SEPTEMBER 2021





SHOP LOCAL, HIRE LOCAL

PC & Laptop Repairs Internet problems WIFE Orta recovery Power reporter Captos Spreams Hand Brisini Pick up and Orop off service Cranham Computer Centre 01706-250296

email: bulletinra@yahoo.co.uk

The Voice of the Community

www.ucra.co.uk

UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION

Thinking Ahead – the Future of the Residents' Association

Your Residents' Association in Upminster and Cranham has a long tradition of looking after our community. The ongoing running of the Association consists of a variety of roles and a support network to ensure letter box delivery of the Bulletin and urgent flyers, subscription collections and the running of the website. The Association is led by an Executive Committee which meets regularly (more recently via Zoom) with a chair, deputy chair, ward representatives and Association Councillors across both wards, plus a treasurer, secretary, Bulletin editor and advertising manager.

Of course, you the residents are a key component and if you think you could be interested to step forward and be part of our future we we'd love to hear from you. It has to be acknowledged we can only benefit from a broader and diverse perspective, and bringing new people along with new thoughts and ideas can only be a positive thing. The composition of the Residents' Association is outlined above, but we should be taking the opportunity now to consider who could be sitting on the Committee in the next 5 or 10 years. How can we garner your interest to get involved, how can we entice the next generation to join us and what benefits can be gained from having some younger members on the Executive and representing the Residents' Association as Councillors, bringing that fresh and diverse perspective.

We need to open our minds and if you have any ideas you'd like to share, or would like to speak to someone who sits on the Committee today to find out more about the role they perform, and how you might be able to get involved, please get in touch.

Every household in this area has benefited from having an active Residents' Association as well as many local organisations that we have had the pleasure to support - please consider how you might be able to support us moving forward.

PAULINE MASTROIANNI

Speeding Vehicles

As reported in previous Bulletins, your local ward Councillors have been meeting with the Council's Traffic Management team to discuss options to reduce vehicle speeding in a number of roads in Upminster, and asked them to come up with some measures to reduce speeding in our roads. We would like to thank residents for their feedback and have added a number of roads to the existing list. We also use this information/feedback to enable us to share information with the police, and will request that they prioritise their resources, and in turn carry out speed checks on these roads.

Cllrs LINDA HAWTHORN, RON OWER AND CHRIS WILKINS

Local Government

Havering Council has changed dramatically since 1978 when I was first elected as one of your Councillors. Until around 2002, there was a committee system on the Council which would meet every six weeks or so and decisions would be agreed at a Council meeting where all Councillors attended. Whilst we still have a number of committees ie Planning, Licensing, Highways Advisory, Scrutiny, the main business is now decided through a 'Cabinet System' where the Leader of the Council appoints 6/7 Cabinet members with specific responsibility portfolios ie Housing, Adult Care etc.

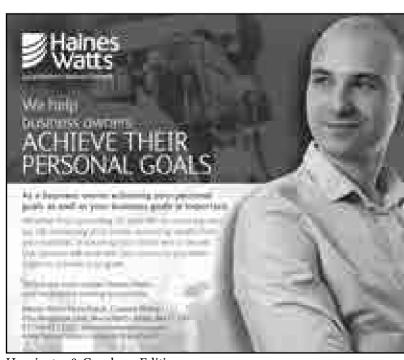
I believe being a member of Havering Council is an honour and a privilege especially for this area. Being a Councillor is very rewarding and fulfilling and with the huge advancements in technology, what used to take several weeks when I was first elected, can now be answered in hours. The amount of information available is incredible.

This area has an excellent tradition of electing Resident Association Councillors and recently our Secretary, Mike Long wrote several times in the Bulletin pointing out that we would be selecting candidates for next year's local elections.

If you had ever thought about standing in the future and would like to have an informal discussion please contact me.

Cllr RON OWER







Extensions **Extension Specialists** Garden Room Specialists - Extensions - Loft Conversions - Garage Conversions - Bespoke Garden Rooms - Renovations Phone: 01277 37 52 37 Mobile: 07958 787 297 Email: wpm321@msn.com windsorpropertyextensions.com

Windsor Property

ADY PAINTER & DECORATOR



Professional, clean & tidy tradeswoman All aspects of painting & decorating (incl. plastering, coving and cornice) Free estimates OAP discounts Hornchurch & surrounding areas

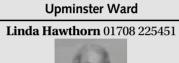
CONTACT: TRACY on 07449 205770 / 01708 470841 Email: tracy.dawkins@live.co.uk

Youngs Farm Café-a

Tel: 01708 641515 (opposite Cranham Golf course)

- ✓ Varied menu, breakfast and lunch
- ✓ Large spacious eating area inside and seating and tables outside for alfresco dining
 - Dog friendly with easy access and free parking
 - Open 7 days a week
 - Warm and friendly welcome

ASSOCIATION COUNCILLORS





lindahawthorn@hotmail.co.uk

Ron Ower 07721 780372



CouncillorRon.Ower@havering.gov.uk

Chris Wilkins 07960 059195



CouncillorChristopher.Wilkins@havering.gov.uk

Cranham Ward Gillian Ford 01708 641317



councillorgillian.ford@havering.gov.uk

Linda Van den Hende 01708 223761



lindavandenhende@btinternet.com

John Tyler 07982 962925



JohnTylerUCResidents@outlook.com

ASSOCIATION CONTACTS

Commercial Advertising Martin Flower 07785 244212 bulletinra@yahoo.co.uk

Upminster Organiser Chris Wilkins 07960 059 195 wilkinschristopher7@gmail.com

Upminster Carpets

205 St Marys Lane, Upminster

01708 224515

Old Carpets and Furniture?

No Problem!!

Home Service Available

PLUMBING & HEATING * Emergency Repair *

Blocked Drains *

SOM * Bullvalvos * Tiasks *

Tel: 01708 229857 Mobile: 07415 096551

Hostor Bresidows*

 Adl Work Guaranteed 5 · Emablished Locally For

Own 25 Years 5

Bulletin Editor Pauline Mastroianni

mastroianni@btinternet.com Cranham Organiser & Residents' Association Website John Tyler (07982 962925) www.ucra.co.uk

- Carpet
- Wood
- Vinvl
- Karndean

We Supply & Fit

- Laminate



Local electrician

- Based in Upminster
- Domestic/commercial work
- · Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring

 Lighting/Telephone cabling Paul Gilham 07985 185872

01708 229835





or info@gilhamelectrical.co.uk

Membership Manager(s) Needed

We are looking at new ways that we manage the Upminster and Cranham Residents' Association (UCRA) membership and how subscriptions are collected. During the past few years, and especially since COVID 19, there has been a significant shift to using IT systems. Therefore, UCRA will be trialling methods to collect membership subscriptions, which could include paying via credit card or using online banking. If you are interested in helping the UCRA and have good IT skills we would like to hear from you. Please contact **Chris Wilkins** on **07960 059195** or email at bulletinra@yahoo.co.uk.

Havering Council Elections in May 2022

The Havering Council Elections are due to be held in May 2022. There is an opportunity for anyone who has been a member of the

Upminster and Cranham Residents' Association for at least two years to be considered as a candidate for the Cranham ward. Anyone who is interested in being considered or would like more details of what is involved and the selection process should contact Mike Long, the Hon. Secretary, (mike.long1@ btinternet.com) by 24th September

MIKE LONG, Hon. Secretary

Lower Thames Crossing Community **Impact** Consultation

We wish to remind you that you have until the 8th of this month to give your views on Highway England's proposals.

Find out more and have your say online from 14 July to 23:59 on 8 September 2021 at

www.highwaysengland.co.uk/ ltcconsultation

GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds, Planting, Water Features, Turfing & Decking

All work solely undertaken by · Greg Oldham ·

Tel. 01708 251 004 / 01621 860 529 Mobile 07812 131 772



email: oldhamgreg@yahoo.co.uk



www.brickpavingbypeterjones.co.uk

Tel: Office: 01708 780000



Tel: Home: 01708 733088

Natural Stone Paving





Pull / Part Rewires - Extra Plugs TEST CERTIFICATES PROVIDED APPROVED CONTRACTOR Immersions - Security Lighting - Fault Finding Extablished in Upminster for 20 Years Phone: 01708 250409 Mobile: 07956 335744 5. Mersey Avenue, Epintanter

Refuse **Collections**

Following the article in last month's Bulletin, a number of roads whose collection should have been on a Thursday, were not collected until the following Monday.

We chased the Council on this and whilst a number of residents including me went to the tip, this is far from satisfactory. Please note the following that came back from the Council. We will continue to monitor this.

Dear Cllr Ower,

Serco continue to experience driver shortages, and whilst it appears the household collections are on track for completion today, the situation can change overnight. I can say that they have been actively recruiting drivers, however it is fair to say that they are regularly being "outbid" by other non-waste companies where HGV drivers are concerned, with a similar situation happening in neighbouring boroughs and many others elsewhere. Regarding last week's collections, they were not

completed on Thursday, but the crew were issued with the work on Friday, with the expectation that they were to complete that work first thing. Last week's further delay is therefore considered to be a crew issue, rather than a whole service issue, and the appropriate investigation is being undertaken by their supervisor. Should work not be fully completed on Thursday as scheduled, the relevant crews will be instructed to clear it the next day as a priority, and a message will be placed on the website instructing residents to leave the waste out.

Cllr RON OWER

Overgrown **Hedges and Trees**

In the spring and summer months, Councillors are regularly contacted about overgrown bushes, hedges and trees that are obstructing pavements. Havering Council will prune any that are on public or council owned land, but many are growing from private gardens.



MICROWAVES, **EXTRACTORS**

Peter the Painter

Professionally cleaned using, eco friendly, non caustic product No Fumes, No Odours

Tel 07720781202

www.letsgleamovenclean.co.uk

5 star reviews Facebook & Google

It should be remembered that residents are responsible for ensuring foliage from their own gardens does not cause problems to pedestrians and vehicles, and the Council will contact them if a complaint is made. In extreme cases, enforcement action can be taken. For further information. visit the Council's website www. havering.gov.uk and search for 'trees and hedges'.

If you have a tree, hedge or bush that is overgrown and you are unable to prune it yourself, you can visit the Trading Standards Buy With Confidence website www.buywithconfidence.gov.uk/ to find an approved trader.

