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Update on Gallows Corner Flyover Summer 2025 closure

Transport for London (TfL) have released the following information regarding the planned closure of Gallows Corner Flyover during Summer 2025 – ‘From 21:00 on Monday 23 June until September 2025, there will be a full closure of Gallows Corner junction, both roundabout and flyover. This is while works are undertaken to renew and strengthen the flyover. Gallows Corner will be closed to all vehicle traffic, with only emergency vehicles, black cabs and TfL buses able to use the junction. Walking and cycling routes will be maintained.

No general traffic will be able to make journeys through Gallows Corner in any direction. This includes no access to or from the A127 Southend Arterial Road and A12 Colchester Road to the A12 Eastern Avenue or the A118 Main Road. Local diversion routes will be in place. Roads in the local area to Gallows Corner junction and wider area are expected to be very busy. All vehicle journeys should expect to be disrupted for the duration of the closure. TfL have released a heat map of where they expect traffic disruption to be at its worst and an extract from this is set out opposite (with red indicating the greatest impact). Possibly surprisingly this includes central Upminster. To view more detail and for links to TfL webpages concerning the works visit ucra.co.uk/update-on-gallows-corner-flyover-long-term-closure/.



Cllr JOHN TYLER

Activities for young adults – a note by the editor

The Bulletin typically includes details of a large number of clubs and activities for women, a selection for middle-aged and more senior men and a few for children. There are however very few if any for young adults in the 15-25 year old age group. At this time of the year particularly, some of these might already be (or about to be) off school or otherwise have time on their hands. Given the summer holidays are upon us, it would be good if there were any activities in the local area aimed at this age group which we could highlight in the Bulletin. If you are a club, a group or an agency that runs activities for this age group, please let us know the details and we will spread the word for these in future editions of the Bulletin. Help us to help the younger members of our community.

THE EDITOR

Our new Mayor

Cllr Sue Osprey, ward councillor for Rainham and Wennington and previously Deputy Mayor for 2024/2025, replaces Cllr Gerry O’Sullivan as Mayor of Havering. Cllr Barry Mugglestone, who represents Elm Park ward, has been named Deputy Mayor. Cllr Sue Osprey, said: “It’s such a privilege to have been elected as Mayor of Havering. I am looking forward to beginning my work as Mayor, and supporting the borough throughout this next year. Thanks for trusting me with this role; I will strive to be the people’s Mayor.” The Mayor has announced the mayoral charity she will be supporting and fundraising for over the coming year, the MCA Trust, which provides essential support for local children with cancer and their families.

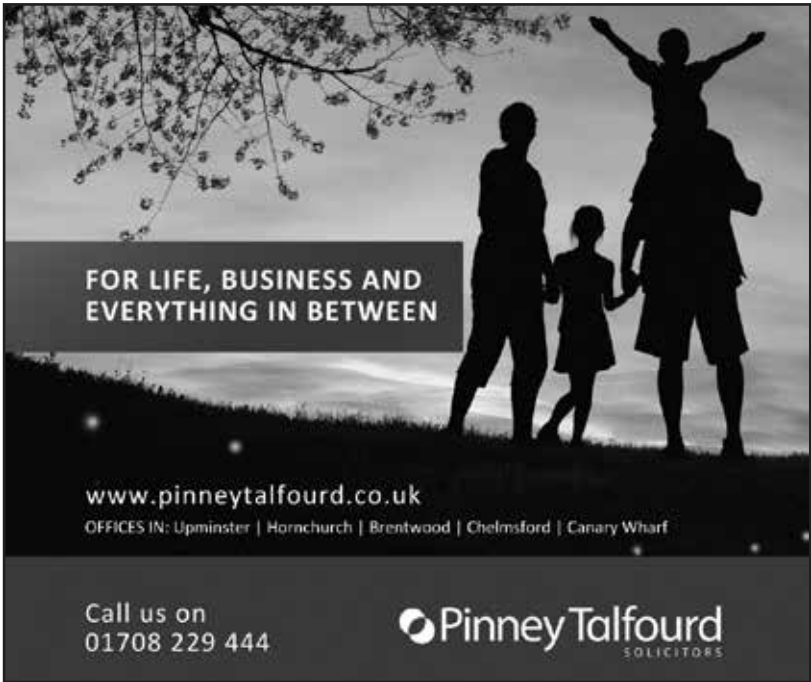
Also a huge thank you to Gerry for being a wonderful Mayor. Gerry and his wife Susan did a magnificent job.



Grass verges update

Thank you to everyone who responded to my request earlier in the year for locations in Cranham Ward where grass verges were damaged. I have reported a number of single instances to Havering Council, plus multiple locations in Kings Gardens, Ingrebourne Gardens, Cranham Gardens and Avon Road. At the time of writing (end of May), I am awaiting the council to undertake repairs but hopefully some or all of these will have been undertaken by the time you read this.

