

**TASTY BITES**  
UPMINSTER TASTY BITES, RESTAURANT  
AND VEGAN CAFE  
EXPERIENCE THE DIFFERENCE

Tel: 01708 221166  
Fax or Tel: 01708 222277  
30 Cobble Tree Road, Upton, Essex



**PC & Laptop Repairs**  
Virus Issues, Running Slow,  
Internet problems, WiFi  
Data recovery, Power supplies  
Laptop Screens, Hard Drives  
Pick up and Drop off service  
Cranham Computer Centre 01708-250296

email: [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

The Voice of the Community

[www.ucra.co.uk](http://www.ucra.co.uk)

## UPMINSTER &amp; CRANHAM RESIDENTS' ASSOCIATION

## Proposed Lower Thames Crossing – Request for Extension of Consultation Period

In August, Upminster and Cranham Residents' Association Councillors contacted Highways England to request an extension to the recent consultation period for the new Lower Thames Crossing. This was because the consultation, which ended on 8th September 2021, was held during most of the school holiday period, when many people may have been away and unable to review the extremely long set of documents. However, Highways England declined to extend the consultation, giving a response which is partly shown below.

'In developing our consultation programme we recognised the challenges of holding a consultation over the summer months as you identified. This is why, following local authority feedback, we extended the public consultation from six weeks to eight weeks (well above the prescribed 28-day period). Together with the three previous consultations, the LTC is now one of the most consulted road projects in the UK.

Following the consultation, we will of course continue to engage with local residents and stakeholders such as yourself as we review the feedback received.'

To read the full Highways England response see our website - <https://www.ucra.co.uk/proposed-lower-thames-crossing-request-for-extension-of-consultation-period/>.

Please note the consultation submission from the Association is on our website [ucra.co.uk](http://ucra.co.uk). Further details next month

## Noise Pollution from Damyns Hall Aerodrome

May we thank you again for your messages. A number of you are concerned about excessive noise from Damyns Hall. In particular, several residents pointed out noise from the "aeronautics". Upminster Councillors have been liaising with Havering Council regarding the matter and will continue to bring residents' concerns to their attention. At the time of writing the Council are trying to arrange a meeting with the Aerodrome.

Please see the following website sent to us from the Council which provides details of the Aerodrome's Noise Abatement Policy and also has a map of the areas that planes should not fly over. [https://www.damynshall.co.uk/flying\\_in](https://www.damynshall.co.uk/flying_in)

## Subscription Collections

After an absence of nearly two years due to the pandemic, the Upminster and Cranham Residents' Association have recently started collecting the £2 annual voluntary subscription from households who receive The Bulletin. The subscription, which gives membership of the Association and goes towards the printing costs of The Bulletin, donations to local charities and good causes, and occasionally, when we have to take professional legal advice on matters such as the mini golf site in Hall Lane.

The collections will be made in as many roads in Upminster and Cranham as possible over the next few months and will be either by our volunteer collectors knocking on doors or posting self-seal envelopes through letter boxes, to be returned to a named local address.

We were unable to collect the subscription last year and whilst we are only asking for £2 per household (for 2021), if you wish to pay £4 to cover 2020 as well, we would be grateful for any extra money received. Thank you.

Cllr JOHN TYLER

## Council Consultation Regarding Town Centres

Havering Council are currently conducting a public consultation on ways to improve several town centres across the borough, including Upminster. They are looking for views from residents, businesses, workers and visitors on how they can:

- make people feel safer and more comfortable in our town centres;

*continued on page 2*

**Haines Watts**  
We help  
BUSINESS OWNERS  
ACHIEVE THEIR  
PERSONAL GOALS

At Haines Watts, we will help you achieve your business goals and personal goals. We are a business and personal financial planning firm. We are a business and personal financial planning firm. We are a business and personal financial planning firm.

**Windsor Property Extensions**  
Family Business Est. 25 Years  
Extension Specialists Garden Room Specialists

- Extensions
- Loft Conversions
- Garage Conversions
- Bespoke Garden Rooms
- Renovations

Phone: 01277 37 52 37 Mobile: 07958 787 297  
Email: [wpm321@msn.com](mailto:wpm321@msn.com)  
[windsorpropertyextensions.com](http://windsorpropertyextensions.com)

## LADY PAINTER & DECORATOR



Professional, clean & tidy tradeswoman  
All aspects of painting & decorating  
(incl. plastering, coving and cornice)  
Free estimates OAP discounts  
Hornchurch & surrounding areas

CONTACT: TRACY on 07449 205770 / 01708 470841  
Email: tracy.dawkins@live.co.uk

## Youngs Farm Café-a

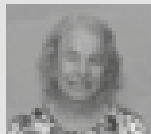
Tel: 01708 641515 (opposite Cranham Golf course)

- ✓ Varied menu, breakfast and lunch
- ✓ Large spacious eating area inside and seating and tables outside for alfresco dining
- ✓ Dog friendly with easy access and free parking
- ✓ Open 7 days a week
- ✓ Warm and friendly welcome

## ASSOCIATION COUNCILLORS

### Upminster Ward

Linda Hawthorn 01708 225451



lindahawthorn@hotmail.co.uk

Ron Ower 07721 780372



CouncillorRon.Ower@havering.gov.uk

Chris Wilkins 07960 059195



CouncillorChristopher.Wilkins@havering.gov.uk

### Cranham Ward

Gillian Ford 01708 641317



councillorgillian.ford@havering.gov.uk

Linda Van den Hende 01708 223761



lindavandenhende@btinternet.com

John Tyler 07982 962925



JohnTylerUCResidents@outlook.com

## ASSOCIATION CONTACTS

### Commercial Advertising

Martin Flower 07785 244212  
bulletinra@yahoo.co.uk

### Bulletin Editor

Pauline Mastroianni  
mastroianni@btinternet.com

### Upminster Organiser

Chris Wilkins 07960 059 195  
wilkinschristopher7@gmail.com

### Cranham Organiser & Residents' Association Website

John Tyler (07982 962925)  
www.ucra.co.uk

## Upminster Carpets

205 St Marys Lane, Upminster

01708 224515

Old Carpets and Furniture?

No Problem!!

Home Service Available

## We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinyl
- Karndean



PLUMBING & HEATING  
Rugg & Sons  
ENGINEERS  
FAST, RELIABLE, FRIENDLY SERVICE

- Emergency Repair •
- Blocked Drains •
- Heating Breakdown •
- Servicing •
- Maintenance •
- Bathroom • Tanks •
- All Work Guaranteed •
- Established Locally For Over 25 Years •



Tel: 01708 229857 Mobile: 07415 096551

ALL AREAS COVERED

Family Business Est. Over 35 years

**A Touch of Glass**  
No Salesman, No Canvassers, No Hassle

FENSA  
11835



WINDOWS - DOORS - CONSERVATORIES  
uPVC - ALUMINIUM - SEALED UNIT REPLACEMENT

01708 250 070

97 FRONT LANE, UPMINSTER, RM14 1XN

WWW.ATOG.CO.UK

## Local electrician

- Based in Upminster
- Domestic/commercial work
- Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

Paul Gilham 07985 185872  
01708 229835

or info@gilhamelectrical.co.uk



- improve public spaces making them more attractive, pleasant, vibrant, memorable places to visit and to spend time in;
- provide more green spaces to relax and socialise in;
- make it easier for people travelling to arrive into the town centres; and
- provide a clean and healthy environment for all.

To take part in the consultation visit the Help Us Improve Havering Town Centres webpage <https://consultprojectcentre.co.uk/havering>

## September Full Council Meeting

The first Full Council Meeting to take place in Havering since May this year, and the first 'in person' meeting since the start of the pandemic, was held on 1st September. Included was the following motion submitted by the Upminster and Cranham Residents' Association (UCRA) Councillors:

*'In several Council departments there are currently significant staffing shortages, apparently primarily caused by high numbers*

*of employees leaving the Council. These shortages have in turn led to high volumes of work for the remaining staff in departments such as Highways, where there is a stated wait (as of May 2021) of around nine weeks to repair major potholes, and Planning Enforcement, where there is a backlog of over 750 open enforcement cases.*

*This Council calls upon the Administration to prepare a report for the November Overview and Scrutiny Board identifying the reasons why so many staff have left and the measures it intends to take to remedy these shortages.'*

*The Conservative Group submitted an amendment, calling for a lesser All Members Briefing on just Highways and Planning Enforcement, which was carried by 26 votes to 23 (with 2 abstentions).*

UCRA Councillors will continue to press the current Administration to account for the increasingly poor service that is being provided to the residents of Havering.

Cllrs GILLIAN FORD, JOHN TYLER, LINDA VAN DEN HENDE (Cranham ward)

Cllrs LINDA HAWTHORN, RON OWER, CHRIS WILKINS (Upminster ward)

## GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds, Planting, Water Features, Turfing & Decking.

All work safely undertaken by  
- Greg Oldham -



Tel: 01708 251 004 / 01621 860 329  
Mobile 07812 131 772

email: oldhamgreg@yahoo.co.uk

## BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

Tel: Office:  
01708 780000

Tel: Home:  
01708 733088



Natural Stone Paving

**ADVANCED MP**  
THE FURNISHING AND DECORATING EXPERTS

DOOR REPAIRS • SERVISING AND INSTALLATIONS • OTHER SERVICES

TANKS • TILES • ALL GLASS WORK

CLAPS DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT

WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED EMPLOYEES

**iphe** 01708 475044 079301 49046  
www.ipsupplyfurnishing.co.uk  
www.ipsupplyfurnishing.co.uk

**Peter the Painter**  
Decorating Contractor

Interiors & Exteriors • Free Estimates

Upminster ☎ 01708 221642 ☐ 07980 002141



**FLEET ELECTRICAL & HEATING SERVICES**

Domestic, Commercial, Industrial, Agricultural, Marine, and Construction

**Full / Part Rewires - Extra Plugs**

TEST CERTIFICATES PROVIDED

APPROVED CONTRACTORS

**Immersion - Security Lighting - Fault Finding**

Established in Upminster for 20 Years

Phone: 01708 250409 Mobile: 07956 335744

5, Mersey Avenue, Upminster

**OVENS, RANGES, HOBS, MICROWAVES, EXTRACTORS**

Professionally cleaned using, eco friendly, non caustic product No Fumes, No Odours

**Tel 07720781202**

www.letsgleamovenclean.co.uk

5 star reviews Facebook & Google



## Parking Meter Fiasco

My Council colleagues and I have been pursuing the Council over the ongoing problem of parking machines being out of action and sadly several residents have been issued with Penalty Charge Notices. Please see below a reply I have received from the Council.

"Dear Councillor Hawthorn,  
Thank you for your enquiry in relation to parking meters not working efficiently and drivers being issued with a Penalty Charge Notice.

It is not normal practice if a pay and display machine is not working that a Civil Enforcement Officer should issue a Penalty Charge Notice. Please be aware that if a machine is not working when inspected, then it will be bagged with signage on the machine to state that it is not operational and free to park until the machine is repaired.

Where a resident finds a machine un-operational they should report this, numbers are displayed on the

machine to report a non-working machine. We can then arrange to have the machine bagged with signage, once inspected by a car parks officer, we are not always able to identify immediately if a machine has been vandalised.

Residents should challenge any Penalty Charge Notices should they believe that they have been issued unfairly."

I do have a concern that not everyone has a "mobile phone" with them.

Cllr LINDA HAWTHORN

## Sorting Office

Passing the Royal Mail sorting office in Corbets Tey Road several weeks back you would have seen the pavements in front of the office have been renewed. Previously a number of the pavement slabs were in a very dangerous position.

Following considerable pressure on Royal Mail, the owners of this stretch of pavement, work has been undertaken. May we thank local resident Jan Stannett for her assistance and perseverance in tracking the owners down and giving us contact information for

the Council to put pressure on to get the paving renewed.

Cllr RON OWER

## Our New Harold Wood HRA Team

The Upminster and Cranham Residents' Association are members of HRA -Havering's Residents' Associations, and have been working with other Resident Associations across the borough. Unfortunately the three Harold Wood Residents' Association Councillors decided on the night of the last election to stop working with the Resident Associations and to align themselves with the Conservatives. We are therefore pleased to introduce our two new Harold Wood HRA team members, Adela Meer and Dan Lammin. They have already hit the ground running sorting out a number of residents' concerns and issues, including land management, parking issues, potholes and signage problems. They can be contacted on **adela.meerhaveringra@gmail.com** and **dlaamminhaveringra@gmail.com**

## Hello from Hannah's Bakery

We were delighted to open our doors to the community on Friday 3rd September and so grateful we are welcomed with open arms. The bakery in Corbets Tey Road opposite the library is open from Monday to Saturday from 7am to 6pm every day. The philosophy behind the Upminster shop was to have a local bakery where people can come and enjoy a good conversation whilst enjoying the fresh bakes with a cup of coffee. And if you have children then we have a play corner for them to enjoy too


For over 40 years, we at Hannah's bakery have been creating only the best and highest quality bakes to ensure that our customers are more than satisfied with not only the food we offer, but the services provided by our enthusiastic and caring staff. Offering our community the best-baked goods in Thurrock and better yet, Essex!