Cllr JOHN TYLER

Park Protection Service

The Council's Park Protection Service can be called if you see any problems in any of the Council's open spaces or parks. Please telephone 07904 805 872 email address parkspolice@ havering.gov.uk.

Cllr RON OWER

Bottle Deposit

Further to the articles on the high levels of rubbish the Country generates, there has been support from residents to help clear rubbish in their neighbourhoods.

National media regularly reports that it is costing taxpayers over a billion pounds a year to clear litter and clean the bins. I understand that the Government will be consulting on the design of a deposit return scheme for drink containers. It works very well in Scandinavia where there have been deposit schemes for some

You do not have to walk far before seeing discarded plastic bottles. There are also regular reports on how plastic is now in the world's oceans. Our environment needs protecting. If the Government is serious about tackling plastic waste they need to act quickly. Do readers agree?

Cllr RON OWER

FOCALPOINT LOFTS

mat 1977

- Family run **Upminster** business.
- Established in Upminster for 40 years
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted



For more information, please call Gary or Chris James or Shane Green

Office: 01708 250772

Mobiles: 0777 311 8268, 0795 002 5841, 07890 971 579

CRANHAM ROOFING

The Roofing Specialists

- Free no obligation quetations
- New roofs strip and retile
- Flat roofs
- Chimney stacks repoint/temoved
- Guttering, facia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new mofing works guaranteed

TEL / FAX 01245 842063 (office) MOBILE (1786) 752798 (24 hr call out): EMAIL: t gagen#sky.com.



GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice by Liaguat, Shamim & Figua Govani, Tommy Hai

64 Station Road, Upminster 01708 220044 87 Front Lone, Cranhon 01708 224083

Free local collection and delivery of prescription service available upon request from househourd patients

www.govanichemist.eu.uk

PLASTERING

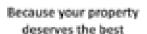


- Reskim over Artex New ceilings
 - Clean and Reliable
 - Cove & Cornice Painting
 - Cheapest Rates
 - OAP Discounts
 - Free Estimates
 - 27 Years Experience
- Hornchurch and Surrounding Areas

CONTACT: CLAY DAWKINS

TEL: 07961 379277 / 01708 470841 EMAIL: CLAY.DAWKINS@LIVE.CO.UK

Prestige Home Insurance





Bespoke High Value Buildings and Contents Insurance

Art, Antiques and Jewellery with world wide cover

Dedicated Personal File Handler with full claims support

Business equipment extension available



Call now to be surprised at how competitive your local Broker can be: 01708 756000

Or call into our local office in Hornchurch

Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted
Misted or broken double glazed units replaced
Hinges Locks Handles replaced
Toughened / laminated safety glass fitted
All types of glass supplied and fitted
No Job Too Small. 40 Years' Experience

No Call Out Charge

Call Paul on

07958 550796 or 01708 551314

www.everythingglassl.td.co.uk











RICKY ARCHER Roofing Contractor





Roof Repairs - New Roofs - Tilling - Slating - Flat Roofs
Three Layer and High Performance Felting - Leadwork - Pointing
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on: Upminster 01708 226512 Mobile 07710327651 Email: ricky-archer@nt/world.com

M Bray

painting and decorating

all aspects of decorating covered small jobs to complete re-decorations over 20 years experience polite service - clean and tidy work with a high quality finish

polite service - clean and tidy work with a high quality finis local references available

> Tel: 01708 223608 / 07983 486655 e-mail: mathew.bray@sky.com

> > Cleaning Products for a Greener world Eco Mobile Refill Service



Independent local family-run business delivering award winning, UK-made cleaning products and refills to the door.
All are vegan, affordable and ethical

www.happyhedgehogfamily.co.uk

Tel: 07396 654017

YOUR ADVENTURE STARTS HERE



- ✓ NO 1. ADVENTURE HOLIDAY CAMP
- ✓ OPEN EVERY SCHOOL HOLIDAY
- / 30+ ADVENTURE ACTIVITIES
- ✓ ADVENTURE FOR AGES 5^{1/2}-16
- / OPEN 8.00AM TO 6PM
- ✓ CHILD CARE VOUCHERS ACCEPTED









ONLINE WWW.SMASHCAMPS.CO.UK TEL 01708 224 753 STUEBERS ADVENTURE CENTRE, OCKENDON ROAD, UPHINSTER ESSEX, RMM 2TY



40 Years Experience
Caring Company
All Building work undertaken
Plans/Drawings submitted to Council
Extensions/Garden Walls/Patios
Chimney Stacks Removed/Repaired
Garden Landscaping and much more...

Gary 07949556306
Darren: 07989108193

www.Essexwgconstruction.com

BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

Tel: Office: 01708 780000

All work carried out by responsible tradesmen



Tel: Home: 01708 733088

> Established over 30 yrs

Electric Vehicle Charging Point Consultation

Ahead of the 2030 ban on new petrol and diesel cars being sold in the UK, Havering Council have launched an online public consultation on where electric vehicle charging points should be installed across the borough. The survey is open from now until 4 July 2022.

To complete the survey, visit the Council's website www.havering. gov.uk and search for 'Your say on electric charging points.'

Cllr JOHN TYLER

Upminster Windmill, Volunteer Gardeners Needed

Friends of Upminster Windmill need more volunteers to join our friendly gardening team to help maintain the lovely garden adjacent to the visitor centre and the newly created wildflower

DESIGNED TO YOUR NEEDS
 WDE VARIETY OF MATERIALS.

DESIGNS, PATTERNS AND COLOURS

CATALOGUE AND PREVIOUS WORK

WEBSITE AND FACEBOOK SHOWING

HELP AND ADVICE WITH DESIGN AND LAYOUT

ALL YOUR CONSUMER RIGHTS

EXAMPLES

The gardening team meets on Tuesdays and arrangements are flexible - people attend when they can and stay for a few hours or longer. New volunteers will be given guidance – experience not essential.

All volunteers are required to join the Friends of Upminster Windmill.

For more information please telephone 01708 229028 (answerphone) or email marion@upminsterwindmill. org

Please help us to maintain our local heritage – thank you.

Neighbourhood Watch Advice

We recently heard from the local Neighbourhood Watch network giving details of their latest "protect your car" campaign. Most car crimes occur as a result of cars being left unlocked, sometimes as a result on relying on self-locking systems or the



- Supply only or supply and install
- High quality windows, doors and conservatories
- Leaded lights and coloured glass
- Unique old-fashioned front doors FREE FRIENDLY ADVICE FREE ESTIMATES





MR PLUMBER

D T Moore Plumbing Services
 Trading Standards recommended Plumber.



- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David
- 07931 553631 mobile 01708 223561 home



thought that thieves will not bother with older cars. Please ensure your car is locked (even in a gated front garden), valuables removed and remember both new and old cars are at risk. For cars with keyless ignition please consider a faraday pouch to store your keys and prevent unauthorised access to your car.

George & Ethelbert's Church, East
Ham. We eventually settled down
in Upminster in 1956.

So this year we are celebrating our
70th Anniversary (Platinum) with
family and friends at the Golf Club

in Ockendon.

WALTER DEATH Brookdale Avenue

Congratulations

We are pleased to publish the following:

"On being demobbed from the Royal Navy at the end of 1947, I met my dear Elsie in The Winter Dancing Hall in East Ham at the end of November 1948. We courted and got married at St



Havering Council Staff Contacting Residents Regarding COVID Vaccination

Local Residents' Association Councillors have been made aware that Havering Council staff have been phoning residents who are not shown as having received both doses of the COVID vaccination, to encourage them to do so. This has led to concern among some people that the these may be bogus calls, as Havering had not publicised

continued on page 7



Fast Efficient

Honest

THE EXCLUSIVE GUILD OF PROPERTY PROFESSIONALS MEMBER FOR HORNCHURCH

CALL NOW TO BOOK YOUR FREE VALUATION



01708 470001 NO SALE NO FEE



LONDON BUYERS LINKED WITH 800 INDEPENDENT ESTATE AGENTS VIRTUAL TOURS

office@stephensons.name

202 High Street Hornchurch, RM12 6QP

www.stephensons.name

FED UP WITH YOUR DIRTY DRIVEWAY?

ADVANCED POWER WASH SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory. All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan = 01708 445112 = 07889 139916 www.advancedpowerwash.co.uk



Capitalelectricalitd.com info@capitalelectricalItd.com 01708 700 758 | 07725 501 504

Based in Upminster • Over 20 years in the industry All aspects of electrical installation undertaken

- · Full/part rewires
- Fuse board upgrades.
- Additional sockets & lights:
- Repairs
- · External electrics
- · Smoke, heat & CO allanms
- Data & telephone installation
- Inspection. & testing
- · Fault finding
- Security & emergency lighting
- Boiler control wiring
- Fire alarm systems
- Maintenance
- Call-outs
- Free estimates No call-out charge Quick response •





Targeting Computer & IT Care in Essex & Havering



PC, Laptop, Tablet, Smart Phone Maintenance & Troubleshooting Internet/Network Frustrations Tuition and Assistance Home & Business Visits Diagnosis Fee £20 No Fix/No Fee



01708 871482 or 07940 138170 jeremy@itman.biz www.itman.biz #itmanesx







01708 229031 / 07917 002628 www.gidleybuilders.co.uk gidleybuilders@gmail.com

- Extensions
- Garage conversions
- Internal and external refurbishments (All aspects)
- Alterations and knock throughs
- Plasterina and decoration
- Supply and installation of Bi-fold doors, roof lanterns, uPVC windows and all roofline products
- Kitchens and bathrooms designed, supplied and installed (Showroom facilities
- Landlord refurbishments (End of tenancy)
- Plumbing, heating, gas and electrical works





TELEPHONE: 01708 223669 MOBILE: 07967 603606

- REPAIRS & INSTALLATION → REWIRING
- FAULT FINDING SHOWERS COOKERS
- SOCKETS LIGHTS EXTERNAL ELECTRICS

SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL GAS, CENTRAL HEATING AND PLUMBING INSTALLATION SERVICING AND REPAIRS

BOILER REPLACEMENTS GAS SAFETY CHECKS LANDLORD CERTIFICATES

Service Contracts

(please ask for details)

TEL-FAX: 01708 221 500 MORILE 07956 481 819 07539 444 413







YEARS EXPERTISE Windows • Doors • Conservatories Fascia & Guttering • Flat Roofs (HENEA) 'Your Local Home Improvements Specialists' EVERYTHING ON DISPLAY

01708 463 526

.conceptwindows.co.u

YOUR LOCAL SHOWROOM

We are very happy to come and meet you and your

relatives to discuss our services. Please call us

at any time for more information about

01708 609 364

www.radfieldhomecare.co.uk

havering@radfieldhomecare.co.uk

how we can help you.

