

The Upminster & Cranham Residents' Association always available, not just at election times

> PC & Laptop Repairs interest problems, WIFE Oata recovery Power ruggin Captoo Scheene Pland Sriver Pick up and brop off service Cranham Computer Centre 01705-250296

www.ucra.co.uk

# **UPMINSTER & CRANHAM RESIDENTS' ASSOCIATION**

# May 5th local elections We want to keep **Upminster & Cranham Local**

Over many years the Upminster & Cranham Residents' Association has had the privilege of representing the people of Upminster, Cranham, Dury Falls and North Ockendon. We believe our residents come first and foremost. Any problem, however big or small, is treated with the same degree of urgency and respect. We believe our community is best served by local people and that the interests of all are served to the very best of our abilities. We do not appear just before an election and disappear again shortly afterwards, but maintain a constant presence throughout the year with our dedicated monthly Bulletin, dedicated website www.ucra.co.uk,

special newsletters, social media, public meetings and drop in sessions.

For the local elections on Thursday, 5th May we ask for your support in continuing to put Upminster, Cranham, **Dury Falls and North** Ockendon first and making our communities better places





Councillor CHRIS WILKINS LINDA HAWTHORN



OSCAR FORD

# **Havering** Residents **Association**

# "Change is Coming"

The Upminster and Cranham Residents' Association are proud to be members of Havering Residents Association - working together on behalf of local people across Havering.



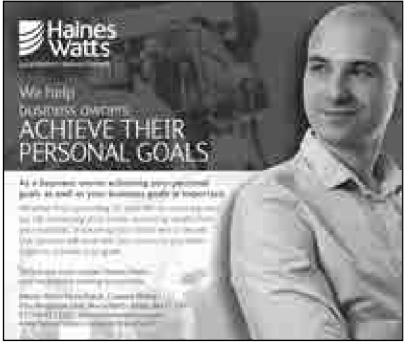
Candidates from the Havering Residents Association manifesto for the May 5th local elections

# A Huge Thank You

We heard from Ron Ower and Linda Van Den Hende in the February Bulletin, and their plans to stand down as Councillors for Upminster and Cranham respectively. As we approach the May elections and their period of office finally comes to end, I'm sure you will all join the UCRA Executive in thanking them both for their service. Between them they have clocked up an unbelievable 65 years of service

to the local community, including Ron's early days in Newham. Here is a photo of Ron in his younger years, clearly in the midst of an election campaign with his name emblazoned across the car - how things have changed. As they both confirmed, they will remain on the Executive and closely affiliated with the RA which is great news. Our sincere thanks to them both.







#### LADY PAINTER & DECORATOR



Professional, clean & tidy tradeswoman All aspects of painting & decorating (incl. plastering, coving and cornice) Free estimates OAP discounts Hornchurch & surrounding areas

CONTACT: TRACY on 07449 205770 / 01708 470841 Email: tracy.dawkins@live.co.uk



# **CP CARPET CLEANING**

Carpet & Upholstery cleaning specialist with 20+years experience, competitive prices, includes a sanitising & deodorising treatment.

Fully insured and DBS certified

Carl: 07951 235195

Email: cpickering1976@outlook.com

#### **ASSOCIATION COUNCILLORS**

#### **UPMINSTER WARD**



linda hawthorn@hotmail.co.uk

Ron Ower 07721 780372



Councillor Ron. Ower@havering.gov.uk

**Chris Wilkins** 07960 059195



CouncillorChristopher.Wilkins@havering.gov.uk

#### **ASSOCIATION TEAM MEMBER**

Oscar Ford 01708 641317



oforducra@gmail.com

# **Local Elections** - Thursday, 5th May

You should have received by now your "Polling Cards" from Havering Council giving you details of your polling register number and where you can vote. If you have not received a card and wish to obtain confirmation that you can vote please contact us at bulletinra@yahoo.co.uk or call **07721 780 372.** 

In Upminster Ward we have two new Polling Stations.

For Polling Area UP1 -

Upminster Library, 26 Corbets Tey Road, RM14 2BB.

For UP2 -

Gwillcoo Scout Hall, 25/27 Brookdale Avenue RM14 2LT.

The Council are still using UP3 Baptist Church, Springfield Gardens, UP4 James Oglethorpe School, Ashvale Gardens, UP5 Gaynes School, Brackendale Gardens, and UP6 Corbets Tev School, Harwood Hall Lane.

# Family Business Est. Over 35 years **FENSA** No Salesman, No Canvassers, No Hassle WINDOWS - DOORS - CONSERVATORIES uPVC - ALUMINIUM - SEALED UNIT REPLACEMENT

#### Local electrician

97 FRONT LANE, UPMINSTER, RM14 1XN

- Based in Upminster
- Domestic/commercial work
- · Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

Paul Gilham 07985 185872 01708 229835

or info@gilhamelectrical.co.uk







WWW.ATOG.CO.UK

If you are in doubt where to vote please contact us at bulletinra@ yahoo.co.uk or call me on 07721 780 372

Cllr RON OWER

# **Speeding** vehicles/ congestion on various **Upminster** roads

As reported in last month's **Bulletin, Upminster Councillors** have been putting pressure on the Council's Traffic Management Team to take action regarding speeding vehicles in various Upminster roads, as well as taking steps to introduce parking restrictions, to reduce congestion in adjoining roads to Branfil's School Streets' Scheme. Following this a motion was submitted at the last Full Council, held on the 23 March 2022, by Upminster and Cranham Residents' Association (UCRA) Councillors. The motion requested that the Council

prepare a report to be taken to the next available Highways' Advisory Committee, and that the report should include possible traffic measure solutions addressing the concerns we had raised on behalf of local residents. UCRA Councillors' motion was agreed at the Council meeting. We have already chased Council Officers to ascertain how these matters are being progressed. Further updates will be provided in future editions of the Bulletin.

Cllrs LINDA HAWTHORN, RON **OWER & CHRIS WILKINS** 

## **Volunteers** needed

Last year we tried to contact you all to collect the £2 subscription per household whilst we hoped that advertising would pay for the Bulletin. The funds are needed to support work on your behalf in the community. With this in mind if you live in Upminster ward and can assist collecting subs this year please contact Councillor Chris Wilkins on **07960 059195.** Chris would also like to hear from you if you can assist delivering The Bulletin. Help us to help you.

**Upminster Carpets** 205 St Marys Lane, Upminster

01708 224515

Old Carpets and Furniture? No Problem!!

Home Service Available

#### We Supply & Fit

- Carpet
- Laminate
- Wood
- Vinvl
- Karndean

#### GO Landscapes Landscape Construction Driveways, Patios, Brickwalls, Fencing, Ponds, Planting, Water Features, Turfing & Decking. All work solely undertaken by · Greg Oldham · Tel. 01708 251 004 / 01621 860 529 Mobile 07812 131 772 email: oldhamgreg@yahoo.co.uk



# BRICK PAVING BY PETER JONES www.brickpavingbypeterjones.co.uk

Tel: Office: 01708 780000



Tel: Home: 01708 733088

Natural Stone Paving





5. Mersey Avenue, Upminnter

# M25 traffic noise update

Since Richard Moorey's article in the April edition of The Bulletin (p.3), concerning increased road noise from the M25, I have received a number of messages from residents, who all agree with Richard's comments.

Please feel free to continue to send me your opinions to *johntylerucresidents@outlook.com*. We will be gathering everyone's views together and investigating whether there is anything that can be done to reduce the noise.

Cllr JOHN TYLER

## **Waste Bins**

Sadly in the February storm we lost several trees and also, believe it or not, waste bins, which were not fixed securely. These were reported and the bins replaced, so hopefully all will be well in future as far as our bins are concerned. The Council should be replacing the trees.

Cllr LINDA HAWTHORN

# Upminster Windmill Gardens and Visitor Centre

The restoration work on the windmill continues and it is hoped that it will be open to the public next year. Meanwhile the gardens and possibly the visitor centre will be open on the weekends of 7 & 8 May and the 4 & 5 June for residents to visit between 11am and 4pm – admission free.



As well as enjoying the beautiful gardens, visitors may be able to experience the interactive technology currently being developed and other displays available in the visitor centre. Information will be available

CIII EIIVDA III W III OIUV

# Peter the Painter Decorating Contractor Interiors & Exteriors & Free Estimates Upminster C 01708 221642 © 07980 002141



#### OVENS, RANGES, HOBS, MICROWAVES, EXTRACTORS

Professionally cleaned using, eco friendly, non caustic product <u>No Fumes, No Odours</u>

#### Tel 07720781202

www.letsgleamovenclean.co.uk

5 star reviews Facebook & Google

on the website: *www. upminsterwindmill.org* and on facebook.

FRIENDS OF UPMINSTER WINDMILL

# Parking around schools

Recently, Councillors have received an increasing number of reports of dangerous parking around our local schools at the start and end of the school day, particularly primary schools.

Many cases include cars or vans parking with two wheels on the pavement (not in marked bays) close to schools, preventing push chairs etc. from getting past. There have also been several instances where vehicles have actually parked with all four wheels on the pavement, completely obstructing it and forcing parents and children to cross over or walk into the road to go around the vehicle.

We all realise that it can get busy around our schools but no-one wants to see an accident, so we would urge everyone to park sensibly if you travel to school by vehicle.

Cllr JOHN TYLER

## Time Tees Cars

It is with great sadness that I must announce the closure of Time Tees Cars. We began trading in 1982, in 1992 I took over from my father and in 2005 I joined forces with my best friend Darren. Unfortunately, our landlords did not offer us the freehold opportunity and it was sold to a development company. We have always endeavoured to put our loyal customers first, but with such uncertainty it is difficult to invest in our business.

We have been fortunate over the years to have employed loyal, hard-working members of staff. We owe it to them to cease trading with sufficient capital to ensure their redundancy and to assist in securing future employment. This will mean no more MOT and Service reminders so to check when yours is due, please use the government MOT history website.

