golf tickets £5 for 18 holes. Wristbands expire November 2018 and are available to purchase all year round for any day the park is open. To purchase call or text Debbie on 07805612706 or Louisa on 07498575296. Please allow up to 24 hours from ordering to collection.

## Tax Windfall to Tackle Potholes?

Pot holes and defective pavements are a constant cause for concern among residents and councillors alike. Whilst the earlier cold snap is a contributory factor in creating potholes, the more significant reason is years of underfunding in our local roadwork. Rather than a continual cycle of pothole repairs, what is really needed is a long-term programme of whole road resurfacing. Of course, this cost a lot of money, which the Council doesn't have. However, it has emerged that the Treasury has benefitted from a tax windfall of £7.5bn as a result of better than expected tax receipts from January's self-assessment tax returns. Just a

portion of this unplanned windfall would go a very long way towards funding a sustainable, reliable and safe programme of road network resurfacing for councils across the land, and not least of all Havering! This is something we have now suggested to the government office. In the meantime, potholes can be reported to the Council at [havering.gov.uk](http://havering.gov.uk) or call any of your councillors.

Cllr CLARENCE BARRETT

## Upminster Windmill

Sat 12th and Sun 13th May, 1pm-4pm - Open Weekend  
Upminster Windmill will be taking part in National Mills Weekend. Although our Mill is closed we will be opening the Visitor Centre

where you can learn about the current restoration project as well as the history of the site. For this weekend we will also have free craft activities in the garden for families. Free Entry.

## Thames Chase

Thames Chase Community Forest The 'Land of the Fanns' project aimed at enabling local people to discover, restore and enjoy what's special about the local landscape that surrounds us, is launching a community grants scheme whereby local groups can bid for grants of up to £5,000 to support their cause. Groups can apply for projects that take place within/surrounding the Land of the Fanns Landscape Partnership Scheme Project area and deliver the objectives of the Landscape Conservation Action Plan:

*continued on page 11*

# ICOL SECURITY SYSTEMS

ESTABLISHED 1984

*Can you afford un-invited guests?  
Before they arrive: fit a burglar alarm/CCTV*

For a free survey-risk assessment of your premises contact us on: 01708 226385

*Visit our showroom for  
a fully working demonstration  
of Alarms and CCTV Systems*

UPMINSTER SECURITY CENTRE  
129 AVON ROAD, UPMINSTER RM14 1RQ

**SECURITY SYSTEMS**  
Established 1996

[buywithconfidence.gov.uk](http://buywithconfidence.gov.uk)

**DON'T WAIT TO BE BURGLER!**  
Protect your home with a professionally installed  
**WIRELESS BURGLAR ALARM**

**Excellent service from the very first call.**  
**Approved by Which? & Trading Standards**

Free survey & no obligation quotation  
**01708 250600**  
[www.hillissecurity.co.uk](http://www.hillissecurity.co.uk)

St. Laurence House, 2 Gridiron Place, Upminster. RM14 2BE

## A & P HOUSE CLEARANCE

**OVER 20 YEARS EXPERIENCE**  
**FRIENDLY & PROFESSIONAL**  
**WORKING IN YOUR AREA**

**TEL: 01277 201508 or 07974 085985**

ESTABLISHED 1821

## GATES, PARISH & CO.

Chartered Surveyors, Estate Agents, Valuers  
D. J. Parish, F.R.I.C.S

**THE ESTABLISHED UPMINSTER ESTATE AGENTS FOR OVER 90 YEARS**

• SALES OF RESIDENTIAL PROPERTY	• RENT REVIEWS
• VALUATIONS FOR ALL PURPOSES	• LANDLORD & TENANT MATTERS
• SURVEY REPORTS	• EXPERT WITNESS REPORTS
• RESIDENTIAL LETTINGS	• PROPERTY MANAGEMENT

**32, STATION ROAD, UPMINSTER Tel: 01708 250033**  
Fax: (01708) 220844 Website: [www.gates-parish.co.uk](http://www.gates-parish.co.uk)



## Chauffeur Me (Travel)

For all enquires call Darren

**07947 576642**

[www.chauffeur-me-travel.com](http://www.chauffeur-me-travel.com)

Chauffeur driven in comfort  
Eight Seater ~ Fully Air Conditioned ~ Privacy Glass ~ Satellite Navigation

Special functions  
Shopping days  
Night clubs  
Weddings  
Race days  
Restaurants  
Airports  
Theatres  
Spoil yourself days

## CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

**Domestic & Commercial**  
**Re-Wires**  
**NICEIC Test Reports**  
**Fuse Board Up-grades**

**TEL: 01708 223046**

**MOB: 07710 282110**

66 Moor Lane Upminster



Interested in Triathlon or Multi-sport disciplines?

[www.haveringtri.co.uk](http://www.haveringtri.co.uk)



@haveringtri



Havering Tri

**Contact Kay Hamilton 07957 567915**



**K.A.S.**

**Adults Learn To Swim and Improver Lessons**

[www.kasuk.co.uk](http://www.kasuk.co.uk)

Qualified ASA Teacher



Kays Adult swim

**It's like an Aladdin's cave.**  
**S&A**

**WEDDING & PARTY SHOP**

DECORATIONS • WRAPPING • LIGHTS • BALLOONS • FANCY GOODS •  
PARTYWARE • WEDDING BOUQUETS • SILK FLOWERS • POSIES ETC

### OPENING TIMES

TUESDAY, WEDNESDAY & SUNDAY 10.00 am - 4.00 pm

THURSDAY, FRIDAY & SATURDAY 10.00 am - 5.00 pm

CLOSED ON MONDAYS

Rear of High House Garden Centre,  
Corbets Tey Road, Upminster Essex, RM14 2DN

01708 220802

[www.partyflair.co.uk](http://www.partyflair.co.uk)

## Lawton & Stoakes



**Established Ophthalmic  
Department**

- Catering for all types of pet
- BVA/KC/ISDS eye examinations
- Glaucoma treatments including laser
- All types of ophthalmic microsurgery
- Cataract surgery with lens implant
- Laser surgery for eye tumours
- Interest free payment plans\*



**Martin P.C. Lawton**  
BVetMed; CertV(Ophthal); CertLAS;  
CIBiol; MSB; DZooMed; FRCVS;  
RCVS Registered Specialist

**Lynne C Stoakes**  
BVetMed MRCVS

\*Terms & Conditions Apply

to make an appointment please call

**01708 384444**

8-12 Fitzilian Avenue, Harold Wood,  
Romford, Essex, RM3 0QS

[www.vets.gb.com](http://www.vets.gb.com)

## HOME CARE SERVICES

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

**MEDICATION SUPPORT**

**PERSONAL CARE**

**COMPANIONSHIP**

**RESPIRE**

**DEMENTIA & ALZHEIMERS**

**LIGHT DOMESTIC**

**NUTRITION & DIET SUPPORT**

**24 HOUR SUPPORT**

**REABLEMENT SUPPORT**

**HOSPITAL DISCHARGE**

**SOCIAL & LEISURE ACTIVITIES**

**END OF LIFE**

**CONTACT US ON:**

**01708 301 111**

**or 07538 709 012**

WEB: [www.kareplus.co.uk/romford](http://www.kareplus.co.uk/romford)

EMAIL: [kpromfordrm@kareplus.co.uk](mailto:kpromfordrm@kareplus.co.uk)

**KARE  
PLUS  
ROMFORD**

**LEWIS MORGAN**  
Physiotherapy & Facial Aesthetics Clinic

**Physio**  
**07946 464602**

**Aesthetics**  
**07850 251106**

Rear of 167 High Street,  
Hornchurch, Essex RM11 3XS

[enquiries@lewismorganphysio.co.uk](mailto:enquiries@lewismorganphysio.co.uk)  
[www.lewismorganphysio.co.uk](http://www.lewismorganphysio.co.uk)



**Pinney Talfourd**  
SOLICITORS

*A bespoke legal service tailored to your needs*

Pinney Talfourd is one of the UK's leading law firms providing specialist services for individuals and businesses

[www.pinneytalfourd.co.uk](http://www.pinneytalfourd.co.uk)  
E mail@pinneytalfourd.co.uk

Upminster T 01708 229444  
Brentwood T 01277 211755  
Hornchurch T 01708 511000  
Leigh-on-Sea T 01702 418433

**LEGAL 500**  
LEADING FIRM 2015

**Lexcel**  
Practice Management Standard  
Law Society Accredited

- Conserving and enhancing the historic and/or natural landscape of the Land of the Fanns area

- Helping people, learn about and enjoy the heritage and/or landscape of the Land of the Fanns

- Involving the local community and volunteers

To find out more or to get involved, visit the Land of the Fanns website [www.landofthefanns.org](http://www.landofthefanns.org) or the Thames Chase website [www.thameschase.org.uk](http://www.thameschase.org.uk)

Events at the Forest Centre in May  
**Saturday 12th May** - 2.30-4.30pm.  
'We've got rhythm' - a concert for children and grandparents with Dominic Ashworth Jazz Group playing jazz classics and popular hits, plus the opportunity to make your own percussion instrument (free) beforehand at 1.30pm. Tickets for the concert £6 or special youngster and grandparent offer: 2 for £10, 3 for £15, 4 for £20.

**Friday 18th May** - 2.30-4.30pm. Enjoy a cream tea with a Chelsea Flower Show theme. £9 per person.

**Sunday 20th May** - 10am-2pm.  
Sunday Market with fresh produce and handmade crafts.

**Friday 25th May** - from 10am.  
Guided walk in Thorndon Country Park.

**Tuesday -Thursday 29th/30th/31st May** - Children's half term holiday programme including making kites, a compass trail, planting vegetables

and a throwing game on Tuesday and Wednesday and Yoga for young people on Thursday. £3 donation.  
Sunday 10th June -10am and 11.45am  
Don't forget to book for our 10k Run and Family Fun Run. Booking on line for both runs or at the Visitor Centre for the Family Fun Run.  
More information on [www.thameschase.org.uk](http://www.thameschase.org.uk) or telephone 01708 642970

## Shirley Ward Tours

**Aug, Sat 4th:** Mill at Sonning Theatre, Alan Ayckbourn's Ten Times Table Farce. Matinee with two course meal pre show. Set in Watermill setting by Thames. £70 inclusive, coach, meal and show.