Radfield

We are extremely proud to support older people in our community to live independently in their own homes. Our team is passionate about

delivering the highest standard of care and will always go above and beyond to help our clients.



- Outings & activities
- Household tasks Medication suppor
- Wellbeing
- Dementia care Personal care

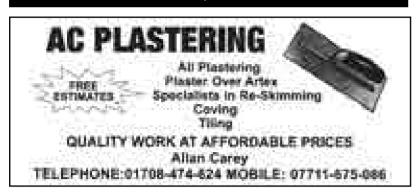


L. J. NICHOLLS

INTERIOR & EXTERIOR PAINTING, DECORATING & PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177



what they were doing in advance. Havering's Director of Public Health, Mark Ansell, provided us with the following information:

Calls are being made by Council staff on behalf of local GPs. The Clinical Commissioning Group has shared names and contact details of registered patients aged 50+ who haven't previously had one or both doses of vaccine but who aren't recorded as having formally declined. No further information about medical history has been shared.

Using Council staff enables NHS colleagues to focus on vaccination itself. These calls aren't necessarily welcomed, particularly by residents who actively do not want vaccination, but we can at least ensure that this is recorded by their GP.

Whilst local Councillors appreciate this work is worthwhile, we would have expected Havering Council to publicise what they were doing before they started, so that there was less likelihood of residents misunderstanding the nature of such calls.

Damaged Pavements - Parking Exemptions

There has been a huge amount of building work taking place locally which has given rise to a number of queries. Please see the following information obtained from the Council. I hope this assists.

Dear Councillor Ower,

Thank you for your enquiry in relation to fines for builder and parking exemptions.

Parking waivers can be used by a removal company, builder or contractor to suspend a parking bay for their use. They allow all day parking in restricted areas such as: resident bays, business bays, pay and display bays on yellow lines.

To apply they will need: details of the business, such as name and address, reason for the waiver, location of the waiver - where the work is being carried out, vehicle details, such as registration



number, make and model, address for the permit to be sent to, if that is different from the business address, the period the waiver should cover, documents confirming the works being carried out, such as a plan or invoice and a contact number for a member of staff to call and take payment.

The cost per parking space per day:

- 1 7 days £50
- 8 14 days £100
- 15 days and above £150

Waivers can be applied for at:

https://www.havering.gov.uk/ info/20005/parking_permits/7/ parking_bay_suspensions_ formerly_waivers

The fine for damaged pavements is now £658.

Cllr RON OWER

Vanilla Bake Club is Back

Vanilla Bake Club is thrilled to be back on Monday, 20th September at 6.30pm. As our last event was in February 2020, it's been a long and unanticipated break but we are really looking forward to seeing everyone again. To mark this special occasion we are having a Celebration themed event, so bake your celebratory best! Please note we are using a new venue. St Luke's Church Hall in Front Lane, Cranham.

If you haven't been to one of our events before, this is how it works. We all bake something, sweet or savoury and bring it along to share. There's plenty of tea, coffee and chat with a friendly crowd of regulars and you may even pick up a baking tip or recipe or two. At the end of the evening there's always lots of goodies to take home if you haven't managed to try everything. There's no joining fee or membership but we charge £5 per session which covers unlimited tea and coffee and hall hire. How better to spend a Monday evening? For more information call **Jennifer** on **07940 828154**, email vanillabakeclubupm@gmail. *com* or visit our Facebook page.



Creating looks you'll love

A new service completely tailored to you. Providing inspiration with colours, concepts, layouts, lighting, fabric and furniture. Giving you the perfect look that you've always dreamed of for your home.

Book a consultation with us today

O1708 255300

Roomes

The Example 22-24 Station Road, Upminster, Essex RM14 2UB

PGM Gas & Heating

NO CALL OUT CHARGES FREE ESTIMATES - QUICK RESPONSE ALL WORK GUARANTEED

- All aspects of Heating and Gas work undertaken
- Complete Central Heating/Boiler Installations
- Service & Repair
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landiords Gas Certificates

Tel: 01708 227797 Moh: 07734 228417





Combi Boiler Repairs



@Vaillant

(iphe

IAN LEWIS



Installation, Service, Repairs, Power flushing, Insurance

01708 440581





Complete Bathroom Refurbishments

- Plan & Design
 - Plumbing
 - Plastering
 - Tilling
 - Electrics
 - Carpentry

For a free estimate call Matt

Tel: 01708 259696 Mobile 07790 753850 Email: M.P.Williams.Bathrooms@gmail.com





healthier smile for life

***** New Website & Live Online Bookings *****

Inviting all New NHS 6g Private Patients to Join our Practice.

call 01708 228 291 now

***** www.cranhamdentalcentre.co.uk *****

reception@cranhamdentalcentre.co.uk 141 Ingrebourne Gardens, Upminster, Essex, RM14 IBJ

UPMINSTER REFURBISHMENTS

THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE SHOWROOM WITH EXTENSIVE RANGES TO VIEW GRANITE WORKTOPS SUPPLIED AND FITTED

FITTING ONLY SERVICE ALSO AVAILABLE. (YOU SUPPLY)

TOTAL REPURBISHMENT FROM START TO FINISH

PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY
GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED

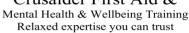
ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION.

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION



Crusaider First Aid &





For All First Aid Training Courses
First Aid at Work, Paediatric, Sports, Emergency, AED
Mental Health and Wellbeing Training
All certificates are accredited and last 3 years
20 years experience in education

GARY COE JEWELLERS ESTABLISHED 1981



Fully equipped workshop
Diamond & Engagement ring
specialists / Bespoke Wedding rings
Engraving / Full repair service
Watch batteries / Watch repairs / Valuations
Best prices paid for your old gold

35 Cedar Avenue Upminster Essex RM14 2LN Tel 01708 222696 Mobile 07771 802624

www. garycoejewellers.co.uk



All building works undertaken.

All roof repairs - Flat Roofs - High Performance Felting - UPVC Fascias & Soffits - Guttering Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371 07946 216 150

Website: www.cedar-treecare.co.uk Email: cedartreecare@qualityservice.com

Cedar Avenue, Upminster, Essex

The Arts Society, **Havering**

(Resuming physical meetings in Séptember)

Do you get pleasure from an interest in the classic Arts, eg painting, music, architecture? We have a varied programme of fascinating illustrated lectures given by entertaining and knowledgeable experts. Our lectures are available over Zoom as well as in person, for those for whom travel is not an option.

Our lecture programme of 2021/22 includes:

- Painter of Light: Joaquin Sorella
- The Queen of Instruments The
- Caravaggio: Murderer or Genius?

You can attend any of these lectures as a visitor, for a fee of £8.00.

We meet at The New Windmill Hall, St Mary's Lane, Upminster, RM14 2QH, normally every 2nd Tuesday morning of the month, starting with Painter of Light: Joaquin Sorella, by Gail Turner on Tuesday, 14 September.

Please contact our *Membership* Secretary, via info@tashavering. org.uk.

Website: https://tashavering. org.uk/AboutUs/AboutUs.aspx

RICHARD SAVILLE

ZIATIKA

We are a fun rock band playing 50s, 60s and 70s music and have raised £5,500 for Saint Francis Hospice. We have lead guitar, rhythm guitar, keyboard and drums. We are looking for a bass guitarist and a powerful female singer who are retired and committed to rehearsals generally on a Friday afternoon. Also required is a fit retired person to act as roadie who will be taught how to play drums as a reward. If you're interested, please telephone Barry on 01708 501910.

Football Club

team and winners of the FA

SELLING YOUR CAR?

E MAIL YOUR CAR DETAILS OVER TO peterwillbourne@hotmail.co.uk

Call us on 01708 229284 or 227718

Or

Pop into the showroom in Front lane, Upminster, we are open Monday to Saturday 8-45 till 6 o'clock

We will come to you anytime that's convenient

Chris Willbourne Cars Of Upminster

trophy, are home on the following dates at The Stadium, Bridge Avenue

- Tuesday,14th September -Margate - kick off 7.45pm
- Saturday, 18th September -Worthing - kick off 3pm
- Saturday, 2nd October -Haringey Borough - kick off 3pm

Go along and support The Urchins.

HAD - The Little **Green Hut**

Do you know who we are? Havering Association for People with Disabilities (HAD) offer a broad range of services and activities for people with disabilities with the object of improving their quality of life, promote independence and meet their physical, emotional, and recreational needs.

We welcome and support people with a variety of abilities and long term health conditions. All our activities are held in our accessible and welcoming community hub. We hold classes Monday through to Friday, these include social clubs, art and wellbeing and computer classes. There is a fully accessible computer suite which is available for use. We also have occasional day trips and meals out for all to

Recently we became distributors for the orange recycle sacks and COVID home testing kits.

