

**TASTY BITES**  
UPMINSTER'S FIRST INDIAN, INDONESIAN  
AND VEGETARIAN TAKE AWAY

**EXPERIENCE THE DIFFERENCE**

Tel: 01708 221166  
Fax or tel: 01708 222277  
50 Corbets Tey Road, Upminster, Essex



**PC & Laptop Repairs**

Virus issues Running slow  
Internet problems WIFI  
Data recovery Power supplies  
Laptop Screens Hard drives  
Pick up and Drop off service

**Cranham Computer Centre 01708-250296**


email: [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

The Voice of the Community

[www.ucra.co.uk](http://www.ucra.co.uk)

## UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION

### Upminster Pitch & Putt Urgent Update

You may have previously sent in a letter of objection for planning application **P0248.19**; the development of **48** houses and flats on the Hall Lane Upminster Pitch & Putt site. We are currently waiting to hear the final decision on this application.

Havering has just opened **two further public consultations** for this site:

- To **'appropriate'** the Pitch & Putt Site – change what the site can be used for
- **'disposal'** of the site – in this case for a 48 housing development

The **two consultations** are running in parallel and the details and timetables are as follows:

- Reference: **'Hall Lane Appropriation'**
- Reference: **'Hall Lane Disposal'**
- Notices advertised in the Romford Recorder between **5th-12th July**.
- Deadline for objections - **4:00 pm on 5th August**
- After the deadline, the objections for both consultations will be analysed, with a view to reporting the matter to Cabinet for a decision at the earliest possible date.

If you do not approve of, **'disposal'** or **'appropriation'** of the site, you will need to send in **TWO separate letters** of objection [*Further details of these letters are on page 2*], with the reference names above, using the following email or postal address:

[propertyservices@onesource.co.uk](mailto:propertyservices@onesource.co.uk)

**Ms Sarah Chaudhry**  
**Director of Asset Management Services,**  
**2 River Chambers, High Street, Romford, RM1 1HR**

Councillors GILLIAN FORD, JOHN TYLER, LINDA VAN DE HENDE

### A Huge Thank You

Several hundred people attended the public protest outside the Town Hall last month in support of our SOS campaign, Save Our Shops. We are asking for the free 30 minute parking period in Hornchurch and Upminster Shopping Centres to be reinstated. We would like to thank the tremendous turn out of retailers and residents that supported us, and the press who have been listening and publishing residents and retailers concerns. Sadly the motion put by our Hornchurch Residents' Association colleagues, to immediately assess the impact of removing the free period including evenings and overnight and on Sundays, was not agreed. Once again the Conservatives and Harold Wood Councillors voted against it. The fight goes on and we will update you on progress.

Your Upminster & Cranham Residents  
Association Councillors

### Meet the Council Leader - 29th August

The Leader of the Council, Cllr Damian White, is holding a 'Leader's Surgery' in Upminster Library from 5.30-7pm on Thursday 29th August.

No appointment is necessary.

This will be an ideal opportunity for both residents and business people to speak to Cllr White and let him know your opinions on his Administration's recent actions and policies, such as the increase in parking charges that are affecting

*continued on page 2*

**Haines Watts**  
Local Matters. National Strength.

We help business owners  
**ACHIEVE THEIR PERSONAL GOALS**

As a business owner achieving your personal goals as well as your business goals is important. Whether that's providing for your family, reducing your tax bill, protecting your assets, extracting wealth from your business, or knowing your retirement is secure. Our partners will work with you to ensure you have a plan to achieve your goals.

To find out more contact Haines Watts, your local award winning accountants

Haines Watts Hornchurch, Coopers House,  
65a Wingletye Lane, Hornchurch, Essex, RM11 3AT  
01708 475 220 - [JMacwilliams@hwca.com](mailto:JMacwilliams@hwca.com)  
[www.hwca.com/accountants-hornchurch](http://www.hwca.com/accountants-hornchurch)



**WINDSOR PROPERTY**  
Extension Specialists Est. 25 Years  
Family Business

**NICEIC**  
APPROVED CONTRACTOR

- EXTENSIONS
- LOFT CONVERSIONS
- RENOVATIONS
- LOG CABINS
- GARAGE CONVERSIONS
- ALL BUILDING WORK UNDERTAKEN

**GAS safe**  
REGISTER  
192991

**FOR YOUR FREE ESTIMATE PLEASE CONTACT**

PHONE: 01708 455755 MOBILE: 07958 787 297

E-mail: [wpm321@msn.com](mailto:wpm321@msn.com)

## LADY PAINTER & DECORATOR



Professional, clean & tidy tradeswoman  
All aspects of painting & decorating  
(incl. plastering, coving and cornice)  
Free estimates OAP discounts  
Hornchurch & surrounding areas

CONTACT: TRACY on 07449 205770 / 01708 470841  
Email: tracy.dawkins@live.co.uk

## "CREASES"

(PROFESSIONAL DRY CLEANERS AND IRONING PARLOURS) LTD  
2B MOOR LANE, CRANHAM

*Dry Cleaning • Repairs & Alterations  
Ironing • Curtains • Duvets • Laundry  
Free Collection & Delivery Service*

**Please Call 07956 950711**

## Meet the Council Leader

*Continued from front page*

our shops, businesses, library and community facilities so badly, the proposed Controlled Parking Zone in Upminster and Cranham, and the proposed sale and development of the Hall Lane Mini Golf Course. We would encourage anyone who can to join us outside the library from 5pm, even if you don't intend to speak in person to Cllr White, to once again show the strength of feeling against the abolition of the free 30-minutes parking in Upminster and Hornchurch and the new evening and Sunday parking charges across the borough.

Councillors LINDA HAWTHORN,  
RON OWER, CHRIS WILKINS,  
GILLIAN FORD, LINDA VAN DEN  
HENDE & JOHN TYLER

## The Two Hall Lane Pitch & Putt Consultations

We thought it would be helpful to provide you with some tools to help you with your letters of objection

to the two consultations currently underway for the Pitch & Putt site. Independent letters are required and both will be very similar lists, but you need to ensure you do not confuse the two letters using 'disposal' for one letter and 'appropriation' for the other. For example:

### Letter No. 1 'Disposal':

Disposal of the site would not be in line with Policy 28 and the site as a heritage asset.

### Letter No. 2 'Appropriation':

Appropriation of the site would not be in line with Policy 28 and the site as a heritage asset.

The Local Development Plan contains all of the planning policy areas that have to be taken into consideration. You can judge for yourself what policies are applicable to both of the above consultations: [https://www.havering.gov.uk/download/downloads/id/1632/core\\_strategy\\_development\\_control.pdf](https://www.havering.gov.uk/download/downloads/id/1632/core_strategy_development_control.pdf) The Hall Lane Policy Area Supplementary Planning Policy document, deals with the protected status of parts of Hall Lane. The Pitch & Putt site is not protected as this is public open space and therefore theoretically protected, however the properties surrounding the site are protected. [https://www.havering.gov.uk/download/downloads/id/1568/hall\\_lane\\_policy\\_area\\_2009.pdf](https://www.havering.gov.uk/download/downloads/id/1568/hall_lane_policy_area_2009.pdf). There is also the environmental

impact which you could draw out from the documents above, or the GLA, LGA and other regional, national and international policies and directives. These could include climate change, wildlife, emissions, air quality etc. We hope you find this of use.

Cranham Councillors

## Conservatives Take Away Free Parking Period

Back in the February Bulletin we pointed out that your local Residents Association Councillors "opposed" the taking away of the 30 minute free parking period. We also expressed deep concerns on raising parking charges in particular the New Windmill Hall Car Park. At the February Council Budget meeting your Residents Councillors proposed an alternative budget which would have kept the free period in Hornchurch and Upminster. Many local residents merely need the 30 minute free period pick up a paper or



buy a few items. Petitions against taking away the free period from of over 10000 residents were also presented to the Council.

The Tories totally ignored these!

Sadly Conservative Councillors who currently control the Council raised parking charges and took the free period away. Taking away the free period came at a time when the council parking account had a surplus of £723,000 last year, out stripping the £573,000 surplus it made in the previous year! Many local businesses have seen a dramatic drop in trade, one independent small shop said they are down £1300 per week. A national shop by £7000 a week. Our Town Centre is under threat of becoming a ghost town! Shops will close, jobs will be lost and of course a huge loss of income to the Council. You only have to look at the empty parking bays in the car parks and along St. Marys Lane and Corbets Tey Road.

Rest assured your Residents Councillors will continue to fight these draconian measures.

Upminster Residents Councillors  
LINDA HAWTHORN, RON OWER &  
CHRIS WILKINS.

## A Touch Of Glass

35 YEARS OF TRADING - NO HARD SELL  
MANUFACTURERS OF SEALED UNITS  
SUPPLIERS OF WINDOWS, DOORS AND CONSERVATORIES

TOP QUALITY PVC-U USED  
WE CAN ARRANGE FINANCE

GLASS CUT TO SIZE WHILE YOU WAIT  
BROKEN OR MISTED UP SEALED UNIT REPLACED OR CHANGE YOUR CLEAR UNIT WITH LEAD LIGHTS  
PICTURE FRAMES MADE TO SIZE OR MOULDINGS SOLD BY THE LENGTH  
OVER 100 MIRRORS IN STOCK

97 Front Lane, Upminster RM14 1XN [www.atog.co.uk](http://www.atog.co.uk) 01708 250070

## Local electrician

- Based in Upminster
- Domestic/commercial work
- Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

**Paul Gilham 01708 229835**  
07985 185872 or [info@gilhamelectrical.co.uk](mailto:info@gilhamelectrical.co.uk)



City & Guilds  
Qualified



Part P approved  
24yrs experience  
No job too small

## Upminster Carpets

205 St Marys Lane, Upminster

**01708 224515**

Old Carpets and Furniture?

**No Problem!!**

**Home Service Available**

We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinyl
- Karndean

## GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds,  
Planting, Water Features, Turfing & Decking.

All work solely undertaken by

**\* Greg Oldham \***

Tel. 01708 251 004 / 01621 860 529

Mobile 07812 131 772

email: [oldhamgreg@yahoo.co.uk](mailto:oldhamgreg@yahoo.co.uk)



**PLUMBING & HEATING**

**Rugg & Son ENGINEERS**

FAST, RELIABLE, FRIENDLY SERVICE

Tel: 01708 229857 Mobile: 07415 096551 / 07860 801377

- Emergency Repair •
- Blocked Drains •
- Heating Breakdown •
- Servicing •
- Maintenance •
- Ballvalves • Tanks •
- All Work Guaranteed •
- Established Locally For Over 25 Years •

**iphe**  
REGISTERED PLUMBER

**safe**  
REGISTERED

## BRICK PAVING BY PETER JONES

[www.brickpavingbypeterjones.co.uk](http://www.brickpavingbypeterjones.co.uk)

Tel: Office:  
**01708 780000**

Tel: Home:  
**01708 733088**



**Natural Stone Paving**

**ADVANCED MP**  
PLUMBING & HEATING

BOILER REPAIRS • SERVICING AND INSTALLATIONS • COMBI BOILERS

• TANKS • TOILETS • ALL GAS WORK

**O.A.P'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT**

WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS

**01708 475041 079301 49046**  
www.adv-mpplumbing.co.uk  
pat@adv-mpplumbing.co.uk

**iphe**  
Institution of Professional Heating Engineers

**safe**  
Gas Safe Registered

**FLEET ELECTRICAL & HEATING SERVICES**

National Inspection Council for Electrical Installation Contracting

**Full / Part Rewires - Extra Plugs**

**TEST CERTIFICATES PROVIDED**

APPROVED CONTRACTOR

**Immersion - Security Lighting - Fault Finding**

Established in Upminster for 20 Years

Phone: **01708 250409** Mobile: **07956 335744**

**5 Mersey Avenue, Upminster**

## Ground Investigation - Lower Thames Crossing

Highways England have now started work on a complex series of ground investigations along the route of the Lower Thames Crossing. More than 700 individual investigations at sites in Kent, Essex and Thurrock will give engineers a clear picture of the type of soils, rock and groundwater along the entire 14.5-mile route of the proposed new road. The information will be vital in designing and constructing the new road, which will include the longest road tunnel in the country as well as bridges, viaducts, embankments and cuttings.

North of the River Thames, in Essex, the Chalk becomes much deeper and is covered with Thanet Formation, Lambeth Group (generally clays with some sands and silts) and London Clay. Small pockets or larger layers of River Terrace Deposits and Alluvium are also expected to be present over these in places.

The ground investigation programme is the next step in designing the new crossing, and is not the start of construction. The findings will be published as part of the future planning application.

More detail on where and when they

are working, and what they will be doing can be found on their website. <https://highwaysengland.co.uk/lower-thames-crossing-GI-works>

We will keep you informed of developments in the bulletin and on our website [www.ucra.co.uk](http://www.ucra.co.uk)

## Old Chapel Upminster Tea & Talks

Talks at the Old Chapel, St Mary's Lane, Upminster.

**Weds 14th August** - Keith Finch - History of William Morris

**Weds 11th Sept** - Bob Edwards - History of Stubbers

**Weds 9th Oct** - Lois Amos - Romford Civic Society

**Weds 13th Nov** - David Williams - City of London Guide

All start at 10.30am.

## Comedy Club

Date for your diary starting on Friday 27th September 7pm to 11.30pm.

Comedy Club at Hornchurch Football Club. There will be 4 acts including a compère entrance £10.

Fabulous venue in Bridge Avenue, Upminster.

Should be great evenings ...

**sally guise**  
exercise with sally guise

Call Sally for more info  
**07855 534631**  
www.exercisewithsallyguise.co.uk  
exercise with sally guise

**SEATED WORKOUT**  
Monday 9.30am - 10.15am  
at Cranham community centre

**CLUBBERCISE**  
Monday 9.30am - 10.30am  
Amy teaches  
at Trinity Church with a creche

**ZUMBA GOLD**  
Monday 10.45am - 11.45am  
at Trinity Church

**ZUMBA GOLD**  
Monday 12.00noon - 1.00pm  
½ hr standing and ½ hr seated  
A gentler option for maintaining mobility at Trinity Church

**PILATES**  
Wednesday 9.30am - 10.30am  
at Trinity Church

**ZUMBA GOLD**  
Wednesday 10.45am - 11.45am  
at Trinity Church

**LET'S GLEAM OVEN CLEAN**

"Professional Oven Cleaning With A Conscience"  
Eco Friendly, Non Caustic Service, No Fumes or Odours

**OVENS RANGES** Tel **07720781202**

**HOB'S** www.letsgleamovenclean.co.uk

**EXTRACTORS** 5 star reviews facebook/google

**MICROWAVES** Call us Today for a Quote

**LET'S GLEAM**  
OVEN CLEAN

## Parking Problems

Please note the following Council numbers if you have your drive blocked etc. Office Hours 01708 432787, Out of Office Hours 07946 738495.