Cllr JOHN TYLER



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Dury Falls alley

Every summer, the footway that runs from Berkeley Close on the Dury Falls Estate to opposite Upminster Station can become narrowed by overgrowing bushes, trees and weeds. In addition, this Spring a significant amount of litter was thrown over the fence onto the railway side of the fence, plus larger items (including a mattress!). I contacted Network Rail in April and was promised a litter pick, but at the time of writing (late May), this had not taken place. By the time you are reading this I will have undertaken the following additional measures -

- Chased up Network Rail regarding the litter/fly-tipping
- Informed Network Rail of a number of their trees that need pruning to stop them affecting the street lights
- Reminded Havering Council that they need to include the footway in their weed spraying cycles
- Delivered letters to the houses in Waldegrave Gardens that

back onto the alley, asking them to prune any hedges and overhanging trees (Thank you to those householders who responded to a similar letter last year)

Cllr JOHN TYLER

Donate school uniform at Havering libraries

In the summer of 2024, Havering Council gave out 1600 items of donated pre-loved school uniforms and they are now asking for donations again. If you have any school wear in good condition that you'd like to donate, please take it to your nearest library (they cannot take underwear, socks or shoes). There will be a rail in each library for people to browse and take what they need. The initiative will run throughout the summer.

Cllr JOHN TYLER



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Fostering in Havering

Children from all backgrounds in Havering need foster carers to have better outcomes in life. Children enter foster care for many reasons. This means they need different forms of emotional and practical support. We always try to keep families together when we can. We need foster carers when this is not possible. Do you have a spare bedroom? Can you offer a child or young person a home, time, love and support? If the answer is yes, please contact localcommunityfostering.co.uk or call **0208 496 3437** and ask to foster for Havering Council.

Cllr CHRIS WILKINS

Recycling in Havering

Residents often engage with ward councillors concerning orange sack collection and the amount of recycling undertaken. Recent data has shown that the London Borough of Havering is the best performing borough in terms of recycling out of the 4 London Boroughs which form part of the

East London Waste Authority. In 2023/24, our Borough achieved 41.91% of waste going to recycling, compared to the London Borough of Newham at 26.63%. In April to November 2024, this Borough surpassed the annual percentage above and recycled 43.24% of waste, compared to the bottom performer of 27.28%. This full year we are on course to better last years' percentages. Only 1% of our waste currently goes to landfill. Thanks should be given to all our residents who use our orange sack service to achieve these good results.

YOUR RESIDENTS ASSOCIATION
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Crackdown on underage sales

Havering Council's licensing and trading standards teams have been out across the borough to prevent local retailers selling age-restricted products such as knives and vapes to young people aged under 18. The teams visited 10 different premises recently, in Upminster, Hornchurch, Romford, Harold Hill, Elm Park, Harold Wood and Collier Row. Young volunteers help officers by

going into businesses to attempt to buy a knife or a vape, also known as e-cigarettes. These products are illegal for anyone under the age of 18 to purchase. All the businesses visited refused to sell the products to the young volunteers. Havering's Trading Standard officers carry out regular unannounced visits. Any business found selling the products to those underage could face prosecution and the loss of their licence.

Cllr CHRIS WILKINS

Free gym access if you live with Parkinson's

Parkinson's is the fastest-growing neurological condition in the world and there is currently no cure. It affects around 153,000 people in the UK and there are more than 40 symptoms, from tremor and pain to anxiety. Being physically active can play an important role in living well with Parkinson's.

I am pleased to share that residents living with Parkinson's across Havering can access free

fitness memberships through a partnership between Havering Council's local leisure operator, Everyone Active and Parkinson's UK. The initiative comes as medical professionals increasingly recognise exercise as a key component in maintaining quality of life for those with the condition. This is available at Central Park Leisure Centre, Harrow Lodge Leisure Centre, Noak Hill Sports Complex, Rainham Leisure Centre and Sapphire Ice and Leisure.

Parkinson's Awareness provides full access to gym facilities, swimming pools and exercise classes for patients and up to three of their carers. Medical clearance is recommended for those with additional health conditions before beginning new exercise routines.

The free membership programme is now in its fourth year nationally and currently 89 people in Havering benefit from the scheme, with numbers increasing in recent years, reflecting the global rise in Parkinson's cases.

Beyond traditional gym activities, participants can access specialised Synergy Dance classes online, designed to accommodate varying mobility levels.

Cllr GILLIAN FORD

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Nitrous Oxide

Nitrous oxide has caused concerns for a number of years now. The dealing and possession of this item is a criminal offence and while the Council always work with the police to ensure the law is enforced, they also have measures in place to support young, and older people, to warn them of the dangers of using this drug.

Reaching young people is one of the priorities in the borough's Combating Substance Misuse Strategy released last year. A number of Council teams work closely with partners across areas such as health, safety and environment to reduce the harmful effects of substance misuse and to minimise its impact on our residents.

This joint work is coordinated through the Havering Combating Drugs Partnership, with myself and Cllr Oscar Ford playing an active role in its development and delivery.