**Aug, Thu 16th:** Broadstairs, (Folk Week), Morris Dancers, Sandy Beach, Punch/Judy, Craft Fair/entertainments. Adult £26, OAP £25 and Under 16's £18. Family Prices on request

**Aug, Sat 18th:** Regents Park Open Air Theatre, Little Shop of Horrors Musical about a carnivorous plant. Picnic optional or eat pre show in Restaurant there. Tiered Seats by coach: £52 coach/show.

**Aug, Thu 23rd:** Southwold: Old Fashioned Seaside Resort. Adults £25,

*continued on page 13*

## PARKDRIVE PAVING & LANDSCAPES

*25 Years Experience*

- DRIVEWAYS
- PATIOS
- BRICK WALLS
- FENCING
- INDIAN STONE
- TURFING

FREE ESTIMATES / PORTFOLIO

ALL WORK GUARANTEED!

01708 750209 / 07826 207310

[www.haverlingpavinglandscaping.co.uk](http://www.haverlingpavinglandscaping.co.uk)



## Upminster Osteopath & Sports Injury Clinic

41 FLEET AVENUE  
UPMINSTER  
RM14 1PZ

Tel: 01708 222932

[www.upminsterosteopath.co.uk](http://www.upminsterosteopath.co.uk)

email: [upminsterosteopath@gmail.com](mailto:upminsterosteopath@gmail.com)

HELPING YOU WITH:

- BACK, NECK & SHOULDER/ARM PAIN
  - HIP, KNEE & ANKLE/FOOT PAIN
  - 'TRAPPED' NERVES
  - POST SURGICAL REHABILITATION
  - SPORTS INJURIES (INCLUDING KINESIO-TAPING)
  - ARTHRITIS
- NO CONTRACTS/OBLIGATION  
NO GP REFERRAL NECESSARY  
PRIVATE REFERRAL FOR MRI, ULTRASOUND WHERE APPROPRIATE RECOGNISED BY ALL MAJOR INSURERS (BUPA, AXA-PPP, etc.)



/upminsterosteopath

**Holmes Care Group**  
*enriching lives*

## Are you looking for an opportunity as a Care Assistant?

Holmes Care Group are currently recruiting for:

- **Cranham Court**  
St Mary's Lane, Upminster, RM14 3DH
- **Sycamore Court**  
Little Warley, Brentwood, CM13 3DT

**JOIN OUR TEAM NOW.**

Send your CV to  
[recruitment@holmes-care.co.uk](mailto:recruitment@holmes-care.co.uk)  
or alternatively contact the recruitment team  
on 01708 251227 (option 4)

[www.holmes-care.co.uk](http://www.holmes-care.co.uk)

## R.R. CONSTRUCTION LTD

**EXTENSIONS  
GENERAL BUILDING  
OVER 30 YEARS EXPERIENCE  
FULLY INSURED**

PLANS DRAWN & SUBMITTED TO COUNCIL  
ELECTRICAL, PLUMBING, PLASTERING  
GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

**Tel: 01708 251282**

[www.extensions-experts.co.uk](http://www.extensions-experts.co.uk)

## ESSEX SUPREME CARPET CLEAN



**Upminster based**



**Fully Insured**

**Carpets, Rugs, Upholstery & Mattresses  
Competitive prices & Multi-room discounts**

**CALL DAVID FOR A QUOTE**

**Tel: 01708 702194 Mob: 07818 408217**

**email: [essexscc@gmail.com](mailto:essexscc@gmail.com)**

**[www.essexsupremecarpetclean.co.uk](http://www.essexsupremecarpetclean.co.uk)**



- Structural & House Purchase surveys & reports
- Fire & Subsidence Damage surveys & reports
- Party Wall Awards and Schedules of Condition
- Design and planning service – domestic and commercial
- Project/Contract Management

## THE EVERETT PARTNERSHIP



**Chartered Building Surveyors  
Building Engineers & Consultants  
Planning Supervisors**

The Lodge, Little Gaynes Lane, Upminster, RM14 2JB  
Tel: 01708 227108 Fax: 01708 220857  
E-mail: [info@theeverettpartnership.com](mailto:info@theeverettpartnership.com)

## CSR PIANO TUNING

**CHRIS RAMSEY**  
N.C.DIP  
PIANO TECHNICIAN



T: 01277 890 242

M: 07938 141 394

E: [CSRPIANO@OUTLOOK.COM](mailto:CSRPIANO@OUTLOOK.COM)



Let us take the strain out of running your business

We are a local small business who know how precious your time is.

We can offer you the chance to concentrate on running your business effectively by leaving the finances to us

All aspects of bookkeeping catered for: Invoicing customers - profit and loss - chasing debtors - processing paperwork and receipts - VAT returns

- CIS returns – self assessment tax returns – reports to your accountant

Call today 07716 023506 or 07716 023505

[info@total-bookkeeping.co.uk](mailto:info@total-bookkeeping.co.uk)

**ALEX**  
ELECTRICAL CONTRACTS LTD



- RE-WIRES
- PAT TESTING
- PART RE-WIRE
- INSPECTING AND TESTING
- FUSE BOARD UPGRADES
- FAULT FINDING

Telephone: 01708 744 226 • [alexelectrical.co.uk](http://alexelectrical.co.uk) • e: [info@alexelectrical.co.uk](mailto:info@alexelectrical.co.uk)

FAMILY BUSINESS  
SINCE 1976



NO JOB TOO BIG OR SMALL

**A.C.E ROOFING CO. LTD**

CALL US FOR A FREE NO OBLIGATION ESTIMATE

**01708 227 701**

THE GROVE, UPMINSTER ESSEX, RM14 2ER  
[WWW.ACEROOFING.CO.UK](http://WWW.ACEROOFING.CO.UK)



## AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted.

Satellites installed.

Aerial & dish realignment

TV extra points

[www.aerialsdirect.co.uk](http://www.aerialsdirect.co.uk)

[www.aerialsupminster.co.uk](http://www.aerialsupminster.co.uk)

**01708 347257**



### Longfellers

*tree surgery and garden care*

qualified arborists and gardeners  
*city & guilds, nptc*

**INSURED**

Free estimates

**Phone: 01708 641289**

**Mobile: 07984 524392**



**MBM Electrical Services Ltd**



Based in Upminster/over 30 years experience

**07971 293569**

**Website:**

**[Mbm-electrical.co.uk](http://Mbm-electrical.co.uk)**

**Email:**

**[Info@mbm-electrical.co.uk](mailto:Info@mbm-electrical.co.uk)**

**HOME GROWN HARDY OUTDOOR PLANTS**  
at

**LONG HOUSE PLANTS**

Shrubs • Perennials • Grasses • Ferns • Climbers • Bamboos

- An independent nursery with a friendly atmosphere
- Resident expert for free advice
- Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill, Romford RM4 1LD

**01708 371719** [www.longhouse-plants.co.uk](http://www.longhouse-plants.co.uk)

Open from first weekend in March to last weekend in September on Fridays & Saturdays 10-5, Sundays 10-4 & Bank Holidays 10-5



## KUSOOM BUGH



### RESTAURANT

Family run business- est 1978  
Fully licensed & Air Conditioned

#### Opening Hours

7 days a week, incl Bank Holidays  
Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm  
Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT  
Tel: (01708) 220038 or 222606

OAP £24, Child £20. Stop at Garden Centre en route. Jobbers 8:30am, Plough 8:40am.

**Sep, Sat 29th:** The Band: New musical by Gary Barlow featuring winners of TV show with songs by Take That. Cliffs Pavilion, no coach. £32 (worth £36.50). Please call Shirley Ward 01708 227884 to Book all trips. Fund raising for Engayne, James Oglethorpe, Hall Mead Schools, All Saints Church and Scout group.

## Wedding Fayre

A Wedding Fayre on Sunday 24th June from 10 - 4pm at the New Windmill Hall, Upminster is an ideal opportunity to view the Hall and all the facilities that we can offer for your wedding reception, party or any celebration. On hand to discuss all your needs will be caterers, cakes, bar and bar staff, florist, sweet cart, photographer, videographer, photo booth, magician, wedding cars, balloons, decorations, table displays, make up, DJ and music, 'first dance' lessons, plus many more still to confirm. Members of the New Windmill Hall committee will also be available to provide hire fees, dates available and take provisional bookings for any event. For more information about the day or to book a business pitch please email: newwindmill@hotmail.co.uk

## Breast Cancer Care Decorated Bra

All Saints Church, Cranham, invite you to come and if possible exhibit a decorated bra in support of the Breast Cancer Care campaign to raise funds and awareness of the good they are doing. On Saturday 26th May the church will be open to visitors to come and view the decorated bras and have a cup of tea, coffee and cake whilst admiring the works of art. Please support this deserving cause and if possible decorate a bra for display. For further information please contact Jeanette on 01708 501505.