## Air Pollution Forecast Maps

The Department for Environment, Food and Rural Affairs have a website that shows air pollution forecast maps for the whole of the UK, giving a score from 1 (low) to 10 (very high). The website can be accessed via [uk-air.defra.gov.uk](http://uk-air.defra.gov.uk).

Using the arrows above the map you can show the forecast for up to four days ahead. By typing in your location into the search box underneath the map you can see a detailed forecast for your location.

Cllr JOHN TYLER

## New Members Wanted

Ingrebourne Probus Club is a club for retired men who meet once a month for a meal which is followed by a speaker about various topics. We have occasional outings and a Christmas lunch to which wives and partners are invited.

We are looking to recruit new members

and if you are Interested would you please ring Alan on 01277 215702 for more information.

## Bowling Club

Liberty of Havering Bowling Club looking for new members especially Ladies welcome.. Come and have a go, wear flat shoes or trainers. Contact Anne Phillips 01708 470370 or Sheila Burton 07949 307 336 - Club is located at the rear of the sports Centre in Harrow Lodge Park Hornchurch.

## Be 'Prepared' to Save a Life

It is a sad but real fact that one in five adults will witness someone collapse in front of them at some point in their lives. To give ordinary people the skills that may save someone's life, Virtual College, an online training provider, are offering a free 'Prepared to Save a Life' course.

The course, which involves viewing a video then completing the course in five ten minute sections, teaches basic life-saving first aid. To see the video and decide whether you wish to take the course and register visit [www.virtual-college.co.uk/prepared](http://www.virtual-college.co.uk/prepared).

Cllr JOHN TYLER

**FOCALPOINT LOFTS**  
est 1977

- Family run Upminster business.
- Established in Upminster for 40 years
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted

For more information, please call  
Gary or Christopher James:  
Home: **01708 250772 / 01708 250747**  
Mobiles: **0777 311 8268 / 0795 002 5841**

**FPL**

**CRANHAM ROOFING**

The Roofing Specialists

- Free no obligation quotations
- New roofs - strip and retile
- Flat roofs
- Chimney stacks - repoint/removed
- Guttering, fascia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed

TEL / FAX **01708 225910** (office)  
MOBILE **07860 752798** ( 24 hr call out )  
EMAIL: [t.gagen@sky.com](mailto:t.gagen@sky.com)



## GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice  
by Liaquat, Shamim & Fiesha Govani, Tommy Hai

64 Station Road, Upminster  
01708 220044

87 Front Lane, Cranham  
01708 224083

Free local collection and delivery of prescription service available upon request from  
housebound patients  
[www.govanichemist.co.uk](http://www.govanichemist.co.uk)

## PLASTERING



- Professional • High Quality
- Reskim over Artex • New ceilings
- Clean and Reliable
- Cove & Cornice • Painting
- Cheapest Rates
- OAP Discounts
- Free Estimates
- 27 Years Experience
- Hornchurch and Surrounding Areas

**CONTACT: CLAY DAWKINS**

**TEL: 07961 379277 / 01708 470841**

**EMAIL: CLAY.DAWKINS@LIVE.CO.UK**

## Prestige Home Insurance

Because your property  
deserves the best



Bespoke High Value Buildings and Contents Insurance

Art, Antiques and Jewellery with world wide cover

Dedicated Personal File Handler with full claims support

Business equipment extension available



Call now to be surprised at how competitive  
your local Broker can be: 01708 756000

Or call into our local office in Hornchurch

Hornchurch | Brentwood | Upminster | Romford | Thurrock | Chelmsford | Billericay | Barking | Dagenham | Rainham | Basildon | Southend



**30 YEARS EXPERTISE**

Windows • Doors • Conservatories  
Fascia & Guttering • Flat Roofs

FENSA



**'Your Local  
Home  
Improvements  
Specialists'**

**We are Trading  
Standards Approved**



**EVERYTHING ON DISPLAY  
AT YOUR LOCAL SHOWROOM**

Concept House,  
Billet Lane (opposite Sainsbury's),  
Hornchurch, Essex, RM11 1XP

For your FREE QUOTE CALL

**01708 463 526**

[www.conceptwindows.co.uk](http://www.conceptwindows.co.uk)

FREE CUSTOMER PARKING



## RICKY ARCHER Roofing Contractor

Established 1987



Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs  
Three Layer and High Performance Felting - Leadwork - Pointing  
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden  
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on:  
Upminster 01708 226512 Mobile 07710327651  
Email: [ricky-archer@ntlworld.com](mailto:ricky-archer@ntlworld.com)

## M Bray

painting and decorating

all aspects of decorating covered  
small jobs to complete re-decorations  
over 20 years experience  
polite service - clean and tidy work with a high quality finish  
local references available

**Tel: 01708 223608 / 07983 486655**

**e-mail: [mathew.bray@sky.com](mailto:mathew.bray@sky.com)**

## TAYLOR ELECTRICAL INSTALLATIONS LTD

- FREE ESTIMATES
- FAST RELIABLE SERVICE
- REWIRES - REPAIRS - MAINTENANCE
- ADDITIONAL LIGHTING & POWER
- DISTRIBUTION BOARD UPGRADES
- HOME BUYER'S REPORTS
- FAULT FINDING

- 30 YEARS EXPERIENCE
- JIB REGISTERED
- FULLY INSURED
- FULLY QUALIFIED
- PART P REGISTERED



**01708 227720 MOB: 07890 519109**

## YOUR ADVENTURE STARTS HERE



- ✓ NO 1. ADVENTURE HOLIDAY CAMP
- ✓ OPEN EVERY SCHOOL HOLIDAY
- ✓ 30+ ADVENTURE ACTIVITIES
- ✓ ADVENTURE FOR AGES 5 1/2-16
- ✓ OPEN 8.00AM TO 6PM
- ✓ CHILD CARE VOUCHERS ACCEPTED



**ONLINE [WWW.SMASHCAMPS.CO.UK](http://WWW.SMASHCAMPS.CO.UK) TEL 01708 224 753**

**STUBBERS ADVENTURE CENTRE, OCKENDON ROAD, UPMINSTER ESSEX, RM14 2TY**



## Right Equity Release

Ensuring you choose the Right Equity Release

**Are You a Home Owner aged over 55?**  
Have you ever considered releasing the money in  
your home to...

- Pay for Home Improvements
- Debt Consolidation
- Luxury Holidays

**For more information**

Call: 0800 6127362

Mob: 07964 282678

**[Kevin.hull@therightequityrelease.co.uk](mailto:Kevin.hull@therightequityrelease.co.uk)**

The Right Equity Release Ltd which is authorised and regulated by the Financial  
Conduct Authority Registered in England and Wales No. 07166676

## BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

### SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

### DESIGNED TO YOUR NEEDS

- WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS
- CATALOGUE AND PREVIOUS WORK AVAILABLE
- WEBSITE AND FACEBOOK SHOWING EXAMPLES
- HELP AND ADVICE WITH DESIGN AND LAYOUT
- ALL YOUR CONSUMER RIGHTS WILL APPLY
- ALL WORK GUARANTEED

Tel: Office:  
01708 780000

Tel: Home:  
01708 733088

All work carried  
out by responsible  
tradesmen



Natural Stone Paving

Established  
over 30 yrs

## Parks Protection Service

The Parks Protection Service can be called if you see problems in any of the "Councils Open Spaces or Parks" please telephone 07904 805872.

## 75th D-Day Normandy

There were many poignant moments during the radio and tv coverage of the 75th D-Day Commemorations in June, not least among them the delivery of a poem in Bayeux Cathedral on 6 June by our own local resident Ken Hay, in the presence of Royalty and Heads of State (tune into Bayeux Cathedral on your computer to see a re-run).

Ken was a member of the Dorset Regiment and was appointed MBE in 2001 and was awarded the Legion d'Honneur by the French Government in 2014. Ken was one of our original Residents Councillors elected to serve firstly on Hornchurch Council then Havering Council.

A former Justice of the Peace and for many years served on our Executive especially as treasurer.

Ken was only 18 at the invasion. During the service at Bayeux Cathedral he read out the following poem by former Juno veteran Cyril Crain who sadly passed away five years ago.

Normandy by Cyril Crain  
Come and stand in memory  
Of men who fought and died  
They gave their lives in Normandy  
Remember them with pride.  
Soldiers, Airman, sailors  
Airborne and marines  
Who in civvy life were tailors

and men who worked machines.  
British and Canadian  
And men from USA  
Forces from the Commonwealth  
They all were there that day  
To Juno, Sword and Utah  
Beaches of renown  
Also Gold and Omaha  
That's where the ramps went down.  
The battle raged in Normandy  
Many lives were lost  
The war must end in victory  
And this must be the cost  
When my life is over  
And I reach the other side  
I'll meet my friends from Normandy  
And shake their hands with pride.  
And shake their hands with pride.

Thanks Ken.

Our thoughts must go out to the many that lost their lives.

Cllr RON OWE

## U.C.R.A. Coach Outings

### DAY TRIP TO THE COTSWOLDS Saturday 21st September

A leisurely drive through the Cotswold Villages, stopping along the way to admire the thatched cottages, pretty gardens and traditional shops.  
£17.00

### CLASSICAL SPECTACULAR Sunday 24th November (matinee)

The most popular classical music show in the UK returns to the Royal Albert Hall in November.  
Book early to avoid disappointment!!!!  
£39.00

### KINGSTON UPON THAMES / CHRISTMAS MARKET Saturday 7th December £15.00

## Follow us on Facebook 'Coach Outings with UCRA'

### Contact details for further information:

Tel: Joan Carroll 07789 956399  
Email joancarroll66@gmail.com  
Or Gina Savill-turner Tel: 01708 228270, mobile 07958 006503  
Email gina.savill-turner@email.com

## Follow us on Facebook Coach Outings with the UCRA

## Domestic Abuse-Help For The Deaf Community

Research shows that the Deaf Community suffer a higher rate of domestic abuse than hearing people. There is a UK wide specialist service led by Deaf people who have the specialist skills to communicate and support Deaf people affected in this way. Deaf-Hope is a Sign-Language based service supporting adults and children. They can be contacted by voice/textphone 020 87223241 Text 07970 350366 or email deafhope@signhealth.org.uk

Cllr LINDA VAN DEN HENDE

## First Step Golf Day 2019

First Step will be holding a Golf Day to be held at Theydon Bois Golf Club on Friday 20th September 2019 in Association with West & Coe. It is anticipated that over 80 players will be welcomed for breakfast, 18 holes, dinner, presentations

and a host of fundraising activities throughout the day.  
£65 per person (£260 per four-ball)  
Golfers of all levels and abilities are welcome.

Presentations will be awarded to:

- The Individual Winner
- The Winning Team
- Nearest The Pin
- Longest Drive
- Hole in one competition sponsored by Roomes Furniture & Interiors Upminster

Please call 01708 556355 or email fundraising@firststep.org.uk for further details and to book your team. Mark Halls, CEO of First Step; "We are very grateful to our Golf Day Sponsors, West & Coe Ltd., Hornchurch and Roomes Furniture & Interiors, Upminster, for their continued support. We look forward to welcoming all the golfers to Theydon Bois Golf Club.

## Extra Police

There have been a lot of comments about the lack of police in Havering, and Upminster, over quite a period of time. We therefore, in principle, welcome the news that the Council plan to fund 5 new officers (4 constables and one sergeant,). We do have grave concerns about the conditions these officers are being employed under and whether your money is being wisely spent. The original report was very woolly with no details as to what the officers would be used for, who would actually supervise them, where they would be employed, if they could be called elsewhere in emergencies and the list went on. The report was called in, eg returned to be scrutinised further,

continued on page 7

## MR PLUMBER

D T Moore Plumbing Services

- Trading Standards recommended Plumber.
- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David

07931 553631 mobile 01708 223561 home



## Ap & JOINERY

EST 20 YEARS  
HARDWOOD SPECIALISTS

- Supply only or supply and install
- High quality windows, doors and conservatories
- Leaded lights and coloured glass
- Unique old-fashioned front doors

FREE FRIENDLY ADVICE • FREE ESTIMATES

01708 757675



**FED UP WITH YOUR DIRTY DRIVEWAY?**

## ADVANCED POWER WASH

SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory.  
All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan ■ 01708 445112 ■ 07889 139916

[www.advancedpowerwash.co.uk](http://www.advancedpowerwash.co.uk)



Capitalelectricaltd.com  
info@capitalelectricaltd.com  
01708 700 758 | 07725 501 504

Based in Upminster • Over 20 years in the industry  
All aspects of electrical installation undertaken

- Full/part rewires
- Fuse board upgrades
- Additional sockets & lights
- Repairs
- External electrics
- Smoke, heat & CO alarms
- Data & telephone installation
- Inspection & testing
- Fault finding
- Security & emergency lighting
- Boiler control wiring
- Fire alarm systems
- Maintenance
- Call-outs

• Free estimates • No call-out charge • Quick response •



## ATOM

ELECTRICAL SERVICES

TELEPHONE:  
01708 223669  
MOBILE:  
07967 603606

- REPAIRS & INSTALLATION • REWIRING
- FAULT FINDING • SHOWERS • COOKERS
- SOCKETS • LIGHTS • EXTERNAL ELECTRICS

## SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL  
GAS, CENTRAL HEATING AND PLUMBING  
INSTALLATION SERVICING AND REPAIRS

**BOILER REPLACEMENTS  
GAS SAFETY CHECKS  
LANDLORD CERTIFICATES**

## Service Contracts

(please ask for details)

TEL/FAX: **01708 221 500**

MOBILE: **07956 481 819**

MOBILE: **07539 444 413**

E-mail: [southeastheating@btconnect.com](mailto:southeastheating@btconnect.com)



in association with



[buywithconfidence.gov.uk](http://buywithconfidence.gov.uk)

Targeting Computer & IT Care in Essex & Havering



PC, Laptop, Tablet, Smart Phone  
Maintenance & Troubleshooting  
Internet/Network Frustrations  
Tuition and Assistance  
Home & Business Visits  
Diagnosis Fee £20  
No Fix/No Fee

01708 871482 or 07940 138170

[jeremy@itman.biz](mailto:jeremy@itman.biz)

[www.itman.biz](http://www.itman.biz)

#itmanesx



## Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted  
Misted or broken double glazed units replaced  
Hinges Locks Handles replaced

Toughened / laminated safety glass fitted

All types of glass supplied and fitted

No Job Too Small. 40 Years' Experience

No Call Out Charge

Call Paul on

**07958 550796 or 01708 551314**

[www.everythingglassltd.co.uk](http://www.everythingglassltd.co.uk)



- Home refurbishment specialist
- Extensions and loft conversions
- Alterations and knock through's
- Kitchens and bathrooms supplied & Installed
- All general building
- Plumbing and heating, gas and electrical works
- Fully insured - all work fully guaranteed and carried out by qualified tradesmen

Your local specialist building & refurbishment contractor

Call us now on - 01708 229031 to arrange a quote

Or email - [richard@gidleybuilders.co.uk](mailto:richard@gidleybuilders.co.uk)

Visit our website to view examples of past & current projects

[www.gidleybuilders.com](http://www.gidleybuilders.com)

## LOVE CLEANING 4U

### Need a cleaner for your home?

No contracts . Pay by the hour

Friendly, honest cleaners



Check us out at: [LOVECLEANING4U.CO.UK](http://LOVECLEANING4U.CO.UK)  
and let us make your life easier!

