

LOCAL UPMINSTER BASED COMPANY

PROFESSIONAL LAWN TREATMENT SERVICES

LOVE YOUR LAWN AGAIN

Tired of patchy grass, weeds, or moss taking over your lawn?

BOOK YOUR LAWN TREATMENT TODAY!

07468488682 | jamie@grasshoppers-lnc.co.uk | grasshoppers-lnc.co.uk

GRASSHOPPERS LAWN CARE



PC & Laptop Repairs

Virus issues Running slow
Internet problems WIFI
Data recovery Power supplies
Laptop Screens Hard drives
Pick up and Drop off service

Cranham Computer Centre 01708-250296

Havering Council Tax

In the May 2023 and September 2024 Bulletins, I gave the comparison of the Council tax for Havering with that for our neighbours in Redbridge and Barking and Dagenham Councils and also with the much wealthier borough of Westminster. These are still available to view on our UCRA website.

We now have the figures for 2025/26 and these set out below. These show a similar position with the rates for Westminster being just over 40 per cent of those for Havering for similar rate bands.

Annual Council Tax Rates 2025/26				
Band	Havering	Westminster	Redbridge	Barking & Dagenham
D	£2,314	£973	£2,190	£2,098
E	£2,828	£1,189	£2,676	£2,564
F	£3,342	£1,406	£3,163	£3,031
G	£3,856	£1,622	£3,649	£3,497
H	£4,627	£1,946	£4,379	£4,196

Annual Council Tax 2025/26 Band E Properties

These reflect the unfairness of the present Council Tax system which is based on the position for almost 40 years ago. I wonder when will any Government have the courage to change this unfair system. Please write to your MP and also to the Minister responsible, the Minister of State for Local Government and English Devolution, Jim McMahon, at jim.mcmahon.mp@parliament.uk. The Council also have a petition which you can sign at <https://consultation.havering.gov.uk/coo/gov-funding-formula-petition-24-25/>.

RON OWER

New Village Green in Emerson Park

The community of Platford Green and Tyle Green in Emerson Park celebrated the dedication of its new village green on Sunday, 20 July 2025. This follows 18 months of campaigning to have this valuable area protected from future development. (more on page 3)

From left to right are **Cllr Ray Morgon**, **Cllr Laurance Garrard**, **Cllr David Godwin** and **Cllr Graham Willimson**.

Cllrs DAVE GODWIN and LAURANCE GARRARD



Illegal tobacco and vapes seized in Upminster

Recently Havering Council's Trading Standards and enforcement teams seized £17,300 worth of illegal hand-rolling tobacco, cigarettes and non-compliant vapes and Shisha tobacco from an Upminster business. The teams were joined on the operation by Metropolitan Police officers and sniffer dogs. The raid on the business was part of Operation CeCe, which focuses on the sale and distribution of illicit and counterfeit tobacco products.

This was a multi-agency operation consisting of Trading Standards, His Majesty's Revenue and Customs (HMRC) and Police. The aim is to crack down on those selling and supplying counterfeit and non-compliant tobacco products and vapes, which are often linked to organized crime and can also pose health risks to the public.

Businesses can face loss of a licence and a ban on selling tobacco, plus individuals found guilty can face substantial fines and even prosecution, with up to 10 years in prison and an unlimited fine. The business cannot be named at this time due to the ongoing investigations.

Cranham Play sites

Two play areas are set to see some improvements. Cranham Brickfields and Fleet Close Village Green are receiving some very welcome funding and would appreciate residents' input into how the money is spent. Fleet Close Village Green Friends Group is being set up and we would welcome people

continued on page 2

FOR LIFE, BUSINESS AND EVERYTHING IN BETWEEN

www.pinneytalfourd.co.uk

OFFICES IN: Upminster | Hornchurch | Brentwood | Chelmsford | Canary Wharf

Call us on 01708 229 444

Pinney Talfourd SOLICITORS

Windsor Property Extensions

Family Business Est. 25 Years

Extension Specialists Garden Room Specialists

- Extensions
- Loft Conversions
- Garage Conversions
- Bespoke Garden Rooms
- Renovations

Phone: 01277 37 52 37 Mobile: 07958 787 297

Email: wpm321@msn.com

windsorpropertyextensions.com

LADY PAINTER & DECORATOR



Professional, clean & tidy tradeswoman
All aspects of painting & decorating
(incl. plastering, coving and cornice)
Free estimates OAP discounts
Hornchurch & surrounding areas

CONTACT: TRACY on 07449 205770 / 01708 470841
Email: tracy.dawkins@live.co.uk

ALL
AREAS
COVERED

Family Business Est. Over 35 years
A Touch of Glass
No Salesman, No Canvassers, No Hassle

FENSA
Approved
11835



WINDOWS - DOORS - CONSERVATORIES
uPVC - ALUMINIUM - SEALED UNIT REPLACEMENT

01708 250 070

97 FRONT LANE, UPMINSTER, RM14 1XN

WWW.ATOG.CO.UK



CP CARPET CLEANING

Carpet & Upholstery cleaning specialist with
20+years experience, competitive prices,
includes a sanitising & deodorising treatment.
Fully insured and DBS certified

Carl: 07951 235195

Email: cpickering1976@outlook.com

www.cpcarpetcleaning.com CP Carpet Cleaning



Local electrician

- Based in Upminster
- Domestic/commercial work
- Electrical testing and reports
- Fault finding and rectification
- Fuseboard upgrades/Re-wiring
- Lighting/Telephone cabling

Paul Gilham 07985 185872

01708 229835

or info@gilhamelectrical.co.uk



City & Guilds
Qualified



Gilham
electrical services

Part P approved
24yrs experience
No job too small

ASSOCIATION COUNCILLORS

UPMINSTER WARD

Oscar Ford
01708 641317



oforducra@gmail.com

Chris Wilkins
07960 059195



CouncillorChristopher.Wilkins@
havering.gov.uk

Jacqueline Williams
07497 108563



jwucra@gmail.com

CRANHAM WARD

Gillian Ford
01708 641317



councillorgillian.ford@
havering.gov.uk

John Tyler
07982 962925



JohnTylerUCResidents@
outlook.com



@CllrTyler

Phil Ruck
07778 569759



philruckucra@yahoo.
com

ASSOCIATION CONTACTS

Commercial Advertising
Martin Flower 07785 244212
bulletinadvertra@yahoo.com

Bulletin Editor Richard Paling
bulletinra@yahoo.co.uk

Upminster Organiser
Gio Anastasi 07908 916119
gio.anastasi@hotmail.com

Cranham Organiser & Residents' Association Website
John Tyler 07982 962925
www.ucra.co.uk

ARTICLE & ADVERTISING SUBMISSION DEADLINES

Articles - 1st Month

Advertising - 3rd Month

Copy to be received on or before
the above dates one Month prior to
the publish date. Please note that
submitting an article does not guarantee
publication.

Email: bulletinra@yahoo.co.uk

to come forward for Cranham
Brickfields. If you are interested
in either group, drop an email
through to councillorgillian.ford@havering.gov.uk or ring
01708 641317.

Cllr GILLIAN FORD

Battery Energy Storage System in St. Mary's Lane to go ahead

The planning application for
the construction, operation and
maintenance of a Battery Energy
Storage System on land adjacent
to St. Mary's Lane, Upminster
(east of Warley Street) went before
Havering Council's Strategic
Planning Committee Meeting
on Thursday 10 July 2025. At
the meeting, despite objections
presented by the Upminster Ward
councillors and local residents,
the committee granted planning
permission by three votes to one,
with one abstention.

Your Residents Association
Councillors, who opposed this
decision, will now seek to ensure
that all of the conditions and
mitigations accompanying the

application are adhered to, but
there will be impacts on local
residents, and disruption to the
local roads is likely as and when
cables are laid. There is no start
date for installation works at this
time.

Cllr OSCAR FORD
Upminster Ward

Cranham's road improvements

Over the last three years we have
seen a number of Cranham's
roads resurfaced, Front Lane,
Hall Lane, Severn Drive, Queens
Gardens and most recently
Marlborough Gardens. Next
on the list is Avon Road, the
improvement of which will take
place in September. Neighbours
will receive a letter advising them
of the works and details will be
published on the UCRA website
and on Facebook platforms.
Cllr GILLIAN FORD



UPMINSTER CARPETS

FAMILY RUN SMALL BUSINESS FOR 30 YEARS

FREE ESTIMATES • OLD CARPETS AND FURNITURE? NO PROBLEM!

01708 . 224 . 515

205 ST MARYS LANE | UPMINSTER | RM14 3BU

WWW.UPMINSTERCARPETS.CO.UK

CARPET • VINYL • LAMINATE • AMTICO • KARNDEN

GO Landscapes

Landscape Construction

Driveways, Patios, Brickwalls, Fencing, Ponds,
Planting, Water Features, Turfing & Decking.

All work solely undertaken by

*** Greg Oldham ***

Tel. 01708 251 004 / 01621 860 529

Mobile 07812 131 772

email: oldhamgreg@yahoo.co.uk



BRICK PAVING BY PETER JONES

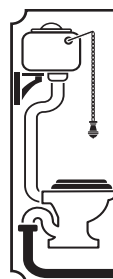
www.brickpavingbypeterjones.co.uk

Tel: Office:
01708 780000

Tel: Home:
01708 733088



Natural Stone Paving



PLUMBING & HEATING

Rugg
ENGINEERS
FAST, RELIABLE, FRIENDLY SERVICE

- TOILETS
- BALLVALVES
- TAPS
- MAINTANANCE
- HEATING BREAKDOWN
- BOILER SERVICING
- NO JOB TOO SMALL
- ALL WORK GUARANTEED

"LOCAL, FAMILY-OWNED BUSINESS
FOR OVER 35 YEARS."

07415 096551

01708 229857



ADVANCED MP
PLUMBING & HEATING

BOILER REPAIRS • SERVICING AND INSTALLATIONS • COMBI BOILERS
• TANKS • TOILETS • ALL GAS WORK
O.A.P'S DISCOUNT, NO CALL OUT CHARGE, 24 HR CALL OUT
WORKING IN YOUR AREA QUALIFIED AND EXPERIENCED ENGINEERS
01708 475041 079301 49046
www.adv-mpplumbing.co.uk
pat@adv-mpplumbing.co.uk

iphe
Chartered Institute of Plumbing and Heating Engineering

safe
SAFETY

OLDHAM LANDSCAPES
SPECIALIST IN LANDSCAPE DESIGN AND CONSTRUCTION
DRIVES, PATIOS, BRICKWORK, PLANTING, TURFING, FENCING, DECKING, PERGOLAS,
PORTFOLIO ON FACEBOOK UNDER OLDHAM LANDSCAPES
01708 225279, 07973 911893

FLEET ELECTRICAL & HEATING SERVICES
National Inspection Council for Electrical Installation Contracting
Full / Part Rewires - Extra Plugs
TEST CERTIFICATES PROVIDED
APPROVED CONTRACTOR
Immersion - Security Lighting - Fault Finding
Established in Upminster for 20 Years
Phone: **01708 250409** Mobile: **07956 335744**
5 Mersey Avenue, Upminster

ReActive
PHYSIOTHERAPY

Get back to your daily activities stronger and more resilient than before.

Consultation includes:
• Comprehensive Assessment
• Treatment Planning
• Effective Rehabilitation

Treatments available:
• Manual Therapy
• Acupuncture & Dry Needling
• Kinesiology Taping & Rigid Taping

We can help you with:
• Sports injuries
• Upper/Lower limb pain
• Lower back/neck pain
• Post-surgery rehab
• and much more...

Amy Kilner MSK Physiotherapist, BSc (Hons) Physiotherapy, MCSP, HCPC: PH144468
www.reactivephysiotherapy.co.uk | contact@reactivephysiotherapy.co.uk | 07418610791

Emerson Park Village Green

The first of five more village green dedications for this year, Platford Village Green joins the five village greens at Fleet Close, Cranham, Wennington Green, Wennington Village, Hitchin Close, Harold Hill, Gooshays Drive, Harold Hill and Dover's Corner at New Zealand Way, Rainham dedicated last year. Village green status ensures that Platford Green and Tyle Green will remain undeveloped in perpetuity; safeguarding the area for the enjoyment of future generations.

The event marks another milestone in the borough's commitment to enhancing green spaces for all residents and featured speeches by Councillor Ray Morgon, Leader of Havering Council, Councillor David Godwin, Emerson Park Ward Councillor, and Councillor Graham Williamson, Cabinet Lead for Development and Regeneration. Councillor Morgon, said: "I am so pleased to celebrate this first milestone, as we deliver on our promise to

our residents to protect these much-loved green spaces. "By the end of the summer, we will have ten village greens in Havering for residents and visitors to enjoy." The formal dedication ceremony was a community celebration and was followed by refreshments on the new village green provided by local ward councillors, David Godwin and Laurance Garrard.

Cllrs DAVE GODWIN
and LAURANCE GARRARD



A127 cycle path

Following many complaints from local residents we approached TfL to have foliage along the pavement of the A127 trimmed and swept for both cyclists and walkers. This would enable them to enjoy this facility which links Romford, Hornchurch and places beyond as far as Southend. This frequently used path needs to be preserved not only for the enjoyment of current users, but also to encourage cyclists and walkers to take advantage of a quick and safe option to travel.