So, if you live in Havering and 18+ we'd love to meet you, pop in and say "Hi". You can find us at 1A Woodhall Cres, Hornchurch RM11 3NN https:// www.hadhavering.co.uk

Upminster Sanctuary

Affected by lockdown or COVID? Our experienced therapists can help. Mental and physical treatments available. We are in our third decade of serving the community. Call us now to start your journey back to wellness. We offer psychotherapy, hypnotherapy, CBT, mindfulness and meditation based counselling at affordable prices. Learn new

continued on page 11

Hornchurch

Pleased to inform you our local

ESTABLISHED 1984

Can you afford un-invited guests? Before they arrive: fit a burglar alarm/CCTV

For a free survey-risk assessment of your premises contact us on: 01708 226385

> Visit our showroom for a fully working demonstration of Alarms and CCTV Systems

UPMINSTER SECURITY CENTRE 129 AVON ROAD, UPMINSTER RM14 1RQ

Chartered Surveyors, Estate Agents, Valuers D. J. Parish, F.R.I.C.S

SERVING LOCAL RESIDENTS FOR 100 YEARS 1921-2021

- SALES OF RESIDENTIAL PROPERTY
- VALUATIONS FOR ALL **PURPOSES**
- SURVEY REPORTS
- RESIDENTIAL LETTINGS
- RENT REVIEWS
- LANDLORD & TENANT MATTERS
- EXPERT WITNESS REPORTS
- PROPERTY MANAGEMENT

32, STATION ROAD, UPMINSTER Tel: 01708 250033

Fex: (01706) 220644

Website: www.gates-perish.co.uk

Chauffeur Me (Travel)

For all enquires call Darren 07947 576642

www.chauffeur-me-travel.com

Shopping days Night clubs Weddings Race days Restaurants Airports Deadons Spoil yourself days

Chauffeur driven in comfort Eight Seater - Fully Air Conditioned - Privacy Glass - Satellite Navigation



Interested in Triathlon or Multi-sport disciplines?

www.haveringtri.co.uk



@haveringtri Havering Tri



Contact Kay Hamilton 07957 567915



Adults Learn To Swim and Improver Lessons

www.kasuk.co.uk Qualified ASA Teacher 🜃 Kays Adult swim





Upminster Osteopath & Sports Injury Clinic

HILIPACTOL/ACTH
HACK, NECK & SHOULDERINEM BUNG
TECKNES & ANNILETOOT DAN
HERRI SKETATION
HOST SILEDOLL ROHABLISCHON
GROETS PILERES (NICLUONIS KINESO TAPAG)

STEPRISED GARDING UPPASTER ESICK BYTH SOF



S C R Roofing

• All flat roofing • Asphalt and felt systems • Facias and gutters

All staff fully trained, Fully insured, All work guaranteed

Contact Steve Rawles Tel: 07971 171363

S D GARNER + CO CHARTERED CERTIFIED ACCOUNTANTS

Helping you grow your business - is our business

With a free initial consultation, we have all your accounting needs covered. From Sole Traders to Limited Companies our services include...

- Cloud Accounting
- Start Up & Incorporation Guidance
- · Company Secretarial
- . VAT, Payroll & CIS Services
- Annual Accounts & Tax Between
- . Fixed Fees Available

01708 453131

www.sdgarner.com accounts@sdgarner.com 92 Station Lane, Hornchurch, RM12 6LX



CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

Domestic & Commercial Re-Wires NICEIC Test Reports Fuse Board Up-grades

TEL: 01708 223046 MOB:07710 282110 66 Moor Lane Upminster



We are a friendly, modern private practice, with state of the art facilities, located in Hornehurch.



As a patient, you will receive care solely from Dr. Malcolm Stander, a talented, gentle and very experienced dentist, who has been creating beautiful smiles for over 30 years.

His special interests are in general and cosmetic dentistry and the treatment of nervous patients.

Stander Dental Care, 57a High St, Hornchurch, Essex, RM11 1TP Tel: 01708 442888 VISIT OUR WEBSITE: WWW.STANDERDENTALCARE.CO.UK

Lawton & Stoakes WWW.VETS,UK.NET



- Family owned & run Vets
- Established 1985
- First opinion and Referrals
- Catering for all types of Pets
- Consultations to suit your needs
- Excellent Facilities



To make an Appointment

01708 384444

8-12 Fitzilian Avenue Harold Wood RM3 0OS







Upminster MOT & Service Centre

Free Local Collection & Delivery

Covering Cranham Upminster Hornchurch **Air Con Regas From £69.95**

> MOT's Only £45 OrIncluded with Any Service

Time Tees Cars, 11 Station Road Upminster. 01708 250011. www.timeteescars.co.uk Next to Costa Coffee!



A FOREIGN EXCHANGE AND INTERNATIONAL PAYMENT SPECIALIST

Does your **Business** send money internationally

Are you an **Individual** sending money overseas to buy a property, to invest or emigrate?

NewbridgeFX can help with all your international payment needs, including:

- Secure and reliable transfers
 Convert & pay in over 130 currencies
- Multi-currency account in your company name

info@newbridgefx.com

coping skills for a brighter future. For Long Term COVID effects we have experienced therapists offering Reflexology,

Manual Lymphatic Drainage, Acupuncture, Bowen Therapy, Reiki, Aromatherapy Massage and many more!!

All therapies will help restore balance to your body.

Find us at Pea Lane, Upminster RM14 2XH Visit: www. upminstersanctuary.com or call: **01708 251124**

London **Councils Lobby** for Powers to **Tackle Speeding**

London Councils, who represent all of London's local authorities, have recently lobbied the Government to give Councils the power to enforce and issue penalties through civil powers, for speeding offences in roads with limits of 30mph or lower. In addition, Councils also want the right to run their own speed awareness courses.

Cllr Claire Holland, Chair of London Councils' Transport Committee, has said that "police enforcement is inadequately resourced and severely limits the ability of authorities to protect their residents from the negative safety impacts of poor speed compliance."

We will keep you updated if we hear of any further news on this subject.

Motorised Scooters and the Law

Local Councillors are regularly questioned about the current trend for using motorised scooters, and whether the local authority has any powers if they are used illegally. We asked Havering Council's Neighbourhoods Department for their advice, a summary of which is given below:

"The use of e-scooters in public open space is illegal and enforceable by the Police. Incidents of anti-social behaviour should be reported to the Police

Parkview Paving & Landscaping Www.parkviewpaving.co.uk

20 years experience

- Driveways
- Artificial Turf
- Patios
- Indian Sandstone
- Brick Walls
- Fencing
- Natural Turf
- * Porcelain Slabs

Free estimates/ large portfolio Find us on Facebook All work guaranteed

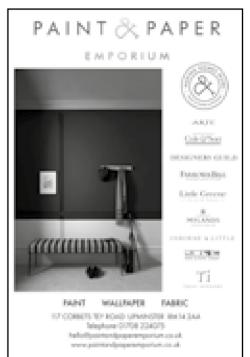
01708 750209/07908891282

via 101 (or 999 in an emergency).

The Highway Code states that they must not ride on a pavement intended just for pedestrians. The offence of riding on a pavement is punishable by a fixed penalty notice of £30. However, such a penalty is only enforceable by the Police and not by Council officers.

A personally owned e-scooter in the UK can be legally ridden on private land only, with the landowner's permission. Due to e-scooters being classified as "powered transporters", they are covered by the same legislation as motor vehicles and therefore would need to be insured, registered with the DVLA and taxed.

Residents can report via the Council switchboard or emai ASBHavering@havering.gov. \it{uk} . This will be picked up and tasked to the appropriate team to respond."



Charity Fundraising at **Trinity Church**

The fundraising committee at Trinity Church (next to Roomes) will be holding coffee mornings

continued on page 13

R.R. CONSTRUCTION LTD

EXTENSIONS GENERAL BUILDING OVER 30 YEARS EXPERIENCE **FULLY INSURED**

PLANS DRAWN & SUBMITTED TO COUNCIL ELECTRICAL, PLUMBING, PLASTERING GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282

www.extensions-experts.co.uk

ESSEX SUPREME CARPET C





Fully Insured Carpets, Rugs, Upholstery & Mattresses Competitive prices & Multi-room discounts

CALL DAVID FOR A QUOTE Tel: 01708 702194 Mob: 07818 408217 email: essexscc@gmail.com www.essexsupremecarpetclean.co.uk

House Surveys & House Purchase Reports

- Fire & Subsidence Damage Reports
- *Party Wall Awards/Schedules of Condition
- Design, Planning Services incl. Planning are Building Regulation Approvals - Domestic & Commercial Enlargement

Project/Contract Management

 Construction Consultancy & Trouble Shooting

COVID19 - Visits comply with Gov't &

The Everett Partnership LLP

Chartered Building Surveyors and Engineers Construction Consultants Tel: ++ 44 01708 227108

Email: epsurv.uki@btinternet.com







KUSOOM BUGH



Family run business- est 1978 Fully licensed & Air Conditioned

Opening Hours

7 days a week, incl Bank Holidays Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT Tel: (01708) 220038 or 222606

ESTEPHENSONS

Fast

Efficient

Honest

SPACE, DESIGN, DETAIL



Extensions, Party Walls, New Builds and Project Management.



For free initial consultation

call 01708 470001

office@stephensons.name

202 High Street Hornchurch, RM12 6QP

www.stephensons.name

* PLANS DRAWN *



FOR: EXTENSIONS. CONVERSIONS. REFURBISHMENTS.

FULLY QUALIFIED, LOCAL ARCHITECT WITH OVER 15 YEARS EXPERIENCE. FULL DESIGN PROCESS AND DRAWINGS SUBMITTED.

Call Malcolm at Architectural Hub today for your free quotation on: Mob: 07749 122 058 / Office: 01277 201 828

Email: info@architecturalhub.co.uk

AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted. Satellites installed. Aerial & dish realignment TV extra points

www.aerialsdirect.co.uk www.aerialsupminster.co.uk

01708 347257



S Riddick

Quality decorating service with over 20 years experience

Interior and exterior work. Free estimates and advice. Highly recommended Handyman services including tilling, flooring. fencing, woodwork & paving

Telephone: 01708 473709 or 07957 096597 Email: contact@sriddick.co.uk www.sriddick.co.uk



MBM Electrical Services Ltd









Based in Upminster/over 30 years experience

07971 293569

Website:

Mbm-electrical.co.uk

Email:

Info@mbm-electrical.co.uk
01708 898919



HONEST, RELIABLE, FRIENDLY, HEATING AND HOT WATER SPECIALIST

ENERSOLgas

CATERING FOR ALL YOUR GAS AND PLUMBING NEEDS

BOILER BREAKDOWN AND SERVICE SPECIALIST BOILER INSTALLATIONS WITH UP TO 30 YEAR PARTS AND LABOUR WARRANTY GAS SAFE INSPECTIONS AND SAFETY CERTIFICATES

PLEASE CONTACT GEORF ON 07982573574 01708223940 enersol@hotmail.co.uk



THE FOOT SURGERY

State Registered Chiropodist/Podiatrist & Specialist in Foot Surgery

Ms. Meena Matharu

SRCh MChS BSc FCPodS (MCPC Registered)

19 Years Clinical Experience in Private Practice Consulted for Harrods and Harley Street

Treatments Available

- Nail surgery, electro-surgery and cryotherapy Cortisone injections for pain management
- Sports medicine: bespoke prescription orthotics
- Comprehensive foot care for diabetics and athritic patients
- · All routine foot care: Nail cutting, com & callous treatment
 - Wernursen treatment

Certified for Prescription Only Medicines & Qualified Advanced Cinical Practitions

For appointments call: 01708 621 194 WWW.THEFOOTSURGERY.CO.UK



and sales of crafts and gifts from 10-12pm on the second Saturday of the month from September to December inclusive. The dates will therefore be as follows:

- Saturday, 11th September
- Saturday, 9th October
- Saturday, 13th November
- Saturday, 11th December

Come and enjoy coffee and cakes, with beautiful hand crafted gifts to buy. All proceeds will go to Hope 4 Havering, Trinity's charity for this year.