This is Simon & Darren signing off with a big thank you to you, our very loyal and supportive customers

# **FOCALPOINT LOFTS**

est 1977

- Family run **Upminster** business.
- Established in Upminster for 40 years
- Fully insured
- Loft Conversion completed in 6 weeks in most cases
- Previous work can be viewed
- References available
- Plans drawn and submitted



For more information, please call Gary or Chris James or Shane Green

Office: 01708 250772

Mobiles: 0777 311 8268, 0795 002 5841, 07890 971 579

# **CRANHAM ROOFING**

The Roofing Specialists

- Free no obligation quotations
- · New roofs strip and retile
- · Flat roofs
- Chimney stacks repoint/removed
- Guttering, facia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new mofing works guaranteed

TEL / FAX 01245 842063 (office) MOBILE 07800 752798 ( 24 hr call oot ) EMAIL 1 gagen@sky.com.

#### GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice by Liaguat, Shamim & Figua Govani, Tommy Hai

64 Station Road, Upminster 01708 220044 87 Front Lane, Cranham 01708 224083

Free local collection and delivery of prescription service available upon request from househound patients

www.govanichemist.eu.uk

#### **PLASTERING**

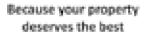


- Reskim over Artex New ceilings
  - Clean and Reliable
  - Cove & Cornice Painting
    - Cheapest Rates
    - OAP Discounts
    - Free Estimates
    - 27 Years Experience
- Hornchurch and Surrounding Areas

**CONTACT: CLAY DAWKINS** 

TEL: 07961 379277 / 01708 470841 EMAIL: CLAY.DAWKINS@LIVE.CO.UK

#### Prestige Home Insurance





Bespoke High Value Buildings and Contents Insurance

Art, Antiques and Jewellery with world wide cover

Dedicated Personal File Handler with full claims support

Business equipment extension available



Call now to be surprised at how competitive your local Broker can be: 01708 756000

Or call into our local office in Hornchurch

# Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted
Misted or broken double glazed units replaced
Hinges Locks Handles replaced
Toughened / laminated safety glass fitted
All types of glass supplied and fitted
Io. Job Too Small 40 Years' Experience

No Job Too Small. 40 Years' Experience

No Call Out Charge

Call Paul on

07958 550796 or 01708 551314

www.everythingglassl.td.co.uk











#### RICKY ARCHER Roofing Contractor





Roof Repairs - New Roofs - Tilling - Slating - Flat Roofs
Three Layer and High Performance Felting - Leadwork - Pointing
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on: Upminster 01708 226512 Mobile 07710327651 Email: ricky-archer@nt/world.com

#### M Bray

#### painting and decorating

all aspects of decorating covered small jobs to complete re-decorations over 20 years experience polite service - clean and tidy work with a high quality finish local references available

> Tel: 01708 223608 / 07983 486655 e-mail: mathew.bray@sky.com

> > Cleaning Products for a Greener world Eco Mobile Refill Service



Independent local family-run business delivering award winning, UK-made cleaning products and refills to the door.
All are vegan, affordable and ethical

www.happyhedgehogfamily.co.uk

Tel: 07396 654017

## YOUR ADVENTURE STARTS HERE



- ✓ NO 1. ADVENTURE HOLIDAY CAMP
- ✓ OPEN EVERY SCHOOL HOLIDAY
- / 30+ ADVENTURE ACTIVITIES
- ✓ ADVENTURE FOR AGES 5<sup>1/2</sup>-16
- / OPEN 8.00AM TO 6PM
- ✓ CHILD CARE VOUCHERS ACCEPTED









ONLINE WWW.SMASHCAMPS.CO.UK TEL 01708 224 753 STUEBERS ADVENTURE CENTRE, OCKENDON ROAD, UPHINSTER ESSEX, RMM 2TY



40 Years Experience
Caring Company
All Building work undertaken
Plans/Drawings submitted to Council
Extensions/Garden Walls/Patios
Chimney Stacks Removed/Repaired
Garden Landscaping and much more...

Gary 07949556306 Darren: 07989108193

www.Essexwgconstruction.com

# BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

#### SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

Tel: Office: 01708 780000

All work carried out by responsible tradesmen



Tel: Home: 01708 733088

DESIGNED TO YOUR NEEDS WIDE VARIETY OF MATERIALS

DESIGNS, PATTERNS AND COLOURS

CATALOGUE AND PREVIOUS WORK

WEBSITE AND FACEBOOK SHOWING

HELP AND ADVICE WITH DESKON

ALL YOUR CONSUMER RIGHTS

EXAMPLES

AND LUYOUT

Established over 30 yrs

# **First Step** Summer Soiree Crossing



We are pleased to promote First Step's summer fund raising event on Saturday 9th July 2022 at Langdon Hills Golf

Club from 6.30pm. Tickets £30 per person includes a 2 course carvery dinner followed by DJ and disco. For details and to book, email or call *Caroline* or *Janet* on E:fundraising@firststep.org.uk or 01708 556355.

#### **Local Elections**

As we approach polling day on Thursday, May 5th it's very disappointing to see in the National media National Political Parties using the local elections as a referendum on the Government. These local elections are very important in the history of Havering Council and are to decide on how local matters are run ie, roads, parks, libraries, footpaths and parking to name iust a few.

RON OWER

# **Lower Thames**

finalised their consultation dates for the upcoming Lower Thames **Crossing Local Refinement** consultation. The consultation will run over five weeks from Thursday 12th May to Monday 20th June and further information can be found on the link below.

https://nationalhighways. co.uk/our-work/lower-thamescrossing/latest-news/furtherconsultation-for-lower-thamescrossing/

In addition, National Highways have also announced a series of walking and cycling and horse riding route proposals. These proposals will be included as part of the upcoming consultation and further details can be found on the link below:

https://nationalhighways. co.uk/our-work/lower-thamescrossing/walkers-cyclists-andhorse-riders/

We will keep you informed of any

National Highways have now

further news on this.

01708 224968

# **Public Access Defibrillators** update

Pinnev

Talfourd

A bespoke legal service

tailored to your needs

Pinney Taifourd is one of the UK's leading law firms providing

specialist services for individuals and businesse

01709 229444

Further to Corrine Barrett's article in a previous issue, we are pleased to report that a further defibrillator has been added to the Clubhouse on Hall Lane Playing Fields on the playing field side of the Clubhouse. The Clubhouse is managed by Upminster Hall Sports Association and is used by the Upminster Rugby Club and the Emerson Park and Upminster FC.



The defibrillator was sponsored by Croma Vigilant and we would like to extend a big thanks to them for making this happen. The defibrillator is readily available for public access should it be needed in an emergency.

Defibrilators (also known as

www.novusarchitecturaldesign.co.uk

AEDs - Automatic External Defibrillators) are medical devices that help and support a patient in cardiac arrest. In fact, they are the only device that can help when someone has a cardiac arrest. The device will talk you through what to do when you need to use it until further help can assist you when dealing with someone who is having a cardiac arrest.

# **High Inflation**

Following lockdown many families were hoping and looking forward to returning to restaurants, cinemas, the theatre, travelling on holiday or simply meeting up with family or friends. Sadly for many these events which we have come to expect as a part of our everyday lives are becoming a thing of the past due to being unable to achieve due to lack of cash. Inflation is at its highest for 30 years and you only have to visit our supermarkets to see how prices have and are sharply rising. Petrol prices are still at record levels. This has led to many residents cutting out nonessentials, seeking out food banks

continued on page 7



Movers House, Front Lane, Cranham, Essex RM14 1XL www.patchettsremovals.co.uk

#### MR PLUMBER

Family business since 1962

- D T Moore Plumbing Services
   Trading Standards recommended Plumber.
- Reliable with reasonable pricing.
- All Plumbing work undertaken inc. Bathrooms.
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David
  - 07931 553631 mobile 01708 223561 home





#### FED UP WITH YOUR DIRTY DRIVEWAY?

#### ADVANCED POWER WASH SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory. All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan = 01708 445112 = 07889 139916 www.advancedpowerwash.co.uk



Capitalelectricalitd.com info@capitalelectricalltd.com 01708 700 758 | 07725 501 504

Based in Upminster • Over 20 years in the industry All aspects of electrical installation undertaken

- · Full/part rewires
- Fuse board upgrades.
- Additional sockets & lights
- Repairs
- · External electrics
- · Smoke, heat & CO allanms
- Data & telephone installation
- Inspection. & testing
- · Fault finding
- Security & emergency lighting
- Boiler control wiring
- Fire alarm systems
- Maintenance
- Call-outs
- Free estimates No call-out charge Quick response •





Targeting Computer & IT Care in Essex & Havering



PC, Laptop, Tablet, Smart Phone Maintenance & Troubleshooting Internet/Network Frustrations Tuition and Assistance Home & Business Visits Diagnosis Fee £20 No Fix/No Fee



01708 871482 or 07940 138170 jeremy@itman.biz www.itman.biz #itmanesx







01708 229031 / 07917 002628 www.gidleybuilders.co.uk gidleybuilders@gmail.com

- Extensions
- Garage conversions
- Internal and external refurbishments (All aspects)
- Alterations and knock throughs
- Plasterina and decoration
- Supply and installation of Bi-fold doors, roof lanterns, uPVC windows and all roofline products
- Kitchens and bathrooms designed, supplied and installed (Showroom facilities
- Landlord refurbishments (End of tenancy)
- Plumbing, heating, gas and electrical works





TELEPHONE: 01708 223669 MOBILE: 07967 603606

- REPAIRS & INSTALLATION → REWIRING
- FAULT FINDING SHOWERS COOKERS
- SOCKETS LIGHTS EXTERNAL ELECTRICS

# SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL GAS, CENTRAL HEATING AND PLUMBING INSTALLATION SERVICING AND REPAIRS

BOILER REPLACEMENTS GAS SAFETY CHECKS LANDLORD CERTIFICATES

# Service Contracts

(please ask for details)

TELERA: 01708 221 500 MORILE 07956 481 819 07539 444 413







Windows • Doors • Conservatories • Fascia and Guttering • Conservatory Refurbishments



We are very happy to come and meet you and your relatives to discuss our services. Please call us at any time for more information about how we can help you.

We are extremely proud to support older people in our community to live independently in their

own homes. Our team is passionate about delivering the highest standard of care and will always go above and beyond to help our clients.