Police success in drug raids

We received an update from our local police about a successful raid on a property in Havering which was believed to be used for the supply of drugs. A 49 year old man was arrested and found with drug dealing articles following which the property was boarded up with a closure order. This action was only possible following information from local residents

so if you believe that someone you know is dealing drugs you can report this to police via **101** or via **met.police.uk** or anonymously at **crimestoppers-uk.org**.

Nyth Close and Plough Rise

I met with residents in Nyth Close earlier in the year, as they have been experiencing long-term problems with larger vehicles seeking to access the Close, due to parked cars and vans in the narrow entrance road. I am now working with Havering Council to present a proposal to residents to solve the problems.

In the same road, it was also pointed out to me that delivery vehicles often drive over the inner end of the central green, even though there is an ample turning area. Havering Council have responded to this by installing wooden bollards to prevent this. In Plough Rise, there has been a problem with vehicles parking in the turning area at the end of the close, meaning that larger delivery lorries have often reversed onto

continued on page 5

S D GARNER + CO
CHARTERED CERTIFIED ACCOUNTANTS
EST. 1947

Helping you grow your business – is our business

With a free initial consultation, we have all your accounting needs covered. From Sole Traders to Limited Companies our services include...

- Cloud Accounting
- Start Up & Incorporation Guidance
- Personal & Business Tax Advice
- Company Secretarial
- VAT, Payroll & CIS Services
- Annual Accounts & Tax Returns
- Rental Accounts
- Fixed Fees Available

01708 453131
www.sdgarner.com
accounts@sdgarner.com
92 Station Lane, Hornchurch. RM12 6LX

ACCA

CRANHAM ROOFING

The Roofing Specialists

- Free no obligation quotations
- New roofs - strip and retile
- Flat roofs
- Chimney stacks - repoint/removed
- Guttering, fascia and soffit works
- Valleys and leadwork
- All repair and insurance work
- All new roofing works guaranteed

TEL / FAX 01245 842063 (office)
MOBILE 07860 752798 (24 hr call out)
EMAIL: t.gagen@sky.com

GOVANI CHEMIST

Molend Limited

Established in Upminster since 1973

Confidential pharmaceutical help and advice
by Liaquat, Shamim & Fiesha Govani, Tommy Hai

64 Station Road, Upminster
01708 220044

87 Front Lane, Cranham
01708 224083

Free local collection and delivery of prescription service available upon request from
housebound patients
www.govanichemist.co.uk



RICKY ARCHER Roofing Contractor

Established 1987



Roof Repairs - New Roofs - Tiling - Slating - Flat Roofs
Three Layer and High Performance Felting - Leadwork - Pointing
Guttering - UPVC Fascias & Soffits - Repainting of Existing Wooden
Fascias & Soffits

For free advice or a no obligation estimate contact Ricky on:
Upminster 01708 226512 Mobile 07710327651
Email: ricky-archer@ntlworld.com

PLASTERING



- Professional • High Quality
- Reskim over Artex • New ceilings
- Clean and Reliable
- Cove & Cornice • Painting
- Cheapest Rates
- OAP Discounts
- Free Estimates
- 27 Years Experience
- Hornchurch and Surrounding Areas

CONTACT: CLAY DAWKINS

TEL: 07961 379277 / 01708 470841

EMAIL: CLAY.DAWKINS@LIVE.CO.UK

MR PLUMBER

DT Moore Plumbing Services



- Trading Standards recommended Plumber
- Reliable with reasonable pricing
- All Plumbing work undertaken inc. Bathrooms
- No job too small & emergencies covered
- No call out fee
- For friendly advice please call David



07931 553631 mobile 01708 223561 home

LOVELAUNDRY.CO.UK

**Ironing / Laundry / Dry Cleaning
Service**

Collection & Delivery

*"If you hate doing laundry
you'll love us"*

T: 01708 445921 M: 07814 094106

143 Heath Park Road, Gidea Park, RM2 5XJ

Is now the time to review your financial planning arrangements ?

We at Austin Chapel Independent Financial Advisers LLP, have been providing unbiased, Independent financial advice to local people for over 20 years. In these uncertain times, now may be a good time to review your existing financial arrangements, to ensure they still meet your current and future requirements.

If you would like to review any of the following, please get in touch to discuss how we may be able to help you.

- Investments and Savings.
- Pension and Retirement Planning.
- Protection, Including Life Assurance, Critical Illness and Health Insurance.
- Mortgages and Equity Release.

For your **Free** consultation without obligation please call **01708 220816**.



Austin - Chapel

Independent Financial Advisers LLP

Suite 6, Essex House, 15 Station Road, Upminster, RM14 2SJ

Austin Chapel Independent Financial Advisers LLP is a Limited Liability Partnership which is authorised and regulated by the Financial Conduct Authority. Registered in England and Wales No. OC350780



Everything Glass Ltd

For all your window and door repairs

Windows and Doors Supplied and Fitted
Misted or broken double glazed units replaced

Hinges Locks Handles replaced

Toughened / laminated safety glass fitted

All types of glass supplied and fitted

No Job Too Small. 40 Years' Experience

No Call Out Charge

Call Paul on

07958 550796 or 01708 551314

www.everythingglassltd.co.uk



EPD Construction Services Ltd

Home Insulation & Drylining Specialists.

Want to Reduce Energy Bills & Heat Loss?

Epd cover all aspects of internal wall lining, insulation and Finishing, External wall insulation including render systems, Loft insulation install/Upgrades, New Partitions & Ceilings inc Acoustic upgrades, Media walls, Feature ceilings and Light troughs. For free friendly advice and quotes

Call Daniel on 07378 401973 / 01708 223869.

BRICK PAVING BY PETER JONES

www.brickpavingbypeterjones.co.uk

SERVICES

- SITE GROUNDWORK PREPARATION
- SUB BASE FOUNDATION USING READY MIX CONCRETE.
- SETTING OUT
- RETAINING BORDERS CONCRETED FIRMLY IN POSITION
- SEALER APPLIED TO SURFACE ON COMPLETION
- SITE LEFT CLEAN AND TIDY
- FREE ESTIMATES AND ADVICE

DESIGNED TO YOUR NEEDS

- WIDE VARIETY OF MATERIALS, DESIGNS, PATTERNS AND COLOURS
- CATALOGUE AND PREVIOUS WORK AVAILABLE
- WEBSITE AND FACEBOOK SHOWING EXAMPLES
- HELP AND ADVICE WITH DESIGN AND LAYOUT
- ALL YOUR CONSUMER RIGHTS WILL APPLY
- ALL WORK GUARANTEED

Tel: Office:
01708 780000

All work carried out by responsible tradesmen



Natural Stone Paving

Tel: Home:
01708 733088

Established over 30 yrs

a resident's driveway to turn around. I have been liaising with Havering Council for over two years to have yellow lines installed in the turning area, to remove this issue, and I am pleased to say that this has finally been approved.

I find the Council officers responsible for such schemes very helpful, but the extended period this has taken is a good example of how reduced resources are effecting the Council's ability to undertake necessary measures such as these.

Cllr JOHN TYLER

New Roads and Street Works Act 1991

It is always frustrating when utility companies in particular seem to dig up roads or pavements soon after they have been resurfaced. However, to reduce the number of times this happens, Havering Council often use their powers under the New

Roads and Street Works Act 1991 to impose restrictions on such works. The council must publish notification of their intention to do so beforehand and once this has been done, restrictions can be imposed for quite long periods.

Emergency works are understandably exempt but if they do have to take place, whoever does the work is often required to re-instate the road or footway to a much higher standard than normal. A recent example of this was when a water leak occurred in Queens Gardens (which had been recently resurfaced) at the junction with Roseberry Gardens. Once repaired, Essex and Suffolk Water were required to fully resurface the affected section of road, rather than just undertake a normal patching repair.

Cllr JOHN TYLER

Action on road works

Whilst the Gallows Corner flyover replacement takes place, the Council's Highways Department are liaising with Transport for London to minimise the

FREE WILLS AND LASTING POWER OF ATTORNEY SEMINAR

Date: Saturday 11th October 2025
Time: 09:45 to 11:30
Address: 54 Station Road, Upminster, Essex RM14 2TU

BOOK YOUR PLACE NOW
Email: marketing@pinneytalfourd.co.uk
Telephone: 01708 229 444

www.pinneytalfourd.co.uk

Pinney Talfourd
SOLICITORS

inevitable disruption to traffic flows across the borough. Unfortunately, it is not possible to avoid some urgent utilities repairs. It is annoying though when the traffic controls are left in place with no apparent action on the ground. This was the case outside St. Joseph's School, St. Mary's Lane recently, causing major tail-backs and congestion. I took this up with the Highways Department who contacted the statutory undertaker and got them to remove the redundant controls ahead of their licensed period, a welcome intervention for the drivers and residents affected.

Cllr OSCAR FORD

Time-lapse video of Tithe Barn restoration

National Highways (Lower Thames Crossing) have released a short time-lapse video of the restoration of Upminster's historic tithe barn, to commemorate the project

that they helped finance in partnership with Historic England and Havering Council. To view the video visit [youtube.com/watch?v=Xk5LJtsH4NY](https://www.youtube.com/watch?v=Xk5LJtsH4NY).

Cllr JOHN TYLER

Planning application for Green Belt land refused

The Upminster Ward Councillors recently called in a Planning In Principle request for a housing development on land adjacent to the Ladyville Lodge. The plot of land, designated as Metropolitan Green Belt lies at a strategic location on the edge of the North Ockendon village, and as such marks and provides for a green transition to the open farmland beyond. Of particular note, the Ladyville Lodge care home, which is adjacent to this plot, is set back from Fen Lane and presents a green frontage with mature trees.

Allowing development here would set a precedent, opening the door for other similar plots

continued on page 7

PATCHETT'S LTD
REMOVALS, STORAGE & DELIVERIES

Domestic & commercial
Local & long distance
Free estimates & Insurance
Container storage
Family business since 1962

01708 224968

Movers House, Front Lane, Cranham, Essex RM14 1XL
www.patchettsremovals.co.uk

M Bray
painting and decorating

all aspects of decorating covered
small jobs to complete re-decorations
over 20 years experience
polite service - clean and tidy work with a high quality finish
local references available

Tel: 01708 223608 / 07983 486655
e-mail: mathew.bray@sky.com

First Step

First Step supports families of babies and young children with special needs and/or disabilities. If you need support with your child or have concerns you wish to discuss with our caring professionals, please call us on

01708 556355

Email: enquires@firststep.org.uk
Website: www.firststep.org.uk

Supporting Families for 36 years

RCN 1106002

FED UP WITH YOUR DIRTY DRIVEWAY?

ADVANCED POWER WASH

SPECIALISING IN RESIDENTIAL DRIVEWAY & PATIO CLEANING



We can restore your patio & drive back to their former glory.
All types of hard surfaces cleaned & sealed at affordable prices.

Call Alan ■ 01708 445112 ■ 07889 139916

www.advancedpowerwash.co.uk



Capitalelectricaltd.com
info@capitalelectricaltd.com
01708 700 758 | 07725 501 504

Based in Upminster • Over 20 years in the industry
All aspects of electrical installation undertaken

- Full/part rewires
- Fuse board upgrades
- Additional sockets & lights
- Repairs
- External electrics
- Smoke, heat & CO alarms
- Data & telephone installation
- Inspection & testing
- Fault finding
- Security & emergency lighting
- Boiler control wiring
- Fire alarm systems
- Maintenance
- Call-outs

• Free estimates • No call-out charge • Quick response •



Targeting Computer & IT Care in Essex & Havering for over 15 years



PC, Laptop, Tablet, Smart Phone
Maintenance & Troubleshooting
Internet/Network Frustrations
Tuition and Assistance
Home & Business Visits
Diagnosis Fee £20
No Fix/No Fee

01708 871482 or 07940 138170

jeremy@itman.biz

www.itman.biz

#itmanesx



01708 229031 / 07917 002628

www.gidleybuilders.co.uk

gidleybuilders@gmail.com

- Extensions
- Garage conversions
- Internal and external refurbishments (All aspects)
- Alterations and knock throughs
- Plastering and decoration
- Supply and installation of Bi-fold doors, roof lanterns, uPVC windows and all roofline products
- Kitchens and bathrooms designed, supplied and installed (Showroom facilities available)
- Landlord refurbishments (End of tenancy)
- Plumbing, heating, gas and electrical works



Best Foot Forward Essex

Best Foot Forward Essex

Fully qualified, mobile, foot
health care practitioner

Leaving your feet feeling fabulous

Helen Tizard, RFHP

07932 012495 bestfootforwardessex@gmail.com

SOUTH EAST HEATING

DOMESTIC AND COMMERCIAL
GAS, CENTRAL HEATING AND PLUMBING
INSTALLATION SERVICING AND REPAIRS

BOILER REPLACEMENTS
GAS SAFETY CHECKS
LANDLORD CERTIFICATES
ANNUAL SERVICE REMINDERS
WE SUPPLY AND INSTALL ENERGY
EFFICIENT SMART CONTROLS
(can reduce energy consumption upto 20%)

PLUMBING INSTALLATION & REPAIRS

TEL/FAX: **01708 221 500**

MOBILE: **07956 481 819**

MOBILE: **07539 444 413**

E-mail: southeastheating@btconnect.com



Windows • Doors • Conservatories • Fascia and Cladding • Conservatory Refurbishments



OVER 35

YEARS EXPERTISE

- Trading Standards Approved -



96%
of customers
would
RECOMMEND
CONCEPT
to friends

For your FREE QUOTE CALL

01708 463 526

www.conceptwindows.co.uk



Visit Our Local Showroom. Concept House, Billet Lane, Hornchurch, Essex, RM11 1XP

**Unlock the equity in
your home and enjoy a
more comfortable
retirement.**

Are you a homeowner aged 55+? If yes, you could unlock some of the cash
tied up in your property by using a lifetime mortgage.