We also provide an Ironing,  
Laundry and Dry Cleaning service  
with Free Collection and Delivery

Call us on **01708 748344**  
Email: [info@lovecleaning4u.com](mailto:info@lovecleaning4u.com)

# L. J. NICHOLLS

INTERIOR & EXTERIOR  
PAINTING, DECORATING &  
PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

## AC PLASTERING



All Plastering  
Plaster Over Artex  
Specialists in Re-Skimming  
Coving  
Tiling



QUALITY WORK AT AFFORDABLE PRICES

Allan Carey

TELEPHONE: 01708-474-624 MOBILE: 07711-675-086

but despite there being further unanswered questions, and the meeting had lasted less than an hour, a vote was called for in which the majority decided just to go ahead with the scheme. Items which were discussed included that of the best part of the 300K being spent on the scheme, 21 per cent would be on the officers training, uniforms etc, which seems a little excessive - we wonder what next - will our Council Tax be diverted from what it should be used for - eg - repairing our roads, and restoring our 30min free car-parking, in favour of more doctors, teachers, nurses etc - we already pay for these via our Income Tax and existing grants.

Cllr LINDA HAWTHORN  
Cllr CHRIS WILKINS

## Green Garden Waste Bins

The Councils fortnightly collection service of the "Garden Green Waste Bins" has become very successful here in Havering.

For the year 2019/20 the Council has released 24625 labels following payment. Locally Upminster ward tops the list with 1912 bins, then

Emerson Park ward at 1833 then Cranham ward at 1814. On a personal basis it has saved me a lot of trips to the Gerpins Lane tip. Our area also has a huge amount of homes that regularly also use the "Orange" bags for general recycling.

Cllr RON OWE

## Springfield Playgroup

Springfield Playgroup are delighted to announce that at a recent Ofsted Inspection they were awarded Outstanding. Springfield Playgroup is owned by Upminster Baptist Church and last year held its 50th Anniversary. Ofsted said "Children are highly motivated and keen to learn", "placing children at the centre of practice is integral to everything staff do and a real strength of the setting" and "that parents speak highly of the excellent service we deliver". We could not be happier that finally Ofsted have seen what a great Playgroup Springfield is, we have wonderful children and very supportive parents and all the staff love what they do.

Caroline Kinder - Manager



## Cleaning Services Ltd

The Carpet, Rug, Upholstery & Hard Floor Cleaning Specialists

The Local Choice  
For All Your Cleaning Needs



### Hard Floors

Strip, Seal & Polish

Amtico, Karndean, Tiles, Marble,  
Safety Flooring plus more.



### Carpets, Rugs & Upholstery

All carpets cleaned along with fabric and leather upholstery.

Call David for a FREE quote today  
Mobile: 07768 667 824  
www.djkcleaning.co.uk



## Cold Water Shock - Be Aware!

With the school holidays upon us it is important that both children and adults are aware of the dangers of Cold Water Shock, as new figures show the number of young people under 20 who drowned accidentally in the UK rose by almost a quarter last year, from 25 in 2017 to 31 in 2018. The figures also show that in June to August alone there were 103 accidental drownings across all age groups.

Cold Water Shock, which can affect breathing and movement and cause heart attacks, even in the relatively young and healthy, is one of the biggest causes of drowning and can take hold when people enter cold seas, rivers, lakes and reservoirs. Anything below 15°C is defined as cold water. Average UK and Ireland sea temperatures are just 12°C, under half the temperature of an average swimming pool. Rivers such as the Thames are colder - even in the summer. For further advice visit the RNLI website - rnli.org/safety/know-the-risks/cold-water-shock

## Upminster Windmill Visitor Centre Open Days

Sat 17th & Sun 18th Aug  
Exploring Bread And Flour

Open 1pm until 4pm  
Bread And Flour: Demonstrations And Discussion

Come and join us to talk about and explore the fascinating topics of flour, dough and bread.

Until 1935, Upminster Windmill was grinding flour for the people of Upminster and the Milling family, the Abrahams, owned and ran a bakery in Station Road.

Ahead of the opening of the restored windmill in 2020, when our volunteers will be milling flour for the first time since Alfred Abraham finally retired, Tom Rayfox (passionate home baker and food and drinks educator) will be joining us to get you talking about all things bread and baking.

- Join us at 2pm to explore the difference between windmill stone ground and industrial scale flour and bread
- Join us at 3pm to taste and chat about the delights of Sourdough bread

Cllr JOHN TYLER



## Here to help create your dream home...

We can guide you through the whole range of goods and services that we can offer, assisting you to choose colours, textures and tones which work well together.

We can even come to your home to measure for furniture, curtains, flooring, wardrobes, bring samples and ensure that your new furniture will work perfectly within your space.

Roomes

Furniture & Interiors | Since 1888

Make yourself a home™

www.roomes.co.uk @f t w

01708 255300

for further information or to book an appointment with one of our team

Station Road, Upminster Essex RM14 2UB Open 7 days a week. Monday - Friday 9.30am - 5.30pm. Saturday 9.30am - 6pm. Sunday 10.30am - 4.30pm. Bank Holidays 10am - 5pm.

## PGM Gas & Heating

NO CALL OUT CHARGES  
FREE ESTIMATES - QUICK RESPONSE  
ALL WORK GUARANTEED

- All aspects of Heating and Gas work undertaken
- Complete Central Heating/Boiler Installations
- Service & Repair
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates

GAS  
**safe**  
REGISTER

**iphe**

Tel: 01708 227797  
Mob: 07734 228417

## UPMINSTER REFURBISHMENTS

### THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE  
SHOWROOM WITH EXTENSIVE RANGES TO VIEW  
GRANITE WORKTOPS SUPPLIED AND FITTED  
FITTING ONLY SERVICE ALSO AVAILABLE (YOU SUPPLY)  
TOTAL REFURBISHMENT FROM START TO FINISH  
PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY  
GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED  
ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION..

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION



## Combi Boiler Repairs

Saunier Duval

Vaillant

**IAN LEWIS**  
HEATING

POTTERYTON

BIASI

Installation, Service, Repairs,  
Power flushing, Insurance

**iphe**  
Chartered Institute of  
Heating and Refrigeration Engineers

**01708 440581**



## Crusaider First Aid

Relaxed expertise you can trust



For All First Aid Training Courses  
First Aid at Work, Paediatric, Sports, Emergency, AED Courses  
All certificates are accredited and last 3 years  
Over 30 years experience training emergency services  
For more information contact David:

www.crusaiderfirstaid.com info@crusaiderfirstaid.com  
Tel: 01708 202277 Mobile: 07946 628416



**M P Williams**

**Bathroom Installations**

## Complete Bathroom Refurbishments

- Plan & Design
- Plumbing
- Plastering
- Tiling
- Electrics
- Carpentry

For a free estimate call Matt

Tel: 01708 259696 Mobile 07790 753850  
Email: M.P.Williams.Bathrooms@gmail.com

## GARY COE JEWELLERS ESTABLISHED 1981

*Fully equipped workshop  
Diamond & Engagement ring  
specialists / Bespoke Wedding rings  
Engraving / Full repair service  
Watch batteries / Watch repairs / Valuations  
Best prices paid for your old gold*

35 Cedar Avenue Upminster Essex RM14 2LN  
Tel 01708 222696 Mobile 07771 802624

[www.garycoejewellers.co.uk](http://www.garycoejewellers.co.uk)

**Cranham  
Dental  
Centre**

15  
YEARS

**Quality Dental Care**  
& Service in a Modern Family  
Friendly Environment



*a  
healthier  
smile for  
life*

\*\*\*\*\* New Website & Live Online Bookings \*\*\*\*\*

Inviting all New NHS & Private Patients to Join our Practice.

call **01708 228 291** now

\*\*\*\*\* [www.cranhamdentalcentre.co.uk](http://www.cranhamdentalcentre.co.uk) \*\*\*\*\*

reception@cranhamdentalcentre.co.uk  
141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ



**All building works undertaken.**

All roof repairs - Flat Roofs - High Performance  
Felting - UPVC Fascias & Soffits - Guttering  
Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



**07929 334990  
01708 534411**

# CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371

07946 216 150

Website: [www.cedar-treecare.co.uk](http://www.cedar-treecare.co.uk)  
Email: [cedartreecare@qualityservice.com](mailto:cedartreecare@qualityservice.com)

Cedar Avenue, Upminster, Essex

## Housing Buy Back

Havering Council are buying back previously owned council properties and have provided the following explanation as to why.

The council are selling more properties through the Government's 'Right to Buy' policy than they are currently able to replace and with ever-increasing demand for social housing, due to the Government's 'Homelessness' policy, changes and affordability issues in the private market, the demand for housing is higher than ever.

When properties are sold Havering council is able to keep a portion of the receipts from the sale, called 'Right to Buy' receipts, which can only be recycled into buying or building new properties. The receipts are restricted to funding 30% of the cost to build or buy the new property, cannot be mixed with Greater London Authority grant and must be used within three years of retaining the receipts. If these receipts are not used within three years they must be returned to the Government, with interest. Therefore it's in the authorities best interest to use as many of these receipts as we possibly can.

Havering council has advertised its plans to build thousands of new homes through its regeneration programme, but the land we have available to build on at an affordable

rate is limited, so we also need to utilise the other option of buying back properties to try to increase the supply of housing as much as possible. Properties bought back are only let to Havering council tenants, who are unable to afford a property in the private market, and also must be local, the 'Housing' policy states that applicants must have lived in the borough for at least six years before they can be offered a council property.

Cllr GILLIAN FORD

## Upminster Dementia Choir has launched!

I am delighted that we have been able to set up a Dementia Choir in Upminster.

We held our first session on the 18th June where we had tea, coffee, biscuits and cakes, followed by a bit of a warm up and then the choir.

"Jean and John Barry joined us and after the session, Jean sent me the



following email:

Thank you so much for getting the dementia choir up & running, I can't tell you how much I enjoyed it along with my husband yesterday. I felt like a different person when we left. My husband gave his usual response "I enjoyed it, but can't see the point" So, I told him I'd seen him smile, laugh, heard him sing, saw him speak to people he'd not met before, but most of all I'd seen him having fun & that was the whole point!! We will be there next week for sure. Thank you again, so much."

Are you living with or caring for somebody with Dementia and think the choir would be of interest? Come along on the 9th July, All Saints Church Hall, 10.30am-11.00am for tea and coffee with the choir starting from 11.00am-12.00. The session is £1.00 per person. We would love you to join us! If you would like any further details please contact [gillian.ford@havering.gov.uk](mailto:gillian.ford@havering.gov.uk) or telephone: 01708 641317

## Indoor Table Top Sales

Coopers Company & Coborn School St Mary's Lane, Upminster, RM14 3HS on Sunday 15th September 2019, 6th October, 3rd November and 1st December.

Table Top tables we supply for £12 Seller supplies £8 (up to 6ft). Sellers arrive between 7 - 8.30am.

SECURITY SYSTEMS

Established 1996

Which? Trusted trader



DON'T WAIT TO BE BURGLER!

Protect your home with a professionally installed WIRELESS BURGLAR ALARM

Excellent service from the very first call.

Approved by Which? & Trading Standards



Free survey & no obligation quotation

01708 250600

[www.hillissecurity.co.uk](http://www.hillissecurity.co.uk)



St. Laurence House, 2 Gridiron Place, Upminster. RM14 2BE

Doors open for at 9am. 50p entrance fee for adults.....children free.

Entrance free after 10.30am.

Sellers must book and pay in advance We only take bookings for 1 event at a time. Toilets & refreshments available with Disabled Access & Parking.

Please call 07508135449.

e.mail....[bootsales@cooperscoborn.co.uk](mailto:bootsales@cooperscoborn.co.uk)

These events are organised by the Coopers Parents & Friends Association.

## Allotments Open Day

On Saturday 17th August between 11am and 3pm, plot holders at Stewart Avenue Allotments will invite visitors to join them for their annual Summer Open Day. Visitors will be able to peruse the wide variety of plots on the site and see what is growing, as well as viewing the entries in the Allotment Show and voting for their favourite in the Scarecrow competition.

In addition, there will be refreshment stalls selling tea, coffee, cakes, BBQ, beer and summer punch, plant and produce stalls, kids' activities, raffles and expert gardening information. Upminster Horticultural Society will also have a stand, where you will be

*continued on page 11*

# ICOL SECURITY SYSTEMS

ESTABLISHED 1984

*Can you afford un-invited guests?  
Before they arrive: fit a burglar alarm/CCTV*

For a free survey-risk assessment of your premises contact us on: 01708 226385

*Visit our showroom for  
a fully working demonstration  
of Alarms and CCTV Systems*

UPMINSTER SECURITY CENTRE  
129 AVON ROAD, UPMINSTER RM14 1RQ

ESTABLISHED 1821



## GATES, PARISH & CO.

Chartered Surveyors, Estate Agents, Valuers  
D. J. Parish, F.R.I.C.S

THE ESTABLISHED UPMINSTER ESTATE AGENTS FOR OVER 90 YEARS

- SALES OF RESIDENTIAL PROPERTY
- VALUATIONS FOR ALL PURPOSES
- SURVEY REPORTS
- RESIDENTIAL LETTINGS
- RENT REVIEWS
- LANDLORD & TENANT MATTERS
- EXPERT WITNESS REPORTS
- PROPERTY MANAGEMENT

32, STATION ROAD, UPMINSTER Tel: 01708 250033

Fax: (01708) 220844

Website: [www.gates-parish.co.uk](http://www.gates-parish.co.uk)

## Chauffeur Me (Travel)

For all enquires call Darren

**07947 576642**

[www.chauffeur-me-travel.com](http://www.chauffeur-me-travel.com)

Chauffeur driven in comfort  
Eight Seater ~ Fully Air Conditioned ~ Privacy Glass ~ Satellite Navigation

Special functions  
Shopping days  
Night clubs  
Weddings  
Race days  
Restaurants  
Airports  
Theatres  
Spoil yourself days

## CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

**Domestic & Commercial** TEL: 01708 223046  
**Re-Wires** MOB: 07710 282110  
**NICEIC Test Reports**  
**Fuse Board Up-grades** 66 Moor Lane Upminster



Interested in Triathlon or Multi-sport disciplines?