## Brave The Shave!!

St Francis Hospice provided unbelievable help towards the end of my Dads life. Sadly in October last year he passed over after a three year battle with the disease we all hate! (Cancer) After two and a bit years of growing I have decided to shave my hair for an amazing team. It would have been my dad's birthday on June the 29th so I am going to let it grow until then and hopefully try and get it past my shoulders! Shaving my hair will not bring my dad back but if I can raise some money to help towards medical needs for the patients that are suffering from this dreadful

### THE FOOT SURGERY

Established 2002  
11A Billet Lane, Hornchurch, Essex, RM11 1TS  
For appointments tel 01708 621194

Ms. Meena Matharu  
SRCh MChS BSc FCPodS  
State Registered Chiropodist/Podiatrist  
&  
Specialist in Foot Surgery

Ms. Matharu has 18 years clinical experience in private practice  
Previously consulted for Harrods and Harley Street  
In 2002 attained surgical Fellowship having completed a 4 years Postgraduate course

**Treatments Available**  
Nail surgery, electro-surgery and cryotherapy  
Cortisone injections for pain management  
Sports medicine: bespoke prescription orthotics  
Comprehensive foot care for diabetics and arthritic patients  
Routine foot care i.e. nail cutting, corn and callous treatment  
Verrucae treatment

Email: meena@thefootsurgery.co.uk

 @thefootsurgeryessex

Visit our website: www.thefootsurgery.co.uk



disease. The shave evening is at the British Legion, 120 Collier Row Lane, Romford RM5 3DT starts at 7pm. The shave will be at 8pm. Lee has a donation site <https://www.justgiving.com/fundraising/lee-bennett1952>

## Spring Concert

Thurrock and Havering Male Voice Choir will be holding its annual spring concert at 7.30pm on Saturday 12th May in St John's Church, Victoria Avenue, Grays RM16 2RP. Guest Artiste, Phillip Simpson (tenor). The choir will perform a variety of songs, old and new. Refreshments will be available. Tickets £10 from 01375 643482 or on the door.

## Diabetes UK

Diabetes UK- Havering Group Meetings are held at North Street Halls, 24 North Street, Hornchurch - Opposite Iceland, RM11 1QX normally on the third Monday of each month (except for August and January) at 8pm. Everyone is welcome to our group. If you are a diabetes sufferer it is well worth coming to our meetings, we can provide the support you need. Our group has been established for 37 years. We have a speaker every month, on a medical subject, you can really get some good advice. Contact our secretary, Ann on 01708 -935779, for more details, Ann will be more than happy to assist

you with your enquiry  
<http://havering.diabetesukgroup.org>

## Queen's Theatre

Disco royalty rolls into town for a glamorously feel-good musical - Priscilla, Queen of the Desert from 27th April. Based on the hit movie starring Terence Stamp and Guy Pearce.

## Murder Mystery The Wesley Players

The next production for the Wesley Players is W.I. Blues, a light comedy, by John Peel. Grace is hosting an unofficial W. I. meeting at her home. She has called a few friends round to discuss, prior to the forthcoming AGM, the threat to the organisation by the "wrong sort of people" in the village. Will the evening go as smoothly as she expects? £7 for Adults, £5.50 for Concessions and £3.50 for Children (under 16). As usual, Senior Citizens are admitted free to the Thursday & Friday evening shows. Tickets will be available on the door or may be booked in advance via the Box Office (text or phone) 07708 214742 or email [tickets@wesley-players.co.uk](mailto:tickets@wesley-players.co.uk). Performances are at 8.00pm on Thursday, 17th, Friday, 18th and

*continued on page 15*

## HAVERING FIREPLACES & STOVES



01708  
444954

Complete Supply & Installation Service  
Fitting Only Service also available  
Fireplace Packages / Stoves  
Clearview Stove Range  
Cast Iron Inserts and Fireplaces  
Large selection of Marble & Limestone  
Gas & Electric Fires  
Qualified and Experienced Staff  
Free Home Installation Survey  
Never Beaten on Price

1-5 Butts Green Road, Hornchurch, Essex, RM11 2JR  
E Mail - [info@haveringfireplaces.co.uk](mailto:info@haveringfireplaces.co.uk)  
[www.haveringfireplaces.co.uk](http://www.haveringfireplaces.co.uk)  
Open 10am - 5pm - Monday - Saturday



## Meadowbanks Residential Care Home



Meadowbanks is a 40 bedded residential care home which specialises in dementia care.

The home is located in four acres of meadowland in Upminster, Essex.

Offers large single, fully furnished bedrooms with en-suite shower.

Proprietors: T.L.Care (Havering) Ltd  
Hall Lane, Upminster, Essex, RM14 1TT  
Telephone: 01708 330140  
[info@meadowbanks.co.uk](mailto:info@meadowbanks.co.uk)

[www.meadowbanks.co.uk](http://www.meadowbanks.co.uk)





## **Upminster Plastering & Building Services**

**01708 221297 or 07765 013623**

**Kitchen & Bathroom Refurbishment  
Exterior/Interior Paintwork  
Extensions & Alterations  
Plastering & Rendering  
Guttering & Fascias  
Pebbledashing**

*LOCAL TRADESMAN WITH OVER  
40 YEARS EXPERIENCE (references given)*

**01708 221297 or 07765 013623**

**E-mail: upminsterplastering@gmail.com**

## **Wall & Floor Tiling by Keith Dennis**

Over 30 years experience in wall and floor tiling.  
No job is too big or too small. All quotes are free.

- \* Wall & Floor Tiling Contractor
- \* Specialist in Ceramic, Porcelain and Stone
- \* Kitchens, Bathrooms and Wet Rooms
- \* Painting & Decorating Service Available

Contact me on:  
Mobile: 07976 299415  
Home: 01708 227371  
E-mail: ck\_dennis@yahoo.co.uk

## **The Secret to a Beautiful Lawn**



Contact us for your free lawn analysis and advice

**01277 227988**

Email: essexsouth@greenthumb.co.uk www.greenthumb.co.uk

## **B.K.C. ROOFING LTD**

**FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE  
Railway Infrastructure, Commercial, Domestic**

**Tel/Fax: 01708 340052 Mobile: 07976 278026  
Email: Barrycassbkc@aol.com**

Member of the Construction Health and Safety Group  
Approved contractor by Kingspan Alumasc, Bauder,  
Rubber Bond, Widopan  
**Green roof specialists**

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs  
New tile roofs, slate roofs, Metal roof, lead roof  
UPVC Fascia, soffit and guttering  
All work guaranteed, fully insured.

**Free estimate**

# LKB Carpentry



**Lee's Kitchens, Bedrooms &  
Carpentry LTD**

Visit my website to view my work  
[www.LKBcarpentry.co.uk](http://www.LKBcarpentry.co.uk)  
Upminster **07909630862**

## **Shepherd Contracts**

- We unblock and clean all drains, baths, sinks, showers, rain water pipes & gulleys
  - We carry out CCTV drain surveys
- We renew and repair all drains in commercial/domestic properties
- We also repair and replace all underground lead pipes



**Tel: 01708751099**

**Mob: 07956665272**

**Email: acleminson@googlemail.com**

**www.Drains&Mains.co.uk**

Approved by:



## **ADVERTISE YOUR BUSINESS HERE**



**Delivered to over 20,500 homes  
Contact RON OWER**

**Telephone: 07721 780372**

**E-mail: bulletinra@yahoo.co.uk**

## **Multiclean**

**House Clearance, Rubbish Removal, Cleaning, Maintenance**

Why use us?

- We are a local family business, trading for over 30 years providing a friendly personal service, we can clear rooms/garages/gardens, thoroughly clean the property and then carryout any required maintenance such as decorating and repairs
- Donna, the owner has a full clean criminal record check, we feel important good practice for businesses to show customers they are honest and trustworthy
- We have a waste carriers licence (CB/QM3449HM/V002) All rubbish removal businesses must have this.
- Full or part service available including domestic cleaning, free quotes given
- We are fully insured



**Contact us on 01708 701848/07954173664**

Donna Sldgwick

T/A Multiclean 169 Warren Drive, Hornchurch, Essex RM12 4QU



# St. Mary's DENTAL CARE

Dr Mia Rafiee & Associates

B.D.S. (Sweden)

New NHS and Private Patients Welcome

Dental Implants now available

Modern Friendly Environment

Emergency Treatment

Cosmetic Dentistry

Flexible Dentures

Zoom Laser Whitening

Hygienist Available

Air Polish



## Surgery Hours

Monday, Tuesday, Wednesday and Thursday  
9.00am - 5.30pm

Friday  
9.00am - 7.00pm

Every Saturday  
9.00am - 4.00pm  
(Hygienist only)

Tel/Fax  
01708 229 330  
163  
St. Mary's Lane,  
Upminster,  
Essex RM14 3BL

We emphasise the need to preserve your natural teeth by the prevention of tooth decay and gum disease

Saturday, 19th May 2018 at Wesley Hall, Upminster Methodist Church, 10, Hall Lane, Upminster, Essex. RM14 1AE.

The roads below will have restrictions during the event. For full details see <http://www.wearefstvl.com/info/>

## Temporary Speed Limits

Warwick Lane, between Aveley Road and Gerpins Lane

Aveley Road, between Warwick Lane and Gerpins Lane

30 MPH restrictions, from 16/05/18 to 31/05/18

## No Waiting/Stopping Restrictions

Aveley Road

Park Farm Road

Berwick Pond Road

Warwick Lane

Gerpins Lane

Harwood Hall Lane

Corbets Tey Road

Ockendon Road

All from 0800 on 25/05/18 to 1800 on 28/05/18.

## Road Closures

Meadowside Close

London's Close

Harwood Hall Lane

Sunnings Lane

Stubbers Lane

Dennises Lane

Dennises Lane

Sunnings Lane

Bramble Lane

Aveley Road

Romford Road

Aveley Road

All from 0800 on 25/05/18 to 1800 on 28/05/18, although most will not be enforced on Friday and Monday, unless exceptional circumstances dictate otherwise.

## One Way Restrictions

Harwood Hall Lane

## Kids Activity Expo

Get ready for some full-on family fun, as Kids Activity Expo returns to Upminster in May.

The award-winning Expo aims to encourage children to be active and healthy and brings together local groups, clubs and organisations to offer a range of exciting activities all under one roof. In its fifth year and proudly sponsored by the Romford Shopping Hall and McDonalds, the event is being held at The Coopers Company and Coborn School on St Mary's Lane on Sunday May 6th, 10.30am to 4pm.