Freshness is baked into everything we do and at every bakery, we bake bread, cakes and treats all day, every day.

**FOCALPOINT LOFTS**  
est. 1977

- Family run **Upminster** business.
- Established in Upminster for **40 years**
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted

**For more information, please call**  
**Gary or Chris James or Shane Green**  
**Office: 01708 250772**  
**Mobiles: 0777 311 8268, 0795 002 5841, 07890 971 579**



**CRANHAM ROOFING**

**The Roofing Specialists**

- Free no obligation quotations
- New roofs - strip and retile
- Flat roofs
- Chimney stacks - repoint/removed
- Guttering, fascia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed

TEL / FAX 01245 842063 (office)  
MOBILE 07860 752798 (24 hr call out)  
EMAIL: c.jagen@sky.com



## GOVANI CHEMIST

Molested Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice  
by Liaquat, Shamim & Fiona Govani, Tommy Hal

64 Station Road, Upminster  
01708 226644

87 Front Lane, Cranham  
01708 224883

Free local collection and delivery of prescription service available upon request from  
housebound patients  
[www.govanichemist.co.uk](http://www.govanichemist.co.uk)

## PLASTERING



- Professional • High Quality
- Reskim over Artex • New ceilings
- Clean and Reliable
- Cove & Cornice • Painting
- Cheapest Rates
- OAP Discounts
- Free Estimates
- 27 Years Experience
- Hornchurch and Surrounding Areas

**CONTACT: CLAY DAWKINS**

**TEL: 07961 379277 / 01708 470841**

**EMAIL: CLAY.DAWKINS@LIVE.CO.UK**

## Prestige Home Insurance

Because your property  
deserves the best



Bespoke High Value Buildings and Contents Insurance

Art, Antiques and Jewellery with world wide cover

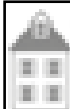
Dedicated Personal File Handler with full claims support

Business equipment extension available



Call now to be surprised at how competitive  
your local Broker can be: 01708 756000

Or call into our local office in Hornchurch



## Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted  
Misted or broken double glazed units replaced

Hinges Locks Handles replaced

Toughened / laminated safety glass fitted

All types of glass supplied and fitted

No Job Too Small. 40 Years' Experience

No Call Out Charge

Call Paul on

07958 550796 or 01708 551314

[www.everythingglassltd.co.uk](http://www.everythingglassltd.co.uk)



## RICKY ARCHER Roofing Contractor



Established 1987

Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs  
Three Layer and High Performance Felling - Leadwork - Pointing  
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden  
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on:  
Upminster 01708 226512 Mobile 07710327651  
Email: [ricky-archer@ntlworld.com](mailto:ricky-archer@ntlworld.com)

## M Bray

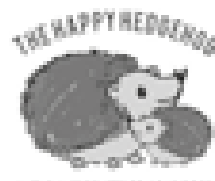
painting and decorating

all aspects of decorating covered  
small jobs to complete re-decorations  
over 20 years experience

polite service - clean and tidy work with a high quality finish  
local references available

**Tel: 01708 223608 / 07983 486655**

**e-mail: [mathew.bray@sky.com](mailto:mathew.bray@sky.com)**



Cleaning Products for a Greener world  
Eco Mobile Refill Service

Independent local  
family-run business delivering  
award winning, UK-made cleaning  
products and refills to the door.  
All are vegan, affordable and ethical

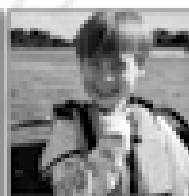
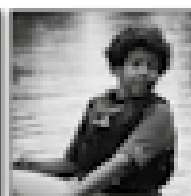
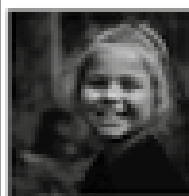
[www.happyhedgehogfamily.co.uk](http://www.happyhedgehogfamily.co.uk)

Tel: 07396 654017

## YOUR ADVENTURE STARTS HERE



- ✓ NO 1 ADVENTURE HOLIDAY CAMP
- ✓ OPEN EVERY SCHOOL HOLIDAY
- ✓ 30+ ADVENTURE ACTIVITIES
- ✓ ADVENTURE FOR AGES 5<sup>1/2</sup>-16
- ✓ OPEN 8.00AM TO 6PM
- ✓ CHILD CARE VOUCHERS ACCEPTED



**ONLINE [WWW.SMASHCAMPS.CO.UK](http://WWW.SMASHCAMPS.CO.UK) TEL 01708 224 753**

**STUBBERS ADVENTURE CENTRE, OCKENOM ROAD, UPMINSTER ESSEX, RM14 3TY**



**ESSEX WG  
CONSTRUCTION**

40 Years Experience

Caring Company

All Building work undertaken

Plans/Drawings submitted to Council

Extensions/Garden Walls/Patios

Chimney Stacks Removed/Repaired

Garden Landscaping and much more...

Gary 07949556306



Darren: 07989108193

[www.Essexwgconstruction.com](http://www.Essexwgconstruction.com)



## BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

### SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

### DESIGNED TO YOUR NEEDS

- WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS
- CATALOGUE AND PREVIOUS WORK AVAILABLE
- WEBSITE AND FACEBOOK SHOWING EXAMPLES
- HELP AND ADVICE WITH DESIGN AND LAYOUT
- ALL YOUR CONSUMER RIGHTS WILL APPLY
- ALL WORK GUARANTEED

Tel: Office:  
01708 780000

Tel: Home:  
01708 733088

All work carried  
out by responsible  
tradesmen



SLABS  
CRAZY  
Natural Stone Paving

Established  
over 30 yrs

## Contacting Havering Council

Many institutions, local councils, utility companies etc are now taking enquiries purely "online" through the internet. Whilst this area has a huge uptake on the internet, there are still some residents who wish to phone Havering Council for information and report a problem etc. With this in mind, Upminster Residents' Councillor Linda Hawthorn has been liaising with the Council for residents who cannot get through on the phone or online. As you can see from the message she received from the Council below, they are hoping that residents will also be able to visit our Library for assistance.

*"Dear Councillor Linda Hawthorn  
Thank you for your enquiry regarding the reporting of enquiries in person. Whilst we encourage customers to go online, at a time that is convenient for them, we recognise that there are customers that do not have access to a computer or family and friends to*

*assist and therefore customers can speak to us in person.*

*In addition, before the pandemic and the closure of the Public Advice & Service Centre, customers could visit us in person to seek assistance. However I am pleased to say that we are looking at a new operating model that will in the future enable customers to visit their local library to make an enquiry, should they need to."*

## Dementia and Sleep Patterns

Dementia is a disease that is incurable, however there is research taking place on cures and ways to help people living with dementia. One such programme is looking at the impact it has on sleep patterns. University College London is undertaking the DREAMS study and are looking for people living with dementia to help them with their study. Funded by the National Institute for Health Research, you can get involved and help others by emailing Trial Manager: s.amador@ucl.ac.uk

Cllr GILLIAN FORD

## HRA Team Members Enjoying their First Social Event

The BBQ in the sun was the first opportunity team members have had to get together in person and chat informally. We were delighted some of our subscribers were able to join us and enjoy the food, drink, raffle and live jazz band.

If you were unable to join us on this occasion, we hope our subscribers will join us at our next event.



*The photograph shows just half of the HRA team, as other members were taking the opportunity to take a holiday*

## Another great book review from our resident reviewer: Thursday Murder Club

Predictable, sleepy, peaceful. Three words we would be excused for using to describe a normal retirement village. What if I told you that such a place could be exciting, thrilling and full of twists and turns - would you believe me? I wouldn't blame you if you said no, however, Richard Osman's (Pointless and House of Games) 'Thursday Murder Club' will prove it and therefore completely change your perception of a retirement village.

We meet four unconventional friends living in Coopers' Chase - you guessed it - a retirement village. They are part of a group called the Thursday Murder Club who, given their former jobs and

*continued on page 7*

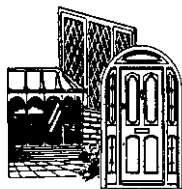
## A & P JOINERY

EST 20 YEARS

HARDWOOD SPECIALISTS

- Supply only or supply and install
  - High quality windows, doors and conservatories
  - Leaded lights and coloured glass
  - Unique old-fashioned front doors
- FREE FRIENDLY ADVICE • FREE ESTIMATES

01708 757675



## MR PLUMBER

D T Moore Plumbing Services

- Trading Standards recommended Plumber.
- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David

07931 553831 mobile 01708 223581 home



## STEPHENSONS

CHARTERED SURVEYORS

ESTATE AGENTS

ARCHITECTURAL DESIGN

Fast

Efficient

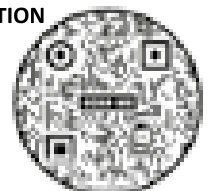
Honest

THE EXCLUSIVE GUILD OF PROPERTY PROFESSIONALS MEMBER FOR HORNCHURCH

CALL NOW TO BOOK YOUR FREE VALUATION

01708 470001

NO SALE NO FEE



LONDON BUYERS

LINKED WITH 800 INDEPENDENT ESTATE AGENTS

VIRTUAL TOURS

office@stephensons.name

202 High Street Hornchurch, RM12 6QP

www.stephensons.name

FED UP WITH YOUR DIRTY DRIVEWAY?

## ADVANCED POWER WASH

SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory.  
All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan ■ 01708 445112 ■ 07889 139916

[www.advancedpowerwash.co.uk](http://www.advancedpowerwash.co.uk)

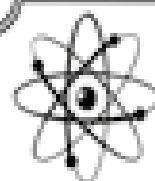


[Capitalelectricaltd.com](http://Capitalelectricaltd.com)  
[info@capitalelectricaltd.com](mailto:info@capitalelectricaltd.com)  
01708 700 758 | 07725 501 504

Based in Upminster • Over 20 years in the industry  
All aspects of electrical installation undertaken

- Full/part rewires
- Smoke, heat & CO alarms
- Security & emergency lighting
- Fuse board upgrades
- Data & telephone installation
- Boiler control wiring
- Additional sockets & lights
- Inspection & testing
- Fire alarm systems
- Repairs
- Fault finding
- Maintenance
- External electrics
- Call-outs

• Free estimates • No call-out charge • Quick response •



# ATOM

ELECTRICAL SERVICES

TELEPHONE:  
01708 223669  
MOBILE:  
07967 603606

- REPAIRS & INSTALLATION • REWIRING
- FAULT FINDING • SHOWERS • COOKERS
- SOCKETS • LIGHTS • EXTERNAL ELECTRICS

## SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL  
GAS, CENTRAL HEATING AND PLUMBING  
INSTALLATION SERVICING AND REPAIRS

BOILER REPLACEMENTS  
GAS SAFETY CHECKS  
LANDLORD CERTIFICATES

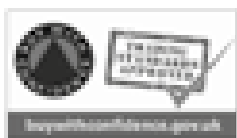
## Service Contracts

(please ask for details)

TEL/FAX: 01708 221 500  
MOBILE: 07956 481 819  
MOBILE: 07539 444 413  
E-mail: [southeastheating@btconnect.com](mailto:southeastheating@btconnect.com)



in association with  
Essex  
Age UK



Targeting Computer & IT Care in Essex & Havering



PC, Laptop, Tablet, Smart Phone  
Maintenance & Troubleshooting  
Internet/Network Frustrations  
Tuition and Assistance  
Home & Business Visits  
Diagnosis Fee £20  
No Fix/No Fee

01708 871482 or 07940 138170

[jeremy@itman.biz](mailto:jeremy@itman.biz)

[www.itman.biz](http://www.itman.biz)

#itmanesx



Windows • Doors • Conservatories • Fascia and Guttering • Conservatory Refurbishments



OVER  
35

YEARS EXPERTISE

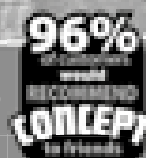


For your FREE QUOTE CALL

01708 463 526

[www.conceptwindows.co.uk](http://www.conceptwindows.co.uk)

Trading Standards Approved



Visit Our Local Showroom. Concept House, Billet Lane, Hornchurch, Essex, RM11 1XP



01708 229031 / 07917 002628

[www.gidleybuilders.co.uk](http://www.gidleybuilders.co.uk)

[gidleybuilders@gmail.com](mailto:gidleybuilders@gmail.com)

- Extensions
- Garage conversions
- Internal and external refurbishments (All aspects)
- Alterations and knock throughs
- Plastering and decoration
- Supply and installation of Bi-fold doors, roof lanterns, uPVC windows and all roofline products
- Kitchens and bathrooms designed, supplied and installed (Showroom facilities available)
- Landlord refurbishments (End of tenancy)
- Plumbing, heating, gas and electrical works



Havering & Brentwood

We are very happy to come and meet you and your relatives to discuss our services. Please call us at any time for more information about how we can help you.