[www.havingtri.co.uk](http://www.havingtri.co.uk) @havingtri Having Tri

**Contact Kay Hamilton 07957 567915**



# K.A.S.

**Adults Learn To Swim and Improver Lessons**

[www.kasuk.co.uk](http://www.kasuk.co.uk) Qualified ASA Teacher Kays Adult swim



Upminster Osteopath & Sports Injury Clinic

HELPING YOU WITH:

- BACK, NECK & SHOULDER/ARM PAIN
- HIP, KNEE & ANKLE/FOOT PAIN
- NERVE IRRITATION
- POST SURGICAL REHABILITATION
- SPORTS INJURIES (INCLUDING KINESIO-TAPING)
- ARTHRITIS

53 EVERSLEIGH GARDENS  
UPMINSTER  
ESSEX  
RM14 1DP

Tel: 01708 222932  
Mob: 07941 546422

[www.upminsterosteop.com](http://www.upminsterosteop.com)

email: [upminsterosteopath@gmail.com](mailto:upminsterosteopath@gmail.com)

NO CONTRACTS/OBLIGATION  
NO GP REFERRAL NECESSARY  
PRIVATE REFERRAL FOR MRI, ULTRASOUND WHERE APPROPRIATE  
RECOGNISED BY ALL MAJOR INSURERS (BUPA, AXA, PPP, etc.)



/upminsterosteopath

## Lawton & Stoakes

[WWW.VETS.UK.NET](http://WWW.VETS.UK.NET)



- \* Family owned & run Vets
- \* Established 1985
- \* First opinion and Referrals
- \* Catering for all types of Pets
- \* Consultations to suit your needs
- \* Excellent Facilities



To make an Appointment

**01708 384444**

8-12 Fitzilian Avenue  
Harold Wood  
RM3 0QS

## S C R Roofing

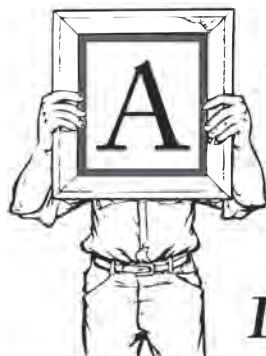
• All flat roofing • Asphalt and felt systems • Facias and gutters

*All staff fully trained, Fully insured, All work guaranteed*

**Contact Steve Rawles**

**Tel: 07971 171363**

For those frames you just can't find in IKEA!  
**UPMINSTER'S PICTURE FRAMER**  
[www.adamthepictureframer.co.uk](http://www.adamthepictureframer.co.uk)



# A D A M

*the  
Picture Framer*

**FOOTBALL SHIRTS, SPORTS MEMORABILIA, MEDALS,  
Limited editions, posters, photos, jigsaws and more!**  
Ring or Text **07903933281** to catch me in the Workshop



TIME TEES CARS



**Upminster MOT & Service Centre**  
*Free Local Collection & Delivery*  
**Covering Cranham Upminster Hornchurch**  
**\*\*Air Con Regas From £69.95\*\***

**MOT's Only £45**  
**Or**  
**Included with Any Service**

Time Tees Cars, 11 Station Road Upminster.  
01708 250011. [www.timeteescars.co.uk](http://www.timeteescars.co.uk)  
Next to Costa Coffee!



**Did you know that Frances Bardsley Academy for Girls has fantastic facilities that anyone can hire?**

We are based on the Brentwood Road, in Romford, and can offer:

- Dance/Drama studio
- Sports Hall
- Outdoor netball court
- Main Hall
- Conference room
- Theatre
- Study rooms

Maybe you're looking for somewhere new to run your sports club, or a meeting place for a weekly group activity. You might even be looking for a party venue!

To find out more and to come and take a look at our facilities, contact Daniel Chumley on 01708 447368 or email [dchumley@fbaok.co.uk](mailto:dchumley@fbaok.co.uk)

Our partner LIFE Trust school, Dame Tipping CofE, located in Havering-atte-Bower, also have fantastic facilities to hire. Please contact Mrs K Waters 01708 745409 or email [office@dametipping.havering.sch.uk](mailto:office@dametipping.havering.sch.uk)



able to find out about the local towns and gardens that they visit through the year and hear about the great guest speakers they have on all things horticultural.

Entry is FREE, although donations will be welcome. Visitors should come to the main allotment gates right at the end of Stewart Avenue (no parking on the site).

For further information see [www.stewartavenueallotments.org.uk](http://www.stewartavenueallotments.org.uk) or contact Jackie via [stewardsallotments@outlook.com](mailto:stewardsallotments@outlook.com) or 01708 641624.

## Queens Theatre

### 4 – 28 September Stiletto Beach

The world premiere of a sharply observed authentic new play by Sadie Hasler (Pramkicker, Fran & Leni) that offers a funny, heart-warming look at what it really means to be an Essex girl. Part of Essex Girls and Boys: a season of two vibrant plays performing alongside each other as part of Essex on Stage.

### 7 – 28 September So Here We Are

A Bruntwood prize-winning play from Romford-born Luke Norris (Royal

Court, Paines Plough). A fast-moving witty play about Essex boys and their hopes, dreams and frustrations. Part of Essex Girls and Boys: a season of two vibrant plays performing alongside each other as part of Essex on Stage.

[www.queens-theatre.co.uk](http://www.queens-theatre.co.uk)

## Thames Chase Community Forest

The annual Thames Chase Art and Sculpture Exhibition at the Forest Centre returns in August, with artists from across the Community Forest and surrounding areas showing examples of their works. On the theme of 'Ideas and Imagination', artists will display their interpretation of the subject in their favourite medium. The variety of artists this year will include watercolourists James Merriott, landscape artist, Beverley Hughes, metal sculptor Otis Griffiths and our Upminster based portrait artist finalist in 'Sky Arts Portrait Artist of the Year 2019, Tom Mead. The exhibition runs from 13th to 26th August and is open each day from 10am-4pm. Budding young artists are not forgotten. Running alongside the Exhibition young artists from 5-16years can submit their favourite picture or design taking

## Parkview Paving & Landscaping

[www.parkviewpaving.co.uk](http://www.parkviewpaving.co.uk)

20 years experience

- \* Driveways
- \* Patios
- \* Brick Walls
- \* Natural Turf
- \* Artificial Turf
- \* Indian Sandstone
- \* Fencing
- \* Porcelain Slabs

Free estimates/ large portfolio

Find us on Facebook

All work guaranteed

**01708 750209/07908891282**

inspiration from the title Woodland Wonders to depict creatures and animals that are found or could have once been a part of the Community Forest area into a competition judged in three age brackets. Information about contributing artists and conditions for the children's competition are on the website [www.thameschase.org.uk](http://www.thameschase.org.uk)

### Events at the Forest Centre in August

**Tuesday and Wednesday each week through August 10am-12noon** – children's activity programme based on favourite forest animals - fox, squirrel and badger. Drop-in sessions for 4-10 year olds. £3 donation per child.

**Thursday evenings through August- 7-8.30pm** – summer yoga school with a variety of qualified instructors. Tickets: £7

**Friday 16th August 2.30-4.30pm** – tea dance in the barn with delicious cream tea and live music. £9 per person

**Sunday 18th August 10am-2pm** – Sunday craft and produce market.

**Friday 23rd August** - Jazz in the Barn 8-11pm. Dave Browning's All Star Jazz Band returns for their second visit to the Forest Centre's Essex Barn this summer. Tickets £14. Bring your own food and drink. Booking essential

**Saturday 31st August** – Murder Mystery Evening in Broadfields Barn. Arrive 7.30pm. Tickets £18 per person

including Ploughman's Supper. Bring your own drink (tea and coffee available) Booking at the Visitor Centre or on 01708 642970

More information at the Forest Centre or on [www.thameschase.org.uk](http://www.thameschase.org.uk) All enquiries to Thames Chase Telephone: 01708 642970 or Email: [enquiries@thameschase.org.uk](mailto:enquiries@thameschase.org.uk)

## Shirley Ward Tours

**August 7th Wed, Eastbourne trip; Pier, Beach, flat promenade, shopping centre.** £28 Adult; £27 Oap; £20 Child; Includes ride over downs to Beachy Head.

**August 15th Thu, Broadstairs Day Trip; Folk Week.** Family Rate available or £28 Adult, £27 Oap, £20 Child.

**December 19th Thu Royal Albert Hall Friendship Matinee 3:30pm. Guy Bakers Big Band Christmas Show.** Cost £5 with a £2 donation to Shirley tours.

**November 29th/30th Friday/ Saturday: Thursford Xmas Spectacular Show.** Overnight stay and evening meal after matinee show at Heacham Manor Hotel, Hunstanton plus free time in Norwich next day: £189 per person, S/S £15 pp. Please call Shirley Ward 01708 227884 or e mail [shirley@shirleytours.co.uk](mailto:shirley@shirleytours.co.uk) to Book all trips.

## R.R. CONSTRUCTION LTD

EXTENSIONS  
GENERAL BUILDING  
OVER 30 YEARS EXPERIENCE  
FULLY INSURED

PLANS DRAWN & SUBMITTED TO COUNCIL  
ELECTRICAL, PLUMBING, PLASTERING  
GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

**Tel: 01708 251282**

[www.extensions-experts.co.uk](http://www.extensions-experts.co.uk)

## ESSEX SUPREME CARPET CLEAN



Upminster based

Fully Insured

Carpets, Rugs, Upholstery & Mattresses

Competitive prices & Multi-room discounts

CALL DAVID FOR A QUOTE

Tel: 01708 702194 Mob: 07818 408217

email: [essexscc@gmail.com](mailto:essexscc@gmail.com)

[www.essexsupremecarpetclean.co.uk](http://www.essexsupremecarpetclean.co.uk)

- House Surveys & House Purchase Reports
- Fire & Subsidence Damage Reports
- Party Wall Awards/Schedules of Condition
- Design, Planning Services incl. Planning and Building Regulation Approvals - Domestic & Commercial Enlargement
- Project/Contract Management
- Construction Consultancy & Trouble Shooting

**The Everett Partnership LLP**  
Chartered Building Surveyors and Engineers  
Construction Consultants  
Tel: ++ 44 01708 227108

Email: [epsurv.uk@btinternet.com](mailto:epsurv.uk@btinternet.com)



## Unlock the equity in your home and enjoy a more comfortable retirement.

Are you a homeowner aged 55+? If yes, you could unlock some of the cash tied up in your property by using a lifetime mortgage.

A lifetime mortgage is secured against your home just like a conventional mortgage.

You could release cash to spend however you like for example;

- Improve your home.
- Gift money to Grandchildren for property deposits.
- Have a holiday of a lifetime.

With a lifetime mortgage you will always own your own home\*

For your **Free** consultation without obligation please call **01708 220816**.

\*It will reduce the value of your estate and may affect your entitlement to means tested benefits.

**Austin - Chapel**  
Independent Financial Advisers LLP

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780



## Ellen Jane - School of Dance

Tap \* Acro \* Modern \* Ballet \* Lyrical \* Singing \* Dance Technique

We Teach From The Age Of 3 Years

**Contact Ellen on 07843 414 363**

[www.ellenjanedance.co.uk](http://www.ellenjanedance.co.uk) [ellenjaneschoolofdance@gmail.com](mailto:ellenjaneschoolofdance@gmail.com)

Education and Training CRB Checked



**Quality decorating service with over 20 years experience**

Interior and exterior work. Free estimates and advice. Highly recommended  
Handyman services including tiling, flooring, fencing, woodwork & paving

**Telephone: 01708 473709 or 07957 096597**

**Email: [contact@sriddick.co.uk](mailto:contact@sriddick.co.uk)**

**[www.sriddick.co.uk](http://www.sriddick.co.uk)**

FAMILY BUSINESS  
SINCE 1976



NO JOB TOO BIG OR SMALL

**A.C.E ROOFING CO. LTD**

CALL US FOR A FREE NO OBLIGATION ESTIMATE

**01708 227 701**

THE GROVE, UPMINSTER ESSEX, RM14 2ER  
[WWW.ACEROOFING.CO.UK](http://WWW.ACEROOFING.CO.UK)



## AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted.

Satellites installed.

Aerial & dish realignment

TV extra points

[www.aerialsdirect.co.uk](http://www.aerialsdirect.co.uk)

[www.aerialsupminster.co.uk](http://www.aerialsupminster.co.uk)

**01708 347257**



## Longfellers

*tree surgery and garden care*

qualified arborists and gardeners  
*city & guilds, nptc*

**INSURED**

Free estimates

**Phone: 01708 641289**

**Mobile: 07984 524392**



**MBM Electrical Services Ltd**



Based in Upminster/over 30 years experience

**07971 293569**

**Website:**

**[Mbm-electrical.co.uk](http://Mbm-electrical.co.uk)**

**Email:**

**[Info@mbm-electrical.co.uk](mailto:Info@mbm-electrical.co.uk)**

**01708 898919**

**TIMBER & SASH WINDOW  
REPAIRS & REPLACEMENTS**

**ASCOT  
REFURBISHMENT  
LTD**

**[SCOTT.ASCOTREFURB@YAHOO.CO.UK](mailto:SCOTT.ASCOTREFURB@YAHOO.CO.UK)**

**07889653287**



## KUSOOM BUGH



### RESTAURANT

Family run business- est 1978  
Fully licensed & Air Conditioned

#### Opening Hours

7 days a week, incl Bank Holidays  
Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm  
Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT  
Tel: (01708) 220038 or 222606

## Outdoor Cinema

Essex Outdoor Cinema are returning to Upminster this Summer. Our final screening will be The Greatest Showman at Upminster Junior School on Saturday 21 September. All details are on [www.essexoutdoorcinema.com](http://www.essexoutdoorcinema.com). We look forward to watching the stars under the stars in Upminster this summer.

## Rotary Club Annual Walk

Our annual sponsored walk will take place on Sunday 8 September 2019 to raise funds for the Saint Francis Hospices & First Step. Start and finish at Hornchurch Country Park, adjoining the visitors centre Squadron Approach, Suttons Avenue Hornchurch. 9.00 A.M. Parking available at the start with drinks at halfway point. Adults and children are invited to take part, children under 12 to be accompanied by an adult. The 6 mile walk will take place through Hornchurch Country Park, over Rainham Hill and returning over public footpaths. It is not a race just a pleasant walk through the country park and open countryside. For details and sponsorship forms

Please phone Rtn. Brian Taffs on 01708 250855.  
[Www.Hornchurchrotary.Org](http://Www.Hornchurchrotary.Org)

## Adventure Island Tickets

Half price Adventure Island (£16.50 Blue / £13 Red) and less than half price Sealife Southend tickets (£6), available all year round, valid to 31 December, may be collected locally. Please contact Annie: 07517 858571, Penny: 07703 676989 or MAA Eyecare, Avon Road: 01708 259889 - thank you to everyone for your continued support.