The Council is also in partnership with Change Grow Live who have been commissioned to engage with children and young people

via school talks and assemblies on the dangers of substance misuse.

Our street teams also work hard to dispose of nitrous oxide canisters – and other litter as soon as it is reported or spotted.

Cllr GILLIAN FORD

Refuse collection days

Please note the following information from the Council indicating that there are no changes to your collection day for the Bank Holiday periods. Residents should just leave their bags out as normal from 7am on their usual day of collection including garden waste, bulky and clinical waste collections - if their collections are normally on a Monday, collections will still be made on Bank Holiday Monday and the same for the rest of the week. Over recent Bank Holidays, despite regular communications by Havering Council, waste crews noticed a reduced amount or no waste at all left out in some roads across the borough even though there was no change. Please

ensure your waste is out for collection on the usual day.

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For further information visit stopscamsuk.org.uk/our-work/159-phone-number/.

Cllr JOHN TYLER

Upminster Park Pavilion redevelopment update

By the time residents read this month's Bulletin the redevelopment of the Upminster Park Pavilion will hopefully have been completed. After many years of planning by the Upminster Pavilion Club, work on the redevelopment began in late January and was originally due for completion in early May, but some slight delays mean the opening of the enhanced building will now have taken place in mid-June (hopefully).

Residents and park users will have seen the work progressing through Springtime, and everyone at the club would like to thank all park users for their patience while the work has taken place and also for the interest they have shown in the project. We would also like to thank the Friends of Upminster Park for their cooperation and support in ensuring the redevelped

continued on page 7

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building is something all park users and residents can be proud of. The redeveloped building will include enhanced changing facilities for juniors, women, and those with disabilities, meaning both the Cricket and Hockey Clubs can continue to provide sport in a safe environment for the thousands of local residents who represent both clubs.

A large amount of funding for the project has come from the Cricket and Hockey Clubs themselves, as well as through many generous donations from individual club members. We have also received crucial financial support from the Veolia Environmental Trust, Sport England and the ECB (England and Wales Cricket Board), without which the work would not have been able to be completed in the manner it has been.

Havering Mind Summer Festival

Havering Mind is once again holding their annual Summer Festival which brings an epic weekend of music, nostalgia, and family fun to Harrow Lodge Park, Hornchurch across the

weekend of 11th/12th/13th July. The festival features a range of live music acts including fantastic tributes to some of the biggest names in music plus heaps for kids to do with family shows including, kids' entertainers, Disney singalongs, superhero meet-and-greets, live wrestling and loads more attractions included in the ticket price!

With the cheaper ticket prices, the fact you can bring in your own food and the very reasonable bar prices, this festival truly is the best value festival in the area. All money raised will support the local mental health charity, Mind in Havering, Barking and Dagenham.

Super Early Bird tickets are now on sale for all 3 days! Please visit: <https://www.haveringmind.org.uk/fundraising/summer-fest-25/>

Queen's Hospital labour and children's ward reach silver

Two more of the wards at Queen's Hospital, Tropical Lagoon children's ward and the

labour ward have achieved their silver ward accreditation. Ward accreditation helps improve and standardise the quality of care given to patients. Each ward is assessed by nurses and subject matter experts, who issue a report on how it is performing and how it can improve. It covers patient experience, safety, how efficiently the ward runs and how well it is doing on equality, diversity and inclusion.

Tropical Lagoon Deputy Matron Emily Bell praised staff on the ward for their "fantastic achievement". Labour ward Deputy Matron Elizabeth Ujitalor said the award shows how patients are receiving better care from the scheme as it helps the ward improve their standards.

Review: Noises Off at The Queen's Theatre Hornchurch

Noises Off at The Queen's Theatre Hornchurch is a fast-paced, laugh-out-loud production that shows just how much skill goes

into making chaotic comedy look believable. The cast's energy is relentless - every missed cue, slammed door, forgotten prop and dramatic meltdown is passionately delivered, perfectly timed and clearly the result of intense rehearsal.

In this "play within a play", the actors switch between multiple roles with expert comic timing and impressive physical control. Tailored jokes and topical references give the play a fresh, modern edge while keeping the classic farce elements alive, including mistaken identities, physical comedy and absurd events. The back stage scenes were my highlight - exaggerated, tense and full of wild choreography. You could sense the audience repeatedly holding their breath before bursting into laughter.

Coming up in July, Queen's Theatre is showing Shrek the Musical, Much Ado & Macbeth and the Comedy Club, among other shows- there's something for everyone.

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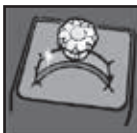
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Summer events for the Judy D'cruz fund

Thank you to all the good people of Upminster and Cranham who have been supporting the Brain Tumour Charity - the Judy D'cruz Fund for a number of years. As of writing the fund stands at £149,507.58. I just wanted to remind you about a couple of events we have going on in July and August.