Book your FREE entry tickets today at [www.KidsActivityExpo.com](http://www.KidsActivityExpo.com)

## Weare FSTVL Traffic Restrictions

We have been given the following information:

Resident Hotline Number: **0208 781 7139**. Active from 8am Tuesday 15th May - 8pm Friday 1st June (on 8am - 9pm). Between 8am Friday 25th May until 9pm Monday 28th May the phone number will be 24hrs.

PERSONAL ATTENTION FROM THE COYTE FAMILY

**HAROLD WOOD FUNERAL SERVICES**

**0844 453 3671**

**24 HOUR EMERGENCY CALLS**

*Golden Charter Funeral Plan Specialist*

*£125 off with this voucher*

*Fees rising in April 2015*

*"We decided to use you because of the warm and caring reception we received"*

*Since 1967 in*

**43 Station Road, Harold Wood, RM3 8HX**

Other offices in Hilldene, Collier Row and Hainault

Office hours Mondays-Fridays 9am-5pm,  
Sats 10am-Midday and 10am-3pm in Hilldene

**INFO@HWFUNERALS.CO.UK - WWW.HWFUNERALS.CO.UK**

Stubbers Lane  
Dennises Lane  
Bramble Lane  
Aveley Road  
All from 0800 on 25/05/18 to 1800 on 28/05/18, although most will not be enforced on Friday and Monday, unless exceptional circumstances dictate otherwise.

Our next Open Morning is on Thursday 3rd May 9.30 - 11.30. To reserve a place call 01708 256721. Harwood Hall, Harwood Hall Lane, Upminster, RM14 2YG.

## Oakfields Montessori School Open Day



## U.C.R.A Coach Outing News

Saturday 5th May 2018  
**BURY ST EDMUNDS**

Back by popular demand a return visit to this important market town with a richly fascinating heritage.

*continued on page 17*

## S C R Roofing

• All flat roofing • Asphalt and felt systems • Facias and gutters

**All staff fully trained, Fully insured, All work guaranteed**

**Contact Steve Rawles**

**Tel: 07971 171363**

## BOILER CHANGE

**Raymond Coomer**

**Sarah Cordell**

**BOILER REPAIRS & REPLACEMENTS**  
**PLUMBING ■ SERVICING ■ RADIATORS**

**GAS SAFE Reg No. 576292**

**14 Birch Crescent, Ardleigh Green, Hornchurch**

**01708 477146**

**07761 049852**



**Upminster MOT & Service Centre**

*Free Local Collection & Delivery*

**Covering Cranham Upminster Hornchurch**

**\*\* Air Con Regas Only £49.95\*\***

**MOT's Only £39.95**

**Or**

**Included with Any Service**

Time Tees Cars, 11 Station Road Upminster.

01708 250011. [www.timeteescars.co.uk](http://www.timeteescars.co.uk)

Next to Costa Coffee!



# Uppercut

multi award winning salon group

## MAD MONDAY

Cut & Blow Dry only £25

with selected Hair Designers every Monday

17-19 Market Place  
ROMFORD  
01708 765111

5 North Street  
HORNCHURCH  
01708 441393

2 High Street  
BRENTWOOD  
01277 848586

193 Manford Way  
CHIGWELL  
020 8500 0022

phone or book online for an amazing hairdressing experience  
[www.uppercuthairgroup.co.uk](http://www.uppercuthairgroup.co.uk)



THE  
**BOILER**  
REPLACEMENT CO.

## THE BOILER & BATHROOM REPLACEMENT SPECIALIST

Call us for a free quote

Which?  
Trusted trader

**01708 226682**  
[www.boilerreplacement.net](http://www.boilerreplacement.net)

## Sunday Lunch at the



*De Rougemont Manor*  
Hotel & Suites

**2 Courses - £19.95    3 Courses - £23.95**

Reserve your table today  
**01277 226418**

Great Warley Street,  
Brentwood, Essex CM13 3JP

[www.derougemontmanor.co.uk](http://www.derougemontmanor.co.uk)

**LORNE GUTTERIDGE D.O.**

OSTEOPATH  
Est. 1988

LOW BACK & NECK PAIN, SCIATICA  
ARTHRITIS  
WHIPLASH  
HEADACHES & SPORTS INJURIES

39 Nags Head Lane  
Brentwood  
CM14 5NL

Office: (01708) 227786  
Mobile: 07909 913 331

[lornegutteridge@hotmail.co.uk](mailto:lornegutteridge@hotmail.co.uk)

*Kalijeera*  
INDIAN CUISINE

## Finest Indian Cuisine

Recently Refurbished

**SPECIAL BANQUETING  
NIGHT EVERY TUESDAY**

5 - COURSE MEAL

ONLY £11.50 PER HEAD &

CHILD £7.95

POPADUM AND CHUTNEY

ANY CHOICE OF STARTER

ANY CHOICE OF MAIN DISH

ANY CHOICE OF SIDE DISH

ANY CHOICE OF RICE OR NAAN

Open 7 days a week

6pm - Midnight

Including Bank Holidays

and 12 noon - 2.30pm for lunch

Take away menu available

**Free Home Delivery**

£2.00 EXTRA FOR HOUSE SPECIAL,  
CHEF'S SPECIAL OR KING  
PRAWN DISH

32 Corbets Tey Road, Upminster, RM14 2AD

Tel: 01708 222263 / 228516 / 07903 800003



**Cine-Slides-Video 2 DVD**

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810    [www.slides2disk.co.uk](http://www.slides2disk.co.uk)

## the sycamores swim school

161A Hacton Lane, Upminster, Essex RM14 2YE

**We offer Parent & Baby,  
Pre School & Junior Lessons  
from 4 weeks-11 years  
in a warm, clean pool.**

**Lessons are fun and structured  
with experienced teachers.**

Please call for more information on 07961750173  
or visit our Facebook page.

## FEN BUILDING AND ROOFING CONTRACTORS

All aspects of domestic building works undertaken

- Garage / loft / room / conversions
- Extensions structural opening or repairs
- Kitchen / bathroom renewal
- Property maintenance
- Flat roofs
- Chimney stack relead / repoint / remove / rebuild
- Upvc fascia soffit window works
- Valley replacements
- Any roofing repairs
- New roofs - strip and retile



Office : 01708 225295 Mob 07939 152828 or 07929 334990  
E-mail: [fenbuilding@ntlworld.com](mailto:fenbuilding@ntlworld.com)

**FREE ESTIMATES - ALL WORKS GUARANTEED**



# Mobile Locksmiths

Specialising in all UPVC & Composite Door Multipoint Locking Systems / Handles & Cylinders

We also supply and install, all Locks, Key Safes, Mul-T-lock Cylinders & Keys, Insurance Approved Safes, Window Locks, Security Grilles, Gates, New PAS 23/24 Insurance Approved Doors.

Office: 01708 453 168

Jamie: 07968 940 678

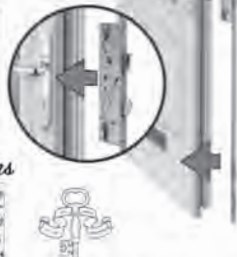
Ollie: 07515 519 971

**ATCL**  
**LOCKSMITHS**

We are approved by & have the following accreditations



Around The Clock Locks Ltd, 45 Elms Farm road, Hornchurch Essex RM12 5RH



The striking combination of medieval architecture, elegant Georgian squares and the glorious Cathedral & Abbey gardens provide a variety of attractions. There is also prestigious shopping, and an award-winning market.

Tickets are £17.00 each bookable with Gina Savill-Turner tel: 01708 228270 or 07958 006503

**WINDSOR** - With optional Cream Tea Cruise !! Saturday 14th July

You can't say the word Windsor without conjuring up images of the worlds oldest and largest inhabited castle, Eaton College, River Thames, quaint shops and an abundance of pubs, restaurants & cafes. You also have the option of an afternoon (2 hour) 'Cream Tea Cruise' departing from Windsor, Cruising upstream with classic views of Windsor castle on the return journey.

Coach & Cream Tea Cruise £38.50

Coach only £17.50

**EASTBOURNE AIRSHOW** - With optional exclusive seating. Saturday 18th August

'Airbourne' celebrates 26 years of airshow excellence in 2018. Regularly features the very best in military and civilian aviation display teams including the Red Arrows, Typhoon and the Battle of Britain display. Exclusive seating on the Bandstand Promenade Deck allows you to reserve your place and avoid the crowds. Come and go as you please knowing you will have your seat to come back to. (limited availability). Coach and seating £29.00. Coach only £17.50.

Please contact Gina Savill-Turner 01708 228270 / mobile 07958 006503 gina.savill-turner@email.com

**We have a few remaining seats left on our Winchester Trip**

## WINCHESTER

Saturday 30th June 2018

The Cathedral, with its 17th-century Morley Library, Winchester Bible and Norman crypt is well worth a visit, it also boasts the longest nave in Europe! Wander through the winding streets of Winchester and you will find independent and big name stores, chic boutiques and designer treasure troves alongside exclusive cafes, restaurants and vibrant galleries.

Coach departing Upminster at 8.30am

after usual pick ups (please see below) Tickets priced at £17.50 each are available from Joan Carroll on 01708 937579.

Pick-up times for Winchester

Saturday 30th June

Top of Avon Road 08.15

Golden Crane 08.20

Opposite the Plough 08.25

(Cranham Village)

Upminster Junior School

(opposite St Francis Hospice

Charity shop) 08.30

## FOLLOW US ON FACEBOOK

UCRA Upminster & Cranham Residents Assoc

## LOCAL FUTURE EVENTS MAY

5,6 Saturday/Sunday - Upminster Tithe Barn. Open 10:30am - 4pm. Free entry.