The Entertainers

We are a charity concert party providing entertainment to care homes and social clubs in Havering and the surrounding areas. We are looking for new members and if you can sing and have the time to make a commitment to rehearse every Tuesday at Fairkytes, Hornchurch from 10 to 1pm and take part in shows on weekday afternoons, you could be the person for us. A typical show is 1 hour 15mins and includes two group singing sets with solo performances and comedy sketches in between.

If you are interested and would like to find out more, please contact Martin Kelly on 07770 325720 or martinkelly1@ hotmail.com.

Oglethorpe WI

Oglethorpe WI members extend a warm welcome to visitors at our meeting on

Wednesday, 22nd September at 1.45pm until 4.30pm. We will continue to meet in Cranham Social Hall, 103 Front Lane, Cranham RM14 1XL as usual. However, please note that the day and time of our future monthly meetings has been altered to the 4th Wednesday of each month from 1.45pm until 4.30pm. We look forward to meeting all our members and visitors again.

Bogus HMRC Texts and E-mails

Bogus HM Revenue and Customs (HMRC) texts and e-mails are one of the most common phishing scams around at the moment. In the last 12 months more than one

Unlock the equity in your home and enjoy a more comfortable retirement.

Are you a homeowner aged 55 + ? If yes, you could unlock some of the cash tied up in your property by using a lifetime mortgage.

A lifetime mortgage is secured against your home just like a conventional

You could release cash to spend however you like for example;

- Improve your home
- Gift money to Grandchildren for property deposits.
- Have a holiday of a lifetime

With a lifetime mortgage you will always own your own home*

For your Free consultation without obligation please call **01708 220816**.



*It will reduce the value of your estate and may affect your entitlement to

Austin - Chapel

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780

million such scams were reported by members of the public. Over half of these were claiming to offer tax rebates and asked for personal details in order to claim a refund.

HMRC have highlighted that if anyone is genuinely owed a tax rebate, HMRC will only contact them by post or through their employer, never by text, e-mail or

Animal Cruelty

Sadly animal cruelty still exists, but we are lucky to have the RSPCA organisation which takes care of our animals in a very measured way. People sometimes buy pets on impulse, and have not really thought it through, others think they are being kind, but sadly are not - resulting in overweight pets. Unfortunately there are also those cases where people are blatantly cruel, and are perfectly well aware of this. The sentence used to be very short, only 6 months, but this has increased to 5 years hopefully more of a deterrent.

Cllr LINDA HAWTHORN

Old Chapel Tea and Talk's are Back

Tea and talks are resuming and we look forward to welcoming you to the Old Chapel. The talks are free to registered members and £2 to non-members with refreshments after the talk.

Wednesday, 13th October 2021 -10.15am - Becontree 100

As the Becontree estate reaches its centenary, our local historian Tony Benton goes back to his roots with an illustrated talk about the origins and history of the London County Council's massive housing development built from 1921 onwards.

Doors open at 9.45am. This meeting will be preceded by a brief AGM at 10.15am followed by

Wednesday, 10th November 2021 - 10.30am - London 1851 and the Great Exhibition

Join Michael Gilbert known for his walks and talks on London find out why six million people,

continued on page 15



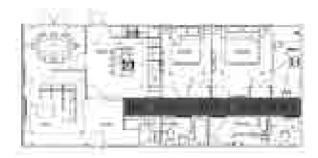


ADVERTISE YOUR BUSINESS HERE



Delivered to over 15,500 homes **Contact Martin Flower** Telephone: 07785 244212 E-mail: bulletinra@yahoo.co.uk

New Build / Extensions / Property Renovations for all your draughting needs



Draughting Services Include: Layout Plans Elevation Drawings **Detail Drawings** Section Drawings Free Site Survey & Quotation Email: Jchild@jrcdraughtingservices.co.uk

B.K.C. ROOFING LTD

FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE. Railway Infrastructure, Commercial, Domestic

Tel/Fax: 01708 340052 Mobile: 07976 278026

Email: Barrycassbkc@aol.com

Member of the Construction Health and Safety Group. Approved contractor by Kingspan Alumasc, Bauder, Rubber Bond, Widopan

Green roof specialists

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs New tile roofs, slate roofs, Metal roof, lead roof UPVC Fascia, soffit and guttering All work guaranteed, fully insured.

Free estimate

Wells Solicitors

FAMILY LAW

Quality Advice and Caring Service

Fixed Fee Divorce and Advice Appointments available

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection



Suite 4, Essex House, Station Road, Upminster RM14 2SJ info@wells-solicitors.co.ul





BESPOKE HAND-TIED BOUQUETS WEDDINGS CORPORATE EVENTS **FUNERAL TRIBUTES** HOME ACCESSORIES

RED EARTH DESIGN

TEL: 01708 224 089 MOBILE: 07960-945276



and Shutters. Call today for a free estimate or home visit on: **07956 874 674**

info@curtaintrackfitting.co.uk www.curtaintrackfitting.co.uk

Made to • Tracks

• Poles

• Blinds Curtains

 Awnings Shutters Upholstery

Fleet of Foot **Podiatry and Chiropody**

Routine Chirogody - Podiatry degree qualified - HCPC registered.

Certified for prescription only medicines.

Specialist in nat surgery - treatment packages svalishie.

All sistrument sets are indirectably sealed & fully autoclave sterlined.

Some assimption of conditions treated: Come, ratios, thickened ratio, fungatails, in growing hare, dry cracked heets, clare, harmner or madet los lesions, vertucae, fyinger infections, annual diabatic foot obegins

Specialist in sport and musculoskeletal injury, poet graduate trained.
In-house Contempts: Templo, has camera video gait analysis system in-house utrasound diagnostic scarring tracks & orthodo therapy custom castes and off the shall devices stocked Exercise and theraterid rehabilitation therapy for musculoskeletal many, Local anaesthetic and corticosteroid rejections available.

Conditions treated are tower limb? hips downwards, some examples: Plantal fascilits, muscular or tendinous injury, achilles tendinds, sinn splints, illicational band pain; patella famorai 6, knee pain, materiaaligia, mortorra neuroma.

By appearement only, please book online through our website, attained will know a reduced by anometrone or small, and we will get lively be you to arrange an appearament as soon as see alle out of other.

Free parking available.

Floor of Food 01708 535475 53 Bridge Avenue. www.fleetoffoot.co.uk

RM14 2LP

Podlamst / Chicopodial contact@fisecoffoot.co.ak, #Sr Pol Met. PSCet F HCRC: CH34225

NEED A **GRAPHIC** DESIGNER?

I've got you covered.

From logos, branding and business design, to websites and wedding artwork, I can deliver professional and creative designs for your business or personal needs.

gnaphic design co.

Contact Hannah Nicholls 07859 403079 theberkleygraphicdesignco.com

equivalent to a third of the entire population of Britain at the time visited the Great Exhibition.

Contact: friendsoldchapel@ mary.havering.sch.uk for further information

Address: St Mary's Lane, Upminster RM14 2QR - opposite Upminster Windmill.

Hi Tide Fish N Chips

Pleased to inform you that Hi Tide in Corbets Tey Road have reopened their Restaurant:

- Tuesday to Thursday 4pm to 7.30pm
- Friday and Saturday 1pm to 7.30pm

Reservations can be made - call 01708 220133.

Takeaway closes at 8pm every

8 Biggest Scams and Frauds

We regularly warn readers to be careful when answering the phone. Scam calls and frauds

TOGETHER, LET'S CREATE

THE LAWN **WE BOTH LOVE**

it's quite common at this time of year.

are increasing. Unfortunately the ones most likely to fall victim to fraud are those who live alone with no-one to look out for them, or who have dementia. See link below of 8 biggest scams and frauds targeting seniors.

https://thevideoink.com/ biggest-scams-frauds-targetingseniors/

Which Swim School?

In Havering we have more choice of swim schools than most areas of the UK with over 20 private swim schools at the last count we are spoilt for choice. Choosing the right school for you is so important - ensuring your child's learning experience from the first lesson is the right one for them is a must as swimming is an essential life skill.

Council run facilities and school pools all strictly adhere to HSE rules and if the swim school you choose operates from one of these facilities the swim provider will have to adhere to the Pool Safety Operating Procedure. This includes emergency action plans and safe working. A full list of

GreenThumb 🖀

Our high-nutrient, high-

quality Lawn Treatments

are expertly formulated

to give your lawn the very best all year long.

We love your lawn just

as much as you do, join our community of Lawn

BOILER CHANGE

Raymond Coomer Sarah Cordell

BOILER REPAIRS & REPLACEMENTS PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 576292

07761 049852

approved UK swim schools can be found https://www.swimming. org/swimengland/affiliatedswim-school-directory

Word of mouth is often a good

Cridders Swim School is based in Upminster and has been established for 20 years.

https://www.criddersswim. *co.uk*/ If you are looking for swimming lessons for your child book your lessons today and begin your journey of aquatic fun.

TREVOR CRIDLAND

Macmillan **Cancer Support**

The charity will be holding the "world's biggest coffee morning" on Friday, 24th September. This is a huge opportunity for Macmillan to raise funds. If you would like to take part, their website has a wide range of information with a fund raising kit etc.