- Outings & activities
- Household tasks Medication suppor
- Wellbeing
- Dementia care Personal care



01708 609 364

www.radfieldhomecare.co.uk

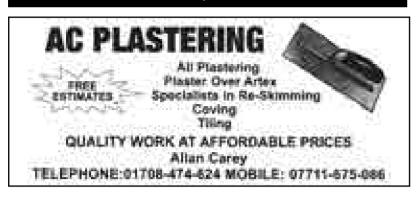
havering@radfieldhomecare.co.uk

# L. J. NICHOLLS

INTERIOR & EXTERIOR
PAINTING, DECORATING &
PROPERTY MAINTENANCE

**UPMINSTER** 

01708 288022 / 07958 492177



or switching supermarkets in an effort to save cash. Comparison websites are giving drivers options on prices at petrol stations.

The predictions on increase in energy prices leave many families faced with the question "Do we cut down on heating so we can eat?" The Government needs to address this now.

RON OWER

#### **Tithe Barn**

The Tithe Barn Museum of Nostalgia has the following open days this year. The Barn is open from 10.30am to 4pm in Hall Lane. There is a free car park and disabled parking space is available. Entry is free.

April 2 & 16, May 7 & 21, June 4 & 18, July 2 & 16, August 6 & 20, September 3 & 17, October 1.

They have an a excellent website *upminstertithebarn.co.uk* 

#### **ULEZ**

The Mayor of London is proposing that the current ULEZ (Ultra Low Emission Zone), a charge on older fuel inefficient vehicles in inner London, be extended in 2023 to cover the Greater London Area, which means that Havering will be subject to new charges. He has also commissioned a study to look at charging motorists on a pay per mile basis for travelling in the London area. In addition he wants to broaden the range of vehicles that would pay charges to newer ones as well.

This increases the burden for all in Havering who use vehicles, particularly those who rely upon them for work or those who are vulnerable. Please bear in mind that the transport network between the south and north of the borough is lacking, our EV charging offer is below what is required, we have a lack of dedicated cycle routes and we do not have as many train and bus options.

Nobody will disagree that we need cleaner air or that we must help reduce the impact on our climate, but imposing additional charges is not the answer.

If we form an Administration in May we will be asking the Mayor of London to look at alternatives to penalising the residents of



Havering and for the Government to be clear on national policy and funding arrangements to assist local authorities in delivering Net Zero.

UPMINSTER AND CRANHAM WARD COUNCILLORS

# Watch that Speed

May we remind you to check your speed when driving through the area. The police will and do hold speed checks.

# Thames Chase Art Competition

Thames Chase calls for young artists to share artworks inspired by the community forest. It is running a special art competition for children to showcase their talents along the theme of 'Enjoying the Forest' after many experienced more of the Thames Chase Community Forest during lockdown.

The project is part of the Thames



Fern Gibson, Age 6, 2020 winner of the 4-10 age category



Siyona Bhandari, 2020 winner of the 11 - 16 age category

Chase annual art exhibition where over 150 local artists participate in a display at the Forest Centre. This is the 4th children's art competition, and this year, local artists will deliver inspirational holiday sessions to inspire young minds.

Trustee Mary Wright says
"Inspiring the next generation
to understand the world around
them is vital to ensure that
they take care of the landscape
and continue to protect the
environment."

 $continued\ on\ page\ 9$ 



# Creating looks you'll love

A new service completely tailored to you. Providing inspiration with colours, concepts, layouts, lighting, fabric and furniture. Giving you the perfect look that you've always dreamed of for your home.

Book a consultation with us today

**O1708 255300** 

Roomes

**Off** www.roomes.co.uk 22-24 Station Road, Upminster, Essex RM14 2UB

# **PGM Gas & Heating**

NO CALL OUT CHARGES FREE ESTIMATES - QUICK RESPONSE ALL WORK GUARANTEED

- All aspects of Heating and Gas work undertaken
- Complete Central Heating/Boiler Installations
- Service & Repair
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landiords Gas Certificates

Tel: 01708 227797 Mob: 07734 228417





# Combi Boiler Repairs





®Vaillant

(iphe



Installation, Service, Repairs, Power flushing, Insurance

01708 440581



اكمالا (١)



## Complete Bathroom Refurbishments

- Plan & Design
  - Plumbing
  - Plastering
    - Tilling
  - Electrics
  - Carpentry

For a free estimate call Matt

Tel: 01708 259696 Mobile 07790 753850 Email: M.P.Williams.Bathrooms@gmail.com





healthier smile for life

\*\*\*\*\* New Website & Live Online Bookings \*\*\*\*\*

Inviting all New NHS 6g Private Patients to Join our Practice.

call 01708 228 291 now

\*\*\*\*\* www.cranhamdentalcentre.co.uk \*\*\*\*\*

reception@cranhamdentalcentre.co.uk 141 Ingrebourne Gardens, Upminster, Essex, RM14 IBJ

# UPMINSTER REFURBISHMENTS

#### THE KITCHEN & BATHROOM SPECIALISTS

SUPPLIED AND INSTALLED, PLANNING AND DESIGN SERVICE SHOWROOM WITH EXTENSIVE RANGES TO VIEW GRANITE WORKTOPS SUPPLIED AND FITTED

FITTING ONLY SERVICE ALSO AVAILABLE: (YOU SUPPLY)

TOTAL REPURBISHMENT FROM START TO FINISH

PLASTERING, TILING, LIGHTING, ELECTRICS AND CARPENTRY

GAS SAFE CERTIFIED ELECTRICAL CERTIFICATION WHERE REQUIRED ALL TRADES CITY & GUILDS QUALIFIED FOR A FREE QUOTATION.

TEL: 01708 222050 MOB: 07930454650

YOUR SATISFACTION IS OUR REPUTATION





# **LOCKSMITHS**

Emergency call out
All locks opened, supplied & fitted
MLA approved locksmiths
UPVC door lock specialist
New doors supplied & fitted, safes opened
New safes supplied & fitted
Free quotes - no call out charge

Tel: 01708 640699, mobile: 07890 920 258



### GARY COE JEWELLERS ESTABLISHED 1981



Fully equipped workshop
Diamond & Engagement ring
specialists / Bespoke Wedding rings
Engraving / Full repair service
Watch batteries / Watch repairs / Valuations
Best prices paid for your old gold

35 Cedar Avenue Upminster Essex RM14 2LN Tel 01708 222696 Mobile 07771 802624

www. garycoejewellers.co.uk



## All building works undertaken.

All roof repairs - Flat Roofs - High Performance Felting - UPVC Fascias & Soffits - Guttering Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



07929 334990 01708 534411

# CEDAR TREE CARE

Pruning - Felling - Stump Removal



01708 301 371 07946 216 150

Website: www.cedar-treecare.co.uk Email: cedartreecare@qualityservice.com

Cedar Avenue, Upminster, Essex

## **News from** The Police

THINGS TO KNOW - Vehicle crime is one of the highest crime types committed in Havering and we need to work together to stop this occurring.

THINGS TO DO - Lock your vehicle when leaving it unattended, simple! If your vehicle is locked it's harder for people to steal from it. Don't leave valuables out on display. Apply a steering lock, this is a great deterrent and can prevent your vehicle being stolen. **EXTRAS**: you can do a little extra to secure your vehicle by: Installing metal bollards on driveways, place keys in a faraday bag or even place a ring doorbell camera which covers your parked vehicle. Finally, if you see it, report it. If you don't, we don't know it's

Don't Help **Them** To Help Themselves and don't forget, If you **See** it **Report** it!

happening!

# **Net Zero challenge**

The Government has a policy to achieve Net Zero by the year 2050 but our dependence on

fossil fuels is a massive challenge to be overcome. Existing homes need to be better insulated and heating system need updating. New homes must be more energy efficient. Cleaner, easier and safer transport options are required with better local shopping and business opportunities to reduce the burden on our road systems, all requiring major investment if we are to benefit from cleaner air, lower energy bills and less damage to the natural environment. In November 2021 the Council produced the Havering Climate Change Action Plan but this was widely criticised for containing significant gaps, being poorly structured, and lacking costed actions. Be assured that your Upminster and Cranham Councillors will continue to work with all partners and stakeholders to challenge and improve this position.

# Struggling with debt?

In these times of rapid price increases, many are finding it hard to make ends meet. Imagine living in constant fear, perhaps of

# SELLING YOUR CAR?

E MAIL YOUR CAR DETAILS OVER TO peterwillbourne@hotmail.co.uk

Call us on 01708 229284 or 227718

Or

Pop into the showroom in Front lane, Upminster, we are open Monday to Saturday 8-45 till 6 o'clock

We will come to you anytime that's convenient

# Chris Willbourne Cars Of Upminster

a knock on the door, the phone ringing, going out in the street, or the flap of the letterbox bringing more demands and threats. People in debt can face losing their homes, breakdowns in relationships, and parents going without food themselves to feed their children.

People need support to get back on their feet so they can start to rebuild their lives.

Help is at hand through the charity CAP (Christians Against Poverty) which I have supported for many years. Upminster and Cranham have a CAP centre that has been established for the last 10 years and has helped 52 people become debt free, find jobs and once again contribute to and be valued by our community.

This service is available to residents in Hornchurch and Romford as well. If you know someone who needs help, or you need help yourself, please contact Miles Picknell by emailing milespicknell@capuk.org, or for those who want to find out more before making a call, visit www. capuk.org or call 08003280006. The service is completely free and is confidential, or perhaps you

could think about donating to such a worthy cause?

> PHIL RUCK (philruckucra@yahoo.com)

# Southend Adventure Island and **Sealife** discount tickets

Adventure Island wristbands tickets £15 and Sealife tickets £6.50. To buy pop into either: Caffe Gelato in Corbets Tey Road, Upminster or Maa Evecare in Avon Road, Upminster. Cash only please.

You will be given a voucher to take to the kiosk in Adventure Island and there you will be given the wristband for the rides. Wristbands tickets are valid for all days that the park is open up to the end of 2022. All tickets are £15 regardless of height, but height restrictions still apply on rides.

All money raised goes to the **Engayne Primary Friends** Association. Our registered charity number is:1107207.