01708 609 364

[www.radfieldhomecare.co.uk](http://www.radfieldhomecare.co.uk)

[havering@radfieldhomecare.co.uk](mailto:havering@radfieldhomecare.co.uk)

We are extremely proud to support older people in our community to live independently in their own homes. Our team is passionate about delivering the highest standard of care and will always go above and beyond to help our clients.



- Outings & activities
- Household tasks
- Medication support
- Wellbeing
- Dementia care
- Personal care



# L. J. NICHOLLS

INTERIOR & EXTERIOR  
PAINTING, DECORATING &  
PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

## AC PLASTERING

FREE  
ESTIMATES

All Plastering  
Plaster Over Artex  
Specialists in Re-Skimming  
Coving  
Tiling

QUALITY WORK AT AFFORDABLE PRICES

Allan Carey

TELEPHONE: 01708 474-624 MOBILE: 07711-675-086

connections, manage to meddle in old police cases. This is until a brand new case lands right on their doorstep...a murder, close to Coopers' Chase. An exciting, initial investigation begins with lots more surprises to follow.

Osman has written a fast-paced book that is suspenseful, intriguing and compassionate. It will have you racing through its short chapters and laughing at its comedic genius. It's also perfect for any age.

Osman said that he has plans to make a sequel and that Steven Spielberg (Indiana Jones, Jurassic Park, E.T., Jaws) has already secured the filming rights! I would highly recommend this book and am already looking forward to watching the film and reading the promised sequel.

ROSIE MEADWAY

## Dog Poo

It's great to see so many people out and about with their dogs, but what's not so good are the inconsiderate dog owners who simply leave the dog poo where it

falls or, after bagging it, still leave it on the ground. Unfortunately there are no dog poo fairies who come out at night to collect it!

A number of places in Cranham have been drawn to my attention, Limerick Gardens, Moor Lane and Kings Gardens and I am sure there are others. Those roads that have grass areas along the roadside appear to be popular dumping grounds. Another popular place is to hang it on tree branches. Dog poo is both unsightly and potentially a health hazard. It can be put into litter bins or preferably taken away and disposed of as household waste. Please help to keep our area clean and tidy.

Cllr LINDA VAN DEN HENDE

## Hornchurch Football Club

Please note following home fixtures at the Stadium, Bridge Avenue:

Tuesday, 12th October  
**Cheshunt**. Kick off 7.45pm.

Saturday, 16th October  
**Leatherhead**. Kick off 3pm.



### Cleaning Services Ltd

The Carpet, Rug, Upholstery & Hard Floor Cleaning Specialists

**Hard Floors**  
Dust, Sand & Polish  
Anti-Static, Anti-Static, Anti-Static  
Safety Flooring Solutions

**Carpets, Rugs & Upholstery**  
All carpets cleaned along with fabric and leather upholstery

Call David for a FREE quote today  
Mobile: 07768 667 824  
[www.djkcleaning.co.uk](http://www.djkcleaning.co.uk)

Saturday, 6th November  
**Merstham**. Kick off 3pm.

It's a great friendly club, go along and support The Urchins your local team. The club also has an excellent website <https://www.hornchurchfc.com/>

## Lock Your Vehicles

May we remind you not to leave valuables on display in your vehicles please. Please also ensure they are locked when not in use. Sadly there are opportunist thieves out there!

## Black History Month

October is Black History Month, with the intention of, regardless of race, recognising the contribution and achievements of those with African or Caribbean heritage, as well as learning about the effects of racism and how to combat it.

Last year forced many people to realise the reality of ongoing racism with the pandemic killing Black people disproportionately,

huge amounts of stop and searches on Black people, and the horrific death of George Floyd. It seems that now, more than ever (as parts of society begin to feel racism is no longer a problem) Black History Month is so important.

As a student in the UK, I will be like many others, largely uneducated about Black History. Most schools still teach a history curriculum focused on white figures, distorting the fact that people from African and Caribbean backgrounds are a fundamental part of British history; beyond the slave-trade. I hope myself and others use this month to learn and celebrate the impact of black heritage and culture, using these lessons for both present and future.

Education may be in the form of documentaries, books or podcasts; allowing Black voices and stories to be heard. Another way of getting involved is to support black-owned businesses (found with the search of #blackowned) who may face structural racism.

FRANCESCA MONTELFUSCO

## Interior design SERVICE



## Creating looks you'll love

A new service completely tailored to you. Providing inspiration with colours, concepts, layouts, lighting, fabric and furniture. Giving you the perfect look that you've always dreamed of for your home.

Book a consultation with us today

 01708 255300

**Roomes**  
Furniture & Interiors | Since 1888

  [www.roomes.co.uk](http://www.roomes.co.uk) 22-24 Station Road, Upminster, Essex RM14 2UB

Enjoy a safer shopping experience at Roomes with sanitisation and social distancing throughout the showroom

## PGM Gas & Heating

NO CALL OUT CHARGES  
FREE ESTIMATES - QUICK RESPONSE  
ALL WORK GUARANTEED

- All aspects of Heating and Gas work undertaken
- Complete Central Heating/Boiler Installations
- Service & Repair
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates

safe  
HEATING

iphe

Tel: 01708 227787  
Mob: 07734 228417

## UPMINSTER REFURBISHMENTS

### THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE  
SHOWROOM WITH EXTENSIVE RANGES TO VIEW  
GRANITE WORKTOPS SUPPLIED AND FITTED  
FITTING ONLY SERVICE ALSO AVAILABLE - (YOU SUPPLY)  
TOTAL REFURBISHMENT FROM START TO FINISH  
PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY  
GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED  
ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION.

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION

## Combi Boiler Repairs

Senior Duval

IAN LEWIS

POTTERTON

Warrant

Installation, Service, Repairs,  
Power flushing, Insurance

iphe

01708 440581



Crusaider First Aid &  
Mental Health & Wellbeing Training  
Relaxed expertise you can trust



For All First Aid Training Courses  
First Aid at Work, Paediatric, Sports, Emergency, AED  
Mental Health and Wellbeing Training  
All certificates are accredited and last 3 years  
20 years experience in education

www.crusaiderfirstaid.com david@crusaiderfirstaid.com  
Tel: 01708 202277 Mbl 07946 628416  
Or: 07534 583435



**M P Williams**

Bathroom Installations

## Complete Bathroom Refurbishments

- Plan & Design
- Plumbing
- Plastering
- Tiling
- Electrics
- Carpentry

For a free estimate call Matt

Tel: 01708 259696 Mobile 07790 753850  
Email: M.P.Williams.Bathrooms@gmail.com

**GARY COE JEWELLERS**  
ESTABLISHED 1981

*Fully equipped workshop  
Diamond & Engagement ring  
specialists / Bespoke Wedding rings  
Engraving / Full repair service  
Watch batteries / Watch repairs / Valuations  
Best prices paid for your old gold*

35 Cedar Avenue Upminster Essex RM14 2LN  
Tel 01708 222696 Mobile 07771 802624

www.garycoejewellers.co.uk

Cranham  
Dental  
Centre

(15  
years)

Quality Dental Care  
& Service in a Modern Family  
Friendly Environment



*a  
healthier  
smile for  
life*

\*\*\*\*\* New Website & Live Online Bookings \*\*\*\*\*

Inviting all New NHS & Private Patients to join our Practice.

call 01708 228 291 now

\*\*\*\*\* www.cranhamsdentalcentre.co.uk \*\*\*\*\*

reception@cranhamsdentalcentre.co.uk

141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ



**LR ROOFING  
SERVICES LTD**

All building works undertaken.

All roof repairs - Flat Roofs - High Performance  
Felting - UPVC Fascias & Soffits - Guttering  
Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



**07929 334990  
01708 534411**



# CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371

07946 216 150

Website: [www.cedar-treecare.co.uk](http://www.cedar-treecare.co.uk)

Email: [cedartreecare@qualityservice.com](mailto:cedartreecare@qualityservice.com)

Cedar Avenue, Upminster, Essex

## SELLING YOUR CAR ?

EMAIL YOUR CAR DETAILS OVER TO  
[peterwillbourne@hotmail.co.uk](mailto:peterwillbourne@hotmail.co.uk)

Or

Call us on 01708 229284 or 227718

Or

Pop into the showroom in Front lane, Upminster, we are open  
Monday to Saturday 8-4.5 till 6 o'clock

Or

We will come to you anytime that's convenient

*Chris Willbourne Cars  
Of Upminster*

## Potholes

Thanks for your messages on "potholes" in our area. We have been reporting these to the Council and chasing them up. Please inform us of any potholes you are aware of.

## Scams

One resident was just about to pick up a call when it went to their answerphone with a very unusual pre-recorded message. On using 1471 and obtaining the number they were concerned it began with our local landline number 01708, but on trying to call the number back there was no answer.

Several years ago all sorts of numbers were put up for sale. A friend of mine answered a call which led him to believe it was a local number only to find it came from outside the country via a sophisticated phone system!

Please be careful when taking calls allegedly from banks etc and never give out your personal details.

Cllr RON OWE

## Upminster and Cranham Royal British Legion Club - Poppy Appeal

Last year was an immeasurably difficult year for all. The Upminster & Cranham Royal British Legion would like to thank the local community and businesses for their involvement during the pandemic and with your help raised over £12,000.

Recruitment of collectors for this year's Poppy Appeal is imminent and as well as our usual supporters, we hope to see some new faces. The Poppy Appeal commences on 24th October and will run for 2 weeks. Paul's Poppy shop will be open in the car park of the Royal British Legion during this time (316 St Marys Lane, Upminster, RM14 3HL). The money raised through the Poppy Appeal goes directly to the Royal British Legion's work providing support to anyone who is currently serving in the British Armed Forces, or has previously

served, and their families.

Poppy Collector recruitment call: Poppy Appeal Organisers - Barry Winfield on 07846 501806 or Paul Hyde on 07554 434706. Social distancing is in place, mask wearing is optional.

We are currently holding a foreign currency collection - past and present currency accepted. All proceeds going to Poppy Appeal. £334 raised to date, donations can be left at the bar in the club.

## Dormant Assets Scheme expansion proposal

Since 2008, the government authorised Dormant Assets Scheme has enabled participating banks and building societies to redistribute money held in accounts that have remained unused for over 15 years and the account holder cannot be traced. The money is given to charities and other social and environmental initiatives.

For several years the government has been consulting with the

financial industry to expand the scheme and have come up with the following proposals for additional dormant assets that could be included:

- Proceeds of life insurance and retirement income policies
- Shares or units in collective investments
- Certain investment asset distributions and proceeds
- Shares and distributions from shares in public limited companies
- Proceeds from corporate actions

The government remains committed to maintaining the three principles of the scheme should it be expanded:

- The industry's first priority is to reunite owners with their assets
- Owners are able, at any point, to reclaim the full amount owed to them
- The scheme is voluntary for the participant financial organisations involved

The government have indicated that they will bring legislation forward to expand the scheme

*continued on page 11*

# ICOL SECURITY SYSTEMS

ESTABLISHED 1984

*Can you afford un-invited guests?  
Before they arrive: fit a burglar alarm/CCTV*

For a free survey-risk assessment of your premises contact us on: 01708 226385

*Visit our showroom for  
a fully working demonstration  
of Alarms and CCTV Systems*

**UPMINSTER SECURITY CENTRE  
129 AVON ROAD, UPMINSTER RM14 1RQ**

Chartered Surveyors ESTABLISHED 1901 Agents, Valuers  
**GATES, PARISH & CO.**

Chartered Surveyors, Estate Agents, Valuers  
D. J. Parish, F.R.I.C.S

**SERVING LOCAL RESIDENTS FOR 100 YEARS  
1921-2021**

- |                                 |                             |
|---------------------------------|-----------------------------|
| • SALES OF RESIDENTIAL PROPERTY | • RENT REVIEWS              |
| • VALUATIONS FOR ALL PURPOSES   | • LANDLORD & TENANT MATTERS |
| • SURVEY REPORTS                | • EXPERT WITNESS REPORTS    |
| • RESIDENTIAL LETTINGS          | • PROPERTY MANAGEMENT       |

**32, STATION ROAD, UPMINSTER Tel: 01708 250033**

Fax: (01708) 220044

Website: [www.gates-parish.co.uk](http://www.gates-parish.co.uk)

## Chauffeur Me (Travel)

For all enquires call Darren

**07947 576642**

[www.chauffeur-me-travel.com](http://www.chauffeur-me-travel.com)

Chauffeur driven in comfort  
Eight Seater - Fully Air Conditioned - Privacy Glass - Satellite Navigation

Special functions  
Shopping days  
Night clubs  
Weddings  
Race days  
Restaurants  
Airports  
Theatres  
Spoil yourself days

## CRANHAM ELECTRICAL LTD

ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

Domestic & Commercial

Re-Wires

NICEIC Test Reports

Fuse Board Up-grades

TEL: 01708 223046

MOB: 07710 282110

66 Moor Lane Upminster



Interested in Triathlon or Multi-sport disciplines?