A lifetime mortgage is secured against your home just like a conventional
mortgage.

You could release cash to spend however you like for example;

- Improve your home.
- Gift money to Grandchildren for property deposits.
- Have a holiday of a lifetime.

With a lifetime mortgage you will always own your own home*

For your Free consultation without obligation please call **01708 220816**.



*It will reduce the value of your estate and may affect your entitlement to
means tested benefits.

Austin - Chapel
Independent Financial Advisers LLP

Suite 6, Essex House, 15 Station Road, Upminster, RM14 2SJ

Austin Chapel Independent Financial Advisers LLP is a Limited Liability
Partnership which is authorised and regulated by the Financial Conduct
Authority. Registered in England and Wales No. OC350780

L. J. NICHOLLS

INTERIOR & EXTERIOR
PAINTING, DECORATING &
PROPERTY MAINTENANCE

UPMINSTER

01708 288022 / 07958 492177

AC PLASTERING



Painting
Plaster Over Artex
Specialists in Re-Skimming
Coving
Tiling



QUALITY WORK AT AFFORDABLE PRICES

Allan Carey

TELEPHONE: 01708-474-624 MOBILE: 07711-675-086

of Geen Belt to be developed in this and other locations. We are pleased to say that the application has been refused by the Local Planning Authority, though as always, the applicant has the right to appeal this decision.

Cllr OSCAR FORD

Weeds, weeds, weeds

You will not have missed the amount of weeds that appear like trifids in the area. I and other Councillors shared our disappointment with Council Officers. I made it clear that we needed the monitoring of weed spraying, as it appears to be being sprayed everywhere other than on weeds and that the detritus in the gulleys needed manual removal to prevent drain blockage and further weed growth. I am pleased to say that we are now seeing this being actioned. If, however, you have an area in your road that has not been cleared, you can report this online, using the following link: <https://www.havering.gov.uk/environmental-issues/trees-grass-hedges-leaves-weeds/4>

Cllr GILLIAN FORD

Annual Cricket Match, Upminster CC v Essex CCC XI

The annual cricket match between Upminster and Essex will take place this year on Sunday 21st September, at Upminster Park. This will be the 25th time that the fixture has taken place since 1997. This year's match will be in aid of Nick Browne's Testimonial Year. Nick has been a loyal servant of the County for more than a decade and is a hugely deserving recipient of a Testimonial Year.

The main event for the day will once again be the T20 Match between the two sides, starting at 2.45pm, but before that there will be several cricket related activities taking place on the ground involving 100s of players representing all aspects of Upminster Cricket Club.

On the day there will be a number of refreshment kiosks on the ground for the public to enjoy, as well as the beer tent, and

lots of opportunities for young spectators to grab a photo or autograph with the Essex players. Programmes for the event will be available from the club and local businesses during August and September (more details available at: <https://www.upminstercricketclub.com/>). The event is always a great way to finish the summer, and we hope the local public will once again turn out in force to support the occasion, as they have done for every match since 1997.

Hornchurch Football Club

As the season has really got going, our local football team have the following home fixtures at the Stadium, Bridge Avenue, Upminster.

Saturday 13th FA Cup fixture with details to be confirmed.

Saturday 4th October Horsham .

Saturday 18th Bath City.

Kick off for these last two games is 3pm.

Please keep an eye on the club's excellent website for any news

please. Go along and support your local team.

Queens Theatre

Into the Bolly-woods - Surinderella tickets on sale now for 30 Sep - 5 Oct 25!

Meet Surinder - sweet, strong, and stuck in a never-ending chore list thanks to her two selfie-obsessed, Insta-vlogging stepsisters, Lovely & Bubbly. Her only real support? The one and only Basanti, a cow with more attitude than a desi girl. Meanwhile, Prince Kavi is drowning in shaadi pressure from his royal family. But when he accidentally bumps into Surinder, sparks fly faster than a Bollywood dance sequence!

Enter the fabulous Devi Godmother, arriving in full-on glam mode with magic, makeovers, and masala moves. With a dazzling Bollywood Ball, a mystical slipper, and a lot of bakwas, Surinder's destiny is about to get a serious glow-up!

Get ready for an evening of laughter, romance, and larger-than-life entertainment!

Elevate your sleep

Discover the comfort revolution at Roomes Furniture & Interiors, where our Bed Department showcases the innovative Tempur Ergo Smart Bed, leading the way in sleep technology. Alongside Tempur, we feature a curated selection from esteemed suppliers like Relyon, Hypnos, and Sleepzee, ensuring a range of options to elevate your sleep experience. Dive into luxury, support, and cutting-edge design, all designed to help you find your perfect night's sleep.

Roomes
Furniture & Interiors | Since 1888

**INTERIOR
DESIGN SERVICE**



Scan to make
an enquiry
about our
design service



22-24 Station Road
Upminster, Essex RM14 2UB
01708 255300
www.roomes.co.uk

PGM Gas & Heating

NO CALL OUT CHARGES
FREE ESTIMATES - QUICK RESPONSE
ALL WORK GUARANTEED

- All aspects of Heating and Gas work undertaken
- Complete Central Heating/Boiler Installations
- Service & Repair
- Gas Appliance Installation
- Gas Repair Work
- Powerflushing
- Landlords Gas Certificates

GAS
safe
REGISTER

iphe

Tel: 01708 227797
Mob: 07734 228417

Breakfast Lunch Dinner Brunch Social Events Private Hire

THE
HIDEOUT
WEST HORNDDON



AVAILABLE NOW ON JUST EAT!

To order open
your camera app

→ Point your camera at
the QR Code to scan it



01277 287 227

thehideoutwh.com



@thehideoutwh

info@thehideoutwh.com

Free Estimates / Competitive Prices

GC Tiling

HIGH QUALITY WALL & FLOOR TILING
George Connor: Professional Qualified Tiler
M: 07760 558687



Complete Bathroom Refurbishments

- Plan & Design
- Plumbing
- Plastering
- Tiling
- Electrics
- Carpentry

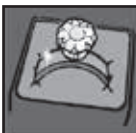
For a free estimate call Matt

Tel: 01708 259696 Mobile: 07790 753850
Email: m.p.williams.bathrooms@gmail.com

Could you be a Shared Lives Carer?

If you have room in your home, and the time and compassion to support a vulnerable adult to live independently as part of your family, we will offer you training, support and a weekly allowance of up to £450 per week

info@bettertogether.org.uk 0208 519 9536



GARY COE JEWELLERS
ESTABLISHED 1981



*Fully equipped workshop
Diamond & Engagement ring
specialists / Bespoke Wedding rings
Engraving / Full repair service
Watch batteries / Watch repairs / Valuations
Best prices paid for your old gold*

35 Cedar Avenue Upminster Essex RM14 2LN
Mobile 07771 802624

www.garycoejewellers.co.uk

**Cranham
Dental
Centre**

25
YEARS

Quality Dental Care
& Service in a Modern Family
Friendly Environment



*a
healthier
smile for
life*

***** New Website & Live Online Bookings *****

Inviting all New Patients to Join our Practice.

call 01708 228 291 now

***** www.cranhamdentalcentre.co.uk *****

reception@cranhamdentalcentre.co.uk

141 Ingrebourne Gardens, Upminster, Essex, RM14 1BJ



**LR ROOFING
SERVICES LTD**

All building works undertaken.

All roof repairs - Flat Roofs - High Performance
Felting - UPVC Fascias & Soffits - Guttering
Leadwork - Re point and Remove Chimney Stack

LRroofingltd@hotmail.com



**07929 334990
01708 534411**

CEDAR

TREE CARE

Tree Specialists for

UPMINSTER, CRANHAM & HAVERING

Tree Felling | Crown Reductions | Hedge Trimming
Stump Grinding | Garden Clearance | Removal of Dangerous Limbs

01708 301 371

Contact us on  07572 535 206
www.cedar-treecare.co.uk

Checkatrade.com  City of London  NPTC

The Wesley Players

'Agatha Crusty and the Village Hall Murders' by Derek Webb. Agatha Crusty is a crime writer of some repute who is quite adept at solving crimes! She is visiting her sister-in-law, Alice, in the quaint village of Chortelby. Quaint it may be but it's definitely not quiet. There have already been several 'accidental' deaths and now the police have been called. Enter Detective Inspector Twigg, the most gloriously incompetent policeman you've ever met.

As the bodies and suspects start to pile up, can Agatha guide DI Twigg to the real killer? While packed full of wit and laugh out loud scenes, this is also a genuine murder mystery that will tax your little grey cells to the very end.

Performances: are at 8pm on Thursday 25th, Friday 26th and Saturday 27th September 2025 at Wesley Hall, Upminster Methodist Church, 12, Hall Lane, Upminster, Essex. RM14 1AE.

Prices: When bought online in advance, Adults £9, Concessions £7 and children £5 (up to 16). Seniors are FREE on 25th & 26th

September. Book direct through our website. www.wesley-players.com. We also accept card payments on the door. Alternatively, you can reserve tickets by Text to Box Office on 07708 214 742 or email tickets@wesley-players.co.uk.

All Saints Players

All Saints' Players are pleased to announce their forthcoming production of 'Ladies of Spirit', a comedy play written by Georgina Reid. Gibraltar School was founded as a school for young ladies by the two dear old Misses Pye, now deceased. The long-suffering teachers now have their lives made miserable, not only by their pupils but also by the present headmistress, Miss Rowe, known universally as "Hard Rowe". Since Gibraltar is a private school, they resign themselves to the fact that there is little they can do about it, but find help coming from a very unexpected quarter indeed!!

Performances will be at All Saints' Church Hall, Ardleigh Green Road, Hornchurch, Essex RM11



01708 551714 / 07743 406418

- Family Run • Est. 1975 • 45+ Years Experience •
- Fully Insured • Free Quotes • No Deposits •

- Roof Leak & Roof Repair Specialists
- Roof Overhauls & Maintenance
- New Tiled Roofs & Velux Windows
- New Flat Roofs - Felt & Rubber
- Chimney Stacks Repaired & Removed
- Lead work, Pointing & Rendering
- uPVC Guttering, Fascias & Roofline
- Storm Damage & Insurance Work
- Pigeon / Solar Panel Guards
- Asbestos Removal & Garage Roofs
- The Best Quality Materials Used
- 24 Hour Emergency Repairs, 7 days

Celebrating over 46 years of trading with the ORIGINAL company name and telephone number!
With Over 500 genuine reviews on "TRUSTist" & Over 20,000 happy local customers!
We offer very competitive prices & will beat any genuine like for like written quote!

rosseldridge84@hotmail.co.uk • www.sr-roofers.co.uk





2LG from 11th-13th September 2025. Performances start at 8pm and doors open half an hour before curtain up. Tickets cost £8.50 including tea or coffee in the interval and can be obtained from the Box Office on 01708 456683 or Email: boxoffice@allsaintsplayers.org.uk. You can also follow us on Facebook and visit our website.

Havering Antiques Collectors Club

Havering Antiques Collectors Club meets on the 3rd Friday of each month. Guest speakers cover a wide range of topics - art, pottery, jewellery, fashion etc. In December Mark Smith, renowned expert in medals etc will value any militaria and Paul Atterbury is our January speaker - both from the BBC Antiques Roadshow.

Annual membership is only £40 and our new season starts on Friday 19th September. Guests are assured of a warm welcome - only £6 (£8 in December). We meet at Harold Wood Neighbourhood Centre, Gubbins Lane, RM3 0QA from 7.45 - 9.15

pm. Bus stop outside for 346, 256 and 294.

MINI MADNESS - Stay & Play

Including soft play, bouncy castle, bubbles, games and much more, we meet every Wednesday from 10 - 12 at Cranham Community Centre, Marlborough Gardens, where there is free parking. For ages 6 months - 4 years. PAYG £6 (No need to book)

New at Cranham Baptist Church

Cranham Baptist Church is opening for a weekly 'coffee stop' on Thursdays, 2-4pm. Please pop in and see us for a drink and a chat if you're free! Donations welcome.

Friends of the Old Chapel

Tea and talks

Wednesday 10th September
Roope Hall, Trinity Church,

continued on page 11





MOT & SERVICE CENTRE

'UK GARAGE OF THE YEAR'
FINALIST 2 YEARS RUNNING!

Free local Collection and Delivery
Family run business
5 minute drive from Upminster High St.

MOT, SERVICING, BRAKES, SUSPENSION, TYRES, MAIN
DEALER LEVEL DIAGNOSTICS & ALL OTHER GARAGE SERVICES

01708 670773

www.a1autocentre.com




Now OPEN!