8 Tuesday - **Upminster and District Horticultural Society**, The subject is Bulbs for all Seasons.. The lectures are held in the New Windmill Hall, St Mary's Lane, Upminster from at 7.45pm until 9.45pm. Admission is free to members and £2 to non-members. For more information visit www.upminsterhorticulturalsociety.co.uk

8 Tuesday - **NADFAS** (Havering) welcomes

Patricia Erskine-Hill with a talk entitled 'Pleasure Palaces and Patriarchs - The Golden Age of the Russian Country House'. Lecture 10.45am. Coffee from 10.00am. Visitors welcome at £8. Meetings are held at The New Windmill Hall, St Mary's Lane, Upminster RM14 2QH. Further details of forthcoming lectures and events can be found at www.haveringdfas.org.uk

9 Wednesday - **The Front Lane Community Association Tea Dance** at Cranham Social Hall, Front Lane, Cranham, RM14 1XN on the 2nd Wednesday of each month. Doors open 2.15 p.m. Come along and make new friends, whilst dancing to music by 'John'. £3.50 inc refreshments. Pay on the door. Further details contact Val on 01708 224166.

9 Wednesday - **Nelmes Women's Institute** meet on the 2nd Wednesday of every month and welcome new members of all ages. Meetings are held at Nelmes United Reformed Church Hall (corner of Nelmes Road and Burntwood Avenue, Hornchurch, RM11 3JA). Meetings start at 2 pm promptly. Please contact Ruth McDougall on 01708 448431 or Ruth.wellwisher@gmail.com for further details.

9 Wednesday - **Havering U3A** Anne Stott on "The Golden Age of Venice". Havering U3A meets at 2:30pm on the second Wednesday of the month at St Michael's Church Hall, Main Road, Gidea Park, Romford. www.u3asites.org.uk/havering

10 Thursday - **Upminster and Cranham W.I.** are looking for new members. We meet in the St. Laurence Hall (next to the Library) in Upminster on the second Thursday in the month. Doors open at 1.30 pm for a 2 pm start till 4 pm. We have talks on a wide range of subjects. We have lunches, afternoon teas, Outings and more. Why not come along and give us a try and meet new friends. For more information please contact President Margaret Reynolds on 01708 471977.

11 Friday - **RSPB Havering Local Group Indoor Meeting** - An illustrated talk will be presented by a guest speaker, which will follow our AGM. Note: If you feel you would like to give some of

*I'm planning now, so they don't have to later*

Plan ahead now and pass on peace of mind with a Funeral Plan.

To find out more contact:

**Austin Chapel Independent Financial Advisers LLP**

Suite 4 St Laurence House  
Gridiron Place, Upminster,  
Essex RM14 2BE

Call 01708 220816

in association with  
**Golden Charter**  
Funeral Plans



your time to assist the committee and would like to join in with our fund-raising efforts, then please don't hesitate to contact a committee member at the meeting. 7:30pm - 9:45pm. All meetings take place upstairs in the Meeting Room at Hornchurch Library, Hornchurch. Entrance is £3.

13 Sunday - **OASIS** - A 'disability-friendly' meeting for adults at Cranham Baptist Church, Severn Drive. A traditional Sunday Service is not for everyone. Oasis meetings are accessible, friendly and informal. If you are interested in coming please contact the Oasis Team on: 01708 223551 or 07714 853545. 3.00 to 4.30 pm.

14 Monday - **Havering Branch Essex Wildlife Trust** Illustrated talk- ESTUARIES John and Margaret Rostrom discuss how many estuaries are a prominent feature of the Essex coastline, as well as many other places in Britain.. Meetings are held in the 1st floor meeting room in Hornchurch Library from 8.00 pm to 9.45 pm. Donation of £2.50 to help cover hall hire, this includes tea, coffee and biscuits. For more information contact the Secretary Joy Emerson on 01708 440297.

15 Tuesday - **Upminster U3A** Libby Rome, "Canine Partners". University of the Third Age - meets at 1pm on the third Tuesday monthly in the New Windmill Hall, St Mary's Lane, Upminster. Doors open at 12.30pm. For further information about membership and current interest groups, come along to a meeting for free or check out our website www.u3asites.org.uk/upminster.

15 Tuesday - **Cranham Engayne W.I.** welcomes new members and visitors. Meetings held on the 3rd Tuesday of each month at 2 pm to 4 pm at the Cranham Community Centre, Marlborough Gardens.

17 Thursday - **Upminster Wine and Social Club** meet on the third Thursday of the month at 8 pm in the Cranham Social Hall, Front Lane, Cranham. We hold meetings every month with a variety of speakers and wine tasting. For more information contact Maureen Jasper on 01708

*continued on page 19*

Is your Summer ready?

Make your conservatory sparkle again

- Complete roof wash & hand polish
- Cleaned inside & out
- Decorative mouldings cleaned
- Solar panel cleaning
- Full public liability insurance

**The UK**  
**CONSERVATORY CLEANING**  
**Company**

Call today for a FREE no obligation quote.  
01277 790 173 or 07726 323 800  
Email: enquiries@ukccc.co.uk  
or go to www.ukccc.co.uk

**CRANHAM GARAGE**

**M.O.T & SERVICE CENTRE**

**www.cranhamgarage.co.uk**

**\*\*M.O.T TESTING\*\***

**\*\*VEHICLE SERVICING\*\***

**\*\*VEHICLE REPAIRS\*\***

**\*\*VEHICLE DIAGNOSTICS\*\***

**\*Up to 40% Cheaper than main dealers\***

**\*38-40, FRONT LANE, CRANHAM, ESSEX, RM14 1XW\***

**TELEPHONE: 01708 221704**

**E-MAIL: bookings@cranhamgarage.co.uk**

**\*TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS\***



## Call : Gary or Liam

# DOUBLE GLAZING



**REPAIRS**  
Broken, Misted,  
Sealed Units  
Handles, Rollers  
Hinges, Locks etc.



[weatherbesthornchurch.co.uk](http://weatherbesthornchurch.co.uk)

Fully Guaranteed  
Telephone 01708 437174

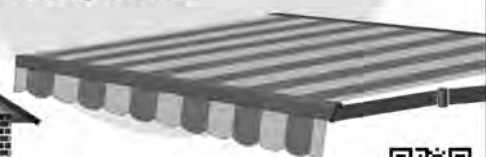
New Window & Door Installations

OAP Discount

EST 1989



Interior blinds  
Roller shutter garage doors  
Sun awnings  
Sun awning recoveries and repairs  
Security shutters



Based in Navestock. Visit the website [www.drathmore.co.uk](http://www.drathmore.co.uk)  
Tel: 01708 755667 Email: [sales@drathmore.co.uk](mailto:sales@drathmore.co.uk)

## MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING  
IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD.  
PART EXCHANGE AVAILABLE. OAP DISCOUNT.  
ALL WORK GUARANTEED. 36 YEARS EXPERIENCE



PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695  
[www.mobilesewingmachinesrepairs.co.uk](http://www.mobilesewingmachinesrepairs.co.uk)

## A C DECORATORS • Upminster & Essex

All types of interior & exterior decorating  
at competitive rates

Free estimates and advice

Tel: 07868 300376 Email: [alanlcalder@gmail.com](mailto:alanlcalder@gmail.com)

See what my customers say – [www.checktrade.com/ACDecorators](http://www.checktrade.com/ACDecorators)

## IN DOORS LTD

Local Manufacturers

COMPLETE NEW KITCHEN & BEDROOMS

Supply only, or Supplied and Expertly Fitted, Design & Planning

OR REPLACEMENT

Kitchen & Wardrobe Doors

Vinyl-Gloss Slab, Handleless Matt Finish  
Painted Solid Wood-BS/RAL- Farrow & Ball colours

**WORKTOPS** - Laminate/Granite & Quartz

Most Appliances available – Blanco, Neff,  
Siemens, Bosch, Belling etc.

**HANDLES** - Large range Inc. SWAROVSKI  
Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory

Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm

Tel: 01708 671199

Units 5-7 ARCAN ROAD, S.OCKENDON RM15 5SX

Email: [info@indoorsessex.co.uk](mailto:info@indoorsessex.co.uk)

No appointment necessary

## NEW ENTERPRISE

### PEST CONTROL

01708 224419

RATS MICE COCKROACHES

WASPS BIRDS FLEAS ANTS

MEMBERS OF THE N.P.T.A.

OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED

FREE SURVEYS

LOCAL COMPANY

111 AVON ROAD

UPMINSTER



## My Home Maintenance Services

Garden Landscaping & re-shape

Hedge-cutting & pruning

Grass cutting & lawn maintenance

Driveway & patio cleaning

Gutter cleaning

Painting interior & exterior

Re-stain fencing & decking areas

Fully insured – competitive rates – Local

For further information call us on

Home 01708-229946 Mobile 07904204417

## AquaTech

HEATING & PLUMBING TECHNICIANS

PLUMBING, HEATING & BATHROOMS,  
GAS BOILER INSTALLATION, REPAIRS & SERVICING,  
TAPS, TOILETS, TANKS, CYLINDERS ETC.

24 HOUR EMERGENCY SERVICE

NO JOB TOO SMALL - NO CALL OUT CHARGE

A PROFESSIONAL, RELIABLE AND FRIENDLY SERVICE

Tel: 01268 963290 Mob: 0750 315 3480



Email: [info@aquatech.org.uk](mailto:info@aquatech.org.uk)

Web: [www.aquatech.org.uk](http://www.aquatech.org.uk)

CITY & GUILDS QUALIFIED TRADESMAN



GAS SAFE REGISTERED



## Gardening and Domestic Handyman

*In need of an honest local handyman?*

Contact David anytime 07790 927926 or 01708 227535

d.gardenandhome@btinternet.com

All quotes free, OAP discount on all jobs

Not qualified, just a good handyman.

All tools supplied.

20 years experience

Fully insured,

References available on request.



### Garden maintenance includes:

Mowing, Turfing, Pruning, Paving, Gutters cleared.  
Garden clearance, Hedge trimming, Planting  
Tree and shrub removal Fence and shed re-sprays  
Patio/conservatory power-washing.