Macmillan "do whatever it takes for people living with cancer". They do tremendous work, please support them. https://coffee. macmillan.org.uk

Havering Singing for The Brain 2020 (HS4B)

HS4B have launched a new weekly musical and social group for people living with dementia and their carers from Monday, 26 July, 2.00 - 4.00pm at the Cranham Community Centre, 115A Marlborough Gardens, Upminster, RM14 1SR.

The HS4B team are looking forward to welcoming new members to enjoy live music, singing and dancing or just a friendly chat. The groups are very enjoyable and also give an opportunity to share experiences and seek advice about the dementia journey.

Each session costs £5.00pp including refreshments. The first session is free for new members. Working carers attending with their patient are not charged. Attendees are required to have had both COVID vaccinations and asked to provide evidence on their first visit. The little blue card will suffice.

Contact details for anyone continued on page 17

HORNMINSTER EDGE SERVICES

KNIFE AND EDGE TOOL SHARPENING

- FREE local collection and delivery.
- SHARPENING and repair of all cutting tools.
- BESPOKE KNIVES and TOOLS made to order.
- Free quotes on all jobs, no job too small.
- Kitchen, bushcraft, serrated, and country sports knives.
- Chisels, plane irons, gouges, saws, all woodworking tools.
- Shears, edgers, spades, axes, and garden tools.
- CLIPPER BLADE and SCISSOR sharpening.
- CARD payment, cash, or bank transfer available.
- All items sanitised, full social distancing undertaken.





CONTACT MARIA AND LEON

hornminsteredaeservices@outlook.com 07968 744110 • hornminsteredgeservices.co.uk



gether, let's create the lawu we both love Request your FREE Lawn Analysis today. Call us on 01277 227988 email: essexsouth@greenthumb.co.uk or visit: greenthumb.co.uk

Here at GreenThumb, we share your passion for lawn perfection

During Autumn, it's essential to prepare your lawn so you can enjoy it when Spring

comes around. You may now be seeing some moss interfering with your lovely lawn,

Moss loves thatch, the perfect home for moss. The best way to remove thatch, consequently removing moss, is with Aeration & Scarification. Now is the time for

your lawn to benefit from Machine Work. Trust us, your lawn will thank you!

ELECTRICIAN Your Local Electrician Extra Bahts Security lights Additional sockets Shed/Garage supply Smoke alarms New fuse boards Kitchen circuits Rewires. Inspection & Test Garden electrics Certificates and more... **Fault Finding and Repairs** No Job Too Small Six Year Guarantee Qualified Electrician **Fully Insured** Reliable Service Free Quote Reasonably Priced Call Dean on: 01708 909066 dean@emfwiringsolutions.com



For all your property maintenance repairs and improvements With over 25 years of experience No job too small.

Fully insured local tradesman Call On

Office 01708 501117 www.terryford.co.uk

Email info@terryford.co.uk Mobile 07551 102102



Cine-Slides-Video 2 DVD

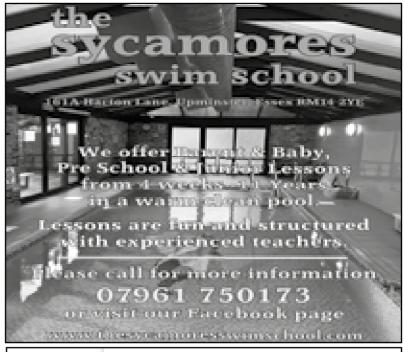


More Info

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD.

Contact Michael on: 01708 735810 www.slides2disk.co.uk







For all your carpentry and home improvement needs.

Kitchens - Wardrobes - Flooring - Doors

01708 921360 / 07921 513970 www.rjwatsoncarpentryandjoinery.co.uk



S≈ Roofers

01708 551714 / 07743 406418

- Family Run Est. 1975 45+ Years Experience • Fully Insured • Free Quotes • No Deposits •
- Roof Leak & Roof Repair Specialists
- Roof Overhauls & Maintenance
- New Tiled Roofs & Velux Windows
- New Flat Roofs Felt & Rubber
- Chimney Stacks Repaired & Removed
- Lead work, Pointing & Rendering
- uPVC Guttering, Fascias & Roofline
- Storm Damage & Insurance Work
- Pigeon / Solar Panel Guards
- Asbestos Removal & Garage Roofs
- The Best Quality Materials Used
- 24 Hour Emergency Repairs, 7 days

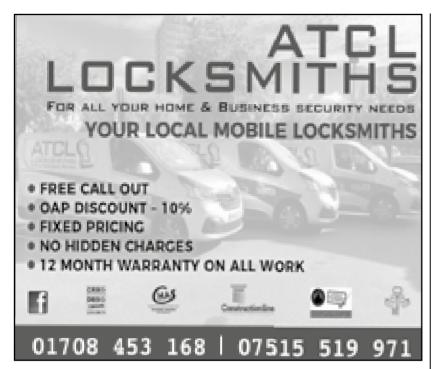
Celebrating over 46 years of trading with the ORIGINAL company name and telephone number! With Over 500 genuine reviews on "TRUSTist" & Over 20,000 happy local customers! We offer very competitive prices & will beat any genuine like for like written quote!

rosseldridge84@hotmail.co.uk • www.sr-roofers.co.uk









ADVERTISE YOUR BUSINESS HERE



Delivered to over 15,500 homes Contact Martin Flower Telephone: 07785 244212 E-mail: bulletinra@yahoo.co.uk

Is now the time to review your financial planning arrangements?

We at Austin Chapel Independent Financial Advisers LLP, have been providing unbiased, Independent financial advice to local people for over 20 years. In these uncertain times, now may be a good time to review your existing financial arrangements, to ensure they still meet your current and future requirements.

If you would like to review any of the following, please get in touch to discuss how we may be able to help you.

- Investments and Savings.
- Pension and Retirement Planning.
- Protection, Including Life Assurance, Critical Illness and Health Insurance.
- Mortgages and Equity Release.

For your Free consultation without obligation please call 01708 220816.



Austin - Chapel

Independent Financial Advisers LLP

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780



www.cranhamgarage.co.uk

M.O.T TESTING

- ** VEHICLE SERVICING**
- ** VEHICLE REPAIRS**
- ** VEHICLE DIAGNOSTICS**
- *Up to 40% Cheaper than main dealers*

38-40,FRONT LANE,CRANHAM, ESSEX,RM141XW

TELEPHONE: 01708 221704

E-MAIL: bookings@cranhamgarage.co.uk

"TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS"

attending the first time can be found on HS4B's website *https://haveringsingingforthebrain2020.webador.co.uk/*

The Wesley Players September Production

The Wesley Players are pleased to announce that for 2 days only, they aim to lift your spirits, so come along for an evening of laughter and fun on 24 & 25 September.

After months of doom and gloom we need a little fun so we'll begin with a one act farce about The Little Grimley Amateur Drama Group attempting to put on their next production. Following the interval we'll entertain you with a series of comedy sketches guaranteed to have you rolling in the aisles!

We recommend you reserve your tickets in case the Government imposes any additional rules which require us to limit audience numbers.

Box Office: Tel **07708 214742** or email *tickets@wesley-players. co.uk.* Tickets may be available on the door.

Adults £7, Children £3.50 and Concessions £5.50. Senior Citizens admitted free on Friday, 24th September 2021.

The Wesley Methodist Church, Hall Lane, Upminster, RM14 1AE.

We are recruiting If you fancy treading the boards, we will be auditioning for our Panto after this production. There'll be small, medium or large parts available as well as stage crew. If you're interested contact Vicky at Wesley.players@yahoo.co.uk

UCRA Coach Trips

"Salute to the 40s" at Chatham Dock Yard Saturday, 18th September - £29.50pp

Classical Spectacular at the Royal Albert Hall Sunday, 7th November (Matinee) £39.00pp includes Choir seating, Flag and song sheet.

Thursford Christmas

Extravaganza includes lunch, deluxe seating at the show, 3 course meal and overnight stay in Hunstanton with breakfast.

Thursday, 16th December £160pp (single room supplement applies).

Our card payment facility will allow quick and easy payments (AND trouble free refunds if the trip is cancelled) so pay and reserve your preferred seats with complete confidence.

Please contact Gina Savill-Turner on 07958 006503 or 01708 228270 Email gina.savillturner@email.com or Joan Carroll on 07789 956399 Email joancarroll66@gmail.com

Havering Astronomical Society

Talks are continuing online this month with plans to resume in-person meetings in the near future.

Wednesday, 15 September, 7.15 for 7.30pm:

Paul Money 'Why are there no Green Stars?'.

Wednesday, 6 October, 7.15 for 7.30pm:

Dr Sanjay Limaye,

Senior Scientist at University of Wisconsin, will give a talk on his research into the planet Venus, including the search for life.

To join these meetings or for more details about the society please visit our website www.havastro. co.uk or email **secretary@ havastro.co.uk** or call **Liz** on **07706885948**

Young Astronomers -

Thursday, 30th September 7-8pm. We are excited to begin meeting in person at Thames Chase Forest Centre, Upminster. There will be a talk and observing with telescopes and binoculars, weather permitting. If you or someone you know is aged 8-16 and would like to join please email young.astronomers@havastro.co.uk

Upminster and District Probus

We are very happy to have resumed our meetings of the Upminster and District Probus Club which are held at The Cranleigh Restaurant in Hornchurch. We have enjoyed a meal of minestrone soup, followed by poached salmon, new potatoes and peas, finishing with fresh strawberries and cream. We were entertained by Steve Redfern speaking about football referee stories. At our September 29th meeting, we will enjoy a melon gondola starter, followed by roast pork, roast potatoes, sprouts, carrots and apple sauce, finishing with a strawberry gateau, then tea or coffee. Are you retired? Would you like to join us?

Contact *Barry* on *secretary@ probus.com* or call *Barry* on *01708 703753* and leave a message.

Our website is *upminsterprobus.com* or find us on Facebook.

Crazy Beat Records

We have been pointing out the amount of great shops we have locally. Crazy Beat Records at 87 Corbets Tey Road is an institution for music lovers with a wide range of vinyl records in rock, soul, reggae, dance and funk etc.