ESTABLISHED 1984

Can you afford un-invited guests? Before they arrive: fit a burglar alarm/CCTV

For a free survey-risk assessment of your premises contact us on: 01708 226385

> Visit our showroom for a fully working demonstration of Alarms and CCTV Systems

UPMINSTER SECURITY CENTRE 129 AVON ROAD, UPMINSTER RM14 1RQ

Chartered Surveyors, Estate Agents, Valuers D. J. Parish, F.R.I.C.S

#### SERVING LOCAL RESIDENTS FOR 100 YEARS 1921-2021

- SALES OF RESIDENTIAL PROPERTY
- RENT REVIEWS
- VALUATIONS FOR ALL
- LANDLORD & TENANT MATTERS
- **PURPOSES**
- EXPERT WITNESS REPORTS
- SURVEY REPORTS
- PROPERTY MANAGEMENT

• RESIDENTIAL LETTINGS

32, STATION ROAD, UPMINSTER Tel: 01708 250033

Fex: (01706) 220644

Website: www.gates-perish.co.uk

# Chauffeur Me (Travel)

For all enquires call Darren 07947 576642

www.chauffeur-me-travel.com

Special functions Shopping days Night clubs Weddings Race days Restaurants Airports Deadons Spoil yourself days

Chauffeur driven in comfort Eight Seater - Fully Air Conditioned - Privacy Glass - Satellite Navigation



Interested in Triathlon or Multi-sport disciplines?

www.haveringtri.co.uk



@haveringtri Havering Tri



Contact Kay Hamilton 07957 567915



Adults Learn To Swim and Improver Lessons

www.kasuk.co.uk Qualified ASA Teacher 🜃 Kays Adult swim





#### Upminster Osteopath & Sports Injury Clinic

HILIPACTOL/ACTH
HACK, NECK & SHOULDERINEM BUNG
TECKNES & ANNILETOOT DAN
HERRI SKETATION
HOST SILEDOLL ROHABLISCHON
GROETS PILERES (NICLUONIS KINESO TAPAG)

STEPRISED GARDING UPPACTUR EDICK BYTH SOF

No. 0 CR0 332903



# S C R Roofing

• All Flat Roofing • Felt and Liquids • Fascias and Gutters

All work guaranteed, All work insured

**Contact Steve Rawles** Tel: 07971 171363 · 01708 640177

# S D GARNER + CO CHARTERED CERTIFIED ACCOUNTANTS

#### Helping you grow your business - is our business

With a free initial consultation, we have all your accounting needs covered. From Sole Traders to Limited Companies our services include...

- Cloud Accounting
- · Start Up & Incorporation Guidance
- · Company Secretarial
- . VAT, Payroll & CIS Services
- . Annual Accounts & Tax Between
- . Fixed Fees Available

#### 01708 453131

www.sdgarner.com accounts@sdgarner.com 92 Station Lane, Hornchurch, RM12 6LX



# CRANHAM ELECTRICAL LTD

#### ALL ASPECTS OF ELECTRICAL WORK

PROFESSIONAL SERVICE AT COMPETITIVE RATES

Domestic & Commercial Re-Wires NICEIC Test Reports Fuse Board Up-grades

TEL: 01708 223046 MOB:07710 282110 66 Moor Lane Upminster



We are a friendly, modern private practice, with state of the art facilities, located in Hornchurch.



As a patient, you will receive care solely from Dr. Malcolm Stander, a talented, gentle and very experienced dentist, who has been creating beautiful smiles for over 30 years.

His special interests are in general and cosmetic dentistry and the treatment of nervous patients.

Stander Dental Care, 57a High St, Hornchurch, Essex, RM11 1TP Tel: 01708 442888

VISIT OUR WEBSITE: WWW.STANDERDENTALCARE.CO.UK

#### Lawton & Stoakes WWW.VETS,UK.NET



- Family owned & run Vets
- Established 1985
- First opinion and Referrals
- Catering for all types of Pets
- Consultations to suit your needs
- Excellent Facilities



To make an Appointment

01708 384444

8-12 Fitzilian Avenue Harold Wood RM3 0OS





#### **J&H ACCOUNTANTS**

**CHARTERED CERTIFIED ACCOUNTANTS** 

Family run independent local firm, providing accountancy and taxation services for small and medium sized businesses and individuals.

- Self Assessment Tax Returns
- Corporation Tax
- VAT Returns, Payroll & CIS Services
- Book-keeping

- Annual Accounts Production
- Business Advice and Support
- Management Accounts
- Fixed Fees Available

#### Get in touch to see how we can help you

nadia@jandhaccountants.co.uk 07508014863

14 Beech Avenue, Upminster, RM14 2HN



#### Trees

We get a number of enquiries on street Trees. The Council should only take out dead, diseased or dangerous trees. Over the years we have been successful in getting the Council to plant a huge amount of trees in our area. We keep a close eye on where the Council are planting trees. Please contact us if you have any thoughts were a tree should go.

# Watch out for fly strike

As the weather warms up so flies become a nuisance to us, however for some animals especially rabbits flies are more than just a nuisance, they can be a serious health hazard. If you have a rabbit you should check its bottom daily or even twice daily in the warm weather and if you notice he/ she has soiling of the fur around its bottom with urine or faeces wash and dry it thoroughly. This can occur in any rabbit but particularly if the rabbit is obese or has arthritis which prevent it from cleaning itself or squatting properly to pass urine and faeces.

Dental disease may also prevent a rabbit from grooming itself. Any diarrhoea or a urinary infection can result in soiling of the bottom as well. Flies are attracted to this area and lay their eggs which then hatch into maggots within 24hrs. If you spot maggots in your rabbit's fur contact your vet immediately. Your vet may want to anaesthetise your pet in order to thoroughly clean it and remove all the maggots which will have started burrowing into the flesh. This is a painful and life-threatening condition. If you have any concerns regarding your rabbit's health and would like advice, please telephone Lawton and Stoakes on 01708 384444.

# Your emails

We like receiving your emails. Please remember to give your contact details. The following two articles have come in from a local resident.

# **Parking**

This is a problem across the country but some parking causes delays, danger to other road users and pedestrians. It isn't that we

# R.R. CONSTRUCTION LTD

EXTENSIONS
GENERAL BUILDING
OVER 30 YEARS EXPERIENCE
FULLY INSURED

PLANS DRAWN & SUBMITTED TO COUNCIL ELECTRICAL, PLUMBING, PLASTERING GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282

www.extensions-experts.co.uk

# Parkview Paving & Landscaping Www.parkviewpaving.co.uk

20 years experience

- \* Driveways
- Artificial Turf
- \* Patios
- \* Indian Sandstone
- Brick Walls
- \* Fencing
- Natural Turf
- \* Porcelain Slabs

Free estimates/ large portfolio Find us on Facebook All work guaranteed

01708 750209/07908891282

don't have rules that would stop this, but they aren't followed or enforced. Some of the rules are:

Highway Code Rule 243
 Do Not stop or park opposite or within 10 metres
 of a junction (also applies
 to Blue Badge holders) on
 a bend (also applies to Blue
 Badge holders).

In Havering most yellow lines only apply Monday to Saturday. Why don't they apply on Sundays? Dangerous parking doesn't stop being dangerous on Sundays.

Every day I see illegal and dangerous parking, but rarely see anyone enforcing the rules. Without enforcement the rule breakers will continue to do so.

An example is Springfield
Gardens. Cars regularly park
on the double yellow lines at the
Corbets Tey Road end, sometimes
on both sides of the road, and on
the bends in the road opposite
Meadow Way and Fairfield Avenue.

# **Traffic Lights**

Drivers are regularly crossing

PAINT PAINT CAPER

EMPORIUM

AASTE
CONSTRUCT

CONSTRUCT

FRANCISCO

junctions when the lights are already red against them. This is dangerous for all other road users and pedestrians. Why isn't it standard for all traffic lights to have cameras enforcing vehicles to comply with them? Again, if it is a matter of cost, the fines will pay for the initial installations and, once better compliance is achieved, the reduced fines will pay for running



- House Surveys & House Purchase Reports
- Party Wall Awards/Schedules of Condition
- Property defect diagnosis.& Construction Consultancy
- Design, Planning Services including Planning & Building Regulation Approvate - Domestic & Commercial New Build' Enlargement
- Regulated by the RICS

The Everett Partnership LLP

Chartered Building Surveyors and Engineers Construction Consultants Tel: ++ 44 01708 227932

Email: spsurv.uk@btimemet.com







Visit our Website:

http://www.theeverettpartnership.co.uk

#### KUSOOM BUGH



Family run business- est 1978 Fully licensed & Air Conditioned

#### **Opening Hours**

7 days a week, incl Bank Holidays Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT Tel: (01708) 220038 or 222606

# **ESTEPHENSONS**

Fast

Efficient

Honest

SPACE, DESIGN, DETAIL



Extensions, Party Walls, New Builds and Project Management.





call 01708 470001

office@stephensons.name

202 High Street Hornchurch, RM12 6QP

www.stephensons.name

# \* PLANS DRAWN \*



FOR: EXTENSIONS. CONVERSIONS. REFURBISHMENTS.

FULLY QUALIFIED, LOCAL ARCHITECT WITH OVER 15 YEARS EXPERIENCE. FULL DESIGN PROCESS AND DRAWINGS SUBMITTED.

Call Malcolm at Architectural Hub today for your free quotation on: Mob: 07749 122 058 / Office: 01277 201 828

Email: info@architecturalhub.co.uk

## AERIALS DIRECT

Local family run business, established over 25 years.Offering a fast, friendly, reliable service. Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials supplied and fitted. Satellites installed. Aerial & dish realignment TV extra points

www.aerialsdirect.co.uk www.aerialsupminster.co.uk

01708 347257



# S Riddick

#### Quality decorating service with over 20 years experience

Interior and exterior work. Free estimates and advice. Highly recommended Handyman services including tilling, flooring. fencing, woodwork & paving

Telephone: 01708 473709 or 07957 096597 Email: contact@sriddick.co.uk www.sriddick.co.uk



#### MBM Electrical Services Ltd









Based in Upminster/over 30 years experience

07971 293569

Website:

Mbm-electrical.co.uk

Email

Info@mbm-electrical.co.uk
01708 898919



HONEST, RELIABLE, FRIENDLY, HEATING AND HOT WATER SPECIALIST

**ENERSOLgas** 

CATERING FOR ALL YOUR GAS AND PLUMBING NEEDS

BOILER BREAKDOWN AND SERVICE SPECIALIST BOILER INSTALLATIONS WITH UP TO 10 YEAR PARTS AND LABOUR WARRANTY GAS SAFE INSPECTIONS AND SAFETY CERTIFICATES

PLEASE CONTACT GEOFF ON 07982973574 01708223940 energolišhotmali co.uk



#### THE FOOT SURGERY

State Registered Chiropodist/Podiatrist & Specialist in Foot Surgery

Ms. Meena Matharu

SRCh MChS BSc FCPodS (MCPC Registered)

19 Years Clinical Experience in Private Practice Consulted for Harrods and Harley Street

#### Treatments Available

- Nail surgery, electro-surgery and cryotherapy Cortisone injections for pain management
- Sports medicine: bespoke prescription orthotics
- Comprehensive foot care for diabetics and athritic patients
- · All routine foot care: Nail cutting, com & callous treatment
  - Weensursee treastment

Certified for Prescription Only Medicines & Qualified Advanced Clinical Practitions

For appointments call: 01708 621 194 WWW.THEFOOTSURGERY.CO.UK



costs and the safety benefits will be extremely worthwhile. Whilst stopping speeding is important, I feel the same attention needs to be given to parking and enforcing traffic light compliance.