Anything else, just ask.....no job too small

### Domestic services:

Painting, Tiling  
Furniture assembly.

Laminate flooring,  
Wall hung cabinets fitted

Anything else, just ask!

**Westbury  
James**  
INTERIORS

Tel: 01708 227273 Email: info@westburyinteriors.co.uk  
WESTBURY FARM, ST MARY'S LANE, UPMINSTER, RM14 3NU

## Probably the best kept secret in Upminster

Westbury James Interiors manufacture and fit bespoke furniture for Kitchens, Bedrooms, Bathrooms, Home Offices & Living Rooms. Contemporary High Gloss, Traditional Wood and Timeless Shaker designs - we have ranges to fulfil every design concept. Our colour-matched quality carcasses with clever storage solutions are made to measure, with a wide range of worktops & handles providing the perfect finishing touches.



Kitchens



Bedrooms



Bathrooms



Living Areas



Offices



## ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing,  
Fencing, New lawns, Garden Lights, Brickwork,  
Garden Design, Steps, Block Paving

Phone: 01702 258445 Mobile: 07814 940335  
Punchbowl, Churchend, Pagelesham, Essex, SS4 2DP

[www.anglepaving.co.uk](http://www.anglepaving.co.uk)

email: angle.paving@o2.co.uk

Do it Right, the  
First time!

## Fleet of Foot Podiatry and Chiropody

Thickened nails, fungal nails, in-growing nails, corns, callus, dry cracked heels, claw, hammer or mallet toe lesions, verrucae and warts, dermatological conditions, fungal infections, achilles tendonitis, bunions, plantar fasciitis, heel pain, metatarsalgia, morton's neuroma, leg length discrepancy, foot pain, ankle pain, knee pain, hip pain, lower back pain, shin pain, sports injuries, walking, running and gait disorders, gait analysis, insoles, orthotic therapy, custom orthosis, paediatric conditions, systemic conditions, annual diabetic foot checks.

By appointment only, please book online through our website, alternatively leave a message by answerphone, text or email, and we will call you back to arrange an appointment as soon as we are out of clinic.

Fleet of Foot  
53 Bridge Avenue,  
Upminster,  
RM14 2LP

01708 535475  
07954 655588

[www.fleetoffoot.co.uk](http://www.fleetoffoot.co.uk)  
contact@fleetoffoot.co.uk

Greg Kilner  
Podiatrist / Chiropodist  
BSc Pod Med  
HCPC: CH34225

223956, or simply come along on the night. You will be most welcome.

18 Friday - **Haverling Antique and Collectors Club** meet at the Neighbourhood Centre, Gubbins Lane, Harold Wood on the third Friday of the month. Starting at 7.30 pm. Guests £4. For further details please call our Chairman Mrs Chris Lovett 07947 367258.

19,20 Saturday/Sunday - **Upminster Tithe Barn**. Open 10:30am - 4pm. Free entry.

21 Monday - **Breathe Easy** - Haverling meet at St Andrews Church, Hornchurch, in aid of the British Lung Foundation on the last Monday of the month. The meetings run from 1.30 - 3pm, £3 donation is appreciated. We are a support group for people with COPD, Asthma or other Breathing Difficulties. For details please ring Joyce on 01708 226696 or Elaine on 01708 509127.

23 Wednesday - **Upminster Park Towns Womens Guild** meet on the fourth Wednesday of every month at 2 pm to 4 pm in Derham Hall (behind Upminster Library), Upminster. Afternoon tea, talks and outings amongst a friendly group of ladies, all most welcome. For more information contact Deborah Pryor on 01708 226127 or Ann Monk on 01708 226305 or simply come along.

30 Wednesday - **Upminster and District Probus Club** meet at The Cranleigh, 84 Station Road, Hornchurch, RM12 6LX. Encore Harmony Singers. Contact Barry on 01708 703783 and leave a message or send an email secretary@upminsterprobus.com.

30 Tuesday - **Upminster Camera Club** Member's evening, with George Kaim "How to improve your photography skills". Cranham Community Association, 115a Marlborough Gardens, Upminster, RM14 1SR. 7.45pm. www.upminstercameraclub.org.uk

### JUNE

2,3 Saturday/Sunday - **Upminster Tithe Barn**. Open 10:30am - 4pm. Free entry.

2 Saturday - **RSPB Haverling Local Group** Coach Outing - RSPB Minsmere NR, Suffolk. Minsmere is the RSPB's flagship reserve. Contact Michael Hughes for more info or to book your ticket by 25 May £18. 01708 250585 E-mail: mikeboy15@gmail.com

2 Saturday - **Sugar Craft** - Venue, Fairkites Art Centre, Billet Lane Hornchurch, Time 1.30 - 3.30pm, Entry Price now £7, includes Tea and Cake.

2 Saturday - **The Haverling Branch of the East of London Family History Society** hold meetings on the first Saturday of every month at Trinity Church, Station Road, Upminster RM14 2SJ doors open at 1pm meeting starts at 2pm. This month "Assignations at the Astoria Hotel, Brussels in 1914 and other secret meetings in the First World War" with Dr Vivien Newman. The Internet & Technology Group meet at the same venue 11am - 1pm where a Q&A session is followed by a workshop. Teas and coffees can be purchased. Members and visitors welcome to either or both.

5 Tuesday - **Oglethorpe Women's Institute**. We look forward to a return visit by Kay Ball who will talk about Skin Care.. Our meetings are held at Cranham Social Hall, 103 Front Lane, RM14 1XL on the first Tuesday of every month at 7.45 pm. Contact Secretary Mrs. E. Bell on 01708 251161 or just come along on the evening.

6 Wednesday - **Harold Wood Evening W.I.** meet on the 1st Wednesday on the month at the War Memorial Hall in Gubbins Lane 7.30 pm for 7.45 pm start. Visit from our local Police. Visitors welcome entrance is £4.50, which includes refreshments. For more details please ring Joanne on 0787 5670419.

7 Monday - **Haverling Branch Essex Wildlife Trust** - Bird Walk At Cranham Marsh. Meet at the end of Park Drive, Upminster at 08.00am. Donation of £5 followed by light refreshments.



Construction and Landscaping specialists

13 Juliet Way, Purfleet Industrial Park,  
Aveley, South Ockendon RM15 4YD

t: 01708 545 110

e: info@milbarnconstruction.co.uk  
w: www.milbarnconstruction.co.uk



### Specialists in Home Extensions

- Refurbishment ■ Renovation
- Improvement ■ Maintenance
- Alterations ■ Decoration

All aspects of Landscaping & Groundwork

Chimney Breast Removal

£5,000,000 public liability insurance

Residential and Commercial work

Fully Qualified Tradesmen

"experts in the construction industry..."



## Right Equity Release

Ensuring you choose the Right Equity Release

**Are You a Home Owner aged over 55?**  
**Have you ever considered releasing the money in your home to...**

- Pay for Home Improvements
- Debt Consolidation
- Luxury Holidays

### For more information

Call: 0800 6127362

Mob: 07964 282678

Kevin.hull@therightequityrelease.co.uk

The Right Equity Release Ltd which is authorised and regulated by the Financial Conduct Authority Registered in England and Wales No. 07166676



**BF Mulley & Son**  
Incorporating Horace Fry

Chapel of Rest | Home Arrangements | Distance No Object  
World Wide Repatriation | Ample Client Parking | Memorials

Family Owned Funeral Home  
24 Hour Funeral Service



254 St. Mary's Lane Upminster RM14 3DH Tel. 01708 220330  
28 High Street, Hornchurch RM12 4UN Tel 01708 442145  
[www.bfmulleyson.com](http://www.bfmulleyson.com) email - funerals@bfmulleyson.com

## D.G. PLUMBING SERVICES

All plumbing work undertaken  
FREE camera video gutter cleaning inspection  
High reach vacuum tech  
No mess No ladders  
FREE estimates  
01708 220994 07977 214541  
52 The Grove Upminster RM14 2ET



## Upminster Fencing Limited

Family Run  
Business

Established  
Since 1994

SUPPLY & FIT - ALL REPAIRS CARRIED OUT

PRESSURE TREATED PANELS - FREE ADVICE & QUOTATIONS

MONDAY-FRIDAY: 7AM-4PM

SATURDAY: 8AM-12PM

01708 225599 - 07831 281590

[UPMINSTERFENCING.CO.UK](http://UPMINSTERFENCING.CO.UK)

[ADMIN@UPMINSTERFENCING.CO.UK](mailto:ADMIN@UPMINSTERFENCING.CO.UK)



Upminster Fencing,  
Mardkye Works,  
St Mary's Lane,  
Upminster,  
Essex,  
RM14 3PA



**Chartered Accountants**  
for individuals  
small businesses  
and charities  
in Havering, Essex and the City

accounts, tax returns, VAT, payroll, fixed fees, secretarial,  
start-ups, incorporation, independent examinations, personal  
and business tax

**FREE COMPANY FORMATIONS FOR NEW AND EXISTING CLIENTS**

a member of the  
ICAEW Business Advice Service



contact Daniel Gricks for a free consultation  
and/or quotation on **01708 225768**  
[daniel@upminsteraccountants.co.uk](mailto:daniel@upminsteraccountants.co.uk)  
[www.upminsteraccountants.co.uk](http://www.upminsteraccountants.co.uk)



## HANDYMAN / GENERAL BUILDER

LOCAL BUILDER WITH 35 YEARS EXPERIENCE

NO JOB TOO SMALL

REPAIRS / REFURBISHMENT / NEW WORKS

Call John for a free and without obligation quotation/advice



Recommendations available

Public liability insured

Mobile number: 07970 074664

Home telephone: 01708 913714



## V Martin Legal Services & Notary Public

Arundel Business Centre, 49 Station Road, Harold Wood, Essex,  
RM3 0BS

## Free 30 Minute Consultation

either in person or over the telephone.