Call: Gary or Liam

DOUBLE GLAZING



REPAIRS

Broken, Misted, Sealed Units Handles, Rollers Hinges, Locks etc.



Weatherbest Double Glazing Repairs **Fully Guaranteed** 01708 437174

New Window & Door Installations

OAP Discount

EST 1989



MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD. PART EXCHANGE AVAILABLE, GAP DISCOUNT ALL WORK GUARANTEED, 36 YEARS EXPERIENCE



PHONE 6800 371312 OR 01708 345738 MOBILE 07860 468695 www.mobilesewingmachinesrepairs.co.uk

IN DOORS LTD

Local Manufacturers

COMPLETE NEW KITCHEN & BEDROOMS

Supply only, or Supplied and Expertly Fitted, Design & Planning

OR REPLACEMENT Kitchen & Wardrobe Doors

Vinyled-Gloss Slab, Handleless Matt Finish Painted Solid Wood-BS/RAL- Farrow & Ball colours WORKTOPS - Laminate/Granite & Quartz Most Appliances available - Blanco, Neff, Siemens, Bosch, Belling etc. HANDLES - Large range Inc. ŠWAROVSKI Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm Tel: 01708 671199

Units 5-7 ARCANY ROAD, S.OCKENDON RM15 5SX

Email: info@indoorsessex.co.uk

No appointment necessary

LEARN TO SWIM

PADDLERS

Swim School

Aged 4+

Lessons for all abilities

01708 720388

www.paddlers.co.uk









UPMINSTER

LOCAL BUILDFRS

ALL BUILDING AND CONSTRUCTION JOBS UNDERTAKEN

FULLY INSURED- CUSTOMER RECOMMENDATIONS AVAILABLE CONTACT US FOR A FREE NO OBLIGATION QUOTATION.

Email: Info@newgenconstruction.co.uk

TEL: 01245 420351 MOBILE: 07768172842





Do it Right, the First time!

ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New lawns, Garden Lights, Brickwork, Garden Design, Steps, Block Paving Phone; 01702 258445 Mobile; 07814 940335 Punctions, Churchens, Papersone, Essex, 504 20P <u>www.anglepaving.co.uk</u> email: angle.paving@o2.co.uk

Assistive Technology helping with Independent living throughout Havering

"Very satisfied with the service given. I live alone and find it a Godsend.

Fortunately most of my calls are for tumbles where I lose my balance and can't get back on my feet without help. Thank you" Mrs C.

Do you want to live more independently but are unsure how to call for help if something happens? Or are you worried about someone who lives on their own and is vulnerable?

If so, The Havering Telecare Centre may be able to help you. We provide assistive technology in your own home and could also attend to your property 24 hours a day in case of an emergency, all at a low weekly cost.

Assistive Technology includes but not limited to: **Pendants** that can be worn in the garden and bath, **Smoke & Carbon Monoxide detectors** monitored 24 hours a day (we call Emergency Services if you are unavailable i.e. in hospital), **Bed sensors** that can switch on lamps when you get out of bed.

If you would like to be more independent in your own home or help someone else, then please contact us for further details quoting UP21.



Havering Telecare Centre
Web: https://www.havering.gov.uk/telecare
Email: telecare@havering.gov.uk
Phone: 01708 432843





They also specialise in rarities and very collectable music. Vinyl is making a big come back. They also purchase collections.

It was nice to see a TV crew at the shop at the end of July filming an advert, it provoked a lot of local interest. The shop has been used before for TV filming.

Cllr RON OWER

Thames Chase 5th Annual Art & Culture Exhibition,

2nd - 12th September

On 2nd September 2021, Thames Chase will launch their 5th annual art exhibition celebrating 30 years of Thames Chase Community Artists. Following the launch of the first virtual exhibition last year during lockdown, Thames Chase will now be hosting a hybrid event with both live and virtual elements for visitors to explore and enjoy, alongside an exciting programme of cultural events. The show will feature a wide range of artworks inspired by what can be seen and found throughout the Thames Chase Community Forest. The exhibition will run from September 2nd - 12th and will run alongside a programme of musical performances and artist demonstrations for all the community to enjoy.

EWT Havering Walks – Autumn Diary

Walks take about two hours and optionally continue after lunch. We may have to limit numbers, so please contact *Tony Loveless* in advance via *07413 649006* or grandadtone@gmail.com if you plan to come. Wear suitable clothing and footwear and bring a packed lunch if needed.

Saturday, 4th September - Abberton Reservoir for Birds

A wetland of international importance for wildfowl. Meet at the visitor centre at 10:30am. SatNav CO2 0EU

Saturday, 2nd October - Hanningfield Reservoir

A mature woodland with over 2 miles of walks. Four bird hides give extensive views over the 870 acre reservoir. Meet at the visitor centre at 10:30am.

SatNav CM11 1WT

Saturday, 6th November -Thurrock Thameside

A transformed 845 acre landfill site with an excellent visitor centre. Meet at the visitor centre at 10:30am.

SatNav SS17 0RN

Elections Bill 2021

The government have published a summary factsheet of the forthcoming Elections Bill 2021. The bill includes laws on voter identification, postal and proxy voting, accessibility of polls, expenditure and number of other election related measures.

To view the summary, visit *www.gov.uk* and enter 'Elections Bill 2021: Summary factsheet' in the search box.

New Safety Scheme for HGVs

In March this year Transport for London, together with London's borough councils, the freight industry and campaign groups, introduced a safety scheme for heavy goods vehicles.

Called the Direct Vision Standard, it is a requirement for all HGVs weighing more than 12 tonnes to drive in any of London's boroughs. Owners must apply for a free permit, which gives a star rating based on how much the driver can see through their windows.

Since its introduction over 135,000 permits have been issued and almost 69,000 heavy goods vehicles have been fitted with safety measures to protect people cycling and walking.

For further information visit *tfl.gov.uk*/ and enter 'direct vision' in the search box.

Cllr JOHN TYLER

Give Rugby a Try

Old Cooperians RFC Academy (mini and youth section) are calling all kids to come and give rugby a try. We currently cover most age groups from Reception to Year 6 and are looking to grow. From September 2021 this includes new Year 7 children. Training at Coopers' Company & Coborn School on Sunday mornings. For more information please contact the membership secretary: *Margaret Persaud* tel: **07745 133342**, email: info@oldcooperiansrfc.org or see the website: http://www. oldcooperiansrfc.com

Thank you

The Cranham community centre wold like to thank all the local people and all the local groups for their kind donations, funding and support through these difficult times. This has enabled the centre to maintain its facilities and remain open and serve the local community. We thank you all.

Mulley & Son



Chapel of Rest | Home Amangements | Distance No Object World-Wide Reputriation | Ample Client Parking | Memorials

Family Owned Funeral Home L24 Hour Funeral Service



254 St. Mary's Lane, Upminster BM14 3DH Tel. 01708 220330

28 High Street, Bornchurch RM12 4UN Tel. 01708 442145

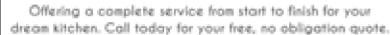
Email: Cleaning territorial informality was a con-

Email:-Horneburch@bfm.ulleywon.com

www.bfmulleyson.com







https://cloverleafkitchens.co.uk richard@cloverleafkitchens.co.uk

0800 975 0178 / 01708 229031 / 07917 002628



HANDYMAN / GENERAL BUILDER

LOCAL BUILDER WITH 35 YEARS EXPERIENCE

NO JOB TOO SMALL

REPAIRS / REFURBISHMENT / NEW WORKS

Call John for a free and without obligation quotation/advice



Recommendations available

Public liability insured

Mobile number: 07970 074664



Home telephone: 01708 913714



Garden Services, Estate Management

& Tree Surgery

rst, reliable and friendly service at competitive prices

All Gorden Services & Regular Maintenance plus Jet Washing, Potios, Line-marking, Clearance & much more!

nd commercial contracts available - Free, na-obligation estimates/advice

www.ajbgardens.co.uk Chromition on 01708 228886 / 07875 557378



D.G. PLUMBING SERVICES

All plumbing work undertaken

FREE camera video gutter cleaning inspection High reach vacuum tech No mess No ladders **FREE** estimates

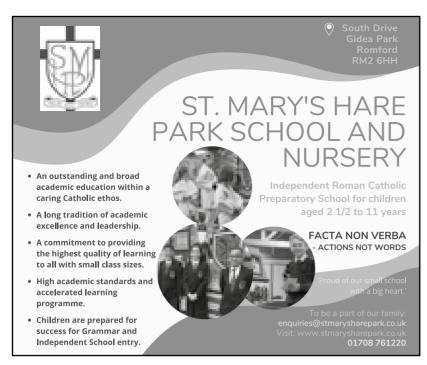
> 01708 220994 07977 214541 52 The Grove Upminster RM14 2ET











Branfill School Streets' Scheme **Update**

Since the introduction of the above Scheme, there have been ongoing parking problems and traffic congestion in adjoining roads. We recently met with the Council's Traffic Management team in Cedar Avenue/Southview Drive and adjoining roads, and they have agreed to look at a number of options to address these issues. Once these options have been developed, the Council will commence resident consultation in the roads affected by the changes, and we encourage those affected by the changes to respond to the Council. We will continue to keep you updated regarding the above in future editions of the Bulletin.

Cllrs LINDA HAWTHORN, RON OWER AND CHRIS WILKINS

Noise Pollution from Damyns Hall Aerodrome

We have received the following weather has not permitted us to

sit outside as often as last year.

Yet, when we do get a chance to sit in our garden for a nice bit of peace and quiet, it does not last very long as it is always broken by the continual planes from Damyns Hall Aerodrome. Upminster area is in a flight path for many small planes, air-liners and helicopters, yet they are not the problem. It is the constant noise from the flight experiences and aerobatic manoeuvres that have been available via Skymax and Damyns Hall Aerodrome's websites. This can last all day on Saturdays and Sundays and even during the week as was the case on Tuesday, 3rd August. The constant noise of varying pitches, at different volumes, some extraordinarily loud, as the aircraft fly up and down and round and round, below Corbets Tey and the surrounding area. The bi-planes are 90 years old and a fixed wing aircraft does aerobatics which consist of a 90 degree ascents, with a 45 degree descent, followed by four rolls and then flies upside down. Flying aerobatics over settlements and under 3,000 feet is not permissible and this constant and continual use of the same airspace is the making of a potential accident. Although the Damyns Hall Aerodrome has a Noise Abatement Policy it is never enforced and enquiries about its operation have been ignored by the Aerodrome.