## **Ilford Football** Club

Residents who originally hail from the Ilford area may be interested to know that Ilford Football Club recently celebrated its 140 year association with the town whose name it bears. To mark the occasion an Exhibition funded by the Heritage Fund and a book, chronicling the club's illustrious past, were both recently launched. The book, written by Upminster resident, Michael Foley, details a fascinating history which includes matches against the likes of FC Barcelona, Ajax and Monchengladbach, Wembley cup finals and also hosting matches for the London 1948 Olympics (at Ilford's former Lynn Road stadium). The book has been widely promoted including on Talksport, byTony Incenzo. Anyone wishing to purchase a copy can do so direct from the

author by emailing him on:mj. foley@aol.c.uk. It costs £12.99. Michael is also keen, as part of ongoing research, to hear from anybody who may have personal recollections of the club in its former days.

## Midsummer **Madness**

An evening of live music provided by local talent old and new at Cranham Community Hall, Marlborough Gardens on 25th June from 7.30 pm to 11pm. All in support of a great cause The Brain Tumour Charity - The Judy D'cruz Fund. Tickets £10. Children under 16 voluntary donation.

Due to the kind sponsorship of K Wagstaff & Sons every penny of the ticket money goes to the cause. Get your tickets by calling **07896** 724 768 or email judyandwin@ ntlworld.com. Please contact me if you have any prizes you may want to donate to the raffle. Support local live music and support a great cause. You can read more on the charity at www.judydcruz.com

## Unlock the equity in your home and enjoy a more comfortable retirement.

Are you a homeowner aged 55 + ? If yes, you could unlock some of the cash tied up in your property by using a lifetime mortgage.

A lifetime mortgage is secured against your home just like a conventional

You could release cash to spend however you like for example;

- Improve your home
- Gift money to Grandchildren for property deposits.
- Have a holiday of a lifetime

With a lifetime mortgage you will always own your own home\*

For your Free consultation without obligation please call 01708 220816.



\*It will reduce the value of your estate and may affect your entitlement to

Austin - Chapel

Independent Financial Advisers LLF

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780

# **English tuition** to Ukrainian refugees

Speak the World Language school based in Upminster provides English tuition to Ukrainian refugees. There are already many refugees that have arrived locally and we strongly believe that the only way for people to integrate in to local community is to be able to communicate. Most refugees would like to start working as soon as possible, so they need at least basic English in order to apply for jobs. There are many children and teenagers that are waiting to be accepted into local schools and we would like to make this transition for them as smooth as possible by getting them up to speed with their English.

We are also in contact with an English teacher, who is an Ukrainian refugee herself, and would like to help her countrymen to learn and improve the language. We would welcome any donations towards the costs of running these English classes.

# **OUT AND ABOUT IN** YOUR LOCAL **AREA**

# The Wesley **Players Present:** Laugh? I **Nearly Went** To Miami!

Tom, an Elvis fanatic, and his fiancé Alice are unable to fly to Miami, for an Elvis convention, due to fog. When they arrive back at Tom's flat they discover that they have inadvertently picked up the wrong suitcases at the airport, and are now in possession of half a million dollars! Add in Tom's flashy brother Barney with his latest girlfriend, an eccentric Auntie, a thug and a policeman and what follows is a fast moving, zany comedy of confusion!

continued on page 15





# A & P ANTIQUES & VINTAGE

DOWNSIZING? DECLUTTERING?

#### We Buy...

- Gold & Silver
- Jewellery & Watches
- Medals & Militaria
- Crystal & Porcelain
- Old Currency & Toys

**And Much More!** 

Over 20 years experience Friendly & professional

> Call Us On... 01277 201508 07974 085985

# CARS BOUGHT FOR CASH **CARS. VANS & MOTORBIKES**

£ Instant cash paid £ Or Bank Transfer if you prefer Any Age, Make, Model or Mileage Prompt, Professional Service Please call John: 07948-013-257

Buyer Collects - 7 Days, 9am to 9pm DVLA confirmation provided

# B.K.C. ROOFING LTD

FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE Rallway Infrastructure, Commercial, Domestic

Tel/Fax: 01708 340052 Mobile: 07976 278026 Email: Barrycassbkc@aol.com

Member of the Construction Health and Safety Group Approved contractor by Kingspan Alumasc, Bauder, Rubber Bond, Widopan Green roof specialists

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs New tile roofs, slate roofs, Metal roof, lead roof UPVC Fascia, soffit and guttering All work guaranteed, fully insured.

Free estimate

# Wells Solicitors 🥒

# **FAMILY LAW**

**Quality Advice and Caring Service** 

**Fixed Fee Divorce and** Advice Appointments available

Call to discuss your individual circumstances

- Wills & Probate
- Lasting Powers of Attorney
- Court of Protection

resolution

Suite 4, Essex House, Station Road, Upminster RM14 2SJ info@wells-solicitors.co.uk





www.connectlidetime.co.uk

to in a Mission munipage. To understated the first-real and make places, and for a personal and dispersion.

and the introducer but not being and the introducer but not being the



and Shutters. Call today for a free estimate or home visit on: 07956 874 674

info@curtaintrackfitting.co.uk www.curtaintrackfitting.co.uk

• Tracks • Poles • Blinds

Curtains

Awnings

Made to

Shutters Upholstery

#### Fleet of Foot **Podiatry and Chiropody**

Routine Chiropody - Podiatry degree qualified - HCPC registered.

Certified for prescription only medicines.

Specialist in nat: surgery - treatment packages svalishie.

All sistrument sets are indirectably sealed & fully autoclave sterlined.

Some assimplies of conditions treated: Come, ratius, thickened cars, Kingal tails, in growing hare, dry cracked heets, clare, harmner or madet los lesions, vertucae, fyinger infections, annual diabatic foot obects

Specialist in sport and musculoskeletal injury, poet graduate trained. 
In-house Contempts: Templo, has camera video gait analysis system in-house utrasound diagnostic scarring tracks & orthodo therapy custom castes and off the shall devices stocked Exercise and theraterid rehabilitation therapy for musculoskeletal many, Local anaesthetic and corticosteroid rejections available.

Conditions treated are tower limb? hips downwards, some examples: Plantal fascilits, muscular or tendinous injury, achilles tendinitis, sinn splints, illicitions band pain; patella famorai 6, knee pain; maternaligis, mortorra neuroma.

By appearement only, please book online through our website, attained will know a reduced by anometrone or small, and we will get lively be you to arrange an appearament as soon as see alle out of other.

Floor of Food

RM14 2LP

01708 535475 53 Bridge Avenue. www.fleetoffoot.co.uk contact@fisecoffoot.co.ak, #Sr Pol Met. PSCet F Free parking available.

Podiatrist? Chiropodial HCPC: CH34225

# NEED A GRAPHIC DESIGNER?

#### I've got you covered.

From logos, branding and business design, to websites and wedding artwork, I can deliver professional and creative designs for your business or personal needs.

**Contact Hannah Nicholls** 

07859 403079

theberkleygraphicdesignco.com

Prices: £7 Adults, £5.50 for concessions and £3.50 for children (up to 16). As usual Senior Citizens are admitted free on the Thursday and Friday evening shows.

Tickets will be available on the door but book in advance to avoid disappointment. Text or call **07708 214742** or contact **Tickets@Wesley-Players.co.uk.** We are now accepting card payments on the door.

Performances: 8pm on Thursday 19th, Friday 20th and Saturday 21st of May 2022

Location: Upminster Methodist Church, Hall Lane, Upminster, RM14 1AE.

# The Old Chapel Tea and Talks

Wednesday, 11th May – **The Ghost walks on Friday.** Kate Poole will tell us about the London theatres that are haunted by ghosts – some endearing and some tragic! Doors open at 9.45am, our AGM will be held at 10.15am before the talk at 10.30am.

Wednesday, 8th June – **The Enigma of Boudicca or Boadicea.**Andrew Summers' illustrated talk

explores the 'facts' of Boudicca's rebellion so far as it is known and examines the resultant heritage, legacy and mythology grown up around it.

Fees: £2 for registered members and £4 to visitors with refreshments after the talk. Doors open 10am - meeting starts 10.30am.

Contact: *friendsoldchapel@ mary.havering.sch.uk* for further information.

Venue: Roope Hall, Trinity URC Church, 29 Station Rd, Upminster RM14 2SJ

# "Learn, Laugh and Live!"

Havering U3A meet at 2.30pm on the second Wednesday of the month at St. Michael's Church Hall, Main Road, Gidea Park. Interest groups run throughout the month.

Wednesday, 11th May, Andrew Baker will be speaking about "Making Sense of Today's World". Wednesday, 8th June, Dave Allen

will be speaking "Manners Please Dearest".

Doors open 2.15pm. For more

# **BOILER CHANGE**

Raymond Coomer Sarah Cordell

BOILER REPAIRS & REPLACEMENTS

PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 576292

07761 049852

information come along or see our website:

u3asites.org.uk/havering

# Mindfulness, Meditation and Yoga sequences

Breathing techniques surrounded by nature at Thames Chase Forest Centre, Broadfields Farm, Pike Lane, Upminster RM14 2LT.

Join us on Monday evenings, from 7pm to 8.30pm, cost £6 per session. Please book through Thames Chase Visitor Centre Reception on 01708 642970 or email enquiries@thameschase. org.uk

All abilities are welcome, no previous experience needed. Sessions will be guided by British Wheel of Yoga Teacher Jill Luff and experienced meditation practitioner Peter Tomlins.