[www.haveringtri.co.uk](http://www.haveringtri.co.uk)



@haveringtri



Havering Tri

**Contact Kay Hamilton 07957 567915**



**Adults Learn To Swim and Improver Lessons**

[www.kaswim.co.uk](http://www.kaswim.co.uk)

Qualified ASA Teacher



Kays Adult swim



Upminster Osteopath & Sports Injury Clinic

HELPING YOU WITH  
- BACK, NECK & SHOULDER PAIN  
- WHIPLASH & ANKLE/TOOT PAIN  
- NERVE IRRITATION  
- POST SURGICAL REHABILITATION  
- SPORTS INJURIES (INCLUDING KINESIO-TAPING)  
- VARIANTS

11 EVERLEIGH CLARIDGE  
LIMPSFIELD  
ESSEX  
SS16 4DP

Tel: 01708 227953  
Mob: 07741 546422

NO CONTRACT/OBLIGATION  
NO OF REFERRAL NECESSARY  
PRIVATE REFERRAL FOR NHS (LTD/CLINIC) WHERE APPROPRIATE  
NHS (LTD/CLINIC) BY NHS (LTD/CLINIC) (LTD/CLINIC) (LTD/CLINIC)

[www.upminsterosteopath.com](http://www.upminsterosteopath.com)

[oscar.upminsterosteopath@gmail.com](mailto:oscar.upminsterosteopath@gmail.com)



upminsterosteopath

## Lawton & Stoakes

[WWW.VETS.UK.NET](http://WWW.VETS.UK.NET)



- Family owned & run Vets
- Established 1985
- First opinion and Referrals
- Catering for all types of Pets
- Consultations to suit your needs
- Excellent Facilities



To make an Appointment

**01708 384444**

8-12 Fitzillian Avenue  
Harold Wood  
RM3 0QS

## S C R Roofing

- All flat roofing • Asphalt and felt systems • Facias and gutters

*All staff fully trained, Fully insured, All work guaranteed*

**Contact Steve Rawles**

**Tel: 07971 171363**

## S D GARNER + CO

CHARTERED CERTIFIED ACCOUNTANTS



Helping you grow your business - is our business

With a free initial consultation, we have all your accounting needs covered. From Sole Traders to Limited Companies our services include...

- Cloud Accounting
- Start Up & Incorporation Guidance
- Personal & Business Tax Advice
- Company Secretarial
- VAT, Payroll & CIS Services
- Annual Accounts & Tax Returns
- Rental Accounts
- Fixed Fees Available

**01708 453131**

[www.sdgarner.com](http://www.sdgarner.com)

[accounts@sdgarner.com](mailto:accounts@sdgarner.com)

92 Station Lane, Hornchurch, RM12 6LX

ACCA



TIME TEES CARS



**Upminster MOT & Service Centre**

*Free Local Collection & Delivery*

**Covering Cranham Upminster Hornchurch**

***\*\*Air Con Regas From £69.95\*\****

**MOT's Only £45**

**Or**

***Included with Any Service***

Time Tees Cars, 11 Station Road Upminster.

01708 250011. [www.timeteescars.co.uk](http://www.timeteescars.co.uk)

Next to Costa Coffee!

A FOREIGN EXCHANGE AND INTERNATIONAL PAYMENT SPECIALIST

Does your **Business** send money internationally to purchase goods, or settle overseas invoices?

Are you an **Individual** sending money overseas to buy a property, to invest or emigrate?

NewbridgeFX can help with all your international payment needs, including:

- No transfer or payment fees
- Secure and reliable transfers
- Convert & pay in over 130 currencies
- Competitive exchange rates
- Multi-currency account in your company name

www.newbridgefx.com 0207 459 4169 info@newbridgefx.com

when parliamentary time allows. For further details see their Dormant Assets Scheme webpage [www.gov.uk/government/publications/the-dormant-accounts-scheme](http://www.gov.uk/government/publications/the-dormant-accounts-scheme).

Cllr JOHN TYLER

## Government Pension Tracing Service

With reference to the previous article regarding the proposed expansion of the Dormant Assets Scheme, many people who have changed jobs during their working lives (the average is 11 jobs per person) may have accrued several small private pensions. In some cases, they may not have details of a pension or the company involved may have changed ownership and be difficult to trace.

To help people find their lost pensions, the government has a free pension tracing service. You can contact them via [www.gov.uk/find-pension-contact-details](http://www.gov.uk/find-pension-contact-details) or on their freephone number 0800 731 0193.

Cllr JOHN TYLER

## Thames Chase Celebrate Regional Diversity During Apple Weekend

Thames Chase are delighted to welcome the local community to our longstanding Apple Weekend taking place 16th - 17th October 2021. With lots of demonstrations, tastings, talks, performances and activities, we are looking forward to celebrating our historic farm buildings at this wonderful autumnal festival. A selection of locally grown English apples, juices, honey and preserves will be available for tasting and purchasing celebrating the local produce available. Country crafts



such as willow weaving and woodcrafts will be on display. There will be activities for all the family to enjoy too, including scarecrow making on the meadow and a treasure hunt through the forest.

Apple Weekend, Thames Chase Forest centre, 16th - 17th October, free entry, some chargeable activities. For more information visit [www.thameschase.org.uk](http://www.thameschase.org.uk).

## Clocks Go Back

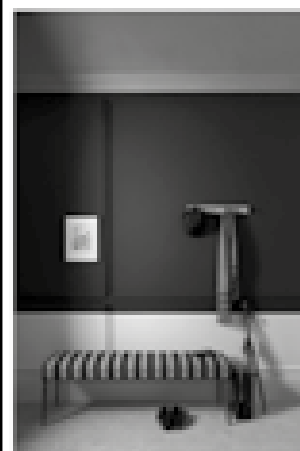
Please note clocks go back on the 31st October at 2am. You may not believe this with the weather we experienced, but it is the end of British Summer Time.

Extra hour in bed?

## Our History ...

Continuing tales of Upminster from the past, Derek Jiggins shares more memories of Station Road. How many residents can recall The Cosy Corner cafe

PAINT & PAPER  
EMPORIUM



PAINT WALLPAPER FABRIC  
17 COBBLETON ROAD, UPMINSTER, ESSEX  
Telephone 01708 234075  
[www.paintandpaperemporium.co.uk](http://www.paintandpaperemporium.co.uk)

(Holland & Barrett today) and their Glo-Joy ice lollies at 3d each, fruit flavoured on the outside, ice-cream inside? The Cosy Corner was demolished in 1957, but about 20 years later Curly's Bar was located at no.9 Station Road. Nobody could walk past without experiencing the attractive

*continued on page 13*

## R.R. CONSTRUCTION LTD

EXTENSIONS  
GENERAL BUILDING  
OVER 30 YEARS EXPERIENCE  
FULLY INSURED

PLANS DRAWN & SUBMITTED TO COUNCIL  
ELECTRICAL, PLUMBING, PLASTERING  
GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282

[www.extensions-experts.co.uk](http://www.extensions-experts.co.uk)

## ESSEX SUPREME CARPET CLEAN



Upminster based



Fully Insured

Carpets, Rugs, Upholstery & Mattresses  
Competitive prices & Multi-room discounts

CALL DAVID FOR A QUOTE

Tel: 01708 702194 Mob: 07818 408217

email: [essexscc@gmail.com](mailto:essexscc@gmail.com)

[www.essexsupremecarpetclean.co.uk](http://www.essexsupremecarpetclean.co.uk)

- House Surveys & House Purchase Reports
- Fire & Subsidence Damage Reports
- Party Wall Awards/Schedules of Condition
- Design, Planning Services incl. Planning and Building Regulation Approvals - Domestic & Commercial Enlargement
- Project/Contract Management
- Construction Consultancy & Trouble Shooting
- COVID19 - Visits comply with Gov't & RICS Guidelines

## The Everett Partnership LLP

Chartered Building Surveyors and Engineers  
Construction Consultants  
Tel: ++ 44 01708 227832

Email: [egs@evr.uk@btinternet.com](mailto:egs@evr.uk@btinternet.com)



## KUSOOM BUGH



### RESTAURANT

Family run business- est 1978  
Fully licensed & Air Conditioned

#### Opening Hours

7 days a week, incl Bank Holidays  
Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm  
Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

**174 St Mary's Lane, Upminster, RM14 3BT**

**Tel: (01708) 220038 or 222606**

## AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerals  
supplied and fitted.  
Satellites installed.  
Aerial & dish realignment  
TV extra points

[www.aerialsdirect.co.uk](http://www.aerialsdirect.co.uk)

[www.aerialsupminster.co.uk](http://www.aerialsupminster.co.uk)

01708 347257



**Quality decorating service  
with over 20 years experience**

Interior and exterior work. Free estimates and advice. Highly recommended  
Handyman services including tiling, flooring,  
fencing, woodwork & paving

**Telephone: 01708 473709 or 07957 096597**

**Email: [contact@sriddick.co.uk](mailto:contact@sriddick.co.uk)**

**[www.sriddick.co.uk](http://www.sriddick.co.uk)**

## STEPHENSONS

CHARTERED SURVEYORS • ESTATE AGENTS • ARCHITECTURAL DESIGN

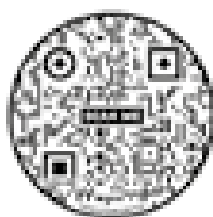
Fast

Efficient

Honest

#### SPACE, DESIGN, DETAIL

Extensions, Party Walls,  
New Builds and Project  
Management.



**For free initial  
consultation**

**call 01708 470001**

[office@stephensons.name](mailto:office@stephensons.name)

202 High Street Hornchurch, RM12 6QP

[www.stephensons.name](http://www.stephensons.name)



**MBM Electrical Services Ltd**



Based in Upminster/over 30 years experience

**07971 293569**

**Website:**

**[Mbm-electrical.co.uk](http://Mbm-electrical.co.uk)**

**Email:**

**[Info@mbm-electrical.co.uk](mailto:Info@mbm-electrical.co.uk)**

**01708 898919**

## \* PLANS DRAWN \*



ARCHITECTURAL HUB Ltd

**FOR:  
EXTENSIONS.  
CONVERSIONS.  
REFURBISHMENTS.**

**FULLY QUALIFIED, LOCAL ARCHITECT  
WITH OVER 15 YEARS EXPERIENCE.  
FULL DESIGN PROCESS AND  
DRAWINGS SUBMITTED.**

**Call Malcolm at Architectural Hub  
today for your free quotation on:  
Mob: 07749 122 058 / Office: 01277 201 828  
Email: [info@architecturalhub.co.uk](mailto:info@architecturalhub.co.uk)**



ENERSOLgas

HONEST. RELIABLE. FRIENDLY.  
HEATING AND HOT WATER SPECIALIST

CATERING FOR ALL YOUR GAS AND PLUMBING NEEDS

BOILER BREAKDOWN AND SERVICE SPECIALIST  
BOILER INSTALLATIONS WITH UP TO 10 YEAR PARTS AND LABOUR WARRANTY  
GAS SAFE INSPECTIONS AND SAFETY CERTIFICATES

PLEASE CONTACT GEOFF ON  
07982673574  
01708223940  
[enersol@hotmail.co.uk](mailto:enersol@hotmail.co.uk)





## THE FOOT SURGERY

State Registered Chiropodist/Podiatrist  
& Specialist in Foot Surgery

**Ms. Meena Matharu**

BSc HCD BSc FCPod (MCPC Registered)  
19 Years Clinical Experience in Private Practice  
Consulted for Harrods and Harley Street

### Treatments Available

- Nail surgery, electro-surgery and cryotherapy
- Cortisone injections for pain management
- Sports medicine: bespoke prescription orthotics
- Comprehensive foot care for diabetics and arthritic patients
- All routine foot care: Nail cutting, corn & callous treatment
- Vernucase treatment

Certified for Prescription Only Medicines & Qualified Advanced Clinical Practitioner

For appointments call: 01708 621 194  
8a Birt Lane, Hornchurch, Essex, RM11 1TS  
[WWW.THEFOOTSURGERY.CO.UK](http://WWW.THEFOOTSURGERY.CO.UK)

**THE FOOT  
SURGERY**

aroma of roasting coffee beans, which was piped out to the street from Planters Teas and Coffees, situated at the far end of the shop next to Time Tees forecourt.