Contact us TODAY

020 8089 4444
info@palms-hotel.co.uk
[PALMSHOTEL.CO.UK](http://palms-hotel.co.uk)



10% off
BANQUETING & CATERING
T&C'S APPLY



THE PALMS HOTEL

Chauffeur Me (Travel)

For all enquires call Darren

07947 576642

www.chauffeur-me-travel.com

Chauffeur driven in comfort
Eight Seater ~ Fully Air Conditioned ~ Privacy Glass ~ Satellite Navigation

Special functions
Shopping days
Night clubs
Weddings
Race days
Restaurants
Airports
Theatres
Spoil yourself days



Upminster Osteopath & Sports Injury Clinic

HELPING YOU WITH:
• BACK, NECK & SHOULDER/ARM PAIN
• HIP, KNEE & ANKLE/FOOT PAIN
• NERVE IRRITATION
• POST SURGICAL REHABILITATION
• SPORTS INJURIES (INCLUDING KINESIO-TAPING)
• ARTHRITIS
NO CONTRACTS/OBLIGATION
NO GP REFERRAL NECESSARY
PRIVATE REFERRAL FOR MRI ULTRASOUND WHERE APPROPRIATE
RECOGNISED BY ALL MAJOR INSURERS (BUPA, AXA-PF, etc.)

53 EVERSLEIGH GARDENS
UPMINSTER
ESSEX
RM14 1DP

Tel: 01708 222932
Mob: 07941 546422

www.upminsterosteopath.com

email: upminsterosteopath@gmail.com



HOME GROWN HARDY OUTDOOR PLANTS at

LONG HOUSE PLANTS

Shrubs • Perennials • Grasses • Ferns • Climbers • Bamboos

- An independent nursery with a friendly atmosphere
- Resident expert for free advice
- Exciting range of new & interesting plants

Church Road (opp. St Thomas' Church), Noak Hill,
Romford RM4 1LD

01708 371719 www.longhouseplants.com

From the beginning of March to the end of June open
Fridays 10am-5pm, Saturdays 10am-5pm, Sundays 10am-4pm,
Bank Holidays 10am-5pm

From the beginning of July to the end of September open
Saturdays 10am-5pm



Interested in Triathlon or Multi-sport disciplines?

www.havingtri.co.uk @havingtri Having Tri

Contact Kay Hamilton 07957 567915



Adults Learn To Swim and Improver Lessons

www.kasuk.co.uk Qualified ASA Teacher Kays Adult swim

Accord Sales & Lettings

Family Run, Independently Owned, Reassuringly Local

Sales: 01708 228733

Lettings: 01708 981229

www.accordhomes.co.uk

Proudly serving Havering since 2008



Lawton & Stoakes

WWW.VETS.UK.NET



- * Family owned & run Vets
- * Established 1985
- * First opinion and Referrals
- * Catering for all types of Pets
- * Consultations to suit your needs
- * Excellent Facilities



To make an Appointment

01708 384444

8-12 Fitzilian Avenue
Harold Wood
RM3 0QS



Car Bodywork Repairs

☎ 07857890097

- Accident damage.
- Alloy wheel refurbishment
- Chips, Scuff's Dents & much more...

Woodstock nursery, Little Warley Hall Lane CM133EN

YOUR LAND AGENCY

LAND, PROPERTY & DEVELOPMENT CONSULTANTS

- Land Viability Assessments, Appraisal & Valuation
- Underutilized garden plots sought
- Are you a home owner struggling to sell? Why not consider selling via auction for a quick sale?
- In House Architectural Design & Advisory Services
- Sites Wanted For Outright Purchase In Essex, London & Suffolk



Get In Touch Today

☎ **01708 788851**

(leave a voicemail for a return call if staff are unavailable or off-site at an appointment)

✉ info@YourLandAgency.co.uk www.YourLandAgency.co.uk



Do it Right, the First time!

ANGLE PAVING SANDSTONE SPECIALISTS

Driveways, Patios, Gardens, Walls, Slabbing,
Fencing, New lawns, Garden Lights, Brickwork,
Garden Design, Steps, Block Paving

Mobile; 07814 940335

www.anglepaving.co.uk

email: angle.paving@o2.co.uk



J&H ACCOUNTANTS

CHARTERED CERTIFIED ACCOUNTANTS

Your Local, Independent, Accountancy Practice Based In
Upminster

Providing accountancy and taxation services to small and medium sized businesses and individuals. Services include...

- Self-Assessment Tax
- Corporation Tax
- VAT, Payroll & CIS Services
- Bookkeeping
- Annual Accounts Production
- Business Advice and Support
- Rental Accounts
- Fixed Fees Available

nadia@jandhaccountants.co.uk

01708 259248

www.jandhaccountants.co.uk

14 Beech Avenue, Upminster, RM14 2HN



Station Road, Upminster
Valence House – the only surviving manor house in Dagenham Leanne Westwood, Museum and Collections Curator will talk about the history and art collection of Valence House. Doors open at 10am – talk starts at 10.30am. £2 supplement for members £4 admission for non-members. Tea and coffee served at the end of the meeting.
 Email: friendsoldchapel@mary.havering.sch.uk

Havering Local Group EWL Trust

Talks

Monday September 8th 2025 2.00 – 3.30pm The speaker will be Emma Grove who will be giving a very interesting and detailed talk on this subject at Bedfords Park.

Walks

Saturday 6th September 2025 10.30 – 12.30pm Join us for a walk around Cranham Marshes Reserve led by Tony Gunton. Meet at 10.30am at the end

of Park Drive, Upminster by the kissing gate. Wear suitable clothing and footwear for outdoor conditions and weather. Walk will last about 2 hours and is suitable for adults and accompanied older children. All welcome. NO need to book. NO cost.

Contact David on **07857422843** or email David.c.marshall.t21@btinternet.com or visit www.Essexwt.org.uk/events for extra information

Romford Scrabble

The club meets every Wednesday night at the Gidea Park Methodist Church on Brentwood Road. We play three games of competitive Scrabble between 6.30 and 9.30 pm. Everyone is offered refreshments. There is no age barrier, our youngest player is 11 our oldest player is 78 years old. We would be delighted if anyone would like to join us to play Scrabble competitively. My contact details are: Fazilez@hotmail.com and **07553 509 550**.

PARKVIEW PAVING & LANDSCAPING

www.Parkviewpavinglandscaping.co.uk

25 years experience

- Driveways
- Patios
- Brick Walls
- Natural Turf
- Artificial Turf
- Indian Sandstone
- Fencing
- Porcelain Slabs

Free Estimates / Large Portfolio

Find us on Facebook All work guaranteed

01708 750209 / 07908 891282
01277 419262

The Arts Society, Havering

Carnations, Tulips and Hyacinths: The Story of Turkey's Iznik Cerami

Immerse yourself in a world of carnations, tulips, hyacinths and roses as you discover the history of the famous Turkish Iznik ceramics, from its origins imitating Chinese porcelain to its 16th-century heyday and subsequent decline. The focus on flowers makes this an ideal subject for spring but it works equally well at any time of year. Our speaker, Dr Antonia Gatward Cevizli is an independent art historian specialising in both Italian Renaissance art and Ottoman art. She gained her PhD from the University of Warwick. Her publications focus on cultural and diplomatic exchanges between the Italian city-states and the Ottomans

Tuesday September 9th 2025 at New Windmill Hall Upminster RM14 2QH at 10:15 am

Open to visitors for a fee of £8:00. Please visit our web site: <https://>

tashavering.org.uk/Lectures/FutureLectures.aspx or contact us at info@tashavering.org.uk, or telephone **01708 221903**

Trinity Church coffee morning

Coffee morning and sale will be held at Trinity Church on Saturday 13th September from 10-12 on the front lawn (weather permitting). On sale will be plants, jewellery, puzzles, china, books and craft items. All proceeds for church funds towards refurbishment of the Roope Hall.

Upminster Horticultural Society is 118!

The Upminster Horticultural Society was formed on 18th September 1907 which means it is 118 years old. Although we have no meetings in September, watch this space for details of our October talk. Not many Societies can boast this long history but we need new committee

continued on page 13

R.R. CONSTRUCTION LTD

**EXTENSIONS
GENERAL BUILDING
OVER 30 YEARS EXPERIENCE
FULLY INSURED**

PLANS DRAWN & SUBMITTED TO COUNCIL
ELECTRICAL, PLUMBING, PLASTERING
GRANT WORKS (Disabled persons)

Members of Guild of Master Craftsmen

Tel: 01708 251282

www.extensions-experts.co.uk



ROM VALLEY

GLASS & GLAZING

Brighten your outlook with Rom Valley
Glass & Glazing

- | | |
|-------------------------|-------------------|
| Bi-folding Doors | Entrance Doors |
| Sliding Doors | Residential Doors |
| Aluminium Systems | French Doors |
| Hardwood systems | Lanterns |
| UPVC Flush Systems | Orangeries |
| Double & Triple Glazing | Conservatories |

01277 676660
info@romvalleyglass.com
www.romvalleyglass.com

14 Prospect Way,
Hutton,
Brentwood,
CM13 1XA



Rom Valley Glass Limited | Company Number: 029238 54 | VAT Registration Number: 705 782623

MASTER LOCKSMITH



MLA APPROVED LOCKSMITH
QUALIFIED AND INSURED
LOCK CHANGES TO LOCK OUTS
NON DESTRUCTIVE ENTRY SPECIALIST
ADVANCED LOCKING MECHANISM SPECIALIST
NO CALL OUT CHARGES



CALL ADAM FROM INSTALOCK
07710 609 983

KUSOOM BUGH



RESTAURANT

Family run business- est 1978
Fully licensed & Air Conditioned

Opening Hours

7 days a week, incl Bank Holidays
Sunday- Thurs: 12 noon to 2.30pm & 5.30- 11.30pm
Friday & Saturday: 12 noon- 2.30pm & 5.30- midnight

174 St Mary's Lane, Upminster, RM14 3BT
Tel: (01708) 220038 or 222606

AERIALS DIRECT

Local family run business, established over 25 years. Offering a fast, friendly, reliable service.
Very competitive prices, all work guaranteed

TV, FM, DAB digital aerials
supplied and fitted.
Satellites installed.
Aerial & dish realignment
TV extra points

www.aerialsdirect.co.uk
www.aerialsupminster.co.uk

01708 347257



OVENS, RANGES, HOBS, MICROWAVES, EXTRACTORS

*Professionally cleaned using, eco friendly,
non caustic product No Fumes, No Odours*

Tel 07720781202

www.letsgleamovenclean.co.uk

WE ALSO DO OVEN REPAIRS

Ockendon Road, Upminster, Essex RM14 2TY
Call us: 01708 224753

Stubbers Adventure Centre, Registered Charity Number 1080941



FOR FAMILIES, FOR CHILDREN, FOR ADVENTURE!

FROM ARCHERY TO PADDLE BOARDS...
(OR JUST A WALK AND VISIT OUR COFFEE SHOP!)

ADMISSION FEE: Adult (16+): £3.50, Child (6-15 years): £4.50, Aged 60+: £1
Free entry for: Ages 5 and under, Carers* and members.
ADVENTURE ACTIVITIES AND EXPERIENCES: From £8 per person



INCLUDED IN GENERAL ADMISSION FEE:

- ◆ Free parking (or 370 bus stop outside)
- ◆ Park access 9.00am to 6.00pm (last entry 4.30pm)
- ◆ Adventure Play Area
- ◆ Sand Play and Paddle Beach
- ◆ Woodland Discovery Trail

DIRECT WASTE

Waste Clearance Services

- Garden Clearance
- Commercial & Domestic Clearance
- Office Clearance • Builders Waste
- Full Strip Outs • Scrap Metal Collection
- 24/7 Clearance Team • Wait and Load

07900 723723



* PLANS DRAWN *



ARCHITECTURAL HUB Ltd

FOR:
EXTENSIONS.
CONVERSIONS.
REFURBISHMENTS.

FULLY QUALIFIED, LOCAL ARCHITECT
WITH OVER 20 YEARS EXPERIENCE.
FULL DESIGN PROCESS AND
DRAWINGS SUBMITTED.

Call Malcolm at Architectural Hub
today for your free quotation on:

Mob: 07749 122 058 / Office: 01277 201 828

Email: info@architecturalhub.co.uk



AWARD WINNING LOSS ASSESSORS

Domestic & Commercial
Insurance Claims Management

- FLOOD • FIRE
- THEFT • IMPACT

0333 2101 999

claims@oakleafe.com

7-9 Balgore Lane, Gidea Park, RM2 5JS

Registered Chiropodist/Podiatrist & Specialist in Foot Surgery Est.2002

Member of Royal College of Podiatry & HCPC Registered

Ms. Meena Matharu

BSc MRCPod FRCPodS POMS ACP IP SP
20 Years Clinical Experience in Private Practice
(Consulted in Harley Street and Harrods)

Treatments Available

- Nail surgery, electro-surgery and cryotherapy
- Cortisone injections for pain management
- Sports medicine: bespoke prescription orthotics
- Comprehensive foot care for diabetics and arthritic patients
- All routine foot care: nail cutting, corn callous and verrucae treatment.