# **Shirley Tours**

Thursday, 9th June, **Brick Lane Music Hall "70 Glorious Years".**Includes coach, three course hot

lunch before watching the matinee show. Departs mid-morning from the Jobber's Rest car park, Plough Pub in Cranham and Avon Road, arrive home approx 6.30pm with usual drop offs en-route. Cost £72pp.

Thursday, 15th December Christmas Lunch with Abba Style show. Coach travel from local picks ups, entertainment Abba style and topical quiz with 3 course festive lunch. Pricing to follow. Start your pre-Christmas festivities with this trip.

Email: *shirley@shirleytours.co.uk* or call *01708 227884*; or *07966 146956* (mobile has answerphone so please leave clear message, with name and your contact details).

Fund raising for James Oglethorpe, Engayne, Hall Mead schools, All Saint's Church and All Saint's scout group

# Upminster and District Horticultural Society

The Dry Garden at RHS Hyde Hall and, not to be missed, the Society's plant sale.

On 10th May the Upminster and District Horticultural Society has Ian Bull a garden manager at Hyde Hall speaking about the iconic Dry Garden. The talk includes how and why it was built and looks at plants that thrive in this harsh environment.

We also have our annual plant sale. Plants are donated by members and sold at bargain prices. Doors open at 7.15 pm with the lecture starting at 7.45pm and ending at 9.45pm. There will be refreshments served during the interval finishing with a raffle at the end of the evening.

Entrance is free to members and is £2 for non-members. You can find out more about our society by visiting our website *www. upminsterhorticulturalsociety. co.uk* 



#### ELECTRICIAN Your Local Electrician Extra Bahts Security lights Additional sockets Shed/Garage supply Smoke alarms New fuse boards Kitchen circuits Rewires Inspection & Test Garden electrics Certificates and more... **Fault Finding and Repairs** No Job Too Small Six Year Guarantee Qualified Electrician **Fully Insured** Reliable Service Free Quote Reasonably Priced Call Dean on: 01708 909066



dean@emfwiringsolutions.com

For all your property maintenance repairs and improvements With over 25 years of experience No job too small. Fully insured local tradesman

Office 01708 501117 Mobile 07551 102102

www.terryford.co.uk Email info@terryford.co.uk

More Info

Call On

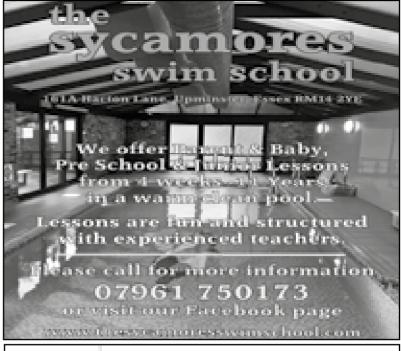
# Cine-Slides-Video 2 DVD



- VHS & camcorder tapes copied to DVD.
- 8mm & 16mm cine films converted to DVD.
- 35mm slides, negatives & prints scanned and saved on DVD

Contact Michael on: 01708 735810 www.slides2disk.co.uk







For all your carpentry and home improvement needs.

Kitchens - Wardrobes - Flooring - Doors

01708 921360 / 07921 513970 www.rjwatsoncarpentryandjoinery.co.uk



GreenThumb (2)

Our high-nutrient, highquality Lawn Treatments are expertly formulated to give your lawn the very best all year long.

We love your lawn just as much as you do, join our community of Lawn Lovers today.

Here at GreeuThumb, we share your passion for lawn perfection

During Autumn, it's essential to prepare your lawn so you can enjoy it when Spring comes around. You may now be seeing some moss interfering with your lovely lawn, it's quite common at this time of year.

Moss loves thatch, the perfect home for moss. The best way to remove thatch. consequently removing moss, is with Aeration & Scarification. Now is the time for your lawn to benefit from Machine Work. Trust us, your lawn will thank you!

ether, let's create the lawu we both love Request your FREE Lawn Analysis today. Call us on 01277 227988 email: essexsouth@greenthumb.co.uk or visit: greenthumb.co.uk

# *₹ Roofers*

01708 551714 / 07743 406418

- Family Run Est. 1975 45+ Years Experience • Fully Insured • Free Quotes • No Deposits •
- Roof Leak & Roof Repair Specialists
- Roof Overhauls & Maintenance
- New Tiled Roofs & Velux Windows
- New Flat Roofs Felt & Rubber
- Chimney Stacks Repaired & Removed
- Lead work, Pointing & Rendering
- uPVC Guttering, Fascias & Roofline
- Storm Damage & Insurance Work
- Pigeon / Solar Panel Guards
- Asbestos Removal & Garage Roofs
- The Best Quality Materials Used
- 24 Hour Emergency Repairs, 7 days

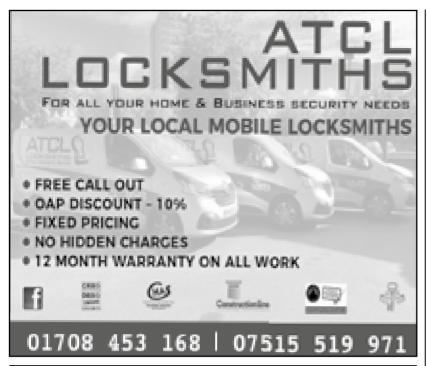
Celebrating over 46 years of trading with the ORIGINAL company name and telephone number! With Over 500 genuine reviews on "TRUSTist" & Over 20,000 happy local customers! We offer very competitive prices & will beat any genuine like for like written quote!

rosseldridge84@hotmail.co.uk • www.sr-roofers.co.uk











Learn to swim at a Family Friendly and Fun Swim England Swim School
Based in Upminster serving Havering and beyond
Teaching Swim England's learn to swim plan
Contact Trevor on 07415 493032 or visit www.criddersswim.co.uk

# Is now the time to review your financial planning arrangements?

We at Austin Chapel Independent Financial Advisers LLP, have been providing unbiased, Independent financial advice to local people for over 20 years. In these uncertain times, now may be a good time to review your existing financial arrangements, to ensure they still meet your current and future requirements.

If you would like to review any of the following, please get in touch to discuss how we may be able to help you.

- Investments and Savings
- Pension and Retirement Planning.
- Protection, Including Life Assurance, Critical Illness and Health Insurance.
- Mortgages and Equity Release.

For your Free consultation without obligation please call 01708 220816.



Austin - Chapel

Independent Financial Advisers LLP

St. Laurence House, Gridiron Place, Upminster, Essex RM14 2BE

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780



\*\* VEHICLE SERVICING\*\*

\*\* VEHICLE REPAIRS\*\*

\*\* VEHICLE DIAGNOSTICS\*\*

\*Up to 40% Cheaper than main dealers\*

\*38-40,FRONT LANE,CRANHAM, ESSEX,RM141XW\*

TELEPHONE: 01708 221704

E-MAIL: bookings@cranhamgarage.co.uk

"TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS"

#### **Craft sale**

Coffee morning and sale of crafts, etc at Trinity Church, Station Road, Upminster, on Saturday, 14th May from 10am – 12 noon. All proceeds to Ahava (formerly Hope4Havering).

## Ardleigh House

Wednesday, 18 May "A Celebration of The Queen's
Platinum Jubilee" We have
teamed up with a London Blue
Badge guide for a day to celebrate
our Queen's 70 year reign. Lunch
will be included. Price £48
(includes our guide, Nadia, coach
and audio headphones).

Thursday, 30 June -

"The Royal Norfolk Show". Mix with the Royals at the largest 2 day agricultural show in the country. Price

Keep watching us in The Bulletin and our website *www. ardleighhouse.org/trips* for future trips in 2022.

Wednesday, 31 August - "A Day Trip to Eastbourne". Enjoy the Victorian splendour of Eastbourne's seafront and pier to

Eastbourne's seafront and pier to a Napoleonic Fortress, smugglers haunts, Elizabethan castles and mysterious hillside figures plus a lovely shopping centre. Price £28

Book via our website www. ardleighhouse.org or telephone 01708 440660.

# Cafe Rendezvous Presents Songs from Stage and Screen

At Queen's Theatre on Monday, 23rd May in the Foyer at 7.30pm. Tickets available from Box Office 01708 443333 or online www. queens-theatre.co.uk Jill Luff (vocals), Dominic Ashworth (guitar), Dorian Ford (piano), Alex Keene (double bass). Our musical evening will take you through well-known classics and songs from lesser known movies.

## Havering Antique Collectors' Club

Friday, 20th May – Mark Watson speaking on Archaeology – "Beneath our Feet".

Friday, 17th June – Anita Howard – *Toys of the 1940s and 1950s.* 

Annual membership £30, guests £5. Harold Wood Neighbourhood Centre, Gubbins Lane, Harold Wood 7.30pm for 8pm. Chairman Mrs Chris Lovett **07947 367258**.

# Wingletye Ladies Probus Luncheon Club

We are a friendly group of ladies, aged 50+, who meet at the Cranleigh Restaurant on the first Thursday of each month. We have a speaker before lunch at each meeting and a number of outings are arranged from time to time. At present we have a few VACANCIES and you are assured of a warm welcome if you wish to join us. For further details please contact the Secretary, Sheila Edwards on 01708 469235.

# **NCT Nearly New Sale**

National Childbirth Trust (NCT) Havering are running their charity Nearly New Sale at Marshalls Park School in Romford on Saturday 14th May. Doors open at 10:15am. We sell baby clothes, equipment and toys. Please come along.



Breast Cancer is the most common cancer in women in the UK.

1 in 5 are under 50. Don't be a statistic.

Not all changes mean cancer and we are here to help Not all changes mean cancer and we are here to help. We offer remote 1-2-1 breast awareness consultations with specialist nurses Our nurses will teach you how to check yourself with confidence and discuss any concerns you have with your breast health.

Get in touch now for your appointment remind your girlfriends to book theirs too!

www.ladymcadden.org

Call **01702 343288** 

Email **info@ladymcadden.org** 



# Call: Gary or Liam

# DOUBLE GLAZING



#### REPAIRS

Broken, Misted, Sealed Units Handles, Rollers Hinges, Locks etc.