1. Free haircuts at Wise Guys Barbers, Moor Lane Cranham Saturday 12th July. Joe has been a great supporter of the charity for a number of years and gives over a Saturday every year when he cuts hair for donations. We provide entertainment and fun for young and old alike whilst people are waiting to have their haircut.
2. The Cruisers are playing at the British Legion Upminster on Saturday 9th August. Free entry for members. Non-members £10. Fantastic live music

though all the decades. Bring your dancing shoes!!

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OASIS at Upminster Baptist Church

On behalf of everyone at Oasis, thank you UCRA for your generous donation towards our recent social event. 'Exotic Explorers' brought along some animals as part of their interactive show including a bearded dragon lizard, salamanders, a barn owl and a chinchilla. The most popular was a large boa constrictor that stretched across several people's laps!

Oasis is an accessible church meeting for all ages that meets monthly at Upminster Baptist Church in Springfield Gardens. Oasis is non-denominational and open to people with or without a disability or special needs, for whom an informal, friendly meeting is more suitable.

If you would like to find more, contact Daisy on **01708 223551** or **07714 853545**.

Hornchurch Football Club

As we reported last month the club have announced the 2025 /26 Season Ticket prices. Following feedback from supporters they have changed their pricing structure to encourage more families to attend their home games. Tickets for the Urchins, our local club, are excellent value.

Please note the club has announced a number of "friendly" matches. On Saturday 12th July they are away to Brentwood FC who play at The Arena, Doddington Road, Brentwood, CM15 9NN. Kick off at 3 pm.

There is a lot of information on the club's excellent website. Go along and support the Urchins.

Great British Rail

Over the years your Residents Association has fought for improvements at Upminster Station. This serves the "Push & Pull" Liberty Line route to

Romford via Emerson Park convenient to connect with the Elizabeth Line and the shops and other activities in Romford. The station also serves the District Line Underground (well it goes underground just before Bow Station) going into London. Both lines provide a connection to central London and to Heathrow (albeit with a cross-platform change between the District and Piccadilly Lines). We were delighted to see the side entrance of the station with its own booking office introduced - really convenient for the car park. There is a coffee shop with seats at the station.

The C2C rail service from Fenchurch Street to Shoburyness has also seen huge improvements and has constantly been hailed as the best in the country. I was interested to see that the C2C service was amongst the 14 services that have or will be nationalised. The services will be branded Great British Rail. From what I can see in the national media, the plans to renationalise Britain's railways go back to the summer of 2018 when there was chaos across the network following time table changes.

continued on page 11

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ACCA

The Government estimate that there will be huge savings with one report estimate of £680 million whilst an Independent estimate was £100 million. Let's see if there are any savings! Our local C2C service is due to be nationalised on the 20th of this month.

We really appreciate the services we get from Upminster Station. Please join me in keeping an eye on what happens following nationalisation.

RON OWER

The Post Lunch Club

The Post Lunch Club, Havering's first day-time dance party-club event, is soon to be launched. For the 35+ age group, playing old school and club classics, the Post Lunch Club will meet on Saturday 12th July from 4pm - 10pm at the V Bar, Hornchurch, behind the Mandarin Palace restaurant, 201 High Street, RM11 3XT.

Please follow our Instagram [link @postlunchclub](#) for ticket information & further details.

"Dance before dusk".

Communi-Tea Circle: Alleviating loneliness in the elderly

Communi-Tea Circle, a local charity fighting loneliness among the elderly, is seeking volunteer hosts and drivers in Upminster, Cranham & Hornchurch. By organising regular tea gatherings, Communi-Tea Circle creates welcoming spaces where seniors can connect, share stories, and enjoy companionship. Loneliness impacts many older individuals, harming both mental and physical health.

Communi-Tea Circle believes a simple cup of tea and a kind conversation can make a life-changing difference. Volunteer hosts open their homes to elderly guests, offering a safe, friendly place to relax and socialise. Afternoon teas can include storytelling, games, or casual chats - a little time can bring immense joy.

Volunteer drivers are also crucial, helping seniors who face mobility

challenges attend gatherings. Your time and transport ensure no one misses out on this vital social connection. Volunteering with Communi-Tea Circle is incredibly rewarding, enriching both your life and the lives of elderly community members.

To get involved visit www.communi-teacircle.org, email contact@communi-teacircle.org, or call 0300 102 2252.

Let's beat loneliness together — one cup of tea at a time.

Protecting your property interests as an unmarried couple

If you are buying a home with a partner and contributing equally, it is important to know that your share isn't automatically protected, especially if you're not married. In the absence of a formal agreement, disputes over ownership and contributions can become complex and costly.

A cohabitation agreement

clearly sets out each party's financial contributions and intentions, helping to avoid misunderstandings in the future. It can cover not only property ownership but also living costs, household bills, and what happens if the relationship ends.

Without one, you may find it difficult to prove your entitlement, even if you've paid half the deposit or contributed equally to the mortgage.

The Family Law team at Pinney Talfourd can help you prepare a legally binding agreement tailored to your circumstances. Protect your investment and gain peace of mind, contact our team on 01708 229 444.