## Keep Havering Tidy

Why is it that we have groups of young people having to go around picking up other people's rubbish? Why do people throw their chewing gum on the floor? Why do smokers through their butts on the floor? And why do we have dog owners that allow their dogs to foul on the public footpaths and parks where our children play? Ignorance appears to be bliss, however at the end of the day the reality is that this comes at a cost to all of us. Not only is it visually unattractive, there are

## THE FOOT SURGERY

State Registered Chiropodist/Podiatrist  
& Specialist in Foot Surgery

**Ms. Meena Matharu**

SRCh MChS BSc FCPodS (HCPC Registered)

18 Years Clinical Experience in Private Practice  
Consulted for Harrods and Harley Street

#### Treatments Available

- Nail surgery, electro-surgery and cryotherapy
- Cortisone injections for pain management
- Sports medicine: bespoke prescription orthotics
- Comprehensive foot care for diabetics and arthritic patients
- Routine foot care: Nail cutting, corn & callous treatment
- Verrucae treatment

For appointments call: 01708 621 194  
11a Billet Lane, Hornchurch, Essex, RM11 1TS  
[WWW.THEFOOTSURGERY.CO.UK](http://WWW.THEFOOTSURGERY.CO.UK)



health risks, blockages to drains, cigarette butt water pollution and the financial clean-up costs!!! An article in Country File suggested £7m is spent on clearing up litter and £56m on removing chewing gum from pavements a year. What other things could we be spending this money on rather than literally throwing it away? We all have to take a responsibility to make where we live as pleasant and healthy as possible and we all need to think how we can make things better.

CLlr GILLIAN FORD

## Frankie's Classic Car Fest and Vintage Market

Frankie's Classic Car Fest and Vintage Market will be on the 1st September 2019 at Ford's Dunton Technical Centre, raising money for Saint Francis Hospice. Calling all classic car lovers! Frankie's 8th annual Classic Car Fest has been arranged in conjunction with the 50th birthday of the iconic Ford Capri, and will host an impressive display of Ford Capris and other classics. There will be a vintage market with a variety of amazing stalls including homemade fudge, vintage clothing, memorabilia & jewelry, retro toys and model cars. You will be able to choose from a

selection of delicious street food and be wowed by the exciting family entertainment! For more information visit [www.sfh.org.uk/frankies-classic-car-show](http://www.sfh.org.uk/frankies-classic-car-show) or call 01708 771404.

## Sky Blue Mondays

Nelmes United Reformed Church, on the corner of Nelmes Road and Burntwood Avenue has a new approach to Mondays. Calling it 'Sky Blue Mondays' they have started to open up the church on a Monday Evening from 7pm to 8pm. Claire Bottone from Nelmes URC has said 'We are hoping to provide a space for our community to come and have some time of reflection and calm. We hope that people will come along and take the opportunity to light a candle if they wish, or add their name or names of a loved one to our prayer book. We also have a separate room where we will serve tea coffee and biscuits should somebody just want to come along for a chat. There is no sermon, no prayers or readings, just an open church with some gentle music and a calm atmosphere. We are hoping to reach out to the local residents in this mad world of conflicting information and high stresses for some, but extreme loneliness for others and provide a space where people can just have some quiet time, relieve their loneliness with a chat or maybe just sit for a while and recharge their batteries' Claire adds that all faiths are welcome and people may stay for 5 minutes or the whole hour.

## HAVERING FIREPLACES & STOVES



01708  
444954

Complete Supply & Installation Service  
Fitting Only Service also available  
Fireplace Packages / Stoves  
Clearview Stove Range  
Cast Iron Inserts and Fireplaces  
Large selection of Marble & Limestone  
Gas & Electric Fires  
Qualified and Experienced Staff  
Free Home Installation Survey  
Never Beaten on Price

1-5 Butts Green Road, Hornchurch, Essex, RM11 2JR  
E Mail - [info@haveringfireplaces.co.uk](mailto:info@haveringfireplaces.co.uk)  
[www.haveringfireplaces.co.uk](http://www.haveringfireplaces.co.uk)  
Open 10am - 5pm - Monday - Saturday



## Meadowbanks Residential Care Home



Meadowbanks is a 40 bedded residential care home which specialises in dementia care.

The home is located in four acres of meadowland in Upminster, Essex.

Offers large single, fully furnished bedrooms with en-suite shower.

Proprietors: T.L.Care (Havering) Ltd  
Hall Lane, Upminster, Essex, RM14 1TT  
Telephone: 01708 330140  
[info@meadowbanks.co.uk](mailto:info@meadowbanks.co.uk)

[www.meadowbanks.co.uk](http://www.meadowbanks.co.uk)



## Upminster Plastering & Building Services

01708 221297 or 07765 013623

Kitchen & Bathroom Refurbishment  
Exterior/Interior Paintwork  
Extensions & Alterations  
Plastering & Rendering  
Guttering & Fascias  
Pebbledashing

LOCAL TRADESMAN WITH OVER  
40 YEARS EXPERIENCE (references given)

01708 221297 or 07765 013623

E-mail: [upminsterplastering@gmail.com](mailto:upminsterplastering@gmail.com)



Professional, Affordable, Friendly & Reliable

- Dog walking
- Pet sitting
- Pop in visits
- Pet taxi

Call: 07522490112  
Email: [walkieswithrachel@gmail.com](mailto:walkieswithrachel@gmail.com)  
Website: [www.walkieswithrachel.com](http://www.walkieswithrachel.com)

## The Secret to a Beautiful Lawn

**GreenThumb**  
LAWN TREATMENT SERVICE



Contact us for your free lawn analysis and advice

**01277 227988**

Email: [essexsouth@greenthumb.co.uk](mailto:essexsouth@greenthumb.co.uk) [www.greenthumb.co.uk](http://www.greenthumb.co.uk)

## B.K.C. ROOFING LTD

FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE  
Railway Infrastructure, Commercial, Domestic

Tel/Fax: 01708 340052 Mobile: 07976 278026  
Email: [Barrycassbkc@aol.com](mailto:Barrycassbkc@aol.com)

Member of the Construction Health and Safety Group  
Approved contractor by Kingspan Alumasc, Bauder,  
Rubber Bond, Widopan  
**Green roof specialists**

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs  
New tile roofs, slate roofs, Metal roof, lead roof  
UPVC Fascia, soffit and guttering  
All work guaranteed, fully insured.

**Free estimate**

# LKB



Carpentry

Lee's Kitchens, Bedrooms &  
Carpentry LTD

Visit my website to view my work  
[www.LKBcarpentry.co.uk](http://www.LKBcarpentry.co.uk)

Upminster 07909630862

## Bespoke Garden Rooms

Home Offices

Party Room

Music Studio

Gyms

Bars

Hot Tub Areas

Games Room



**01277 220925**  
**07759 336082**

Based In Brentwood

**[www.urbandens.co.uk](http://www.urbandens.co.uk)**



**LORNE GUTTERIDGE D.O.**

OSTEOPATH  
Est. 1988

LOW BACK & NECK PAIN, SCIATICA  
ARTHRITIS  
WHIPLASH  
HEADACHES & SPORTS INJURIES

39 Nags Head Lane  
Brentwood  
CM14 5NL

Office: (01708) 227786  
Mobile: 07909 913 331

[lornegutteridge@hotmail.co.uk](mailto:lornegutteridge@hotmail.co.uk)

## Fleet of Foot Podiatry and Chiropody

**Routine Chiropody - Podiatry degree qualified - HCPC registered.**

Certified for prescription only medicines.

Specialist in nail surgery - treatment packages available.

All instrument sets are individually sealed & fully autoclave sterilised.

Some examples of conditions treated: Corns, callus, thickened nails, fungal nails, in-growing nails, dry cracked heels, claw, hammer or mallet toe lesions, verrucae, fungal infections, annual diabetic foot checks.

**Specialist in sport and musculoskeletal injury, post graduate trained.**

In-house Contemphas Templo, two camera video gait analysis system.

In-house ultrasound diagnostic scanning.

Insole & orthotic therapy, custom casted and off the shelf devices stocked.

Exercise and theraband rehabilitation therapy for musculoskeletal injury.

Local anaesthetic and corticosteroid injections available.

Conditions treated are lower limb / hips downwards, some examples: Plantar fasciitis, muscular or tendinous injury, achilles tendinitis, shin splints, iliotibial band pain, patella femoral & knee pain, metatarsalgia, morton's neuroma.

**By appointment only, please book online through our website,**  
alternatively leave a message by answerphone or email, and we will get back to you to arrange an appointment as soon as we are out of clinic.

Fleet of Foot **01708 535475** Greg Kilner  
53 Bridge Avenue, [www.fleetoffoot.co.uk](http://www.fleetoffoot.co.uk) Podiatrist / Chiropodist  
Upminster, [contact@fleetoffoot.co.uk](mailto:contact@fleetoffoot.co.uk) BSc Pod Med, PG Cert PSM  
RM14 2LP Free parking available. HCPC: CH34225

# ST. MARY'S DENTAL CARE

Dr Mia Rafiee & Associates

B.D.S. (Sweden)

New NHS and Private Patients Welcome  
Dental Implants now available  
Modern Friendly Environment  
Emergency Treatment  
Cosmetic Dentistry  
Flexible Dentures  
Zoom Laser Whitening  
Hygienist Available  
Air Polish



## Surgery Hours

Monday, Tuesday, Wednesday and Thursday  
9.00am - 5.30pm

Friday  
9.00am - 7.00pm  
Every Saturday  
9.00am - 4.00pm (Hygienist only)

Tel/Fax  
01708 229 330  
163  
St. Mary's Lane,  
Upminster,  
Essex RM14 3BL

We emphasise the need to preserve your natural teeth by the prevention of tooth decay and gum disease

# Bat & Moth Evening

Monday August 12th, from 8pm

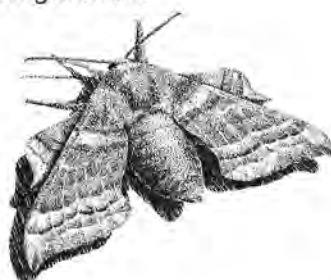


We will watch and listen (using bat detectors) to bats over the Parklands lakes then walk up to Cranham Marsh to look at moths attracted to a moth trap.

Meet at the entrance to Parklands in Corbets Tey Road, Upminster at 8 pm. Please bring a torch.

Requested donation £5/adult (kids welcome).

Make sure of a place by registering on EventBrite.



All proceeds to Essex Wildlife Trust

More information from Tony ☎ 220897 or email tonygunton@icloud.com

Protecting Wildlife for the Future and for the People of Essex

# BOILER CHANGE

Raymond Coomer  
Sarah Cordell

BOILER REPAIRS & REPLACEMENTS  
PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 576292

14 Birch Crescent, Ardleigh Green, Hornchurch

01708 477146  
07761 049852

# Harold Wood Funeral Services & Funeral Plans Est 1958

The Same Care and Advice  
as for a Friend

01708 343286

43 Station Road,  
Harold Wood RM3 0BS

Website: www.hwfunerals.co.uk  
Facebook: @haroldwoodfunerals  
Email: voice@mail@hwfunerals.co.uk

All types of funeral  
including Woodland & "Direct"

## Home and Office Appointments

Historic, Acclaimed Local Company  
Four Family Run Funeral Homes  
in Harold Wood, Hilldene,  
Collier Row and Hainault.  
National & International Services.

Emergency Service  
24hrs, 7 days a week  
Offices Mondays to Saturdays

Low Cost Golden Charter  
Pre-paid Funeral Plans  
from under £3000

We support many  
Local Community Organisations -  
Director a recipient of  
Havering Mayor's Award 2017

## Local Author

I've lived in Upminster, on and off, since 1971 but it is the eighties I remember with most affection and clarity. It was a time of great change, discovery and upheaval on both a personal and social level. So much so that I decided to translate some of my experiences into a 'fictional' novel. The action follows the dreams and ambitions of local lad Micky Targett from London to Mallorca, via Upminster itself. Readers of a certain age may well nod in recognition of one or two of the locations and scenarios. Not for the faint-hearted, Night Flight To Shoebury is available from good bookshops and from Amazon in Kindle and paperback and is in Havering libraries.

David Taplin

## Keep Fit 50+

Do you want to get a little more active after the summer break?  
Have you just retired? New to the area and want to meet some new people?  
If so why not try a KFA Moves class.  
Classes re- start week 1st September.  
First class FREE  
Tuesday 3rd. 1.30-3.00 Cranham Social Centre, Front Lane (above the glass shop) RM14 1XN  
Wednesday 4th. 2-3.30 St Laurence Church Hall (tea/social break included) RM14 2AJ  
Tuesday 10th. 7.45-9.15pm Ingrave Johnstone School, Ingrave CM13 3NU  
Qualified Register of Exercise Professional/KFA Tutor  
chrisbannister104@btinternet.com  
01277211050

## New Wills & LPA Seminars

New Wills & LPA Seminars at Pinney Talfourd Now Includes Contested Wills Advice; "Getting it Right in the First Place & How to Solve Disputes" Join us at one of our popular free seminars on Friday 16th or Saturday 17th of August which now includes even more advice and guidance than ever before.  
Over half of people in the UK currently do not have a Will and this can lead to unfortunate difficulties upon death. You may not have a valid Will or a family member may even contest your wishes! This means that your assets may not pass to whom you

want to inherit, leaving your loved ones in financial stress and hardship. It also can be time-consuming and expensive to resolve.  
Dementia can lead to you not being able to make your own decisions. Did you know that a simple document - a Lasting Power of Attorney - nominates a person to make financial or healthcare decisions on your behalf? Our Wills Team will cover the essentials of a Will and other supporting documents. Find out why it is so important to have a watertight Will and what documents are best for your circumstances.  
We would also like to announce a new addition to our seminars; our Contested Probate Team will be joining us to advise on circumstances where a dispute may most frequently arise.