Aesthetics available from an advanced medical professional and independent prescriber

For appointments call: 01708 621 194
11a Billet Lane, Hornchurch, Essex, RM11 1TS
WWW.THEFOOTSURGERY.CO.UK



members soon so that the Society can continue for another 118 years. For further details please go to our website www.Upminsterhorticulturalsociety.co.uk

New Windmill Hall Upminster

Regular Events

Stay & Play - every Wednesday
12 till 2 Soft play - ball pit - mini slide - reading area. The Colouring Cafe is open 12 till 2 serving hot and cold food and drinks. Booking is recommended. - you can turn up on the day but no guaranteed spaces.

Community Café - every Friday
11 till 3

A warm welcoming space serving hot and cold food and drinks. A place to meet friends or come alone for a cuppa and a chat. Different activities each week include bingo, small quizzes, hand massages, singers and dancers. Come along and meet the team. Free entry.

For more details please email newwindmill@hotmail.co.uk

Other events

Craft Fair Sunday 14th September
10am till 3pm - Free entry - cafe open

Monthly Quiz Night
30th September - 28th October and 25th November 7pm till 10pm - £5pp teams of 6-8

Sunday Lunch & Dancing -
Sunday 19th October 12pm till 3:30pm - 2 course meal £25pp - lots of dancing

Party Night - Saturday 25th
October 7:30pm till 11pm - £12pp with great company and friends

For more information, please email nwhsocials@outlook.com or pop into the hall.

Romford Floral Art Society is 65!

Romford Floral Art Society are celebrating its 65th anniversary on Tuesday, 30 September 2025 at the New Windmill Hall, St Mary's Lane, Upminster RM14 2QH. Doors will open at 12.30 for a 1pm start. The afternoon will

Direct Driveways LANDSCAPING & PAVING

PORCELAIN SPECIALISTS
ARTIFICIAL LAWN INSTALLERS

☎ 01708 202 278

📞 07903 640 240



★ Trustpilot ★★★★★

Patios • Driveways • Turfing • Back Gardens
Block Paving • Slabs • Natural Stone • Resin Driveways

www.direct-driveways.co.uk

consist of a lunch, served with wine or orange juice and followed by a flower demonstration. This year's demonstration will be by Lee Berrill and is called 'Back to the Future'. The arrangements will be raffled afterwards. Tickets to attend the lunch are £40 for non-members.

For further information please contact **01708 228390** or **07938 677904** or to book please call **01708 747831/0776 2055922** (the deadline for booking is 22 September)

Springfield Playgroup

Are you looking for a preschool for your child? Is your child already three years old and starting school in September 2026? Are you looking for a small, caring preschool setting to nurture and educate your child in preparation for starting school? Then look no further.

Springfield Playgroup is based at Upminster Baptist Church in Springfield Gardens. We are open term time from 9am - 12 noon 5 days a week and from 9am - 3.00pm on a Tuesday, Wednesday and Thursday. Our overall aim is

to give every child an opportunity to grow independently in a happy, safe and secure environment and prepare them for all that school has to offer. We have very experienced, highly qualified staff and work to ratios of 1:4 which allows staff to integrate fully with the children. We also offer lots of 'extra' experiences; an allotment patch in Stewart Avenue, we mix with the older generation through the church's Men's Shed group and the Monday club. We make visits to the farm, park, library, windmill and have visits from sports coaches.

For further information please email: Caroline at springfieldpg13@gmail.com. You can also find us on Instagram and Facebook - Springfield Playgroup.

Thames Chase Art and Sculpture Exhibition

The annual Thames Chase 2025 Art and Sculpture Exhibition launches on September 1st. We

continued on page 15

Meadowbanks Residential Care Home

Meadowbanks is a 40 bedded residential care home which specialises in dementia care.



The home is located in four acres of meadowland in Upminster, Essex.

Offers large single, fully furnished bedrooms with en-suite shower.

Proprietors: T.L Care (Havering) Ltd Hall Lane, Upminster, Essex, RM14 1TT

01708 330140

tlcarehaveringltd@gmail.com

www.meadowbanks.co.uk

GFX gardens

Garden Services, Estate Management
& Tree Surgery

Honest, reliable and friendly service at competitive prices

All Garden Services & Regular Maintenance plus
Landscaping, Jet Washing, Overgrowns & much more!

Domestic and commercial contracts available - Free, no-obligation estimates/advice

Over 20 years
experience, NPTC
qualified & fully
insured

Visit our website for more info!
www.ajbgardens.co.uk
Or call us on 07875 557378



Personal Trainer

Nutrition certified

Health and
fitness coach

Pre and post
natal qualified

With 8+ years of experience,
I can help to transform your
life, become the happiest,
healthiest, version of you!
Get in touch today!

READY TO UNLOCK YOUR TRUE POTENTIAL?

HELEN MORRIS

Personal Trainer and
Transformation specialist

Mobile / I come to you,
or you come to me

FREE CONSULTATION

✉ morrishelen95@outlook.com
📧 helenmorris_pt

Weekend bootcamps
too!



B.K.C. ROOFING LTD

FAMILY BUSINESS WITH OVER 40 YEARS EXPERIENCE
Railway Infrastructure, Commercial, Domestic

Tel/Fax: 01708 340052 Mobile: 07976 278026
Email: Barrycassbkc@aol.com

Member of the Construction Health and Safety Group
Approved contractor by Kingspan Alumasc, Bauder,
Rubber Bond, Widopan
Green roof specialists

Felt flat roof, Single Ply, Rubber, Liquid, Green roofs
New tile roofs, slate roofs, Metal roof, lead roof
UPVC Fascia, soffit and guttering
All work guaranteed, fully insured.

Free estimate

Mullis & Peake LLP

Solicitors

Mullis & Peake LLP Solicitors offer a wide range of legal
services for businesses and individuals, including:

- Commercial and Residential Property
- Contested Wills
- Corporate and Commercial Law
- Court of Protection
- Dispute Resolution
- Employment Law
- Family & Divorce Law
- Family Mediation
- Lease Extensions
- Personal Injury
- Wills and Probate

Upminster Office: Suite 5, Essex House, 15 Station Road, Upminster RM14 2SJ
Tel: 01708 251560

Email: office@mplaw.co.uk | www.mplaw.co.uk

LKB Carpentry



Lee's Kitchens, Bedrooms & Carpentry LTD

Visit my website to view my work
www.LKBcarpentry.co.uk
Upminster 07909630862

Our office is
open again!
Pop in for a
chat at:
1 Corbets Toy Rd
Upminster
RM14 2AP



CONNECT

Lifetime Mortgages



Unlock the money within your
home to help you in retirement

If you're over 55 and own your
own home, you could be eligible
for a Lifetime Mortgage

- ✓ Repay your existing mortgage
- ✓ No monthly repayments
- ✓ Home improvements
- ✓ Helping the family
- ✓ Holiday of a lifetime

Call us on 01708 982955 for qualified & impartial advice
www.connectlifetime.co.uk

This is a lifetime mortgage. To understand
the features and risks please ask for a
personalised illustration.

A lifetime mortgage may impact your
entitlement to means-tested benefits
and the inheritance you may leave.

Connect Lifetime Mortgages is a trading style of Richer Mortgage and Retirement Ltd who are an Appointed Representative of Connect IFA Ltd 441505 which is authorised and regulated by the Financial Conduct Authority. Richer Mortgage and Retirement Ltd is Registered in England and Wales No: 11729284. Registered address is: The Rivedell, White Horse Lane, Maldon, Essex, CM9 5QP



THE Curtain Track FITTING COMPANY

Bay Window Experts

We make and fit Tracks, Poles, Blinds, Curtains, Awnings
and Shutters. Call today for a free estimate
or home visit on: 07919 959595

sales@superiorshutters.co.uk www.curtaintrackfitting.co.uk

Made to
measure:

- Tracks
- Poles
- Blinds
- Curtains
- Awnings
- Shutters
- Upholstery

Fleet of Foot

Podiatry and Chiropody

Routine Chiropody - Podiatry degree qualified - HCPC registered.
Certified for prescription only medicines.

Specialist in nail surgery - treatment packages available.

All instrument sets are individually sealed & fully autoclave sterilised.

Some examples of conditions treated: Corns, callus, thickened nails, fungal
nails, in-growing nails, dry cracked heels, claw, hammer or mallet toe lesions,
verrucae, fungal infections, annual diabetic foot checks.

Specialist in sport and musculoskeletal injury, post graduate trained.

In-house Contemphas Tempo, two camera video gait analysis system.

In-house ultrasound diagnostic scanning.

Insole & orthotic therapy, custom casted and off the shelf devices stocked.

Exercise and theraband rehabilitation therapy for musculoskeletal injury.

Local anaesthetic and corticosteroid injections available.

Conditions treated are lower limb / hips downwards, some examples: Plantar
fasciitis, muscular or tendinous injury, achilles tendinitis, shin splints, iliotibial
band pain, patella femoral & knee pain, metatarsalgia, morton's neuroma.

By appointment only, please book online through our website,
alternatively leave a message by answerphone or email, and we will get
back to you to arrange an appointment as soon as we are out of clinic.

Fleet of Foot 01708 535475 Greg Kilner
53 Bridge Avenue, Upminster, RM14 2LP www.fleetoffoot.co.uk Podiatrist / Chiropodist
contact@fleetoffoot.co.uk BSc Pod Med, PG Cert PSM
Free parking available. HCPC: CH34225

D&R KITCHEN & BATHROOM SPECIALISTS

Your local builders.
Over 35 years' experience.

Kitchens • Bathrooms • flooring

House Maintenance and all building works undertaken.

Ryan 07753 189760 | Dean 07505 075563 | Colin 07903 024143
EMAIL: - dandrhousemaintenance@hotmail.com

are thrilled to be showcasing the work of local artists this month at the Art & Sculpture Exhibition, hosting a variety of works supporting local artists.

Entry is FREE and works will be available to view and purchase daily from 10am-4pm until September 10th at the Thames Chase Forest Centre, Pike Lane, Upminster RM14 6NS. If you require further information please call **01708 64297**

Heritage Open Day at Thames Chase

Come to the Thames Chase Forest Centre on September 14th between 11am - 2pm for our Heritage Open Day! This open day, in partnership with the Upminster Windmill, will celebrate the history of both Thames Chase and the Windmill. There will be talks on Broadfields Farm, the Essex Barn and Upminster Windmill. Interesting talks, a wonderful setting and complimentary refreshments - this is not one to miss if you have a keen interest in local history. We shall be unveiling Thames

Chase's new oral history listening post that will showcase six stories from local people about their experiences of WWII. This listening post is a step forward in exhibiting the social history of the Thames Chase Community Forest, so make sure you come along to check it out!

11.00am - 12.30pm: Talks from Thames Chase and Upminster Windmill

13.30pm - 14.00pm: Unveiling of Oral History Listening Post

Cost: Free, no booking required

Upminster Camera Club is 70

Anniversary Exhibition At The Windmill

Join us at the iconic Upminster Windmill for Upminster Camera Club's 70th Anniversary Exhibition on September 13th and 14th! Discover a captivating showcase of more than 200 images by local photographers. In 1955, the first club meeting was in a room above Upminster's Govani's Chemist, so we're really excited the exhibition coincides

BOILER CHANGE

Raymond Coomer
Sarah Cordell

BOILER REPAIRS & REPLACEMENTS
PLUMBING ■ SERVICING ■ RADIATORS

GAS SAFE Reg No. 576292

07761 049852

with the Windmill's heritage based open weekend.

Macmillan Cancer Support

Macmillan's do a huge amount of work on cancer support. Please note this year's national fund raising Macmillan Coffee Morning is on Friday 26th September. Please see their excellent and very helpful website for further details on how you can get involved. The website also has a huge amount of information on the fantastic work they do.

'Open Week' at My Pilates Fix Studios

My Pilates Fix has relocated to beautiful studios opposite Upminster station and in September we are celebrating with an 'Open Week' where you can try Pilates and massage at discounted prices. Upstairs in the spacious matwork studio we offer Pilates classes using small equipment or the wall towers and springs. Downstairs is a reformer

and apparatus studio, and two therapy rooms - one for sports massage and one for holistic therapies. We continue with our private Pilates sessions and physical rehab, working closely with the local Physios and Osteos. Class numbers are capped at 8 for Reformer/Tower and 10 for Matwork so that you are closely observed/corrected within a small group, working at your own pace without pressure to work beyond your means.

The timetable spans 7 days and 5 evenings, including 7am classes and lunchtime classes. A great new addition is our 'Gentle' Pilates classes for those who need to take it easy. Always inclusive, we cater for all adult ages and abilities plus individual restrictions/medical conditions. Go to www.mypilatesfix.co.uk to get your Open Week discount or email contact@mypilatesfix.co.uk

Sound Healing & Meditation

A session with Tracey & Brenda
Immerse yourself in a deeply

continued on page 17



Facilities Management

REMEMBER HOW YOU FELT IN THAT 40°C HEAT LAST SUMMER?

DON'T DELAY, ORDER AIR CON TODAY.

10% off all orders received from Bulletin readers,

Plus your first-year maintenance contract free of charge.

Main manufacturers expected to increase prices in April. Wait times are longer in the Summer.