Weatherbest Double Glazing Repairs
Fully Guaranteed
01708 437174

New Window & Door Installations

OAP Discount

EST 1989



#### MOBILE SEWING MACHINES

SEWING MACHINES REPAIRS AND SERVICING IN YOUR OWN HOME OR AT WORK ALL MAKES

NEW AND SECOND HAND MACHINES SOLD. PART EXCHANGE AVAILABLE. OAP DISCOUNT. ALL WORK GUARANTEED. 36 YEARS EXPERIENCE.



PHONE 6800 371312 OR 01708 345738 MOBILE 07860 468695 www.mobilesewingmachinesrepairs.co.uk

## IN DOORS LTD

**Local Manufacturers** 

#### **COMPLETE NEW KITCHEN & BEDROOMS**

Supply only, or Supplied and Expertly Fitted, Design & Planning

# OR REPLACEMENT Kitchen & Wardrobe Doors

Vinyled-Gloss Slab, Handleless Matt Finish
Painted Solid Wood-BS/RAL- Farrow & Ball colours
WORKTOPS - Laminate/Granite & Quartz
Most Appliances available – Blanco, Neff,
Siemens, Bosch, Belling etc.

**HANDLES** - Large range Inc. SWAROVSKI Friendly & Helpful, Trade & Public Welcome

Visit our Showroom/Factory Mon to Fri: 9am to 5pm, Sat. 9 to 1.30pm Tel: 01708 671199

Units 5-7 ARCANY ROAD, S.OCKENDON RM15 5SX

Email: info@indoorsessex.co.uk

No appointment necessary

# LEARN TO SWIM

with

# PADDLERS

Swim School

Aged 4+

Lessons for all abilities

01708 720388

www.paddlers.co.uk









ALL BUILDING AND CONSTRUCTION JOBS UNDERTAKEN

FULLY INSURED- CUSTOMER RECOMMENDATIONS AVAILABLE CONTACT US FOR A FREE NO OBLIGATION QUOTATION.

Email: Info@newgenconstruction.co.uk

TEL: 01245 420351 MOBILE: 07768172842







#### **MOT & SERVICE CENTRE**

# 'UK GARAGE OF THE YEAR' FINALIST 2 YEARS RUNNING!

Free local Collection and Delivery
Family run business
5 minute drive from Upminster High St.

MOT, SERVICING, BRAKES, SUSPENSION, TYRES, MAIN DEALER LEVEL DIAGNOSTICS & ALL OTHER GARAGE SERVICES



01708 670773

www.a1autocentre.com





Do it Right, the First time!

#### ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing, Fencing, New Iswns, Garden Lights, Brickwork, Garden Design, Steps, Block Paving

Mobile: 07814 940335

www.anglepaving.co.uk email: angle.paving@o2.co.uk

# **Assistive Technology helping with Independent living throughout Havering**

"Very satisfied with the service given. I live alone and find it a Godsend.

Fortunately most of my calls are for tumbles where I lose my balance and can't get back on my feet without help. Thank you" Mrs C.

Do you want to live more independently but are unsure how to call for help if something happens? Or are you worried about someone who lives on their own and is vulnerable?

If so, The Havering Telecare Centre may be able to help you. We provide assistive technology in your own home and could also attend to your property 24 hours a day in case of an emergency, all at a low weekly cost.

Assistive Technology includes but not limited to: **Pendants** that can be worn in the garden and bath, **Smoke & Carbon Monoxide detectors** monitored 24 hours a day (we call Emergency Services if you are unavailable i.e. in hospital), **Bed sensors** that can switch on lamps when you get out of bed.

If you would like to be more independent in your own home or help someone else, then please contact us for further details quoting UP21.



Havering Telecare Centre
Web: https://www.havering.gov.uk/telecare
Email: telecare@havering.gov.uk
Phone: 01708 432843





# Havering Astronomical Society

Wednesday, 18 May, 7.15 for 7.30pm – *Interstellar Communication* 

To be presented by Roger O'Brien: regular speaker to the HAS and astronomy tutor at several institutions, including the Workers' Educational Association, the Open University, City Lit and the Royal Observatory Greenwich.

Please email *enquiries@havastro. co.uk* or see the website *www.havastro.co.uk*.

Young Astronomers – Thursday, 26th May 7-8pm. The Young Astronomers (aged 8-16) meet on the last Thursday of each month for talks and observing, enjoying a wide range of topics and interests. New members always welcome. Please email young. astronomers@havastro.co.uk for more information.

All meetings are held at Thames Chase, Pike Lane, Upminster.

# Havering & District National Trust Association

We meet at Ardleigh House, Hornchurch. RM11 2LG on the 4th Saturday of each month at 2.30pm.

You do not have to be a member of the National Trust to attend. Visitors £2 per meeting.

Next meeting 21st May, Talk & Plant sale – An Underground Guide to 1950s London.

For more information about the Association, please contact the secretary on *HaveringNTA@* hotmail.com or 07939101802 or Anne on 01708 446593.

#### **GADABOUTS**

A social/friendship club for single, widowed or divorced people aged 40 to 70 years. We meet on the first Tuesday of the month at the

Havering Bowls Club, Harrow Lodge Park at 8pm. If you'd like more information please contact **gadabouts@live.co.uk** 

# Havering Local Group - monthly wildlife walk

Phyllis Currie Nature Reserve, Great Leighs, CM3 1PE. A walk to look for orchids and other wildflowers, dragonflies and butterflies. Meet in the car park in Dumney Lane on Saturday, 4 June 2022 from 10.30am to 12.30pm.

It's free to take part and the walk will take about two hours. Please wear suitable clothing and footwear.

Call **07413 649006** or Email **grandadtone@gmail.com** to confirm a place.

Suitable for families and adults. Dogs welcome if under effective control.

# Liberty of Havering Outdoor Bowls Club

We are holding our open days on Friday, 6th May @ 11am - 4pm and Sunday, 8th May @ 11am -4pm. Our sociable, friendly club is looking for new members, especially ladies, and we invite you to 'come and have a go'. Equipment provided, but please wear flat soled shoes or trainers. Refreshments available. Club is located just beyond the Leisure Centre's car park in Harrow Lodge Park. RM11 1JU. Our club members will be available throughout both days to give advice. Please contact Sheila 07949307336 or Richard 01708 449245 for more information. We hope to see you.





# Mulley & Son



Chapel of Rest | Home Amangements | Distance No Object World-Wide Reputriation | Ample Client Parking | Memorials

Family Owned Funeral Home L24 Hour Funeral Service



254 St. Mary's Lane Upminster RM14 31 Tel. 01708 220330

28 High Street, Hornchurch RM12 4UN Tel. 01708 442145

Homas (I:) Craminatoriii Infinadilavacan oran Email:-Hornebusch@bfm.ulleywon.com

www.bfmulleyson.com /





## HANDYMAN / GENERAL BUILDER

LOCAL BUILDER WITH 35 YEARS EXPERIENCE

NO JOB TOO SMALL

REPAIRS / REFURBISHMENT / NEW WORKS

Call John for a free and without obligation quotation/advice



Recommendations available

**Public liability insured** 

Mobile number: 07970 074664

Home telephone: 01708 913714



#### Garden Services, Estate Management & Tree Surgery

rst, reliable and friendly service at competitive prices

All Gorden Services & Regular Maintenance plus Jet Washing, Potios, Line-marking, Clearance & much more!

d commercial contracts available - Free, no-obligation estimates/advice

www.ajbgardens.co.uk Chromition on 01708 228886 / 07875 557378



#### **D.G. PLUMBING SERVICES**

#### All plumbing work undertaken

FREE camera video gutter cleaning inspection High reach vacuum tech No mess No ladders **FREE** estimates

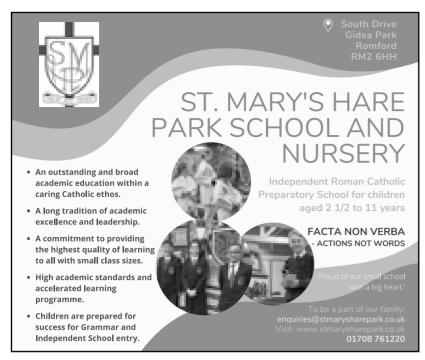
> 01708 220994 07977 214541 52 The Grove Upminster RM14 2ET











## Goodbye Ron Ower, but not forgotten

My colleague Chris and I were saddened by Ron's decision to step down as a Councillor this year. He is a very well known name in the ward, and has helped thousands of people over the years that he has been with the Residents' Association.

Ron has been interested in politics all his life, joining Newham Residents at the tender age of 17. We went to collect their electoral roll that election year, and was refused, as he was under 18.

I have known Ron for over 50 years, man and boy, but strangely he doesn't seem to have altered much over the years. In those days we only had Councillors In Cranham, and Ron used to pop along to our Upminster ward meetings before going on to the Cranham ones, to see if we had any problems that he could help us with. Even then Ron's commitment to the Association and the residents of our wards was clearly evident.

Secrets - well I know a few about Ron. Are readers aware he started out as a DJ on Radio Caroline, and even called his daughter Caroline after the ship!

Whether in a colleague or resident capacity, or both, we've been lucky to have Ron on our side and having our back, supporting us and our community with a dedication and longevity that will be hard to match, while all the time being a supportive family man to his wife Jeannie, children and grandchildren.

But it's not goodbye - Ron could never retire gracefully - he'll still be behind the scenes, helping us and you out, so don't despair, you'll still see a lot of our Ron.

Cllr LINDA HAWTHORN

## **Bring a Bottle**

Upminster Station has seen a wide range of improvements over the years. I remember this Association requesting a permanent entrance onto Platform One to prevent car park users having to go all the way up to the main entrance. Interesting to see how well this entrance is used, you couldn't imagine it not being there. I was really pleased to see that a "water station" has been installed on Platform One. This is a welcome addition and really useful.

RON OWER



A Will still on the to do list?

Need to review your existing Will?

Do you know the consequences of not having a Will?

Call or email to discuss your requirements without obligation.
Specialising in: Wills, Trusts, Estate Planning,
Lasting Power of Attorney, Probate.

01708 837102 | scott@acumenwills.net

ACUMEN

WILLS, TRUSTS & ESTATE PLANNING

acumenwills.net

# We Are FSTVL update

Residents' Association Councillors attended a public meeting in the New Windmill Hall in late March, held by the organisers of this year's We Are FSTVL.