Join our experts for this free presentation followed by some free tailored advice over a tea or coffee afterwards.  
**EVENT DETAILS**  
Friday 16 August 2019  
Saturday 17 August 2019  
Time (both dates):  
10.00am - 11.30am  
Venue (both dates):  
Pinney Talfourd Solicitors, 54 Station Road, Upminster, Essex, RM14 2TU (Please note - the seminars will be taking place in our boardroom, located up one flight of stairs.)  
Book your place:  
For more information and to book your free place please contact Nicholas Conway on 01708 229444 or email nicholas.conway@pinneytalfourd.co.uk

## Hornchurch Cycle Club

Hornchurch Cycle club was formed in 2014 with the aim to create a social, inclusive club to get everyone cycling and within 3 years it has grown to over 200 members. Still fulfilling its original goals, with members who are beginners to those that race on local amateur circuits. If you'd like to know about the club, please contact memberships@hornchurchcc.com or search Hornchurch Cycle Club on social media.

# ELECTRICIAN

Your Local Electrician

- Extra lights
- Additional sockets
- New fuse boards
- Rewires
- Inspection & Test Certificates
- Security lights
- Shed/Garage supply
- Smoke alarms
- Kitchen circuits
- Garden electrics and more.....

**Fault Finding and Repairs  
No Job Too Small**

- ✓ Qualified Electrician
- ✓ Fully Insured
- ✓ Free Quote
- ✓ Six Year Guarantee
- ✓ Reliable Service
- ✓ Reasonably Priced

**Call Dean on: 01708 909066**



dean@emfwiringsolutions.com



For all your property maintenance  
repairs and improvements  
With over 25 years of experience  
No job too small  
Fully insured local tradesman

Call On  
Office 01708 501117  
Mobile 07551 102102

More Info  
www.terryford.co.uk  
Email info@terryford.co.uk



**Cine-Slides-Video 2 DVD**

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810 [www.slides2disk.co.uk](http://www.slides2disk.co.uk)

**the sycamores swim school**

161A Hacton Lane, Upminster, Essex RM14 2YE

**We offer Parent & Baby,  
Pre School & Junior Lessons  
from 4 weeks - 11 Years  
in a warm clean pool.**

**Lessons are fun and structured  
with experienced teachers.**

**Please call for more information  
07961 750173  
or visit our Facebook page  
[www.thesycamoresswimschool.com](http://www.thesycamoresswimschool.com)**

THE **BOILER**  
REPLACEMENT CO.

**THE BOILER &  
BATHROOM  
REPLACEMENT  
SPECIALIST**

Call us for a free quote



**01708 226682**  
[www.boilerreplacement.net](http://www.boilerreplacement.net)



**RJ Watson**  
Carpentry & Joinery

**For all your carpentry and home improvement  
needs.**

Kitchens – Wardrobes – Flooring – Doors

**01708 921360 / 07921 513970**  
[www.rjwatsoncarpentryandjoinery.co.uk](http://www.rjwatsoncarpentryandjoinery.co.uk)

**HOME GROWN HARDY OUTDOOR PLANTS**  
at  
**LONG HOUSE PLANTS**

Shrubs•Perennials•Grasses•Ferns•Climbers•Bamboos

- An independent nursery with a friendly atmosphere
- Resident expert for free advice
- Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill,  
Romford RM4 1LD

**01708 371719 [www.longhouse-plants.co.uk](http://www.longhouse-plants.co.uk)**

Open from first weekend in March to last weekend in  
September on Fridays & Saturdays 10-5, Sundays 10-4  
& Bank Holidays 10-5

**FEN BUILDING AND  
ROOFING CONTRACTORS**

All aspects of domestic building works undertaken

- Garage / loft/ room /conversions
- Extensions structural opening or repairs
- Kitchen / bathroom renewal
- Property maintenance
- Flat roofs
- Chimney stack relead / repoint /remove /rebuild
- Upvc fascia soffit window works
- Valley replacements
- Any roofing repairs
- New roofs - strip and retile



Office : 01708 225295 Mob 07939 152828 or 07929 334990  
E-mail: [fenbuilding@ntlworld.com](mailto:fenbuilding@ntlworld.com)

**FREE ESTIMATES - ALL WORKS GUARANTEED**

# ATCL LOCKSMITHS

FOR ALL YOUR HOME & BUSINESS SECURITY NEEDS

**YOUR LOCAL MOBILE LOCKSMITHS**

- FREE CALL OUT
- OAP DISCOUNT - 10%
- FIXED PRICING
- NO HIDDEN CHARGES
- 12 MONTH WARRANTY ON ALL WORK



**01708 453 168 | 07515 519 971**

**( C.S. Motors )  
All Cars Wanted!!!  
Top Prices Paid Instantly  
0208 5916691  
07836692803  
www.csmotors.co.uk**



**40 Years Experience**

**Caring Company**

**All Building work undertaken**

**Plans/Drawings submitted to Council**

**Extensions/Garden Walls/Patios**

**Chimney Stacks Removed/Repaired**

**Garden Landscaping and much more...**

**Gary 07949556306**

**Darren: 07989108193**

**www.Essexwgconstruction.com**



**Make your conservatory  
sparkle again**

- Complete roof wash & hand polish •
- Cleaned inside & out •
- Decorative mouldings cleaned •
- Solar panel cleaning •
- Full public liability insurance •



Call today for a FREE no obligation quote.  
01277 790 173 or 07726 323 800  
Email: [enquiries@ukccc.co.uk](mailto:enquiries@ukccc.co.uk)  
or go to [www.ukccc.co.uk](http://www.ukccc.co.uk)

## LOCAL FUTURE EVENTS AUGUST

**Hornchurch & Upminster Rotary Club**, every Thursday 12.30 for 1pm, The Railway Hotel, Station Road Hornchurch Tel: 01708 250855.

**9 Friday - Scottish Country Dancing**, every Friday at St Laurence Church Minor Hall RM14 2BB. 10.00 to 11.45 am. Beginners welcome. Further details from Fiona 07976 438950

**11 Sunday - OASIS - A 'disability-friendly' meeting**, 3.00 to 4.30 pm at Cranham Baptist Church, Severn Drive. Oasis meetings are for adults with disabilities and their carers. All our meetings are accessible, friendly and informal. Contact the Oasis Team on 01708 223551 or 07714 853545.

**14 Wednesday - The Front Lane Community Association Tea Dance** at Cranham Social Hall, Front Lane, Cranham, RM14 1XN on the 2nd Wednesday of each month. Doors open 2.15 p.m. Come along and make new friends, whilst dancing to music by 'John'. £3.50 inc refreshments. Pay on the door. Further details contact Val on 01708 224166.

**14 Wednesday - Nelves Women's Institute** meet on the 2nd Wednesday of every month and welcome new members of all ages. Meetings are held at Nelves United Reformed Church Hall (corner of Nelves Road and Burntwood Avenue, Hornchurch, RM11 3JA). Meetings start at 2 pm promptly. Please contact Ruth McDougall on 01708 448431 or [Ruth.wellwisher@gmail.com](mailto:Ruth.wellwisher@gmail.com) for further details.

**Wednesday - Havering U3A**. Havering U3A meets at 2:30pm on the second Wednesday of the month at St. Michael's Church Hall, Main Road, Gidea Park, Romford. Interest groups run throughout the month. [www.u3asites.org.uk/havering](http://www.u3asites.org.uk/havering) (No talk in August)

**15 Thursday - Upminster Wine and Social Club** meet on the third Thursday of the month at 8 pm in the Cranham Social Hall, Front Lane, Cranham. We hold meetings every month with a variety of speakers and wine tasting. For more information contact Maureen Jasper on 01708 223956, or simply come along on the night. You will be most welcome.

**17 Upminster Tithe Barn Museum of Nostalgia**, in Hall Lane Upminster Open (10.30am to 4pm).

**19 Monday - Diabetes UK - Havering Group** Meetings are held at North Street Halls, 24 North Street, Hornchurch - Opposite Iceland, RM11 1QX. Normally on the third Monday of each month (except for August and January) at 8PM. Contact our secretary, Ann on 01708 935779, for more details.

**20 Tuesday - Cranham Engayne W.I.** welcomes new members and visitors. Meetings held on the 3rd Tuesday of each month at 2 pm to 4 pm at the Cranham Community Centre, Marlborough Gardens.

**20 Tuesday - Upminster Dementia Choir**. All Saints Church Hall, 10.30am-11.00am for tea and coffee with the choir starting from 11.00am-12.00. Every other Tuesday. The session is £1.00 per person. We would love you to join us! If you would like any further details please contact [gillian.ford@havering.gov.uk](mailto:gillian.ford@havering.gov.uk) or telephone: 01708 641317

**20 Tuesday - Upminster U3A Jeff Page - Annie Besant and the Match Girl Strike**. New Windmill Hall in Upminster. Doors open at 12.30pm for a 1pm start. For further information about membership and current interest groups, come along to a meeting for free or check out our website [www.u3asites.org.uk/upminster](http://www.u3asites.org.uk/upminster)

**20 Tuesday - Upminster Camera Club** meet Tuesdays at 7:45pm for an 8:00pm start at Cranham Community Association, Marlborough Gardens, Cranham, RM14 1SR. Monthly Projected Digital Image. [www.upminstercameraclub.org.uk](http://www.upminstercameraclub.org.uk)

**21 Wednesday - Deyncourt Ladies Probud Lunch Club** meet every 3rd Wednesday of the month (except August) and welcome new members who are retired. Meetings are held at the Masonic Centre Deyncourt Gardens Upminster. Meetings commence at 11.30 am lunch is 12.00pm and we have a speaker to follow. Please contact Julia Deverill for further details on:- tel. 01708745788 Email:- [frelia.deverill@talktalk.net](mailto:frelia.deverill@talktalk.net)

**21 Wednesday - Upminster Floral Art Society** An entertaining evening watching expert floral designers. Enter our raffle on the night for a chance to take home a spectacular flower arrangement. Doors open at 7pm and refreshments are available. Held on the third Wednesday of every

*continued on page 19*

## CRANHAM GARAGE

**M.O.T & SERVICE CENTRE**

**[www.cranhamgarage.co.uk](http://www.cranhamgarage.co.uk)**

**\*\*M.O.T TESTING\*\***

**\*\*VEHICLE SERVICING\*\***

**\*\*VEHICLE REPAIRS\*\***

**\*\*VEHICLE DIAGNOSTICS\*\***

**\*Up to 40% Cheaper than main dealers\***

**\*38-40, FRONT LANE, CRANHAM, ESSEX, RM14 1XW\***

**TELEPHONE: 01708 221704**

**E-MAIL: [bookings@cranhamgarage.co.uk](mailto:bookings@cranhamgarage.co.uk)**

**\*TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS\***

Call : Gary or Liam

## DOUBLE GLAZING



### REPAIRS

Broken, Misted,  
Sealed Units  
Handles, Rollers  
Hinges, Locks etc.



[weatherbesthornchurch.co.uk](http://weatherbesthornchurch.co.uk)

Fully Guaranteed  
Telephone 01708 437174

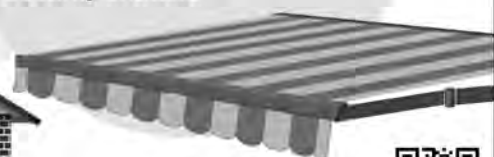
New Window & Door Installations

OAP Discount

EST 1989



Interior blinds  
Roller shutter garage doors  
Sun awnings  
Sun awning recoveries and repairs  
Security shutters



Based in Navestock. Visit the website [www.drathmore.co.uk](http://www.drathmore.co.uk)  
Tel: 01708 755667 Email: [sales@drathmore.co.uk](mailto:sales@drathmore.co.uk)

## MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING  
IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD.  
PART EXCHANGE AVAILABLE. OAP DISCOUNT.  
ALL WORK GUARANTEED. 36 YEARS EXPERIENCE



PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695  
[www.mobilesewingmachinesrepairs.co.uk](http://www.mobilesewingmachinesrepairs.co.uk)

## Changing Spaces Landscapes and Garden Design

Or find us on Facebook:  
[changingspaces.LS](https://www.facebook.com/changingspaces.LS)

Instagram:  
[changingspaces-LS](https://www.instagram.com/changingspaces-LS)



- Patios
- Driveways
- Artificial grass
- Turfing
- Fences
- Walls

### Contact:

Phone 01708 938 304  
Mobile 07497 516 378

## IN DOORS LTD

Local Manufacturers

### COMPLETE NEW KITCHEN & BEDROOMS

Supply only, or Supplied and Expertly Fitted, Design & Planning

### OR REPLACEMENT

#### Kitchen & Wardrobe Doors

Vinyled-Gloss Slab, Handleless Matt Finish  
Painted Solid Wood-BS/RAL- Farrow & Ball colours

#### WORKTOPS - Laminate/Granite & Quartz

Most Appliances available – Blanco, Neff,  
Siemens, Bosch, Belling etc.

**HANDLES** - Large range Inc. SWAROVSKI  
Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory

Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm

Tel: 01708 671199

Units 5-7 ARCAN ROAD, S.OCKENDON RM15 5SX

Email: [info@indoorsessex.co.uk](mailto:info@indoorsessex.co.uk)

No appointment necessary

## NEW ENTERPRISE

### PEST CONTROL

01708 224419

RATS MICE COCKROACHES

WASPS BIRDS FLEAS ANTS

MEMBERS OF THE N.P.T.A.

OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED

FREE SURVEYS

LOCAL COMPANY

111 AVON ROAD

UPMINSTER



## LEARN TO SWIM

with

## PADDLERS

Swim School

Aged 4+

Lessons for all abilities

01708 720388

[www.paddlers.co.uk](http://www.paddlers.co.uk)

## AquaTech

HEATING & PLUMBING TECHNICIANS

PLUMBING, HEATING & BATHROOMS,  
GAS BOILER INSTALLATION, REPAIRS & SERVICING,  
TAPS, TOILETS, TANKS, CYLINDERS ETC.

### 24 HOUR EMERGENCY SERVICE

NO JOB TOO SMALL - NO CALL OUT CHARGE

A PROFESSIONAL, RELIABLE AND FRIENDLY SERVICE

Tel: 01268 963290 Mob: 0750 315 3480



Email: [info@aquatech.org.uk](mailto:info@aquatech.org.uk)

Web: [www.aquatech.org.uk](http://www.aquatech.org.uk)

CITY & GUILDS QUALIFIED TRADESMAN



GAS SAFE REGISTERED

Best Prices On Supply  
Only or Supply and Install  
Free Site Surveys



**GND**  
**CONTRACTORS CLS**

Visit Our Main Depot  
At Hunters Chase Garden Centre  
Hutton, CM13 1SN

## COMPLETE LANDSCAPE SOLUTIONS

• PATIOS - DRIVES - WALLS - TURFING - DECKING - FENCING -  
BESPOKE GARDEN DESIGN SERVICE -



TEL: 01708 448253

MOB: 07956 681374

gndfencingco@hotmail.com



## Simon Evans - Independent financial adviser For all your financial planning needs

Planning your retirement

Managing your investment portfolio

Protecting your family's future

Corporate pensions

Inheritance tax planning

Tax planning\*

07384 832098 e: simon.evans@afhgroup.com w: www.afhwm.co.uk



\*Please note: this area of advice may not be regulated by the FCA  
AFH Wealth Management is a trading name of AFH Independent Financial Services Limited which is authorised and regulated by  
the Financial Conduct Authority (reference number 120094). Registered in England and Wales.  
Company no. 04449180 Registered Office: 2011 House, Sunningdale Drive, Sunningdale, Bracknell, Berkshire, RG40 4JG.  
AFH Independent Financial Services Limited is a wholly-owned subsidiary of AFH Financial Group Plc (Company no. 07528933).



## ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing,  
Fencing, New lawns, Garden Lights, Brickwork,  
Garden Design, Steps, Block Paving

Phone: 01702 258445 Mobile: 07814 940335

Punchbowl, Churchend, Pagelesham, Essex, SS4 2DP

[www.anglepaving.co.uk](http://www.anglepaving.co.uk)

email: [angle.paving@o2.co.uk](mailto:angle.paving@o2.co.uk)

Do it Right, the  
First time!



Construction and Landscaping specialists

13 Juliet Way, Purfleet Industrial Park,  
Aveley, South Ockendon RM15 4YD

t: 01708 545 110

e: [info@milbarnconstruction.co.uk](mailto:info@milbarnconstruction.co.uk)

w: [www.milbarnconstruction.co.uk](http://www.milbarnconstruction.co.uk)

Specialists in Home Extensions

■ Refurbishment ■ Renovation  
■ Improvement ■ Maintenance  
■ Alterations ■ Decoration

All aspects of Landscaping & Groundwork

Chimney Breast Removal

£5,000,000 public liability insurance

Residential and Commercial work

Fully Qualified Tradesmen

"experts in the construction industry..."

**Westbury  
James**  
INTERIORS

Tel: 01708 227273 Email: [info@westburyinteriors.co.uk](mailto:info@westburyinteriors.co.uk)  
WESTBURY FARM, ST MARY'S LANE, UPMINSTER, RM14 3NU

## Probably the best kept secret in Upminster

Westbury James Interiors manufacture and fit bespoke furniture  
for Kitchens, Bedrooms, Bathrooms, Home Offices & Living  
Rooms. Contemporary High Gloss, Traditional Wood and  
Timeless Shaker designs - we have ranges to fulfil every design  
concept. Our colour-matched quality carcasses with clever storage  
solutions are made to measure, with a wide range of worktops &  
handles providing the perfect finishing touches.



Kitchens Bedrooms Bathrooms Living Areas Offices

month (except January). Windmill  
Hall, St Mary's Lane, Upminster.  
Cost: £7 visitors. Free for members.  
Contact: Margaret 01708 471977

Friday - **Havering Antique  
Collectors Club** meet at the  
Neighbourhood Centre, Gubbins  
Lane, Harold Wood. 7.30 for 8.00  
- Guests £5. Chairman Mrs Chris  
Lovett 0794 7367258. Annual  
Membership only £30. (No August  
Meeting).

28 Wednesday - **Upminster Park  
Towns Womens Guild** meet on  
the fourth Wednesday of every  
month at 2 pm to 4 pm in Derham  
Hall (behind Upminster Library),  
Upminster. Afternoon tea, talks  
and outings amongst a friendly  
group of ladies, all most welcome.  
For more information contact  
Deborah Pryor on 01708 226127  
or Ann Monk on 01708 226305 or  
simply come along.

28 Wednesday - **Upminster and  
District Probus Club** meet at  
The Cranleigh, 84 Station Road,  
Hornchurch, RM12 6LX on the last  
Wednesday of the month. Living  
with the Ghosts of the Tower of  
London - Brian D'Arcy. Contact  
Barry on 01708 703783 and leave  
a message or send an email  
[secretary@upminsterprobus.com](mailto:secretary@upminsterprobus.com).

30 Friday - **Single Over Sixty lunch**,  
last Friday of every month 12.30 for  
1pm, All Saints Church, The Chase  
Upminster Tel: 01708 228308.

## SEPTEMBER

3 Tuesday - **Oglethorpe W.I**

"The Tower of London and its  
prisoners" is the talk presented  
by Brian D'Arcy. Visitors and new  
members are always welcome to  
our meetings which are held on  
the first Tuesday of each month  
at Cranham Social Hall, 103 Front  
Lane, Cranham, RM14 1XN at 7.45  
pm. Further information contact  
Secretary Mrs. E. Bell on 01708  
251161.

7 Saturday - **Cake Decorating  
Club**. Fairkytes Arts Centre, Billet  
Lane, Hornchurch RM11 1AX.  
Doors open at 1.15 for 1.30 start to  
3.30pm. Visitors pay £7, inc tea and  
cake. We are a very friendly group  
and there is no need to book. We  
meet on the first Saturday in the  
month. Further details from Joy  
01708 767145.

7 Saturday - **The Havering Branch  
of the East of London Family  
History Society** hold meetings on  
the first Saturday of every month  
at Trinity Church, Station Road,  
Upminster RM14 2SJ doors open  
at 1pm meeting starts at 2pm.  
'County Records, J.Ps, Petty &  
Quarter Sessions' with Alec Tritton.  
The Internet & Technology Group  
meet at the same venue 11am -  
where a Q&A session is followed  
by 'Going Paperless, The Ultimate  
Challenge' by Alec Tritton. Teas  
and coffees can be purchased.  
Members and visitors welcome to  
either or both.

7 **Upminster Tithe Barn Museum of  
Nostalgia**, in Hall Lane Upminster  
Open (10.30am to 4pm).

moo  
eyecare

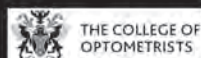
**PASSIONATE EYECARE  
FOR YOU AND YOUR FAMILY**

We are **Maa Eyecare**,  
an independent and  
highly experienced local  
optician's practice.

Our Optometrist is  
fully qualified and our  
Dispensing team have  
over 50 years experience.

We provide an eye experience that gives you peace of mind  
that your vision is in the best possible hands. We have the  
latest technology in our testing rooms, providing specialist  
eyecare to both NHS and Private patients at no extra cost.

We have a vast range of affordable Designer and Non  
Designer frames, sunglasses and contact lenses to suit all  
lifestyles and budgets.



**So why not call  
us today to book  
an appointment  
and experience  
how eyecare  
should be.**

**121 AVON ROAD  
CRANHAM  
UPMINSTER  
RM14 1RQ**

**TELEPHONE:  
01708 259889**

# BF Mulley & Son

Incorporating Horace Fry

Golden Charter

Chapel of Rest | Home Arrangements | Distance No Object  
World Wide Repatriation | Ample Client Parking | Memorials

Family Owned Funeral Home  
24 Hour Funeral Service



254 St. Mary's Lane Upminster RM14 3DH Tel. 01708 220330  
28 High Street, Hornchurch RM12 4UN Tel 01708 442145

www.bfmulleyson.com email - funerals@bfmulleyson.com



**Chartered Accountants**  
for individuals  
small businesses  
and charities  
in Havering, Essex and the City

accounts, tax returns, VAT, payroll, fixed fees, secretarial,  
start-ups, incorporation, independent examinations, personal  
and business tax

**FREE COMPANY FORMATIONS FOR NEW AND EXISTING CLIENTS**

a member of the  
ICAEW Business Advice Service



contact Daniel Gricks for a free consultation  
and/or quotation on **01708 225768**  
daniel@upminsteraccountants.co.uk  
www.upminsteraccountants.co.uk



## D.G. PLUMBING SERVICES

**All plumbing work undertaken**

FREE camera video gutter cleaning inspection

High reach vacuum tech

No mess No ladders

FREE estimates

01708 220994 07977 214541

52 The Grove Upminster RM14 2ET



## UPMINSTER FENCING LIMITED

Family  
Run  
Business

SUPPLY & FIT

Trading  
Since  
1994

ALL REPAIRS CARRIED OUT  
PRESSURE TREATED PANELS  
FREE ADVICE & QUOTATIONS



WEEKDAYS: 7AM - 4PM  
SATURDAY: 8AM - 12PM

01708 225599

07831 281 590

www.upminsterfencing.co.uk  
admin@upminsterfencing.co.uk

Upminster Fencing Ltd, Mardyke Works,  
St. Mary's Lane, Upminster,  
Essex, RM14 3PA

## ADVERTISE YOUR BUSINESS HERE



**Contact Martin Flower**  
**Telephone: 07785 244212**  
**E-mail: bulletinra@yahoo.co.uk**

## HANDYMAN / GENERAL BUILDER

LOCAL BUILDER WITH 35 YEARS EXPERIENCE

NO JOB TOO SMALL

REPAIRS / REFURBISHMENT / NEW WORKS

Call John for a free and without obligation quotation/advice



Recommendations available

Public liability insured

Mobile number: 07970 074664

Home telephone: 01708 913714



saint  
francis  
hospice  
living with dignity



## Frankie's Classic Car Fest and Vintage Market

Sunday 1st September 2019

Ford Motor Company, Dutton Technical Centre, Laindon  
SS15 6EE  
10am - 4pm



## An Inspiring world of education

Limited places Years 3 and 4

Now taking registrations for Reception intake 2018

With our passion for teaching  
and holistic approach we  
ensure every child has a  
well-rounded education to  
be able to fulfil their potential



**Oakfields**  
Montessori School

A co-educational prep school for  
boys and girls aged 3 - 11 years



Oakfields is part of the Cognita Schools Group  
www.cognitaschools.com

Harwood Hall, Harwood Hall Lane, Upminster RM14 2YG. 01708 256721

www.oakfieldsschool.co.uk



Garden Services, Estate Management  
& Tree Surgery

Honest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus  
Jet Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

Over 15 years  
experience, NPTC  
qualified & fully  
insured

Visit our website for more info!

www.ajbgardens.co.uk

Or call us on 01708 228886 / 07875 557378

# WELLS SOLICITORS

## FAMILY LAW

Quality Advice and Caring Service

Fixed Fee Divorce and  
Advice Appointments available

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection



# 01708 251 560

Suite 1, Essex House, Station Road, Upminster RM14 2SJ

info@wells-solicitors.co.uk

## Time for Change We Are FSTVL De-Brief

The Cranham Residents Association have held monthly evening Ward meetings for many, many years. Guest speakers have included local historians, local charities, council officers, health professionals and the bus company. This was also an opportunity to speak to the Cranham Safer Neighbourhood Police team and your Cranham Ward Councillors. Times have changed and people have many other commitments and channels where they can get local information and access to the police and Ward Councillors. Our Cafe4U drop-in sessions are becoming so popular that less people are coming along to the Ward meetings. We have therefore taken the decision to bring this piece of history to a close, with July being the last Cranham Ward meeting. We are however, still available via email and telephone and one hour monthly day time drop in sessions held in Cafe4U, Front Lane on the third Thursday of every month between 11:00-12:00. We will also be developing more targeted meetings, on specific issues, for example Upminster Pitch & Putt and more recently a meeting with the residents of Chipperfield Close. We do hope you have found the Ward meetings of value over the years, but we recognise the need to move with the times and would welcome your views on a possible evening hour long drop in session, for those of you who work.

Cranham Ward Chair and Cranham Ward Councillors

We attended the de-brief of the We Are FSTVL festival last month, where the things which did not go quiet right were discussed. Drugs still managed to find a way into the festival, despite searches. We have been assured that all staff and traders will be searched next year, and possibly there will be no camping, as searching camping equipment takes too long. It is thought that the opening time of 4.00pm is wrong, placing a well known act on at 2.00pm might help spread the arrival times of People. Alleviating the problem of too many arriving at the same time. There was a stampede of people trying to enter on Saturday - caused mainly by an IT failure with people queueing for over 3 Hours. Some people fainted and lobbing in a few bottles of water into the crowd did not help. This will be addressed next year by making the queueing area bigger, so people can sit down if necessary, and having the correct number of security staff present.

Cllr LINDA HAWTHORN  
Cllr CHRIS WILKINS

## Christmas lights

Although early to think about Christmas, we have been discussing the event this year, and have decided to make the date Thurs 21st Nov. As it's so popular, we have decided to keep the format similar to previous years, with free rides in the school, an elfie trail, singers, dancers

# HOME EVENT

GREAT VALUE FOR THE HOME

f RoomesFashionAndHome @RoomesFashion

41-49 Station Road, Upminster RM14 2SX

Telephone (01708) 250080

www.roomesfashionandhome.co.uk

ROOMES  
fashion & home

and the church choir. Stalls we are hoping to get include sweets, hot food, cakes, our local community, and various other entertainments. More details will follow in future Bulletins in the meanwhile make a note of the date in your diaries.

Cllr LINDA HAWTHORN  
Cllr RON OWER  
Cllr CHRIS WILKINS

## Barn Dance

Barn Dance, 26th October 2019, New Windmill Hall, Upminster, RM14 2QH, at 7pm. Tickets £10.00 each. In aid of Cancer Research and Help for Heroes. Please bring your own nibbles drink and glasses. Phone Carol Vine 01708 223634.

## Cranston Park Tennis Club

Come and play tennis in Upminster at the friendly and welcoming Cranston Park Lawn Tennis Club! New Head Coach, Lee Duncan, of the Coniston Avenue club writes, "We boast eight brand new fully floodlit tennis courts, a great clubhouse, lounge area, kitchen, changing rooms and showers. And a bar with club prices!" From absolute beginners to improvers to playing socially- and representing competitive teams - from ages four to ninety-four. There are Mini, Junior and Adult coaching programmes, holiday time camps; and Lee offers individual coaching. Lee has exciting plans to expand our programme. He said, "We also have Quiz nights, barbecues and tribute acts! Come

and get fit, enjoy playing tennis and meeting new friends at your premier local tennis club!" Membership enquiries: pennywoodhall@virginmedia.com All other enquiries contact Lee at tenniscoach@hotmail.co.uk.