Do you have an issue that requires our assistance in  
any of the following areas of law?

- Wills
- Asset Protection
- Tax Planning
- Trust and Estates Administration
- Court of Protection
- Powers of Attorney
- Probate

We offer a **free 30 minute consultation**, where we will  
provide you with any relevant information and  
advise you on any aspects of our specialisation.

**Call us on 01708 375051 to make an appointment!**

**We offer home visits by appointment only.**

## An Inspiring world of education

Limited places Years 3 and 4

Now taking registrations for Reception intake 2018

With our passion for teaching  
and holistic approach we  
ensure every child has a  
well-rounded education to  
be able to fulfil their potential



**Oakfields**  
Montessori School

A co-educational prep school for  
boys and girls aged 3 - 11 years



Oakfields is part of the Cognita Schools Group  
[www.cognitaschools.com](http://www.cognitaschools.com)

Harwood Hall, Harwood Hall Lane, Upminster RM14 2YG. 01708 256721

[www.oakfieldsschool.co.uk](http://www.oakfieldsschool.co.uk)



Garden Services, Estate Management  
& Tree Surgery

Honest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus  
Jet Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

Over 15 years  
experience, NPTC  
qualified & fully  
insured

Visit our website for more info!

[www.ajbgardens.co.uk](http://www.ajbgardens.co.uk)

Or call us on 01708 228886 / 07875 557378





# WELLS SOLICITORS

## FAMILY LAW

**Quality Advice and Caring Service**

**Fixed Fee Divorce and  
Advice Appointments available**

**Call to discuss your individual circumstances**

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection



# 01708 251 560

Suite 1, Essex House, Station Road, Upminster RM14 2SJ  
info@wells-solicitors.co.uk

## Upminster Tithe Barn

The wind-up record player in the Upminster Tithe Barn Museum of Nostalgia, in Hall Lane, has proved so popular with visitors that is has worn out.

If you have one you would like to donate please leave a message on the Barn's answerphone and one of the volunteers will call you back.  
Tel: 01708 228730

## Horticultural Society

Our final lecture in this current season is on Tuesday 8th May. The subject is bulbs for all Seasons. Come and find out how you can have a different bulb in flower every single month of the year.

Steve Bradley who is a broadcaster and lecturer will be telling us how to make the best use of bulbs, you can also learn how to use bulbs for pest control in the garden.

Steve starred in the TV series Garden Doctors in the 1990's and together with his wife wrote the support material for the Ground Force TV series. He writes articles for several magazines and answers live phone-in questions almost every weekend throughout the year on BBC local radio in Kent, Surrey/Sussex and Essex.

Please join us it will be good to see some new faces as well as the familiar ones!

Lectures take place in the New Windmill Hall, St Mary's Lane, Upminster. The evening begins at 7.45pm and finishes at 9.45pm. Admission is free to members and £2 to non members. For more information visit [www.upminsterhorticulturalsociety.co.uk](http://www.upminsterhorticulturalsociety.co.uk)

## Single Over Sixty

Starting on Friday 27th April and thereafter the last Friday of each month, All Saints Cranham, invite all Single Over Sixty (SOS) to meet for lunch from 12.30 for 1pm. Meet like-minded people for good food and good company. Meet at All Saints, The Chase, Cranham. Call 01708 228308 for more information and to book a place.

Rev'd Marion Williams

## Vanilla Bake Club

Love it or loathe it, May brings the We are FSTVL to Upminster, so at Vanilla Bake Club we thought we'd have festivals as the theme for our meet up on 21st May 2018. Food from festivals around the world, foods you might eat at a festival or maybe just something that says Festival to you. If you haven't been

# SPRING SALE

**NOW  
ON**

 RoomesFashionAndHome  @RoomesFashion

41-49 Station Road, Upminster RM14 2SX  
Telephone (01708) 250 080  
[www.roomesfashionandhome.co.uk](http://www.roomesfashionandhome.co.uk)

**ROOMES**  
fashion & home

to one of our events before why not come along for half price, £2.50, for an evening of friendly chat, unlimited tea and coffee and tasting our delicious bakes. How better to spend a Monday evening? We meet at the Old Chapel Upminster at 6.30pm. For more information call Jennifer on 07940828154, email [vanillabakeclubupm@gmail.com](mailto:vanillabakeclubupm@gmail.com), or visit our Facebook page

## Lunchtime Recitals

April Thursday Lunchtime Recitals at St Laurence Church, Corbets Tey Road, Upminster 1.05pm- 1.50pm. Free admission - retiring collection in aid of the church music programme.  
**10th - Paul Hagan (Tenor)**  
**24th - Hans Dieter Karras (Organ)**

## Clock House Bowls Club

At Clock House Bowls Club we are gearing up for the new outdoor season. We would welcome new members, either existing bowlers or beginners. We are holding two open sessions on Tuesday 1st May from 6pm and Sunday 6th May between 10am and 1pm. If you think you might be interested, come along and

have a roll up with us. Bowls will be provided, but please bring flat soled shoes. We are situated in Clockhouse Gardens, St Mary's Lane, Upminster (close to Waitrose). We are in competitive leagues for both men and women. There are also friendly matches with other local clubs and, if you prefer, social bowling with other Clock House members. You will find us a friendly social club who will make you very welcome. If you or interested please contact either Mike Long 01708 224107, or alternatively, just turn up at one of the open sessions.

## Royal British Legion

The Upminster and Cranham Royal British Legion, 316 St Marys Lane, Upminster, RM14 3HL are holding an Open Day/Mini Beer Festival on the 19th May. Craft beers, Hot food, Afternoon teas, Music, Craft stalls, Tombola, Face Painting, Glitter Tattoos, Competitions and more. The Royal Wedding will be shown on TV and so will the Cup Final. Did you know you don't have to have to be ex - Services to join, most of our members are social members. All are welcome. The club is open every day. Monday to Wednesday



## THE KEN RHODES GROUP LIMITED

THE LOCAL DOUBLE GLAZING & CONSERVATORY SPECIALISTS

**WE PRIDE OURSELVES ON HONEST PRICES, FRIENDLY EXPERT ADVICE AND  
UNRIVALED CUSTOMER SERVICE**



**CALL NOW FOR YOUR FREE NO  
OBLIGATION QUOTATION  
01708 227777  
[WWW.KENRHODES.CO.UK](http://WWW.KENRHODES.CO.UK)**

193 ST MARYS LANE, UPMINSTER, RM14 3BU







# Upminster Fascias, Soffits & Guttering



- Fully Insured
- Free Estimates
- 15 year Guarantee
- Free advice and quotations
- 27 years' experience
- Will beat any written quotation
- EPDM Rubber roofing



Office: 01708 225910 Mobile: 07747386321  
Email: upminsterfasciasandsoffits@aol.co.uk

## ASSOCIATION COUNCILLORS:

### Upminster Ward:

Linda Hawthorn 225451  
lindahawthorn@hotmail.co.uk

Ron Ower 07721 780372

cllrrownower@yahoo.com

Linda Van den Hende 223761

### Cranham Ward:

Clarence Barrett 07863 116029

cllrclarencebarrett@yahoo.co.uk

Gillian Ford 641317

councillorgillian.ford@haverling.gov.uk

June Alexander 227092

councillorjune.alexander@haverling.gov.uk

## ASSOCIATION CONTACTS:

### Editor:

Bruce Nicholls 07505 289568  
bulletinra@yahoo.co.uk

### Commercial Advertising:

Ron Ower 07721 780 372  
bulletinra@yahoo.co.uk

### Upminster Organiser:

Chris Wilkins  
(07960 059 195)

wilkinschristopher7@gmail.com

### Residents' Association Website:

Cllr Clarence Barrett  
(07863 116029)  
www.ucra.co.uk

12-3pm / 8-11pm, Thursday  
2-11pm, Friday 2-11:30pm,  
Saturday 1-12 midnight, Sunday  
12-11pm.

Membership - If you would  
like to join pop in and get a  
membership application form.  
Further information email  
UpminsterRBL@aol.com or  
upminsterandcranham@  
btconnect.com, or call 01708  
220494. Find us on Facebook.

## Thames Chase Community Forest

One of the good things about  
living in the Upminster area  
is the easy access we have to  
the open countryside on our  
doorstep, at various walks, cycle  
routes and bridleways such as  
the Forest Centre in Pike Lane  
and Pages Wood in Hall Lane.

However, many of these did  
not exist 30 years ago and the  
fact that we now take them for  
granted is a tribute to the various  
organisations and volunteers who  
have created and maintained the  
40 square miles of countryside  
around the Essex and East  
London border, collectively  
known as the Thames Chase  
Community Forest. Wildlife has  
benefited from a more diverse  
habitat as over two million trees  
have been planted, with much  
of the land being re-generated  
from old quarry sites and similar  
areas of damaged landscape. I  
was lucky enough to be able to  
assist the Forestry Commission in  
improvement works at several of  
the sites in Havering around 15  
years ago and remember being  
impressed by the dedication of  
all those involved. If you have  
not been to the Forest Centre or  
any of the woods then visit [www.thameschase.org.uk](http://www.thameschase.org.uk) for further  
information.

John Tyler

### Article & Advertising Submission Deadlines

#### Articles - 1<sup>st</sup> Month/Advertising - 3<sup>rd</sup> Month

Copy to be received on or before the above dates one Month  
prior to the publish date. Please note that submitting an article  
does not guarantee publication. Email: [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

**SUPPLIED AND FITTED BY  
RETIRED POLICE OFFICER**

**FROM ONLY £149.00**

**CALL  
07460 739 742**

Alarm Kit  
Supplied & Fitted  
From £149

Secure your home,  
Protect your family.

facebook

[WWW.DYETHIEF.COM](http://WWW.DYETHIEF.COM)

## Trinity Leisure Club (TLC)

Join us for tea, biscuits and indoor  
games (or knitting, if you prefer).  
Every Thursday, 1 pm - 3 pm in  
the Roope Hall at Trinity Church,  
Upminster. £1 donation. Matrons'

## First Step Film Club

First Step are celebrating 30 years  
with special screenings of films  
released in 1988. The first Film  
is BIG to be shown on Thursday  
17th May at 7,30pm at Premiere  
Cinemas Romford. Tickets £4 per  
person. Themed attire welcome,  
themed cocktails and mocktails!  
Please call 01708 556355 or email  
[michelle.mitchell@firststep.org.uk](mailto:michelle.mitchell@firststep.org.uk)  
to book your tickets.