Unit 5H, Horndon Industrial Park, West Horndon, Brentwood, Essex CM13 3XL



Contact us for a free quotation from one of our expert engineers:

Tel: 01277 811200 and quote Bulletin2025

Email: info@campbellandlawfm.com

Web: www.campbellandlaw.com



SCAN ME

DKT Heating & Plumbing

FREE ESTIMATES

GAS SAFE REGISTERED

ALL GAS, CENTRAL HEATING AND PLUMBING WORK UNDERTAKEN
CAN SAVE YOU 20% ON YOUR YEARLY GAS BILL
ALL WORK GUARANTEED

- Boiler Servicing
- Breakdowns
- Installations
- Landlord Certificates
- Power Flushing
- Gas Appliance Installation
- Gas Pipework repaired and installed
- Radiators & Taps Installed
- Bathroom Installation

Please Call for a no Obligation Quotation Dean – 07538 987 414

ELECTRICIAN

Your Local Electrician

- Extra lights
- Additional sockets
- New fuse boards
- Rewires
- Inspection & Test Certificates
- Security lights
- Shed/Garage supply
- Smoke alarms
- Kitchen circuits
- Garden electrics and more.....

Fault Finding and Repairs No Job Too Small

- ✓ Qualified Electrician
- ✓ Fully Insured
- ✓ Free Quote
- ✓ Six Year Guarantee
- ✓ Reliable Service
- ✓ Reasonably Priced

Call Dean on: 01708 909066



dean@emfwiringsolutions.com



For all your property maintenance
repairs and improvements
With over 25 years of experience
No job too small
Fully insured local tradesman

Call On
Office 01708 501117
Mobile 07551 102102

More Info
www.terryford.co.uk
Email info@terryford.co.uk

Manorcourt Homecare

Exceptional care in your own home



Homecare services in Hornchurch

Whether it's simply providing **daily personal care**, **support with medication**, **preparing meals**, **help around the home**, **palliative care** or **24/7 live-in care**, our team are here to help you.



Visit www.healthcarehomes.co.uk
or call 01708 472911 today



RJ Watson Carpentry & Joinery

For all your carpentry and home improvement
needs.

Kitchens – Wardrobes – Flooring – Doors

01708 921360 / 07921 513970

www.rjwatsoncarpentryandjoinery.co.uk



GreenThumb
LAWN TREATMENT SERVICE

TOGETHER, LET'S CREATE
THE LAWN WE BOTH LOVE

From as little as
£15*
per treatment
*Based on a lawn size
up to 40m²

Our high-nutrient, high-quality Lawn Treatments are expertly formulated to give your lawn the very best all year long.

We love your lawn just as much as you do, join our community of Lawn Lovers today.

Here at GreenThumb, we share your passion for lawn perfection

During Autumn, it's essential to prepare your lawn so you can enjoy it when Spring comes around. You may now be seeing some moss interfering with your lovely lawn, it's quite common at this time of year.

Moss loves thatch, the perfect home for moss. The best way to remove thatch, consequently removing moss, is with **Aeration & Scarification**. Now is the time for your lawn to benefit from Machine Work. **Trust us, your lawn will thank you!**

Together, let's create the lawn we both love

Request your **FREE** Lawn Analysis today. Call us on 01277 227988
email: essexsouth@greenthumb.co.uk or visit: greenthumb.co.uk



Cine-Slides-Video 2 DVD

- VHS & camcorder tapes copied to DVD or USB.
- 8mm & 16mm cine films converted to DVD or USB.
- 35mm slides, neg's & prints scanned & saved on DVD or USB

Contact **Michael** on: 01708 735810 www.slides2disk.co.uk



Wedding Suits
Suit Hire
Dinner Suit Hire
Made to Measure Suits
Made to Measure Coats

Jack Bunneys
23 Station Road Upminster RM14 2SJ
Telephone: 01708226255
www.jackbunneys.co.uk

SR Roofers

01708 551714 / 07743 406418

- Family Run • Est. 1975 • 45+ Years Experience •
- Fully Insured • Free Quotes • No Deposits •

- Roof Leak & Roof Repair Specialists
- Roof Overhauls & Maintenance
- New Tiled Roofs & Velux Windows
- New Flat Roofs - Felt & Rubber
- Chimney Stacks Repaired & Removed
- Lead work, Pointing & Rendering
- uPVC Guttering, Fascias & Roofline
- Storm Damage & Insurance Work
- Pigeon / Solar Panel Guards
- Asbestos Removal & Garage Roofs
- The Best Quality Materials Used
- 24 Hour Emergency Repairs, 7 days

Celebrating over 46 years of trading with the **ORIGINAL** company name and telephone number!
With Over 500 genuine reviews on "TRUSTIST" & Over 20,000 happy local customers!
We offer very competitive prices & will beat any genuine like for like written quote!

rosseldridge84@hotmail.co.uk • www.sr-roofers.co.uk





Email: info@atcl.co.uk - Web: www.atcl.co.uk

We Are Your Local Locksmiths

"DO NOT get caught out by using an internet based Rogue Locksmiths Always Use a Trusted Local Professional".

Call now on

Mobile: 07515 51 99 71 - Tel: 01708 453 168

We are based in Hornchurch & have proudly served businesses & residents of Hornchurch and Upminster for over 24 years, offering reliable, expert Locksmith services. Our team of 6 Mobile Service Locksmiths are always available to help,

Mon to Sat 7:30am - 5:30pm

Out of Hours & Advice Available up to 10:00 pm Monday to Saturday only

All Domestic & Commercial Locksmith Related Work Covered including UPVC / Composite Multipoint Locks and all types of Door Closing Devices



VAT No: 220 0145 83 - Company Registration No: 04278735



First Step Golf Day

Friday 19th September 2025

Breakfast, 18 Holes, Dinner, Prizes & Auction

Please call or visit our website to book your 4 Ball or to find out about sponsorship opportunities.

Vital funds raised at this event will help us with our work in supporting families of babies and young children with special needs and/or disabilities.

T: 01708 556355 W: www.firststep.org.uk E: fundraising@firststep.org.uk

RCN 1106002



ISO 9001
CERTIFIED



ISO 27001
CERTIFIED

Trusted IT Support Company in London

Stop Worrying About IT and Focus on Your Business

HTL Support offers IT Services to help your business grow

- | | |
|------------------------------------|--|
| ● Business IT Services | Contact Us |
| ● Disaster Recovery and Continuity | ☎ 01708984990 |
| ● Data Centre Management | ☎ 02070936000 |
| ● Internet Connectivity | ✉ talk@htl.uk.com |
| ● Voice & Data Cabling | 🌐 www.htl.london |



CRANHAM GARAGE

M.O.T & SERVICE CENTRE

www.cranhamgarage.co.uk

****M.O.T TESTING****

****VEHICLE SERVICING****

****VEHICLE REPAIRS****

****VEHICLE DIAGNOSTICS****

Up to 40% Cheaper than main dealers

38-40, FRONT LANE, CRANHAM, ESSEX, RM141XW

TELEPHONE: 01708 221704

E-MAIL: bookings@cranhamgarage.co.uk

TRUSTED & SERVICING THE COMMUNITY FOR OVER 30 YEARS

relaxing sound journey featuring the healing vibrations of crystal bowls and Tibetan bowls with a gentle meditation. Let the tones clear your mind, balance your energy and bring peace to your soul. Feel free to bring yoga mats and pillows for your comfort.

Friday 26th September Time:

7.15 - 8.45 pm. Cost: £12 per

person at Ardleigh House 42

Ardleigh Green Rd RM11 2LG

next to Havering College. To book

contact Tracey: **07940254630**

OUT AND ABOUT Havering Astronomical Society

Adult group Wednesday 17 September, 7.15 for 7.30pm

Jerry Workman, one of our regular speakers, who has been Chairman and Meetings Secretary of a number of astronomy clubs, will present: 'Curiosity at Mars.'

Young Astronomers (aged 8-16)

This group meets on the first

Thursday of the month, 7 to 8pm

This is a mix of space news, talks,

activities and observing when

possible. Please contact young.

astronomers@havaastro.co.uk for

further details.

Please note that all our meetings

are held at Thames Chase Forest

Centre, Pike Lane, Upminster.

If you are interested in joining

the society, or have any queries,

please email **enquiries@havaastro.co.uk** or see our

website **www.havaastro.co.uk**.

Havering Joggers

Havering 90 Joggers is a running

club for adults aged 18+. We

meet Tuesday and Thursday

evenings at 7.30pm at Upminster

Rugby Club, Two Gables, Hall

Lane, Upminster. We also have

a Sunday group that runs from a different park in Havering every week at 9am. We periodically arrange a Learn-to-run (Couch to 5k) coached 10 week course. Please get in touch if you are interested in joining future courses.

Runners of all abilities are welcome, from beginners learning to run, to those that wish to jog, chat and get a bit healthier, to those that want to improve their race times or train for specific distances. Come and try it for free.

Further information can be found at **www.h90j.org.uk** or email **membership@h90j.org.uk**

Wednesday Afternoon Music at Hornchurch Library

While we have no meetings in September our programme starts in October.

Wed 1st October at 2pm Into the Autumn - Our presenters Dawn, Mike, Graham and Stephen welcome you to the new season of wonderful music with a preview of programmes you can expect to hear over the coming 3 months. Something for all musical tastes.

Wed 15th October at 2pm Night & Day - presented by Mike Beaman. From Music of the Night sung by Alfie Boe and Lovely Day by Bill Withers, through to Eric Clapton, Frank Sinatra and good old Wolfgang Amadeus plus the Dubliners to the Eagles and beyond.

All programmes are of recorded music played on high quality audio equipment and take place in the 1st floor main meeting room, Hornchurch Library, North Street, RM11 1TB commencing at 2pm and finishing by 4pm. Admission £2 per person with interval refreshments available

continued on page 19



First Step Tasty Treats



Friday 12th September 2025

10.00am to 12.30pm

at First Step Tangmere Crescent RM12 5PP

Join us for a cuppa and a tasty treat

Vital funds raised at this event will help us with our work in supporting families of babies and young children with special needs and disabilities.

T 01708 556355

W: www.firststep.org.uk

E: fundraising@firststep.org.uk



RCN: 1106002

HANDYMAN / GENERAL BUILDER

LOCAL BUILDER WITH 35 YEARS EXPERIENCE

NO JOB TOO SMALL

REPAIRS / REFURBISHMENT / NEW WORKS

Call John for a free and without obligation quotation/advice



Recommendations available

Public liability insured

Mobile number: 07970 074664

Home telephone: 01708 913714



WELCOME TO ROMFORD & DAGENHAM TAGB TAE KWON DO

Get ready to transform yourself both inside and out. Join Romford & Dagenham Tae Kwon Do to nurture the warrior within, enhance your self-esteem, and take your practice to the next level. With our wide variety of classes for all skill levels, everyone is truly welcome.

My name is Alison Edwards and I am a 6th Degree Master Black Belt with the TAGB.

Tuesday & Thursday 19:30-20:30 *Robert Clack Leisure Centre, RM8 1GB*

Wednesday 18:30-19:30 **Saturday** 08:30-09:30 *Campion School Gymnasium RM11 3BX*

CONTACT ME: Tel. +44 7720711807 Email. romfordtkd@mac.com

Drathmore LTD
BLINDS • SHUTTERS • AWNINGS

Interior blinds
Roller shutter garage doors
Sun awnings
Sun awning recoveries and repairs
Security shutters

Based in Navestock. Visit the website www.drathmore.co.uk
Tel: 01708 755667 Email: sales@drathmore.co.uk

Changing Spaces Landscapes and Garden Design

Or find us on Facebook:
[changingspaces.LS](https://www.facebook.com/changingspaces.LS)

Instagram:
[changing_spaces-LS](https://www.instagram.com/changing_spaces-LS)



- Patios
- Driveways
- Artificial grass
- Turfing
- Fences
- Walls

Contact:

Phone 01708 938 304

Mobile 07494 789 402

Ivy Lodge Veterinary Clinic

www.ivylodgevets.co.uk

- Independent veterinary practice
- Established 1984
- Ample free car parking
- Outside of the ULEZ zone
- Hospital standard facilities
- Feline friendly practice
- Treating dogs, cats, small furries, etc.
- Calm environment - separate dog and cat waiting area
- Opportunity to book in with same veterinary surgeon



☎ 01708 373671
✉ admin@ivylodgevets.co.uk

Ivy Lodge Veterinary Clinic
Nags head lane
Upminster
RM14 1TS

NEW ENTERPRISE

PEST CONTROL

01708 224419

RATS MICE COCKROACHES
WASPS BIRDS FLEAS ANTS

MEMBERS OF THE N.P.T.A.