## Adult Badminton

The Hall Mead Friends Association are looking for new adult badminton members for their "pay as you play" sessions at Hall Mead School, Marlborough Gardens, Cranham on a Monday evening in Hall Mead Sports Hall. Monday evenings 7:30pm to 9:30pm (term time only), £4 a session. For more details please email jhand@hallmeadschool.com

## Murder with Love

The Wesley Players present 'Murder with Love' - A Thriller by Francis Durrbridge. Many people dislike Larry Campbell but especially David Ryder. Ryder plots and schemes for his revenge, but does it all go to plan? Deceit, suspicion and blackmail are all woven into the web of crime which leads to a tantalizing twist at the climax. A thriller to the end.....! Prices: £7 for Adults, £5.50 for Concessions and £3.50 for Children (under 16). As usual, Senior Citizens are admitted free to the Thursday & Friday evening shows. Tickets will be available on the door or may be booked in advance via the Box Office (text only) 07708 214742 or

continued on page 22



## THE KEN RHODES GROUP LIMITED

THE LOCAL DOUBLE GLAZING & CONSERVATORY SPECIALISTS

WE PRIDE OURSELVES ON HONEST PRICES, FRIENDLY EXPERT ADVICE AND  
UNRIVALED CUSTOMER SERVICE



CALL NOW FOR YOUR FREE NO  
OBLIGATION QUOTATION  
**01708 227777**  
WWW.KENRHODES.CO.UK

193 ST MARYS LANE, UPMINSTER, RM14 3BU





# DYE THIEF

**SUPPLIED AND FITTED BY  
RETIRED POLICE OFFICER  
FROM ONLY £149.00  
CALL  
07460 739 742**



**Yale Alarm Kit  
Supplied & Fitted  
From £149**

Secure your home,  
Protect your family.

**facebook** 

**WWW.DYETHIEF.COM**

## ASSOCIATION COUNCILLORS

Upminster Ward	Cranham Ward
<b>Linda Hawthorn</b> 01708 225451  lindahawthorn@hotmail.co.uk	<b>Gillian Ford</b> 01708 641317  councillorgillian.ford@haverling.gov.uk
<b>Ron Ower</b> 07721 780372  cllronower@yahoo.com	<b>Linda Van Den Hende</b> 01708 223761  lindavandenhende@btinternet.com
<b>Chris Wilkins</b> 07960 059195  wilkinschristopher7@gmail.com	<b>John Tyler</b> 07982 962925  JohnTylerUCResidents@outlook.com

## ASSOCIATION CONTACTS

<b>Editor</b> Bruce Nicholls 07505 289568 bulletinra@yahoo.co.uk	<b>Commercial Advertising</b> Martin Flower 07785 244212 bulletinra@yahoo.co.uk
<b>Upminster Organiser</b> Chris Wilkins 07960 059 195 wilkinschristopher7@gmail.com	<b>Residents' Association Website</b> John Tyler (07982 962925) www.ucra.co.uk

# Atlantic

## Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman  
Our windows are fantastic value for money  
Great choice of high security composite doors  
Beautiful conservatories with self cleaning glass roofs  
All our work is fully guaranteed

Call us now for a *FREE* no obligation quotation

Tel: 01708 480004

or email [bulletin@atlanticglazing.co.uk](mailto:bulletin@atlanticglazing.co.uk)  
visit our website [www.atlanticglazing.co.uk](http://www.atlanticglazing.co.uk)

email [tickets@wesley-players.co.uk](mailto:tickets@wesley-players.co.uk).  
Performances: are at 8.00pm on  
Thursday 26th, Friday 27th and  
Saturday 28th September 2019.

## Windmill AGM

Your Upminster Councillors were pleased to attend the Windmill's AGM, along with many Volunteers. After an interesting up-date of the progress of the repairs to the mill, which is on schedule to open in the Spring next year, a talk about the fantastic garden, which has been designed from scratch, was given. We were then able to tour the mill itself and see the garden first hand. Socialising with a cheese and wine did give us an opportunity to talk to the volunteers and get to know everyone. It was a useful and educational evening

Cllr LINDA HAWTHORN  
Cllr RON OWER  
Cllr CHRIS WILKINS

## Upminster Cricket Club v Essex CCC

The Annual Benefit Match will be played at the Recreation Ground on Sunday, 8 September next from 1.30 pm onwards. Funds raised from the fixture will be devoted to The Essex Cricket Foundation, a charity formed for the continuing development of cricket within the County.

## Planning Application Refusal

Further to the article in a recent Bulletin on this Planning Application as below for 180-182 Exchange House, St Marys Lane.. Conversion and extension of existing office building to provide 7 no. 2 Bedroom flats including extension at third floor level. Construction of two-storey building providing 2 no. 2 Bedroom flats in the rear (south) of the plot. Associated car parking provision, hard & soft landscaping.

The council decided to refuse the application.

Cllr RON OWER

## Clean up - Hall Lane Playing Fields

2nd Cranham cubs carried out a litter pick. They set off from their Scout hut picking rubbish along the way. They continued to find and collect rubbish all the way to the rugby club in Hall



Lane playing fields. In total they collected an incredible three and a half large sacks of rubbish. Not only did this action help the community, it also went towards a number of the Cubs badges. The Cubs leaders would like to Haverling Council for providing the equipment and disposing of the collected rubbish and to Councillor Gillian Ford for organising.

David and Corrine Dutch 2nd Cranham Cubs

## Help Wanted

The Residents Association require volunteers to deliver the Bulletin to local shops and business in Upminster. Please contact Chris on 07960 059195 if you can assist.

## Firework Display

The Upminster School Annual Firework Display will be taking place on their school field on Saturday 2nd November. The display starts at 6.30pm with the gates opening at 5pm and closing at 6.20pm. Entry to the event can be gained via the school entrance at the side of the Crumpled Horn pub. There will be a barbecue and refreshments. Tickets will be on sale outside the school entrance next to Superdrug on Saturday 26th October (between 10am and 2pm) and from Monday 29th October from 3pm to 3.30pm in the school playgrounds (outside both the infant hall and the school office). Tickets are priced at £6 for adults, £4 for children (4 and over) and £1 for pre-school children. A family ticket (2 adults and 2 children) is also available at £18.

Tickets will also be on sale on Saturday 2nd November outside the school entrance next to Superdrug (between 10am and 2pm) or on the gate (subject to availability) from 5pm. The ticket price on the day is £7 for adults and £5 for children and £1 for pre-school children. A family ticket (2 adults and 2 children) is also available at £22. Please do try and get your tickets early to avoid disappointment. If you have any questions please contact [pa@upminsterschoolsparents.co.uk](mailto:pa@upminsterschoolsparents.co.uk)

## Cranham Ward Meeting Dates

If you wish to meet your Cranham Councillors to discuss a concern in person, you can do so on the following: **Thursdays at Cafe4You, 99 Front Lane, Cranham** (below the Cranham Social Hall) between **11am-12 noon** on: **2019** 19th Sep, 17th Oct, 21st Nov & 19th Dec. **2020** - 16th Jan, 20th Feb, 19th Mar, 16th Apr & 21st May.

## Upminster Ward Meeting Dates

Please note that the August surgery for Upminster will be held on **Mon 12th August**, from 10-11.00am, at the smaller Costa's, on the Eastern side of Station Road. Our contact details are to the left, if you need to contact us before then.

## Article & Advertising Submission Deadlines

**Articles - 1st Month / Advertising - 3rd Month**

Copy to be received on or before the above dates one Month prior to the publish date. Please note that submitting an article does not guarantee publication. Email: [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)



**OLDHAM LANDSCAPES**  
SPECIALIST IN LANDSCAPE DESIGN AND  
CONSTRUCTION  
DRIVES, PATIOS, BRICKWORK, PLANTING,  
TURFING, FENCING, DECKING, PERGOLAS,  
PORTFOLIO ON FACEBOOK UNDER  
OLDHAM LANDSCAPES  
01708 225279, 07973 911893



**Craig Lodge Upholstery**  
• RE-UPHOLSTERY SPECIALIST •  
• SPECIALISTS IN BRIDGECRAFT, CINTIQUE, COOPERS, ERCOL,  
ESSEX FURNITURE, GUY ROGERS, MINTY, PARKER KNOLL  
AND OTHER QUALITY MANUFACTURERS •  
• EXTENSIVE RANGE OF QUALITY FABRICS •  
• FULL REPAIR SERVICE • CUSHIONS REFILLED & REFURBISHED •  
• FREE ESTIMATES WITHOUT OBLIGATION • PROFESSIONAL ADVICE •  
craig@craiglodgeupholstery.co.uk  
ROMFORD, HORNCHURCH, ILFORD, UPMINSTER, LOUGHTON ETC.  
**HORNCHURCH 01708 455 424**  
craiglodgeupholstery.co.uk



**De Rougemont Manor**  
HOTEL & SUITES  
*Sunday Lunch*  
SERVED SUNDAYS  
12PM - 5PM  
(BOOKING ADVISED)  
Enjoy a delicious Sunday roast dinner with all  
the trimmings and without the hassle!  
DE ROUGEMONT MANOR HOTEL & SUITES  
WWW.DEROUGEMONTMANOR.CO.UK | 01277 554062  
GREAT WARLEY STREET, BRENTWOOD, CM13 3JP  
f i s



**PATCHETT'S LTD**  
REMOVALS, STORAGE & DELIVERIES  
Domestic & commercial  
Local & long distance  
Free estimates & Insurance  
Container storage  
Family business since 1962  
01708 224968  
Movers House, Front Lane, Cranham, Essex RM14 1XL  
www.patchettsremovals.co.uk

**Could you be a Shared Lives Carer?**  
If you have room in your home, and the time and compassion  
to support a vulnerable adult to live independently as part of  
your family, we will offer you training, support and a weekly  
allowance of up to £450 per week  
info@bettertogether.org.uk 0208 519 9536



**Janice's Electrolysis Clinic**  
(Formerly known as Diane Matthews Clinic)  
**01708 727239**  
Janice specialises in permanent hair removal  
for white hairs, grey, blond and dark hairs,  
for fair skin, Asian skin and darker skin colours.  
Other treatments eliminate:  
Facial Thread Veins and Spider Naevi  
Skin Tags, Common Warts & Milia.  
See website for more information  
I have worked in this practice for over 25 years and can offer quality assured treatments and expertise  
which is second to none. So if you want honest advice and excellent treatment please don't hesitate to get in touch.  
186 Brentwood Road, Romford, RM1 2RT  
www.janiceselectrolysisclinic.co.uk  
Book Free Consultation  
Now - worth £35



**Pinney Talfourd**  
SOLICITORS  
*Services for families*  
Divorce and Separation  
Financial Issues  
Children Disputes  
Cohabitation  
Civil Partnerships  
Collaborative Law  
Pre and Postnuptial Agreements  
www.pinneytalfourd.co.uk  
E mail@pinneytalfourd.co.uk  
Upminster T 01708 229444  
Brentwood T 01277 211755  
Hornchurch T 01708 511000  
Leigh-on-Sea T 01702 418433  
The LEGAL 500 UNITED KINGDOM LEADING FIRM 2015  
Family Law resolution  
The family team are all members of Resolution. Law Society panel membership relates to individuals. Please see our website for details.

**LOCKSMITHS**  
Emergency call out  
All locks opened, supplied & fitted  
MLA approved locksmiths  
UPVC door lock specialist  
New doors supplied & fitted, safes opened  
New safes supplied & fitted  
Free quotes - no call out charge  
**Tel: 01708 640699, mobile: 07890 920 258**

**TERRY LOWRY**  
**PAINTER AND DECORATOR**  
CITY & GUILDS QUALIFIED  
ALL INTERIOR & EXTERIOR WORK UNDERTAKEN  
VERY COMPETITIVE PRICES  
INCLUDING 10% OFF FINAL QUOTE FOR PENSIONERS  
10% OFF FINAL QUOTE FOR 2 ROOMS OR MORE  
PHONE: 01708 227365  
MOBILE: 07526 785946  
EMAIL: t.lowry1@sky.com



# THE CURTAIN TRACK FITTING COMPANY

Bay Window Experts

We make and fit Tracks, Poles, Blinds, Curtains, Awnings and Shutters. Call today for a free estimate or home visit on: **07956 874 674**

info@curtaintrackfitting.co.uk www.curtaintrackfitting.co.uk

Made to measure:

- Tracks
- Poles
- Blinds
- Curtains
- Awnings
- Shutters
- Upholstery

# Gary Foss

## Building & Landscaping

City & Guilds approved with 20 years of experience

Home extensions and alterations

Kitchen fitting and worktop replacement

Driveways and patio's designed and laid

Structural wall removal and modification

Porches and garages etc

Free estimates and advice

Upminster 01708 500018

Mobile 07831 469041

Email gary.foss@virginmedia.com



Contemporary hairdressing for all the family at affordable prices

127 Corbets Tey Road, Upminster, Essex RM14 2AA

**01708 228192**

**www.stuartikeman.co.uk**



## T. Jefferyes

### Decorating Services

All aspects of painting & decorating undertaken

Free Estimates  
Call 01708 347190

WWW.FILATI.COM

FILATI



LOUIS LEEAMAN



BOGLIOLI



VERSACE



LANVIN PARIS



NEIL BARRETT



PJS PARAJUMPERS

HARDY AMIES

ORLEBAR BROWN

JOHN SMEDLEY

OLIVER SWEENEY

LANVIN

BOGLIOLI

JACOB COHEN

ETON

**FILATI**

10 Station Road  
Upminster  
Essex  
RM14 2UB  
01708 226 369

**4 - 28 Sep**

**QUEEN'S THEATRE**  
HORNCHURCH

A funny, heart-warming look at what it really means to be an Essex girl...

## Stiletto Beach

**01708 443333**  
queens-theatre.co.uk  
QueensTheatreH

Limitless Entertainment

ARTS COUNCIL ENGLAND  
Havering

# DAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND NURSERY MAN

- ★ PAVING A SPECIALITY
- ★ WALLING
- ★ TREE FELLING, FENCING

TEL: DAY 01708 224733 EVENINGS & WEEKENDS 01708 700557  
MOBILE: 07788 725853

## FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)

Do you have problems With your feet ?

Trouble cutting your nails ?

Thickened nail management

Ingrown toenails

Verruca treatments

Athlete's Foot

Hard skin removal

Fungal nail treatments

Diabetic nail care

Corn and callous treatment

**FOOT HEALTH TREATMENTS**

£25.00 Home Visits

A friendly, efficient and professional service

**Mobile: 07920 855 044**

# ALLCARPENTRY

## All Aspects of Carpentry

Staircases, Laminate Flooring, Flatpacks, Doors, Skirting, Kitchens, Wardrobes

WWW.ALLCARPENTRY.CO.UK

TEL: 01708 525682

MOB: 07950 384595

# HOME MAINTENANCE

Est. 1966

Exterior & Interior Painting & Decorating

Paperhanging - Guttering A Speciality

All Estimates Free

UPMINSTER ( 01708 ) 226327

## J. WRIGHT - ELECTRICIAN

REWIRES

EXTRA SOCKETS

COOKER POINTS

SECURITY LIGHTS

CITY & GUILDS QUALIFIED

FOR ALL ELECTRICAL INSTALLATION

FREE ESTIMATES  
CALL 01708 448402

## ADVERTISE YOUR BUSINESS HERE



**Contact Martin Flower**  
**Telephone: 07785 244212**  
**E-mail: bulletinra@yahoo.co.uk**