## DIARY - MAY

No Upminster Ward meeting on  
the 2nd May. Next Ward meeting  
on Wednesday 6th June.

10 Thursday - **Cranham Ward  
Meeting** at Cranham Community  
Centre, Marlborough Gardens at  
7.15pm.

# Atlantic

## Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman  
Our windows are fantastic value for money  
Great choice of high security composite doors  
Beautiful conservatories with self cleaning glass roofs  
All our work is fully guaranteed

Call us now for a *FREE* no obligation quotation

Tel: 01708 480004

or email [bulletin@atlanticglazing.co.uk](mailto:bulletin@atlanticglazing.co.uk)  
visit our website [www.atlanticglazing.co.uk](http://www.atlanticglazing.co.uk)



**Radfield  
Home Care**  
Kindness • Dedication • Respect



Are you looking for  
an award winning  
home care service?

Then call our family  
led care team for a  
free consultation on

**01708 609364**

or email

[haverling@radfieldhomecare.co.uk](mailto:haverling@radfieldhomecare.co.uk)  
[www.radfieldhomecare.co.uk](http://www.radfieldhomecare.co.uk)







**OLDHAM LANDSCAPES**  
SPECIALIST IN LANDSCAPE DESIGN AND  
CONSTRUCTION  
DRIVES, PATIOS, BRICKWORK, PLANTING,  
TURFING, FENCING, DECKING, PERGOLAS,  
PORTFOLIO ON FACEBOOK UNDER  
OLDHAM LANDSCAPES  
01708 225279, 07973 911893

Today  **LIVE YOUR LIFE IN COLOUR**  Tomorrow

Sarah Mann MNCS (Acc)  
**Counselling & Psychotherapy**  
Tel: 07889 015540 E-mail: hello@mylifeincolour.co.uk  
www.mylifeincolour.co.uk  
Qualified & Experienced to work with:  
Abuse/Anger/Confidence/Couples/Depression/Grief/Fear & Phobias  
Relationships - at home & work/Self Esteem/Self Harming/Stress & Anxiety



**OPEN DAY**  
**9th June 2018 11.00am - 4.00pm**  
**FREE ENTRY FOR ALL THE FAMILY**  
Please Join Us in Our Beautiful Gardens  
and Healing Sanctuary for our Summer Open Day.  
**Craft and Gift Stalls/Activities/Yoga**  
**Course Information/Tutors and Therapists/**  
**Mini-Treatments/Refreshment Barn/**  
**And More!**  
**Come and See What The Sanctuary**  
**has to offer and how we can help**  
**you to feel Amazing!**  
Pea Lane, Upminster, Essex, RM14 2XH  
01708 251124 / [www.healingandteaching.co.uk](http://www.healingandteaching.co.uk)

**PATCHETT'S LTD**  
REMOVALS, STORAGE & DELIVERIES  
Domestic & commercial  
Local & long distance  
Free estimates & Insurance  
Container storage  
Family business since 1962 01708 224968  
Movers House, Front Lane, Cranham, Essex RM14 1XL  
[www.patchettsremovals.co.uk](http://www.patchettsremovals.co.uk)

**Could you be a Shared Lives Carer?**  
If you have room in your home, and the time and compassion  
to support a vulnerable adult to live independently as part of  
your family, we will offer you training, support and a weekly  
allowance of up to £450 per week  
[info@bettertogether.org.uk](mailto:info@bettertogether.org.uk) 0208 519 9536



**Janice's Electrolysis Clinic**  
(Formerly known as Diane Matthews Clinic)  
**01708 727239**  
Janice specialises in permanent hair removal  
for white hairs, grey, blond and dark hairs,  
for fair skin, Asian skin and darker skin colours.  
Other treatments eliminate:  
Facial Thread Veins and Spider Naevi  
Skin Tags, Common Warts & Verrucas.  
See website for video of treatments  
I have worked in this practice for over 25 years and can offer quality assured treatments and expertise  
which is second to none. So if you want honest advice and excellent treatment please don't hesitate to get in touch.  
186 Brentwood Road, Romford, RM1 2RT  
[www.janiceselectrolysisclinic.co.uk](http://www.janiceselectrolysisclinic.co.uk) Book Free Consultation  
Now - worth £35

**Pinney Talfourd**  
SOLICITORS  
*Services for families*  
Divorce and Separation  
Financial Issues  
Children Disputes  
Cohabitation  
Civil Partnerships  
Collaborative Law  
Pre and Postnuptial Agreements  
[www.pinneytalfourd.co.uk](http://www.pinneytalfourd.co.uk)  
E mail@pinneytalfourd.co.uk  
Upminster T 01708 229444  
Brentwood T 01277 211755  
Hornchurch T 01708 511000  
Leigh-on-Sea T 01702 418433  
The LEGAL 500 UNITED KINGDOM LEADING FIRM 2015  
Family Law resolution  
The family team are all members of Resolution. Law Society panel membership relates to individuals. Please see our website for details.

**LOCKSMITHS**  
Emergency call out  
All locks opened, supplied & fitted  
MLA approved locksmiths  
UPVC door lock specialist  
New doors supplied & fitted, safes opened  
New safes supplied & fitted  
Free quotes - no call out charge  
**Tel: 01708 640699, mobile: 07890 920 258**

**TERRY LOWRY**  
**PAINTER AND DECORATOR**  
CITY & GUILDS QUALIFIED  
ALL INTERIOR & EXTERIOR WORK UNDERTAKEN  
VERY COMPETITIVE PRICES  
INCLUDING 10% OFF FINAL QUOTE FOR PENSIONERS  
10% OFF FINAL QUOTE FOR 2 ROOMS OR MORE  
PHONE: 01708 227365  
MOBILE: 07526 785946  
EMAIL: [t.lowry1@sky.com](mailto:t.lowry1@sky.com)





## THE CURTAIN TRACK FITTING COMPANY

Bay Window Experts

We make and fit Tracks, Poles, Blinds, Curtains, Awnings and Shutters.

So call us today on 07956 874 674

www.curtaintrackfitting.co.uk - david@davidboneinteriors.com



## Gary Foss Building & Landscaping

City & Guilds approved with 20 years of experience

Home extensions and alterations

Kitchen fitting and worktop replacement

Driveways and patio's designed and laid

Structural wall removal and modification

Porches and garages etc

Free estimates and advice

Upminster 01708 500018

Mobile 07831 469041

Email gary.foss@virginmedia.com



Contemporary hairdressing for all the family at affordable prices

127 Corbets Tey Road, Upminster, Essex RM14 2AA

01708 228192

www.stuartikeman.co.uk



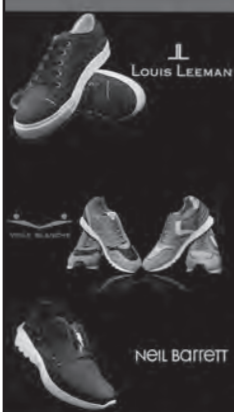
## T. Jefferyes Decorating Services

All aspects of painting & decorating undertaken

Free Estimates  
Call 01708 347190

WWW.FILATI.COM

FILATI



HARDY AMIES VERSACE JOHN SMEDLEY OLIVER SWEENEY LANVIN BOGLIOLI ETON

FILATI

10 Station Road  
Upminster  
Essex  
RM14 2UB  
01708 226 369

27 Apr - 26 May

QUEEN'S  
THEATRE  
HORNCHURCH



01708 443333

queens-theatre.co.uk

Facebook Twitter QueensTheatreH

## DAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND  
NURSERY MAN

- ★ PAVING A SPECIALITY
- ★ WALLING
- ★ TREE FELLING, FENCING

TEL: DAY 01708 224733 EVENINGS & WEEKENDS 01708 700557  
MOBILE: 07788 725853

## FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)

Do you have problems  
With your feet ?

Trouble cutting your nails ?  
Thickened nail management  
Ingrown toenails  
Verruca treatments  
Athlete's Foot  
Hard skin removal  
Fungal nail treatments  
Diabetic nail care  
Corn and callous treatment



### FOOT HEALTH TREATMENTS

£25.00 Home Visits

A friendly, efficient and professional service

Mobile: 07920 855 044

## LADY PAINTER & DECORATOR



Professional, clean & tidy tradeswoman  
All aspects of painting & decorating  
(incl. plastering, coving and cornice)  
Free estimates OAP discounts  
Hornchurch & surrounding areas

CONTACT: TRACY on 07449 205770 / 01708 470841  
Email: tracy.dawkins@live.co.uk

## HOME MAINTENANCE

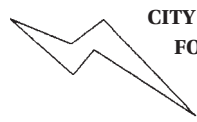
Est. 1966

Exterior & Interior Painting & Decorating  
Paperhanging - Guttering A Speciality

All Estimates Free  
UPMINSTER ( 01708 ) 226327

## J. WRIGHT - ELECTRICIAN

- REWIRES
- EXTRA SOCKETS
- COOKER POINTS
- SECURITY LIGHTS



CITY & GUILDS QUALIFIED  
FOR ALL ELECTRICAL  
INSTALLATION

FREE ESTIMATES  
CALL 01708 448402

## DAN THE MAN WITH A VAN HOUSE CLEARANCE OF ALL SIZES I'LL GIVE YOU A TIP - DONT USE A SKIP



CALL DAN TODAY TEL: 07842 628 560