Snake bites in dogs

In Britain the only venomous snake is the adder. This snake can be found along the Essex coast and in our Country Parks. They are secretive creatures and only bite if they feel under attack. Unfortunately, young dogs may inadvertently provoke an adder to bite and if this happens veterinary treatment

continued on page 13

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should be sought straight away. Signs of adder bite include pain and swelling at the site which is usually the face or legs. This could lead to problems with breathing if severe or lameness if on a foot. Anti-venom is difficult to source so treatment is usually targeted at reducing the signs by using pain killers, anti-inflammatory drugs and sometimes intravenous fluids if the animal is in shock.

It is important to differentiate adders from grass snakes or slow worms. Adders have a distinctive black zigzag pattern along their back. Grass snakes on the other hand have black markings on their sides. Slow worms are, in fact, not snakes at all but legless lizards they are olive green or grey and smooth skinned. All UK reptiles are protected by law and should not be disturbed.

If you suspect your pet has been bitten by a snake, then contact your veterinary surgeon as soon as possible. Carry your pet rather than let it walk and try to keep it calm. Cold water bathing of the bite wound can help to minimize pain. Adder bites are rarely dangerous to life, but it can take up to 5 days to recover. Lawton and Stoakes **01708 384444**

Havering Concert Orchestra Summer Concert

'A Summer of Romance' on Saturday 5th July 2025 at Frances Bardsley Academy, Brentwood Road Romford RM1 2RR.

This will be a musical celebration of romance, beauty, and timeless melodies. At the heart of the programme is Rachmaninoff's Piano Concerto No. 2, one of the most beloved and romantic works in the repertoire. We're especially pleased to welcome Irina Lyakhovskaya, an acclaimed international pianist and recording artist as our soloist.

The concert also includes Finzi's Romance for String Orchestra and Mussorgsky's Pictures at an Exhibition arranged by Maurice Ravel.

Door time: 7:00pm, Start time: 7:30pm. Advance tickets £12 (students and under 18s £5) available online via www.hcoveb.co.uk where more details

can be found. Tickets will also be available on the door but at the higher price of £15. (Card facilities available)

New Dawn Chorus Community Choir summer concert

NDC are delighted to announce that we will be appearing at Cranham Community Centre, 115A Marlborough Gardens, Upminster, RM14 1SR on Saturday, 12th July at 2.30pm. Tickets cost only £5. There is ample free parking and refreshments will be available.

Since 2023 we have raised money for local charities and donated £4,000 to the wonderful Saint Francis Hospice. If you wish to purchase tickets, please either email ndcchoir2025@gmail.com or telephone: Lorraine at **01245 284483**. We sold out weeks in advance for each of our 3 performances at Queen's Theatre so to avoid disappointment BOOK EARLY!!

Brookside Theatre

We are also lucky to have the Romford based Brookside Theatre at 21A Western Rd, Romford RM1 3NH, a short walk to Romford Station and bus stops.

They have a wide range of fantastic show coming up this year. Their website has all the details and examples of shows this month include:-

Six the musical from the 9th to the 12th July .

The Great British Bake Off Musical from 23rd to 27th July which promises to "serve up a delicious mix of comedy, heart-warming moments and show stopping tunes."

Give their excellent website a view for full details. Their Box Office is on 01708 755 775.

A great local theatre giving really great entertainment at a fraction of West End prices.

Trinity Church

A coffee morning and sale will be held at Trinity Church on

continued on page 15

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Saturday 12th July from 10-12 on the front lawn (weather permitting). On sale will be plants (possibly tomatoes) jewellery, puzzles, china, books and craft items. All proceeds for church funds towards refurbishment of the Roope Hall at the Church.

UCRA coach trip news

Wednesday 26th November
The Music of Bond

Join the Royal Philharmonic Orchestra, two star vocalists and a special guest presenter for its much-loved The Music of Bond show - live, for one night only, at the Royal Albert Hall. Featuring influential classics from John Barry and David Arnold, to chart-topping hits by Paul McCartney and Adele - each timelessly depicting everyone's favourite Secret Service agent, 007.

Enjoy the seminal songs and soundtracks from: You Only Live Twice, Goldeneye, Live and Let Die, Quantum Of Solace, The Spy Who Loved Me, Goldfinger, From Russia With Love, Casino Royale, Diamonds Are Forever, Skyfall, No Time To Die and Spectre - to name just a few. Whether you're

a die-hard Bond fan, or simply fancy an excuse to dress up and don your (very much optional) black tie, this sensational show promises to impress and thrill in equal measure.

Evening performance. The price of £44.50 includes return coach from Upminster. For further information please email Gina on ginasavillturner@outlook.com or tel **07958 006503**

Thames Chase

Live theatre at Thames Chase in July 2025

Quantum Theatre is back with a brand-new adaptation of the much-loved Beatrix Potter Tale, The Tale of Jemima Puddle-Duck. Join us at Thames Chase on Wednesday July 30th from 5pm-6.30pm.