The photo taken on 2nd June 1985 shows it up for sale, soon to become Barkers Shoe Repairs.

## Accessing Veterinary Care in a Pandemic

We are all aware of the crisis in the NHS, however a recent Sunday Times article highlighted the current situation in the Veterinary Profession with a shortage of Vets and Vet Nurses at a time of increased demand as many people have become pet owners for the first time over

the lockdown. Many practices have closed or are operating with reduced opening hours and others have staff shortages due to COVID 19 isolation requirements. Lawton and Stoakes has remained open throughout the pandemic but in order to keep staff and clients safe we have had to reduce the number of clients we can practically see each day. Recently increased demand for Veterinary services has meant that Vets have occasionally had to reschedule patient procedures when more urgent cases have been presented. Your patience is appreciated during these difficult times.

LYNNE STOAKES

## Scout Leaders Needed

Do you have some spare time and would be interested in volunteering with the biggest Scout Group in the Greater London Region? 8th Hornchurch are a large and successful group that are continuing to grow and they now find themselves looking for a number of volunteers. They are specifically looking for additional leaders to support

the good work of the current leaders to drive forward the ever growing Scout Group, allowing them to continue to offer fantastic opportunities and skills for life for children aged 6 – 14 years. No prior experience is required as the Scout Association will provide full training. All we need is enthusiasm, an interest in working with and developing young people and a small commitment to attend training, and regular section meetings with the occasional day trip to camps. You will have the opportunity to grow yourself by using your current skills, learning new ones and contributing to an amazing life-experience for you and your local community. This role does require a DBS disclosure (which will be paid for by Scouts). If you are interested in hearing more, please email [gsl@8thhornchurch.org.uk](mailto:gsl@8thhornchurch.org.uk)

## Phlebotomy Pilot – Cranham Health Centre

The North East London NHS Clinical Commissioning Group

have given an update regarding the phlebotomy pilot currently taking place, part of which is printed below:

"All of our NELFT community sites who are part of the pilot are now live and offering provision, along with Redbridge PCNs. As with any pilot, we continue to listen to our communities, measure feedback received and flex the service accordingly. Feedback to date remains positive overall and we will continue to do our best to ensure people are able to continue to access their local service in a timely manner at a location that suits them.

Your comments will help to shape the future of this service and so we welcome your feedback via [nelondon.bhrphlebotomy@nhs.net](mailto:nelondon.bhrphlebotomy@nhs.net).

At the time of writing, the Cranham Health Centre in Avon Road has two places at a time available to book from 8am – 4pm Monday to Friday. Phlebotomy services are also available in Havering at other locations in Havering.

For up to date information see the

*continued on page 15*

## Unlock the equity in your home and enjoy a more comfortable retirement.

Are you a homeowner aged 55+? If yes, you could unlock some of the cash tied up in your property by using a lifetime mortgage.

A lifetime mortgage is secured against your home just like a conventional mortgage.

You could release cash to spend however you like for example;

- Improve your home.
- Gift money to Grandchildren for property deposits.
- Have a holiday of a lifetime.

With a lifetime mortgage you will always own your own home\*

For your **Free** consultation without obligation please call **01708 220816**.



\*It will reduce the value of your estate and may affect your entitlement to means tested benefits.

**Austin - Chapel**

Independent Financial Advisers LLP

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780

## HAVERING FIREPLACES & STOVES



01708  
444954

Complete Supply & Installation Service  
Fitting Only Service also available  
Fireplace Packages / Stoves  
Clearview Stove Range  
Cast Iron Inserts and Fireplaces  
Large selection of Marble & Limestone  
Gas & Electric Fires  
Qualified and Experienced Staff  
Free Home Installation Survey  
Never Beaten on Price

1-5 Butts Green Road, Hornchurch, Essex, RM11 2JR  
E Mail – [info@haveringfireplaces.co.uk](mailto:info@haveringfireplaces.co.uk)  
[www.haveringfireplaces.co.uk](http://www.haveringfireplaces.co.uk)  
Open 10am – 5pm – Monday – Saturday



## Meadowbanks Residential Care Home



Meadowbanks is a 40 bedded residential care home which specialises in dementia care.

The home is located in four acres of meadowland in Upminster, Essex.

Offers large single, fully furnished bedrooms with en-suite shower.

Proprietors: TLL Care (Housing) Ltd  
Hall Lane, Upminster, Essex, RM14 1TT  
Telephone: 01708 330140  
[info@meadowbanks.co.uk](mailto:info@meadowbanks.co.uk)

[www.meadowbanks.co.uk](http://www.meadowbanks.co.uk)





## HINZ ART OF UPMINSTER

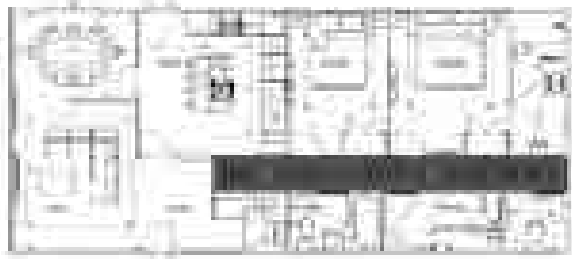
OLD MASTER COPIES  
HAND PAINTED  
OIL ON CANVAS  
TO YOUR SPECIFICATIONS

OIL PAINTINGS FROM  
YOUR PHOTOS

CONTACT DAVID HINZ  
Tel: 07395 071 843

Email : davidhinz22@gmail.com

## New Build / Extensions / Property Renovations for all your draughting needs



Draughting Services Include:

Layout Plans  
Elevation Drawings  
Detail Drawings  
Section Drawings

Free Site Survey & Quotation

Email: Jchild@jrcdraughtingservices.co.uk

## B.K.C. ROOFING LTD

FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE

Railway Infrastructure, Commercial, Domestic

Tel/Fax: 01708 340052 Mobile: 07976 278026

Email: Barrycassbkc@aol.com

Member of the Construction Health and Safety Group

Approved contractor by Kingspan Alumasol, Bauder,  
Rubber Bond, Widopan  
Green roof specialists

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs  
New tile roofs, slate roofs, Metal roof, lead roof  
UPVC Fascia, soffit and guttering  
All work guaranteed, fully insured.

**Free estimate**

## WELLS SOLICITORS

### FAMILY LAW

*Quality Advice and Caring Service*

Fixed Fee Divorce and  
Advice Appointments available

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection



**01708 251 560**

Suite 4, Essex House, Station Road, Upminster RM14 2SJ  
info@wells-solicitors.co.uk

## LKB Carpentry



Lee's Kitchens, Bedrooms &  
Carpentry LTD

Visit my website to view my work

[www.LKBcarpentry.co.uk](http://www.LKBcarpentry.co.uk)

Upminster 07909630862



**BESPOKE HAND-TIED BOUQUETS**

**WEDDINGS**

**CORPORATE EVENTS**

**FUNERAL TRIBUTES**

**HOME ACCESSORIES**

**RED EARTH DESIGN**

TEL: 01708 224 089 MOBILE: 07960-945276



THE **Curtain Track**  
FITTING COMPANY

Bay Window Experts

We make and fit Tracks, Poles, Blinds, Curtains, Awnings  
and Shutters. Call today for a free estimate  
or home visit on: **07956 874 674**

info@curtaintrackfitting.co.uk [www.curtaintrackfitting.co.uk](http://www.curtaintrackfitting.co.uk)

Made to  
measure:

- Tracks
- Poles
- Blinds
- Curtains
- Awnings
- Shutters
- Upholstery

## Fleet of Foot

Podiatry and Chiropody

Routine Chiropody - Podiatry degree qualified - HCPC registered.

Certified for prescription only medicines.

Specialist in nail surgery - treatment packages available

All instrument sets are individually sealed & fully autoclave sterilised

Some examples of conditions treated: Corns, callus, thickened nails, fungal  
nails, ingrowing nails, dry cracked heels, claw, hammer or mallet toe lesions,  
refractory fungal infections, annual diabetic foot checks

Specialist in sport and musculoskeletal injury, post graduate trained.

In-house Colemanas Templo, two camera video gait analysis system

In-house ultrasound diagnostic scanning

Massage & orthotic therapy, custom casted and off the shelf devices stocked

Exercise and therapeutic rehabilitation therapy for musculoskeletal injury.

Local anesthetic and corticosteroid injections available

Conditions treated are lower limb/hips downwards, some examples: Plantar  
fasciitis, muscular or tendinous injury, Achilles tendinitis, shin splints, tibial  
band pain, patella femoral & knee pain, metatarsalgia, Morton's neuroma

By appointment only, please book online through our website,  
alternatively email a message or telephone or email, and we will get  
back to you to arrange an appointment as soon as we are out of clinic.

Fleet of Foot

**01708 535475**

Greg Kilmer

53 Bridge Avenue

[www.fleetoffoot.co.uk](http://www.fleetoffoot.co.uk)

Podiatrist / Chiropodist

Upminster

[contact@fleetoffoot.co.uk](mailto:contact@fleetoffoot.co.uk) 85c Post Met. F0300 P0M

RM14 2LP

Free parking available

HCPC: CH34325

# NEED A GRAPHIC DESIGNER?

**I've got you covered.**

From logos, branding and business design, to websites and wedding artwork, I can deliver professional and creative designs for your business or personal needs.



Contact Hannah Nicholls  
07859 403079  
theberkleygraphicdesignco.com

NELCCG website <https://www.northeastlondonccg.nhs.uk/your-health/blood-tests/new-blood-testing-pilot/>

## Glue Traps

There cannot be many people who would welcome mice into their homes, and most would like to get rid of them. There are harmless traps, but fairly new ones include glue traps - where a layer of permanently wet glue is applied - the mice climb on them, get stuck, and slowly starve to death. Sadly it's not just mice that can get stuck in the glue, other "non-target" animals including birds, hedgehogs, squirrels, frogs, and even cats. If you see glue traps being sold, please send the following information to [wildlife@rspca.org.uk](mailto:wildlife@rspca.org.uk)

- Name and address of the store where the traps are being sold (include postcode where possible).
- The name of the manager or owner of the store concerned (if known) and the address if different to above.
- The date you saw the traps on sale.

CLlr LINDA HAWTHORN

## Upminster Fireworks Display is back!

Please come along to our Fireworks Display on Saturday, 6th November, at Upminster Infant/Junior School Playing Field (next to the Crumpled Horn). Doors open at 5pm, display at 6:30pm. All information, including tickets, will be on our website [www.uspfa.co.uk](http://www.uspfa.co.uk).

## The Witchfinder's Sister - Queen's Theatre

Come along and see Beth Underdown's chilling and creepy tale of Essex witch hunts, *The Witchfinder's Sister*. Based on the true story of the infamous witchfinder Matthew Hopkins. Performances run from 7th to 30th October 2021.

This spellbinding and haunting historical thriller was Beth Underdown's debut novel, a

Richard and Judy Book Club pick and winner of the Historical Writers' Association Debut Crown Award 2017. The Theatre has commissioned Vickie Donoghue, an acclaimed playwright from Thurrock, to adapt the novel for the stage.

Set in 1645, *The Witchfinder's Sister* follows the story of Alice Hopkins, who comes home to Manningtree to live with her brother after her husband is tragically killed. But home is no longer a place of safety, as rumours of witchcraft spread through the town. Alice discovers her brother has changed, as a reign of hysterical terror takes hold. Alice begins a desperate race to reveal what's compelling the obsessively cruel Witchfinder General, before more innocent women are found guilty. For tickets call the box office **01708 443333** or visit the website <https://www.queens-theatre.co.uk/>

## OUT AND ABOUT IN YOUR LOCAL AREA

## Upminster Park Townswomen's Guild

We are a friendly group of ladies enjoying a chat over tea and biscuits, listening to a good speaker or entertainer, going on outings/theatre trips and promoting friendships and wellbeing. We meet at St Laurence Church, main hall Upminster on the third Monday of each month at 1.45 pm until 4.00 pm.

For further information contact Anne on 01708 226305 or simply come along.