A Will still on the to do list? Need to review your existing Will? Do you know the consequences of not having a Will?

Call or email to discuss your requirements without obligation. Specialising in: Wills, Trusts, Estate Planning, Lasting Power of Attorney, Probate.

01708 837102 scott@acumenwills.net acumenwills.net

If you have been inconvenienced by this distressing noise pollution then please contact us at bulletinra@yahoo.co.uk and we will pass your comments on.

Upminster Ward Community **Police Contact Points**

We are happy to announce that with the relaxing of COVID restrictions we are now able to hold our community contact points:

- Tuesday, 7th September outside Roomes between 3-5pm
- Sunday, 19th September outside Costa between 1-2pm
- Wednesday 6th October outside Roomes 10am-12pm • Sunday, 24th October Stewart
- Avenue Allotments 10am-12pm

Spread the word - if anyone needs to speak to us or wants crime

continued on page 22



from a concerned local resident: *Unfortunately, this summer's*

THE KEN RHODES GROUP LIMITED

THE LOCAL DOUBLE GLAZING & CONSERVATORY SPECIALISTS

WE PRIDE OURSELVES ON HONEST PRICES, FRIENDLY EXPERT ADVICE AND UNRIVALED CUSTOMER SERVICE



CALL NOW FOR YOUR FREE NO OBLIGATION QUOTATION 01708 227777

WWW.KENRHODES.CO.UK

193 ST MARYS LANE, UPMINSTER, RM 143BU







❖Sealant ❖ Waterproofing❖
❖Cut out and reseal mouldy silicone❖
❖Wet areas, kitchens and skirting lines❖
❖External windows ❖ doors and expansion joints❖
❖15 years experience ❖ Free quotations❖

Tel: 07596 095 248 e-mail: jongildea21@msn.com

John the Taxi Driver

Be driven by an experienced London Taxi Driver

- Modern 6-seater, COVID-safe taxi
- Airports London appointments London stations
- Wheel chair accessible
- Partition for customer privacy Fully air-conditioned
- UBER price competitive Free WiFi

Please Call: John, 07961 346450 (Hornchurch-based)

atlantic

Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman Our windows are fantastic value for money Great choice of high security composite doors floautiful conseniatories with self cleaning glass cons All our work is fully guaranteed.

Call us now for a UREE no obligation quantition

Tel: 01708 480004

or email bulleting atlanticylaring coult visit our website www.atlanticylaring.co.uk prevention advice please attend. There will also be members of the Havering Streetwatch volunteers on some of the days.

PCSO JOANNE GREATOREX

Report crime by calling 101 or in an emergency call 999.

Remember, you can also report crime online on our website: https://www.met.police.uk/

Ashvale Gardens - Parking and Congestion Issues

As mentioned elsewhere in the **Bulletin, Upminster Councillors** have been working with the Council's Traffic Management team. We recently met Council Officers in Ashvale Gardens and adjoining roads, and they have agreed to look at a number of measures to reduce the parking and congestion problems. Once this has been completed they will commence consultation with residents, and we strongly encourage those affected by the changes to respond to the Council. We will continue to keep you updated regarding the above in future editions of the Bulletin.

Cllrs LINDA HAWTHORN, RON OWER AND CHRIS WILKINS

Cathedral Estate Neighbourhood Watch

One good thing to come out of the COVID-19 lockdowns is the community spirit of the residents on the Cranham Cathedral Estate. During the lockdown a Cathedral Estate residents WhatsApp was formed and this brought the local community closer together.

One of the most talked about subjects on this group was local crime and ensuring we all looked out for each other, and after catching three men trying to steal a car, a new Neighbourhood Watch was set up covering the whole of the estate.

With the great help of PCSO Joanne Greatorex from the Upminster Policing team and Mike Winters of Neighbourhood Watch Association, we have managed to achieve our aim with well over a third of the residents on the estate currently signed up. Community spirit at its best!

> CATHEDRAL ESTATE NEIGHBOURWOOD WATCH

Cranham Art Society

Do you enjoy painting or drawing? We are a friendly group who meet on Wednesday mornings 10 - 12 at Cranham Community Centre in Marlborough Gardens. We are welcoming new members in September, so why not come along and make some new friends and see what we do.

For more information please call **Dot Tomkins** on **01708 229715**

Havering Antique Collectors Club - New Members Welcome

Enrolment evening with speaker – Friday, 17th September, 7.30 for 8.00pm. Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood.

Annual Membership £30. Guests £5. For further details contact Chairman Mrs *Chris Lovett* on **07947** 367 258.

MARGARET BRADENBURY



HOME GROWN HARDY OUTDOOR PLANTS

LONG HOUSE PLANTS

Slimibs-Perennials-Grasses-Ferns-Climbers-Bamboos

- · An independent mursery with a friendly atmosphere
- Resident expert for free advice.
- · Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill, Romford, RM4 LLD

01708 371719 www.longhouse-plants.co.uk

Open from first weekend in March to last weekend in September on Fridays & Saturdays 10-5, Sandays 10-4 & Bank Holidays 10-5



OLDHAM LANDSCAPES

SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION

DRIVES, PATIOS, BRICKWORK, PLANTING, TURFING, FENCING, DECKING, PERGOLAS,

PORTFOLIO ON FACEBOOK UNDER OLDHAM LANDSCAPES 01708 225279, 07973 911893



Could you be a Shared Lives Carer?

If you have room in your home, and the time and compassion to support a vulnerable adult to live independently as part of your family, we will offer you training, support and a weekly allowance of up to £450 per week

info@bettertogether.org.uk 0208 519 9536

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

MEDICATION SUPPORT PERSONAL CARE

COMPANIONSHIP

RESPITE

DEMENTIA & ALZHEIMERS

LIGHT DOMESTIC

NUTRITION & DIET SUPPORT

24 HOUR SUPPORT

REABLEMENT SUPPORT

HOSPITAL DISCHARGE

SOCIAL & LEISURE ACTIVITIES

END OF LIFE

CONTACT US ON: 01708 301 111 or 07538 709 012

KARE ROMFORD

WEB: www.kareplus.co.uk/romford EMAIL: kpromfordrm@kareplus.co.uk

REMOVALS, STORAGE

Domestic & commercial Local & long distance Free estimates & Insurance Container storage Family business since 1962



01708 224968

Movers House, Front Lane, Cranham, Essex RM14 1XL www.gatchettsremovals.co.uk

LOCKSMITHS

Emergency call out All locks opened, supplied & fitted MLA approved locksmiths UPVC door lock specialist New doors supplied & fitted, safes opened New safes supplied & fitted Free quotes - no call out charge

Tel: 01708 640699, mobile: 07890 920 258



Janice's Electrolysis Clinic 01708 727239

Janice specialises in permanent hair removal for white hairs, grey, blond and dark hairs, for fair skin, Asian skin and darker skin colours. Other treatments eliminate: **Facial Thread Veins and Spider Naevi** Skin Tags, Common Warts & Milia.

See website for more information

I have worked in this practice for over 25 years and can offer quality assured treatments and expertise which is second to none. So if you want honest advice and excellent treatment please don't hesitate to get in touch.

Suite 3, 67 Butts Green Road, Hornchurch, Essex, RM11 2JS www.janiceselectrolysisclinic.co.uk

Book Free Consultation Now - worth £35



l GAS BOILERS

INSTALLATION SERVICE & REPAIRS













• REPAIRS • SERVICING • INSTALLATION • GAS LEAKS • LANDLORD CERTS • POWER FLUSHING PLUMBING REPAIRS
 WATER LEAKS



T: 01708 470 420

safe 215576

M: 07939 134 862

OVER 40 YEARS EXPERIENCE







DAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND NURSERY MAN

- ★ PAVING A SPECIALITY
- **★** WALLING
- \bigstar TREE FELLING, FENCING

DAY, EVENING'S AND WEEKEND'S 01708 700557 . 4 WILLOW WALK UPMINSTER. RM14.1XH. MOBILE: 07788 725853

All Aspects of Carpentry

Staircases, Laminate Flooring, Flatpacks, Doors, Skirting, Kitchens, Wardrobes



WWW.ALLCARPENTRY.CO.UK TEL: 01708 525682

MOB: 07950 384595



ADVERTISE YOUR BUSINESS HERE



Delivered to over 15,500 homes Contact Martin Flower Telephone: 07785 244212 E-mail: bulletinra@yahoo.co.uk

Gary Foss Building & Landscaping

Home extensions and alterations

Kirchen fitting and worktop replacement Drivewon and patic's designed and laved

Structural wall removal and modification

Porches and garages etc.

Free estimates and advice Upminster 01708 500018 Mobile 07831 469041

Email gary.foss@virginmedia.com



T.Jefferyes Decorating Services

All aspects of painting & decorating undertaken

Free Estimates Call 01708 347190

DRIVEWAY/ PATIO CLEANING & WEED CONTROL SERVICE

Let your driveway be WEED-FREE starting with our Summer Treatment!

Guaranteed no weeds with 3 treatments per year, and no cleaning required. From only £35.00 per weed treatment.

Check out our great reviews at www.checkatrade.com/trades/powerwashsolutions

Powerwash Solutions

Exterior hard surface cleaning & sealing services.

For a free, no obligation quote contact:

Tel: 01708 536379 / Mob: 07718 142330

www.powerwash solutions.co.uk

FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)



Trouble outling your nails ? Thickened nail management ingrown toernalis venuca treatments Achiete's Foot Hard skin removal

Fungal nail treatments Diabetic nail care Com and callous treatment

FOOT HEALTH TREATMENTS

£30.00 Home Visits A friendly, efficient and professional service

Mobile: 07920 855 044

MAINTENANCE Est. 1966

Exterior & Interior Painting & Decorating Paperhanging - Guttering A Speciality

> All Estimates Free UPMINSTER (01708) 226327

A & P HOUSE CLEARANCE

OVER 20 YEARS EXPERIENCE FRIENDLY & PROFESSIONAL WORKING IN YOUR AREA



TEL: 01277 201508 or 07974 085985