Prevented from hatching her eggs at the farm, foolish Jemima goes in search of a nesting place in the forest and soon she meets a charming 'sandy-whiskered gentleman' who offers her the perfect nesting place in his woodshed. But why is his woodshed full of feathers and why is he asking her to collect the herbs for roast duck? Kip the farm dog fears

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Start off the school summer holidays with this delightful theatre event, set in the surroundings of our 17th century barn and community woodland. This outdoor theatre event is one for all of the family! Tickets are £15 per adult and £10 per child. Bring your own chairs and blankets and why not bring a picnic with you. The production includes a 15 minute interval. For information and to book your ticket online please visit:

www.tickettailor.com/events/thameschase

Upminster Windmill

Come along to our Family Fun Weekend on Saturday 12th and Sunday 13th July, 10am - 4pm. Windmill sails turning (subject to weather), games and activities for all the family including our Teddy Bear Zip Wire and name the Bear, and as an added treat on Saturday

12th live music from the Ukeleles of Broken Biscuit & Out of the Blue. Bring a Teddy Bears' picnic; refreshments available!

Windmill tours are available both days - Adults £6, Children £2 [Minimum height 100cm]. Closed-in footwear is required. Entry is free to the site, the garden and the visitor centre. The garden and the visitor centre will also be open on Wednesday 30th July from 11am to 3pm, where you can learn about how the Windmill was restored to full working order and relax with tea/coffee and a cake in the garden. For full details of opening times in 2025 please visit www.upminsterwindmill.org

New Windmill Hall

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Party Night

Saturday 5 July 2025 7.30-11pm

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continued on page 17



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HAD Afternoon of Clairvoyance

H.A.D (Havering Association for People with Disabilities) are holding an "Afternoon of Clairvoyance" organised by Bright Star Clairvoyance Events. This is taking place on Saturday 12th July 2025 at our building in Woodhall Crescent, Off Wingletye Lane, Hornchurch between 2 and 4 pm. Please contact us for more information admin@hadhavering.co.uk or 01708 476 554.

OUT AND ABOUT Friends of Clockhouse Gardens

Just to note that the Friends work at the gardens on the last Sunday of the month.

Havering Astronomical Society

Adult group Wednesday 16 July, 7.15 for 7.30pm. Professor Garry Hunt will lead a discussion with club members entitled: 'A lifetime

with Voyager'

Young Astronomers (aged 8-16) Thursday 3 July, 7 to 8pm.

This is a mix of space news, talks, activities and observing when possible. Please contact young.astronomers@havaastro.co.uk for further details.

All our meetings are held at Thames Chase Forest Centre, Pike Lane, Upminster. If you are interested in joining the society, or have any queries, please email enquiries@havaastro.co.uk or see our website www.havaastro.co.uk.

There will be no club meetings in August.

Friends of the Old Chapel talks

Wednesday 9th July 2025 The Holden Family- rectors of St Laurence church. Tony Benton's talk will cover the 200 years when five Holdens were rectors of St Laurence church. It will also include details of other prominent family members. Talks take place in Roope Hall, Trinity Church, Station Road, Upminster. Doors open at 10am - talk starts at 10.30am. £2 supplement for members £4 admission for non-members Tea and coffee served at the end of the meeting. Email: friendsoldchapel@mary.havering.sch.uk

Havering Joggers

Havering 90 Joggers is a running club for adults aged 18+. We meet Tuesday and Thursday evenings at 7.30pm at Upminster Rugby Club, Two Gables, Hall Lane, Upminster. We also have a Sunday group that runs from a different park in Havering every week at 9am. We periodically arrange a Learn-to-run (Couch to 5k) coached 10 week course. Please get in touch if you are

continued on page 19



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Upminster and District Probus Club

Are you a retired or semi-retired Gentleman? Our Probus Club meets at the Square in Deyncourt Gardens, Upminster on the second Wednesday of each month, where we enjoy a chat and a drink before a 3 course lunch. Our speaker, Gemma Arnold, will be talking about The life of a Ballroom Dancer. Wonder if you'll fit in? You'll be sure of a warm welcome. Lunch costs just £25, payable at the meeting. You can find us on Facebook or on upminsterprobussec.wixsite.com/upminster-probus. If you wish to attend, you will need to book your lunch in advance by telephoning our Lunch Secretary, Richard Saville on **01708 221903** or **07858 693027** or email him at upminsterprobus.lunch@gmail.com

Havering Ladies Probus Club

Ladies are you retired or about to be do you like meeting new people and enjoy a nice lunch in beautiful surroundings. If so, why not join our meetings at Top Meadow Golf Club, North Ockendon. We are a friendly group and have interesting speakers and quizzes and it is a great opportunity to socialise. For more information, please phone our secretary on **01708 701 545**.