## Upminster and District Mens Probus

Following our successful return to physical lunchtime meetings at The Cranleigh restaurant in August and September, our next meeting will be Wednesday, October 27th when Howard Slater will talk about the Legend of Marilyn Monroe. Following that,

*continued on page 17*

TOGETHER, LET'S CREATE  
THE LAWN WE BOTH LOVE

From as little as  
**£15\***  
per treatment  
\* Based on a lawn size up to 40m²

**GreenThumb**  
LAWN TREATMENT SERVICE

Our high-nutrient, high-quality Lawn Treatments are expertly formulated to give your lawn the very best all year long.

We love your lawn just as much as you do, join our community of Lawn Lovers today.

*Here at GreenThumb, we share your passion for lawn perfection*

During Autumn, it's essential to prepare your lawn so you can enjoy it when Spring comes around. You may now be seeing some moss interfering with your lovely lawn, it's quite common at this time of year.

**Moss loves thatch, the perfect home for moss.** The best way to remove thatch, consequently removing moss, is with **Aeration & Scarification**. Now is the time for your lawn to benefit from Machine Work. **Trust us, your lawn will thank you!**

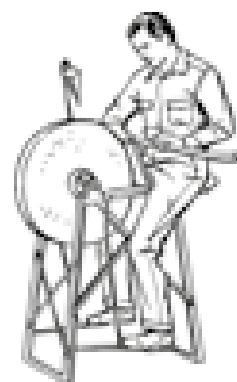
*Together, let's create the lawn we both love*

Request your **FREE** Lawn Analysis today. Call us on **01277 227988**  
email: [essexsouth@greenthumb.co.uk](mailto:essexsouth@greenthumb.co.uk) or visit: [greenthumb.co.uk](http://greenthumb.co.uk)

## HORNMINSTER EDGE SERVICES

KNIFE AND EDGE TOOL SHARPENING

- FREE local collection and delivery.
- SHARPENING and repair of all cutting tools.
- BESPOKE KNIVES and TOOLS made to order.
- Free quotes on all jobs, no job too small.
- Kitchen, bushcraft, serrated, and country sports knives.
- Chisels, plane irons, gouges, saws, all woodworking tools.
- Shears, edgers, spades, axes, and garden tools.
- CLIPPER BLADE and SCISSOR sharpening.
- CARD payment, cash, or bank transfer available.
- All items sanitised, full social distancing undertaken.



CONTACT MARIA AND LEON

[hornminsteredgeservices@outlook.com](mailto:hornminsteredgeservices@outlook.com)  
07968 744110 • [hornminsteredgeservices.co.uk](http://hornminsteredgeservices.co.uk)

# ELECTRICIAN

## Your Local Electrician

- Extra lights
- Additional sockets
- New fuse boards
- Rewires
- Inspection & Test Certificates
- Security lights
- Shed/Garage supply
- Smoke alarms
- Kitchen circuits
- Garden electrics and more.....

## Fault Finding and Repairs

### No Job Too Small

- ✓ Qualified Electrician
- ✓ Fully Insured
- ✓ Free Quote
- ✓ Six Year Guarantee
- ✓ Reliable Service
- ✓ Reasonably Priced

**Call Dean on: 01708 909066**



dean@emfwiringsolutions.com



For all your property maintenance  
repairs and improvements  
With over 25 years of experience  
No job too small  
Fully insured local tradesman

Call On  
Office 01708 501117  
Mobile 07551 102102

More Info  
[www.terryford.co.uk](http://www.terryford.co.uk)  
Email [info@terryford.co.uk](mailto:info@terryford.co.uk)



## Cine-Slides-Video 2 DVD

- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810 [www.slides2disk.co.uk](http://www.slides2disk.co.uk)



BRITANNIA EXTERIOR CLEANING



Pressure Washing  
Steam Cleaning  
Roof Moss Removal  
Biocide Treatment  
Softwashing  
Gutter Clearing  
Fascia Soffit & Gutter Cleaning

**CONTACT LLOYD FOR A FREE QUOTE**

☎ 01708 300479 / 07968 723570

🌐 [www.britanniaexteriorcleaningservices.co.uk](http://www.britanniaexteriorcleaningservices.co.uk)

✉ [admin@britanniaexteriorcleaningservices.co.uk](mailto:admin@britanniaexteriorcleaningservices.co.uk)

# the sycamores swim school

101A-Railton Lane, Uppingham, Notts BN14 2YU

We offer Infant & Baby,  
Pre School & Junior Lessons  
from 4 weeks - 11 years  
in a warm clean pool.

Lessons are fun and structured  
with experienced teachers.

Please call for more information

**07961 750173**

or visit our Facebook page

[www.thesycamoreswimschool.com](http://www.thesycamoreswimschool.com)



# RJ Watson

Carpentry & Joinery

For all your carpentry and home improvement  
needs.

Kitchens - Wardrobes - Flooring - Doors

**01708 921360 / 07921 513970**

[www.rjwatsoncarpentryandjoinery.co.uk](http://www.rjwatsoncarpentryandjoinery.co.uk)



# MDM PROJECTS

Groundwork - Security - Surfacing

Design



Build



Maintain

MDM Projects are specialists in the Design, Build, Installation  
of Internal & Perimeter Security Systems, Groundwork,  
Hard & Soft Landscaping & Specialist Surfacing Projects,  
with over 20 years industry experience.

Please see our website for more details.

07500 478111

[info@mdmprojects.co.uk](mailto:info@mdmprojects.co.uk)

01708 837104

[mdmprojects.co.uk](http://mdmprojects.co.uk)

# SR Roofers

**01708 551714 / 07743 406418**

- Family Run • Est. 1975 • 45+ Years Experience •
- Fully Insured • Free Quotes • No Deposits •

- Roof Leak & Roof Repair Specialists
- Roof Overhauls & Maintenance
- New Tiled Roofs & Velux Windows
- New Flat Roofs - Felt & Rubber
- Chimney Stacks Repaired & Removed
- Lead work, Pointing & Rendering
- uPVC Guttering, Fascias & Roofline
- Storm Damage & Insurance Work
- Pigeon / Solar Panel Guards
- Asbestos Removal & Garage Roofs
- The Best Quality Materials Used
- 24 Hour Emergency Repairs, 7 days

Celebrating over 46 years of trading with the ORIGINAL company name and telephone number!

With Over 500 genuine reviews on "TRUSTiST" & Over 20,000 happy local customers!

We offer very competitive prices & will beat any genuine like for like written quote!

[rosseldridge84@hotmail.co.uk](mailto:rosseldridge84@hotmail.co.uk) • [www.sr-roofers.co.uk](http://www.sr-roofers.co.uk)



# ATCL LOCKSMITHS

FOR ALL YOUR HOME & BUSINESS SECURITY NEEDS  
YOUR LOCAL MOBILE LOCKSMITHS



- FREE CALL OUT
- OAP DISCOUNT - 10%
- FIXED PRICING
- NO HIDDEN CHARGES
- 12 MONTH WARRANTY ON ALL WORK








01708 453 168 | 07515 519 971

## ADVERTISE YOUR BUSINESS HERE



**Delivered to over 15,500 homes**

**Contact Martin Flower**

**Telephone: 07785 244212**

**E-mail: bulletinra@yahoo.co.uk**

## Is now the time to review your financial planning arrangements ?

We at Austin Chapel Independent Financial Advisers LLP, have been providing unbiased, Independent financial advice to local people for over 20 years. In these uncertain times, now may be a good time to review your existing financial arrangements, to ensure they still meet your current and future requirements.

If you would like to review any of the following, please get in touch to discuss how we may be able to help you.

- Investments and Savings.
- Pension and Retirement Planning.
- Protection, Including Life Assurance, Critical Illness and Health Insurance.
- Mortgages and Equity Release.

For your **Free** consultation without obligation please call **01708 220816**.



**Austin - Chapel**  
*Independent Financial Advisers LLP*

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780



## CRANHAM GARAGE



**M.O.T & SERVICE CENTRE**

**www.cranhamgarage.co.uk**

**\*\*M.O.T TESTING\*\***

**\*\* VEHICLE SERVICING\*\***

**\*\* VEHICLE REPAIRS\*\***

**\*\* VEHICLE DIAGNOSTICS\*\***

**\*Up to 40% Cheaper than main dealers\***

**\*38-40, FRONT LANE, CRANHAM, ESSEX, RM14 1XW\***

**TELEPHONE: 01708 221704**

**E-MAIL: bookings@cranhamgarage.co.uk**

\*TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS\*

on Wednesday, 24th November, Ian Davison will talk to us about Avoiding Cyber Crime and Fraud, and ways to look after your home. If you would like to join us, please contact Barry on secretary@probus.com, or call Barry on 01708 703783 and leave a message. Our web site is upminsterprobus.com, or find us on Facebook.

## Upminster u3a is Back at the New Windmill Hall

Goodbye Zoom - hello Upminster. No more flat screens, breakout rooms, muting, or frozen images! Upminster u3a is back in the New Windmill Hall, every third Tuesday monthly - doors open at 1.00 pm. For more information, check out our website (u3asites.org.uk/Upminster), or come along on the day to see what we do. Our membership never closes and our interest groups are nearly all running normally again (over 50 of them).

On Tuesday, 19th October, Lucy Allen will be talking about her life as a stuntwoman, having worked on Bond and Harry Potter films, amongst others. Looking forward to seeing you there.

COURTNEY MOITA DE DEUS,  
CHAIR, UPMINSTER U3A

## Upminster Tithe Barn Museum of Nostalgia

October 2nd, open from 10.30am to 4pm

Free entry, free parking.

## Ingrebourne Probus Club

We are a friendly group of gents, age 50+ who meet at the Cranleigh restaurant, Hornchurch on the first Wednesday of every month - next meeting 6th October.

We have a speaker after lunch at each meeting and a number of outings are arranged from time to time as well as a Christmas lunch. At present we have a few vacancies and if you wish to join us you would be assured a warm welcome.

For further details please contact our secretary **Graham Fenegan** on **01708 228009**.

## 'Belated Birthday Beethoven'

The Havering Concert Orchestra (HCO) is pleased to announce its Autumn Concert.

Last Summer HCO were going to celebrate Beethoven's 250th Birthday with a concert dedicated to him. COVID thwarted that, but they are one of the few orchestras that have continued to practice virtually and where possible, in person. HCO is now preparing for their next concert on Saturday, 20 November 2021 at 7.30pm at the Frances Bardsley Academy, Brentwood Road, Romford RM1 2RR.

- Mozart - Overture Don Giovanni
  - Beethoven - Quartet Op 18 No 1
  - Wagner - Tristan and Isolde
  - Mendelssohn - The Hebrides Overture
  - Delius - On Hearing the First Cuckoo in Spring
  - Beethoven - Symphony No 7
- Advance tickets available online via [www.hcweb.co.uk](http://www.hcweb.co.uk) at £10 or £12 on the door.

More details can be found at - <https://www.hcweb.co.uk>

## The Arts Society, Havering

Our October lecture will be "Lawrence Alma-Tadema: at home in antiquity" by Daniel Robbins. Alma-Tadema was

*continued on page 19*



## KATIE JOHNSON

HEALTH | FITNESS | RUNNING



**Personal trainer & weight loss specialist**

- Personalised training plans
- Nutritional guidance
- Location to suit you
- All abilities welcome

katiejohnson.uk

07533 199930

 katiejohnson\_pt



Call : Gary or Liam

## DOUBLE GLAZING



### REPAIRS

Broken, Misted,  
Sealed Units  
Handles, Rollers  
Hinges, Locks etc.



**Weatherbest Double Glazing Repairs**

Fully Guaranteed

**01708 437174**

New Window & Door Installations

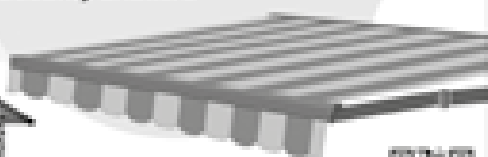
*OAP Discount*

EST 1989



**Drathmore**  
BLINDS • SHUTTERS • AWNINGS

Interior blinds  
Roller shutter garage doors  
Sun awnings  
Sun awning recoveries and repairs  
Security shutters



Based in Navestock. Visit the website [www.drathmore.co.uk](http://www.drathmore.co.uk)  
Tel: 01708 755667 Email: [sales@drathmore.co.uk](mailto:sales@drathmore.co.uk)

## MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING  
IN YOUR OWN HOME OR AT WORK. ALL MAKES

NEW AND SECOND HAND MACHINES SOLD.  
PART EXCHANGE AVAILABLE. OAP DISCOUNT.  
ALL WORK GUARANTEED. 35 YEARS EXPERIENCE

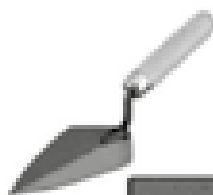


PHONE 0800 371312 OR 01708 345738 MOBILE 07860 468695  
[www.mobilesewingmachinerepairs.co.uk](http://www.mobilesewingmachinerepairs.co.uk)

## Changing Spaces

Landscapes and Garden Design

Or find us on Facebook:  
[changingspacesLS](https://www.facebook.com/changingspacesLS)  
Instagram:  
[changingspacesLS](https://www.instagram.com/changingspacesLS)



- Patios
- Driveways
- Artificial grass
- Turfing
- Fences
- Walls

Contact:

Phone 01708 938 304

Mobile 07497 516 378

## IN DOORS LTD

Local Manufacturers

### COMPLETE NEW KITCHEN & BEDROOMS

Supply only, or Supplied and Expertly Fitted, Design & Planning

### OR REPLACEMENT

#### Kitchen & Wardrobe Doors

Vinyl-Gloss Slab, Handleless Matt Finish  
Painted Solid Wood-BS/RAL- Farrow & Ball colours

**WORKTOPS** - Laminate/Granite & Quartz

Most Appliances available – Blanco, Neff,  
Siemens, Bosch, Belling etc.