This year's festival will be held at Damyns Hall Aerodrome on Saturday 6 and Sunday 7 August, but not on the preceding Friday, as has been the case in previous years. The change to August from the normal dates in May is due to the Queen's Jubilee Celebrations putting a potential strain on police resources at that time.

It is due to open at midday on both days and close at 11pm, earlier than in previous years. Free buses from Upminster Station to the venue will run and road closures similar to 2019 will be in place. Residents will be able to apply for a permit to enter their road during restricted times.

continued on page 22





# THE KEN RHODES GROUP LIMITED

THE LOCAL DOUBLE GLAZING & CONSERVATORY SPECIALISTS

WE PRIDE OURSELVES ON HONEST PRICES, FRIENDLY EXPERT ADVICE AND UNRIVALED CUSTOMER SERVICE



CALL NOW FOR YOUR FREE NO OBLIGATION QUOTATION 01708 227777

WWW.KENRHODES.CO.UK

193 ST MARYS LANE, UPMINSTER, RM 143BU







❖Sealant ❖ Waterproofing❖

- ❖Cut out and reseal mouldy silicone ❖
- ❖ Wet areas, kitchens and skirting lines❖
- ❖External windows ❖ doors and expansion joints❖
  - ❖15 years experience ❖ Free quotations ❖

Tel: 07596 095 248 e-mail: jongildea@tomkynssealant.co.uk

#### ADVERTISE YOUR BUSINESS HERE



**Delivered to over 15,500 homes Contact Martin Flower** Telephone: 07785 244212 E-mail: bulletinra@yahoo.co.uk

The Contract Review Company Ltd is your one stop

We offer an online, straightforward service for your contract review needs.

Each contract is reviewed by a professional with a legal background and years of contract review experience.

We review:

- Confidential/Non-disclosure Agreements
- Commercial Terms of Business

shop for contract/document reviews

- **Employment Contracts** Hire Agreements

And many more... WEBSITE: www.thecontractsreviewcompany.co.uk  $\textbf{EMAIL:} \ \underline{info@thecontractsreviewcompany.co.uk}$ TEL: + 44 (0) 7951642364

@ 2022 The Contracts Review Company Ltd Registered Office: Kemp House, 160 City Road, London EC1V 2NX Company Registration No. 11920746

Several members of the public raised concerns regarding road safety and anti-social behaviour on the route to the venue, and Councillors made points regarding ensuring as many people as possible use the free buses, rather than walk, and other similar

Anyone with questions or concerns can e-mail the organisers via residents@wearefstvl.com. We will keep residents informed of any updates we receive on our website and in The Bulletin.

> UPMINSTER AND CRANHAM WARD COUNCILLORS

#### **Crocuses**

It's nice to receive comments on how nice our park is in the centre of Upminster. A number of people have mentioned to us how nice the crocuses look on the eastern side of the park (Corbets Tey Road). The park has an active Friends Group.

## **Upminster the** place to be

In the last weekend of March amongst glorious weather, Upminster Town Centre saw a range of activity from an organisation called Havering Changing. Having secured funding Havering Changing are delivering a "Welcome Back" project which aims to encourage people back on to the high streets after the challenging times faced during the pandemic. Through art workshops and spectacular performances we saw extraordinary events and performances in the town centre

to create feelings of hope and a buzz of excitement - including circus, music, theatre and dance.

The performances and workshops took place in Station Road and Corbets Tey Road on the pavements outside shops, cafes and restaurants. Amongst the activities was a craft workshop, balloon modeller, face painter, Bollywood dancer, singer, stilt walkers in costumes and theatrical performances The local Police team attended and with a number of people enjoying our award winning park and sitting outside in the sun having a drink many residents enjoyed the activities. We really do have a wonderful Town Centre with a wide range of shops and restaurants etc.

RON OWER

# Maggie May, Queen's Theatre

An inspiring play about love, hope and living with dementia. Former Brookside star Eithne Browne and musical theatre favourite Tony Timberlake have been cast in Maggie May, a new play by award-winning writer Frances Poet that shines a light on the experience of living with dementia. An extraordinary play about an ordinary Leeds family learning to cope with a life-changing diagnosis. Written with honesty, beautifully balanced with humour and music, it is, ultimately, an uplifting story of love in all its guises.

Queen's Theatre Hornchurch from 24 - 28 May - Box Office: 01708 443333.

#### **ASSOCIATION CONTACTS**

Commercial Advertising Martin Flower 07785 244212 bulletinra@yahoo.co.uk

**Upminster Organiser** Chris Wilkins 07960 059 195 wilkinschristopher7@gmail.com

Kerry's Professional

**Bulletin Editor** Pauline Mastroianni mastroianni@btinternet.com

Cranham Organiser & Residents' Association Website John Tyler (07982 962925) www.ucra.co.uk



Ironing / Laundry Services Available Alterations Wedding Dresses

Other Services

Companionship
Companion to Doctors, Dentist, Hospital Visits
Dementia Trained

. 07932 066 338 🔀 kerrys.ironing@outlook.com

CONTRACTS

REVIEW

COMPANY



#### OLDHAM LANDSCAPES

SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION

DEPTES, PATION, BRICKWORK, PLANTING, TURING, FENERG, DECENG, PERGOLAS,

PORTFOCIO ON FACEROOK UNDER OCDERNY LANGUEAPEN 01708 225279, 07973 911893



#### Could you be a Shared Lives Carer?

If you have room in your home, and the time and compassion to support a vulnerable adult to live independently as part of your family, we will offer you training, support and a weekly allowance of up to £450 per week

info@bettertogether.org.uk 0208 519 9536

# SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES.

MEDICATION SUPPORT COMPANIONSHIP

RESPITE

**DEMENTIA & ALZHEIMERS** 

DIGHT DOMESTIC

PERSONAL CARE

**NUTRITION & DIET SUPPORT** 

24 HOUR SUPPORT

REABLEMENT SUPPORT

HOSPITAL DISCHARGE

SOCIAL & LEISURE ACTIVITIES

END OF LIFE

CONTACT US ON: 01708 301 111 or 07538 709 012

WEB: www.kareplus.co.uk/romford

EMAIL kgeomfordine/disreptos.co.uk

KARE ROMFORD

HOME GROWN HARDY OUTDOOR PLANTS

## LONG HOUSE PLANTS

Shrahs-Perennials-Grasses-Ferns-Climbers-Bamboos

- An independent nursery with a friendly atmosphere
- · Resident expert for free advice.
- · Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill, Romford RM4 ILD

01708 371719 www.longhouse-plants.co.uk

Open from first weekend in March to last weekend in Sentember on Fridays & Saturdays 10-5, Sundays 10-4 & Bank Holidays 10-5.



# **Janice's Electrolysis Clinic** 01708 727239

Janice specialises in permanent hair removal for white hairs, grey, blond and dark hairs, for fair skin, Asian skin and darker skin colours. Other treatments eliminate: Facial Thread Veins and Spider Naevi Skin Tags, Common Warts & Milia.

#### See website for more information

I have worked in this practice for over 25 years and can offer quality assured treatments and expertise which is second to none. So if you want honest advice and excellent treatment please don't hesitate to get in touch.

> Suite 3, 67 Butts Green Road, Hornchurch, Essex, RM11 2JS www.janiceselectrolysisclinic.co.uk



# **A1** GAS BOILERS

**INSTALLATION SERVICE & REPAIRS** 













• REPAIRS • SERVICING • INSTALLATION

• GAS LEAKS • LANDLORD CERTS • POWER FLUSHING PLUMBING REPAIRS • WATER LEAKS



T: 01708 470 420



M: 07939 134 862

**OVER 40 YEARS EXPERIENCE** 



George Armetronio

Mobile: 07956 674674 Info: sales@superiorshutters.co.uk





# AVID MJILLIAMS & SONS

LANDSCAPE GARDENER AND **NURSERY MAN** 

- **★** PAVING A SPECIALITY
- **★** WALLING
- **★** TREE FELLING, FENCING

DAY, EVENING'S AND WEEKEND'S 01708 700557 . 4 WILLOW WALK UPMINSTER. RM14.1XH. MOBILE: 07788 725853

## **AIICARPENTRY All Aspects of Carpentry**

Staircases, Laminate Flooring, Flatpacks, Doors, Skirting, Kitchens, Wardrobes

WWW.ALLCARPENTRY.CO.UK TEL: 01708 525682

MOB: 07950 384595



#### **ADVERTISE YOUR BUSINESS HERE**



**Delivered to over 15,500 homes Contact Martin Flower** Telephone: 07785 244212 E-mail: bulletinra@yahoo.co.uk

# Gary Foss Building & Landscaping

pareneione and alterations Kitchen fitting and worktop replacement

Driveways and patie's designed and laved

Structural wall removal and modification

Porches and garages etc.

Free estimates and advice Upminster 01708 500018 Mobile 07831 469041

Email gary.foss@virginmedia.com



Do you have problems

Trouble outling your nails ? Thickened nail management

With your feet ?

Ingrown toenalls

Fungal nail treatments

Corn and callous treatment

Adhlete's Foot.

#### T.Jefferves Decorating Services

All aspects of painting & decorating undertaken

Free Estimates Call 01708 347190

# **DRIVEWAY/ PATIO CLEANING** & WEED CONTROL SERVICE

## Let your driveway be WEED-FREE starting with our Spring Treatment!

Guaranteed no weeds with 3 treatments per year, and no cleaning required. From only £35.00 per weed treatment.

Check out our great reviews at www.checkatrade.com/trades/powerwashsolutions

#### Powerwash Solutions

Exterior hard surface cleaning & sealing services.

For a free, no obligation quote contact:

Tel: 01708 536379 / Mob: 07718 142330

www.powerwashsolutions.co.uk

#### FOOT HEALTH PRACTITIONER

Amanda King (MCFHP) (MAFHP)



# FOOT HEALTH TREATMENTS

£30.00 Home Visits A friendly, efficient and professional service

Mobile: 07920 855 044

# HOME Est. 1966

Exterior & Interior Painting & Decorating Paperhanging - Guttering A Speciality

> All Estimates Free UPMINSTER ( 01708 ) 226327

## A & P HOUSE CLEARANCE

OVER 20 YEARS EXPERIENCE FRIENDLY & PROFESSIONAL WORKING IN YOUR AREA



TEL: 01277 201508 or 07974 085985