Wingletye Ladies Probus Luncheon Club

We are a friendly group of ladies, aged 50+, who meet at The Square, Deyncourt Gardens on the 1st Wednesday of each month. We have a 3 course lunch and after lunch we have a speaker. At present we have a few vacancies and you are assured of a warm welcome if you wish to join us. For further details please contact Sheila on **01708 469235**

Upminster Wine and Social Club

We are a very friendly and welcoming club who meet 8pm on the third Thursday of every

month at Cranham Social Hall in Front Lane. Here we enjoy each other's company, listen to a speaker and finish with a glass of wine. In July we have an in house quiz. Which is always fun. Entry is £5. For more information please contact Kevin on **07727 497367**

Trinity Leisure Club

Trinity Leisure Club (affectionately known as TLC) meets every Thursday from 1pm until 3pm in the Roope Hall Trinity Church (next to Roomes Store) and everyone is welcome. Just ring the bell for access.

We play board and card games and enjoy a chat over a hot drink and biscuits or sometimes even cake! Some people bring their knitting but, whatever your preference, it's a fun afternoon in pleasant company. At only £1 per session (proceeds to the church and charity) it's an inexpensive afternoon out.

Why not give us a try or bring some friends and get some TLC!

Gadabouts

We are a social club for single people and have a varied programme each month. Our age range is for those between 40-70 years. If you would like to know more, please email elizabethwooding@hotmail.co.uk

Harwood Ladies Probus Club

We are a group of retired ladies who meet at Top Meadow Golf Club on the second Wednesday of each calendar month to socialise, enjoy a three course lunch and listen to a guest speaker. If you would like to join us, please contact Bev on **01708 227694** or Jane on **01708 747548**. If no reply, do please leave a message giving your name and contact details.

Carousel Women's Club

Are you looking for a friendly woman's club to join? We are currently enrolling new members and you would be made very welcome. We meet on Monday evenings 7.30 - 10 pm at the Cranham Community Centre, Marlborough Gardens, Upminster. We have a wide range of events and activities including interesting and varied speakers, karaoke and other music evenings, quizzes, craft evenings, fish and chip suppers, cheese and wine, and pizza evenings. We also arrange theatre outings and coach trips.

If you are interested, please call

Eve on **07768160042** or Marion on **07976692010**, or simply come along to a meeting.

Upminster Park Townswomen's Guild

We are a friendly group of ladies enjoying a chat over tea and biscuits, listening to a good speaker or entertainers, going on outings/theatre trips and promoting friendships and wellbeing. We meet at St Laurence Church Main Hall, Upminster on the third Monday of each month from 1.45pm until 4pm. For further information contact Anne Monk 01708 226305 or simply come along.

Cranham Engayne WI

Would you like to belong to the friendliest WI around? We meet on the third Tuesday of every month at the Cranham Community Centre (Avon Road end of Marlborough Gardens) 2-4pm. We have interesting speakers as well as a full social calendar, with trips to theatres, RHS gardens etc, and also our "Ladies Who Lunch" afternoons. For more details phone Una Henderson on **01708 225088**, or simply come along to one of our meetings.

Deyncourt Ladies Probus Club

We are a friendly group of retired or semi-retired ladies who meet every 3rd Wednesday of the month in the Masonic Hall, Deyncourt Gardens, Upminster. We enjoy a chat and a drink before a three course lunch with coffee/tea and a speaker to follow. Outings are also organised during the year. For more information, please contact our secretary Pauline Diable on 01708 524 897.

Oglethorpe Women's Institute

We meet at Cranham Social Centre on the 4th Wednesday of every month from 1.45pm to 4pm. We are a very friendly, welcoming group who enjoy speakers, activities and a chat with a cup of tea. If you would like to find out more, please contact our Secretary, Pat Bridge on **01708 225616**.

Summer breaks

No meetings in July for Upminster and District Horticultural Society, The Arts Society of Havering, Wednesday Afternoon Music at Hornchurch Library and Havering Local Group Essex Wildlife Trust



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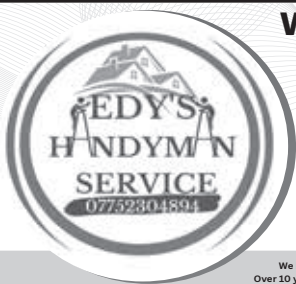
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Corbets Tey Road

We are really pleased to see that Corbets Tey Road is getting busier with a number of new and refurbished locations. Sal's Brasserie at 83 Corbets Tey Road has now opened, the Crumpled Horn Pub has had a refurbishment and Papa Johns Pizza Takeaway has reopened at 63 Corbets Tey Road. There are also plans afoot for a further three eating and drinking establishments - as we get further details, we will pass these on to you.

If you are planning a new venture locally, please let us know and we will spread the word.

Police speed check - Park Drive, Upminster

At the request of local residents, Councillor Jacqueline Williams recently arranged a police speed check in Park Drive. Although there are already traffic calming measures in place, there have been concerns about vehicles speeding at this location.

Councillor Oscar Ford also attended to observe the exercise. It was interesting to hear the views and concerns of several passing residents with regard to this particular road.