**HANDLES** - Large range Inc. SWAROVSKI  
Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory

Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm

Tel: 01708 671199

Units 5-7 ARCAN ROAD, S.OCKENDON RM15 5SX

Email: [info@indoorsessex.co.uk](mailto:info@indoorsessex.co.uk)

No appointment necessary

## NEW ENTERPRISE

### PEST CONTROL

**01708 224419**

RATS MICE COCKROACHES

WASPS BIRDS FLEAS ANTS

MEMBERS OF THE N.P.T.A.

OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED

FREE SURVEYS

LOCAL COMPANY

111 AVON ROAD

UPMINSTER



## LEARN TO SWIM

with

## PADDLERS

Swim School

**Aged 4+**

Lessons for all abilities

**01708 720388**

[www.paddlers.co.uk](http://www.paddlers.co.uk)



**NEW-GEN CONSTRUCTION LTD**

**\*\*LOCAL BUILDERS\*\***

ALL BUILDING AND CONSTRUCTION JOBS UNDERTAKEN  
FULLY INSURED- CUSTOMER RECOMMENDATIONS AVAILABLE  
CONTACT US FOR A FREE NO OBLIGATION QUOTATION.

Email: [Info@newgenconstruction.co.uk](mailto:Info@newgenconstruction.co.uk)

**TEL: 01245 420351**  
**MOBILE: 07768172842**



**@Home Instead.**

**Live well,  
your way**

Start your home care journey  
with Home Instead today.

■ Home Help      ■ Personal Care  
 ■ Companionship      ■ Dementia Care

01708 989054  
homeinstead.co.uk/romford

Each Home Instead franchise is independently owned and operated. Copyright © Home Instead 2021.

**ANGLE PAVING  
SANDSTONE SPECIALISTS**

Driveways, Patios, Gardens, Walls, Slabbing,  
Fencing, New lawns, Garden Lights, Brickwork,  
Garden Design, Steps, Block Paving

Phone: 01702 258445 Mobile: 07814 946305  
Punchbowl, Churchend, Pagewood, Essex, SS4 2DP

[www.anglepaving.co.uk](http://www.anglepaving.co.uk)  
email: [angle.paving@o2.co.uk](mailto:angle.paving@o2.co.uk)

Do it Right, the  
First time!

**Assistive Technology helping with  
Independent living throughout Havering**

*"Very satisfied with the service given. I live alone and find it a Godsend.  
Fortunately most of my calls are for tumbles where I lose my balance and can't  
get back on my feet without help. Thank you" Mrs C.*

Do you want to live more  
independently but are  
unsure how to call for help if  
something happens? Or are  
you worried about someone  
who lives on their own and is  
vulnerable?

If so, The Havering Telecare  
Centre may be able to help you.  
We provide assistive technology  
in your own home and could also  
attend to your property 24 hours a  
day in case of an emergency,  
all at a low weekly cost.

Assistive Technology includes but  
not limited to: **Pendants** that can  
be worn in the garden and bath,  
**Smoke & Carbon Monoxide  
detectors** monitored 24 hours a  
day (we call Emergency Services  
if you are unavailable i.e. in  
hospital), **Bed sensors** that can  
switch on lamps when you get out  
of bed.

If you would like to be more  
independent in your own home or  
help someone else, then please  
contact us for further details  
quoting UP21.

**Havering Telecare Centre**  
Web: <https://www.havering.gov.uk/telecare>  
Email: [telecare@havering.gov.uk](mailto:telecare@havering.gov.uk)  
Phone: 01708 432843

TEC  
Quality

**Havering**  
LOCAL GOVERNMENT

Quality-Safety-Innovation

famous for his depictions of the  
luxury and decadence of the  
Roman Empire.

This will be held on Tuesday, 12th  
October 10-12 noon at the New  
Windmill Hall, Upminster. This  
event is available to visitors for  
a fee of £8. Please visit our web  
site: <https://tashavering.org.uk/AboutUs/AboutUs.aspx> or  
contact us at  
[info@tashavering.org.uk](mailto:info@tashavering.org.uk)

We also have a Study Day on 27th  
October on "The Art of Politics"  
by Dr Caroline Shenton. This  
will consist of three interesting  
historical stories about paintings  
associated with the Palace of  
Westminster.

RICHARD SAVILLE

## Jazz Lovers

The Rotary Club of Hornchurch  
and Upminster are holding their  
annual Jazz night on Saturday  
9th October 2021, 8pm till late,  
with entertainment from Kid  
Tidimans's All Star Jazz Band.

Tickets are £15.00 which includes



the choice  
of Fish,  
Chicken or  
Vegetarian  
option and  
chips. You  
can bring  
your own  
drinks and  
nibbles.  
Please  
contact

**Gillian Ford 01708 641317 or  
Jim Haines 01708 226717**

## Havering Antique Collectors Club

Harold Wood Neighbourhood  
Centre, Gubbins Lane 7.30 for  
8pm. Membership £30, Guests  
£5. Chairman Mrs Christine  
Lovett 0794 7367 258

- Friday, 15th October - Peter  
Cockburn - Stamps. Peter is  
President of London Royal  
Philatelic Society.
- Friday, 19th November - Serhat  
Ahmet - Meissen. He will bring  
some pieces for discussion.

## The Secret Blind Garden Charity Lecture

The Upminster & District  
Horticultural Society is back and  
looks forward to sharing with  
you some fabulous speakers in  
the coming months. The season  
begins with a charity event on  
12th October. Shelley Hart from  
the Havering Volunteer Centre  
who supports the volunteers  
at the Secret Blind Garden in  
Harrow Lodge Park will talk  
about the history of the garden

and how they are currently  
developing the site. 7.45pm  
to 9.45pm - there will be an  
interval for tea and biscuits.  
Entrance is £3.00 You can find  
out more about the society by  
visiting their website [www.upminsterhorticulturalsociety.co.uk](http://www.upminsterhorticulturalsociety.co.uk)

## Havering Astronomical Society

**20th October,**  
7.15 for 7.30pm  
**Dr Paul Whiting, FRAS**  
will present a "Practical Radio  
Astronomy" session. To be  
followed by our AGM.

**3rd November,**  
7.15 for 7.30pm  
**Professor Duncan Lorimer**  
(West Virginia University), the  
British-born discoverer of Fast  
Radio Bursts (FRBs) will talk  
about the history of FRBs and the  
latest developments in this field.

### Young Astronomers

**28th October**  
7- 8pm.  
Thames Chase Forest Centre.  
There will be a talk and observing  
with telescopes and binoculars,  
weather permitting.

Visit our website [www.havastro.co.uk](http://www.havastro.co.uk)  
**co.uk**; email [secretary@havastro.co.uk](mailto:secretary@havastro.co.uk) or call **Liz**  
on **07706885948** for more  
information. If you or someone  
you know is aged 8-16 and would  
like to join please email [young.astronomers@havastro.co.uk](mailto:young.astronomers@havastro.co.uk)

## Upminster and Cranham Royal British Legion Club – KNIT & NATTER is now KNIT, SEW & NATTER

Come and join us for a friendly,  
social afternoon at the club. If  
you can't knit, crochet, or sew  
don't worry, we will help. We have  
lots of patterns and needles and  
some wool for beginners' small  
learners' projects. You can just  
come for the Tea and Chat if you  
want to. Everyone is welcome.  
For more info call the club  
**01708 223157** or **Lorraine** on  
**07796992000**.

As a club we are now offering  
various entertainment evenings  
and Quiz Nights. On 23rd  
October, Tony Nibbles-DJ. A  
Christmas Market is also planned  
for November - date TBA. Check  
the website for full details. <http://branches.britishlegion.org.uk/branches/upminster/news-events>

Or call **01708 223157** - 316 St  
Marys Lane, Upminster, RM14  
3HL.

## BF Mulley & Son

Incorporating Horace Fry



Chapel of Rest | Home Arrangements | Distance No Object

World Wide Reputation | Ample Client Parking | Memorials

Family Owned Funeral Home | 24 Hour Funeral Service



254 St. Mary's Lane,  
Upminster RM14 2EH  
Tel. 01708 220100

28 High Street,  
Hornchurch RM11 2 4LJN  
Tel. 01708 442145

Email:-  
Upminster@bfmulleyson.com

Email:-  
Hornchurch@bfmulleyson.com

[www.bfmulleyson.com](http://www.bfmulleyson.com)



## D.G. PLUMBING SERVICES

All plumbing work undertaken

FREE camera video gutter cleaning inspection

High reach vacuum tech

No mess No ladders

FREE estimates

01708 220994 07977 214541

52 The Grove Upminster RM14 2ET



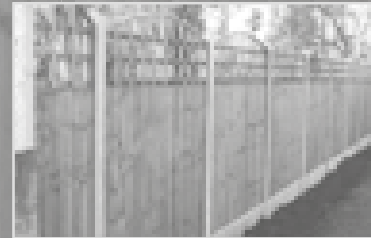
## UPMINSTER FENCING LIMITED

Family  
Run  
Business

Trading  
Since  
1994

SUPPLY & FIT

PRESSURE TREATED PANELS • FREE ADVICE & QUOTATIONS



OPENING HOURS: WEEKDAYS 8AM TO 3PM

SHUT WEEKENDS AND BANK HOLIDAYS

01708 225599 - 07831 281 590

[www.upminsterfencing.co.uk](http://www.upminsterfencing.co.uk) • [admin@upminsterfencing.co.uk](mailto:admin@upminsterfencing.co.uk)

Upminster Fencing, Mardkye Works, St Mary's Lane, Upminster, Essex, RM14 3PA



Design.  
Supply.  
Installation.

*of Upminster*



Offering a complete service from start to finish for your dream kitchen. Call today for your free, no obligation quote.

<https://cloverleafkitchens.co.uk>

[richard@cloverleafkitchens.co.uk](mailto:richard@cloverleafkitchens.co.uk)

0800 975 0178 / 01708 229031 / 07917 002628



## HANDYMAN / GENERAL BUILDER

LOCAL BUILDER WITH 35 YEARS EXPERIENCE

NO JOB TOO SMALL

REPAIRS / REFURBISHMENT / NEW WORKS

Call John for a free and without obligation quotation/advice

Recommendations available

Public liability insured

Mobile number: 07970 074664

Home telephone: 01708 913714



Garden Services, Estate Management  
& Tree Surgery

Honest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus  
Jet Washing, Patios, Line-marking, Clearance & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

Over 35 years  
experience, NPTC  
qualified & fully  
insured

Visit our website for more info!

[www.ajbgardens.co.uk](http://www.ajbgardens.co.uk)

Or call us on 01708 228886 / 07875 557378



## JUICE HQ



Made to order immune  
boosting, cold pressed  
fruit & vegetable juices,  
delivered to and collected  
from your doorstep in  
reusable glass bottles.

Premium Juice Detox & Cleanse  
Packages also available.

Juice HQ f

@\_juicehq i

[juicehq.co.uk](http://juicehq.co.uk) 📞

[hello@juicehq.co.uk](mailto:hello@juicehq.co.uk) ✉️

07932 223785 📞



**Oakfields**  
Preparatory School

A CO-EDUCATIONAL PREP SCHOOL FOR BOYS  
AND GIRLS AGED 3-11 YEARS


There is no need to travel far for an excellent education for your child. Oakfields is situated in a quiet, suburban area and perfectly placed for a private education in learning. With our passion for teaching and our holistic approach, we ensure every child has a well-rounded education to be able to fulfil their potential.