OVER 35 YEARS EXPERIENCE

ALL WORK GUARANTEED

FREE SURVEYS

LOCAL COMPANY

111 AVON ROAD

UPMINSTER



LEARN TO SWIM with PADDLERS Swim School

Monday, Wednesday & Friday at Coopers
School, St Mary's Lane, Upminster

Saturday at St Edwards Primary School,
Havering Drive, Romford

Aged 4+
Lessons for all abilities

07976 644 550
www.paddlers.co.uk

245 Ongar Road
Brentwood CM15 9DZ

**Essex Hire
and Sales Ltd**

**LOCAL
DELIVERY
AND
COLLECTION
AVAILABLE**

TOOL & EQUIPMENT HIRE HIRE | SALES | REPAIRS

Mowers, aerators, strimmers, scarifiers, shredders, stump grinders, chainsaws, lawn rollers, turf cutters, rotavators, cultivators, scaffold towers, scaffold boards, cement mixers, adjustable trestles, breakers, drills, temp fence panels, nail guns, vibrating plates, floor sanders, diamond discs, air con units, dehumidifiers, pumps, pressure washers, carpet cleaners, acrow props/strongboys...and more!



essexhire.co.uk 01277 222 382

at nominal cost. Buses 165, 256 & 370 pass the library. For further details or to be added to our email list call Stephen Raindle **01708 470670** or email sraindle@aol.com

Upminster Lymphoma and Blood Cancer Support Group

If you or anyone you know have been diagnosed with a blood cancer, then why not come and join us at one of our monthly meetings where you will find the support of people going through a similar journey as yourself. We meet monthly at 1.30 on a Tuesday afternoon at Upminster Baptist Church in Springfield Gardens. There's time for a chat over a cup of tea and a program of interesting speakers talking on various topics. We'd be happy to see you if you just turn up or email one of the team if you would like more information. Carers welcome too.

23rd September

21st October

18th November

9th December 12.30 Christmas lunch.

Ian.doreen@btinternet.com

Denise.hosking@gmail.com

Upminster and District Probus Club

Are you a retired or semi-retired Gentleman? Our Probus Club meets at the Square in Deyncourt Gardens, Upminster on the second Wednesday of each month, where we enjoy a chat and a drink before a 3-course lunch followed by tea or coffee. At our September meeting our speaker will be talking about a short history of place names.

Wonder if you'll fit in? You'll be sure of a warm welcome. Lunch costs just £25, payable at the meeting. You can find us on Facebook or on upminsterprobussec.wixsite.com/upminster-probus. If you wish to attend, you will need to book your lunch in advance by telephoning our Lunch Secretary, Richard Saville on **01708 221903** or **07858 693027** or email him at upminsterprobus.lunch@gmail.com

Havering Ladies Probus Club

Ladies are you retired or about to be do you like meeting new people and enjoy a nice lunch in beautiful surroundings. If so, why not join our meetings at Top Meadow Golf Club, North Ockendon. We are a friendly

group and have interesting speakers and quizzes and it is a great opportunity to socialise. For more information, please phone our secretary on **01708 701 545**

Upminster Wine and Social Club

We are a very friendly and welcoming club who meet 8pm on the third Thursday of every month at Cranham Social Hall in Front Lane. Here we enjoy each other's company, listen to a speaker and finish with a glass of wine. This month's speaker will be Nick Wickenden from Tiptree Jams. Entry is £5. For more information, please contact Kevin on **07727 497367**

Trinity Leisure Club

Trinity Leisure Club (affectionately known as TLC) meets every Thursday from 1pm until 3pm in the Roope Hall, Trinity Church (next to Roomes Store) and everyone is welcome. Just ring the bell for access. We play board and card games and enjoy a chat over a hot drink and biscuits or sometimes even cake! Some people bring their knitting but, whatever your preference, it's a fun afternoon in pleasant company. At only £1 per session (proceeds to the church and charity) it's an inexpensive afternoon out. Why not give us a try or bring some friends and get some TLC!

Upminster Park Townswomen's Guild

We are a friendly group of ladies enjoying a chat over tea and biscuits, listening to a good speaker or entertainers, going on outings/theatre trips and promoting friendships and wellbeing. We meet at St Laurence Church Main Hall, Upminster on the third Monday of each month from 1.45pm until 4pm. For further information contact Anne Monk **01708 226305** or simply come along.

Cranham Engayne WI

Would you like to belong to the friendliest WI around? We meet on the third Tuesday of every month at the Cranham Community Centre (Avon Road end of Marlborough Gardens) 2-4pm. We have interesting speakers as well as a full social calendar, with trips to theatres, RHS gardens etc, and also our "Ladies Who Lunch" afternoons. For more details phone Una

Henderson on **01708 225088**, or simply come along to one of our meetings.

Carousel Women's Club

Are you looking for a friendly woman's club to join? We are currently enrolling new members and you would be made very welcome. We meet on Monday evenings 7.30 - 10 pm at the Cranham Community Centre, Marlborough Gardens, Upminster. We have a wide range of events and activities including interesting and varied speakers, karaoke and other music evenings, quizzes, craft evenings, fish and chip suppers, cheese and wine, and pizza evenings. We also arrange theatre outings and coach trips.

If you are interested, please call Eve on **07768160042** or Marion on **07976 692010**, or simply come along to a meeting.

Oglethorpe Women's Institute

We meet at Cranham Social Centre on the 4th Wednesday of every month from 1.45pm to 4pm. We are a very friendly, welcoming group who enjoy speakers, activities and a chat with a cup of tea. If you would like to find out more, please contact our Secretary, Pat Bridge on **01708 225616**.

Deyncourt Ladies Probus Club

We are a friendly group of retired or semi-retired ladies who meet every 3rd Wednesday of the month in the Masonic Hall, Deyncourt Gardens, Upminster. We enjoy a chat and a drink before a three course lunch with coffee/tea and a speaker to follow. Outings are also organised during the year. For more information, please contact our secretary Pauline Diable on **01708 524 897**.

Harwood Ladies Probus Club

We are a group of retired ladies who meet at Top Meadow Golf Club on the second Wednesday of each calendar month to socialise, enjoy a three course lunch and listen to a guest speaker. If you would like to join us, please contact Lesley on **07931 974794**. If no reply, do please leave a message giving your name and contact details.



COMMUNI-TEA CIRCLE
Hornchurch • Upminster • Cranham

LET'S BEAT LONELINESS... TOGETHER

The Communi-Tea Circle organises and hosts local social events for those aged 75+ who live alone and may suffer from loneliness.

Know Someone Who Could Benefit from a Cup of Tea and a Chat?

Could you spare an afternoon, offer a ride to and from an event, or host a tea party at home?

www.Communi-TeaCircle.org
0300 102 2252

SCAN HERE FOR MORE INFO



The Communi-Tea Circle is a registered charity in England - 1192364

BF Mulley & Son

Incorporating Horace Fry



Chapel of Rest | Home Arrangements | Distance No Object

World-Wide Repatriation | Ample Client Parking | Memorials

Family Owned Funeral Home | 24 Hour Funeral Service



254 St. Mary's Lane,
Upminster RM14 3DH
Tel. 01708 220330

28 High Street,
Hornchurch RM12 4UN
Tel. 01708 442145

Email:-
Upminster@bfmulleyson.com

Email:-
Hornchurch@bfmulleyson.com

www.bfmulleyson.com



Domestic Installation Specialist
Emergency Breakdowns
Service & Maintenance



@ADL_AIRCONDITIONING

07720953456
07447525438

UPMINSTER FENCING LIMITED

Family
Run
Business

Trading
Since
1994

SUPPLY & FIT

PRESSURE TREATED PANELS • FREE ADVICE & QUOTATIONS



OPENING HOURS: WEEKDAYS 8AM TO 3PM
SHUT WEEKENDS AND BANK HOLIDAYS

01708 225599 – 07831 281 590

www.upminsterfencing.co.uk • admin@upminsterfencing.co.uk

Upminster Fencing, Mardkye Works, St Mary's Lane, Upminster, Essex, RM14 3PA

Dolly's

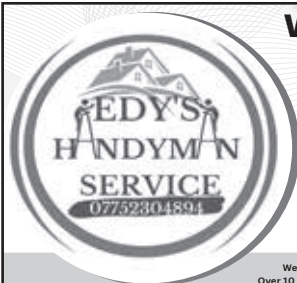
INTERIORS

Made to measure curtains, blinds, shutters
and all other, bespoke, soft furnishings.

Call us to arrange a home visit 01708 500 117

Email: sales@dollysinteriors.co.uk

Website: <https://dollysinteriors.co.uk/>



**WE'RE A DIFFERENT KIND OF
LOCAL HANDYMAN SERVICES**

Kitchen & Bathroom Renovation
Whole House Refurb-Renovation
Plumbing
Carpentry
Painting & Decoration
Tiling
Electrical
Heating
Rear-Side Extension

**BEYOND
EXPECTATIONS**

NO JOB IS TOO BIG OR SMALL

Based in Upminster

We have a strong focus on customer service, our aim is to help you achieve the house of your dreams.
Over 10 years experience polite service - clean and tidy work with a high quality finish local references available

077 52 304 894 <https://www.facebook.com/edyshandyman/>

Combination & Condensing Boiler Repairs

IAN LEWIS

HEATING

Repairs, Servicing & Installations

WORCESTER 01708440581 POTTERTON

BAXI 07915047391 Vaillant



Mind4Therapy

Find hope and healing

Reconnect, Rebuild, Reignite –
Together Struggling with communication,
trust, or infidelity?

Mind4Therapy provides expert couples therapy, helping you
navigate challenges and strengthen your bond. Rediscover
understanding and intimacy in a safe, supportive space.

Take the first step today!

Call 07511 605184 | mind4therapy@mail.com
mind4therapy.com

STUBBERS
ADVENTURE CENTRE

SMASH CAMPS



8:30AM
DROP-OFF

THE ULTIMATE AGES 5½-16 SCHOOL HOLIDAY CLUB

AT STUBBERS ADVENTURE CENTRE
(UPMINSTER) 01708 224753

£55
PER DAY

OFSTED REGISTERED

WE ACCEPT
CHILDCARE VOUCHERS
AND TAX-FREE CHILDCARE

WWW.SMASHCAMPS.CO.UK



YOUR LOCAL ELECTRICIAN

We cover all aspects of electrical works including -

**REWIRES - CONSUMER UNIT
UPGRADES - FAULT FINDING - EICR
REPORTS -**

Contact Aaron today for a free quote -

07986663793

Ardleigh House Trips

**Wednesday 26 November -
Christmas at Waddesdon Manor**

Waddesdon Manor and grounds will be transformed for Christmas. Enjoy beautifully decorated interiors in the House, a glittering light trail in the gardens and a Christmas Market in wooden chalets in the grounds plus a new light projection on the Manor façade. Price including entry £70 (National Trust members £50 but you must bring your membership card with you).

**Monday 15 December - Cruise
into Christmas on the Thames**

This is traditionally our last trip of the year. A 3-hour cruise along the Thames with a free glass of prosecco, 3 course Christmas hot turkey lunch, with all the trimmings, tea/coffee, a DJ and Christmas music and everyone dancing. It's become our Christmas party on the Thames. Price £78.

To book go to our website www.ardleighhouse.org/trips or telephone **01708 440660**.

Ardleigh House also offers many Leisure activities and we list a few below:-

Yoga and Chair Yoga - Crafts - Spanish lessons - Keep Fit - Short Mat Bowls - Ju Jitsu - Pottery -

Social Club - Pilates - Table Tennis and much more. Check out our "What's On" page on our website www.ardleighhouse.org/ for full list of what is happening at Ardleigh House.

Congratulations Upminster Park

We are delighted to inform you that Upminster Park has been awarded the prestigious "Green Flag" award. This is an international mark that recognises the best kept spaces in the UK. The Park has an active excellent Friends Group and is also home to the Upminster Cricket Club.

The Park is widely used and is a real asset to our town centre. The Association and its Councillors were active in getting the children's play area moved and extended to its current position at the front on Corbets Tey Road. Not a day goes by when the play area is not used!

Well done to all those that assisted in achieving the Green Flag.

Brookside Theatre

We are also lucky to have the Romford based Brookside Theatre at 21A Western Rd, Romford RM1 3NH located a few minutes

Curtain World Direct

Unit 8 Vicarage Road, RM12 4TB

- Nets • Heavy Curtains • Swags & Tails
- Roman Blinds • Shutters • Roller Blinds
- Vertical Blinds • Curtain Tracks
- Curtain Poles

*Full fitting Service - Own fabric made up
Like a different time slot Call us! 01708 473810*

Monday - Friday 10-4 Saturday 11-2
closed Thursday & Sunday

01708 473810

from bus stops and Romford Station. They have a wide range of fantastic shows. September offerings include until **Sunday 7th "Open All Hours - The Play"** -millions loved the TV episodes. This has been authorised by the creator Roy Clarke, and has been adapted from several of his original iconic sitcom scripts.

Friday 12th Tribute to Michael Jackson, from **Thursday 18th to Sunday 21st Wizard Of Oz Musical**, **Friday 26th Alex Mc Aleer - Mind Reader** and then on **Saturday 4th October Tribute to Kate Bush**.

Their website has all the details. The Box Office is on **01708 755 775**. Really great entertainment at a fraction of West End prices. A great local theatre.

Long House Plants- Noak Hill

We have some open gardens - there will be tea and cake!

For the National Garden Scheme
Wednesday 3rd September
11am-4pm.

For Harold Hill Salvation Army
Saturday 13th September
11am-4pm.

For Macmillan Cancer Support

Saturday 27th September.

Adults £7.00, children 5-16 £3.00, under 5's free.

There is around an acre of tranquil garden with paths that are (apart from a few areas) suitable for wheelchairs. The planting includes day lilies, Penstemons, Hydrangeas, Ferns, Agapanthus and grasses, with some hot exposed areas and some sheltered shady spaces. There are plenty of seats and places to shelter in the garden.