Nine cars (out of 64 cars passing in a one hour period) were travelling over 30mph. The average speed was 24.62mph. Two drivers will receive letters of caution from the police. Further steps are being taken to look at this issue and to see if a solution can be found. We would like to thank Upminster Police Safer Neighbourhood Team for taking the time to undertake this exercise for us.

Cllr JACQUELINE WILLIAMS

London Fire Brigade Home Fire Safety Checker

The London Fire Brigade (LFB) has a free fire safety tool that allows people to carry out a check of their homes in only a few minutes. The tool works by asking a few simple questions, which identifies the level of risk in your home. At the end, recommendations will be made, which could include offering a free Fire Safety Visit.

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You can also take the survey on behalf of a friend or relative if they are unable to do so themselves.

For further information visit
london-fire.gov.uk/safety/the-home/home-fire-safety/home-fire-safety-checker-hfsc/.

Cllr JOHN TYLER

New Dawn Chorus visit St Francis Hospice

New Dawn Chorus are fervent supporters of Saint Francis Hospice, and last month, two of us (Paul and Sandra) were invited by Andy Furneaux, their Chief Fund Raiser, to a tour of SFH, so we could see where and how the £4,000 donations raised so far have been used. We both found it an extremely moving experience, and are thrilled we were subsequently able to donate another £1,000, making £5,000 in total in just over 2 years.

Following the visit, Paul said that if I (Sandra) composed a poem, he'd get it framed and take it to Andy, so that it could be displayed in his office. So slightly abridged for the Bulletin here it is for a wider public.

An Ode to Andy

Today we represented the whole choir of NDC

And we'd like to thank you Andy for your hospitality

Your tour was fascinating and though I thought I knew

What happened in a Hospice, and the sorts of things you do

We left you feeling humble, and so glad the cash we raise

Can help someone who needs it, in the twilight of their days

So we'll sing and keep on singing, each donation, even small

When they're all combined together, can build a massive wall

We're not a load of oldies, who sit at home and watch the telly

No! We're recycled teenagers and we're giving it some welly!

We hope that you enjoy yourself on your mini-break vacation

When you return we'll send another THOUSAND POUNDS donation!

**With love from
New Dawn Chorus**

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Havering Energy Doctors

Havering Energy Doctors is a council funded service delivered in partnership with Age UK East London and Age UK Redbridge, Barking & Havering. It is available to all Havering residents aged 18 and over, and aims to assist people struggling with rising energy bills or living in homes difficult to keep warm.

One of Age UK East London's representatives will book a visit, assess your home's energy efficiency and provide advice. He/she will also be able to undertake minor tasks at the time, such as draft proofing doors and windows and providing energy efficient bulbs etc. The Havering Energy Doctors service is NOT means tested. For further information e-mail energydoctor@ageukrbh.org.uk.

Cllr JOHN TYLER

Push & Pull

Elsewhere in the Bulletin we write on the Government's nationalisation of the local C2C Rail Service. We wish to remind you that the "Push & Pull" Liberty Line runs seven days a week from

Upminster via Emerson Park to Romford. From Upminster it leaves at 5 minutes to the hour and 25 minutes past the hour. From Romford back to Upminster it leaves at 11 and 41 minutes past the hour.

The journey only takes around eight minutes, and provides a great connection at Romford to the Elizabeth Line.

RON OWER

Planning applications

We regularly search through the weekly Havering Council Planning Applications lists, just in case there are applications that need bringing to your attention. We also publish the applications on our website. Please note the UCRA website is updated regularly to include any late news that may have missed the Bulletin deadline so please look there to keep up to date.

MOT and tax check

We regularly get asked about vehicles that appear to have been dumped locally especially

in Parking Bays. Please use the Government's MOT/Tax Check finder <https://vehicleenquiry.service.gov.uk/> - merely put the vehicle registration number in and it will advise if the MOT and Tax has run out. If so, the Council will take action to remove the vehicle.

RON OWER

Upminster Riding for the Disabled

We are currently looking for volunteers due to the group expanding. We are a small friendly group currently running morning and afternoon sessions every Wednesday. No experience with horses needed, just a basic level of fitness and a weekly (term-time) commitment. For more information, please contact Stella on **07717 883 846** or email Upminster.rda@outlook.com

All We Can

On Saturday 5th July Upminster Methodist Church in Hall Lane invite you to support their fundraising for the Charity All We Can, a charity supported by Methodists. The money raised

will improve the lives of the most marginalised people on earth, unleashing inherent potential and using their strengths. The teas will be served in the middle hall from 2pm until 4pm and there will also be a book stall and bric-a-brac stall.

Havering in Bloom

Entries are now open for this year's Havering in Bloom competition. The competition is a great way to help make the borough a bright and attractive place to live, work, visit and go to school.

This year's categories are:

- Best School Display
- Best Front Garden
- Best Back Garden
- Best Communal Garden
- Tallest Sunflower
- Best Hanging Basket

Find out how to enter on the website. Entries close on Monday 1 September.





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