We're now accepting students for  
September 2021

VIRTUAL OPEN MORNING ON  
THURSDAY 23RD SEPTEMBER 2021

Register now!  
(Email [info@oakfieldsprep.co.uk](mailto:info@oakfieldsprep.co.uk) or visit  
[www.oakfieldspreparatoryschool.co.uk](http://www.oakfieldspreparatoryschool.co.uk))






South Drive  
Gidea Park  
Romford  
RM2 6HH

## ST. MARY'S HARE PARK SCHOOL AND NURSERY

- An outstanding and broad academic education within a caring Catholic ethos.
- A long tradition of academic excellence and leadership.
- A commitment to providing the highest quality of learning to all with small class sizes.
- High academic standards and accelerated learning programme.
- Children are prepared for success for Grammar and Independent School entry.



Independent Roman Catholic  
Preparatory School for children  
aged 2 1/2 to 11 years

**FACTA NON VERBA**  
- ACTIONS NOT WORDS

'Proud of our small school  
with a big heart.'

To be a part of our family:  
enquiries@stmarysharepark.co.uk  
Visit: www.stmarysharepark.co.uk  
**01708 761220**



**A Will still on the to do list?  
Need to review your existing Will?  
Do you know the consequences of not having a Will?**

Call or email to discuss your requirements without obligation.  
Specialising in: Wills, Trusts, Estate Planning,  
Lasting Power of Attorney, Probate.

**01708 837102** | [scott@acumenwills.net](mailto:scott@acumenwills.net)



**ACUMEN**  
WILLS, TRUSTS & ESTATE PLANNING  
[acumenwills.net](http://acumenwills.net)

## Welcome Oscar



We are delighted to inform you that Oscar Ford has joined the Residents' Association team. He will be primarily

working alongside the Upminster Councillors. As can be seen from his CV below, Oscar has a wealth of experience and is a welcome addition.

Oscar Ford, a lifelong Havering resident, born in North Romford, and lived in Upminster for 28 years. As a retired Senior Local Government Officer with over 38 years' experience, Oscar has worked at a strategic level across a wide range of council service areas including public realm and community safety. He strongly believes that local authorities can and should be in the business of supporting the most vulnerable in our society whilst aiming to change people's lives for the better. A parks Green Flag Award judge since 2004, Oscar has a Masters in Landscape Amenity Management and a Diploma in Management Studies. He is a former member of the Upminster Hockey Club and his children went to the

Coopers Company & Coborn School. As a Rotarian member of the Hornchurch and Upminster Club, Oscar helps to raise funds with activities such as the static Christmas collections in Upminster and the street collections with Santa's sleigh benefiting local charities including First Steps and the St. Francis Hospice. Oscar is keen to give back something to our community by supporting the protection and improvement of our local environment, services, facilities and infrastructure. Oscar can be contacted on **01708 641317**.

## Temporary Experimental Traffic Scheme - Minster Way

In mid-June, a temporary experimental traffic scheme in Minster Way, Hornchurch went live and the following restrictions were applied:

- No left turn from Wingletye Lane into Minster Way when traveling from the direction of the A127.
- No right turn out of Minster Way into Wingletye Lane.
- No driving across Wingletye Lane from Minster Way into Maywin Drive.

Enforcement cameras are in place and motorists failing to observe the restrictions issued with a penalty charge notice.

The experimental scheme will last for a minimum of 6 and a maximum of 18 months from the 21 June 2021. After that time the Council will either need to remove the restrictions or make them permanent. Comments are invited within the first six months (by mid-December), please send to: Interim Assistant Director Public

Realm, Town Hall, Main Road, Romford RM1 3BB.  
[trafficandparkingcontrol@haverling.gov.uk](mailto:trafficandparkingcontrol@haverling.gov.uk),

## Police SNT Community Events in Upminster

With the relaxing of COVID restrictions, Upminster Police Safer  
*continued on page 22*



# THE BOILER & BATHROOM REPLACEMENT SPECIALIST

Call us for a free quote  
**01708 226682**  
[www.boilerreplacement.net](http://www.boilerreplacement.net)





## THE KEN RHODES GROUP LIMITED

THE LOCAL DOUBLE GLAZING & CONSERVATORY SPECIALISTS

**WE PRIDE OURSELVES ON HONEST PRICES, FRIENDLY EXPERT ADVICE AND  
UNRIVALED CUSTOMER SERVICE**



CALL NOW FOR YOUR FREE NO  
OBLIGATION QUOTATION  
**01708 227777**  
[WWW.KENRHODES.CO.UK](http://WWW.KENRHODES.CO.UK)

193 ST MARYS LANE, UPMINSTER, RM14 3BU



**DYE THIEF**

Yale Alarms, Fire, Burglars & Police

Secure your home. Protect your family.

Yale

facebook

SUPPLIED AND FITTED BY  
RETIRED POLICE OFFICER  
FROM ONLY £149.00  
CALL  
07460 739 742

**TOMKYNS SEALANT SERVICES**

❖ Sealant ❖ Waterproofing ❖  
❖ Cut out and reseal mouldy silicone ❖  
❖ Wet areas, kitchens and skirting lines ❖  
❖ External windows ❖ doors and expansion joints ❖  
❖ 15 years experience ❖ Free quotations ❖

**Tel: 07596 095 248 e-mail: jongildea21@msn.com**

**First Step**

Offering support, advice, information and guidance for families of babies and young children who have special needs and/or disabilities.

Please contact us: 01708 556355  
enquiries@firststep.org.uk  
www.firststep.org.uk  
First Step Tangmere Crescent Hornchurch RM12 5PP

**Atlantic**

Quality Windows, Doors & Conservatories

Friendly, local company with no pushy salesman  
Our windows are fantastic value for money  
Great choice of high security composite doors  
Beautiful conservatories with self-cleaning glass roofs  
All our work is fully guaranteed  
Call us now for a FREE no-obligation quotation  
Tel: 01708 480004  
or email buleting@atlanticglazing.co.uk  
visit our website www.atlanticglazing.co.uk

Neighbourhood Team are now able to hold community contact events. The next events will be on Wednesday, 6th October (10am-12 noon, outside Roomes) and Sunday, 24th October (10am-12 noon, Stewart Avenue allotments). If anyone needs to speak to the SNT or wants crime prevention advice, please attend. There will also be members of the Havering Streetwatch volunteers on some of the days.

## Parking in Corbets Tey Road

I have had a few enquiries about cars parking on the pavement, many Friday and Saturday evenings in Corbets Tey Road. It's believed this is the result of delivery drivers and residents collecting take-aways from the various food outlets there. Although it is pleasing to see local trade thriving, this is a dangerous practice and an accident waiting to happen. Please park carefully, even if you are only expecting to be there for a little while.

Cllr LINDA HAWTHORN

## Flower Power

The pandemic has had many knock on effects, including to the summer planting the Cranham Friends Association normally provide in Avon Road and Cranham Village. We are pleased to say that we have been able to clean the planters out and refresh the soil, all ready to plant up for the next season. It is also worthy of mention that I have received a thank you to the Council from a resident, for the planting in the Council tubs this year. They have certainly brightened up the shopping visits and the queuing.

Cllr GILLIAN FORD

## Upminster Police

Please note telephone number for

the Upminster Police team 020 8721 2726.

## Tithe Barn Car Park

The Tithe Barn car park is full of ruts and more like an assault course to drive across. This has been followed up and I am pleased to confirm the works order has now been submitted, so hopefully the parking experience will be improved.

Cllr GILLIAN FORD

## Havering Dementia Carers Support Group

We are a friendly group for people caring for a loved one with dementia. If you feel you want someone to talk to, who is in the same boat as you, come and join us. We offer support, advice and friendship and you can bring your loved one, they will be looked after and entertained in another room by experienced volunteer carers. We have our meetings every Monday morning 10:30am to 12 at: HCF, 2a Newmarket Way, Hornchurch, RM12 6DS.

Tea, coffee and biscuits are provided and we charge £5 per carer (no charge for the person with dementia). Your first visit is free. You must be fully COVID vaccinated and we would need to see your vaccination certificates. We also have a Thursday afternoon Zoom meeting 2pm - 3pm and we have Queens' Theatre trips, lunches and other outings. We also run a walking group each Friday at 11am in a different park each week, finishing with a chat over a coffee and sandwich. Come and join us. Contact us: **Pam Shippen 07811344523 havDCSG@gmail.com**

## CARS BOUGHT FOR CASH CARS, VANS & MOTORBIKES

£ Instant cash paid £

Or Bank Transfer if you prefer  
Any Age, Make, Model or Mileage  
Prompt, Professional Service

Please call John:

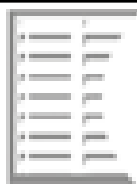
07948-013-257

Buyer Collects - 7 Days, 9am to 9pm  
DVLA confirmation provided









# Superior Shutters

The Bespoke Shutter Company

George Armstrong  
Mobile: 07956 874674  
info: sales@superiorshutters.co.uk  
www.superiorshutters.co.uk

Made to measure

- Real Wood
- MDF
- Faux Wood
- Tier on Tier
- Cafe Style
- Tracked
- Full Height
- Bay Window
- Shutter and Shade

# Gary Foss Building & Landscaping

City & Guilds approved with 20 years of experience

Home extensions and alterations  
Kitchens fitting and worktop replacement  
Driveway and patio's designed and laid  
Structural wall removal and modification  
Fences and gates etc

Free estimates and advice  
Upminster 01708 500018  
Mobile 07831 469041  
Email gary.foss@virginmedia.com

STUART KEMAN

Contemporary hairdressing for all the family at affordable prices

27 Corbets Tey Road, Upminster, RM14 2AR  
**01708 222398**  
[www.stuartikeman.co.uk](http://www.stuartikeman.co.uk)



## T. Jefferyes Decorating Services

All aspects of painting & decorating undertaken

Free Estimates  
Call 01708 347190

## DRIVEWAY/ PATIO CLEANING & WEED CONTROL SERVICE

Let your driveway be **WEED-FREE** starting with our Summer Treatment!

Guaranteed no weeds with 3 treatments per year, and no cleaning required. From only £35.00 per weed treatment.

Check out our great reviews at  
[www.checkatrade.com/trades/powerwashsolutions](http://www.checkatrade.com/trades/powerwashsolutions)

### Powerwash Solutions

Exterior hard surface cleaning & sealing services.

For a free, no obligation quote contact:

**Tel: 01708 536379 / Mob: 07718 142330**  
[www.powerwashsolutions.co.uk](http://www.powerwashsolutions.co.uk)

WWW.FILATI.COM

FOLLOW US ON:  
@FILATI0FFICIAL  
@FILATI0FFICIAL1

NEW COLLECTION  
JUST ARRIVED

JOHN SMEDLEY, PAUL SMITH,  
OLIVER SWEENEY, PARAJUMPERS,  
CIRCOLO 1901, LIMITATO, JEFFERY  
WEST

FILATI

10 Station Road, Upminster, Essex RM14 2ub  
+44 (0) 1708 226 369 | [info@filati.com](mailto:info@filati.com)

## DAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND  
NURSERY MAN

- ★ PAVING A SPECIALITY
- ★ WALLING
- ★ TREE FELLING, FENCING

DAY, EVENING'S AND WEEKEND'S 01708 700557 . 4 WILLOW WALK  
UPMINSTER. RM14.1XH. MOBILE: 07788 725853

### FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAPHP)

Do you have problems  
With your feet?  
Trouble cutting your nails?  
Thickened nail management  
Ingrown toenails  
Verruca treatments  
Athlete's Foot  
Hard skin removal  
Fungal nail treatments  
Diabetic nail care  
Corn and callous treatment



### FOOT HEALTH TREATMENTS

£30.00 Home Visits  
A friendly, efficient and professional service

**Mobile: 07920 855 044**

## ALLCARPENTRY All Aspects of Carpentry

Staircases, Laminate Flooring, Flatpacks,  
Doors, Skirting, Kitchens, Wardrobes



[WWW.ALLCARPENTRY.CO.UK](http://WWW.ALLCARPENTRY.CO.UK)

TEL: 01708 525682

MOB: 07950 384595



## HOME MAINTENANCE

Est. 1966

Exterior & Interior Painting & Decorating  
Paperhanging - Guttering A Speciality

All Estimates Free  
UPMINSTER ( 01708 ) 226327

## ADVERTISE YOUR BUSINESS HERE



Delivered to over 15,500 homes  
Contact Martin Flower  
Telephone: 07785 244212  
E-mail: [bulletinra@yahoo.co.uk](mailto:bulletinra@yahoo.co.uk)

## A & P HOUSE CLEARANCE

OVER 20 YEARS EXPERIENCE  
FRIENDLY & PROFESSIONAL  
WORKING IN YOUR AREA



**TEL: 01277 201508 or 07974 085985**