The charities supported are grateful for the funds and in 2024 £7900.00 was raised in total.

Please see Long House Advert on Page 10 for full address etc. It is a really wonderful set of open gardens.

London Fire Brigade wildfire advice

After the heavy rainfall in July, the risks of wildfires breaking out locally receded.

However, for long periods of hot, dry weather, the London Fire Brigade has a Grass and Wildfires webpage, available via london-fire.gov.uk/safety/grass-and-wildfires/, giving advice on how to prevent grass fires, protecting your home from vulnerability to

continued on page 22

RECOMMENDED BY WHICH?



THE KEN RHODES GROUP



ENHANCE THE VALUE AND NATURAL BEAUTY OF
YOUR HOME WITH OUR WINDOWS, DOORS AND
CONSERVATORIES

DOUBLE GLAZED WINDOWS
BIFOLD DOORS
PATIO DOORS

GARDEN ROOMS
CONSERVATORIES
ORANGERIES

FASCIA
SOFFITS
GUTTERING

BOOK A FREE CONSULTATION WITH US TODAY

01708 227777



WWW.KENRHODES.CO.UK



SALES@KENRHODES.CO.UK



193 ST MARYS LANE, UPMINSTER
ESSEX, RM14 3BU

Prepare to Protect with Byethief!

An affordable, home security company with over 10 years' experience. Alarms, CCTV and Ring doorbells supplied and fitted from £299.

Over 110 no cost alarms fitted for the vulnerable in the Essex and East London area.

BYETHIEF
Prepare to Protect
www.byethief.co.uk

Yale **blink outdoor**

07460739742
info@byethief.co.uk
Free Home Surveys

BYETHIEFUK

wildfires and what to do if you discover a wildfire.

Cllr JOHN TYLER

Upminster Windmill in September

The Windmill will be open with sails turning subject to weather 10am to 4pm on Saturday 13th/ Sunday 14th September as in association with Thames Chase, we celebrate the heritage and restoration of the two sites. Activities for all ages - learn about the families who owned the windmill during its working



life and try to identify the use for some of their personal and domestic possessions from an earlier age. For children there will be the chance for some "practice archaeology"! There is also free entry to an exhibition of photographs from Upminster Camera Club celebrating their 70th anniversary.

Windmill tours are available both days - Adults £6, Children £2 [Minimum height 100cm]. Closed in footwear is required. Entry is free to the site, the garden and the visitor centre

The Garden and the Visitor Centre will also be open on Sunday 28th September from 11am to 3pm, where you can relax with tea/ coffee and a cake in the garden.

For full details of opening times in 2025 please visit www.upminsterwindmill.org

346 Bus Route

On several occasions we have reported on the 346 bus route often referred to as the Cranham Hoppa. This Association was very active in the early 1980s in getting the service started. I am pleased to inform you that the 346 is getting busier, with local residents using the bus to get to the Polyclinic in Harold Wood, Harold Wood Station to connect to the Elizabeth

UPMINSTER Grooming

I-2-I LUXURY GROOMING SERVICES WITH SOPHIA

07535 935289

Line and of course going onto Harold Hill.

As a reminder of the route, the service links Lexington Way, Moor Lane, St. Marys Lane, Upminster Station, Hall Lane, Harold Wood Station, Tesco at Gallows Corner, and Dagnam Park Square. Harold Hill. Transport for London's website has more details.



Abandoned vehicles

We regularly get asked about vehicles that appear to have been dumped locally especially in parking bays. Please use the Governments MOT/ ax Check - merely put the vehicle registration number in and it will advise if

the MOT and Tax has run out. If so, the Council will take action to remove the vehicle.

Subscriptions

The annual subscription per household is £2 per year and we are currently collecting these. Whilst we hope to cover the cost of The Bulletin through advertising, we need funds to cover any legal bills to fight on your behalf. If we have left an envelope with you, please return to the address on the front. A number of residents are happy to pay by cheque and increase their donation. Cheques should be made to Upminster & Cranham Residents Association.

We take an active role supporting you and we will continue to do so. We are active all the time, not just at election times as the activities of your councillors outlined throughout this Bulletin highlight.

Council Emergency Number

Kindly note the out of hours emergency number is **01708 433 999** and the Office hours number is **01708 434343** If you need to contact the Council, please try and give the post code where the problem is or give as much information as possible.

Cllr LAURANCE GARRARD

TOMKYN'S SEALANT SERVICES

❖ Sealant ❖ Waterproofing ❖
❖ Cut out and reseal mouldy silicone ❖
❖ Wet areas, kitchens and skirting lines ❖
❖ External windows ❖ doors and expansion joints ❖
❖ 15 years experience ❖ Free quotations ❖

Tel: 07596 095 248
e-mail: jongildea@tomkynssealant.co.uk

Kerry's Professional Carpet & Domestic Cleaning Services

Domestic Cleaning Services
Kitchen, Bathrooms, Living Room, Dining Room, Bedrooms, Stairs, Halls, Foyer, Conservatories, Loft Areas
End of Term Tenancy Cleans
Office Cleaning
Spring / Deep Cleans
Windows (internal only)
Oven Cleaning

Ironing / Laundry Services Available
Ironing Service
Laundry Service
Dry Cleaning Service
Quilts
Alterations
Wedding Dresses

Other Services
Companionship
Companion to Doctors, Dentist, Hospital Visits
Dementia Trained
Shopping
General Gardening

Carpet Cleaning Services
Carpets & Rugs Cleaned and Turbo Dried using Sensi 210
Upholstery Cleaning
Leather Cleaning

07932 066 338 **kerrys.ironing@outlook.com**

LOCAL UPMINSTER BASED COMPANY

PROFESSIONAL LAWN TREATMENT SERVICES

LOVE YOUR LAWN AGAIN

Tired of patchy grass, weeds, or moss taking over your lawn?
Let us bring it back to life with our expert lawn treatment services — from seasonal feeding & weed control to moss removal & aeration.

Healthier, greener lawns all year round
Bespoke treatment plans
Local, friendly, and reliable service

BOOK YOUR LAWN TREATMENT TODAY!
☎ 07468488682 ✉ jamie@grasshoppers-inc.co.uk 🌐 grasshoppers-inc.co.uk

LOCKSMITHS

Emergency call out
All locks opened, supplied & fitted
UPVC door lock specialist
New doors supplied & fitted, safes opened
New safes supplied & fitted
Free quotes - no call out charge

Tel: 01708 640699, mobile: 07890 920 258

HOME CARE SERVICES

SUPPORTING PEOPLE IN THEIR OWN HOMES WITH QUALITY CARE SERVICES

MEDICATION SUPPORT	PERSONAL CARE
COMPANIONSHIP	RESPIRE
DEMENTIA & ALZHEIMERS	LIGHT DOMESTIC
NUTRITION & DIET SUPPORT	24 HOUR SUPPORT
REABLEMENT SUPPORT	HOSPITAL DISCHARGE
SOCIAL & LEISURE ACTIVITIES	END OF LIFE

CONTACT US ON:
01708 301 111
or 07538 709 012
WEB: www.kareplus.co.uk/romford
EMAIL: kpromfordrm@kareplus.co.uk

KARE PLUS ROMFORD



SM
Plumbing and Property Services

Reliable and respectable, skilled tradesmen.

- All plumbing maintenance
- Bathrooms
- New installations
- Kitchens
- System upgrades
- Radiators, taps and stopcocks
- Boiler changes
- Leak repairs and more

☎ 01375 430300 / 07795514198 ✉ sm pandp@hotmail.com



Janice's Electrolysis Clinic
01708 727239

Janice specialises in permanent hair removal for white hairs, grey, blond and dark hairs, for fair skin, Asian skin and darker skin colours.
Other treatments eliminate:
Facial Thread Veins and Spider Naevi
Skin Tags, Common Warts & Milia.

See website for more information

I have worked in this practice for over 25 years and can offer quality assured treatments and expertise which is second to none. So if you want honest advice and excellent treatment please don't hesitate to get in touch.

Suite 3, 67 Butts Green Road,
Hornchurch, Essex, RM11 2JS
www.janiceselectrolysisclinic.co.uk

Pinney Talfourd SOLICITORS

FAMILY LAW SPECIALISTS

TOP TIER FIRM
Legal500 UNITED KINGDOM 2025

LEADING FIRM
Legal500 UNITED KINGDOM 2025

resolution
first for family law

Pinney Talfourd is an award winning law firm with an outstanding reputation for excellent legal advice and customer service. Our family team are ranked Tier 1 in the Legal 500.

We cover all aspects of family law including divorce, finances, separation agreements, advice for unmarried couples, children matters, surrogacy, postnuptial and prenuptial agreements and more.

To book a FREE 45 minute family consultation, call our Upminster office on 01708 229 444 or email: mail@pinneytalfourd.co.uk quoting BU23.

FOR LIFE, BUSINESS AND EVERYTHING IN BETWEEN www.pinneytalfourd.co.uk

A1 GAS BOILERS

INSTALLATION SERVICE & REPAIRS

VIE-MANN APPROVED INSTALLER
Vaillant Engineer
POTTERSON
Ideal
WORCESTER Bosch Group
BAXI
Glow-worm central to your heating

- REPAIRS • SERVICING • INSTALLATION
- GAS LEAKS • LANDLORD CERTS • POWER FLUSHING
- PLUMBING REPAIRS • WATER LEAKS

T: 01708 470 420
M: 07939 134 862

OVER 40 YEARS EXPERIENCE



Superior Shutters

The Bespoke Shutter Company

George Armstrong
Mobile: 07919 959595
Info: sales@superiorshutters.co.uk
www.superiorshutters.co.uk

Made to measure

- Real Wood
- MDF
- Faux Wood
- Tier on Tier
- Cafe Style
- Tracked
- Full Height
- Bay Window
- Shutter and Shade



Contemporary hairdressing for all the family at affordable prices

27 Corbets Tey Road, Upminster, RM14 2AR

01708 222398

www.stuartikeman.co.uk

GET AN INSTANT VALUATION
ON YOUR HOME

GRIFFIN
THE PROPERTY PEOPLE
Free Instant Online Valuation

Just visit: **www.griffingroup.com** and click 'FREE VALUATION' or scan the QR code above.

DAVID WILLIAMS & SONS

LANDSCAPE GARDENER AND
NURSERY MAN

- ★ PAVING A SPECIALITY
- ★ WALLING
- ★ TREE FELLING, FENCING

DAY, EVENING'S AND WEEKEND'S 01708 700557 . 4 WILLOW WALK
UPMINSTER. RM14.1XH. MOBILE: 07788 725853

G Foss Builders

Brickwork And Construction

Est. 1988

Home Extensions

Structural Alterations

Driveways & Paving

Garden Rooms

Decorative Brickwork

Restoration Works

Upminster - 01708 500018

Mobile - 07831 469041



gfoss17@gmail.com



G Foss Builders

DRIVEWAY & PATIO CLEANING & Weed Control Service

WOULD YOU LIKE A **WEED-FREE** DRIVEWAY?

With 3 treatments per year we can guarantee you no weeds!
99% of our customers say just 2 treatments are enough.
From £50 per treatment.

For a free no obligation quote, contact:

Powerwash Solutions

TEL: 01708 536379

www.powerwashsolutions.co.uk

PODIATRIST - HOME VISITING SERVICE

Amanda King, BSc Hons Podiatry

Treatment and advice for the
following conditions;

- Nail cutting
- Callus, cracked heels and corns
- Ingrowing toenails
- Diabetic foot assessment
- Biomechanical foot assessment and orthotics
- Verruca treatments
- Fungal nail infections



£35.00 Home Visits

A friendly, efficient and professional service

Mobile: 07920 855 044

ALLCARPENTRY

All Aspects of Carpentry

Staircases, Laminate Flooring, Flatpacks,
Doors, Skirting, Kitchens, Wardrobes



WWW.ALLCARPENTRY.CO.UK

TEL: 01708 525682

MOB: 07950 384595



HOME MAINTENANCE

Est. 1966

Exterior & Interior Painting & Decorating

Paperhanging - Guttering A Speciality

All Estimates Free

UPMINSTER (01708) 226327

Craig Lodge Upholstery

- RE-UPHOLSTERY SPECIALIST •
- SPECIALISTS IN BRIDGECRAFT, CINTIQUE, COOPERS, ERCOL, ESSEX FURNITURE, GUY ROGERS, MINTY, PARKER KNOLL AND OTHER QUALITY MANUFACTURERS •
- EXTENSIVE RANGE OF QUALITY FABRICS •
- FULL REPAIR SERVICE • CUSHIONS REFILLED & REFURBISHED •
- FREE ESTIMATES WITHOUT OBLIGATION • PROFESSIONAL ADVICE •

craig@craiglodgeupholstery.co.uk

ROMFORD, HORNCHURCH, ILFORD, UPMINSTER, LOUGHTON ETC.

HORNCHURCH 01708 455 424

craiglodgeupholstery.co.uk

A & P HOUSE CLEARANCE

OVER 20 YEARS EXPERIENCE
FRIENDLY & EXPERIENCE
WORKING IN YOUR AREA



TEL: 01708 250386 OR 07974 085985